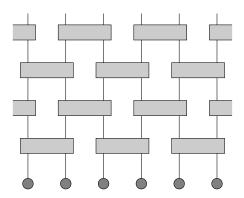
# Modeling Quantum Dynamics Using Random Unitary Circuits



#### Abstract

The purpose of this essay is to provide the necessary background to understand the results of [1], which presents a class of quantum circuits with qualitatively new dynamics. Along the way we will introduce quantum statistical mechanics (specifically operator spreading), random unitary circuits, and fractons. Since most of the essay will be on these introductory materials, Ref. [1] essentially serves as motivation for studying these topics.

#### 1 Introduction

Quantum statistical mechanics has recently blossomed due to advancements in experimental control, theoretical and mathematical methods, and computational power. See Refs. [2–5] and citations therein. The field attempts to reconcile quantum mechanics, which conserves information, with statistical mechanics, in which information is lost. The key insight is that even with unitary dynamics, information can be "spread" throughout a system so that it is effectively lost.

The study of quantum statistical mechanics has interesting applications. Unsurprisingly, it describes phenomena in many body physics, such as the Lieb-Robinson bound [6, 7]. This is a bound on how fast information can travel in non-relativistic systems. Even in relativistic systems, it is slower than the speed of light. As the information travels it is *scrambled*, or spread out in its environment. The process of information scrambling has applications to high-energy physics. For example, black holes are "fast scramblers" [8], in that they spread local information throughout their internal systems as fast as possible. The fast scrambling of black holes is useful in discussions of black hole unitarity [9].

This process of information spreading is called *thermalization*, because it allows quantum systems to reach a state that looks thermal. Some systems can thermalize and some cannot. One class of systems that cannot thermalize exhibit a behavior called *localization*. This type of system, discovered by Anderson [10], has been of recent interest in quantum statistical mechanics.

The central study of this essay will be quantifying information spreading in many-body systems. Mostly we will be interested in the spreading of operators, but there are other ways to quantify information and its dynamics. Sec. 2 explores the possible late-time behaviors of information scrambling, namely thermalization and localization, and defines the various measure of scrambling we will use.

We will then describe how to study these processes using random unitary circuits. Sec. 3 defines the unitary evolution of quantum circuits and outlines methods for introducing conservation laws. It also defines Floquet systems, which are similar to Hamiltonian systems but do not conserve energy.

The next two sections cover the quantum dynamics of systems with and without conservation laws. Sec. 4 presents the phenomenology of Floquet systems that lack any conserved quantities. It goes on to analytically calculate the dynamics of circuits with no conserved quantities and show that they behave like Floquet systems. The advantage of the circuits is that, through Haar averaging, they admit classical descriptions of the right weight  $\rho_R$  and the OTOC, which are easy to simulate or solve exactly. Sec. 5 does the same for systems with a small number of conservation laws, or constraints. These sections primarily report the results of other literature, and the main sources will be [11–15]. The physical systems and circuits we study in these two sections thermalize, which leads to the question: can a circuit be localized?

One path to localization in random unitary circuits is through *fractonic* conservation laws. These are constraints that not only conserve some quantity, but also its higher moments. An example would be the conservation of charge and dipole. In Sec. 6 we will show that in d = 1,

circuits that conserve these higher moments of charge indeed localize, following the results of [1]. Importantly, the relevant calculations suggest that similar circuits in 2 dimensions should also localize. Sec 7 reviews the broad goals of this essay and presents some possibilities for future research.

The systems in this essay will be 1 dimensional and discrete, so we can label space with an index,  $i=1,2,\ldots,L$ . Oftentimes L will implicitly taken to be infinite in analytic descriptions. Numerical simulations are always done at finite L, and in this case the "thermodynamic limit" refers to taking L to  $\infty$  proportionally to some time scale. At each site i there is a q-dimensional Hilbert space, and the system is the tensor product of all these sites. For example, q=2 corresponds to a spin chain of spin- $\frac{1}{2}$  particles. Then the Hilbert space of the whole system will have dimension  $q^L$ . Initial states will always be product states, and entire systems will always be in pure states.

## 2 Quantum dynamics of closed systems

This section will serve to introduce the reader to the basics of quantum dynamics of closed systems. It will follow material in the reviews in Refs. [2–5]. The primary question is how to reconcile thermalization in statistical mechanics with unitarity in quantum mechanics. In statistical mechanics, systems tend to thermalize over time by maximizing entropy,  $S(\rho) = -\text{Tr }\rho\log\rho$  for state  $\rho$ . This results in late-time states that can be described by only a few parameters, related to conserved quantities such as energy or particle number. This forms the basis of thermodynamics.

That evolution towards increasing entropy violates unitarity can be seen in two ways. First, it clearly breaks time reversal symmetry, and unitary dynamics are always reversible. Second, if states at late time can be described by only a small number of parameters (independent of system size), then there must be states that are initially distinct but evolve to be the same. It is in this sense that we say that information is lost.

### 2.1 Dynamics in closed quantum systems

When we consider classical statistical mechanics we usually consider open systems, which are attached to a bath and are able to exchange some conserved quantity with it, such as energy. Then by requiring conservation of total energy and maximization of total entropy we arrive at the canonical ensemble

$$P(s) = \frac{1}{Z}e^{-\beta E(s)},\tag{1}$$

where P(s) is the probability of being in state s, and E(s) is its energy. The inverse temperature  $\beta$  is related to conservation of energy, as would the chemical potential  $\mu$  if the system and bath were allowed to exchange particles. There is one of these parameters for each conserved quantity.

We can also consider a quantum system coupled to a bath. We call the system A and the bath B. As in classical statistical mechanics, this allows the system to exchange energy and other conserved quantities with the bath. Additionally, the system may become entangled with the bath, leading to dephasing. Then, as in the classical case, the state of the system at long time becomes the thermal state

$$\rho_A = \frac{1}{Z} e^{-\beta H_A},\tag{2}$$

where  $H_A$  is the Hamiltonian of the system and  $\rho_A$  is the density operator. This is not a pure state, and the entropy

$$S_A = -\operatorname{Tr} \rho_A \log \rho_A \tag{3}$$

is non-zero, even if the system started in a pure state (with  $S_A = 0$ ).

This does not result in any contradictions, because the system does not evolve unitarily, rather the system-bath combination AB does. Thus AB is still a pure state. This means all entropy is entanglement entropy between A and B. Furthermore we have an answer to "where does the information go?" It travels into the bath, or gets entangled with bath degrees of freedom.

Since the bath itself is quantum mechanical, we could consider the system and bath together as a single closed quantum system. We will take this perspective for the remainder of the essay, referring to the original system and bath together as the "system." The old system is now a subsystem of the new system. The entire new system then evolves unitarily, under the rules of closed system quantum mechanics.

But if the system is closed, how can it lose information? The answer should be the same as in the open system, with the whole system taking the place of the bath. If information is initially local in some subsystem, then at late times the information still exists, but it is spread out, or hidden, in the full system. Thus entropy emerges as entanglement between distant locations. This is the process which we will refer to as thermalization for the remainder of this essay.

Once a system thermalizes, its subsystems must "look" thermal. That is, if  $\rho(t)$  is the state of the whole system and  $\rho_A(t) = \text{Tr}_B\{\rho(t)\}$  is the state of subsystem A, then we must have

$$\rho_A(t) = \frac{1}{Z} \operatorname{Tr}_B \{ e^{-H/T} \}. \tag{4}$$

This equation holds in the thermodynamic limit, where the system size is taken to be infinite and the state  $\rho$  must be at infinite time. In particular, this must be true for states  $\rho = |\Phi\rangle \langle \Phi|$ , where  $|\Phi\rangle$  is an energy eigenstate.  $|\Phi\rangle$  does not evolve in time. Then (4) must hold for all time. Thus, any subsystem of any energy eigenstate must look thermal. This is called the eigenstate thermalization hypothesis (ETH). The ETH is discussed further in Ref. [4].

There are some systems that do not obey the ETH hypothesis, i.e. they do not thermalize. These systems are either *integrable* or localized. Integrable systems have a macroscopic number of conserved quantities. Then, even though equilibrium states are defined by their parameters such as  $\beta$ ,  $\mu$ , the number of such parameters increases with systems size. Then thermal states may be so complex that there is no loss of information. In some sense this is not surprising, due to the large number of conserved quantities.

Localized systems, on the other hand, still have an order-1 quantity of conserved quantities, but are not described at late time by thermal ensembles. This is achieved by some initially local information staying local at late time. It is not necessary for all possible types of local information to be stationary. However, if any information does not spread, the system is said to be localized. For the remainder of this essay we will be interested in thermalizing and localized systems.

#### 2.2 Operator spreading as a measure of dynamics

So far we have been discussing information as an abstract quantity. What do we actually mean? Based on what we have said, it has to be something that can move and ideally is globally conserved. We will propose a variety of quantities that stand in for spreading information.

If a system conserves a quantity like the z-component of spin, this could be our measure of information. Then the initial state could be one in which  $\langle S_z \rangle = 0$  everywhere except some small region or point. Then as the system evolves,  $\langle S_z \rangle$  picks up some spatial dependence. One benefit of this setup is that there is a neutral background which does not evolve, and perturbation that can spread only through a local current. Any evolution of  $\langle S_z \rangle$  is due to the spreading of that perturbation.

This is nice if we have some conserved quantity, but sometimes we do not. We could try looking at the evolution of the state of the system, but the problem would be finding a background state that does not evolve. Eigenstates do not evolve in time, but are no good because they are highly entangled.

Another object that never evolves in time is the identity operator. Other operators evolve in the Heisenberg picture, but the identity does not, i.e.  $I(t) = U(t)IU^{\dagger}(t) = I$ . The perturbations we can use will be local non-identity operators. In a 1 dimensional system, an operator like  $I_1 \otimes I_2 \otimes I_3 \otimes I_4 \otimes \cdots \otimes I_L$  contains a perturbation on the third site.

