

## Formalist Layer

This document is the *Formalist Layer*, the foundational guide to understanding music through other senses. Here, each musical concept is described with images, textures, and motions from art, dance, architecture, cooking, sports, games, and film. Imagine music as shapes and movements you can touch and see, rather than sounds you hear. This way, someone who learns by feeling and analogy can grasp the secrets of melody, harmony, and more. Throughout, we emphasize **form**, **contrast**, **function**, and **motion** using vivid analogies across different arts and senses.

### What Is a Note?

Imagine holding a guitar or placing your hand on a drum as it's played—you feel a vibration or a thump. A musical note is essentially that steady vibration, like ripples spreading across a pond. If you tap water slowly, you see large gentle waves; if you tap quickly, you see tight, fast ripples <sup>1</sup>. A note is like those water waves moving through the air, something you can feel as it shakes. High notes are like fast, tiny ripples or delicate tremors, while low notes are like slow, broad waves or **gentle rumblings**.

Notes move up and down in **motion**, like steps on a staircase. Each next note can be a higher step or a lower dip. If your fingertips slide along the keys of a piano or the bars of a xylophone, going from left to right, you are literally climbing up these steps. Feeling this is like walking on a ramp that goes up or down: the speed of shake changes. You may not “hear” that climb, but you can *sense* it by feel. In short, a note is a physical shake or buzz you can touch, with its own shape and energy.

### What Is a Chord?

A chord is like stacking or weaving multiple notes together to form a richer color or structure. Imagine mixing paints: blending blue, yellow, and red gives a new shade that none of those colors has alone. Similarly, a chord stacks at least three notes so that they resonate together at once <sup>2</sup>. It's as if several friends are jumping on the same trampoline in unison, making a combined bounce that feels stronger and fuller than any single jump. In architecture, a chord is like layering beams in an arch, each supporting the others to create a larger space.

Chords have harmony and contrast built in. When the notes fit together smoothly (like blending harmonious colors), the chord feels warm and pleasing. When one note clashes with another (like mixing a jarring color), the chord feels tense or edgy. For example, if you press down three or more strings on a guitar, you will produce a rich vibration you can feel as a single unit. That combined vibration is the chord's character, created by those notes holding hands together.

### What Is a Key and What Is a Scale?

A **key** is like choosing a color scheme or theme for an entire piece. Most music is in a particular key; for example, in the key of C, the note C acts like the “home” or anchor <sup>3</sup>. Imagine picking one color as your base and letting every element relate to it. In that key, certain notes feel like a home base on a map or a stable foothold. The key determines the main palette of notes the music will favor.

A **scale** is like the set of allowed colors in that palette. You can think of a scale as something like an artist's palette of paint <sup>4</sup>. It's a chosen collection of notes that work well together. As a painter selects a range of blues and greens for a seascape, a musician in a key selects notes that step up and down from the base note. Each note in the scale is like a rung on a ladder. Walking along the scale (ascending or descending) feels like climbing or going down stairs in that key, each step just a bit higher or lower than the last.

Keys and scales give **form** and motion to music's landscape. Staying in one key feels like walking on a known path; changing key feels like switching to a new trail with a different view. In tactile learning, you might place objects at intervals (like pebbles on a slope) to represent scale steps, feeling each change. The Ableton guide insightfully compares a scale to a painter's palette of related colors <sup>4</sup>.

## Vocal Techniques

A singer's voice is like an ever-changing canvas or a flexible sculpture. Different vocal techniques shape the **texture** and color of sound. Imagine drawing with different tools: sometimes a singer paints broad, thick strokes with a strong, resonant tone; other times fine, delicate lines with a soft whisper. Breath acts like wind shaping air into sound, much like a potter's hands shaping clay. Changing the shape of the mouth and throat changes the voice, as a sculptor might bend or smooth clay.

Touch and vibration also play a role. A smooth glissando through the voice feels like running your hand over silk, while a staccato phrase feels like drumming fingertips on a table. Vibrato is like a gentle undulation, adding warmth like a gentle tremor. Belting a powerful note feels like throwing a large, full splash of paint onto a canvas. In each case, the voice itself becomes an instrument of expression – a medium of motion and color.

