

# Olathe NW Raven Relays

**Friday, April 15, 2011 at ODAC.**

Olathe Northwest, SM East, SM South, Topeka West, Blue Valley, Gardner-Edgerton

## **Meet Information:**

- Each team may enter three athletes in individual events and one team per relay race.
- Field events start at 3:30 p.m. Running events (finals only) will begin at 4:15 p.m.
- ODAC has concrete shot and discus rings. The javelin will be thrown on a synthetic runway.
- 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medals will be given in all events. Team scoring will be kept, but a team trophy will not be given.

## **FIELD EVENTS- 3 Prelim Attempts with top 7 advancing for 3 Final attempts**

**3:30** Long Jump (Girls, followed by Boys)  
**3:30** Triple Jump (Boys, followed by Girls)  
**3:30** Discus (Boys, followed by Girls)  
**3:30** Shot Put (Girls, followed by Boys)  
**3:30** Javelin (Girls, followed by Boys)  
**3:30** High Jump (Boys, followed by Girls)  
**3:30** Pole Vault (Girls, followed by Boys)

## **RUNNING EVENTS – Finals Only**

<b>4:15</b>	4 x 800m Relay Final	Girls
<b>4:30</b>	4 x 800m Relay Final	Boys
<b>4:45</b>	100m Hurdles Final	Girls
<b>5:00</b>	110m Hurdles Final	Boys
<b>5:15</b>	100m Dash Final	Girls
<b>5:30</b>	100m Dash Final	Boys
<b>5:45</b>	1600m Run Final	Girls
<b>6:00</b>	1600m Run Final	Boys
<b>6:15</b>	4 x 100m Relay Final	Girls
<b>6:30</b>	4 x 100m Relay Final	Boys
<b>6:45</b>	400m Dash Final	Girls
<b>7:00</b>	400m Dash Final	Boys
<b>7:15</b>	300m Hurdles Final	Girls
<b>7:25</b>	300m Hurdles Final	Boys
<b>7:35</b>	200m Dash Final	Girls
<b>7:50</b>	200m Dash Final	Boys
<b>8:05</b>	800m Run Final	Girls
<b>8:20</b>	800m Run Final	Boys
<b>8:35</b>	4 x 200m Relay Final	Girls
<b>8:45</b>	4 x 200m Relay Final	Boys
<b>8:55</b>	3200m Run Final	Girls
<b>9:15</b>	3200m Run Final	Boys
<b>9:35</b>	4X1 Throwers	Girls
<b>9:40</b>	4X1 Throwers	Boys
<b>9:45</b>	4 x 400m Relay Final	Girls
<b>9:55</b>	4 x 400m Relay Final	Boys

## **SMS Team Info:**

**Dismiss from Class: 1:40 pm**

**Bus Departs: 2:00 pm**