# On the consequences of the interdependence of stabilizing and equalizing mechanisms

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# Abstract

We present an overlooked but important property of modern coexistence theory (MCT), along with two key new results and their consequences. The overlooked property is that stabilizing mechanisms (increasing species' niche differences) and equalizing mechanisms (reducing species' fitness differences) have two distinct sets of meanings within MCT: one in a 2-species, and another in a general multispecies context. We demonstrate that the 2-species framework is not a special case of the multispecies one, and therefore these two parallel frameworks must be studied independently. Our first result is that, using the 2-species framework and mechanistic consumerresource models, stabilizing and equalizing mechanisms exhibit complex interdependence, such that changing one will simultaneously change the other. Furthermore, the nature and direction of this simultaneous change depend sensitively on model parameters. The second result states that while MCT is often seen as bridging niche and neutral modes of coexistence by building a nicheneutrality continuum, the interdependence between stabilizing and equalizing mechanisms acts to break this continuum under almost any biologically relevant circumstance. We conclude that the complex entanglement of stabilizing and equalizing terms makes their impact on coexistence difficult to understand, but by seeing them as aggregated effects (rather than underlying causes) of coexistence, we may increase our understanding of ecological dynamics.

# Introduction

Modern Coexistence Theory (MCT; Chesson 2018) is a leading theoretical framework for studying the coexistence of competing species. It has proposed two classes of ecological mechanisms for coexistence (Chesson 2000, 2003): stabilizing mechanisms (increasing species' niche differences) and equalizing mechanisms (reducing species' fitness differences). This framework has been widely used to study the conditions leading to coexistence, both in theoretical (HilleRisLambers et al. 2012, Vellend 2016, Fukami et al. 2016, Turcotte and Levine 2016, Letten et al. 2017, Hart et al. 2018, Ke and Letten 2018, Usinowicz and Levine 2018) and empirical contexts (Adler et al. 2013, Narwani et al. 2013, Godoy et al. 2014, Godoy and Levine 2014, Kraft et al. 2015, Chu and Adler 2015, Usinowicz et al. 2017, Letten et al. 2018, Germain et al. 2018, Li et al. 2019, Hart et al. 2019). Yet, the ecological interpretation and consequences of these mechanisms continues to be a matter of debate (Letten et al. 2017, Saavedra et al. 2017, Barabás et al. 2018, Chesson 2018).

The concepts of MCT are highly general, applying to a wide range of systems. The main question is therefore not whether stabilizing and equalizing mechanisms can be identified in specific empirical or theoretical scenarios, but whether and how doing so will advance our understanding of coexistence. In fact, MCT holds two key premises which, when true, greatly simplify analysis. The first is that stabilizing and equalizing mechanisms are two fundamentally different, high-level ecological processes (Vellend 2016, Adler et al. 2007). The second states that one can disentangle the relative roles of the two mechanisms in shaping species coexistence (Letten et al. 2017, Bartomeus and Godoy 2018). These premises are often visualized and quantified by taking the two mechanisms as orthogonal axes of variation with a continuum region of coexistence (Figure 1; Adler et al. 2007, Chesson and Kuang 2008, Mayfield and Levine 2010, Narwani et al. 2013, Kraft et al. 2015, Bartomeus and Godoy 2018). They also have some immediate, striking consequences, such as bridging niche and neutral modes of coexistence. Figure 1 shows that, starting from the point of neutrality, a small fitness inequality can be compensated by a very small amount of stabilization (leading to quasi-neutrality) and from there, one can continuously move to the region with small niche overlap and small fitness inequality. However, it has remained unclear whether the two premises hold in general, especially given the potential interdependence (non-orthogonality) between the two mechanism types (Chesson 2000, Loreau et al. 2012, Adler et al. 2013, Kraft et al. 2015, Letten et al. 2017).

Importantly, there are two parallel sub-frameworks within MCT for studying coexistence (see *Mathematical formalisms*). The 2-species framework is based on Lotka-Volterra (LV) competition

(Chesson 1990, 2000, Chesson and Kuang 2008, Chesson 2018), while the multispecies framework is valid for a much larger set of models and for an arbitrary number of species (Chesson 2000, 2003, Yuan and Chesson 2015, Chesson 2018). Recent theoretical work has shown that within the multispecies framework, the stabilizing and equalizing mechanisms are not independent given that one is defined as a function of the other one, potentially changing the ecological interpretation and consequences of these mechanisms (Barabás et al. 2018). However, most studies investigating these mechanisms theoretically and experimentally are based on the 2-species framework (Levine and HilleRisLambers 2009, Narwani et al. 2013, Godoy et al. 2014, Kraft et al. 2015, Mordecai et al. 2015, Chu and Adler 2015, Germain et al. 2016, Letten et al. 2017, Bimler et al. 2018, Petry et al. 2018, Cardinaux et al. 2018, Germain et al. 2018). Within the 2-species framework, it is still an open question whether stabilizing and equalizing mechanisms are independent and opposing forces, and whether the premises of MCT hold.

Here, we move from a phenomenological to a mechanistic approach to investigate the interdependence between stabilizing and equalizing mechanisms within the 2-species framework, as well as the dynamical consequences derived from that potential interdependence. MCT is phenomenological by construction, because stabilizing and equalizing mechanisms are defined in terms of competition coefficients which only represent the outcome of a mechanism, not the mechanism itself. Previous theoretical work has translated the phenomenological side of MCT into a mechanistic view, and investigated the particular conditions and mathematical constraints leading to the independence between the stabilizing and equalizing mechanisms (Letten et al. 2017, Chesson 2018). In contrast, here we focus on how general the independence between the mechanisms is, and its consequences for species coexistence.

We first present a brief summary of the multispecies and 2-species frameworks, demonstrating that the 2-species framework is not a special case of the multispecies one. Next, drawing on general mechanistic consumer-resource models (with MacArthur's 1970 consumer-resource model as an example in the main text), we present a mechanistic understanding of the stabilizing and equalizing mechanisms. We then show that stabilizing and equalizing mechanisms are almost always interdependent, with the relationship exhibiting complex patterns. Next, we show that the interdependence can easily reverse the positive effect of these mechanisms on species coexistence, and separating the role of each term is impossible without a knowledge of the mechanistic governing dynamics. We then show how the interdependence always works to break the niche-neutrality continuum. Finally, we discuss how a different interpretation of the existence and relationship between these two mechanisms can shed new light on the conditions leading to species coexistence.

