

# First Antiphon

**Choir:** Bless the Lord, O my soul; bless-ed art Thou, O Lord.

Bless the Lord, O my soul, and all that is within me bless His ho-ly name.

Bless the Lord, O my soul, and forget not all that He hath done for thee.

Who is gra - cious un - to all thine in - i - qui - ties,

Who healeth all thine in - firm - it - ies.

Who re - deem - eth thy life from cor - rup - tion,

Who crowneth thee with mercy and com - pas - sion.

Who ful - fil - leth thy de - sire with good things;

thy youth shall be renewed as the ea - gle's.

The Lord per - for - meth deeds of mer - cy,

and executeth judgement for all them that are wronged.

He hath made His ways known un - to Mo - ses,

un - to the sons of Israel the things that He hath willed.

Com - pas - sion - ate and mer - ciful is the Lord,

long - suffering and plenteous in mer - cy.

Glo - ry to the Father, and to the Son, and to the Ho-ly Spi - rit,

both now and ever and unto the ages of a - ges, A - men.

Bless the Lord, O my soul,

and all that is within me bless His ho-ly name; blessed art Thou, O Lord.