

Merry Bank

Information For Visitors



Welcome

Welcome to Merry Bank. We are delighted to share our special home with you and hope that you enjoy it as much as we do. We want your stay to be as relaxing and enjoyable as possible but If you have any problems or something is not working please call Lakelovers on 01539 488855. We have made a list of some of our favourite things to do at the end of this booklet. If you make any discoveries of your own please make a note of them in the guest book

With best wishes from Alison and Chris

We have created an **online version of this document** which you may find useful. The link to it is

<https://cocallag.github.io/merrybank/>

Or you can scan the QR code below with your phone. Open the camera on your phone and point it at the QR code, then click on the link that appears on your phone.



Wi-Fi details

The Wi-Fi details are below, but to save time you can scan the QR code below to connect directly. Open the camera on your phone and point it at the QR code, then click on the link that appears on your phone.

Wi-Fi name:	These details are in the printed manual in the house but
Wi-Fi password:	not in this online version of the manual.

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Key information

- The Wi-Fi name is PLUSNET-ZCC2NZ and the password is YkGmXrApN3fDkE .
- The heating thermostat is on the wall in the main room to the right of the under-stair cupboards. Dial clockwise to increase and anticlockwise to decrease temperature. There is always hot water available from the combi boiler.
- The ceiling lights are all dimmable (except in the kitchen, hall and landing) just press in to switch on or off. Turn slightly to dim or brighten.
- The left hand understairs cupboard is for drying damp clothes and has a dual fuel heater. The heater is goes on with the central heating or can be switched on electrically ('boosted') if the central heating is not on.
- The washing machine is in the middle understairs cupboard.
- There is extra storage in the bedrooms under the kingsize bed (back bedroom).
- There are 2 pull out bins in the kitchen to the right of the oven- both can be used for all waste including recycling and if full empty into the wheelie bin labelled Merry Bank 3 Stockghyll Court around the side of the house. Refuse collection is on Tuesdays every other week and the wheelie bin is collected from where it is along the side of the house.
- There is no option for charging electrical vehicles as vehicles cannot be charged in front of the house and there is no power in the garage. Please use the EV charging points at Hayes Garden World in Lake Road, Red Bank Road Carpark, Rothay Manor Hotel, Pure Lakes at Bryerswood.
- The full address for any delivery is 3 Stockghyll Court, Ambleside, LA22 0QX.
- Our garage is the third garage on the right as you enter the garage area. The garage opposite our garage is for number 10, Stockghyll Court. Parking outside the garages is not permitted.

Fire

- Always shut the door to the main living room when you go to bed. This would help to prevent smoke or fire arising in the kitchen/ living room area affecting your escape route down the stairs.
- In the event of a fire raise the alarm.
- There is a fire blanket in the kitchen on the side of the fridge/freezer.
- There is a fire extinguisher on the kitchen window ledge.
- The house has interlinked smoke detectors and if one is activated all the others will be triggered. There is also a carbon monoxide detector on the landing. The central heating/hot water boiler is in the airing cupboard on the landing.
- There is an emergency light over the landing/stairway area.
- In the event of fire leave the building by the front door or rear door.

House tips and rules

- We want the house to be comfortable and relaxing for our guests and our family. We greatly appreciate your help in respecting our neighbours, minimising the environmental impact of Merry Bank, and looking after the furnishings and equipment so we all enjoy staying here.
- Please do not go onto or up the stone steps at the back of the patio and please do not go above the patio in the back garden as it is not safe to do so.
- Please keep noise levels down especially before 8am and after 11 pm.
- Please only park in the garage and do not park in front of the garage as this makes it almost impossible for the neighbours to get into their garage.
- Please be aware that none of the items in the garage are for visitor use – they are mainly for gardening or maintenance.
- Please do not smoke or vape in the house.
- Please leave all shoes and boots downstairs.
- Please hang very wet clothes on the pegs in the porch to drip for a while then hang in the drying room (please do not wet clothes on the radiators).
- Please close the windows before you put the heating on.
- Please leave the television stand where it is as it is very heavy. You can angle the television safely without moving the stand.
- Please close windows when you leave the house.
- Please close the main room door when going to bed to prevent a fire spreading.
- Please put sanitary products in the bin and not down the toilet.
- Please put the bathroom light on when using the bathroom to trigger the extractor fan.
- Please do not barbecue.
- Please use trivets for hot dishes on the dining table (these should be in the in top drawer on the main living room side of the kitchen peninsula).
- Please clean up spillages especially on the sofa, dining chairs, carpets and headboards as quickly as possible to minimise damage. There is cleaning equipment in the bottom drawer under the kitchen sink and a mop in drying cupboard.
- Please charge your electric bicycles for free at Ghyllside Cycles on The Slack in Ambleside (not in Merry Bank).
- Please do not use candles or naked flames or incense or oil burners in the house.
- Please do not access the attic there is nothing of interest or value up there.
- Please let us know if there is anything else we can do to make your next visit more comfortable.

