

S M N O R T H W E S T

2012 FRESHMEN INVITATIONAL

F I E L D

FIRSTSECTION 3:15 PM

GIRLS LONG JUMP
GIRLS SHOT PUT
GIRLS JAVELIN

BOYS DISCUS
BOYS POLE VAULT
BOYS HIGH JUMP
BOYS LONG JUMP

E V E N T S

SECOND SECTION 4:45 PM

GIRLS TRIPLE JUMP FOLLOW
BOYS FOLLOW
BOYS FOLLOW

GIRLS FOLLOW
GIRLS FOLLOW
GIRLS FOLLOW
BOYS TRIPLE JUMP FOLLOWS

TRACK EVENTS

3:30 PM	GIRLS	100 M	HIGH HURDLES >> 30"
3:40	BOYS	110 M	HIGH HURDLES >> 36"
3:55	GIRLS	1600 MEDLEY RELAY (200 - 200 - 400 - 800)	
4:10	BOYS	1600 MEDLEY RELAY (200 - 200 - 400 - 800)	
4:25	GIRLS	100 M	
4:40	BOYS	100 M	
4:55	GIRLS	1600 M	
5:05	BOYS	1600 M	
5:15	GIRLS	4 X 100 M	RELAY
5:30	BOYS	4 X 100 M	RELAY
5:40	GIRLS	400 M	
5:50	BOYS	400 M	
6:00	GIRLS	300 M	LOW HURDLES >> 30"
6:10	BOYS	300 M	INT HURDLES >> 36"
6:20	GIRLS	800 M	
6:30	BOYS	800 M	
6:40	GIRLS	200 M	
6:50	BOYS	200 M	
7:00	GIRLS	3200 M	
7:20	BOYS	3200 M	
7:40	GIRLS	4 X 400 M	RELAY
7:55	BOYS	4 X 400 M	RELAY