We have to quantify how far such initially-local operators spread. We will mainly use two quantities, the operator right weight  $\rho_R(x,t)$  and the OTOC C(x,t), both defined below. First we need a basis for operators. In the q=2 case we will use the Pauli basis  $\{I,X,Y,Z\}=\{\sigma^0,\sigma^1,\sigma^2,\sigma^3\}$ , where  $\sigma^0$  is the identity. All of these operators satisfy  $(\sigma^\mu)^2=I$ . For q>2 it is possible to define a generalization of this basis [13]. A Pauli string  $\mathcal{S}$  is then an operator on the whole system, made as a tensor product of Pauli operators, of the form

$$S^{\mu} = \bigotimes_{i} \sigma_{i}^{\mu_{i}}.$$
 (5)

We will often drop the superscript in  $\mathcal{S}^{\mu}$ , and write sums over the basis as  $\sum_{\mu}$  or  $\sum_{\mathcal{S}}$ . We also use the notation

$$IZXY \dots X \equiv I_1 \otimes Z_2 \otimes X_3 \otimes Y_4 \otimes \dots \otimes X_L. \tag{6}$$

Pauli strings form a orthogonal basis for operators on the whole system, satisfying  $\text{Tr}\{\mathcal{S}^{\mu}\mathcal{S}^{\nu}\}=2^{L}\delta^{\mu\nu}$ . For general q the RHS is  $q^{L}\delta^{\mu\nu}$ .

For a general operator  $\mathcal{O}(t)$ ,

$$\mathcal{O}(t) = \sum_{\mathcal{S}} a_{\mathcal{S}}(t)\mathcal{S},$$

$$a_{\mathcal{S}}(t) = \text{Tr}\{\mathcal{O}(t)\mathcal{S}\}/q^{L}.$$
(7)

We will refer to the  $a_{\mathcal{S}}$  as amplitudes, and  $|a_{\mathcal{S}}|^2$  as weights. Amplitudes will have arbitrary phases, so the average of  $a_{\mathcal{S}}$  over any random quantities will vanish. Normalizing the operator so that  $\text{Tr}\{\mathcal{O}(0)^{\dagger}\mathcal{O}(0)\}=1$  implies that  $\sum_{\mathcal{S}}|a_{\mathcal{S}}(0)|^2=1$ . Unitarity then requires  $\sum_{\mathcal{S}}|a_{\mathcal{S}}(t)|^2=1$  for all t. This means that the total operator weight is a conserved quantity, which can move between Pauli strings.

Consider the evolution of an initially local operator, such as  $\mathcal{O}(t) = Z_j$ . Locality implies that at early time,  $\mathcal{O}(t)$  should still be the identity on sites i where |i-j| is large. Gradually, more weight moves to strings that have support farther away from j. To measure this effect we define the operator right weight

$$\rho_R(i,t) = \sum_{\substack{S \text{ that end} \\ \text{on it is end}}} |a_S(t)|^2.$$
 (8)

<sup>&</sup>lt;sup>1</sup>We write the z component of spin as  $S_z$ , and write  $Z = \sigma^3 = 2S_z$ .

To say that S "ends" on site i means that the operator on site i is non-identity, and the operators on site j for all j > i are identities. Properly normalized operators will have  $\sum_i \rho_R(i,t) = 1$ , so that  $\rho_R(i,t)$  acts as a conserved density. In general, the right weight starts concentrated near the origin, and spreads out at a velocity called the butterfly velocity  $v_B$ .

When we take the thermodynamic limit, i is replaced with the continuous variable x. Then the right weight is a continuous conserved variable. Thus its evolution equations are expected to resemble hydrodynamics equations. This is called emergent hydrodynamics.

The right weight is only sensitive to the edges of spreading operators. To probe the structure of the bulk of an operator, we might want to use the commutator of the spreading operator  $\mathcal{O}(t)$  with a local operator  $W_i$  that has not been evolved in time. However, this will suffer the same fate as  $a_{\mathcal{S}}$ , in that its uncorrelated phases will vanish after averaging over any present randomness. For this reason we use the out-of-time-order commutator (OTOC), defined as

$$C(i,t) = \frac{1}{2} Tr \left\{ |[\mathcal{O}(t), W_i]|^2 \right\}$$

$$\propto \sum_{\substack{S \text{ such that} \\ S_i \neq I_i, W_i}} |a_{\mathcal{S}}(t)|^2.$$
(9)

Unlike the right weight, this is not a conserved density. At early time, the OTOC is 0 everywhere away from the initial perturbation at site j. At late time, the OTOC approaches an equilibrium value near j. This is because most Pauli strings are essentially random in their bulk. The OTOC is often normalized so that the equilibrium value is unity.

One can think of the right weight as a measure of the edge of an operator, and the OTOC as a measure of the bulk of an operator. Both start localized near site j. The right-weight generally travels in a blob, spreading out as it moves so as to preserve total weight. The OTOC starts to approach its equilibrium value when the first bit of right weight passes site i, and should reach that value once all the right weight is past. Fig. 8 shows how the right weight and OTOC are related in a representative system.

One related quantity is the OTO correlator

$$F(i,t) = \text{Tr}\{\mathcal{O}(t)Z_i\mathcal{O}(t)Z_i\}. \tag{10}$$

 $Z_i$  is both Hermitian and unitary. If  $\mathcal{O}(t)$  is as well, then

$$C(i,t) = \frac{1}{2} \operatorname{Tr} \{ [\mathcal{O}(t), Z_i]^{\dagger} [\mathcal{O}(t), Z_i] \}$$

$$= \frac{1}{2} \operatorname{Tr} \{ Z_i^{\dagger} \mathcal{O}(t)^{\dagger} \mathcal{O}(t) Z_i - \mathcal{O}(t)^{\dagger} Z_i^{\dagger} \mathcal{O}(t) Z_i - Z_i^{\dagger} \mathcal{O}(t)^{\dagger} Z_i \mathcal{O}(t) + \mathcal{O}(t)^{\dagger} Z_i^{\dagger} Z_i \mathcal{O}(t) \}$$

$$= 1 - \operatorname{Re} F(i,t), \tag{11}$$

The OTOC is more common than the OTO correlator in the literature, so this relationship is helpful when looking at papers that do use F(i,t), as we will in Sec. 4.1.

#### 2.3 Other measure of dynamics

Another useful measure of dynamics is the bipartite entanglement entropy S(i,t). Consider a spin chain, with the whole chain in a pure state. Cut the chain between site i and site i+1, so that there are now two subsystems, A and B, with states  $\rho_A$  and  $\rho_B$ , respectively. Define the entropy as

$$S(i,t) \equiv S(A) = -\operatorname{Tr} \rho_A \log \rho_A. \tag{12}$$

Since the whole system is in a pure state, we have

$$S(i,t) = S(A) = S(B). \tag{13}$$

Furthermore, since the chain is initially in a pure state, the initial entropy is initially

$$S(i,0) = 0, (14)$$

meaning there is an obvious background entropy level.

Entropy can only increase across a "cut" or "bond" when spins on either side become entangled with each other. This is the sense in which S(i,t) is a good measure of information spreading. Refs. [16–19] study the spreading of entanglement in spin systems. It is also possible to study the dynamics of higher Rényi entropies

$$S_n(A) = \frac{1}{1-n} \log \operatorname{Tr}(\rho_A)^n$$

$$\xrightarrow[n \to 1]{} - \operatorname{Tr} \rho_A \log \rho_A, \tag{15}$$

which differ in some ways from the n=1 case. Refs [20, 21] investigate higher Rényi in conserving circuits.

Lastly, it is possible to distinguish thermalizing systems from localizing ones without even studying their dynamics. One way is through the distribution of energy eigenvalues, which only works in systems that have Hamiltonians. The idea is that in the large-system limit, eigenvalues should be distributed with some statistics. Thermalizing systems follow Gaussian orthogonal ensemble (GOE) level statistics, while localized systems follow Poisson statistics [22]. One distinguishing factor is that thermalizing systems (and GOE statistics) obey level repulsion, where adjacent energies are unlikely to be close to degenerate.

With that distinction in mind, we start by taking all the eigenvalues  $E^i$  in ascending order, and defining the level spacing  $\delta^i = E^i - E^{i-1}$ . The ratio of adjacent gaps is [22]

$$r^{i} = \frac{\min\{\delta^{i}, \delta^{i+1}\}}{\max\{\delta^{i}, \delta^{i+1}\}}.$$

$$(16)$$

Uniformly distributed eigenvalues would result in  $r^i=1$ . We can then average over states i and also average over any disorder present in the model to obtain the average ratio, r. With perfect GOE statistics we would expect  $r\approx 0.53$ , while with perfect Poisson statistics we would expect  $r\approx 0.39$ .

Finite size systems will have some deviation from the expected values, but we can use r to watch a system transition from thermalizing to localized. An example [23] is the Heisenberg chain with a random field

$$H = \sum_{i} (X_i X_{i+1} + Y_i Y_{i+1} + X_i X_{i+1}) + \sum_{i} h_i Z_i,$$
(17)

with  $h_i$  drawn uniformly from [-h, h]. As h varies between 0.5 and 12.5, r approaches first 0.53 and then 0.39. In some ways this looks like a classical phase transition. There is an order parameter that undergoes an increasingly sharp transition as system size increases, approaching a step function. However, this transition is controlled by an external parameter, not by the temperature. In fact, the temperature in this model is infinite (given the unweighted average among energy eigenvalues). Furthermore, classical phase transitions rely on the concept of thermal equilibrium, but there is no such concept in localized models. This transition is called a quantum phase transition.

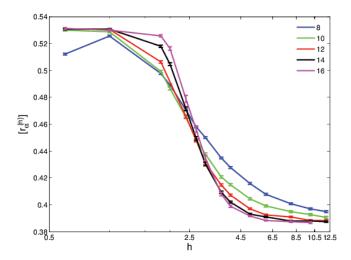


Figure 1: Quantum phase transition of the Heisenberg chain with random field of strength h. Note that the transition becomes sharper for higher L. Figure from [23].