Safety Issues

Outside

Please ensure the garage door is pushed gently but fully up to ensure it does not come down and injure you.

Please walk carefully and slowly in the front garden if the weather is wet to avoid slipping on slates or grass.

Please do not ascend the stone steps above the shingle patio in the back garden.

Inside

Please use hand rail when using the stairs.

Please use the non-slip mat and grab rail when using the shower and bath.

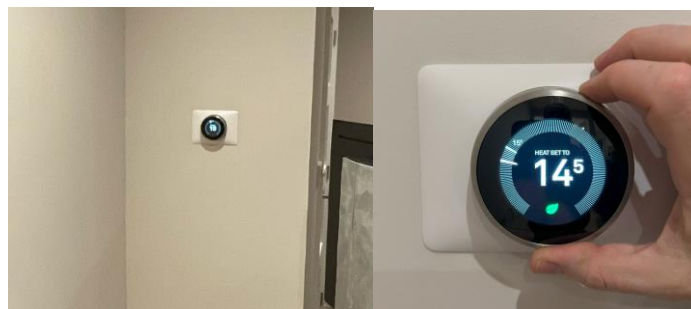
Please do not change the location of the TV but you may angle the screen.

Please mop up any water spillages with the mop in the drying cupboard as soon as possible both to avoid damage and also to prevent slipping.

If you do have an accident or are unwell please call 111 or 999 as appropriate.

Central Heating and Thermostat

The only control for the central heating is the smart thermostat which is on the wall behind the TV. The thermostat comes on when you approach it and displays the current room temperature. To change the temperature rotate the outside silver ring clockwise or anti-clockwise. The house is very well insulated and warms up quickly.



Lights

The ceiling lights are all dimmable (except in the kitchen, hall and landing).

Dimmable lights. Push the light switch button in to switch the lights on or off. The lights may take a second or two to come on after the button is pushed. When the lights are on you can adjust their brightness by turning them anti-clockwise (dimmer) or clockwise (brighter). There is a slight delay between rotating the button and the brightness changing, so it is usually best to make small rotations and wait to see what the effect is on the brightness is.

Main living room lights. The wall lights are not dimmable but the ceiling lights are.

Spare bulbs for the bedside lights are in the middle drawer on the main living room side of the kitchen peninsula.

Rubbish collection and recycling



Please put all refuse, recycling and food waste in black bin bags in the pull-out bins in the kitchen to the right of the oven. Refuse, recycling and food waste are all collected together and sorted out by Cumbria Waste Recycling to optimise recycling and minimise landfill. Lakelovers will empty the

kitchen bins after your visit, but if you need to empty them during your stay, please put them in the green wheelie with a number '3' and a label lid 'Merry Bank 3 Stockghyll Court' on its lid. There are spare bin bags in the drawer under the sink.

The bin collection day is Tuesday every other week and the wheelie bin is collected from where it is along the side of the house, so there is no need to put it out for collection. Some of the other houses in Stockghyll Court have different collection days. There are also recycling bins near the main recycling centre off Rothay Road (turn left when heading towards the village centre).

Kitchen

We hope you enjoy cooking in our kitchen. You should be able to cook, bake or just heat up ready meals to your heart's delight. Do open all the cupboards and drawers to see where everything is. Don't miss the drawers on the living room side of the peninsula.

We have tried to store things logically, so please put items back in their place if possible.

