

An Introduction to [WZU17]

An Attempt to Avoid the Old Cosmological Constant Problem

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June 20, 2017

Outline

Overview

The Old Cosmological Constant Problem

Matter and space-time models

Solving $a(t, \vec{x})$: parametric oscillator

Solving $a(t, \vec{x})$: adiabatic approximation

Numerical validation

Summary and comments

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- ▶ If contributed by vacuum energy, the cosmological constant could **differ 120 order-of-magnitude** from observation.
- ▶ Wang, Zhu, and Unruh consider vacuum energy **density** instead, which is subject to **fluctuation**, and their results could moderate the problem.
- ▶ They assumed a **localised RW metric** and obtained FL-like equations for $a(t, \vec{x})$, whose coefficient contains fluctuation, which is evaluated from QFT in flat space-time.
- ▶ The equations leads to local Hubble parameters which fluctuate, but a global average is claimed be defined.
- ▶ The solution to the equations is evaluated with various approximations.
- ▶ The results are qualitatively supported by numerical calculation and further discussion.

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Cosmological constant and vacuum energy

- GR + vacuum QFT

$$G_{\mu\nu} + \lambda_b g_{\mu\nu} = 8\pi G T_{\mu\nu}^{\text{vac}} \quad (1)$$

- In Special Relativity, Lorentz invariance requires

$$T_{\mu\nu}^{\text{vac}} = -\rho_{\mu\nu}^{\text{vac}} \eta_{\mu\nu}, \quad (2)$$

which generalises to curved space-time as

$$T_{\mu\nu}^{\text{vac}} = -\rho_{\mu\nu}^{\text{vac}} g_{\mu\nu}. \quad (3)$$

- Effectively, eq. (1) can be written as

$$G_{\mu\nu} + \lambda_{\text{eff}} g_{\mu\nu} = 0, \quad \lambda_{\text{eff}} := \lambda_b + 8\pi G \rho^{\text{vac}}; \quad (4)$$

$$G_{\mu\nu} = -8\pi G \rho_{\text{eff}}^{\text{vac}} g_{\mu\nu}, \quad \rho_{\text{eff}}^{\text{vac}} := \rho^{\text{vac}} + \frac{\lambda_b}{8\pi G}. \quad (5)$$

Hubble parameter and cosmological constant

- Homogeneity and isotropy: Robertson–Walker metric

$$ds^2 = -dt^2 + a^2(t) \delta_{ij} dx^i dx^j. \quad (6)$$

- Hubble parameter / expansion rate $H := \dot{a}/a$; eqs. (4) and (5) take the corresponding Friedmann–Lemaître form

$$3H^2 = \lambda_{\text{eff}} = 8\pi G\rho_{\text{eff}}^{\text{vac}}, \quad (7)$$

$$3\ddot{a} = \lambda_{\text{eff}}a = 8\pi G\rho_{\text{eff}}^{\text{vac}}a. \quad (8)$$

- Solution to eq. (8)

$$a(t) = a(t_0) e^{H(t-t_0)} \quad (9)$$

The Old Cosmological Problem

- ▶ Contributions to $\rho_{\text{eff}}^{\text{vac}}$ or λ_{eff} : vacuum fluctuation of all quantum fields, Electroweak phase transition, etc.
- ▶ λ_{eff} by vacuum fluctuation evaluated in Minkowski space: taking a **scalar field** (also see below) and using sharp-momentum cut-off,

$$\langle \rho^{\text{vac}} \rangle = \frac{\Lambda^4}{16\pi^2}. \quad (10)$$

- ▶ Setting $\Lambda = E_{\text{P}}$ results in a surpass of the observed value of λ_{eff} by a factor of $\sim 10^{120}$.