## 3 Random unitary circuits and Floquet systems

In this essay we will be considering the dynamics of Hamiltonian systems, quantum circuits, and Floquet systems. We have already assumed the reader is familiar with the evolution of operators under Hamiltonian dynamics, but here we will introduce quantum circuits and Floquet systems. Both have unitary evolution, but are in some sense less structured than Hamiltonians. Recall that initial states will be product states.

#### 3.1 Random unitary circuits

Quantum circuits, unsurprisingly, are the quantum analogue of classical circuits. As unitarity is a constraint on quantum evolution, they are also called unitary circuits. They consist of successively applying unitary "gates" to local pairs or groups of sites. These gates are time evolution operators U(t',t). Because we are looking at the evolution of operators, we will make sure to always refer to the gates as gates, and reserve the word "operator" for the object that evolves in time.

The simplest example is the brickwork circuit, made of 2-site unitaries. Fig. 2 shows such a circuit. The even-odd nature of the gates suggests defining two sets of variables.  $(i, \tau)$  increase by 1 at each site and after each layer of the circuit. Their disadvantage is that at odd times, gates act between an odd site i and an even site i+1, while at even times the gates act between i and i-1. The other variables,  $(x,t)=(i/2,\tau/2)$ , are called the coarse grained variable. The term "coarse-graining" refers to the process of replacing  $(i,\tau)$  with (x,t), but can also refer to replacing these with continuous variables.

The "random" part of random unitary circuits come from the choice of gates at each site. Each gate will be chosen from the Haar measure, a measure that is invariant under translations of the group manifold of gates. Essentially this just means a uniform distribution. If the circuit is unconstrained, the Haar measure is over all gates. If we want to include some conservation law, we divide the space of gates into sectors based on the conserved quantity and choose Haar random gates within each sector. Sec. 5.2 describes this process in detail.

The statements in this essay will be true of values calculated after Haar averaging over

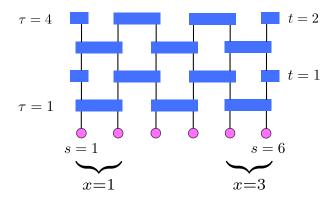


Figure 2: Brickwork architecture. In this figure s and  $\tau$  are the microscopic variables while x and t are the coarse-grained variables. The figure is useful as more than just a diagram of the architecture, as the lines represent contractions in the matrix product state formalism [24, 25]. In this formalism, the lack of lines within the initial state says that it is a product state. Figure from [13].

circuits. This means for example calculating an OTOC for many different circuit realizations and averaging. We will gloss over these complications, but details are included in Refs. [11–15]. But the result of the averaging is that we are able to extract some classical description of the evolution of the quantum objects. This is why circuits are a useful tool in the study of quantum dynamics. The purpose of Secs. 4 and 5 is to show that these classical descriptions match the behavior of the physical systems the circuits are supposed to approximate.

#### 3.2 Floquet systems

In the next section we will discuss systems with no conservation laws. It would be nice to define the systems by their Hamiltonians, but any system with a Hamiltonian conserves energy. As discussed above, random circuits need not have any conserved quantities at all. How then can we compare them to any sort of Hamiltonian system?

The resolution lies in Floquet systems. In this branch of systems, there is a succession of Hamiltonians applied, each for a set amount of time. For example, if we "turn on" Hamiltonian  $H_1$  for time T/2 and then  $H_2$  for T/2, then the Floquet unitary time evolution operator for one whole period of time T is

$$U_F(T) = U_2\left(\frac{T}{2}\right) U_1\left(\frac{T}{2}\right) = e^{-i\frac{T}{2}H_2}e^{-i\frac{T}{2}H_1}.$$
 (18)

For t = nT with  $n \in \mathbb{Z}$ , the time evolution operator is  $U(t) = U^n(T)$ , while for noninteger multiples of T it is more complicated. Hamiltonian and Floquet system are collectively referred to as *physical systems*.

One example, from Refs. [11, 12], has partial Hamiltonians

$$H_x = \sum_i g\Gamma X_j,$$

$$H_z = \sum_i \left[ Z_i Z_{i+1} + (h + g\sqrt{1 - \Gamma^2} G_i) Z_i \right],$$
(19)

where  $G_i$  are independent Gaussian random variables. We will use the parameters (g, h, T) = (0.9045, 0.8090, 0.8) throughout. Note that as  $\Gamma \to 1$  this approaches the kicked Ising model,

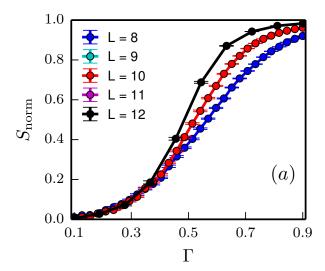


Figure 3: Dynamical phase transition of the  $\Gamma$  model, showing the level statistics parameter. At  $\Gamma = 1$  this is the (thermalizing) kicked Ising model, while at  $\Gamma = 0$  this is a localized time-independent Hamiltonian. Figure from [12].

which thermalizes. As  $\Gamma \to 1$ , this model becomes equivalent to the time-independent Hamiltonian  $H = \sum_i [Z_i Z_{i+1} + h_i Z_i]$  with random field  $h_i$ , which is localized. For lack of a better term we will call Eq. 19 the  $\Gamma$  model.

As in the previous section, we can study the transition between the localized and thermalizing phases by varying a parameter of the model, in this case  $\Gamma$ . Fig. 3 demonstrates the transition, using the level statistics parameter r discussed previously. In the thermalizing phase the energies should follow GOE statistics with  $r \approx 0.53$ , while in the localizing phase the energies are Poisson distributed with  $r \approx 0.39$ . The dashed lines in Fig. 3 show these values. The transition becomes sharper for increasing L, as one would expect. The suggestion is that the transition is singular in the thermodynamic limit. In Sec. 4.1 we will study this model at  $\Gamma = .85$ , deep in the thermalizing phase.

## 4 Thermalization in systems with no conservation laws

We are now ready to measure the dynamics of some of the systems we introduced. As alluded to previously, conservation laws are central to the definition of fractonic systems. Their presence also results in qualitatively different behavior in both physical systems and circuits. Thus we will start with physical systems and circuit models without any conservation laws. Initially we will explore the phenomenology of such Floquet models. Then, we will come up with an analytic model for unconstrained circuits, and show that this analytic model predicts similar behavior. We will also confirm this numerically.

#### 4.1 Floquet systems with no conservation laws

As shown previously, the  $\Gamma$  model with  $\Gamma = 0.85$  is deep within the thermalizing phase. It also has no conservation laws. Ref. [11] studied the OTO correlator of an initially local operator in this model. Recall that whereas thermalization is associated with a growing OTOC, it is associated with a decaying OTO correlator (Eq. 11)

The key point is the exponential dependence of the OTO correlator. Fig. 4 shows the

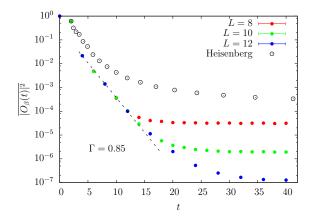


Figure 4: Exponential decay of the OTO correlator in a thermalizing Floquet model with no conserved charges. For increasing system size, the decay continues to be exponential for a longer time before saturating. For comparison, the black circles show the non-exponential decay of a Hamiltonian system. This decay is power-law, and will be discussed in the following section. Figure from [11].

exponential decay of the OTO correlator at constant i for various system sizes. Finite size effects cause the OTO correlator to saturate and therefore deviate from exponential behavior at late time. However, the figure shows that this happens later for larger L, suggesting that the exponential decay continues for an arbitrarily long time for large enough L.

Ref. [13] cranks  $\Gamma$  all the way to 1, to study the kicked Ising model. It goes beyond the early-time exponential dependence to study the saturation. The quantity under inspection is now the OTOC rather than the OTO correlator, so it should start at 0 and saturate to 1. There is also a focus on the operator right- and left-weights,  $\rho_L$  and  $\rho_R$ .

Fig. 8 shows the qualitative behavior of the right weight and OTOC. Although it is for the quantum circuit, the qualitative behavior is the same (that's the whole point of this essay). At each site, exponential growth of both  $\rho_R$  and the OTOC begins when the site enters the light cone. Exponential growth continues until the front reaches the site, at which point  $\rho_R$  peaks and the OTOC begins to saturate. Just as in the  $\Gamma$  model, the OTOC approaches its asymptotic value exponentially. Figs. 8(a) and (b) can be thought of as horizontal slices though Fig. 8(c). To compare with Fig. 4, imagine a vertical slice through 8(c), with t = 0 occurring at the position of the light cone. The presence of a lightcone in the circuit means that, at site i, we should replace t = 0 from the Floquet model with  $t = iv_B$  in the circuit.

The behavior of the right weight is that the front propagates linearly at a velocity called the butterfly velocity,  $v_B$ . Consider  $\rho(i,t)$ . For  $t << v_B i$ , the spreading operator has not yet reached i and  $\rho(i,t)$  is small. As the peak passes site i, a significant number of Pauli strings in the operator end on i. In the future, most strings end after i so  $\rho_R(i)$  is again small. For a given t,  $\rho_R(i)$  peaks at  $i = v_B t$ . This peak broadens as it travels, with a width  $\sim t^{\alpha}$  [13]. Fig. 5 shows that  $\alpha \approx .5$ , so that the peaks spread with  $\sqrt{t}$ . This will be another test of our quantum circuits.

#### 4.2 Circuits with no conservation laws

The simplest circuit to design would have 2-site gates and no constraints on gate choice. Such a circuit has the same architecture as Fig. 2, with each gate chosen from the Haar measure over all possible gates. Our goal is to find the dynamics of  $\rho_R(i,t)$  under the action of the full

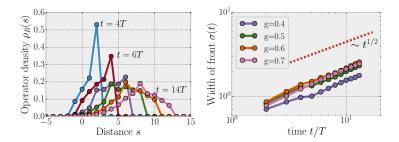


Figure 5: Spreading of peaks in the kicked Ising model [13].