# The multispecies and 2-species frameworks

#### Mathematical formalisms

Here, we briefly summarize the mathematical formulations derived for the multispecies and 2-species frameworks following recent reviews (Chesson 2018, Barabás et al. 2018). We focus exclusively on the canonical formalisms of these two frameworks (Chesson 2018, Spaak and DeLaender 2018).

In the multispecies framework defined by MCT, the dynamics of S interacting species read

$$\frac{1}{N_i} \frac{\mathrm{d}N_i}{\mathrm{d}t} = f_i(E_i, C_i) \qquad (i = 1, \dots, S)$$
 (1)

(Eqn. 1 in both Chesson 2018 and Barabás et al. 2018), where the per capita growth rate  $f_i$  of species i is a function of the environmental parameters  $E_i$  and density-dependent interaction parameters  $C_i$ . The invasion growth rate  $\mathcal{R}_i$  of species i is defined as the per capita growth rate  $f_i$  when species i is absent and all other species are at their stationary state under the absence of the invader. As usual in studies of invasibility, "absence" means the invader abundance is so small that it does not influence residents at all, and so it is treated as being formally zero.

Species differ in how sensitively they respond to competition; i.e., how much reduction of their per capita growth rate they suffer from a unit increase in the strength of competition they experience. Standardizing growth rates by scaling them with this sensitivity makes them more naturally comparable. If species i has sensitivity  $\phi_i$ , then the quantity  $\mathcal{R}_i/\phi_i$  is called the scaled invasion rate. Community average stabilization, A, is defined as the arithmetic average of the scaled invasion rates, whereas the average fitness difference  $\xi_i$  of a species i is the difference between the community average stabilization and its own scaled invasion rate (Chesson 2018, Barabás et al. 2018). Mathematically,

$$A = \frac{1}{S} \sum_{i=1}^{S} \frac{\mathcal{R}_i}{\phi_i} \tag{2}$$

$$\xi_i = \frac{\mathscr{R}_i}{\phi_i} - A \tag{3}$$

(Eqns. 31, 32 in Chesson 2018 or Eqns. 48, 52 in Barabás et al. 2018). Since the sum of the stabilization and fitness difference is equal to the scaled invasion rate, coexistence in the

multispecies framework requires that the stabilization A overcomes all  $\xi_i$  to turn them positive:

$$\xi_i + A > 0 \quad \text{for all } i$$
 (4)

Importantly, the dependence between the two terms is immediately seen from Eqns. 2-3, where  $\xi_i$  is a function of A. While the definitions in Eqns. 2-3 may seem abstract and far away from the biology of real communities, they can have theoretical utility, offering insights into coexistence that would otherwise not be easily available. For instance, if some mechanism has a negligible effect on A but has strong influence over the  $\xi_i$ , then without any further investigation we know that this mechanism will not promote coexistence, but rather influence the winner of competition. This is precisely what was found when decomposing the impact of a competition-predation trade-off via Eqns. 2-3 (Stump and Chesson 2017).

In turn, the 2-species framework in MCT is based on the 2-species LV model

$$\frac{1}{N_i} \frac{dN_i}{dt} = r_i \left( 1 - \sum_{j=1}^2 a_{ij} N_j \right) \qquad (i = 1, 2)$$
 (5)

(Chesson 2000, 2012, 2018), where  $N_i$  is the abundance of species  $i, r_i$  is its intrinsic growth rate, and  $a_{ij}$  is the relative reduction in species i's intrinsic growth caused by one unit of abundance of species j. Two quantities, the niche difference  $1 - \rho$  and fitness ratio  $\kappa_1/\kappa_2$ , are respectively defined as

$$1 - \rho = 1 - \sqrt{\frac{a_{12}a_{21}}{a_{11}a_{22}}}$$

$$\frac{\kappa_1}{\kappa_2} = \sqrt{\frac{a_{21}a_{22}}{a_{12}a_{11}}}$$

$$(6)$$

$$\frac{\kappa_1}{\kappa_2} = \sqrt{\frac{a_{21}a_{22}}{a_{12}a_{11}}} \tag{7}$$

(Eqns. 39, 40 in Chesson 2018 or Eqn. 54 in Barabás et al. 2018). Species coexistence requires

$$\rho < \frac{\kappa_1}{\kappa_2} < \frac{1}{\rho} \tag{8}$$

(Eqn. 23 in Chesson 2018 or p. 287 in Barabás et al. 2018), which implies that the fitness ratio has to be constrained between  $\rho$  and its reciprocal. The derivation of Eqn. 8, with slightly different parameterization, can be found in e.g. Vandermeer (1975) (his  $a_{ij}$  are our  $r_i a_{ij}$ ), or Chesson and Huntly (1997). Note that this coexistence criterion applies to some other population dynamics, such as the annual plant model (Levine and HilleRisLambers 2009, Godov et al. 2014, Siefert et al. 2019) and the Law-Watkinson competition model (Hart et al. 2018, 2019), after reparameterization (Supplement 1).

#### The 2-species framework is not a special case of the multispecies one

Generally speaking, stabilizing mechanisms increase A (in the multispecies framework) or  $1-\rho$  (2-species framework), while equalizing mechanisms reduce the difference between the  $\xi_i$ (multispecies case) or the  $\kappa_i$  (2-species case). Also, the LV model (Eqn. 5) is a special case of the general population dynamics in Eqn. 1. Hence, it may be natural to assume that stabilization and equalization in the 2-species framework are, in a sense, a particular case of stabilization and equalization in the multispecies framework. However, while Eqns. 4 and 8 do predict coexistence identically, the meanings of stabilization and equalization are distinct, because it is not the case that  $A = 1 - \rho$  and  $\xi_i = \kappa_i$ . In fact, below we show that these equalities can never be satisfied.

