

# An Introduction to [WZU17]

## An Attempt to Avoid the Old Cosmological Constant Problem

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# Outline

Overview

The Old Cosmological Constant Problem

Matter and space-time models

Solving  $a(t, \vec{x})$ : parametric oscillator

Solving  $a(t, \vec{x})$ : adiabatic approximation

Summary and comments

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- ▶ If contributed by vacuum energy, the cosmological constant could **differ 120 order-of-magnitude** from observation.
- ▶ Wang, Zhu, and Unruh consider vacuum energy **density** instead, which is subject to **fluctuation**, and their result moderates the problem.
- ▶ They assumed a localised RW metric and obtained FL-like equations for  $a(t, \vec{x})$ , whose coefficient contains quantum fluctuation.
- ▶ The equations leads to local Hubble parameters which fluctuate, but a global average could be defined.
- ▶ The solution to the equations is evaluated with the help of theories of parametric oscillator and adiabatic invariance.
- ▶ The result is qualitatively supported by numerical calculation and further quantitative discussions.

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# Cosmological constant and vacuum energy

- GR + vacuum QFT

$$G_{\mu\nu} + \lambda_b g_{\mu\nu} = 8\pi G T_{\mu\nu}^{\text{vac}} \quad (1)$$

- In Minkowski space-time, Lorentz invariance requires

$$T_{\mu\nu}^{\text{vac}} = -\rho_{\mu\nu}^{\text{vac}} \eta_{\mu\nu}, \quad (2)$$

which generalises to curved space-time as

$$T_{\mu\nu}^{\text{vac}} = -\rho_{\mu\nu}^{\text{vac}} g_{\mu\nu}. \quad (3)$$

- Effectively, eq. (1) can be written as

$$G_{\mu\nu} + \lambda_{\text{eff}} g_{\mu\nu} = 0, \quad \lambda_{\text{eff}} = \lambda_b + 8\pi G \rho^{\text{vac}}; \quad (4)$$

$$G_{\mu\nu} = -8\pi G \rho_{\text{eff}}^{\text{vac}} g_{\mu\nu}, \quad \rho_{\text{eff}}^{\text{vac}} = \rho^{\text{vac}} + \frac{\lambda_b}{8\pi G}. \quad (5)$$

# Hubble parameter and cosmological constant

- Homogeneity and isotropy: Robertson–Walker metric

$$ds^2 = -dt^2 + a^2(t) \delta_{ij} dx^i dx^j. \quad (6)$$

- Hubble parameter / expansion rate  $H := \dot{a}/a$ ; eqs. (4) and (5) take the corresponding Friedmann–Lemaître form

$$3H^2 = \lambda_{\text{eff}} = 8\pi G\rho_{\text{eff}}^{\text{vac}}, \quad (7)$$

$$3\ddot{a} = \lambda_{\text{eff}}a = 8\pi G\rho_{\text{eff}}^{\text{vac}}a. \quad (8)$$

- Solution to eq. (8)

$$a(t) = a(t_0) e^{H(t-t_0)} \quad (9)$$

# The Old Cosmological Problem

- ▶ Contributions to  $\rho_{\text{eff}}^{\text{vac}}$  or  $\lambda_{\text{eff}}$ : vacuum fluctuation of all quantum fields, Electroweak phase transition, etc.
- ▶  $\lambda_{\text{eff}}$  by vacuum fluctuation evaluated in Minkowski space: taking a scalar field and using sharp-momentum cut-off (also see below),

$$\langle \rho^{\text{vac}} \rangle = \frac{\Lambda^4}{16\pi^2}. \quad (10)$$

Setting  $\Lambda = E_{\text{P}}$  results in a surpass of the observed value of  $\lambda_{\text{eff}}$  by  $\sim 10^{120}$ .



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# Matter: field and quantisation

## ► Matter model

$$S_m[\phi] = \int \mathbb{d}^4x \left[ -\frac{1}{2} \eta^{\mu\nu} (\partial_\mu \phi) (\partial_\nu \phi) \right] \quad (11)$$

## ► Canonical quantisation

$$\phi(t, \vec{x}) = \int \frac{\mathbb{d}^3k}{(2\pi)^{3/2}} \frac{1}{\sqrt{2\omega}} \left( a_{\vec{k}} e^{-i(\omega t - \vec{k} \cdot \vec{x})} + \text{h.c.} \right), \quad (12)$$

so that

$$T_{00} = \frac{1}{2} (\dot{\phi}^2 + (\nabla \phi)^2) \quad (13)$$

$$= \int \mathbb{d}^3k_1 \mathbb{d}^3k_2 f \left( a_{\vec{k}_1} a_{\vec{k}_2}^\dagger, a_{\vec{k}_1}^\dagger a_{\vec{k}_2}, a_{\vec{k}_1} a_{\vec{k}_2}, a_{\vec{k}_1}^\dagger a_{\vec{k}_2}^\dagger \right) \quad (14)$$