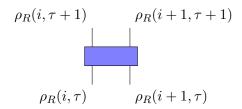


Figure 6: Diagram of the operator weights before and after the application of the gate. Values at  $\tau + 1$  are calculated in the text.

circuit, and our analysis will follow [13]. The first step in doing so is to calculate the dynamics of  $\rho_R$  under a single gate.

We want to calculate  $\rho_R(i, \tau + 1)$  and  $\rho_R(i + 1, \tau + 1)$  (Fig. 6). It should be clear that these quantities only depend on  $\rho_R(i, \tau)$  and  $\rho_R(i + 1, \tau)$ . Looking at  $\rho_R(i, \tau)$  and  $\rho_R(i + 1, \tau)$  is equivalent to looking only at Pauli strings which are I on all sites past i+1 but are non-identity on either i or i+1 (or both). This leaves us with  $q^4-1$  two-site operators to consider. The Haar random gate transforms any of these operators to any other with equal probability [28], regardless of whether the initial operator was an identity on site i+1. For this reason the final values only depend on  $\rho_R(i,\tau) + \rho_R(i+1,\tau)$ .

Of the  $q^4+1$  final operators,  $q^2-1$  are the identity on site i+1. These operators contribute to  $\rho_R(i,\tau+1)$ , while the rest contribute to  $\rho_R(i+1,\tau+1)$ . In other words the weight moves to site i with probability  $p_{\text{back}}=\frac{q^2-1}{q^4-1}=\frac{1}{q^2+1}$  or moves forward with probability  $p\equiv 1-p_{\text{back}}=\frac{q^2}{q^2+1}$ . Thus

$$\rho_R(i, \tau + 1) = (1 - p) \left[ \rho_R(i, \tau) + \rho_R(i + 1, \tau) \right],$$

$$\rho_R(i + 1, \tau + 1) = p \left[ \rho_R(i, \tau) + \rho_R(i + 1, \tau) \right].$$
(20)

This is true at each individual gate. If there were a gate at each site at each time, this would be the final word. However, since the dynamics will only be periodic in every two layers of the circuit, we must calculate the dynamics for two layers to get the whole picture.

To do so, we will define some dense but useful notation. Since the sum of weights at consecutive sites is important, we will abbreviate it as

$$\tilde{\rho}_R(i,\tau) \equiv \rho_R(i,\tau) + \rho_R(i+1,\tau). \tag{21}$$

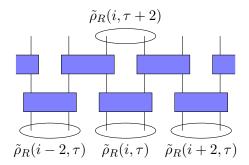


Figure 7: Operator weights after two layers of the circuit.

We will want to find  $\tilde{\rho}_R(i,\tau+2)$ . To do so we find

$$\rho_{R}(i-1,\tau+1) = p\tilde{\rho}_{R}(i-2,\tau), 
\rho_{R}(i,\tau+1) = (1-p)\tilde{\rho}_{R}(i,\tau), 
\rho_{R}(i+1,\tau+1) = p\tilde{\rho}_{R}(i,\tau), 
\rho_{R}(i+2,\tau+1) = (1-p)\tilde{\rho}_{R}(i+2,\tau).$$
(22)

Similar calculation at time  $\tau + 2$  result in

$$\rho_R(i,\tau+2) = p^2 \tilde{\rho}_R(1-2,\tau) + p(1-p)\tilde{\rho}_R(i,\tau), 
\rho_R(i+1,\tau+2) = p(1-p)\tilde{\rho}_R(i,\tau) + (1-p)^2 \tilde{\rho}_R(i+2,\tau), 
\tilde{\rho}_R(i,\tau+1) = p^2 \tilde{\rho}_R(i-2,\tau) + 2p(1-p)\tilde{\rho}_R(i,\tau) + (1-p)^2 \tilde{\rho}_R(i+2,\tau).$$
(23)

Fig. 7 shows a diagram containing these values.

The fact that  $i \pm 1$  and  $\tau \pm 1$  do not appear in Eq. 23 demonstrates the usefulness of the coarse-grained variables, defined in Fig. 2. Switching to those variable and dropping the tilde, Eq 23 becomes

$$\rho_R(x,t+1) = p^2 \rho_R(x-1,t) + 2p(1-p)\rho_R(x,t) + (1-p)^2 \rho_R(x+1,t), \tag{24}$$

which is the equation for a biased random walk that steps to the right with probability  $p^2$  and to the left with probability  $(1-p)^2$ , otherwise staying at the same site.

Therefore, for any operator initially local at position  $x_0$ ,  $\rho_R$  spreads linearly with a front located near position  $x = x_0 + v_B t$ . The front spreads diffusively as  $\langle x^2 \rangle - \langle x \rangle^2 = 2Dt$  [13]. The values are

$$v_B = p^2 - (1 - p)^2 = \frac{q^2 - 1}{q^2 + 1},$$

$$D = \sqrt{1 - v_B^2} / 4 = \frac{q/2}{q^2 + 1}.$$
(25)

These results, which are calculated in App. A, can be summarized in Fig. 8. As an interesting aside, note that in the large q limit the front does not diffuse and  $v_B = 1$ , the lightcone velocity [14].

The full solution to (24) is [13]

$$\rho_R(x,t) = \frac{q^{2(x+t)}}{(1+q^2)^{2t}} \binom{2t}{t+x}.$$
(26)

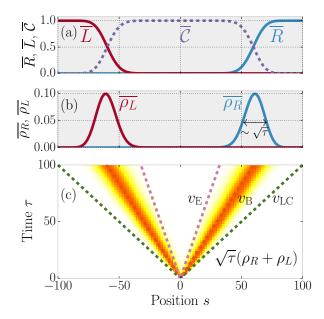


Figure 8: Spreading of an initially local operator under a quantum circuit with no conservation laws. The right-weight peak travels at velocity  $v_B$  and widens in time. As it widens its height decreases, explaining the factor of  $\sqrt{t}$  in (c). As the  $\rho_R(i,t)$  passes a site, C(i,t) approaches its asymptotic value. Figure from [13].

In the limit  $t \to \infty$ ,

$$\rho_R(x,t) \approx \frac{q^{2(x+t)}}{(1+q^2)^{2t}} \frac{1}{\sqrt{\pi t}} 4^t = \frac{q^{2x}}{\sqrt{\pi t}} \left(\frac{2q}{1+q^2}\right)^{2t}.$$
 (27)

Ref. [13] shows that this quantity is related to the OTOC, and the exponential dependence on t explains the exponential relaxation to its equilibrium value. It might seem counterintuitive that the exponential behavior is at late time in this system while it was at early time in the Floquet model. This is due to the presence of the light cone, which pushes behavior to be later in the circuit.

The important features that we can match to the behavior of the Floquet model are the exponential growth in the OTOC at late time and the behavior of the front of the spreading operator. As in the kicked Ising model, we have shown that the front moves linearly. The front has a width  $\sim \sqrt{Dt}$ , which is to say  $\alpha = 0.5$ 

## 5 Thermalization in systems with conservation laws

Introducing conserved charges to our systems slows down their dynamics. In this section we will see how this process occurs, in both physical systems and quantum circuits. It is straightforward to introduce conserved charges to the circuits by restricting to gates that satisfy some conservation law. For the physical systems we have two ways to proceed. We can either consider Floquet systems with conservation laws, or systems with time-independent Hamiltonians (with or without further conservation laws).

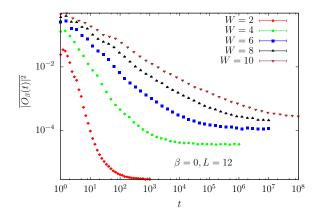


Figure 9: OTO correlator in the Heisenberg chain Hamiltonian (28) with random fields of varying strength. Compared to Fig. 4, note the power-law dependence of the OTO correlator prior to saturation. Figure from [11].

#### 5.1 Physical systems with conserved quantities

The first Hamiltonian system we will study, from Ref. [11], is the Heisenberg chain with a random field. The Hamiltonian is

$$H = \sum_{i} (X_i X_{i+1} + Y_i Y_{i+1} + X_i X_{i+1}) + \sum_{i} h_i Z_i,$$
(28)

where  $h_i$  are drawn from a uniform distribution on [-W, W] (the new notation is only to match Ref. [11]). This conserves  $Z_{\text{tot}} = \sum_i Z_i$ . Fig 9 shows the decay of the OTO correlator at a constant site for various W. Like in the case with no conservation laws, the OTO correlator saturates to a late-time value due to finite-size effects. However, the OTO correlator approaches this value as a power-law, not exponentially. This is our first hint that the dynamics is qualitatively different.

We can also introduce conserved charges to Floquet systems by ensuring that both partial Hamiltonians in the model obey some conservation law. Ref. [15] studies a model with time evolution operator

$$U_F(T) = e^{i\frac{T}{2}H_z} e^{i\frac{T}{2}H_{xy}}, (29)$$

where

$$H_z = J_z \sum_{i} Z_i Z_{i+1},$$

$$H_{xy} = J_{xy} \sum_{i} [X_i X_{i+1} + Y_i Y_{i+1}],$$
(30)

which similarly conserves  $Z_{\text{tot}}$ .

Here, we can look at the behavior of the right-weight. Operators still have fronts that propagate at  $v_B$  and spread diffusively in time. However, unlike in the previous systems, not all weight is in the front. See the shape of the operators in Fig. 10. There is a lump that remains at the origin, before fully diffusing at late time. Thus, the features we will be looking for in circuits with conserved quantities are the power-law dependence of the OTO correlator/OTOC and the stationary lump in the right weight.

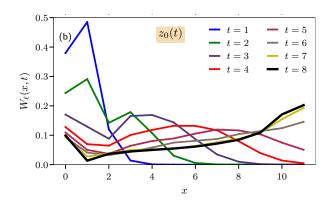


Figure 10: Right weight for an operator spreading under (29. Notice the small lump at the origin, which is not present in unconstrained systems. This lump eventually diffuses, so the system is not localized. Figure from [15].

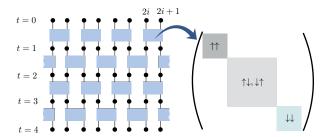


Figure 11: A quantum circuit constrained to conserve  $Z_{\text{tot}}$ . The three blocks are of dimension  $q^2 \times q^2$ ,  $2q^2 \times 2q^2$ , and  $q^2 \times q^2$ . Figure from [15].