To verify the equivalence of the coexistence conditions, we determine the invasion growth rates  $\mathcal{R}_i$ . In monoculture, the equilibrium density of one species (say, species 2) in the absence of the other, from Eqn. 5, is simply  $N_2^* = 1/a_{22}$ . The invading species 1 then has an invasion rate of  $\mathcal{R}_1 = r_1(1 - a_{12}/a_{22})$ , where 0 was substituted for the invader and  $1/a_{22}$  for the resident density. By a similar argument,  $\mathcal{R}_2 = r_2(1 - a_{21}/a_{11})$ . Coexistence is obtained if Eqn. 4 holds:  $\xi_i + A = \mathcal{R}_i/\phi_i > 0$ . Since  $\phi_i$  is positive, this translates to  $\mathcal{R}_i > 0$  for both species, which in turn holds whenever  $a_{12} < a_{22}$  and  $a_{21} < a_{11}$  are fulfilled simultaneously (Chesson 2000). But this is exactly the criterion of Eqn. 8, after multiplying through by  $\sqrt{a_{12}a_{11}/(a_{21}a_{22})}$ .

Despite this equivalence, the concepts of stabilization and equalization in the two frameworks do not map onto one another: the 2-species framework is not a reparameterized special case of the multispecies one. This incompatibility is not surprising in light of the fact that the coexistence criteria (Eqns. 4 and 8) are different. Indeed, it is clear from these equations that in the multispecies framework, coexistence is promoted by a large A and  $\xi_i$ 's close to zero, whereas in the 2-species case, coexistence requires a large  $1-\rho$  and  $\kappa_i$ 's close to one. Here we show that there is no choice of parameters for which the two frameworks are equivalent. This can be proven by attempting to equate A with  $1 - \rho$  and  $\xi_i$  with  $\kappa_i$ . Using Eqns. 2-3 and 6-7,

$$1 - \sqrt{\frac{a_{12}a_{21}}{a_{11}a_{22}}} = \frac{1}{2}(\frac{\mathcal{R}_1}{\phi_1} + \frac{\mathcal{R}_2}{\phi_2})$$

$$\sqrt{\frac{a_{12}a_{11}}{a_{21}a_{22}}} = \frac{\mathcal{R}_2/\phi_2 - A}{\mathcal{R}_1/\phi_1 - A}$$
(10)

$$\sqrt{\frac{a_{12}a_{11}}{a_{21}a_{22}}} = \frac{\mathcal{R}_2/\phi_2 - A}{\mathcal{R}_1/\phi_1 - A} \tag{10}$$

where  $\mathcal{R}_1 = r_1(1 - a_{12}/a_{22})$  and  $\mathcal{R}_2 = r_2(1 - a_{21}/a_{11})$ . Thus, ignoring other constraints on the scaling factors  $\phi_1$  and  $\phi_2$ , one could ask if there is any combination of their values which satisfies these equations. Because A is the average of  $\mathcal{R}_1/\phi_1$  and  $\mathcal{R}_2/\phi_2$ , and  $\xi_i$  measures the difference between  $\mathcal{R}_i/\phi_i$  and A, it follows that  $\xi_2/\xi_1 = -1$ , regardless of model parameters (see

Figure 2 for visualization). Therefore, Eqn. 10 does not have a real solution: one can never find positive  $\phi_1$ ,  $\phi_2$  values to force  $A = 1 - \rho$  and  $\xi_i = \kappa_i$ , making the definitions equivalent across the 2-species and multispecies frameworks. This incompatibility implies that, despite the identical nomenclature, the words "stabilization" and "equalization" are distinct mathematical entities in the two frameworks.

In light of this, it is natural to ask whether Eqn. 8 can be generalized to an arbitrary number of competing species. Strictly speaking, the generalization is probably either impossible to do, or else the condition would have to be so restrictive that it must be derived on a case-by-case basis (e.g., Eqn. 4 in Chesson 2000). This is because even simple LV systems exhibit complex behavior which renders any invasibility-based condition insufficient for determining coexistence. For example, species may stably coexist even if they cannot invade the resident communities corresponding to their absence (due either to priority effects, or locally but not globally stable equilibria), and conversely, all species being able to invade does not necessarily mean they will coexist because of potential coextinctions following those invasions (Chesson 2003, Allesina and Levine 2011, Soliveres et al. 2015, Barabás et al. 2016, Saavedra et al. 2017, Gallien et al. 2017, Levine et al. 2017, Barabás et al. 2018, Chesson 2018). A multispecies generalization of Eqn. 8 was derived by Chesson (2018, Eqn. 45). This, however, is an invasion and not a coexistence condition. As such, while being useful as an invasion condition, it is strictly speaking neither necessary nor sufficient for coexistence, due to the reasons above. In light of this, other approaches such as permanence criteria (Schreiber et al. 2011, Chesson 2018, Hening and Nguyen 2018) may be more fruitful avenues for studying multispecies coexistence.

# From a phenomenological to a mechanistic interpretation

The previous section confirmed that we need to study the relationship between stabilizing and equalizing mechanisms in the 2-species framework independently from the multispecies one. Because the parameters of the 2-species LV model (Eqn. 5) are phenomenological (representing the outcome of some mechanism instead of the actual mechanism itself), we first focus on the phenomenological interpretation of the stabilizing and equalizing mechanisms. Stabilizing mechanisms require decreasing the niche overlap  $\rho$  (Eqn. 6). Decreasing niche overlap is equivalent to decreasing the relative strength of interspecific interactions relative to self-regulation. Similarly, achieving greater fitness equalization requires reducing the fitness difference between species, bringing the fitness ratio  $\kappa_1/\kappa_2$  closer to 1 (Eqn. 7). Decreasing fitness difference is achieved by

bringing the effect species 1 has on itself relative to its effect on species 2  $(a_{21}/a_{11})$  closer to the effect species 2 has on species 1 relative to its effect on itself  $(a_{22}/a_{12})$ .

