

# Appendix I – TLX Questionnaire

Participant ID number:

Age:

1) **Mental Demand (no assistance):** How much mental effort was required to follow the instructions for the non-assisted task?

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Very low Very high

2) **Mental Demand (assistance):** How much mental effort was required to follow the instructions for the gesturing assisted task?

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Very low Very high

**\*For the following questions please tick for the assisted task, and circle for the non-assisted task\***

3) **Temporal Demand:** How hurried or rushed did you feel during the task?

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Very low Very high

4) **Performance:** How successful were you in accomplishing what you were asked to do?

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Perfect Failure

5) **Effort:** How hard did you have to work to accomplish your level of performance?

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Very low Very high

6) **Frustration:** How frustrating was the task to complete?

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Very low Very high

7) **Physical Demand:** How physically hard was it to manoeuvre the robot to pick up blocks?

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Very low Very high