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Matter: field and quantisation

- ▶ Matter model: free neutral massless scalar field in flat space-time

$$S_m[\phi] := \int \mathbb{d}^4x \left[-\frac{1}{2} \eta^{\mu\nu} (\partial_\mu \phi) (\partial_\nu \phi) \right] \quad (11)$$

- ▶ Canonical quantisation

$$\phi(t, \vec{x}) := \int \frac{\mathbb{d}^3k}{(2\pi)^{3/2}} \frac{1}{\sqrt{2\omega}} \left(a_{\vec{k}} e^{-i(\omega t - \vec{k} \cdot \vec{x})} + \text{h.c.} \right), \quad (12)$$

so that

$$\begin{aligned} T_{00} &= \frac{1}{2} (\dot{\phi}^2 + (\nabla \phi)^2) \\ &= \int \mathbb{d}^3k_1 \mathbb{d}^3k_2 f \left(a_{\vec{k}_1} a_{\vec{k}_2}^\dagger, a_{\vec{k}_1}^\dagger a_{\vec{k}_2}, a_{\vec{k}_1} a_{\vec{k}_2}, a_{\vec{k}_1}^\dagger a_{\vec{k}_2}^\dagger \right) \end{aligned} \quad (13)$$



Matter: fluctuating vacuum energy density

- ▶ Hamiltonian

$$H := \int \mathrm{d}^3x T_{00} = \frac{1}{2} \int \mathrm{d}^3k \omega \left(a_{\vec{k}} a_{\vec{k}}^\dagger + a_{\vec{k}}^\dagger a_{\vec{k}} \right). \quad (15)$$

- ▶ $|0\rangle$ is an eigenstate of H , because it is defined by

$$a_{\vec{k}} |0\rangle := 0, \quad \forall \vec{k} \quad (16)$$

- ▶ This is not the case for T_{00} , and one has

$$\langle (\Delta T_{00})^2 \rangle = \frac{2}{3} \langle T_{00} \rangle^2, \quad \langle T_{00} \rangle = \frac{\Lambda^4}{16\pi^2}. \quad (17)$$

Space-time: localised Robertson–Walker metric

- Inhomogeneity and isotropy

$$\boxed{\mathrm{d}s^2 := -\mathrm{d}t^2 + a(t, \vec{x}) \delta_{ij} \mathrm{d}x^i \mathrm{d}x^j.} \quad (18)$$

- Generalising the proper distance and Hubble parameter

$$L_{1 \rightarrow 2}(t) := \int_{\vec{x}_1}^{\vec{x}_2} \sqrt{a^2(t, \vec{x})} \mathrm{d}l, \quad H_{1 \rightarrow 2}(t) := \frac{\dot{L}_{1 \rightarrow 2}}{L_{1 \rightarrow 2}} \quad (19)$$

- Einstein equations

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}, \quad (20)$$

where $T_{\mu\nu}$'s are viewed as (random c-)numbers (and subject to fluctuation)

Space-time: stochastic oscillator equation for a

- ▶ Taking the trace of eq. (20) leads to

$$\ddot{a} + \Omega^2(t, \vec{x}) a = 0, \quad (21)$$

where

$$\Omega^2 := \frac{4\pi G}{3} g^{\mu\nu} T_{\mu\nu}, \quad (22)$$

which is viewed as a (random c-)number (and subject to fluctuation)

- ▶ $T_{\mu\nu}$ given by the quantised scalar field eqs. (11) and (12); evaluate Hubble parameter by solving eq. (21)

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Parametric oscillator

- ▶ If Ω were definite and periodic in t , eq. (21) would be a Hill's equation, describing **parametric oscillation** (see e.g. [LL76, §27] and Wikipedia)
- ▶ General solution

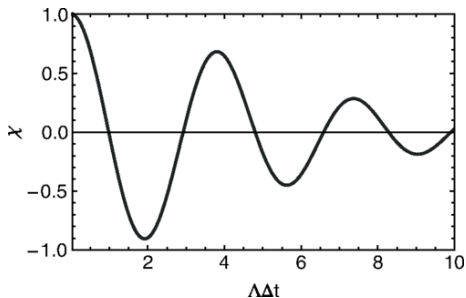
$$a(t, \vec{x}) = c_1 e^{+H_{\vec{x}} t} P_1(t, \vec{x}) + c_2 e^{-H_{\vec{x}} t} P_2(t, \vec{x}) \quad (23)$$

where $H_{\vec{x}} > 0$ (thus second term exponentially suppressed at late time) and P_i 's have the same period as Ω .