# Matter: fluctuating vacuum energy density

- $|0\rangle$  is an eigenstate of  $H = \int \mathrm{d}^3x T_{00}$ , because

$$a_{\vec{k}} |0\rangle := 0, \quad \forall \vec{k} \quad (15)$$

- This is not the case for  $T_{00}$ , and

$$\langle (\Delta T_{00})^2 \rangle = \frac{2}{3} \langle T_{00} \rangle^2, \quad \langle T_{00} \rangle = \frac{\Lambda^4}{16\pi^2}. \quad (16)$$

# Space-time: localised Robertson–Walker metric

- Inhomogeneity and isotropy

$$\boxed{\mathrm{d}s^2 = -\mathrm{d}t^2 + a(t, \vec{x}) \delta_{ij} \mathrm{d}x^i \mathrm{d}x^j.} \quad (17)$$

- Generalising the proper distance and Hubble parameter

$$L_{1 \rightarrow 2}(t) = \int_{\vec{x}_1}^{\vec{x}_2} \sqrt{a^2(t, \vec{x})} \mathrm{d}l, \quad H_{1 \rightarrow 2}(t) = \frac{\dot{L}_{1 \rightarrow 2}}{L_{1 \rightarrow 2}} \quad (18)$$

- Einstein equations

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}, \quad (19)$$

where  $T_{\mu\nu}$ 's are viewed as (random c-)numbers (and subject to fluctuation)

## Space-time: stochastic oscillator equation for $a$

- ▶ Taking the trace of eq. (19) leads to

$$\ddot{a} + \Omega^2(t, \vec{x}) a = 0, \quad (20)$$

where

$$\Omega^2 = \frac{4\pi G}{3} g^{\mu\nu} T_{\mu\nu}, \quad (21)$$

which is viewed as a (random c-)number (and subject to fluctuation)

- ▶  $T_{\mu\nu}$  given by the quantised scalar field eqs. (11) and (12); evaluate Hubble parameter by solving eq. (20)

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# Parametric oscillator

- ▶ If  $\Omega$  were definite and periodic in  $t$ , eq. (20) would be a Hill's equation, describing **parametric oscillation** (see e.g. [LL76, §27] and Wikipedia)
- ▶ General solution

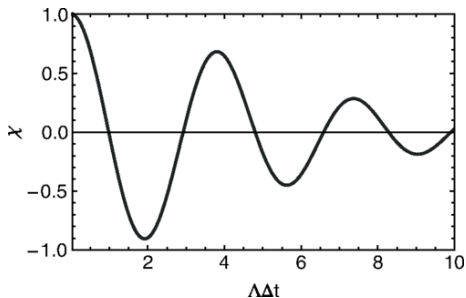
$$a(t, \vec{x}) = c_1 e^{+H_{\vec{x}} t} P_1(t, \vec{x}) + c_2 e^{-H_{\vec{x}} t} P_2(t, \vec{x}) \quad (22)$$

where  $H_{\vec{x}} > 0$  (thus second term exponentially suppressed at late time) and  $P_i$ 's have the same period as  $\Omega$ .

- ▶ **Claim:**  $\Omega$  behaves **quasi-periodically**, because of  $\text{Cov}[\Omega^2(t_1, \vec{x}), \Omega^2(t_2, \vec{x})]$  (see below)

# Quasi-periodicity

- Covariance of  $\Omega^2(t)$ , taken from [WZU17]



- The solution is modified (at late time) to be

$$a(t, \vec{x}) \approx \mathbb{E} \int_0^t H_{\vec{x}}(t') dt' P(t, \vec{x}), \quad (23)$$

where  $P(t, \vec{x})$  behaves also only quasi-periodically (see below).