## Lead Guitar

Lead guitar is like the solo dancer or main actor of the ensemble. It often carries the melody or the emotional gestures that catch your attention. Picture a ballet dancer leaping across the stage while the others form the background; the lead guitar plays the soaring lines and quick flourishes that stand out. It's akin to the brightest highlight in a painting or the lead character in a film scene.

When you feel lead guitar through an amplifier or headphones, it's a bright thread woven on top of the music's fabric. Tapping your foot along to it is like feeling excitement surge underfoot. A guitar riff from the lead is a distinct motif or phrase – a signature flourish that recurs. It adds flair and focus. In tactile terms, if the bass and drums are your steady steps, the lead guitar's notes are the extra hops and twists – vivid motions decorating the main rhythm.

## Bass

The bass guitar provides the foundation of the music, like the base layer of paint or the sturdy roots of a tree. It's deep and solid, often felt more than heard. You can almost feel bass notes as gentle vibrations under your feet: put your hand on a speaker and the low notes will thump like a heartbeat. The bass works with the drums to create a steady pulse or groove, much like a train's wheels and whistle propelling it forward.

Imagine a stew or soup: the bass is the thick broth or chunky vegetables that fill you with substance, while other instruments are the spices on top. In architecture, bass is the foundation stones on which

the rest of the building sits. In dance, it's the slow, grounded steps that keep you balanced. When bass notes play, your body feels them as a steady vibration, like your feet following a slow heartbeat pattern – a reassurance that holds up the faster rhythms above.

## Drums (Heartbeat of Music)

Drums are the heartbeat and pulse of music. Imagine the steady beating of a heart, or the ticking of a clock – that's what drums provide. A drumbeat is like marching feet in time, a regular *thump-thump* that organizes the flow. If you place a hand on your chest or tap a table, you can feel the drum's rhythm as a familiar pulse. Drummers set the pace: their kick drum is a deep engine throb, the snare a crisp clap, cymbals the bright accents (like splashes of light).

In sports, drums are like the coach's whistle or the crowd's chant that keeps the team moving together. Drums give **structure**: a strong drum hit is like a call to attention, a pause in drumming is like a held breath. If a song were a journey, drums would be the road markers showing when to speed up or slow down. Even without sound, you can feel drums: tap your palm on your leg as music plays, and the drum hits will make that part of you move. In multi-sensory terms, drums translate time into touch, making rhythm a physical experience.

## Percussion

Percussion includes all those instruments you hit, shake, or scrape (like congas, tambourines, maracas, bells). Think of percussion as adding *spice and pattern* to the music. Each percussion instrument has its own texture: a tambourine jingles like beads in a jar, a triangle rings like a crystal ping, a conga drum booms like knocking on wood.

It's like using different painting tools or stamps: each percussion instrument leaves a unique imprint on the music. In cooking terms, percussion spices up the dish – a pinch of salt here, a dash of pepper there – small touches that bring out flavor. For example, maracas make a swishing sound like leaves rustling, shakers are like grains scattering on a floor, and a wood block has a hollow, wooden knock.

Percussion often adds small accents (like bumps on a road). A gentle shaker might add a tickling texture; a loud cymbal crash might announce a dramatic turn. Even when quiet, these sounds can be felt: press your hand on a drum before it's struck, and you'll sense the build-up. Percussion adds a tactile sparkle on top of the music's form.

## Keyboards and Synths

Keyboards (piano, organ) and synthesizers are like magical palettes of sound. A piano is like an entire orchestra in one instrument: each key you press is a different note, and you can combine them to create rich chords and melodies. Imagine playing a keyboard like playing a violin with many strings at once, covering bass and treble, chords and melody.

Synthesizers go even further: they are like digital sculpting tools or sound factories. Twisting knobs and sliders is like molding shapes in the air. With a synth, a single note can be made to shimmer like a bell, roar like a lion, or warp into something entirely new. It's like having extra paintbrushes that change color and texture with a turn.