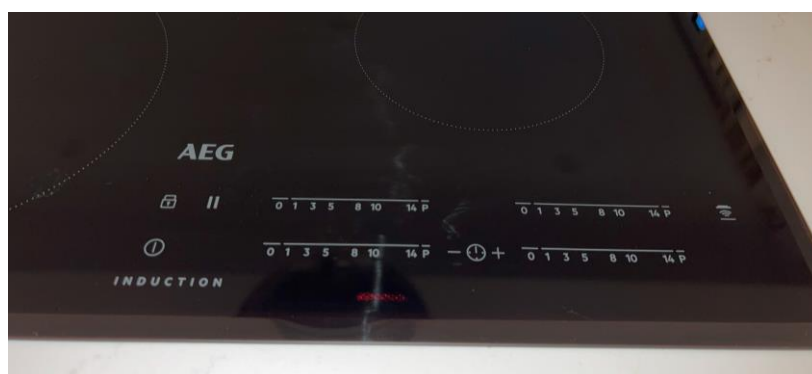
There is a 'magic corner' to the left of the sink and this is activated when the door to the cupboard is opened.

For food storage we suggest putting cans in the wall cupboard on the left and dry goods, bread and cereal etc in the large top drawer under the window—this makes everything visible and easy to find.

Cooking Hob

Check that the power to the hob is switched on at the switch labelled 'Cooker' on the wall to the left of the kitchen window. This switch controls both the hob and the oven.

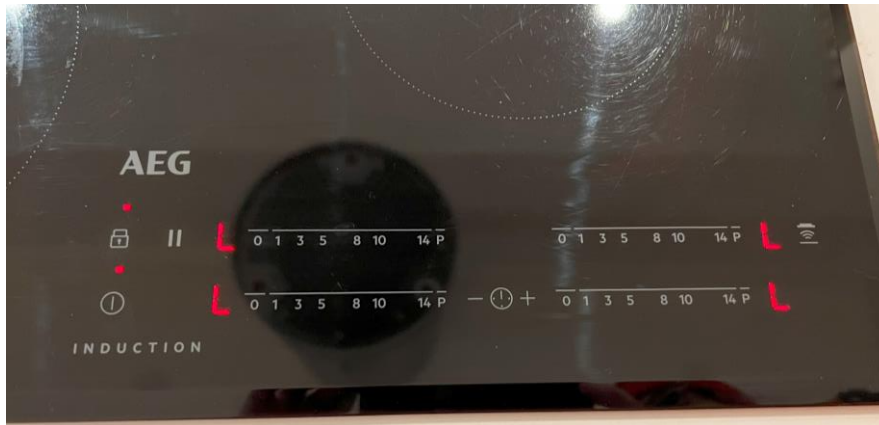
Turn on the hob by pressing on the on/off symbol at the bottom left of the control panel on the hob. This on/off symbol is a vertical line in a circle.



There are four sets of controls, one for each induction ring. Place a pan over the appropriately sized ring on the hob. The controls for each ring have a set of numbers from 0 to 14 and then the letter 'P'. These control the power of the ring, so choose a low number for a low temperature and a high number for a high temperature. P is the maximum power for heating up as quickly as possible. It is not possible to use all rings on P at the same time. Press the number corresponding to the power you want. You can slide your finger up and down the scale to adjust the power/ temperature.

Timer. In the centre at the lower end of the panel is a clock symbol with a – and a + symbol on either side of it. Turn on a ring to be timed. Press the clock symbol and use the -/+ symbols to select the time. The selected ring will turn off when the time is reached and an alarm sound will be heard.

Note. The padlock symbol activates the child lock. If you activate this (deliberately or by mistake), then the letter 'L' will appear next to the controls for each ring and there will be a red dot above the padlock.



To deactivate the child lock:

- Press the on/off symbol to turn the hob off.
- Press the on/off symbol again to turn the hob on.
- Press and hold the padlock symbol for 4 seconds.
- Press the on/off symbol again to turn the hob off.
- You can now turn the hob on again and use it normally.

Oven

Check that the power to the hob is switched on at the switch labelled 'Cooker' on the wall to the left of the kitchen window. This switch controls both the hob and the oven.

Simple instructions for standard fan oven operation. To use the standard fan oven, just switch the oven on by pressing the on/off symbol under the control panel and to the left of the circular dial. Rotate the dial clockwise so that the red line is under the temperature. Click the centre of the dial and rotate the dial to select the temperature you want. Press 'START. Press on the red 'STOP' when you have finished.