# Proper distance and Hubble parameter revisited

- ▶ The expressions for proper distance and Hubble parameter in terms of eq. (23) are

$$L_{1 \rightarrow 2}(t) = L(0) e^{Ht}, \quad L_{1 \rightarrow 2}(0) = \int_{\vec{x}_1}^{\vec{x}_2} \sqrt{P^2(t, \vec{x})} dt, \quad (24)$$

$$H = \frac{1}{t} \int_0^t H_{\vec{x}}(t') dt'. \quad (25)$$

- ▶ It looks like that the authors assumed averaging  $H_{\vec{x}}$  over a long time smooths out the difference between different  $\vec{x}$ .
- ▶ It was claimed that WKB gives

$$a(t, \vec{x}) \approx \frac{A_0 e^{\int_0^t H_{\vec{x}}(t') dt'}}{\sqrt{\Omega}} \cos\left(\int_0^t \Omega(t', \vec{x}) dt' + \theta_{\vec{x}}\right). \quad (26)$$

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## Review: canonical transformation

- ▶ Introducing the (type-2) generating function  $G_2(q, P, t)$

$$S = \int p \, \mathrm{d}q - H \, \mathrm{d}t \equiv \int P \, \mathrm{d}Q - K \, \mathrm{d}t + \mathrm{d}(-QP + G_2) \quad (27)$$

where  $H = H(q, p, t)$ ,  $K = K(Q, P, t)$ , so that

$$\int (p - \partial_q G_2) \, \mathrm{d}q + (Q - \partial_P G_2) \, \mathrm{d}P + (K - H + \partial_t G_2) \, \mathrm{d}t \equiv 0. \quad (28)$$

- ▶ Arbitrariness of the track in phase space requires

$$p = \partial_q G_2, \quad Q = \partial_P G_2, \quad K = H - \partial_t G_2. \quad (29)$$

- ▶ It can be shown that  $G_2$  generates a Poisson-bracket-keeping transformation from  $(q, p; H)$  to  $(Q, P; K)$ .

# Action-angle variables

- ▶ Consider a  $G_2(q, J)$  which brings  $(q, p; H(q, p))$  to  $(\varphi, I; K(I))$ ; note the time-independence
- ▶ Dynamics in the new variables reads

$$\dot{\varphi} = \partial_I K, \quad \dot{I} = 0; \quad (30)$$

$$\Rightarrow \varphi = (\partial_I K) t + \varphi_0, \quad I \equiv I_0 \quad (31)$$

- ▶  $G_2$  can be solved by the Hamilton–Jacobi-like equation

$$H(q, \partial_q G_2) = K(J). \quad (32)$$

- ▶ If the motion has a period  $T$  and it requires  $\Delta\varphi := (\partial_I K) T \equiv 2\pi$  (angle variable), it can be shown that

$$I = \frac{1}{2\pi} \oint p \, \mathrm{d}q, \quad (33)$$

thus the name action-angle variable comes.

# Adiabatic approximation

See e.g. [Hen93]

- ▶ The variables above can be extended to  $H = H(q, p; \lambda)$ , where a perturbative expansion is made in terms of  $\epsilon = \mathrm{d}\lambda/\mathrm{d}t$ .
- ▶ It can be shown that the leading-order expansion gives

$$I(t) = I(0) + O(\epsilon), \quad 0 \leq t \leq \epsilon^{-1} \quad (34)$$

- ▶ Let  $\omega$  be the angular frequency of the unperturbed system. If

$$\lambda^{-1} \epsilon = \frac{1}{\lambda} \frac{\mathrm{d}\lambda}{\mathrm{d}t} \ll \omega, \quad (35)$$

then  $I$  varies only slightly during one quasi-period  $2\pi/\omega$  and is thus a **adiabatic invariance**.

## Adiabaticity of eq. (20)

- Using sharp-momentum cut-off  $\Lambda$ ,

$$\langle \Omega^2 \rangle = \frac{8\pi G}{3} \langle \dot{\phi}^2 \rangle = \frac{G}{6\pi} \Lambda^4, \quad (36)$$

$$\langle \dot{\Omega}^2 \rangle = \frac{8\pi G}{3} \langle \ddot{\phi}^2 \rangle = \frac{G}{9\pi} \Lambda^6. \quad (37)$$

- Evaluating eq. (35):

$$\frac{\dot{\Omega}}{\Omega} \sim \sqrt{\frac{\langle \dot{\Omega} \rangle^2}{\langle \Omega^2 \rangle}} = \frac{2}{3} \Lambda, \quad \Omega \sim \sqrt{\langle \Omega^2 \rangle} = \frac{1}{\sqrt{6\pi}} \sqrt{G} \Lambda^2, \quad (38)$$

so the adiabatic condition is satisfied if  $\sqrt{G} \Lambda \rightarrow +\infty$ .

- Cut-off much higher than the Planck scale?

## Action-angle variables of eq. (20)

- For fixed  $\Omega$ ,

$$I = \frac{E}{\Omega} = \frac{1}{2}A_0^2, \quad (39)$$

where  $A$  is the amplitude. It was argued that one can replace  $A_0 \rightarrow A_0 e^{\int_0^t H_{\hat{x}}(t') dt'}$ .