- ▶ It was claimed that Ω behaves **quasi-periodically**, because of $\text{Cov}[\Omega^2(t_1, \vec{x}), \Omega^2(t_2, \vec{x})]$ (see below)

Quasi-periodicity

- Covariance of $\Omega^2(t)$, taken from [WZU17]



- The solution is modified (at late time) to be

$$a(t, \vec{x}) \approx \mathbb{E} \int_0^t dt' H_{\vec{x}}(t') P(t, \vec{x}), \quad (24)$$

where $P(t, \vec{x})$ behaves also only **quasi**-periodically (see below).

Proper distance and Hubble parameter revisited

- ▶ The expressions for proper distance and Hubble parameter in terms of eq. (24) are

$$L_{1 \rightarrow 2}(t) = L_{1 \rightarrow 2}(0) e^{Ht}, \quad L_{1 \rightarrow 2}(0) = \int_{\vec{x}_1}^{\vec{x}_2} \sqrt{P^2(t, \vec{x})} d\vec{x}, \quad (25)$$

$$H = \frac{1}{t} \int_0^t H_{\vec{x}}(t') dt'. \quad (26)$$

- ▶ It looks like that the authors assumed averaging over a long distance / time smooths out the difference between different \vec{x} .
- ▶ It was claimed that leading-order WKB gives

$$a(t, \vec{x}) \approx \frac{A_0}{\sqrt{\Omega}} \cos \left(\int_0^t dt' \Omega(t', \vec{x}) + \theta_{\vec{x}} \right). \quad (27)$$

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Review: canonical transformation

- ▶ Introducing the (type-2) generating function $G_2(q, P, t)$

$$S = \int p \, \mathrm{d}q - H \, \mathrm{d}t \equiv \int P \, \mathrm{d}Q - K \, \mathrm{d}t + \mathrm{d}(-QP + G_2) \quad (28)$$

where $H = H(q, p, t)$, $K = K(Q, P, t)$, so that

$$\int (p - \partial_q G_2) \, \mathrm{d}q + (Q - \partial_P G_2) \, \mathrm{d}P + (K - H + \partial_t G_2) \, \mathrm{d}t \equiv 0. \quad (29)$$

- ▶ Arbitrariness of the track in phase space requires

$$p = \partial_q G_2, \quad Q = \partial_P G_2, \quad K = H - \partial_t G_2. \quad (30)$$

- ▶ It can be shown that G_2 generates a Poisson-bracket-keeping transformation from $(q, p; H)$ to $(Q, P; K)$.

Action-angle variables

See e.g. [Hen93]

- ▶ Consider a $G_2(\varphi, I)$ which brings $(q, p; H(q, p))$ to $(\varphi, I; K(I))$; note the time-independence
- ▶ Dynamics in the new variables reads

$$\dot{\varphi} = \partial_I K, \quad \dot{I} = 0; \quad (31)$$

$$\Rightarrow \varphi = (\partial_I K) t + \varphi_0, \quad I \equiv I_0 \quad (32)$$

- ▶ G_2 can be solved by the Hamilton–Jacobi-like equation

$$H(q, \partial_q G_2) = K(I). \quad (33)$$

- ▶ If the motion has a period T and one requires $\Delta\varphi := (\partial_I K) T \equiv 2\pi$, it can be shown that

$$I = \frac{1}{2\pi} \oint p \, \mathrm{d}q, \quad (34)$$

thus the name action-angle variable comes.

