

# ALYSSA H. SINCLAIR | Curriculum Vitae

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**Research Interests:** learning & memory, motivation, emotion, belief & behavior change, communication

**Methods:** behavior, fMRI, interventions, field studies, naturalistic tasks

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## Employment

**Joan Bossert Postdoctoral Research Fellow** — *University of Pennsylvania* July 2023 — Present  
**Affiliation:** Penn Center for Science, Sustainability, and the Media  
**Primary Advisor:** Prof. Emily Falk, *Communication Neuroscience Lab*

## Education

**Ph.D., Duke University** — *Psychology & Neuroscience, Certificate in Cognitive Neuroscience* Aug 2018 — May 2023  
**Cumulative GPA:** 4.0/4.0  
**Dissertation:** "Pre-Learning Interventions Modulate Learning from Error"  
**Co-Advisors:** Prof. R. Alison Adcock & Prof. Gregory R. Samanez-Larkin  
**Committee Members:** Prof. Elizabeth Marsh & Prof. Felipe De Brigard

**B.Sc. with High Distinction, University of Toronto** — *Experimental Psychology* Sep 2014 — May 2018  
**Cumulative GPA:** 4.0/4.0, *Valedictorian*  
**Honors Thesis:** "Prediction Error Influences Episodic Memory Reconsolidation"  
**Thesis Advisor:** Prof. Morgan Barense  
**Independent Project Advisor:** Prof. William Cunningham

## Teaching Experience

**Lecturer** — Cognitive Neuroscience Research Internship, *Duke University* 2020-2023  
Topics: *Cog Neuro Methods, Memory & Motivation, Reinforcement Learning*

**Lecturer** — Duke Neuro Methods Workshops, *Duke University* 2020-2021  
Topics: *Mixed Effects Regression, Advanced Data Visualization*

**Teaching Assistantships** — Dep. of Psychology & Neuroscience, *Duke University*

NEUROSCI101: Biological Bases of Behavior (Profs. Karen Murphy & Minna Ng)	2020, 2021
PSY444: Neuroscience Service Learning (Prof. Minna Ng)	2021

**Teaching Assistantship** — Victoria College, *University of Toronto*

VIC171: Method, Theory, & Practices in Natural Sciences (Prof. Brian Baigrie)	2017-2018
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**Tutor for University & High School Students** — Independent, *Toronto, ON* 2016-2018

# Publications

- Sinclair, A.H., Taylor, M.K., Brandel-Tanis, F., Davidson, A., Chande, A.T., Rishishwar, L., Andris, C., Adcock, R.A., Weitz, J.S., Samanez-Larkin, G.R., & Beckett, S.J. (2023). [Communicating COVID-19 exposure risk with an interactive website counteracts risk misestimation](#). In press at *PLoS One*.
- Sinclair, A.H.\* , Wang, Y.C.\* , & Adcock, R.A. (2023). [Instructed motivational states bias reinforcement learning and memory formation](#). *Proceedings of the National Academy of Sciences of the U.S.A.*, 120(31). \* equal contribution
- Sinclair, A.H., Taylor, M.K., Davidson, A., Weitz, J.S., Beckett, S.J., & Samanez-Larkin, G.R. (2023). [Scenario-based messages on social media motivate COVID-19 information seeking](#). *Journal of Applied Research in Memory and Cognition*.
- Sinclair, A.H., Taylor, M.T., Weitz, J.S., Beckett, S., & Samanez-Larkin, G.R. (2023). [Reasons for receiving or not receiving bivalent COVID-19 booster vaccinations among adults – United States, November 1–December 10, 2022](#). *Morbidity & Mortality Weekly Report*, 72(3).
- Sinclair, A.H., Manalili, G.M., Brunec, I.K., Adcock, R.A., & Barense, M.D. (2021). [Prediction errors disrupt hippocampal representations and update episodic memories](#). *Proceedings of the National Academy of Sciences of the U.S.A.* 118(51).
- Sinclair, A.H., Hakimi, S., Stanley, M.L., Adcock, R.A., & Samanez-Larkin, G.R. (2021). [Pairing facts with imagined consequences improves pandemic-related risk perception](#). *Proceedings of the National Academy of Sciences of the U.S.A.*, 118(32).
- Sinclair, A.H., Stanley, M.L., Hakimi, S., Cabeza, R., Adcock, R.A., & Samanez-Larkin, G.R. (2021). [Imagining a personalized scenario selectively increases perceived risk of viral transmission for older adults](#). *Nature Aging*, 1, 677-683.
- Sinclair, A.H., Stanley, M.L., & Seli, P. (2020). [Closed-minded cognition: Right-Wing Authoritarianism is negatively related to belief updating following prediction error](#). *Psychonomic Bulletin and Review*, 27, 1348–1361.
- Stanley, M.L., Sinclair, A.H., & Seli, P. (2020). [Intellectual humility and perceptions of political opponents](#). *Journal of Personality*, 88(6), 1-21.
- Sinclair, A.H. & Barense, M.D. (2019). [Prediction error and memory reactivation: How incomplete reminders drive reconsolidation](#). *Trends in Neurosciences*, 42(10), 728-740.
- Sinclair, A.H. & Barense, M.D. (2018). [Surprise and destabilize: Prediction error influences episodic memory reconsolidation](#). *Learning & Memory*, 25(8), 369-381.

