

What?

What factors or situations discriminate skilled from less skilled skiers?



How?

How do skilled skiers perform better in flat section in slalom? (mechanism)



Question 1
(Paper 3)

Which strategies are most effective for skiing fast on flat terrain in slalom?

Question 2
(Paper 2)

What are the kinematic changes following a training intervention on pumping?

Why?

Why have skilled skiers developed their expertise?



Question 3
(Paper 1)

Can coaches improve training through course setting based on the contextual interference effect?

Question 4
(Paper 3)

Can coaches improve strategy choices and learning through reinforcement learning?