



The Rules:

- + Participants must provide their own high heels - buy, borrow, or charity shops will have your size!
- + No straps allowed
- + Heels have to be at least 7 centimeters (2.75 inches) high
- + Shoes may fall off and be put back on
- + Contestants must cross line with both shoes on feet
- + Competitors will be scored by the order in which they cross the finish line:
 - 1st place: 10 points
 - 2nd place: 6 points
 - 3rd place: 3 points

event:

The Stiletto Sprint