Touch a piano key and you feel firm resistance and a clear vibration. Touch a bass synth pad (with heavy speakers) and you feel a warm pulse under your hand. Both allow a wide range of textures: from crisp staccato keys to smooth sustained waves. They act as bridges between traditional instrument sounds and electronic color, mapping the familiar feel of pressing keys to endless sonic possibilities.

## Melody

A melody is the main journey or storyline of the music – the part you might hum or remember. It's a sequence of notes (vibrations) that flow in succession, much like a path winding through a scene. Imagine hiking on a trail: each note is a stepping stone or landmark along the way. The melody moves with direction – rising, pausing, and falling – similar to how a character in a movie moves through scenes.

In painting, the melody is the bold brushstroke or bright line that catches your eye and guides it across the canvas. In dance, it's the core routine or the lead dancer's movements. The melody has contour: it might arch up like a bridge or cascade down like a waterfall, and each turn is felt as a sensation of lift or release. You can *feel* a melody by tapping a steady pulse and noticing how your finger's motion might speed up, slow down, or change direction in response to the notes.

As MasterClass notes, a melody is essentially *"a collection of musical tones that are grouped together as a single entity"* <sup>5</sup>. Each tone relates to the next like words in a sentence, creating a single cohesive idea. If notes were colors, a melody would be a gradient moving from red to blue to green, forming a continuous line of hue. In tactile terms, imagine placing beads in order on a string; the line of beads is the melody's path.

## Harmony

Harmony happens when multiple notes or lines sound together, enriching the melody. If melody is the hero of a story, harmony is the supporting cast and scenery that give it depth. Think of harmony as the background colors and shading in a painting that make the main figure stand out. When notes are played together (like in a chord), they create a combined vibration that has its own warmth and character.

Imagine two or more voices singing different notes together; the resulting vibration feels thicker or warmer than a single voice. Harmony can feel smooth and comforting (like a soft, warm fabric) or tense and edgy (like tangled threads). In a choir, harmony is the blend of voices surrounding the lead singer, adding emotion and fullness.

In architectural terms, harmony is like the arches and columns that support a grand hall – you may focus on the stained glass window (melody), but the walls (harmony) hold it up and color the light. For someone learning by touch, you might notice that pressing multiple keys on a piano together produces a fuller vibration you feel in your body. Harmony creates rich layers of sound beneath the melody, making the musical tapestry more interesting.

## Dynamics

Dynamics are the variations in loudness or intensity of the music – think of them as light and shadow on the musical canvas. A loud passage is like a bright, bold color splashed onto the canvas; a soft passage is like a light pastel wash. A crescendo (getting louder) is like gradually increasing the pressure of a

brushstroke, or turning up the brightness on a lamp: the vibrations grow stronger and you feel more energy. A decrescendo (getting softer) is like letting that light fade.

In terms of movement, loud sections might cause big, expansive gestures, while soft sections are subtle and restrained. Even without sound, you can feel dynamics: hit a drum hard, it bangs sharply under your hand; hit it softly, it thuds gently. Dynamics give life to music by creating contrast – much like heavy rain versus a gentle drizzle. They are the ebb and flow of energy: a burst of sound lifts you up, a quiet pause lets you take a breath.

Imagine a dance routine: a powerful jump (forte) versus a slow, controlled spin (piano). A sudden loud chord is like a surprise or exclamation point; silence or softness is a moment of suspense or calm. Dynamics shape the emotion of a piece, making music feel alive. They allow even static notes to have motion, because loudness itself moves like waves of pressure.

## **Form**

Form is the overall structure or blueprint of a musical piece – its architecture. It's like the floor plan of a building or the outline of a story. Music is divided into sections (verses, choruses, bridges, etc.) that play specific roles, similar to rooms in a house or chapters in a novel. Form tells you where to begin, how themes develop, and how everything comes together in the end.

In narrative terms, form is like the script of a play: a scene opens (introduction), characters develop (verses), a theme repeats (chorus), a bridge adds a twist, and a final act resolves. If you walk through these sections in order, you get the full experience. In visual art, think of form as the sequence of panels in a comic strip, each panel a different moment but all telling one story.

