

# Estimated difference in means compared to 'extend with rock skis forward'

Contrast strategy

Stand against  
minus  
Extend with rock skis forward

Rock skis forward  
minus  
Extend with rock skis forward

Extend  
minus  
Extend with rock skis forward

Extend with rock skis forward

0.0

0.1

0.2

0.3

0.4

0.5

0.6

0.7

0.8

Race time (seconds)