More detailed instructions

Switch the oven on by pressing the on/off symbol under the control panel and to the left of the circular dial.

Selecting options. When an item is selected there is a red line underneath it. Rotating the silver ring on the outside of the dial moves the red line from one item to another. To activate an underlined item press the black centre of the dial. This may take you to a new menu. To go back to the previous menu you may need to rotate the dial clockwise or anti-clockwise to find 'Back' and then select this.

When the oven is switched on the default option is the Fan Oven option at 150°C.



When the red line is under the oven symbol click on the centre of the dial to see a range of other oven settings.



Rotate the dial to select the required oven setting and then click on the centre of the dial to activate this setting. You should be automatically returned to the starting screen.

Then rotate the dial to select the temperature by moving the red line under the temperature and click on the centre of the dial to activate this temperature.



When you have selected the required oven setting and temperature the press on 'START' to the right underneath the main control panel.

When you have finished using the oven, press on the red 'STOP' and switch the power symbol to turn the oven off.

Timer. To set the reminder timer select the bell symbol at the lower left edge of the main control panel by rotating the dial so the red line is under the bell symbol. Click the centre of the dial. Then rotate the dial to the required time and click on the centre of the dial. At the end of the selected time an alarm will sound. Press the centre of the dial to silence the alarm. Note this timer is simply a timer that can be used as a reminder, but does not turn the oven off.

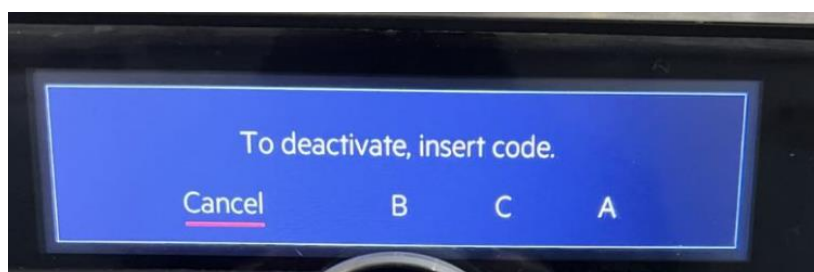
Steam oven.

To add water, press on the large metallic button in the upper right corner of the oven. This then releases the water channel. Pour clean water into this using a jug.

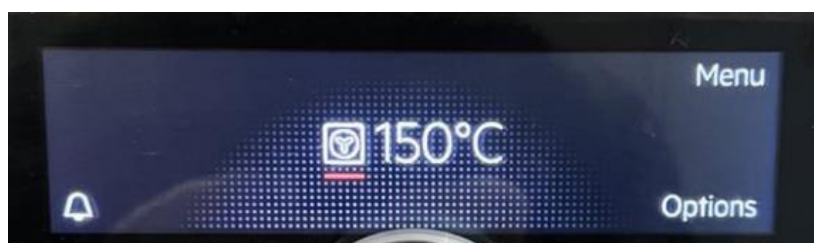


Using the main control panel select the oven setting symbol for steam oven and then select the required special steam setting. Then select the required temperature and press 'START'.

Child lock. If the child lock has been activated by mistake, you will see the message 'To deactivate, insert code.' The code is A B C and to input this rotate the dial to so that the red line is under the 'A' and press the centre of the dial, then do this for 'B' and then for 'C'.



To switch off the child lock completely, start at the main home screen below and rotate the dial to select Menu, then press the centre of the dial.



From the Menu list that then appears select 'Basic Settings' as shown below.



From the Basic Settings list then then appears select 'Child Lock' which will probably appear as 'Child Lock . ON' if it has been put on previously.



A further Child Lock list then appears and use the dial to select 'Off' as shown below. The Child Lock should now be turned off and you can exit the menu system.



Dishwasher

If this is not switched on, switch the power on at the switch on the wall to the right of the sink. There are two switches to the left of the double electricity sockets. The switch on the right of the pair is the switch for the fridge-freezer. The switch on the left of the pair is the switch for the dishwasher.

