

**61<sup>st</sup> ANNUAL  
SHAWNEE MISSION NORTH RELAYS  
MAY 6, 2011**

TIME SCHEDULE / ORDER OF EVENTS & RECORDS

**FIELD EVENTS**

<b><i>1:00 PM</i></b>	<b><i>Girls Pole Vault</i></b>	<b><i>Davis</i></b>	<b><i>Freestate</i></b>	<b><i>12'00"</i></b>	<b><i>2010</i></b>
3:00 PM	Boys Discus	Johnson	SMS	203'5"	1980
3:00 PM	Boys Javelin	Swanepoel	SMS	216'2"	2009
3:00 PM	Boys Long Jump	Linzy	Desoto	24'0"	2008
<b>3:00 PM</b>	<b>Girls Shot Put</b>	<b>Peoples</b>	<b>Ottawa</b>	<b>49'07.5"</b>	<b>2010</b>
<b><i>1:00 PM</i></b>	<b><i>Girls High Jump</i></b>	<b><i>High</i></b>	<b><i>GIR</i></b>	<b><i>5'11"</i></b>	<b><i>1998</i></b>

3:00 PM	Girls Triple Jump	Miller	EMP	39'6.5"	2003
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**OPPOSITE GENDER TO FOLLOW:**

Boys Pole Vault	Lytle	SMN	16'7.5"	1980
Girls Discus	Borders	STA	151'5"	1982
Girls Javelin	Grizzle	Tonganoxie	156'0"	2008
Girls Long Jump	Heath	Leavenworth	19'11"	1999
Boys Shot Put	Johnson	SMS	68'11"	1980
Boys High Jump	Morgan	Wyandotte	6'11.25"	1988
Boys Triple Jump	Lister	Leavenworth	50'6"	1996

**TRACK EVENTS**  
**PRELIMS BEGIN AT 3:00**

Girls 100 M Hurdles  
Boys 110 M Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 200 M Dash  
Boys 200 M Dash  
Semi-Finals as needed

**DINNER BREAK APPROXIMATELY 45 MINUTES**

**FINALS BEGIN AT 5:30 OR 45 MINUTES AFTER THE CONCLUSION OF PRELIMS**

Girls 4 X 800 M Relay		SME	9:30	2009
Boys 4 X 800 M Relay		SMS	7:50.7	1980
<b>Girls 100 M Hurdles</b>	<b>Coleman</b>	<b>OLE</b>	<b>14.29</b>	<b>2010</b>
Boys 110 M Hurdles	Jones	Wyandotte	13.9	1998
Girls 100 M Dash	Coleman	OLE	12.15	2008
Boys 100 M Dash	MPWO	OLN	10.3	1997
Girls 1600 M Run	Winzler	BVNW	4:53.6	1998
Boys 1600 M Run	Fein	SMNW	4:13.65	1994
Mark Sageser 1600 M Run	Hanson	Aquinas	4:24.27	2009

**PRESENTATION AND CROWNING OF SPRING QUEEN AND KING**

Girls 4 X 100 M Relay		OLE	48.05	2009
Boys 4 X 100 M Relay		Schlagle	41.8	1993
Girls 400 M Dash	Kloster	Bishop Miede	56.34	1991
Boys 400 M Dash	Gaskin	Washington	46.69	1998
Girls 300 M Hurdles	Steele	Basehor-Linwood	43.9	1991
Boys 300 M Hurdles	Bornkessel	SMN	36.5	1968
Girls 800 M Run	Stadler	SME	2:16.4	1983
Boys 800 M Run	Casey	Desoto	1:54.56	2005
Girls 200 M Dash	Coleman	OLE	24.92	2009
Boys 200 M Dash	Greene	Schlagle	21.4	1993
Girls 3200 M Run	Pape	OLS	10:30.6	1999
Boys 3200 M Run	McDonald	Lawrence	9:05.8	1971
Girls 4 X 400 M Relay		Leavenworth	3:57.44	2007
Boys 4 X 400 M Relay		Wyandotte	3:20.0	1977

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## MAY 6, 2011

### INFORMATION SHEET

#### KSHSAA RULES WILL PREVAIL

**NUMBER OF ENTRIES:** Each school will be allowed two entries in each individual track and field event with the option of entering a third in each event. Criteria for entering a third athlete in an event is as follows:

- A. All three athletes must meet the below stated minimum standard with a valid meet result from this season. That is since March 1, 2011 and beyond.
- B. Coaches may challenge other schools entries at the meet before 2:30 PM. Those challenged schools will be called via PA to the timer stand at 2:35 PM.
- C. Coaches should be prepared to provide evidence of the mark with an official printed meet result from this season. Failure to provide printed results on all three athletes or to not show up for the meeting will result in the Meet Manager removing one athlete from the challenged school in the challenged event at his discretion.
- D. Each school may enter one relay per event per gender.
- E. Coaches this is a major change this year for this meet. We are asking that each coach be honest with their entries and seed marks so that we have very few issues. Remember you may still enter two in each event, but a third entry requires that all athletes on your team in that event meet the minimum standard. In addition, remember that just because an athlete is entered they are not guaranteed a mark if they can not meet the minimums established by the entries.

#### GIRLS' STANDARDS FOR THE SHAWNEE MISSION NORTH RELAYS

100 M Dash	13.1	100 M Hurdles	17.0
200 M Dash	28.0	300 M Hurdles	51.5
400 M Dash	63.0	Shot Put	32'0"
800 M Run	2:30	Discus	100'
1600 M Run	5:40	High Jump	4'8"
3200 M Run	12:45	Long Jump	16'0"
Javelin	100'	Triple Jump	31'6"
Pole Vault	8'6"		

#### BOYS' STANDARDS FOR THE SHAWNEE MISSION NORTH RELAYS

100 M Dash	11.2	100 M Hurdles	15.8
200 M Dash	23.4	300 M Hurdles	43.0
400 M Dash	52.9	Shot Put	44'
800 M Run	2:02	Discus	135'
1600 M Run	4:40	High Jump	5'10"
3200 M Run	10:10	Long Jump	20'6"
Javelin	155'	Triple Jump	41'
Pole Vault	12'0"		

**New Schedule:** Please take note of the new time schedule and order of events. We have italicized them in the schedule for your convenience.