

PSYC1001F: *Introduction to Psychology I*

Course Outline

Fall 2022

Class Information

Dates: Tuesday
Time: 6:05-8:55PM
Location: University Centre 231
Course prerequisites: None

Instructor Information

Instructor: Dr. John Weekes (he/him)
Adjunct Research Professor of Forensic Psychology and Substance Use Health
Department of Psychology
Phone: (613) 482-1193 (mobile)
E-mail: John.Weekes@carleton.ca
Meeting Hours: By appointment

Teaching Assistant

Name: Dana Crack
E-mail: danacrack@cmail.carleton.ca
Meeting Hours: By appointment

Name: Alexis Hinkson
E-mail: alexishinkson@cmail.carleton.ca
Meeting Hours: By appointment

Land Acknowledgement

The instructor recognizes and deeply respects the fact that Carleton University, the City of Ottawa and the Region of Ottawa-Carleton are situated on the unceded traditional and ancestral lands of the Algonquin Anishinabeg Nation.

Diversity, Equity and Inclusion

The instructor is committed to foster a positive and engaging learning environment that embraces diversity, is equitable and is inclusive, consistent with his own personal and professional values and outlook. The instructor's vision encompasses everyone, including (but not limited to) First Nations, Métis, and Inuit, people with disabilities, people of all cultural, religious, racial, and ethnic backgrounds, people of all income and education levels, people of all ages, non-binary and gender nonconforming people, women, and two-spirit, lesbian, gay, bisexual, trans, queer, questioning, intersex and asexual (2SLGBTQQIA) people.

Course Description

Modern psychology is a broad, diverse and fascinating scientific discipline. Introductory Psychology is an overview course designed to provide students with an introduction and understanding of the basic concepts and techniques of psychology as a contemporary social science. Evidence-based information is the foundation

of all course material. Topics for PSYC1001F will include the history and evolution of psychology, research methods, biological foundations, sensation and perception, consciousness, learning, memory, language and thought, as well as a number of other special topics of the instructor's choosing that draw upon his experience over 35 years as a clinician, researcher, and consultant, to blend scientific research evidence with many "real world" examples, applications, and contexts. The course also prepares students for the material covered by PSYC1002. Class participation in the form of questions, comments, and opinions *before, during, or after* class is strongly encouraged!

Learning Objectives/Outcomes

- Provide students with an introduction to the scientific study of psychology;
- Provide students with an understanding of the basic principles, theories and methods used in the study of people and factors that influence their thoughts, feelings and behaviour;
- Facilitate the development of critical thinking and reasoning ability; and
- Prepare students for advanced courses in psychology and other social science disciplines.

Textbook and Readings

- 1) McCann, D., Weiten, W., & Matheson, D. (2022). *Psychology: Themes and Variations* (6th Canadian edition). Cengage Learning Canada. ISBN: 9781774747773
- 2) Internet readings – A number of internet readings may be incorporated into the course content. Links to internet readings will be posted by the instructor on Brightspace.

Textbook Information:

You can purchase the textbook either directly from the book's publisher (Cengage) or from the Carleton Bookstore.

- Cengage: <https://www.cengage.ca/shop/en/micrositesca/Carleton-PSYC1001-1002>
- Bookstore: <https://www.bkstr.com/carletonstore/shop/textbooks-and-course-materials>

There are three purchase options:

1. Purchase access to just the eBook only,
2. Purchase access to MindTap (the publisher's student site, which comes with some useful learning tools – and you get access to the eBook through MindTap), or
3. Purchase access to MindTap (with the eBook) plus a printed, loose-leaf copy of the textbook (this printed version is hole-punched so that it can be put into a three-ring binder).

Finally, you can use an older edition of the textbook. However, textbooks by other authors are not recommended because their content may not align with our course and textbook material.

Course Materials Copyright

All materials created for this course (including PowerPoint slides, lecture notes, exams, etc.) are the intellectual property of the Instructor. They are intended for the personal use of students and may not be reproduced or redistributed without prior written consent of the Instructor.

