Co:Vid - Communication over Video Patient interaction Tool

Envisioned by ER doctors and supporters looking for ways to better serve patients while keeping nurses and care workers safe.

* What is it?
  + A community-organized, simple tablet-based communication system that allows patients to communicate without in-person contact.
  + Putting Virtual Communication Tools directly into the hands of front line nurses to help fight COVID 19
  + Video of the vision: <https://www.youtube.com/watch?v=gajnUINAbZY&feature=youtu.be>
  + In just 8 steps you can take action and help Health Care Workers (HCW) and patients.
* Why do Health Care Workers need it ?
  + Eases HCW Stress and increases safety
  + Allows HCW to communicate more frequently with patients.
  + Reduced in-person contact reduces spread of the virus.
  + Protective gear is in short supply and needs to be prioritized for urgent cases.
* Why do patients need it?
  + Eases patient stress and feelings of isolation.
  + Empowers patients to reach out to nurses, without worry of 'wasting supplies” - yes right patients are worried about this!
  + Enables patients to connect with families while hospitalized
  + Visitation is not permitted, no matter what - let that sink in.
* Why it needs you?
  + The traditional methods of new tool large scale integration do not work during a pandemic.
  + Small teams can respond quickly and efficiently in their local community.
  + Cases are doubling rapidly and health care workers need support tools urgently.
* What does it take?
  + Groups of 'package creators' to reach into their communities and acquire and set-up tablets.
  + 8-12 hrs of your time over 3 days (roughly) to create a package.

**Interested? Here are the steps**

1. **Start a team -** Connect with likeminded house members or friends**.**
2. **Acquire tablets**
   1. Collect new or used tablets/phones from your community.
   2. Reach out to your friends, work networks, any source you have or purchase if funds allow.
   3. Collect 3-4 and remember to disinfect tablets upon receipt!
   4. Minimum Tablet Requirements Link goes here.
3. **Install and Configure 'Signal'**
   1. Signal is the open source communications platform being used.
   2. Follow basic instructions sheet. Detailed IT knowledge not required.
   3. Minimum How to install Signal Link goes here.
4. **Test Package** - Ensure all tablets are connecting to each other
5. **Get tablet stands**. – so nurses and patients don’t need to fumble with them!
   1. Each tablet needs a basic stand.
   2. You can 3D Print, or purchase, or dig through your old stuff.
6. **Prep bundle for delivery.**
   1. Package the tablets, and stands together and add instruction sheet.
   2. Hospital instruction Link goes here.
   3. *Disinfect everything*!
   4. Add a motivational message to the outside of your package to let your local health care warrior know we love them!
7. **Connect with local Health Care Worker**
   1. Do you or your friends have nurse/doctor/dentist/hospital worker in your circle? Reach out to them for delivery to local hospital
   2. You can also contact your local hospital donations team and arrange delivery.
8. **SHARE AND REPEAT!**
   1. Share & inspire. This process this can be used in any community – tell your social networks what you have been doing and that they can do it too!
   2. if you had success and want to prep additional sets - go for it!
   3. Make this process go 'viral' so we can kick this virus' A$$!!

**‘Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.’**

**-Margaret Mead-**