Based purely on such phenomenological considerations, it has been claimed that the fitness ratio "fundamentally measures the overall relative degrees of adaptedness of the species to their common environment", while niche overlap "is independent of how well the species are adapted to the environment" (Chesson 2012, p. 10068). However, phenomenological parameters represent infinitely many possibilities for the underlying mechanisms (O'Dwyer 2018, Letten and Stouffer 2019). As such, no general claim on their mechanistic meaning (such as their relationship to adaptation) could ever be falsified. Therefore, without translating these terms into a mechanistic interpretation, we cannot take for granted that the niche overlap and fitness ratio are not simply different manifestations of the same cause. In this particular case, we speculate whether niche overlap and fitness ratio (different manifestations) are dependent on the same mechanistic adaptation process (same cause) such as changes in niche width or preference.

#### MacArthur's consumer-resource model

While previous work has identified scenarios in which a similar mechanism may or may not influence both niche overlap and fitness ratio (Letten et al. 2017), we need to investigate the generality of mechanisms leading to this potential interdependence. Indeed, the definitions of niche overlap  $\rho$  and the fitness ratio  $\kappa_1/\kappa_2$  in the 2-species framework (Chesson 1990, 2000, 2012) are motivated by MacArthur's influential consumer-resource model (MacArthur 1970). This model serves as the prototype for a large class of consumer-resource models (May and MacArthur 1972, Tilman 1982, Chase and Leibold 2003, Rohr et al. 2016, Koffel et al. 2016, Rael et al. 2018). Here, for this reason, we translate the stabilizing and equalizing mechanisms into their mechanistic meanings using MacArthur's model. Because this model is a special case of resource competition, we have also explored other models that allow more complex interactions: the asymmetric MacArthur model (Supplement 3), and Tilman's model (Supplement 4; Tilman 1982, Chase and Leibold 2003, Letten et al. 2017).

MacArthur's consumer-resource model can be cast in the form of Eqn. 5, but the intrinsic growth rates  $r_i$  and competition coefficients  $a_{ij}$  are expressed in terms of lower-level parameters. The basic equations (MacArthur 1970) read

$$\frac{1}{N_i} \frac{dN_i}{dt} = \sum_{k=1}^{L} c_{ik} v_k R_k - m_i \qquad (i = 1, \dots, S),$$
(11)

where  $N_i$  and  $m_i$  are species i's density and mortality rate, respectively;  $R_k$  and  $v_k$  are the concentration and unit value of resource k;  $c_{ik}$  is species i's rate of consumption of resource k; S is the number of consumer species; and L is the number of distinct resources. Assuming fast resource dynamics as in MacArthur (1970), resource concentrations can be expressed directly as

$$R_k = R_k^0 - \sum_{j=1}^S c_{jk} N_j \qquad (k = 1, \dots, L)$$
 (12)

where the first term,  $R_k^0$ , is the maximum (saturation) level of resource k in the absence of consumption, and the second term is the amount of resource k locked up in the biomass of consumers. Substituting Eqn. 12 back into Eqn. 11 and rearranging, we get

$$\frac{1}{N_i} \frac{\mathrm{d}N_i}{\mathrm{d}t} = \underbrace{\left(\sum_{k=1}^L c_{ik} v_k R_k^0 - m_i\right)}_{r_i} - \sum_{j=1}^S \underbrace{\left(\sum_{k=1}^L c_{ik} c_{jk} v_k\right)}_{\beta_{ij}} N_j \tag{13}$$

Using the definition  $a_{ij} = \beta_{ij}/r_i$  (i, j = 1, 2), and for S = 2 species, we recover the LV model of Eqn. 5. The niche overlap and fitness ratio can now be written using Eqns. 6-7 (these expressions were already obtained, with slightly different parameterizations, by Chesson and Kuang 2008 and Chesson 2011):

$$\rho = \frac{\sum_{k} c_{1k} c_{2k} v_{k}}{\sqrt{(\sum_{k} c_{1k}^{2} v_{k})(\sum_{k} c_{2k}^{2} v_{k})}}$$
(14)

$$\frac{\kappa_1}{\kappa_2} = \left(\frac{\sum_k c_{1k} v_k R_k^0 - m_1}{\sum_k c_{2k} v_k R_k^0 - m_2}\right) \sqrt{\frac{\sum_k c_{2k}^2 v_k}{\sum_k c_{1k}^2 v_k}}$$
(15)

It is clear that  $R_k^0$  and  $m_i$  affect only the fitness ratio, while  $c_{ik}$  and  $v_k$  are involved in the niche overlap as well. This means that, generally speaking, niche overlap cannot be adjusted independently from the fitness ratio, and for the fitness ratio to be independently adjustable,  $R_k^0$  and  $m_i$  must not depend on the consumption vectors  $c_{ik}$  and resource values  $v_k$ .

To make this point more specific, let us consider one particularly simple parameterization of the model. We set  $v_k = 1$  and  $m_i = 0$  (i.e., there is only competition-induced mortality), and assume that resources form a one-dimensional continuum, mimicking resource quality or location. Denoting species i's niche center (preference) by  $\mu_i$  and niche width by  $\sigma$ , one commonly used choice for  $c_{ik}$  is

$$c_{ik} = \frac{e^{-\frac{(x_k - \mu_i)^2}{2\sigma^2}}}{\sqrt{2\pi\sigma^2}}$$
 (16)

(MacArthur and Levins 1967, MacArthur 1970), where  $x_k$  is the quality of resource k. This expression assumes equal niche widths across the two species—an assumption we relax in Supplement 5. In turn, let the saturation resource concentrations  $R_k^0$  also follow a normal curve:

$$R_k^0 = \frac{e^{-\frac{x_k^2}{2\omega^2}}}{\sqrt{2\pi\omega^2}} \tag{17}$$

where  $\omega$  is the width of the resource spectrum. The niche overlap and fitness ratio now read, in this particular parameterization, as

$$\rho = e^{-\frac{(\mu_1 - \mu_2)^2}{4\sigma^2}} \tag{18}$$

$$\rho = e^{-\frac{(\mu_1 - \mu_2)^2}{4\sigma^2}}$$

$$\frac{\kappa_1}{\kappa_2} = e^{-\frac{\mu_1^2 - \mu_2^2}{2(\sigma^2 + \omega^2)}}$$
(18)

(Supplement 2). Both  $\rho$  (Eqn. 18) and  $\kappa_1/\kappa_2$  (Eqn. 19) depend on the same parameters, except for  $\omega$ , which only appears in the fitness ratio. That is, changing either the niche centers  $\mu_i$  or niche width  $\sigma$  will affect both terms simultaneously. Importantly, this confounding of the two expressions cast doubt on the interpretation that the two mechanisms are ecologically different (Chesson 2012). In particular, as both the niche centers  $\mu_i$  and the niche width  $\sigma$  are widely regarded as fingerprints of species adaptation (Sexton et al. 2017, Batstone et al. 2018), it questions the claim that niche overlap, as defined in the 2-species framework, is independent of species adaptation.