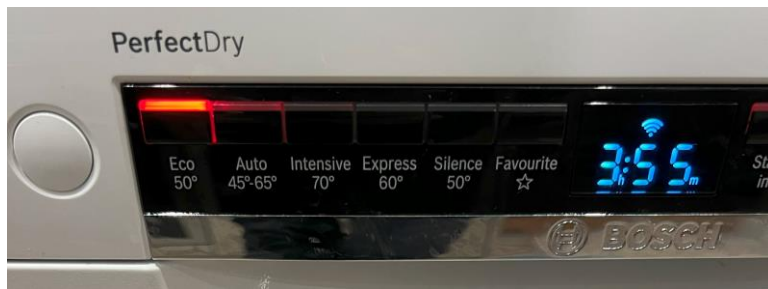
Simple instructions for standard default 'Eco 50°' use. Load the dishwasher. Place a dishwasher tablet in the tablet dispenser on the back of the door or in the front of the top basket (see photos below). Switch the dishwasher on using the round white on/off (⏻) button on the left which is also labelled 'Reset 4 sec'. Press the round white 'Start' button to the right of the panel.

Detailed instructions

Switch on using the round white on/off (⏻) button on the left which is also labelled 'Reset 4 sec'.



Select the required wash programme using the buttons on the left side of the black panel. The centre of the panel shows the time that the selected programme will take. By default the Eco programme will be selected and this takes 3:55 hours.



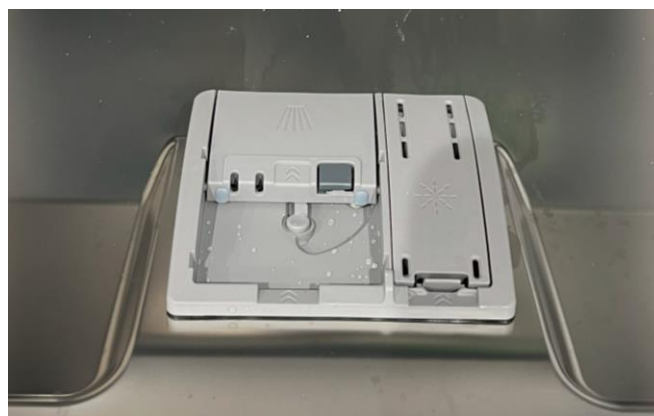
If you want to delay the start of the wash, then press the 'Start in' button. Press this once for each hour of delay before the wash will start. The display will show h:01 for a 1 hour delay, h:02 for a 2 hour delay and so on.



The other options button on the right side of the block panel will probably not be needed other than the half-load option if you do not have much to wash.

When you have selected the required options press the round white 'Start' button to the right of the panel.

Dishwasher tablets. These can be put in the left side of the grey plastic fitting on the back of the door. Put the tablet in the tablet holder and slide the door down over it.



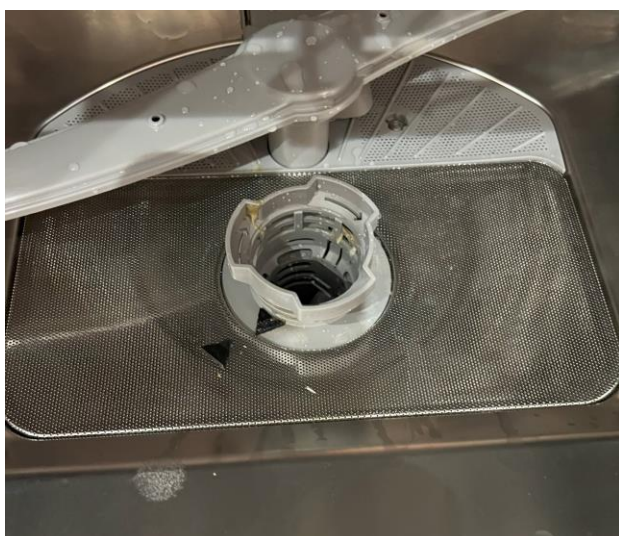
Dishwasher tablets can also be put in the basket in the front of the upper of the two wire rack.