## Preprints

- Sinclair, A.H., Wang, Y.C., & Adcock, R.A. (2023). [First impressions or good endings: Rational valuation improves overnight](#). Under review at *Journal of Experimental Psychology: General*.
- Sinclair, A.H., Taylor, M.K., Beckett, S., Weitz, J.S., & Samanez-Larkin, G.R. (2023). [Personalized feedback about COVID-19 immunity corrects risk misestimation and motivates booster vaccinations](#).
- Sinclair, A.H., Hsiung, A., Wright, R., Hakimi, S., & Adcock, R.A. (2023). Pausing to reflect during news consumption counteracts negativity biases in memory.
- Kemp, P.L. \*, Sinclair, A.H. \*, Adcock, R.A., & Wahlheim, C.N. (2023). Memory and belief updating following complete and partial reminders of fake news. \* *equal contribution*

## Fellowships

Joan Bossert Postdoctoral Research Fellowship, University of Pennsylvania	\$130,000, 2023–2025
Graduate Research Fellowship, National Science Foundation	\$138,000, 2019–23
Postgraduate Scholarship, Natural Sci. and Eng. Research Council of Canada	\$63,000, 2019–22
James B. Duke Graduate Fellowship, Duke University	\$20,000, 2018–2022
NSERC Canada Graduate Scholarship- Master's (Declined)	\$17,500, 2018
NSERC Undergraduate Student Research Award, University of Toronto	\$5,625, 2018

## Grants

<b>Applied Research on Intellectual Humility</b>	Co-PIs: R. Hoyle, E. Davisson, & A. Sinclair	2023–26
Title: "Social and Psychological Mechanisms that Contribute to Humble Processing of Information that Challenges Personal Opinions and Beliefs"		\$250,000
Funding Agency: John Templeton Foundation		
<b>Coronavirus Contract</b>	Co-PIs: J. Weitz & G.R. Samanez-Larkin	2021–23
Title: "Modeling SARS-CoV-2 Risk, Interventions, and Impacts on Healthcare"		\$600,000
Funding Agency: Centers for Disease Control and Prevention (CDC)		
Role: Lead investigator for Aim 3 (risk communication interventions)		
<b>Psychology &amp; Neuroscience Outreach Grant</b>	Co-PIs: A. Hsiung & A. Sinclair	2021–22
Title: "Promoting Equitable Access to Cognitive Research: A Comprehensive Internship Program for Undergraduates"		\$36,434
Funding Agencies: Duke University, Charles Lafitte Foundation		
<b>Research Germinator Grant</b>	PI: A. Sinclair	2019–22
Title: "Learning from Error: Cognitive, Motivational, and Neural Mechanisms"		\$25,000
Funding Agency: Duke Institute for Brain Sciences		
<b>Special Topics COVID-19 Research Grant</b>	PI: A. Sinclair	2020–21
Title: "Affective States and Information Seeking During the COVID-19 Pandemic"		\$2,500
Funding Agency: Duke University, Charles Lafitte Foundation		

## Academic Awards & Honors

<b>Governor General's Academic Medal</b> , <i>Government of Canada, University of Toronto</i>	
National award granted to the highest-performing undergraduate student.	2018
<b>John Black Aird Scholarship</b> , <i>University of Toronto</i>	2018
Awarded to the top student of the tri-campus graduating class (18,500 students).	
<b>Rose Sheinin Award</b> , <i>University of Toronto</i>	2018
Awarded for exemplary academic achievement by a woman in science.	
<b>Women's Centenary Silver Medal</b> , <i>Victoria College, University of Toronto</i>	2018
<b>Treble &amp; Barber Graduate Studies Scholarship</b> , <i>Victoria College, University of Toronto</i>	2018
<b>Dean's List Scholar</b> , <i>University of Toronto</i>	2014–18
<b>James Mark Baldwin Prize for Best Essay</b> , <i>University of Toronto</i>	2017
<b>University of Toronto Scholars Award</b> , <i>University of Toronto</i>	2014–17
<b>Academic Merit Scholarships</b> , <i>Victoria College, University of Toronto</i>	2014–17

