

Hello, Class of 2024!

First of all, welcome to UVA! UVA students are some of the brightest and smartest people out there, so I'm glad you choose this school. This is a strange year for all of us, and I'm sure for you it feels even stranger having to transition to college! Whether you feel homesick or don't feel like you quite fit in just yet, don't worry-we've all gone through those same feelings. Just know that it'll be okay in the end, and that you will find that friend group or major that you really want to study. Your first year of college is a time of a lot of change and adjustment, which can be hard and scary at first. But you'll grow so much, and you'll reflect back on your time in college and see how much you were able to change. Growth isn't easy, but it's the process that helps us grow in the first place!

Even though we're in "unprecedented times", know that the rest of your years at UVA won't be like this. Eventually, things will return back to normal, as they always have. And when that happens, there is so much more for you to look forward to! Whether that be studying at your favorite spot on the Corner or those late night drives to Cook-Out, you have a great and fun-filled future ahead of you. Some of my best memories were going to Carter Mountain or going star-gazing at night. Just hang in there and stay safe while doing your best in your classes!

With that being said, I hope you can take solace in knowing that it's a strange time to be in school for all us. Take time in your day to give yourself a break now and then, whether that be calling a friend or playing a game. School can get tough, but there are people and resources out there that you should take advantage of in case you need support. You are more than capable for the rest of this semester and the rest of your time here at UVA!

Go Hoos!

Sincerely,

A Friend from the Fourth Year