

Greer Middle College Charter High School

Rock The Block Invitational Info Packet 2025

Date + Time: Fri, September 5 - Sat, September 6, 2025
Timers report at 8:30 AM; Meet starts at 9:00 AM; Ends at 12:30 PM

Locations: **North Charleston Aquatic Center** (NCAC)
8610 Patriot Blvd,
North Charleston, SC 29420

Embassy Suites | Charleston Airport ([Hotel](#))([Address](#))
5055 International Blvd,
North Charleston, SC 29418

Columbiana Centre Mall (Friday Lunch)
100 Columbiana Cir,
Columbia, SC 29212

Isle of Palms County Park (IOPCP)
114th Ave,
Isle of Palms, SC 29451

Cici's Pizza - Goose Creek (Saturday **lunch**)
431 St James Ave,
Goose Creek, SC 29445

Warm Ups: Swimmers will arrive at the pool at 7:30am by bus. Warm ups are at 8:00am.

Meet Entries: Available in the Swimtopia app.

Swimmer Fees: Swimmers owe \$40 for meals, meet snacks, and the hotel room.
This is due by Friday, September 5. The payment link is below.

- Go to the GMC website, then click **Donate** in the top left corner. Choose **Purchase**. Then, scroll down and select [Swim - Charleston Meet Fee](#).
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Heat Sheets: Heat sheets will be sold at the meet. Additionally, the meet will be on MeetMobile, the smartphone app.

**Spectators +
Parking:**

- Spectator fee = \$5
- Click [HERE](#) for tickets.
 - Select **Ashley Ridge Athletic Booster Club > Rock the Block Swim**
- Doors open to spectators at 7:45 AM.
- Spectators may **NOT** bring chairs. Bleacher seating is available.
- Concessions are available in the spectator area. Kona Ice and two food trucks are available outside of the aquatic center.
- Parking is at Fort Dorchester High School, adjunct to the aquatic center.

Timers:

- [We need two timers to split the duration of the meet.](#) This role will be split by two people, one first-half and one second-half. Please message Coach Weaver directly.
- Timers do not have to pay the spectator fee.

Seating:

NO CHAIRS ALLOWED. Bleachers provided for swimmers and spectators.

**Tentative
Itinerary:**

Friday:

[10:20 AM - Athletes go to Blazer Block](#)
[10:30 AM - Athletes dismissed to cafe](#)
10:45 AM - Depart GMC for CHS
12:30 PM - Lunch at Columbiana Mall
3:00 PM - Arrive at Hotel & Check In
3:30 PM - Depart Hotel for IOPCP
4:15 PM - Arrive at IOPCP
5:30 PM - Picnic dinner on the beach
6:00 PM - Team Beach Picture
7:30 PM - Depart IOPCP for Hotel
8:15 PM - Arrive at Hotel
9:00 PM - Nugget Night
10:30 PM - Return to Rooms
11:00 PM - Room Check (by coaches)

*Meal cost included with \$40 fee

**[All transportation is provided by Coach Weaver](#) via bus. Parents are invited to meet us at all meals/stops.

Saturday:

6:00 AM - Wake up
6:30 AM - Breakfast* at hotel
7:00 AM - Pack
7:10 AM - Load Bus
7:15 AM - Depart Hotel for NCAC
7:45 AM - Pool Deck opens
8:00 AM - Warm Ups
[8:30 AM - Timers Check-In](#)
8:50 AM - Coach/Captain Meeting
9:00 AM - Meet Starts
[12:30 PM - Meet Ends](#)
[1:00 PM - Depart NCAC](#)
[1:30 PM - Lunch at Cici's-Goose Creek](#)
[2:30 PM - Depart Cici's for GMC](#)
[5:30 PM - Arrive at GMC](#)

**Hotel Room
Assignments:**

Swimmers will share rooms with two queen-sized beds in groups of 3-4. Coaches will stay in nearby rooms to chaperone and for room checks and wake up calls. Coach Caroline will have a spare room key for the girls rooms and Coach Weaver for the boys rooms. No swimmer may leave the room after the 11:00 PM curfew unless with a coach or parent.

- See rooming list below and email Coach Weaver with any questions.

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- Rules:**
1. Clear and Often. No soda or energy drinks Friday afternoon or night.
 2. No purple. Boys stay with groups of boys and girls with groups of girls.
 3. No boys in girls rooms or vice versa.
 4. Obey the curfew. At risk of administrative discipline & suspension from future GMC trips, **no one** may leave their room after the 11:00 PM curfew.
 5. Be responsible. Remember who you are and who you represent.
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- Packing List:**
- ☐ Water bottle (2)
 - ☐ Team suit
 - ☐ Team caps (must be this season's cap)
 - ☐ Goggles (bring an extra pair if possible)
 - ☐ Headphones
 - ☐ Socks & close toed shoes (for staying warm at the meet)
 - ☐ 1-2 Towels
 - ☐ Sweatshirt/parka/warm up

 - ☐ Personal pillow (bring this for best sleep)
 - ☐ 1 outfit to wear on the bus Friday (after school)
 - ☐ 1 outfit to wear Friday after the beach
 - ☐ 1 outfit to wear on the bus Saturday (after the meet)
 - ☐ Phone charger
 - ☐ "Normal swimsuit" (for beach)
 - ☐ Toiletries
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Hotel Room Coming late August.
Assignments

Coach & Chaperone Contact Info:

Coach Brian Weaver

- (864) 979-2356
- bweaver@greermiddlecollege.org

Coach Caroline Carne

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Coach Luke Smith

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