

# AI Change Sprint for adoption

*Helping leaders drive AI adoption across their teams using pull, not push, and turning early wins into real momentum.*

## AUDIENCE

Leaders driving AI adoption

## FORMAT

3.5 to 4 hours. In person or online.

## What you will do

For leaders driving AI adoption across their organization or a large department. This session uses a realistic adoption challenge involving readiness, team engagement, and early wins. Through short inputs, examples, and hands on work, you will design a real pilot plan.

## After this, you can

- Read the room using the Readiness Diagnostic to see where your organization actually stands, not where you assume it is.
- Find the 15% by spotting the curious early adopters already hiding in your teams and bringing them into the light.
- Design a Pilot Squad around a real problem with a clear weekly rhythm, so experimentation has structure without becoming a program.
- Turn wins into pull by capturing results as human stories that create genuine demand from the rest of the organization.
- Avoid the classic traps like pushing too hard, mandating usage, or writing policy before anyone has used the tools.

## What you walk away with

- A completed Readiness Diagnostic showing where your organization actually stands on AI adoption.
- A draft pilot squad plan covering who to recruit, what problem to solve, and a 6 week timeline.
- A future Win Story usable as both a planning tool and communication template.
- Confidence to lead AI adoption without mandating it.

## Optional: Pit Stops

Each Sprint can be followed by two Pit Stops (1 hour each, max 6 people) to turn learning into lasting habits.