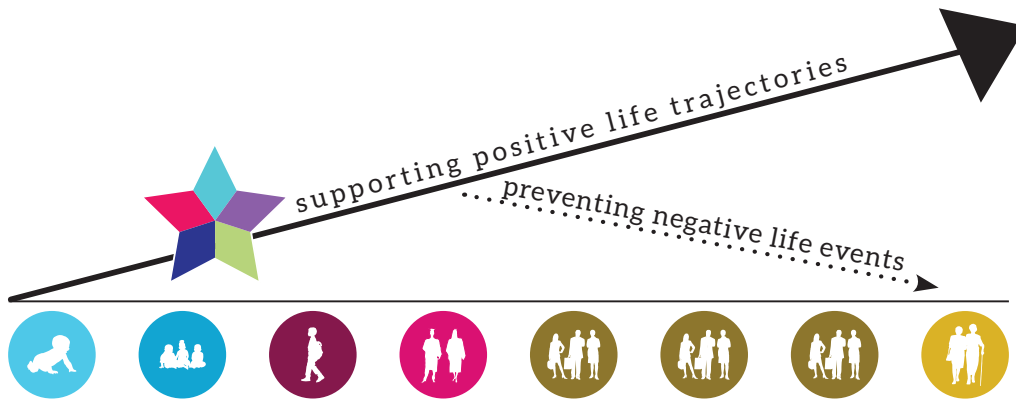


Charting the LifeCourse™

Guiding Principles

Core Belief: All people have the right to live, love, work, play and pursue their life aspirations just as others do in their community.



Focusing on ALL

100%

4.9 million
citizens with
developmental
disabilities













75%

25%

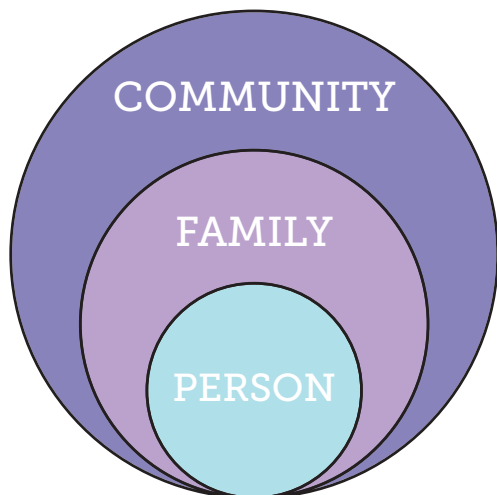
25% national
percentage
receiving state
DD services

Based on 1.49% prevalence, US Census 2013. Braddock et al, State of the State 2013

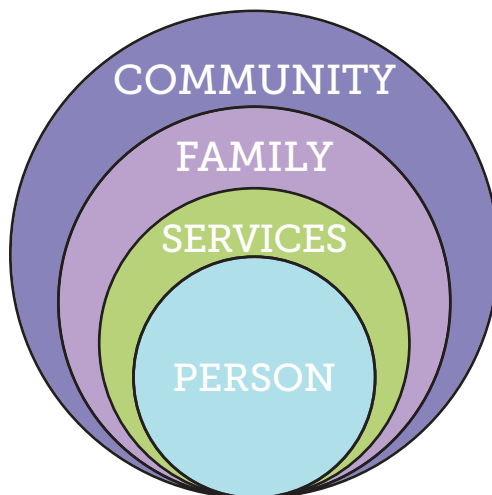
Life Stages and Life Domains

	Meaningful Day & Employment: What you do as part of everyday life– school, employment, volunteering, communication, routines, life skills.		Prenatal/Infancy Early years, wondering if meeting developmental milestones
	Community Living Where and how you live– housing and living options, community access, transportation, home modifications.		Early Childhood Preschool age, getting a diagnosis
	Safety & Security Staying safe and secure– emergencies, well-being, guardianship options, legal rights and issues.		School Age Everyday life during school years
	Healthy Living Managing and accessing health care and staying well– medical, mental health, behavior, developmental, wellness and nutrition.		Transition Transitions from school to adult life– Realizing school is almost over!
	Social & Spirituality Building friendships and relationships, leisure activities, personal networks, faith community.		Adulthood Living life as an adult
	Citizenship & Advocacy Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.		Aging Getting older and preparing for end of life (parent/family/individual)

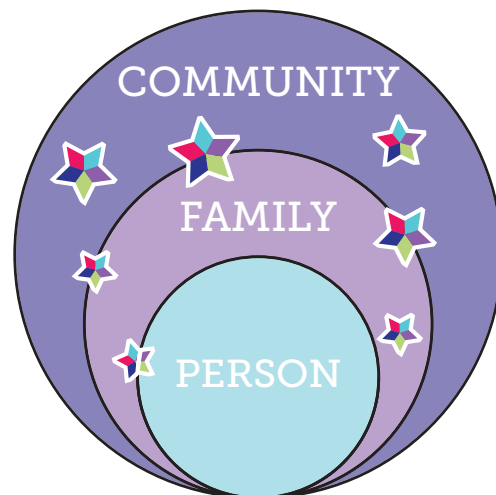
Person within the Context of Family & Community