# Generality and complexity of the interdependence

#### When are stabilizing and equalizing mechanisms independent?

The possibility that the two mechanisms may depend on each other has already been pointed out by previous studies (Chesson 2000, Loreau et al. 2012, Adler et al. 2013, Kraft et al. 2015, Letten et al. 2017). However, the meaning of interdependence can be ambiguous. It is widely acknowledged that the niche overlap and fitness ratio are likely to share some mechanistic parameters (Chesson 2000, Letten et al. 2017, Chesson 2018). For example, both terms in MacArthur's consumer-resource model depend on the niche width  $\sigma$  and niche centers  $\mu_i$ (Eqns. 18-19). Yet, sharing parameters is often not how interdependence is interpreted in the literature. In fact, studies have shown that it is possible to find mathematical constraints leading to the independence between the two mechanisms, despite sharing parameters (Letten et al. 2017, Chesson 2018). Instead, the commonly used concept of independence is "the principle that the  $\rho$ 's

and  $\kappa$ 's can be varied independently" (Chesson 2018, SI, p. 15). Correlation is often used along the same lines of this definition in empirical work (Kraft et al. 2015). Formally, suppose  $\{x_i\}_{i=1,\dots,n}$  are the mechanistic model parameters. Then we can call the two mechanisms independent if there exists some combination  $c(x_1,\dots,x_n)=0$  such that  $\rho(c(x_1,\dots,x_n))$  remains constant while  $\kappa_1(c(x_1,\dots,x_n))/\kappa_2(c(x_1,\dots,x_n))$  can vary freely, and vice versa. We use this definition of independence throughout the text.

## Independence is the exception rather than the norm

To investigate the generality of interdependence between stabilizing and equalizing mechanisms in the 2-species framework, we draw on the definitions of niche overlap and fitness ratio derived from MacArthur's consumer-resource model. Specifically, we study how the parameters need to be constrained in order to make  $\rho$  and  $\kappa_1/\kappa_2$  independent of each other. We found that while independence can happen, it is extremely difficult to achieve and requires stringent mathematical constraints which may not be ecologically meaningful. These conditions are the following (proof can be found in Supplement 6): First, assume that the niche centers  $\mu_i$  are fixed, then we have that (i) the fitness ratio changes independently of the stabilizing term only if  $\sigma$  is fixed while  $\omega$  changes and (ii) the stabilizing term changes independently of the fitness ratio only if  $\sigma^2 + \omega^2$  is fixed while  $\sigma$  changes; Second, if the niche centers are allowed to change, then (i) the fitness ratio changes independently of the stabilizing term only if  $|\mu_1 - \mu_2|$  is fixed while  $\log(\kappa_1/\kappa_2) \propto (\mu_1 + \mu_2) \sin(\mu_1 - \mu_2)$  and (ii) the stabilizing term changes independently of the fitness ratio only if  $\mu_2^2 - \mu_1^2$  is fixed as a constant c while  $\log \rho \propto \left(\sqrt{\mu_2^2 + c} \pm \mu_2\right) / \left(\sqrt{\mu_2^2 + c} \mp \mu_2\right)$ .

Because these are highly unique conditions and it is likely that all parameters change simultaneously in nature in response to environmental variation (which would bring a more complicated set of constraints), it is fair to conclude that the stabilizing and equalizing mechanisms are almost inevitably dependent on one another. This result is consistent with empirical findings that niche overlap and fitness ratio have weak correlations, because a null correlation can result from strong positive or negative interdependence (see detailed discussion in Supplement 7).

#### The interdependence pattern is complex

Given the generality of interdependence, a natural question is whether some simple (and single) pattern of interdependence exists. Figure 3 shows three simple examples with different parameterizations of the niche center (preference)  $\mu_1$  and  $\mu_2$  to illustrate the effects of the

interdependence on species coexistence. While the relationships of  $\mu_1$  and  $\mu_2$  are linear in all three examples, the qualitative behavior of the interdependence is entirely different in each case (monotonic decrease, piecewise linear, and smooth asymmetric). Under the first condition (orange line,  $\mu_1 = \mu_2/2 - 1$ ), the stabilizing mechanism first introduces a positive effect on coexistence and then a negative effect. Under the second condition (gray line,  $\mu_1 = 3\mu_2 - 3$ ), the stabilizing mechanism can promote coexistence as long as the fitness ratio is above some critical level. Under the third condition (purple line,  $\mu_1 = -2\mu_2 + 2$ ), the stabilizing mechanism may either quickly or never achieve coexistence, based on whether the fitness ratio is larger than 1. Supplement 8 has more examples showing the sensitivity of the sign and magnitude of these effects to changes in model parameters. That is, the niche overlap and fitness differences between two species can be transformed simply by changing the niche preferences of species. Importantly, these changes do not have a consistent impact on competition, but depend on the niche width of species and the resource spectrum. This reveals that there is no simple (and single) pattern of the effects of these two mechanisms on species coexistence. This problem is also present in other mechanistic models (see Supplements 3-5).