## Conference Awards

<b>Conference Travel Award</b> , <i>Duke University</i>	2022, 2023
<b>Trainee Professional Development Award</b> , <i>Society for Neuroscience</i>	2019
<b>SARMAC 2019 Travel Award</b> , <i>Society for Applied Research on Memory &amp; Cognition</i>	2019
<b>Charles Lafitte Foundation Travel Awards</b> , <i>Duke University</i>	2018, 2019
<b>Moscovitch Award</b> , <i>Toronto Area Memory Group Conference</i>	2017
<b>Outstanding Poster Presentation</b> , <i>NeuroXchange Conference</i>	2017

## Conference & Invited Talks

- Sinclair, A.H.**, Wright, R., & Adcock, R.A. (2023, November). Reframing the value of errors mitigates anxiety-related learning deficits. Symposium talk at *Psychonomic Society*, San Fran., CA.
- Sinclair, A.H.**, Taylor, M.K., & Samanez-Larkin, G.R. (2023, August). Scenario-based messages on social media motivate COVID-19 information seeking. Talk at *SARMAC*, Nagoya, Japan.
- Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2023, Apr). Instructed motivational states bias reinforcement learning and memory formation. Symposium talk at *Learning & Memory*, Huntington Beach, CA.
- Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2023, Mar). Instructed motivational states bias reinforcement learning and memory formation. Data blitz at *Cognitive Neuroscience Society*, San Fran., CA.
- Sinclair, A.H.**, Hakimi, S., Stanley, M.S., Adcock, R.A., Samanez-Larkin, G.R. (2022, Feb). Lab and real-world interventions to correct pandemic risk perception. Colloquium talk at *Duke University*.
- Sinclair, A.H.**, Hakimi, S., Stanley, M.S., Adcock, R.A., Samanez-Larkin, G.R. (2021, July). Pairing facts with imagined consequences improves pandemic-related risk perception. Talk at *SARMAC*, virtual.

## Conference & Invited Talks (continued)

**Sinclair, A.H.** & Barens, M.D. (2018, May). Prediction error influences episodic memory reconsolidation. Data blitz at *Toronto Area Memory Group Conference*, Toronto, ON.

**Sinclair, A.H.** & Barens, M.D. (2018, April). Surprise and destabilize: Prediction error influences episodic memory reconsolidation. Talk at *NeuroXchange Conference*, Hamilton, ON.

## Poster Presentations

**Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2023, Nov). Neural correlates of motivational states that bias reinforcement learning and memory formation. *Society for Neuroscience*.

**Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2023, Mar). Instructed motivational states bias reinforcement learning and memory formation. *Cognitive Neuroscience Society*.

**Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2022, Nov). Early and late rewards bias value memory and preferences over distinct timescales. *Psychonomic Society*.

**Sinclair, A.H.**, Wang, Y.C., & Adcock, R.A. (2022, Apr). First impressions: Early rewards in episodes bias value memory and preferences. *Cognitive Neuroscience Society*.

**Sinclair, A.H.\***, Wright, R.\*, Hsiung, A.\*, Hakimi, S., & Adcock, R.A. (2022, Apr). Downside of doom scrolling: Pausing to reflect influences information seeking and enhances memory. *Cognitive Neuroscience Society*. \*Denotes equal contribution.

**Sinclair, A.H.**, Hakimi, S., Stanley, M.S., Adcock, R.A., & Samanez-Larkin, G.R. (2020, October). Perceived vs. actual virus transmission risk during the COVID-19 pandemic. *Society for Neuroeconomics*.

**Sinclair, A.H.**, Hakimi, S., Adcock, R.A., & Barens, M. D. (2020, August). Effective connectivity among cortico-hippocampal regions predicts memory for naturalistic episodes. *Context and Episodic Memory Symposium*.

**Sinclair, A.H.**, Poh, J.H., Adcock, R.A., & Barens, M. D. (2020, May). Neural representations of emotional valence and intensity during naturalistic events. *Cognitive Neuroscience Society*.

**Sinclair, A.H.**, Manalili, G.M., & Adcock, R.A., & Barens, M. D. (2019, Nov). Surprising event boundaries modulate hippocampal activity & distort episodic memories. *Psychonomic Society*.

**Sinclair, A.H.**, Manalili, G.M., Adcock, R.A., & Barens, M. D. (2019, Oct). Prediction errors at event boundaries drive episodic memory reconsolidation. *Society for Neuroscience*.