People with disabilities are members of their families and communities

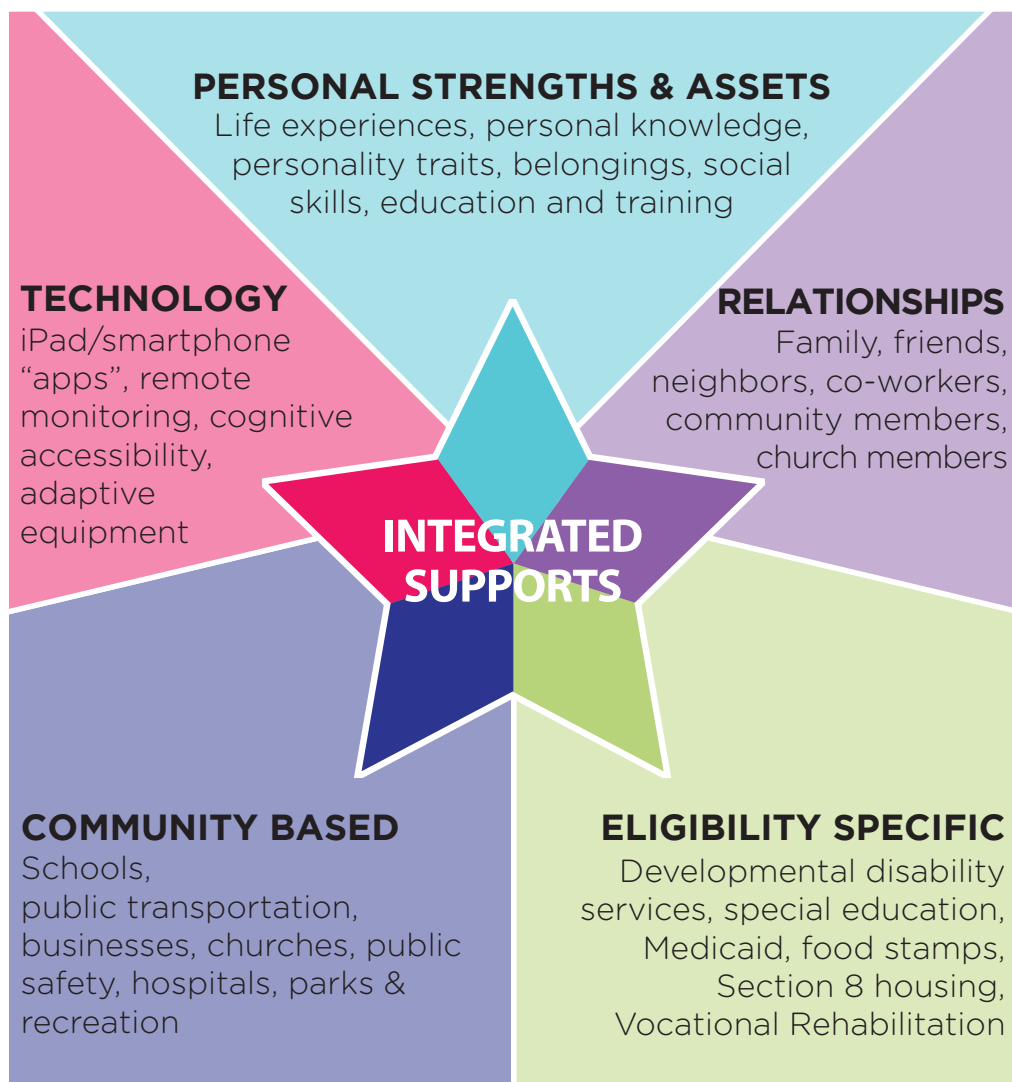


With the best of intentions



All people receive integrated services and supports

Integrated Supports for a Good Life



Strategies for Supporting Real Lives

Discovery & Navigation: Knowledge & Skills

- Information on disability
- Knowledge about best practices and values
- Skills to navigate and access services
- Ability to advocate for services and policy change

Connections & Partnerships: Mental Health & Self-efficacy

- Parent-to-Parent Support
- Self-Advocacy Organizations
- Family Organizations
- Sib-shops
- Support Groups
- Professional Counseling
- Non-disability community support

Goods and Services: Instrumental Supports

- Self/Family-Directed services
- Transportation
- Respite/Childcare
- Adaptive equipment
- Home modifications
- Financial assistance
- Cash Subsidies
- Short/Long term planning
- Caregiver supports & training

Access the Charting the LifeCourse™ tools and framework at lifecoursetools.com