# Consequences of the interdependence

#### Aggregated effects instead of ecological mechanisms

One of the central claims of MCT is that species coexistence is the consequence of the stabilizing and equalizing mechanisms (Chesson 2012). This interpretation of MCT is rooted in the tacit assumption that coexistence is a *linear* combination of these two mechanisms (Figure 4A). However, as shown in Figure 3, species coexistence is a *nonlinear* combination of the two mechanisms due to their interdependence (Figure 4B). Given the generality and complexity of this interdependence, the relative contribution of the two mechanisms to coexistence is extremely difficult to disentangle. In empirical work, a common practice is to consider the niche overlap and fitness ratio (computed by the inferred phenomenological interaction coefficients) as the contribution to coexistence by stabilizing and equalizing mechanisms, respectively (Levine and HilleRisLambers 2009, Adler et al. 2010, Chu and Adler 2015, Kraft et al. 2015). The question is whether this will actually reveal anything about coexistence one did not already know from just the raw interaction coefficients themselves. We find that the complex, context-dependent entanglement of the two terms (see previous section and Supplements 3-5) means that the relative contribution of each mechanism is not necessarily indicative of how the two species

coexist, unless we know the governing mechanistic model. This suggests that these mechanisms are more appropriately seen as aggregated phenomenological effects, rather than the mechanistic causes, of species coexistence. For example, in the MacArthur model, the extra stabilization conferred by a change in trait is not what is causing coexistence. Instead, increased stabilization is the effect of the trait change, and the actual cause is related to how the trait change allows the species to be more independently regulated.

### Breakdown of the niche-neutrality continuum

To illustrate further consequences of the interdependence between stabilizing and equalizing mechanisms on the interpretation of ecological theory, we revisited the idea that the two mechanism types reconcile niche and neutral perspectives on coexistence. This idea takes various forms in the literature. One body of thought considers the relative importance of deterministic vs. stochastic processes in generating larger-scale community patterns (Gravel et al. 2006, Haegeman and Loreau 2011, Rael et al. 2018). Another (which will be our focus here) argues that coexistence is best viewed from the angle of where communities lie in Figure 1 (Adler et al. 2007, Mayfield and Levine 2010): communities with a fitness ratio close to 1 and small niche overlap are highly stable and driven by niche differentiation; communities with large fitness differences and large niche overlap are unstable and preclude coexistence; a fitness ratio of 1 and maximal niche overlap lead to neutral coexistence; among others. By appropriately adjusting the niche overlap and fitness ratio, one can achieve anything between neutrality and 100% niche differentiation. Here neutrality is meant in the sense of identical parameter values across the species, leading to coexistence with neutral stability. By considering a demographically stochastic extension of the deterministic dynamics (as in Haegeman and Loreau 2011 and Rael et al. 2018), one recovers the model and dynamics behind the neutral theory of biodiversity (Hubbell 2001, Volkov et al. 2003, Azaele et al. 2016), albeit without speciation or immigration.

One important consequence of this second idea would be the violation of the limiting similarity principle (MacArthur and Levins 1967, Tilman 1994, Meszéna et al. 2006). Consider two species that are identical and so coexist at some neutrally stable equilibrium. We now assume that one species undergoes a trait change. If the effect of this change is to reduce niche overlap (and affect the fitness ratio so little that the coexistence condition, Eqn. 8, is maintained), then the two species will stably coexist, regardless of how small the trait change was. That is, even arbitrarily similar species do not necessarily exclude each other.

This conclusion is, however, contingent on the assumption that stabilizing and equalizing effects possess a fair degree of independence, and therefore that communities are usefully viewed based on their position in Figure 1. Seeing how complicated the interdependence between niche overlap and the fitness ratio can be, one is justified to be cautious with immediately accepting its conclusions. In fact, for sufficiently similar species, the interdependence is surprisingly always such as to prevent stable coexistence, regardless of the ecological scenario at hand.

This strange conspiracy between stabilizing and equalizing terms to prevent the coexistence of similar species can be understood as follows. When some trait change occurs in two originally identical species, it will generally affect their fitness ratio of 1. By a Taylor expansion argument, a small  $\Delta\mu$  trait change induces a fitness ratio change that is itself proportional to  $\Delta\mu$ :  $\kappa_1/\kappa_2 \approx 1 + p\Delta\mu$ . The same is not true of niche overlap, however, because identical species overlap maximally. When species are slightly altered to make them non-identical, a small  $\Delta\mu$  trait change will not induce a change in niche overlap that is itself proportional to  $\Delta\mu$ , because smooth functions do not change to first order around their maxima (note that biological realism requires this smoothness; Adler and Mosquera 2000, Barabás et al. 2013, D'Andrea et al. 2013). Instead, the reduction in niche overlap  $\rho$  will be proportional to  $\Delta\mu^2$ :  $\rho \approx 1 - q\Delta\mu^2$ . To a second-order approximation therefore, Eqn. 8 reads  $1 - q\Delta\mu^2 \lessapprox 1 + p\Delta\mu \lessapprox 1 + q\Delta\mu^2$ , imposing the lower limit  $\Delta\mu \gtrapprox p/q$  on species similarity.

For example, applying this general idea to the MacArthur consumer-resource model but performing all calculations rigorously (Supplement 9), it turns out that stable coexistence requires the following lower bound to the similarity of the two species:

$$|\Delta\mu| > \frac{4|\mu_1|\sigma^2}{\sigma^2 + \omega^2} \tag{20}$$

meaning that the degree of similarity, measured by  $\Delta \mu = |\mu_1 - \mu_2|$ , cannot be arbitrarily low unless  $\mu_1 = 0$  exactly. The interdependence works to uphold the limiting similarity principle.

Thus, there are only two options for species coexistence within the context of deterministic community models encompassed by Eqns. 1 and 5: either species are equivalent and therefore coexist with neutral stability, or there is a substantially large trait difference between them. In between these two extremes, there is no coexistence. Figure 5A illustrates that the region of exclusion separates neutrality and the rest of the coexistence region. That is, the mechanistically disconnected coexistence region (Eqn. 20; Figure 5A) is topologically different from the phenomenologically connected coexistence region in MCT (Eqn. 8; Figure 1). This discontinuous mapping from the phenomenological to the mechanistic space is caused by the interdependence

of stabilizing and equalizing terms—in particular, by the inability of a small trait difference to provide sufficient stabilization for coexistence (see Figure 5B). In conclusion, the interpretation of stabilizing and equalizing terms as providing a continuum between niche and neutral coexistence modes will generally only hold under the tacit assumption that the two terms are independent under a mechanistic interpretation.

