

# Learning Styles Techniques

## Visual Learning Techniques

- \* Draw or illustrate new ideas or concepts.
- \* Use colored highlighters, with textbook and notes.
- \* During lecture, take notes.
- \* Write all directions down.
- \* Visualize new word problems, and images in your mind: visual images help increase sequential memory.
- \* Use color-coding.
- \* Study in a secluded area away from stimulus, such as bulletin boards, posters, and heavy traffic areas.
- \* Read the material on the lecture before hearing the lecture.
- \* Enrich reading material on TV documentaries and video productions.
- \* Ask instructor to demonstrate or model skills to be learned.
- \* If you can't actually observe or see the skills that are to be learned, visualize the experience in your mind.
- \* Ask to be given "one step at a time" directions.
- \* Ask to be given written directions.

### **In class you should:**

1. Underline
2. Use different colors
3. Use symbols, charts, arrangements on a page

### **When studying you should:**

1. Use the "in class" method
2. Reconstruct images in different ways
3. Redraw pages from memory
4. Replace words with symbols and initials

### **During Exams you should:**

1. Recall the pictures of the webpage
2. Draw, use diagrams where appropriate
3. Practice turning visuals back into words)

## **Learning Techniques for students who are Auditory Learner**

- \*Tape presentation and lectures for playback
- \*Repeat instructions aloud verbally
- \*Use programmed learning kits with tapes
- \*Memorize through the use of music, jingles, and catchy stories
- \*Utilize lectures and group discussion study groups
- \*Follow up with appropriate use of television documentaries, movies, and videos
- \*Create opportunities for oral reports and presentations
- \*Attend or participate in panel discussions
- \*To memorize information, record it for playback
- \*Use the neurological impress method: Have someone read while you follow along
- \*Use audio book if available
- \*Ask to be told every step of a skill to be learned
- \*When hearing the information summarize it in your own words
- \*Memorize rules and instructions by having the instructor say them first
- \*Look for quiet places to work and study
- \*Ask instructor to repeat "exact" words
- \*Ask to be spoken to directly
- \*When writing, plan the sentence you want by saying it aloud or silently
- \*When writing, write slowly as you say it
- \*When writing, dictate your sentence using a recorder and then play it back as you write it.

### **In class you should:**

1. Attend lectures and tutorials
2. Discuss topics with other students
3. Explain new ideas to other people
4. Use a tape recorder
5. Describe overheads, pictures, and visuals to somebody that was not there
6. Leave space in notes for later recall

### **When studying you should:**

1. Understand you may take poor notes because you prefer to listen
2. Expand your notes
3. Put summarized notes on tape and listen
4. Read summarized notes out loud
5. Explain notes to another oral learner

### **During exams you should:**

1. Listen to your 'voices' and write them down
2. Speak your answers
3. Practice writing answers to old exam questions

## **Learning Techniques for Students Who are Tactile/Kinesthetic Learners**

- \* Associate word formation and meanings by involving the sense of touch in readings by tracing over the words.
- \* Use task cards.
- \* Use concrete objects as learning aids
- \* Be actively engaged in class
- \* Use computer assisted instruction
- \* Allow yourself to move during learning
- \* Use manipulative and three-dimensional materials
- \* Participate in real life experiences, such as interviews, field trips, building and designing
- \* Keep written records
- \* Ask to do projects
- \* Sit near a clock so you won't always be wondering what time it is
- \* Keep desk area clear
- \* Cover the page you are not reading
- \* Divide your work into short study sections
- \* Sit as close to the teacher as possible
- \* When studying try to use all the senses (hearing, seeing, touching, and doing)
- \* Get enough sleep
- \* Watch your diet sugars, and additives can cause hyperactivity in some people

### **In class you should:**

1. Use all of your senses
2. Go to a lab, take field trips
3. Use trial and error methods
4. Listen to real life examples
5. Use a hands-on approach

### **When studying you should:**

1. Understand you may take notes poorly due to topics not seeming relevant
2. Put examples in note summaries
3. Use pictures and photos to illustrate
4. Talk about notes with another kinesthetic learner

### **During exams you should:**

1. Write practice answers
2. Role-play the exam situation in your room

## **Common Learning Techniques for all Learners**

### **In Class you should:**

1. Use list, headings
2. Use dictionary and definitions
3. Use handouts and textbooks
4. Read
5. Use lecture notes

### **When studying you should:**

1. Write out the words again and again
2. Reread notes silently
3. Rewrite ideas into other words
4. Organize diagrams into statements

### **During Exams You Should**

1. Practice with multiple choice questions
2. Write out lists
3. Write paragraphs, beginnings, endings)