#### 5.2 Constrained circuits and conserved operators

A simple conservation law to introduce to quantum circuits is conservation of total Z. We simply have to constrain the 2-site gates to conserve  $Z_{\text{tot}}$  for the two sites on which it acts.  $Z_{\text{tot}}$  is then our conserved charge, with charge density  $Z_i$ . We will use spin- $\frac{1}{2}$  sites, so gates will be in the  $\{\uparrow\uparrow\} \to \{\uparrow\uparrow\}, \{\downarrow\downarrow\} \to \{\downarrow\downarrow\}, \text{ or } \{\uparrow\downarrow,\downarrow\uparrow\} \to \{\uparrow\downarrow,\downarrow\uparrow\} \text{ sectors.}$  We will refer to these as the Z=1, Z=0, and Z=-1 sectors, of dimension 1, 4, and 1, respectively. The matrix representations of gates will be  $4\times 4$  matrices made up of three block matrices, one for each sector, as in Fig 11.

Like in the unconstrained circuit, we want to have an on-site dimension q that we can use to vary the behavior of the circuit. It would also be nice to preserve the block structure of the gates as we vary q, which would not be possible if we replace the spin- $\frac{1}{2}$  sites with higher spin. We can satisfy both of these requests by instead replacing the spins with a tensor product between a spin- $\frac{1}{2}$  degree of freedom and an unconstrained q-dimensional qudit. We do not constrain the gates' action on the qudits. This leaves us with  $4q^2 \times 4q^2$  block-diagonal gates, with blocks of size  $q^2 \times q^2$ ,  $2q^2 \times 2q^2$ , and  $q^2 \times q^2$  (Fig. 11).

The next step is to define a basis for our operators. On the qudit, we will continue to use an abstract Pauli basis  $\Sigma_i^{\nu}$ ,  $\nu=0,\ldots,q^2-1$ . On the qubit, instead of the usual Pauli operators, we will use the basis [15]

$$\{\sigma_i^{\mu=0,1,2,3}\} \equiv \{I_i, R_i, L_i, Z_i\} = \{I_i, \frac{\sigma_i^+}{\sqrt{2}}, \frac{\sigma_i^-}{\sqrt{2}}, \sigma_i^z\}$$
(31)

We have chosen  $\sigma_i^1, \sigma_i^2$  to be normalized raising/lowering operators, or equivalently charge cre-

ation/annihilation operators. On a single site i, the basis operator on the whole Hilbert space acts on both the qubit and the qudit,  $B_i^{\mu\nu} \equiv \sigma_i^{\mu} \otimes \Sigma_i^{\nu}$ . We will write these as  $(I\Sigma^{\nu})_i$ ,  $(Z\Sigma^{\nu})_i$ , etc. The basis strings will be of the form  $\mathcal{S} = \bigotimes_i B_i^{\mu_i \nu_i}$ .

Some operators are special because they measure the conserved charge. The local charge density is  $Z_i = (ZI)_i$ , while the total charge is  $Z_{\text{tot}} = \sum_i (ZI)_i$ . Charge conservation is written as

$$Z_{\text{tot}}(t) = U(t)^{\dagger} Z_{\text{tot}}(0) U(t) = Z_{\text{tot}}(0),$$
 (32)

where U(t) is the combined action of the entire circuit.

Along the way to defining the right-weight, we defined the operator amplitude

$$a_{\mathcal{S}}(t) = \frac{1}{q^L} \operatorname{Tr}\{\mathcal{O}(t)\mathcal{S}\}, \quad \sum_{S} |a_{\mathcal{S}}|^2 = 1,$$
 (33)

with the latter equality imposed by unitarity. For the new conserved charge we can define the conserved operator amplitude,

$$a_i^c(t) = \frac{1}{(2q)^L} \operatorname{Tr} \{ \mathcal{O}(t)(ZI)_i \}. \tag{34}$$

The conservation law (32) is then equivalent to

$$\sum_{i} a_i^c(t) = \sum_{i} a_i^c(0). \tag{35}$$

Note that Eq. 35 conserves amplitudes, while Eq. 33 conserves weights. Later, we will also want to refer to the conserved and nonconserved right-weights,

$$\rho^{c}(i,t) = |a_{i}^{c}(t)|^{2}, \quad \rho_{R}^{nc}(i,t) = \rho_{R}(i,t) - \rho^{c}(i,t). \tag{36}$$

#### 5.3 Operator spreading in conserving circuits

We are now ready to discuss the spreading of operators. We will consider the operator  $(ZI)_0$  where i=0 is the middle of a long chain. There will be three behaviors extracted from our model: diffusion of the conserved operators (forming a "lump"), ballistic propagation of the "front" of nonconserved operators, and a power-law "tail" of nonconserved operators behind the front. Fig. 12 illustrates these three regimes.

We'll start with the conserved operators. The effect of a Haar random unitary acting on sites i and i + 1 is to average the conserved amplitudes, so that

$$a_i^c(t+1) = a_{i+1}^c(t+1) = \frac{a_i^c(t) + a_{i+1}^c(t)}{2},$$
(37)

where equality holds after Haar averaging.<sup>2</sup> After coarse graining  $i \to x$ , in the  $x, \to \infty$  limit, this behavior results in

$$a^{c}(x,t) = \sqrt{\frac{1}{2\pi t}}e^{-\frac{x^{2}}{2t}},$$
(38)

<sup>&</sup>lt;sup>2</sup>We will we be cavalier about our Haar averaging. For exact statements see Ref. [15].

which is a diffusing lump with drift velocity  $v_c = 0$  and diffusion constant  $D_c = \frac{1}{2}$ . Once again see App. A for calculations. Therefore the total weight on conserved operators falls over time,

$$\rho_{\text{tot}}^c(t) \simeq \int dx \ |a^c(x,t)| = \int dx \, \frac{1}{2\pi t} e^{-x^2/t} = \frac{1}{2\sqrt{\pi t}},$$
(39)

with power-law dependence.

If  $\rho^c$  is decreasing, then  $\rho^{\rm nc}$  must be increasing. The effect of Eq. 37 is to decrease  $\rho^c(i,t)$  by

$$\delta \rho_i^c(t) = -\frac{(a_i^c(t) - a_{i+1}^c(t))^2}{2}. (40)$$

Since total weight must be conserved, all of this weight gets shuffled into nonconserved operators. But we know how nonconserved operators spread! In fact, we can simply use the analysis of the previous section to say that there is a front that travels at  $v_B$ , broadening diffusively with width  $\sim \sqrt{D_\rho t} \sim \sqrt{t/q^2}$ . In the large q limit, the diffusivity vanishes and therefore the front has zero width.

If there were no remaining lump at the origin, our description of the front would be complete. However, even at late time the lump of conserved operators is emitting nonconerved operators. These operators form a tail lagging behind the front. Since the lump shrinks as a power law in time and all nonconserved operators travel at  $\sim v_B$ , the tail has a power-law shape in space. In fact, at time t and position x, with x well separated from the origin and from  $v_B t$ , the majority of  $\rho_R^{\rm nc}(x,t)$  comes from operators emitted from the lump at time  $t-x/v_B$ . If the lump is far away, it can be approximated by a point source with all weight at the origin, emitting nonconserved operators proportional to the decrease in  $\rho_{\rm tot}^c$ . So,

$$\rho_R^{\rm nc}(x,t) \sim \frac{\partial \rho_{\rm tot}^c(t - x/v_B)}{\partial t} \sim \frac{1}{(t - x/v_B)^{3/2}}.$$
(41)

The fact that the spatial exponent  $-\frac{3}{2}$  is equal to  $-\frac{1}{2}-1$ , where  $-\frac{1}{2}$  is the time exponent of the decrease of  $\rho_{\text{tot}}^c$ , will be useful in our analysis of the fracton circuit.

Since this analysis became abstract rather quickly, Fig. 12 shows the qualitative pictures for operators spreading. It includes the large q (ideal) behavior for conserving and nonconserving circuits and also shows how finite q affects these values. The first subfigure shows the lump, front, and tail, while some or all of those features are absent in other systems.

Now that we have fully described the operator spreading for conserving circuits, we are ready to explain the power-law dependence of the OTO correlator in Sec 5.1, though we will use the language of the OTOC. Once the operator front is far past x ( $v_B t >> |x| + \sqrt{D_\rho t}$ ), most strings that have spread past x look random, so they contribute to the equilibrium value of the OTOC,<sup>3</sup> which is 1. The deviation from the equilibrium value can only be due to operators that have not yet reached x at time t, so they must have been at the origin at time  $t' = t - x/v_B$ . The only operators at the origin are the conserved operators, so using (37) we have

$$1 - C(x,t) = \rho_{\text{tot}}^c(t - x/v_B) = \frac{1}{2\sqrt{\pi(t - x/v_B)}}.$$
 (42)

Since the OTOC and the OTO correlator are linearly related (11), this explains the power-law dependence in Sec 5.1.

The material so far has introduced all of the dynamics-based material we will need to understand fractonic circuits, but we haven't covered fractons yet! We'll take a brief tour into the physics of fractons before circling back to see how we can understand localization in fractonic circuits using our previous analysis of thermalizing circuits.