Adiabatic approximation

See e.g. [Hen93]

- ▶ The variables above can be extended to $H = H(q, p; \lambda)$, where a perturbative expansion is made in terms of $\epsilon := \mathrm{d}\lambda/\mathrm{d}t$.
- ▶ It can be shown that the leading-order expansion gives

$$I(t) = I(0) + O(\epsilon), \quad 0 \leq t \leq \epsilon^{-1} \quad (35)$$

- ▶ Let ω be the angular frequency of the unperturbed system. If

$$\lambda^{-1}\epsilon = \frac{1}{\lambda} \frac{\mathrm{d}\lambda}{\mathrm{d}t} \ll \omega, \quad (36)$$

then I varies only slightly during one quasi-period $2\pi/\omega$ and is thus a **adiabatic invariant**.

Adiabaticity of eq. (21)

- ▶ Using sharp-momentum cut-off Λ ,

$$\langle \Omega^2 \rangle = \frac{8\pi G}{3} \langle \dot{\phi}^2 \rangle = \frac{G}{6\pi} \Lambda^4, \quad (37)$$

$$\langle \dot{\Omega}^2 \rangle = \frac{8\pi G}{3} \langle \ddot{\phi}^2 \rangle = \frac{G}{9\pi} \Lambda^6. \quad (38)$$

- ▶ Evaluating eq. (36):

$$\frac{\dot{\Omega}}{\Omega} \sim \sqrt{\frac{\langle \dot{\Omega} \rangle^2}{\langle \Omega^2 \rangle}} = \frac{2}{3} \Lambda, \quad \Omega \sim \sqrt{\langle \Omega^2 \rangle} = \frac{1}{\sqrt{6\pi}} \sqrt{G} \Lambda^2, \quad (39)$$

so the adiabatic condition is satisfied if $\sqrt{G} \Lambda \rightarrow +\infty$.

- ▶ It looks like that the cut-off needs to be much higher than the Planck scale.

Action-angle variables of eq. (21)

- For fixed Ω ,

$$I = \frac{E}{\Omega} = \frac{1}{2} A_0^2, \quad (40)$$

where A_0 is the amplitude in the WKB solution eq. (27). It was argued that one can replace $A_0 \rightarrow A_0 \exp\left(\int_0^t H_{\tilde{x}}(t') dt'\right)$.

- Transforming (a, \dot{a}) to (φ, I)

$$a = \sqrt{2I/\Omega} \sin \varphi, \quad \dot{a} = \sqrt{2I\Omega} \cos \varphi, \quad (41)$$

so the canonical equations are

$$\frac{dI}{dt} = -I \frac{\dot{\Omega}}{\Omega} \cos 2\varphi, \quad \frac{d\varphi}{dt} = \Omega + \frac{\dot{\Omega}}{2\Omega} \sin 2\varphi. \quad (42)$$

- Integration yields

$$I(t) = I(0) \exp\left(-\int_0^t \frac{\dot{\Omega}}{2\Omega} \cos 2\varphi dt\right).$$

Evaluation of the global Hubble parameter

- ▶ Combining eqs. (40) and (43) gives $H_{\vec{x}} = -\frac{\dot{\Omega}}{2\Omega} \cos 2\varphi$.
- ▶ The global Hubble parameter thus reads

$$H = -\frac{1}{t} \Re \int_0^t \frac{\dot{\Omega}}{2\Omega} e^{2i\varphi} dt' = -\frac{1}{t} \Re \int_{\varphi_0}^{\varphi} \frac{\dot{\Omega}}{2\Omega} e^{2i\varphi'} \frac{dt'}{d\varphi'} d\varphi. \quad (44)$$

- ▶ Completing the complex integration contour and picking only the main pole suggest $H \sim \Lambda e^{-2\Im \varphi_{(0)}} = \Lambda e^{-2\Im \varphi(t_{(0)})}$.
- ▶ It was argued that $\varphi(t_{(0)}) \sim \Omega t_{(0)}$, where $\Omega \sim \sqrt{G}\Lambda$, $t_{(0)} \sim \Lambda^{-1}$.
- ▶ The final expression of the global Hubble parameter reads

$$H \sim \alpha \Lambda e^{-\beta \sqrt{G} \Lambda}.$$

(45)