### Discussion

#### Two independent frameworks

It is natural to assume that terminology such as stabilizing and equalizing mechanisms in MCT have a definite meaning. In fact, they currently have two independent definite meanings: one in the multispecies (Eqns. 2-3) and one in the 2-species framework (Eqns. 6-7). The existence of two parallel terminologies has rarely been mentioned, and, to our knowledge, has so far never been emphasized. Chesson (2018) provides a useful discussion of how the two frameworks of Eqns. 2-3 and 6-7 relate to each other, but without stressing that "stabilizing mechanism" and "equalizing mechanism" have subtly different meanings depending on the approach considered. The reason for the difference is that the community average stabilization A of the multispecies framework is not equal to  $1 - \rho$  in the 2-species framework, and the same for  $\xi_i$  and  $\kappa_i$ . Even more is true: we have shown that there is no way to force  $A = 1 - \rho$  and  $\xi_i = \kappa_i$ .

An important question arising from this incompatibility is how then one should interpret the foundational mechanisms in MCT leading to species coexistence: the stabilizing and equalizing mechanisms. It has already been shown that in the multispecies framework, the two mechanisms are not independent (Barabás et al. 2018). Yet, in the 2-species framework, these mechanisms are typically taken as independent and opposing forces (Chesson 2012, Bartomeus and Godoy 2018). Because the insights drawn from the multispecies framework cannot be directly applied to the 2-species framework to verify this statement, it is then necessary to study the 2-species framework independently. Furthermore, if these mechanisms are not independent in the 2-species framework either, then it becomes necessary to understand how this interdependence affects the relationship of these mechanisms to species coexistence.

#### Interdependence of stabilizing and equalizing effects

Focusing on the 2-species framework, stabilizing and equalizing effects are often displayed as orthogonal axes of variation (Adler et al. 2007, Chesson and Kuang 2008, Mayfield and Levine 2010, Narwani et al. 2013, Kraft et al. 2015, Bartomeus and Godoy 2018). While many studies have suggested that they may not be independent nor opposing in both theoretical (Loreau et al. 2012, Adler et al. 2013, Letten et al. 2017, Barabás et al. 2018) and empirical (Germain et al. 2018, Cardinaux et al. 2018) contexts, the generality of this interdependence has been unclear given that there is no *a priori* expectation that can be derived from the phenomenological definitions of niche overlap and fitness difference (Eqn. 6 and 7).

To formally study the interdependence of stabilizing and equalizing terms in the 2-species framework, we have linked their mathematical structure to their mechanistic interpretation in MacArthur's consumer-resource model. We have shown that interdependence emerges under all but the most restrictive assumptions. Furthermore, this dependence dictates the sign and magnitude of the effect of each individual mechanism (i.e., the mechanisms can have a positive, negative, or null effect) on species coexistence. These changes in sign and magnitude are highly sensitive to small alterations in model parameters (Figure 3 and Supplement 8), introducing a high uncertainty about the actual effect of these mechanisms. In sum, the mechanistic interdependence between stabilizing and equalizing mechanisms, together with the lack of a general effect on species coexistence, has revealed that the two mechanisms should be considered as aggregated effects rather than general ecological causes.

#### Rethinking ecological theory

Finally, the interdependence between stabilizing and equalizing mechanisms has an impact on how we interpret ecological theory. As an example, here we have revisited the idea of a niche-neutrality continuum. MCT is often considered as a reconciliation of niche theory and neutral theory (Adler et al. 2007, Chesson 2012) following the rationale that ecological processes can be decomposed into a continuum of stabilizing and equalizing mechanisms.

Based on the interdependence of the stabilizing and equalizing mechanisms, we argued that the niche-neutrality continuum is extremely unlikely to attain in the context of the community models specified by Eqns. 1 and 5. To show this, first we demonstrated that the mechanistic meanings of niche overlap and fitness differences are not equivalent to niche-based and neutrality-based concepts as their names might suggest (a similar idea has also been discussed by Letten

et al. 2017 and Barabás et al. 2018). Second, we have shown that the interdependence of the two mechanisms results in preventing the coexistence of overly similar species. That is, coexistence always requires either neutrality or a minimum level of dissimilarity between species. In between this minimum and neutrality there is no coexistence, breaking any continuum. Importantly, similar issues have also been identified in the multispecies framework of MCT (Barabás et al. 2018), suggesting that changes in traits should not be directly interpreted as changes in stabilization. While this conclusion holds in the presented form in communities with large population sizes, sufficiently small selective advantages are overpowered by demographic stochasticity if effective population sizes are small (more precisely: a community with a selective advantage smaller than the reciprocal of the effective community size has dynamics practically indistinguishable from neutrality; e.g., Gillespie 2004, chapter 3.9). This means that combining a small nonzero fitness ratio with small population sizes may still lead to dynamics that are effectively neutral. The niche-neutrality continuum, in this sense, may be more defensible, and is the topic of e.g. Gravel et al. (2006), Haegeman and Loreau (2011), and Rael et al. (2018).

Ecologists have long been searching for the mechanisms leading to the coexistence of competing species. Knowing these mechanisms can equip one with a powerful understanding of how intrinsic and external perturbations can affect the biodiversity that we observe in nature. Because the stabilizing and equalizing mechanisms have been so influential in the ecological literature, we hope that this article helps to shed new light on their meaning and implications for a better understanding of species coexistence. Furthermore, these results reveal a potential necessity to establish a formalism that can account for and link processes between the 2-species and multispecies frameworks. In this direction, two related linking formalisms have appeared, under the notions of of structural stability (Saavedra et al. 2017, Cenci et al. 2018, Song et al. 2018) and community-wide sensitivity (Meszéna et al. 2006, Barabás et al. 2014); yet, regardless of the specific formalism, to have a predictive use, research needs to elucidate the consequences of the potential interdependence between the proposed processes.