<sup>&</sup>lt;sup>3</sup>This is a simplification. See [15] for details

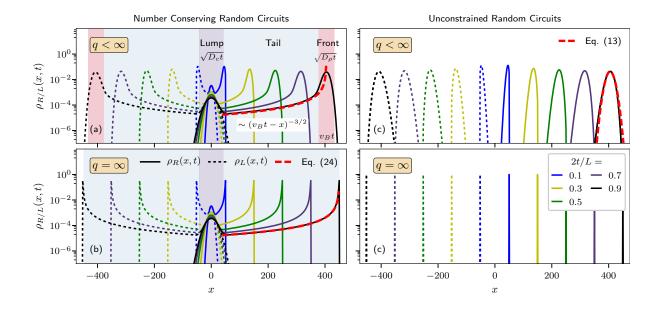


Figure 12: Comparison of circuits with and without conservation laws, at finite and infinite q. Each solid line is a right-weight and each dashed line (except red) is a left-weight. (a): the vertical shading corresponds to the three parts of the operator at 2t/L = 0.9, the lump, the tail, and the front. The lump consists of conserved operators and broadens diffusively. The front consists of nonconserved operators emitted at early time and travels ballistically. The tail consists of nonconserved operators emitted at later time and has approximate power-law behavior  $\sim (v_B t - |x|)^{-3/2}$  (shown by the red dashed line). (b): In the large q limit, the front has width = 0 and does not broaden at all (just as in the nonconserving circuit). (c,d): In the nonconserving circuit there are no conserved operators and therefore no central lump. Since the power-law tail is emitted by the lump, there is no such tail in this case either. The only structure is broadening front. As discussed previously, the front does not broaden in the large q limit. Figure from [15].

### 6 Localization in fractonic circuits

We want to find circuits that localize. It would be trivial to make a circuit that does not allow certain quantities to spread. For example, we could only include 2-site gates in the  $\{\uparrow\uparrow\} \rightarrow \{\uparrow\uparrow\}$  and  $\{\downarrow\downarrow\} \rightarrow \{\downarrow\downarrow\}$  sectors. Then the charge would never spread. However it would be far more interesting to find a circuit that does allow such spreading, where some charge still has not spread at late time.

Conservation laws slowed the dynamics, so maybe it is not too surprising that there is a class of conservation laws that can stop spreading in some cases, leading to localization. One such conservation law is conservation of higher moments of charge, such as dipole strength. Systems with such conservation laws are called fractonic systems.

We will start by arguing why higher moment conservation laws lead to localization, and briefly introduce some of the recent literature involving fractons. We will then analyze a fractonic circuit. Our plan in this section will be slightly different than in the previous two. We will first calculate analytic behavior of the fractonic circuits and then show numerical simulation of the circuit itself, to show that it matches the expected behavior.

#### 6.1 Fractonic systems

The defining feature of fractons is the conservation of higher moments of a conserved charge, such as dipole strength. The conservation of dipole moment means that an isolated charge cannot move without creating an isolated dipole somewhere else, which costs energy. Thus, single charges (also called fractons) are immobile in the low-energy limit. This seems like a promising place to look for localization. Although the charges are immobile, isolated dipoles are free to move. Their only constraint is that their total number must be conserved (modulo the movement of fractons). This is the same constraint that charge had in the conserving circuit. We will see that dipoles behave similar to to the way charges acted in that circuit.

Ref. [29] is a broader introduction to fractons. One path toward the creation of fractons is gauge field theory, specifically one with a symmetric tensor gauge. This is as opposed to a vector gauge, which naturally conserves charge. Although this essay does not require tensor gauge theory, it is common to see in the literature. Appendix B has a brief outline of this approach, which also has interesting connections to branches of physics ranging from elasticity to gravity [30, 31]. In addition to the fractons that arise through tensor gauge field theory, which are massless, it is possible to create massive fractons using exactly solvable lattice spin models. These models include the X-cube model and Haah's code [32, 33].

The remainder of this section is based on the work in [1]. We will construct a circuit with manifest fractonic conservation laws, so we do not need to worry about construction of physical fractonic systems.

#### 6.2 Construction of fractonic circuits

In order to construct our fractonic circuits, we need to define charges. The naive solution would be to use a spin- $\frac{1}{2}$  system, with spin-up being positive charge and spin-down being negative (similar to the conserving circuits studied previously). However, it is much simpler to define dipoles if there is a neutral background, which does not exist for spin- $\frac{1}{2}$  systems. Instead, we can use a chain of spin-1 sites. The  $Z_i=1$  state will be a positive charge, the  $Z_i=-1$  state a negative charge, and the  $Z_i=0$  state neutral. We will write these states as +, -, and 0, respectively.

Net charge	3-qudit gates	4-qudit gates
+2		$+00+\leftrightarrow0+0$
		$0 + 0 + \leftrightarrow + - + +$
		$+ 0 + 0 \leftrightarrow + + - +$
+1	$+-+\leftrightarrow 0+0$	$0 + 0 0 \leftrightarrow + - + 0 \leftrightarrow + 0 - +$
		$0 0 + 0 \leftrightarrow + - 0 + \leftrightarrow 0 + - +$
		$+\ 0\ 0\ 0 \leftrightarrow 0\ +\ +\ -$
		$0\ 0\ 0\ +\leftrightarrow -\ +\ +\ 0$
		$- + 0 + \leftrightarrow 0 - + +$
		$+ + - 0 \leftrightarrow + 0 + -$
0	$- + 0 \leftrightarrow 0 - +$	$0\ 0\ 0\ 0 \leftrightarrow +\ -\ -\ + \leftrightarrow -\ +\ +\ -$
		$- + 00 \leftrightarrow 0 - + 0 \leftrightarrow 00 - +$
		$+$ $ 0$ $0 \leftrightarrow 0$ $+$ $ 0 \leftrightarrow 0$ $0$ $+$ $-$
		$+ 0 - 0 \leftrightarrow 0 + 0 -$
		$0 + 0 - \leftrightarrow + - + -$

Table 1: Allowed transitions in 3- and 4-site gates, sorted by total charge of the underlying states. Their are additional charge-0 transitions that can be found by swapping  $+ \leftrightarrow -$  for the 2-state transitions. Furthermore each positive charge transitions have corresponding negative charge transitions found by swapping  $+ \leftrightarrow -$ . Figure from [1].

Now we need to impose the conservation laws. Charge conservation is equivalent to conservation of  $Z_{\text{tot}}$ , so that's easy. In order to impose dipole conservation, we just need to make sure that each of our gates individually conserves dipole. However, that poses a problem because there are no non-trivial 2-site gates that conserve dipole. The solution is to consider 3-site unitary gates (or larger).

This gate set is still very restricted. Consider the initial state +-0. The only possible gates that conserve both Q and P are the identity and the gate  $+-0 \leftrightarrow 0+-$ . The gate is defined by its action on states, with the assumption that it acts as the identity on all other states. A list of allowed gates is shown in Table 1. Note that there are very few 3-site gates. This raises concerns that the small number of gates affects the behavior of the circuit. We can allow more gates by having the gates each act on more sites, as in Table 1. Ref. [1] repeats their calculations for various size gates and finds the same results, so the number of allowed gates is not an issue.

Now that we have 3-site gates, there is one last complication to sort out, which is the placement of the gates. We cannot use the simple alternating structure of Fig .2. Instead, Ref. [1] uses an asymmetric structure, shown in Fig. 13. This architecture results in asymmetric lightcone velocities, but we will only look at spreading in one direction, so that will not be an issue.

#### 6.3 Behavior of fracton charge

The first question is simply whether the charges are localized. Ref. [1] starts with a state (not an operator) that has a single charge. Recall that positive charge is represented by the +1 eigenstate of Z. Therefore the state with an initially local fracton is one where  $\langle Z_i \rangle = 0$  for all i, except for one site j where  $\langle Z_j \rangle = 1$ . We will choose j = 3. The evolution of  $\langle Z_i \rangle$  (t) is shown in Fig 14. The asymptotic value of  $\langle Z_3 \rangle$  appears to be  $\sim 0.4$ , so some of the charge does flow. This is a numerical simulation so the results cannot be extended to infinite time, but there does not appear to be significant change between t = 200 and t = 16.

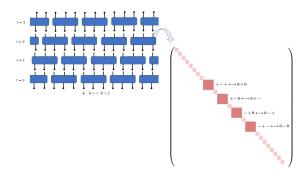


Figure 13: Architecture of the 3-site gate circuit. Each gate is a matrix of the form on the right, where each square is independently chosen from the applicable Haar distribution. The matrix is very sparse, corresponding to the small number of possible transitions. There are 4, as in Tab. 1 after adding the negative charge states. Figure from [1].

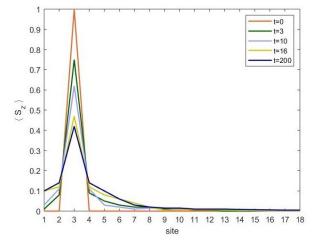


Figure 14: Fracton charge density over time. Note that the fracton peak is not significantly lower at t = 200 than at t = 16. Figure from [1]

Since we cannot perfectly demonstrate the localization of charge out to  $t=\infty$ , we will make more predictions of the behavior of the fractons in continuous time and space before showing that they match numeric simulations for a fractonic quantum circuit with discrete time and space. In Sec 6.4 we predict operator spreading behavior and show that the numerics match the predictions. Hopefully the combined analysis convinces the reader that the circuits truly manifest localization.

Start by recalling that fractons (charges) are indeed mobile, but dipole conservation requires that the movement of a fracton is paired with the creation of a dipole. These dipoles are then free to move, and in fact they diffuse randomly (App. A discusses diffusion processes). Say the fracton, with unit negative charge, starts at the origin, and call its position R. This necessitates the creation of dipoles with total magnitude R. Since we are in d=1, quantities like position and dipole strength will be scalars.<sup>4</sup>

Consider the creation of a single dipole of magnitude R. In d=1, a random walk returns to the origin in time  $\sim D$ . When the dipole returns to the location of the fracton, the fracton reabsorbs the dipole, returning to the origin. Thus in d=1 the fracton stays near the origin, constantly emitting and reabsorbing dipoles. We can think of this situation as a diffusing dipole field, with the fracton acting as a source and sink. This results in the equation

$$\frac{\partial \eta}{\partial t}(x) = D \frac{\partial^2 \eta(x)}{\partial x^2} + \frac{dR}{dt} \delta(x - R),\tag{43}$$

where  $\eta$  is the local dipole density.