**Sinclair, A.H.**, Manalili, G.M., & Barens, M.D. (2019, Apr). Neural mechanisms of prediction error and episodic memory distortion. *Smokies Cognition and Neuroscience Symposium*, Asheville, NC.

**Sinclair, A.H.**, Manalili, G.M., & Barens, M.D. (2017, Oct). Surprise and destabilize: Prediction error triggers episodic memory updating. *Society for Neuroscience*, Washington, DC.

## Service

<b>Ad Hoc Reviewer</b> — <i>Nature Human Behaviour, Psychological Science, Nature Communications, Journal of Cognitive Neuroscience, Learning &amp; Memory, npj Science of Learning, Cognition, Learning &amp; Motivation, Memory &amp; Cognition, Neuropsychologia, Journal of Applied Research in Memory and Cognition, WIREs Cognitive Science, Personality Science, Frontiers in Psychology</i>	
<b>Nominated Representative</b> — <i>Graduate Student Affairs, Duke University</i> Student Liaison to the Graduate School, representing Cognitive Neuroscience.	2019-2023
<b>Departmental Event Planner</b> — <i>Center for Cognitive Neuroscience, Duke University</i> Contributed to planning the annual departmental retreat and solicited feedback from members of the department on culture, practices, and issues.	2021-2022
<b>Journal Club Organizer</b> — <i>Center for Cognitive Neuroscience, Duke University</i> Organized and managed a weekly journal club for trainees in the Center.	2019-2020
<b>Volunteer Editor</b> — <i>The Inkblot: Undergraduate Journal of Psychology</i> Reviewed & edited papers from undergraduate psychology students.	2017-2018

## Outreach

<b>Outreach Lecturer</b> — <i>Duke University</i> Lectured on learning strategies and mental health as part of an NIH-funded outreach program for high-school students from underrepresented groups.	2023
<b>Program Coordinator &amp; Mentor</b> — <i>Cognitive Neuroscience Research Internship</i> Contributed to founding and leading a <a href="#">research internship program</a> that provides equitable and accessible research opportunities for undergraduate students from historically underrepresented backgrounds. Lectured, mentored, performed administration, and obtained funding.	2020-2023
<b>Service-Learning Facilitator</b> — <i>Neuroscience Service-Learning Course, Duke University</i> Contributed to developing a service-learning course and forging community partnerships. Oversaw the design, production, and donation of educational neuroscience activity kits for children in underserved neighborhoods.	2021
<b>Mentor</b> — <i>Científico Latino: Graduate School Mentorship Initiative</i> Guided STEM graduate school applicants from underrepresented minorities. Revised graduate and NSF-GRFP applications, conducted mock interviews.	2019-2022

## Mentoring

**Graduate Students:** Taurean Butler (2023—present), Christian Benitez (2023—present)

**Honors Thesis Students:** Alyssa Guthrie (2020—2023), Yume Choi (2021—2022)

**Undergraduate Research Assistants:** Paul Kim (2020—2022), Tolulemi Gbile (2018—2020), Grace Manalili (2017—2019), Carolyn Chung (2017—2018), Kayla Liu (2018)

**Cognitive Neuroscience Research Interns:** Paige Sevchik, Nour Kanan, Blaine Luebbering, Dipali Arora

## Skills

- fMRI data collection & analysis (**FSL**, **SPM**, **bash**, **fMRIPrep**)
- Data analysis with **R** and **Python**
- Experiment programming with **Qualtrics**, **Psychopy**, **Pavlovia** (Python, Javascript)
- Data visualization with **R** and **Adobe Illustrator**

## Affiliations

- Cognitive Neuroscience Society
- Society for Applied Research on Memory & Cognition
- Society for Neuroscience
- Psychonomic Society
- Society for Neuroeconomics

## References

**Emily Falk, PhD**

Professor, *University of Pennsylvania*  
Postdoctoral advisor, 2023-Present

[emily.falk@asc.upenn.edu](mailto:emily.falk@asc.upenn.edu)

**Gregory R. Samanez-Larkin, PhD**

Jack H. Neely Associate Professor, *Duke University*  
Graduate co-advisor, 2018-2023

[g.samanezlarkin@duke.edu](mailto:g.samanezlarkin@duke.edu)

**R. Alison Adcock, MD/PhD**

Associate Professor, *Duke University*  
Graduate co-advisor, 2018-2023

[alison.adcock@duke.edu](mailto:alison.adcock@duke.edu)

**Morgan D. Barense, PhD**

Professor & Canada Research Chair, *University of Toronto*  
Honors thesis advisor & collaborator, 2014-2021

[morgan.barense@utoronto.ca](mailto:morgan.barense@utoronto.ca)