

# General Topic: Force, Motion, and Energy

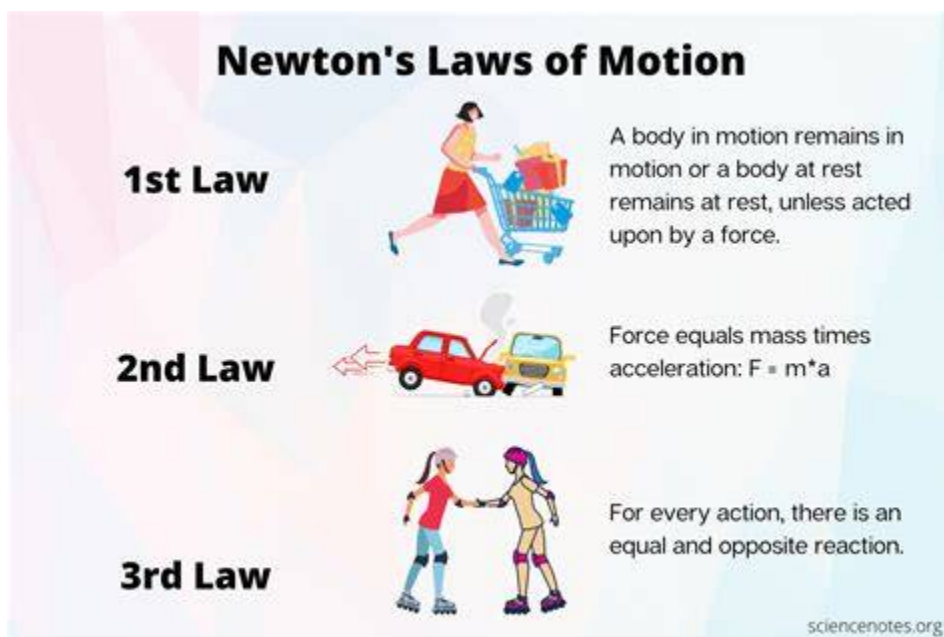
## Lesson Overview:

**Force, motion, and energy** are fundamental concepts in physics. They explain how objects move, interact, and change. Understanding these helps us interpret everyday phenomena, from riding a bicycle to generating electricity.

## Key Concepts and Subtopics:

### 1. Force and Motion

- Newton's Laws of Motion.



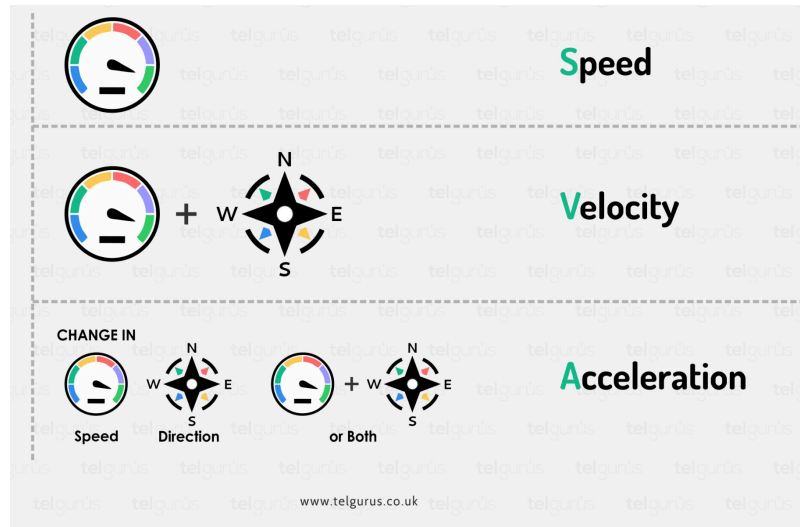
Reference: <https://sciencenotes.org/newtons-laws-of-motion/>

- Types of forces: friction, gravity, applied force, normal force.



Reference: [Download Types of force for children physics for free](#)

- Speed, velocity, and acceleration.



Reference: <https://telgurus.co.uk/what-is-the-difference-between-acceleration-speed-and-velocity/>

## 2. Energy

- Forms of energy: kinetic, potential, thermal, electrical, chemical.
- Law of conservation of energy.
- Energy transformation in machines and living things.

## 3. Work and Power

- Work formula:  $W = F \times d$ .
- Power formula:  $P = \frac{W}{t}$ .

### Real-Life Example:

When you pedal a bike, your muscles use chemical energy, which becomes mechanical energy, moving the bike forward.

### Remember This!

- *Energy can change form, but it is never lost.*

# General Topic: Matter and Its Properties

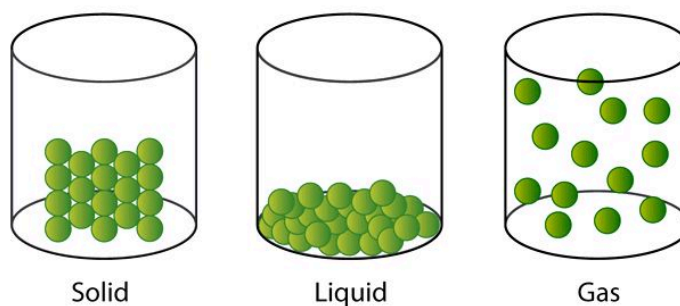
## Lesson Overview:

**Matter** is anything that has mass and takes up space. It has physical and chemical properties that determine how it behaves in different conditions.