If initially the fracton is at the origin and no dipoles are present, then the total dipole required to balance out the charge is  $\tilde{\eta} = R$ . The dipole density at the location of the fracton is  $\eta = \tilde{\eta}/\xi$ . Thus the fracton equation of motion is

$$\frac{dR}{dt} = -\eta(R) + A(t) \tag{44}$$

$$= \frac{-R}{\sqrt{\pi}DC} + A(t),\tag{45}$$

where A(t) is a random force satisfying  $\langle A(t)A(t')\rangle = 2T\delta(t-t')$ . This is a Langavin equation [34]. The probability distribution for the fracton to be distance R from the origin has solution

$$P(R) \sim \exp\left(\frac{R^2}{2\sqrt{\pi}DCT}\right),$$
 (46)

where T is the strength of the random force.

There are two useful prediction from (46). The first is that the tails of fracton density away from the origin (but within the operator spreading front) should take the form of Eq. 46 at late time. Second, as in Eq. 46, the correlation length of fracton density should scale as  $\xi_{\rm fracton} \sim \sqrt{DT}$  as the diffusion constant and force strength change.

To verify these predictions, we once again evolve a state that initially has a single charge on site i = 3. Then we just have to show that at late time  $\langle Z_i \rangle \sim \exp(R^2/2\sqrt{\pi}DCT)$ , |i - 3| = R. In Fig. 15 we show a plot of charge density at large t. The exponential dependence means that we can not distinguish between  $\exp(-x^2)$  and  $\exp(-x)$ , so we count the first prediction as a maybe.

The second prediction also depends on the spreading of charge in a single fracton state. Here, however, we have to be able to change the diffusion constant D and random force T. We

 $<sup>^4</sup>$ We will only analyze d=1 systems, but Ref. [1] includes calculations for general d.

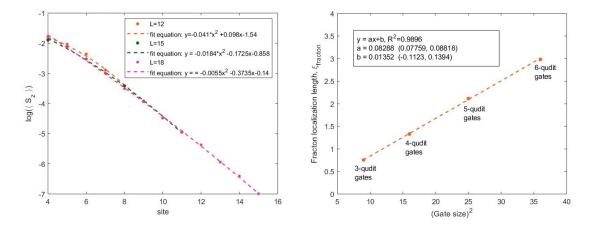


Figure 15: Left: Charge density at late times. If  $\langle Z_i \rangle \sim \exp(-x^2)$ , then this curve should be quadratic. It cannot be distinguished from a linear function, but the quadratic dependence is not ruled out. Right: Dependence of  $\xi_{\text{fracton}}$  on gate size. This plot more strongly confirms the second prediction of Sec. 6.3.

don't have many parameters left to vary in our system (the circuit is minimally structured) except for gate size. Ref. [1] shows that both D and T scale as (gate size)<sup>2</sup>, so the second prediction reduces to

$$\xi_{\text{fracton}} \sim \sqrt{DT} \sim (\text{gate size})^2.$$
 (47)

 $\xi_{\text{fracton}}$  can be extracted from the late-time charge density, as the half width at half maximum of the charge density peak. Fig. 15 also shows this relationship, confirming this prediction.

#### 6.4 Operator spreading in fracton circuits

We once again start by looking at basic localization. That can be shown by starting with an initially local fracton operator (not state) and calculating its evolution. The chosen operator is IZIII..., where the only non-identity operator is on site 2. Recall that these are spin-1 systems, so

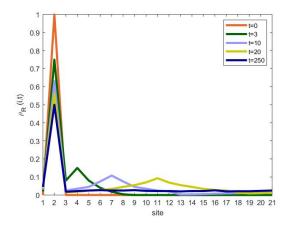
$$Z = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}. \tag{48}$$

The right-weight for this operator is shown in Fig. 16. Note how similar the decrease of  $\rho_R(2,t)$  is to  $\langle Z_3 \rangle(t)$  in Fig 14.

This is in contrast to the evolution of an initially local dipole operator. Such an operator should be the sum of adjacent fracton operators, so that its eigenstates have positive charge at one state and negative charge at the next. The chosen operator in this case is

$$\frac{1}{\sqrt{2}}\left(IZIII\dots - IIZII\dots\right) \tag{49}$$

The initial  $\frac{1}{\sqrt{2}}$  ensures that  $\sum_{i} \rho_{R}(i) = 1$ . The time evolution of this operator is also shown in Fig. 16. Note that at late time  $\sum_{i} \rho_{R}(i,t)$  is essentially flat. This shows that the dipole operator is not localized, and suggests further that the late-time behavior of the fracton operator is true localization.



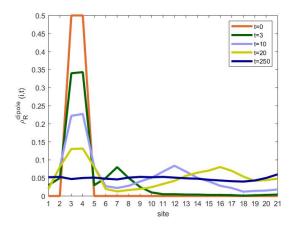


Figure 16: Operator spreading of the fracton operator and dipole operator, in a 21-site system with open boundary conditions. For the fracton, note the persistent peak at site 2, along with the propagating front. The dipole charge also has a propagating front, but the peak is nonexistent at late time. Figures from [1]

So far we have focused on the lumps of the spreading operators. The next step is to study the fronts and tails. Since the dipole density behaves like a simple conserved charge, its operator spreading should look like that in Sec. 5. In particular, for an initially local dipole operator, there should be a linearly propagating front that broadens as  $\sqrt{t}$ , with a power-law tail behind the front. As in Sec 5, the exponent for this tail is -3/2.

There is a lump at the origin corresponding to fracton operators, along with another lump at the origin corresponding to fracton operators, along with another lump at the origin corresponding to dipole operators. The dipole operators are emitted by the fracton operators in the same way that nonconserved operators are emitted by conserved operators in Sec 5. However, since the dipole operators are also conserved, they do not propagate ( $v_{B,\text{dipole}} = 0$ ) and this dipole lump also remains at the origin.

The dipole operators at the origin have amplitude [1]

$$a^{c}(x,t) \sim \frac{x}{t^{3/2}} e^{-x^{2}/Dt}$$
 (50)

so the total weight in the dipole lump is

$$\rho_{\text{tot}}^c(t) \sim \int dx \ |a^c(x,t)| \sim t^{-3/2}.$$
 (51)

This is confirmed in Fig 17. The conserved operator lump in Sec. 5.2 decreased  $\sim t^{-1/2}$ , and (41) showed that this made the tail of  $\rho_R^{\rm nc}(x,t) \sim (t-x/v_B)^{-3/2}$ . For the fracton circuit, we have

$$\rho_R^{\rm nc}(x,t) \sim \frac{\partial \rho_{\rm tot}^c(t - x/v_B)}{\partial t} \sim \frac{1}{(t - x/v_B)^{5/2}}.$$
 (52)

Thus another prediction to check for the fracton circuit is the different exponents for the power-law tails in the operator right-weights of dipole and fracton operators.

Fig. 18 shows some diagnostics for the shape of the spreading dipole and fracton operators. In both cases the front broadens diffusively because the operators in the front are non-conserved operators performing a biased random walk. We can also look at the power-law tails for both types of operators at various times. In all cases, the best-fit exponents closely match -3/2 and -5/2.

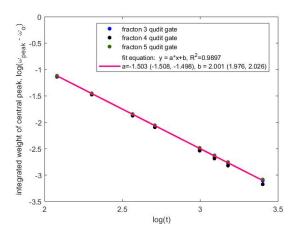


Figure 17: Total operator weight in the central lump (or peak) of the conserved dipole operators. The lump is defined as the original site plus the two on each side. We are only interested in the 3-site gate circuit. Figure from [1]

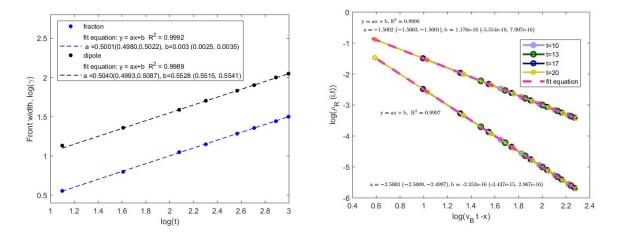


Figure 18: Behavior of the operator right weight at and behind the front. On the left we see that the operator fronts broaden as  $\sqrt{t}$  for both fracton and dipole operators, just as in the case of the charge-conserving circuit. On the right we see the behavior of the tails behind the fronts. Each color plots the power-law tail behind the front at constant time. The tails at different times are rescaled to lie on the same line (but the exponents are not changed). For the dipole operator,  $\rho_R$  decreases with exponent -3/2 as in Sec. 5. For the fracton operator the exponent is -5/2 instead.

### 7 Results and Conclusions

The purpose of this essay has been to introduce the reader to quantum dynamics, convince the reader that random unitary circuits are a useful tool in the analysis of dynamics, and show that fractonic circuits provide a useful model of localization. In Sec. 2 we introduced central concepts in quantum statistical mechanics, especially thermalization and localization. We also defined two commonly used measures of operator spreading: the right weight and the OTOC.

We then used these two measures to describe operator spreading in various systems, both qualitatively and quantitatively. The main result of Sec. 4 and Sec. 5 was that conservation laws serve to slow down the dynamics in physical systems and random unitary circuits. Furthermore, those sections showed that operator spreading in circuits faithfully simulates important features of operator spreading in physical systems. Finally, in Sec. 6 we introduced fractoric systems, defined by their strong conservation laws and limited mobility. We showed that the stronger conservation laws lead to localization in fractoric circuits.

Although our discussion was limited to 1 spatial dimension, interesting behavior can emerge in higher dimensions. The generalization of operator spreading is not trivial, but the generalization of the OTOC is. Ref. [14] shows that operator spreading in higher dimensions relates to the KPZ universality class. Entanglement spreading is a useful complement to operator spreading, in d = 1 and higher dimensions [17–19].

Ref. [1] also analyzes fracton density spreading in higher dimensions, and concludes that localization also occurs in d = 2, although numerically simulating these circuits is intractable. This is exciting because it is usually difficult to achieve localization in d > 1. Common constructions of localized systems rely on "locator expansions" [1], which do not converge in d > 1. However, since the fracton circuit is not built using locator expansions, this is not a problem.