Form is felt through repetition and contrast. When a chorus returns, there's comfort in familiarity; when a new bridge appears, there's excitement in something different. For someone who learns by touch, you might sense form as patterns in time: a rhythmic figure repeats, then changes, then comes back. Form turns individual musical moments into a journey, organizing tension and release so that the music makes a coherent whole.

## **Chord Progressions**

Chord progressions are sequences of chords that form the harmonic path of a song. Think of each chord as a room or location, each with its own mood. Moving from one chord to the next is like walking from one room to another. Some sequences feel natural (you take a straight hallway), others surprise you (a hidden door).

Imagine walking uphill or downhill: some chords feel like steps up (adding tension), others like steps down (release). A common progression might walk up the hill (creating anticipation) then return home (resolution). In storytelling, it's like a sentence where the question builds tension and the answer brings relief. Each chord change is a chapter turn in the story of the song.

Listeners often feel chord progressions as directional cues. For example, a progression that leads back to the home chord feels like returning to the starting point. Even without hearing, if you tap or move, you might sense when the pattern of vibration shifts – that's a chord change.

Chord progressions create motion in harmony: they set up expectations and deliver or delay resolution. They give a song its flavor of drama or comfort. Just as a winding road can feel adventurous or restful, chord progressions guide the listener emotionally through the piece.

## Riff and Motif

A riff or motif is a short, distinctive musical idea that repeats, like a catchphrase or logo. It could be a quick sequence of notes, a rhythmic pattern, or a memorable melody. In movies, a motif is like a theme music that plays whenever a certain character appears. In visual art, it's like a recurring symbol or pattern.

Think of a motif as a signature brushstroke or a repeated shape on wallpaper. Each time it appears, it ties the piece together. For example, a guitar riff might be a short, chanted figure you hear at the start of each chorus. If you tap or trace it, you'll notice the same sequence of taps reappearing.

In storytelling, a motif could be a recurring line of dialogue or a leitmotif in an opera. It builds familiarity – like a friendly landmark along the road. In quilt-making, it's a particular shape repeated in each block, giving cohesion.

For tactile learners, a motif is felt as a repeating vibration pattern. If the motif is a three-note pattern, you can tap three times each time it plays. It's the song's logo: once your body feels that pattern, you know what it is even before "hearing" it in the mind.

## Improvisation

Improvisation is creative spontaneity – making music on the spot. It's like painting without a plan or free-form dance. Imagine a jazz musician taking a solo: they listen to the underlying chords and then play what feels right in the moment, mixing technique and feeling without following written music.

For someone not hearing, improvisation could be compared to drawing shapes in the air randomly or molding clay without a sketch. It's akin to storytelling where characters speak their minds freely. In a way, it's like having building blocks: you know how they fit together, but you stack them in a new way each time, creating a unique sculpture.

You can feel improvisation in the energy: often it flows continuously, with one idea evolving into the next. It has a sense of discovery. Think of it as a spontaneous conversation in dance moves or rhythms. A performer might respond to the beat or another instrument, creating a dialogue.

Because it's unplanned, improvisation is full of surprises and personal expression. In sports, it's like a player making a creative play on the spot. In cooking, it's like adding spices by taste, making something new each time. The tactile sense of improvisation might come from feeling the performer's body language – the way their fingers move dynamically as they invent the next phrase.

## Articulation (Character of Musical Notes)

Articulation is **how** each note is played, giving it its own character. It's like the difference between drawing a line lightly or scratching it boldly. For example, playing a note *staccato* means it's short and detached, like plucking a string with a quick flick. Playing *legato* (smoothly) means letting one note flow into the next, like sliding your finger along sand.

Imagine speaking a word with a sharp accent versus a soft lilt – the word is the same, but the feeling is different. In music, the same pitch can be voiced in many ways. If you tap a violin string firmly, it sounds crisp; if you let the bow glide smoothly, the sound pours out. Press a piano key quickly, it snaps; press gently, it sighs.

Articulation adds texture. A short, punchy note is like a tap on the table; a long, singing note is like running your hand along velvet. In visual terms, it's like choosing between rough strokes and smooth blending. For someone feeling music, a hard hit on a drum is a sharp knock under your hand, a soft roll is a gentle rumble.