## Key Concepts and Subtopics:

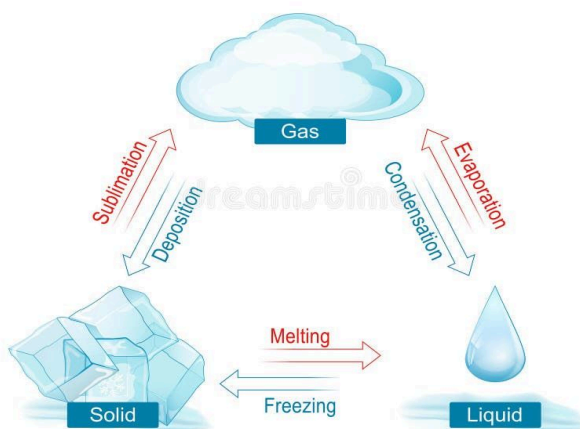
### 1. States of Matter

- Solid, liquid, gas, plasma.



Reference: [Pin on Actividades de escritura](#)

- Changes in state: melting, freezing, evaporation, condensation, sublimation.



Reference: [State of matter stock vector. Illustration of chemistry - 47272335](#)

### 2. Physical Properties

- Color, density, melting point, boiling point, solubility.

### 3. Chemical Properties and Changes

- Reactivity with other substances.
- Flammability.
- Signs of chemical change: color change, gas production, temperature change.

#### **Real-Life Example:**

Boiling water is a physical change; burning wood is a chemical change.

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#### ***Remember This!***

- *Matter can change form but its total amount remains the same (Law of Conservation of Mass).*

# General Topic: Earth and Space Science

## Lesson Overview:

**Earth and space science** studies the planet, its systems, and its place in the universe. It covers processes that shape the Earth and phenomena beyond our atmosphere.

## Key Concepts and Subtopics:

### 1. The Earth's Structure

- Layers: crust, mantle, core.
- Plate tectonics and landform creation.

### 2. Weather and Climate

- Factors affecting climate: latitude, altitude, ocean currents.
- Weather patterns and instruments.

### 3. The Solar System and Beyond

- Planets, moons, asteroids, comets.
- Stars, galaxies, and the universe.

## Real-Life Example:

The movement of tectonic plates causes earthquakes, volcanic eruptions, and mountain formation.

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## ***Remember This!***

- *Earth is a dynamic planet influenced by internal and external forces.*

# General Topic: Living Things and Their Environment

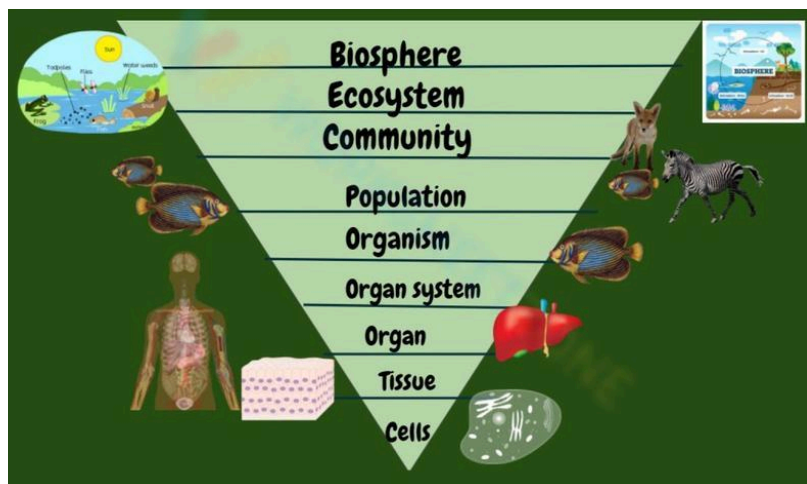
## Lesson Overview:

Biology focuses on living organisms, their functions, and interactions with the environment. Understanding these relationships helps maintain biodiversity and ecosystem balance.

## Key Concepts and Subtopics:

### 1. Levels of Biological Organization

Cell → tissue → organ → organ system → organism → population → community → ecosystem → biosphere.



Reference: <https://worksheetzone.org/subject-english/science/biology/human-body-structure/levels-of-biological-organization-worksheet>

### 2. Ecosystem Dynamics

- Food chains and food webs.
- Energy flow and nutrient cycles.
- Biotic and abiotic factors.

### 3. Human Impact on the Environment

- Pollution, deforestation, climate change.
- Conservation and sustainable practices.

#### **Real-Life Example:**

Mangroves serve as nurseries for marine life and protect coastal areas from strong waves.

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#### ***Remember This!***

- *All living things are interconnected—disturbing one part of an ecosystem affects the whole.*

# General Topic: Scientific Investigation Skills

## Lesson Overview:

**Scientific investigation** is the process of exploring questions and finding answers through systematic observation and experimentation.

## Key Concepts and Subtopics:

### 1. Scientific Method

- Steps: problem, hypothesis, experiment, observation, conclusion.

### 2. Data Collection and Analysis

- Quantitative vs. qualitative data.
- Organizing data in tables, charts, and graphs.

### 3. Laboratory Skills and Safety

- Proper use of lab equipment.
- Safety rules: wearing goggles, handling chemicals properly.

## Real-Life Example:

A science project on plant growth compares plants watered with tap water vs. saltwater to see the effect on growth rate.

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## ***Remember This!***

- *Good science is based on evidence, accuracy, and repeatable results.*