Course Web Page (Brightspace)

The course website on Brightspace is available at all time to students to find the course outline, lecture schedule, lecture slides and for course-related information. Students are encouraged to ask questions, create discussion forums and study groups, and to post interesting and relevant articles.

Evaluation

Exam	Weight of Grade	Due date
Midterm 1 (90 min)	25%	October 11, 2022
Midterm 2 (90 min)	25%	November 8, 2022
Participation in Research	4%	End of term
Final Exam (120 min)	46%	Scheduled during the final exam period December 10-22, 2022

Examinations

- There are two midterms and a final exam. All 3 exams will be written in-person (not online).
- Each midterm will be written in our classroom, during class time. The final exam will be written during the final exam period – the date, time, and location are determined by the Exam Services Department (details will be announced mid-semester).
- The exams will be multiple-choice format (this is due to the size of the class and the huge volume of exams). The questions will be based on the assigned readings in the text and the lecture materials (approximately 40-50% of the questions will be based on lecture materials, and 50-60% of the questions will be based on the textbook material).
- The exams are non-cumulative (meaning that once we have finished with material on one exam, students will not be re-tested on that material on the next exam).
- The exams are “closed book”; you are not permitted to use any notes or electronic equipment.

What to Bring to the Exam

You MUST bring your *student card*, you will need *several soft-lead pencils* (i.e., HB) for the exams in order to complete the Scantron computer sheet for the multiple-choice questions. An eraser is useful too!

Missed Exam Policy

Short version = Contact the instructor immediately if you miss an exam!

Determine if your situation qualifies for a deferral. You can apply for the deferred exam if you experience serious illness, death in the family, or other extenuating circumstances. Situations that do NOT qualify for a deferral include being busy, being stressed, not feeling 100%, work schedules or having other exams or assignments due on the same day.

If for extraordinary reasons you miss any of the three exams, you must notify the instructor within 48 hours of the missed exam (or as soon as is reasonably possible). You will be required to fill out the Self-Declared Illness Form and you will need to email this to the instructor (within 48 hours of the missed exam).

- Please follow the instructions on the Self-declared Illness Form.
- If documentation is not provided, a grade of zero will be recorded for the missed exam.

We do not have the resources to reschedule exams for individuals based on conflicts with work schedules or similar, regular commitments. Please plan your work schedule in advance to ensure that you can take exams as scheduled.

Students unable to write a Final Exam because of illness or other circumstances beyond their control may apply *within three working days* to the Registrar's Office for permission to write a deferred examination. The request must be fully supported by the appropriate documentation. Only deferral petitions submitted to the Registrar's Office will be considered. [See Undergraduate Calendar, Article 4.3](#)

For a missed Final Exam – you also need to contact the instructor. Please follow the same procedures and fill out the same form as for a missed midterm.

Participation in Research

All students in Introductory Psychology (1001/1002) have the opportunity to participate in psychological research being conducted by members of the Department of Psychology. This opportunity to be involved in research as a participant is a complement to our learning that we are doing in class. The Department feels that this is a very effective way to learn about contemporary psychology – you get to see what researchers do and how they conduct scientific research.

Accordingly, a total of 4% of your final grade in this course is for research participation credit. Each study is worth a certain percentage based on the amount of time it would typically take someone to complete the study. You can select studies that are of interest to you – and you can choose to do as many or as few as you want (you can participate in as many studies as you want, but you can only earn up to 4%, not more than 4%). If during the course of a particular study, you are not comfortable with participating in the study, then you have the right to withdraw from the study with no penalty. If you are not comfortable with the idea of participating in research, then there is an alternate writing assignment to take the place of research participation. Information about the Written Alternative to Research Participation (WARP) assignment will be posted on our course web site.