Articulation changes the **personality** of notes: it makes them snap, slide, bounce, or smooth out. It's an important part of the motion of music, adding expressiveness to each moment.

## Instrumentation and Arrangement

Instrumentation is choosing which instruments (or voices) play each part; arrangement is how those instruments combine. It's like casting a play and directing its scenes, or picking ingredients and cooking a meal. Each instrument has its own *flavor*: a guitar might be earthy like clay, brass instruments bright like polished metal, strings flowing like silk.

For example, deciding to use a violin, bass, drums, and voice is instrumentation. Arrangement is deciding when each one enters, what it plays, and how loud. Think of a dinner: you choose the main dish (lead melody), the side dishes (harmony), and the seasonings (rhythmic accents). You also decide the order of courses (song structure) and how to present each course (dynamics).

In art terms, instrumentation is the palette of colors, arrangement is the composition on the canvas. An arranger might start a song with a gentle piano solo (soft color) then add drums and guitar for a chorus (painting gets bolder).

A tactile analogy is making a mosaic: each tile is an instrument's part. The arrangement tells you where to place each tile and in what order. Together, they weave the musical tapestry.

## Production

Production is the craft of recording, mixing, and polishing the music – like editing a film or finalizing a dish. It's where all the parts are balanced and enhanced. Think of a director editing a movie: choosing the best takes, adjusting the color and sound. In audio, engineers adjust volume levels, add effects, and make sure everything fits together smoothly.

For example, a singer's voice might be treated with reverb (echo) to make it sound in a big hall, or a bass guitar might be equalized to feel extra deep. These choices are production decisions. It's like a chef tasting the soup and deciding it needs more salt or a dash of spice.

In mixing, each instrument is placed in the stereo field (left or right) like actors on stage. Some sounds are made front-and-center, others background. It's a bit like layering multiple transparencies to create the final image. Production also includes digital effects: adding a slight echo is like throwing a light mist around an object.

Production makes sure every musical element sits in its right place. It can emphasize some parts and tuck others away. For someone experiencing music non-visually, production might be felt as changes in vibe: a heavy bass boost is like a bigger shake, added distortion is a rougher texture, and removing background noise is like sharpening a visual image. It finalizes the artistic vision so the piece is clear and expressive.

## **Texture**

Musical texture is how thick or thin the sound feels – the layers of sound fabric. Imagine looking at cloth: it can be smooth and light with one layer, or richly woven and heavy with many layers. In music, a thin texture might be a solo voice or single instrument (one clear line). A thick texture is many instruments playing together, like an orchestra.

For example, a lone flute playing a melody is a thin texture, gentle and clear. Add a second flute or some light strings, and it's a bit thicker. Add drums, bass, and choir, and the texture becomes rich and dense.

Texture is about how many parts play and how they interact. If only one instrument plays at a time, the texture is light. If everyone plays different parts (melodies, harmony, rhythm), the texture is full. You can feel this: lightly touching a trumpet bell versus a chest-thumping drum kit makes a big difference in vibration.

In visual analogy, texture is like painting surfaces: bare canvas vs. layers of paint. A thin musical texture is like a thin sketch, a thick texture like an impasto painting. In tactile terms, a thick texture might feel like a quilt folded double under your fingers, a thin texture like a single sheet.

## **Lead and Backing Vocals**

The lead vocal is the main singer – the protagonist – and backing vocals are the supporting cast or chorus. The lead vocalist carries the main melody and lyrics (the storyline), while backing vocals add harmony and depth behind them. Imagine a musical scene: the lead singer is under the spotlight, singing the words; the backup singers are around them, adding echoes or harmonies.

Backing vocals might sing the same words softly behind the lead, or they might hum or sing a supporting tune. Visually, think of a painting with one figure in sharp focus and a group in the background. The lead vocal is the focal person, and backing vocals are like the softly blurred figures behind.

In tactile terms, if you feel the vibration from the speakers, the lead singer might make a clear, strong pulse, while multiple backing voices create additional layers. In dance terms, the lead singer might be a solo dancer center stage, with others dancing softly behind, making the stage feel fuller.

Backing vocals often reinforce key moments, swelling under the chorus to give a bigger sound. Together they produce a richer sound fabric than the lead alone, similar to how multiple strokes of color make a richer painting than one line.