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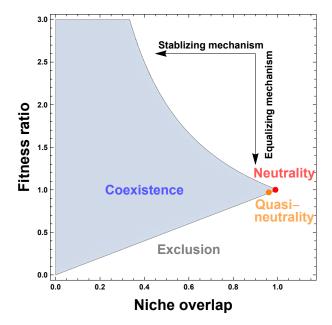


Figure 1: **Premises of MCT.** Following the directions of the arrows, stabilizing mechanisms reduce niche overlap, while equalizing mechanisms bring the fitness ratio closer to 1. The two mechanisms are represented as orthogonal to each other. The blue region denotes the combinations of niche overlap and fitness ratio compatible with coexistence. The right red point denotes neutrality, whereas the left orange point is simply a representation of quasi-neutrality (i.e., a small fitness inequality).

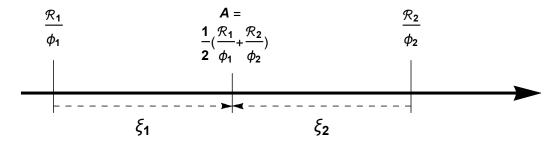


Figure 2: Proof of the incompatibility between the concepts of stabilizing and equalizing mechanisms in the 2-species and multispecies frameworks. The axis represents the scaled invasion growth rate  $\mathcal{R}/\phi$ . Following the multispecies framework, the community average stabilization A is defined as the mean of the scaled invasion rates,  $(\mathcal{R}_1/\phi_1 + \mathcal{R}_2/\phi_2)/2$ , while the fitness  $\xi_i$  is defined as the difference between the scaled invasion growth rate  $\mathcal{R}_i/\phi_i$  and A. It can be geometrically observed that the fitness ratio  $\xi_1/\xi_2$  is always equal to -1 in the multispecies framework. However,  $\kappa_1/\kappa_2$  in the 2-species framework must be non-negative. Since stabilizing effects increase A (or  $1-\rho$ ), while equalizing ones reduce the difference between the  $\xi_i$  (or  $\kappa_i$ ), but these can never be equal, this proves that stabilizing and equalizing mechanisms are incompatible across the two theoretical frameworks in MCT.

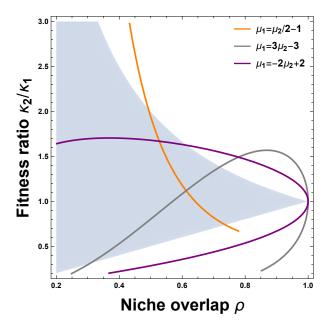


Figure 3: Interdependence of stabilizing and equalizing mechanisms in the 2-species framework. The solid lines show how three different hypothesized relationships between species' niche centers  $\mu_1$  and  $\mu_2$  generate qualitatively different relationships between niche overlap and fitness difference: monotonic decrease (orange), piecewise linear (gray), and smooth asymmetric (purple). Further examples are found in Supplement 8. The blue region denotes combinations of fitness ratio and niche overlap compatible with coexistence, based on Eqn. 8. This shows that the interdependence between the two mechanisms exhibits complex patterns. Parameters:  $\sigma = 1, \omega = 1/2$ .

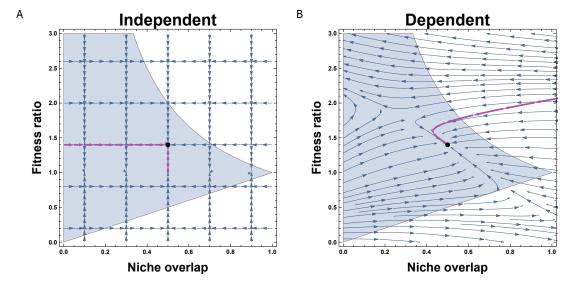


Figure 4: Difficulty in disentangling the contributions to coexistence. The black dots represent the system at equilibrium; arrows show which direction the niche overlap and fitness ratio can change. The purple highlighted segments represent the relative contribution of stabilizing and equalizing mechanisms to coexistence. Panel A shows a hypothetical example where coexistence can be disentangled into a linear combination of stabilizing and equalizing mechanisms if they are independent. In panel B, coexistence is a nonlinear combination of stabilizing and equalizing mechanisms, and cannot be disentangled unless the governing mechanistic dynamics are known.

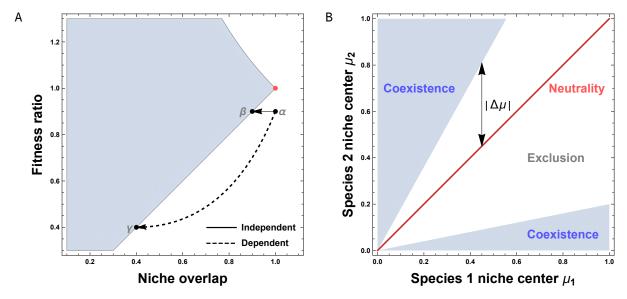


Figure 5: Breakdown of the niche-neutrality continuum and its origin. Panel (A) illustrates the generality of the niche-neutrality continuum's breakdown. The dissimilarity of two species is measured by the difference between their niche centers  $\mu_1$  and  $\mu_2$  in MacArthur's consumer-resource model. The red line denotes neutrality, where the species are identical. The two blue regions denote combinations of the two niche centers compatible with coexistence (the exact shape depends on the niche width  $\sigma$  and resource spectrum width  $\omega$ ; here parameters are constrained so that  $\sigma^2/(\sigma^2+\omega^2)=1/5$ ). The distance between the border of the coexistence region and the line of neutrality shows the minimal dissimilarity of the two species required for their coexistence (Eqn. 20). This shows that a niche-neutrality continuum is not possible except under very restrictive assumptions. Panel (B) shows that the breakdown of the niche-neutrality continuum is caused by the discontinuous mapping from the phenomenological coexistence region in MCT (Eqn. 8; Figure 1) into the mechanistic coexistence region (Eqn. 20). This discontinuity means that "small amount of extra stabilization required" does not translate to "small trait difference required". Instead, a substantial amount of trait difference is needed to provide the necessary stabilization for coexistence. Species cannot coexist in system  $\alpha$ , with identical niches and a fitness ratio slightly off of 1. If stabilizing and equalizing mechanisms are independent, species can coexist if the niche overlap is slightly reduced (system  $\beta$ ). However, if the two mechanisms are interdependent, then reducing niche overlap may increase fitness differences, and species can coexist only if a large proportion of niche overlap is reduced (system  $\gamma$ ).