Some possible further steps in the study of fractonic circuits include an exploration of the effects of different circuit architectures on the dynamics. Since the current architecture is asymmetric, it would be interesting to see whether the operators spread qualitatively differently to the left. Is the localization in some sense stronger if higher-moment conservation laws are imposed? Hopefully continuing to answer these questions will help us more thoroughly understand the possible behaviors of quantum dynamics.

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## Appendix A Random walks in d = 1

Here we will briefly review biased random walks and diffusion in d=1, relying on Refs. [34, 35]. Consider a random walker on a line with discrete position i and discrete time  $\tau$ . At time  $\tau$  the probability of being at site i is  $P(i,\tau)$ . At each time step the walker moves to the right with probability p and to the left with probability q, and stays stationary with probability 1-p-q. Thus,

$$P(i,\tau+1) = pP(i-1,\tau) + qP(i+1,\tau) + (1-p-q)P(i,\tau).$$
(53)

Our goal is to coarse-grain this evolution equation to arrive at a diffusion equation. We can start to make time continuous by replacing  $\tau \to t$ ,  $\tau + 1 \to t + \Delta t$ , but we will not take  $\Delta t \to 0$  until the end. This gives us

$$P(i, t + \Delta t) = pP(i - 1, \tau) + qP(i + 1, \tau) + (1 - p - q)P(i, \tau),$$

$$\frac{\Delta P}{\Delta t}(i, t) = \frac{p}{\Delta t}P(i - 1, \tau) + \frac{q}{\Delta t}P(i + 1, \tau) - \frac{p + q}{\Delta t}P(i, \tau),$$
(54)

where the LHS will become  $\partial P/\partial t$  once we take the continuous limit.

The spatial continuous limit is more difficult, and will rely on the discrete second derivative

$$\frac{\Delta^2 y}{\Delta x^2} = \frac{y(x + \Delta x) + y(x - \Delta x) - 2y(x)}{\Delta x^2}.$$
 (55)

We then go through the same procedure with  $i \to x$ ,  $i + 1 \to x + \Delta x$ , to get

$$\frac{\Delta P}{\Delta t} = \frac{q+p}{2\Delta t} \Delta x^2 \frac{\Delta^2 P}{\Delta x^2} - \frac{p-q}{\Delta t} \Delta x \frac{\Delta P}{\Delta x}, 
\frac{\partial P}{\partial t} = D \frac{\partial^2 P}{\partial x^2} - v_B \frac{\partial P}{\partial x},$$
(56)

where in the final line we have defined  $D \equiv \frac{q+p}{2} \frac{\Delta x^2}{\Delta t}$  and  $v_B \equiv (q+p) \frac{\Delta x}{\Delta t}$ , and then taken  $\Delta x$  and  $\Delta t \to 0$ . We can use this to calculate D and  $v_B$  in Sec. 4.2 and Sec. 5.2. We now set  $v_B = 0$  to study the diffusion process.

We will call the diffusion operator  $\mathcal{D} = \partial_t - D\partial_x^2$ . Consider the function  $G(x,t) = (4\pi Dt)^{-d/2}e^{-x^2/4Dt}$ . We can see that  $\mathcal{D}G(x,t) = 0$  for t > 0

$$\partial_t G(x,t) = (4\pi D)^{-\frac{d}{2}} \left[ -\frac{d}{2} t^{-\frac{d}{2}-1} + t^{-\frac{d}{2}} \frac{x^2}{4Dt^2} \right] e^{\frac{-x^2}{4Dt}},\tag{57}$$

$$D\partial_x^2 G(x,t) = D(4\pi D)^{-\frac{d}{2}} \vec{\partial_x} \cdot \frac{-\vec{x}}{2Dt} e^{\frac{-x^2}{4Dt}}$$

$$= D(4\pi D)^{-\frac{d}{2}} \left[ -\frac{d}{2D} t^{-\frac{d}{2}-1} + t^{-\frac{d}{2}} \frac{x^2}{4D^2 t^2} \right] e^{\frac{-x^2}{4Dt}},\tag{58}$$

$$\mathcal{D}G(x,t) = 0. (59)$$

Furthermore, at early time we have  $G(x,t) \xrightarrow[t\to 0]{} \delta(x)$ :

$$G(x,0) = 0, \quad x \neq 0,$$
 (60)

$$\int dx G(x,t) = (4\pi Dt)^{-d/2} (4\pi Dt)^{d/2} = 1 \quad \forall t,$$
(61)

so G(x,t) acts as a Green's function, or propagator, for the diffusion kernel.

From this function we can estimate how long it takes for a randomly walking particle to return to the origin, the return time  $t_{\text{return}}$ . This is done by setting an arbitrarily high constant C, and finding at what time the integrated propagator at the origin reaches that value. For d=1,

$$C = \int_0^{t_{\text{return}}} dt \, G(0, t) \tag{62}$$

$$= \int_{0}^{t_{\text{return}}} dt \, (4\pi Dt)^{-1/2} \tag{63}$$

$$=\sqrt{\frac{t_{\rm return}}{\pi D}},\tag{64}$$

or  $t_{\text{return}} = \pi DC^2$ . In d = 2,  $t_{\text{return}} = \exp(4\pi DC)$ , while for larger d,  $t_{\text{return}} = \infty$ , which is to say the particle never returns to the origin.

At equilibrium, the particle density will be spread out over a region with length scale  $\xi \sim \sqrt{Dt_{\text{return}}}$ . We will use these facts in the analysis of continuous fracton systems in the next subsection.

## Appendix B Tensor gauge theory

We will show how fracton conservation laws naturally lead to tensor gauge theory. Although this is not strictly necessary to understand the dynamics of fracton systems, the literature often refers to fractons using the language of tensor gauge theory. This discussion follows the treatment in [36].

To start, we will briefly review the familiar form of U(1) gauge theory. Consider a complex scalar field  $\phi(x,t)$ . We will treat time and space separately despite the theory being Lorentz invariant because the fracton theory is not Lorentz invariant. The charge density of this field is  $\rho = \phi^{\dagger} \phi$ , with total charge  $Q = \int d^d x \rho$ . Requiring Q = const. is equivalent to requiring

$$\phi \to e^{i\alpha} \phi$$
 (65)

be a symmetry of the theory, for constant  $\alpha$ . At this point  $\phi$  and all of its derivatives and powers transform covariantly, which is to say that each operator transforms as  $\mathcal{O} \to e^{in\alpha}\mathcal{O}$  under the phase rotation.

Gauging this theory requires that the theory be invariant under  $\phi \to e^{i\alpha(x,t)}\phi$  for arbitrary  $\alpha(x,t)$ . However, the derivative of the field now transforms as

$$\partial_i \phi \to e^{i\alpha} \left( \partial_i + \partial_i \alpha \right) \phi,$$

$$\partial_t \phi \to e^{i\alpha} \left( \partial_t + \partial_t \alpha \right) \phi. \tag{66}$$

This is not a covariant transformation, as it mixes the derivatives of  $\phi$  with  $\phi$  itself. The standard solution is to introduce gauge derivatives  $D_i = \partial_i - iA_i$  and  $D_t = \partial_t - i\Phi$ , where  $\Phi$  recalls the notation for the scalar potential of electromagnetism. We then have

$$D_i \phi \to e^{i\alpha} D_i \phi,$$

$$D_t \phi \to e^{i\alpha} D_t \phi,$$
(67)

if

$$A_i \to A_i + \partial_i \alpha,$$
  
 $\Phi \to \Phi + \partial_t \alpha.$  (68)

We can then go on to calculate field strengths and possible terms in the action, but our main interest is in the fact that the gauge field is a spacetime vector  $A_{\mu} = (\Phi, A_i)$ . For more details see [36].

We will now go through the same steps for a fracton field  $\phi$  in order to show the natural emergence of symmetric tensor gauge fields.  $\phi$  is again a complex scalar that conserves charge  $Q = \int d^dx \rho$ . It also conserves dipole moment  $P_i = \int d^dx \rho x^i$  (breaking Lorentz invariance). Together these correspond to phase rotations of the form

$$\phi \to e^{i\alpha + i\lambda_i x^i} \phi. \tag{69}$$

We will write this phase as  $e^{i\alpha(x)}$  where  $\alpha$  is restricted to be linear until we gauge the theory. Now  $\partial_i \phi \to e^{i\alpha}(\partial_i + \lambda_i)\phi$  is no longer covariant. The second derivative

$$\partial_i \partial_j \phi \to e^{i\alpha} (\partial_i \partial_j + \lambda_i \partial_j + \lambda_j \partial_i) \phi \tag{70}$$

looks slightly more promising because its symmetric structure can also be obtained from the operator  $\partial_i \phi \partial_j \phi$ . In fact, the lowest order operator is [36]

$$\phi \partial_i \partial_j \phi - \partial_i \phi \partial_j \phi \to e^{2i\alpha} \left( \phi \partial_i \partial_j \phi - \partial_i \phi \partial_j \phi \right). \tag{71}$$

This means that the action can contain this operator.

Gauging the fracton theory so that  $\alpha$  is again an arbitrary function, we now find

$$\phi \partial_i \partial_j \phi - \partial_i \phi \partial_j \phi \to e^{2i\alpha} \left( \phi \partial_i \partial_j \phi - \partial_i \phi \partial_j \phi + i(\partial_i \partial_j \alpha) \phi^2 \right). \tag{72}$$

This suggests that, instead of constructing the covariant first derivative  $D_i\phi$ , we construct a covariant second derivative

$$D_{ij}\phi^2 = \phi \partial_i \partial_j \phi - \partial_i \phi \partial_j \phi + i A_{ij}\phi^2, \tag{73}$$

where this is shorthand for  $D_{ij}$  being a bilinear derivative operator acting on two copies of the field  $\phi$ . This operator transforms covariantly if

$$A_{ij} \to A_{ij} + \partial_i \partial_j \alpha.$$
 (74)

This transformation law requires  $A_{ij}$  to be symmetric, and we have found our symmetric tensor gauge field.

The theory still contains a scalar gauge field  $\Phi \to \Phi + \partial_t \alpha$ . For the construction of the lowest order Lagrangian of this theory, and other possible symmetric tensor gauge theories, see [36].