## **Lyric Writing**

Lyric writing is painting with words on top of the music. It's storytelling or poetry that rides the melody. Think of the music as a silent movie, and the lyrics as the dialogue or captions telling the story. Good



lyrics use imagery and metaphor – describing emotions as landscapes or seasons – to add layers of meaning.

For someone learning by touch or sight, lyrics could be visualized as text on screen or sign language. The rhythm of the words must match the beat of the music, like gestures in a play: each syllable hits on a timing point. Reading lyrics is like tracing shapes or symbols with your finger in time to the rhythm.

In a cooking analogy, if music is a broth, lyrics are the herbs and spices that give flavor. They guide the listener's imagination – for example, a lyric might conjure the feel of rain or fire. In architecture analogy, lyrics are like stories inscribed in stained glass – they give context to the pattern of sound.

Lyrics provide a narrative and emotional context. Each phrase is a clue to the story or feeling of the song. Even without hearing, imagining the words can evoke vivid scenes: a lyric might describe running barefoot on wet grass or holding a broken compass, painting an image you can almost feel. Lyric writing is the craft of choosing the right words and arranging them so they fit the musical shape and communicate with the audience.

## **Sound Quest (Game Design)**

Imagine building a game level with musical rules – that's the idea of a Sound Quest. For instance, a platformer game could have obstacles that appear on rhythmic beats, or puzzles that change notes when solved. In this metaphor, chords or scales might become worlds or challenges.

For example, the player could control a character whose abilities are tied to instruments: a drum power lets the hero break walls with heavy hits, a flute ability might create wind bridges to new areas, a guitar riff could light up dark paths. Each "level" could correspond to a section of music, and solving a musical pattern unlocks the next.

This is like applying architecture and narrative: each game area mirrors a musical section (verse, chorus). The *form* of the music (repetition and contrast) could translate into game mechanics (looping paths vs. new zones). The game's rules might even follow musical relationships, turning chords into puzzles and melodies into pathways.

For tactile learners, Sound Quest would integrate visual cues (like notes on screen) and haptic feedback (controller vibrations on beats) so that the music concepts are experienced through play. Essentially, it turns music theory into interactive challenges – a game where hearing music isn't necessary if you can see, touch, and feel the patterns.

## **Integrating YouTube and Embedding Listening**

Integrating YouTube and embedding listening means weaving multimedia resources into learning. It's like adding a projector or video screen to a music lesson. YouTube videos can show performances, animations, or visualizers. Embedding listening might involve showing lyrics, using visual animations of the music, or providing interactive tools that translate sound into sight and touch.

For someone who doesn't hear, this is about making music visible or tangible. Imagine watching a video of a drummer: even if you can't hear the drum, you see the body movements and feel the floor vibrate. It's like learning a dance by watching and feeling it, rather than hearing a song.

Embedding listening could also mean using apps that turn sound into light or movement. For example, playing a bass-heavy track into a speaker rig and feeling the bass thump against a balloon. In this way, the learner connects YouTube content with physical experience.

In essence, it's combining sight, touch, and digital media so the music can be **experienced**. This ensures that even if one sense is silent, the message of the music – its form, rhythm, and mood – can be accessed through the others, like attending a concert through visual and tactile channels.

**Sources:** Concepts adapted and illustrated from educational music theory texts <sup>1</sup> <sup>2</sup> <sup>3</sup> <sup>4</sup> <sup>5</sup> .

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<sup>1</sup> What Is a Musical Note\_.pdf

[file:///file\\_00000000893871f59329f1a62b1ac8aa](file:///file_00000000893871f59329f1a62b1ac8aa)

<sup>2</sup> Understanding Chords in Music: Definition, Types, Uses

<https://www.musicpandit.com/resources/articles/chords/>

<sup>3</sup> <sup>4</sup> Keys and scales | Learning Music

<https://learningmusic.ableton.com/notes-and-scales/keys-and-scales.html>

<sup>5</sup> Music 101: What Is Melody? - 2025 - MasterClass

<https://www.masterclass.com/articles/music-101-what-is-melody>