This research, in addition to being conducted by our faculty members, is also the research for the thesis projects of our fourth-year honours students as well as the dissertations of our graduate students. This is their opportunity to conduct research and their opportunity to make their contribution to our body of scientific knowledge in our discipline. This research is a core component of their studies at Carleton. As such, we need to take our responsibility as participants seriously. Our duty is to participate honestly and carefully – and only withdraw our participation if there is some legitimate issue.

The Psychology Department uses the SONA system as an online tool allowing participants to sign up for studies (a link will be provided on our course web site). The deadline for participation in research is usually the last day of classes (December 9th). *Do not wait* until the end of the term to find studies in which to participate, as there may not be space available at the end. You should be checking the SONA system regularly throughout the semester – as new studies appear all the time, but then will disappear once they fill up. During the first week (or two) of the semester, you will receive an email from the SONA system (sent to

your Carleton email) with your SONA user ID and password.

- More information: <http://www.carleton.ca/psychology/undergraduate/current-students/sona/>
- And the SONA system can be accessed at: <http://carleton.sona-systems.com>
- Ensure that you are using the SONA site for the Psychology Department

Your credits for your research participation are stored in the SONA system (during the term, you can see your credits by going into the SONA system). After the last day of classes, the SONA Administrator will close the site and process all the credits. They will then email the credits to the instructor and the TA will then enter the credit information into our gradebook in our Brightspace web site (this will take a few days, but it will get done).

Academic Integrity in this Course

- The exams are closed book.
- All course materials, including all of the exam questions and quiz questions, are the property of the author; you do not have permission to share or distribute the course materials. You do not have permission to save, share, or distribute the exam questions. Because this impacts other people's marks, it is an academic integrity offence to save, share, distribute, or discuss the questions from the exams (this last bit really refers to discussing an exam that you've completed with someone who hasn't yet written the exam). *It is also an academic integrity offence to receive information about the exam questions or answers from another person.*
- When you write an exam for this course it must be you (the student) writing your own exam. You can study collaboratively (the Instructor encourages you to do this), but when it comes time to write your exams you must do this yourself, on your own.

Regulations and Information Common to Undergraduate Psychology Courses

REQUESTS FOR ACADEMIC ACCOMMODATION

You may need special arrangements to meet your academic obligations during the term. For an accommodation request the processes are as follows:

Pregnancy: write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details see the [Student Guide](#).

Religious obligation: write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details see the [Student Guide](#).

Academic Accommodations for Students with Disabilities: The Paul Menton Centre for Students with Disabilities (PMC) provides services to students with Learning Disabilities (LD), psychiatric/mental health disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or pmc@carleton.ca for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send me your Letter of

Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable). After requesting accommodation from PMC, meet with me to ensure accommodation arrangements are made. Please consult the [PMC website](#) for the deadline to request accommodations for the formally-scheduled exam (if applicable).

Survivors of Sexual Violence: As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and its survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: carleton.ca/sexual-violence-support.

Accommodation for Student Activities: Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation must be provided to students who compete or perform at the national or international level. Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist.

PETITIONS TO DEFER

Students unable to write a final examination because of illness or other circumstances beyond their control may apply within **three working days** to the Registrar's Office for permission to write a deferred examination. The request must be fully supported by the appropriate documentation. Only deferral petitions submitted to the Registrar's Office will be considered. [See Undergraduate Calendar, Article 4.3.](#)

ACADEMIC FREEDOM

As stated in the Collective Agreement between Carleton University and Carleton University Academic Staff Association (Article 4), "The common good of society depends upon the search for truth and its free exposition. Universities with academic freedom are essential to these purposes both in teaching and scholarship/research. Employees are entitled, therefore, to [...] freedom in carrying out teaching and in discussing their subject." Similarly, the Collective Agreement between the Canadian Union of Public Employees Local 4600 Unit 2 and Carleton University (Article 10) [...] protects each member's freedom to disseminate their opinion both inside and outside the classroom, to practice their profession as teacher and scholar, to carry out such scholarly and teaching activities as they believe will contribute to and disseminate knowledge."