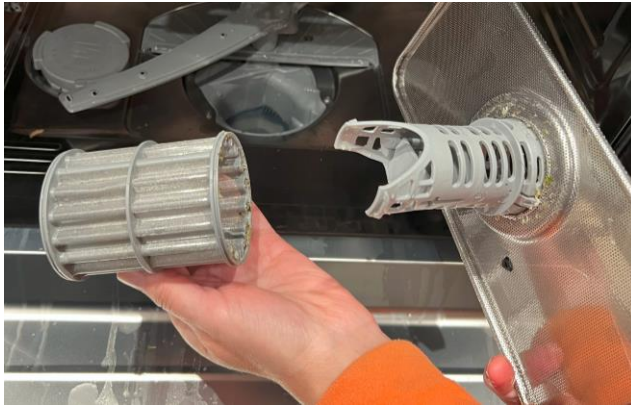
Rinse aid. The water is very soft in Ambleside so rinse aid may not be necessary. Rinse aid can be put in the right hand side of the grey plastic fitting on the back of the door. There is a plastic tab at the top of this fitting. Push it down very slightly towards the bottom of the door to open it and pour rinse aid into the opening under the lid.



Dishwasher cleaning. There should not be any need for you to do any cleaning of the dishwasher, but if needed, the dishwasher drain filter can be removed and rinsed under a tap. To do this, empty the dishwasher and roll out the lower wire rack. Reach behind it and turn the grey plastic drain anticlockwise about a quarter of a turn to release it. Pull the drain upwards and lift it out.



The filter can be removed by pulling it away from the drain. It can then be cleaned under a tap. When this is done, push it back over the drain and put the drain back in place. Turn the drain clockwise to lock it back in position again.



Microwave

There are also multiple special controls but the basic controls are as follows:

Simple standard microwave operation. For standard microwaving on full power use the three upper right time buttons to set the time required and press the bottom right button which is the start button. To cancel anything press the bottom left red button.



Detailed instructions. For microwaving on a lower power level or for defrosting, press the 'Micro Power' button to select the desired power level, then use the three upper right time buttons to set the time required and press the bottom right button which is the start button.

To use the microwave as a simple timer, press the 'Timer/Clock' button once, then use the three upper right time buttons to set the time required and press the bottom right button which is the start button. An alarm will sound when the time is up. Press the bottom left cancel button to silence the alarm.

To set the time. If the time is not set and you want to set the time press the 'Timer/Clock' button twice. Then press the right upper '10 min' button to set the hour. Then press the '1 min' button to set the first digit of the minutes. Then press the '10 sec' button to set the second digit of the minutes. Then Press the Timer/Clock button once.

Fridge-Freezer

If this is not switched on, switch the power on at the switch on the wall to the right of the sink. There are two switches to the left of the double electricity sockets. The switch on the right of the pair is the switch for the fridge-freezer. The switch on the left of the pair is the switch for the dishwasher.

Open the fridge door by putting your hand underneath the left side of the door where there is a finger groove.



When the fridge is turned on it will alarm initially because it has not cooled down. Inside the fridge on the left hand wall there is a panel and at the bottom of the panel in the centre is an oval shape with an arrow on either side of it. You can **silence the alarm by pressing on the oval**.

Extractor fan

Check that the power to the extractor fan is switched on at the switch at the left end of the panel of switches on the wall to the left of the kitchen window.

Operate the extractor fan and its light using the buttons on the casing.

Slow cooker

The slow cooker and food processor are in the bottom drawer main room side of the peninsula

Food Processor

The food processor needs to be assembled and the main bowl clicked gentle into place clockwise before the lid is clicked into place clockwise