- Transforming  $(a, \dot{a})$  to  $(\varphi, I)$

$$a = \sqrt{2I/\Omega} \sin \varphi, \quad \dot{a} = \sqrt{2I\Omega} \cos \varphi, \quad (40)$$

so the canonical equations are

$$\frac{dI}{dt} = -I \frac{\dot{\Omega}}{\Omega} \cos 2\varphi, \quad \frac{d\varphi}{dt} = \Omega + \frac{\dot{\Omega}}{2\Omega} \sin 2\varphi. \quad (41)$$

- Integration yields

$$I(t) = I(0) \exp \left( - \int_0^t \frac{\dot{\Omega}}{2\Omega} \cos 2\varphi dt \right)$$

# Evaluation of the global Hubble parameter

- ▶ Combining eqs. (39) and (42) gives  $H_{\tilde{x}} = -\frac{\dot{\Omega}}{2\Omega} \cos 2\varphi$ .
- ▶ The global Hubble parameter thus reads

$$H = -\frac{1}{t} \Re \int_0^t \frac{\dot{\Omega}}{2\Omega} e^{2i\varphi} dt' = -\frac{1}{t} \Re \int_{\varphi_0}^{\varphi} \frac{\dot{\Omega}}{2\Omega} e^{2i\varphi'} \frac{dt'}{d\varphi'} d\varphi. \quad (43)$$

- ▶ Completing the complex integration contour and picking only the main pole suggest  $H \sim \Lambda e^{-2\Im \varphi_{(0)}} = \Lambda e^{-2\Im \varphi(t_{(0)})}$ .
- ▶ It was argued that  $\varphi(t_{(0)}) \sim \Omega t_{(0)}$ , where  $\Omega \sim \sqrt{G}\Lambda$ ,  $t_{(0)} \sim \Lambda^{-1}$ .
- ▶ The final expression of the global Hubble parameter reads

$$H \sim \alpha \Lambda e^{-\beta \sqrt{G} \Lambda}.$$

(44)



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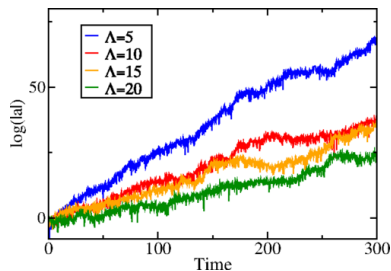
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# Summary

- ▶ Making of the oscillator equation eq. (20):
  1. Quantised Klein–Gordon field in flat space-time
  2. Classical, localised Robertson–Walker metric
- ▶ Solving the oscillator equation eq. (20):
  1. Ignoring the stochastic frequency in most cases
  2. Parametric oscillation
  3. Adiabatic approximation
- ▶ Validation of the various approximation: numerics [WZU17]









- ▶ Summarised up to eq. (75); The rest (eq. (214); 3 appd.) contains details and discussions

# Comments

- ▶ Differential equation with fluctuating coefficients: stochastic differential equation [Kam07]
  - ▶ Famous case: Langevin equation for Brownian motion
- ▶ Harmonic oscillator with stochastic frequency: studied, e.g. [BFP73; Kam76]
- ▶ Applying quantum fluctuation to semi-classical Einstein equation: studied, e.g. [HV08]

# For Further Reading I

-  N.G. van Kampen. *Stochastic Processes in Physics and Chemistry*. 3rd. Elsevier, 2007.
-  L.D. Landau and E.M. Lifshitz. *Mechanics*. 3rd. Vol. 1. Course of Theoretical Physics. Elsevier, 1976.
-  R.C. Bourret, U. Frisch, and A. Pouquet. “Brownian motion of harmonic oscillator with stochastic frequency”. In: *Physica* 65.2 (Apr. 1973), pp. 303–320.
-  J. Henrard. “The Adiabatic Invariant in Classical Mechanics”. In: *Dynamics Reported*. Springer, 1993, pp. 117–235.
-  Bei Lok Hu and Enric Verdaguer. “Stochastic Gravity: Theory and Applications”. In: *Living Reviews in Relativity* 11.1 (May 2008).
-  N.G. van Kampen. “Stochastic differential equations”. In: *Physics Reports* 24.3 (Mar. 1976), pp. 171–228.

# For Further Reading II



Qingdi Wang, Zhen Zhu, and William G. Unruh. “How the huge energy of quantum vacuum gravitates to drive the slow accelerating expansion of the Universe”. In: *Physical Review D* 95.10 (May 2017).