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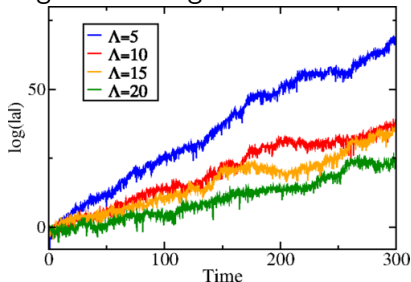
Numerical simulation

Figures from [WZU17]

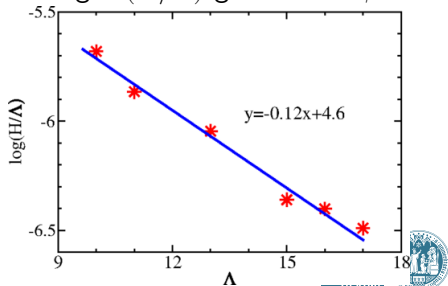
- ▶ Discretise to get $\{\phi_{\vec{k}}\}$
- ▶ Ground-state field is described by a positive Wigner function

$$W(\{\phi_{\vec{k}}\}, \{\pi_{\vec{k}}\}, t) = \prod_{\vec{k}} \frac{1}{\pi} \exp\left(-\frac{\pi_{\vec{k}}^2}{\omega} - \phi_{\vec{k}}^2 \omega\right). \quad (46)$$

Higher cut-off gives lower H



Fitting $\ln(H/\Lambda)$ gives α and β



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Summary

- ▶ Making of the oscillator equation eq. (21):
 1. Quantised Klein–Gordon field in flat space-time
 2. Classical, localised Robertson–Walker metric
- ▶ Solving the oscillator equation eq. (21):
 1. Ignoring the Stochasticity in most calculation
 2. Parametric oscillation
 3. WKB approximation
 4. Adiabatic approximation
- ▶ Validation of the various approximation: numerics
- ▶ Summarised up to eq. (75); The rest (up to eq. (214); 3 appendixes) contains more details and discussions







Comments

- ▶ Differential equation with fluctuating coefficients: stochastic differential equation [Kam07]
 - ▶ Famous case: Langevin equation for Brownian motion

$$m\dot{\vec{v}} + \lambda\vec{v} = \vec{\eta}(t) \quad (47)$$

- ▶ Harmonic oscillator with stochastic frequency: studied, e.g. [BFP73; Kam76]
- ▶ Applying quantum fluctuation to semi-classical Einstein equation: studied, e.g. [HV08]

For Further Reading I

-  N.G. van Kampen. *Stochastic Processes in Physics and Chemistry*. 3rd. Elsevier, 2007.
-  L.D. Landau and E.M. Lifshitz. *Mechanics*. 3rd. Vol. 1. Course of Theoretical Physics. Elsevier, 1976.
-  R.C. Bourret, U. Frisch, and A. Pouquet. “Brownian motion of harmonic oscillator with stochastic frequency”. In: *Physica* 65.2 (Apr. 1973), pp. 303–320.
-  J. Henrard. “The Adiabatic Invariant in Classical Mechanics”. In: *Dynamics Reported*. Springer, 1993, pp. 117–235.
-  Bei Lok Hu and Enric Verdaguer. “Stochastic Gravity: Theory and Applications”. In: *Living Reviews in Relativity* 11.1 (May 2008).
-  N.G. van Kampen. “Stochastic differential equations”. In: *Physics Reports* 24.3 (Mar. 1976), pp. 171–228.

For Further Reading II



Qingdi Wang, Zhen Zhu, and William G. Unruh. “How the huge energy of quantum vacuum gravitates to drive the slow accelerating expansion of the Universe”. In: *Physical Review D* 95.10 (May 2017).