WITHDRAWAL WITHOUT ACADEMIC PENALTY

The last day to withdraw from full fall term and fall/winter courses with a full fee adjustment is September 30th. The last day for a fee adjustment when withdrawing from winter term courses or the winter portion of two-term courses is January 31, 2023. NEW: The last day for academic withdrawal from full fall and late fall courses is November 15, 2022. The last day for academic withdrawal from full winter, late winter, and fall/winter courses is March 15, 2023.

WDN: For students who withdraw after the full fee adjustment date in each term the term WDN will be a permanent notation that appears on their official transcript.

OFFICIAL FINAL EXAMINATION PERIOD

Fall courses: December 10-22, 2022.

Winter and Fall/Winter courses: April 15-27, 2023 (may include evenings & Saturdays or Sundays)

For more information on the important dates and deadlines of the academic year, consult the [Carleton 2022-2023 Calendar](#).

GRADING SYSTEM

The grading system is described in the Undergraduate Calendar section [5.4.](#)

PLAGIARISM

The University Senate defines plagiarism as “*presenting, whether intentional or not, the ideas, expression of ideas or work of others as one’s own.*” This can include:

- reproducing or paraphrasing portions of someone else’s published or unpublished material, regardless of the source, and presenting these as one’s own without proper citation or reference to the original source;
- submitting a take-home examination, essay, laboratory report or other assignment written, in whole or in part, by someone else;
- using ideas or direct, verbatim quotations, or paraphrased material, concepts, or ideas without appropriate acknowledgment in any academic assignment;
- using another’s data or research findings;
- failing to acknowledge sources through the use of proper citations when using another’s works and/or failing to use quotation marks;
- handing in “*substantially the same piece of work for academic credit more than once without prior written permission of the course instructor in which the submission occurs.*”

Plagiarism is a serious offence, which cannot be resolved directly with the course’s instructor. The Associate Deans of the Faculty conduct a rigorous investigation, including an interview with the student, when an instructor suspects a piece of work has been plagiarized. Penalties are not trivial. They range from a mark of zero for the plagiarized work to a final grade of "F" for the course, and even suspension from all studies or expulsion from the University.

RESOURCES (613-520-2600, phone ext.)

Department of Psychology (2644)	B550 Loeb
Registrar's Office (3500)	300 Tory
Centre for Student Academic Support (3822)	4 th floor Library
Academic Advising Centre (7850)	302 Tory
Paul Menton Centre (6608)	501 University Centre
Writing Services (3822)	4 th floor Library
Career Services (6611)	401 Tory

PSYC1001F: Introduction to Psychology I
Lecture Schedule with Assigned Readings and Exam Dates

Date	Topic	Readings
September 13	Ψ Course Introduction and Overview	N/A
September 20	Ψ Psychology as a Modern Science Ψ Special Topic – Historical Influences on Psychology	Chapter 1
September 27	Ψ Scientific Method – Research in Psychology	Chapter 2
October 4	Ψ Biological Psychology	Chapter 3
October 11	Ψ Midterm 1: 6:05-7:35PM Ψ Sensation	Chapters 1-3 + Special Topics Chapter 4
October 18	Ψ Perception Ψ Special Topic: Substance Use in Canada	Chapter 4
October 25	Ψ <i>Fall Break – No Classes</i>	
November 1	Ψ Consciousness Ψ Special Topic: The Mind of a Serial Murderer – Dissociative Identity Disorder	Chapter 5
November 8	Ψ Midterm 2: 6:05-7:35PM Ψ Learning	Chapters 4-5 + Special Topics Chapter 6
November 15	Ψ Memory	Chapter 7
November 22	Ψ Thought and Language	Chapter 8
November 29	Ψ Special Topic Guest Lecture Topic: TBA	N/A
December 6	Review Session	
December 10-22	Final Exam During the Exam Period*	Chapters 6-8 + Special Topics

***Note:** The final exam will take place during the Exam Period. The date, time, and location are determined by the Exam Scheduling Office and will be announced in class and posted on Brightspace.