Toaster

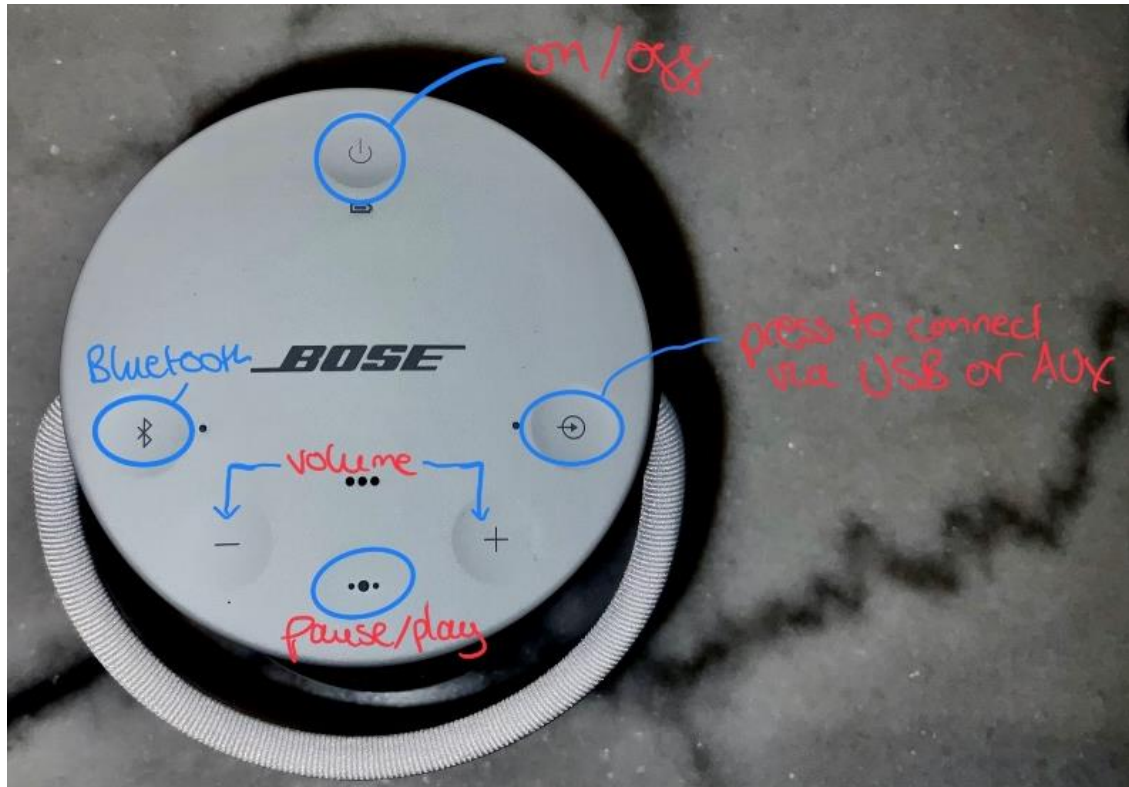
The toaster allows you to look at the toast to see if it is done using the large lever and this does not stop the toasting. Turn the dials to set the toasting level. Press the button on the end of the dials to stop toasting. To toast frozen bread, push the inner buttons which has a star/ice crystal symbol. To toast one side, for example of a bagel, push the outer buttons with the bagel symbol on.

Amazon Echo

There is a white Amazon Echo dot device in the kitchen so you can 'Ask Alexa' questions such as what time it is or ask Alexa to set a timer while you are doing cooking. If the device appears green, there may be a notification such as a weather report of interest and you can ask 'Alexa, what is the notification.'

Main room

Bluetooth Speaker



The speaker is battery-powered but if the battery has run flat it will need to be charged using the cable which should be plugged into a USB socket near the toaster.

- Press power button to turn on.
- Connect devices wirelessly by pressing the Bluetooth button.
- Press and hold the Bluetooth button to connect another device when the speaker is already connected to one.
- Or connect devices via a wire (MicroUSB or AUX) by pressing the arrow button once these devices are plugged in.

Television



Simple instructions

- Ensure power socket is turned on at the wall and the aerial is plugged in to the aerial socket.
- Press the red power on/off button (⏻) at top of the remote control to turn the TV on.
- The cursor should automatically appear – point remote at the TV to use this and press the central scrolling button to select something or roll this button to scroll and then press to select.
- For live TV press the TV guide button and select a channel.
- Use the buttons at the bottom of the remote control for quick access to certain apps e.g. Netflix or Amazon Prime – feel free to use your personal log-ins for the apps but don't forget to log out at the end of your stay!

There is a valid TV licence in place for Merry Bank.

Detailed instructions.

Check that the TV is plugged in and the socket is turned on at wall and that the aerial is plugged in to the aerial socket in the wall.

Turn the TV on by pressing on the red on/off symbol (⏻) button at the top of the remote control. You should then see a home screen such as that below.



You can navigate around the screen by using the roller/tracker ball in the middle of the remote control. To select an item press to click on the roller/tracker ball.

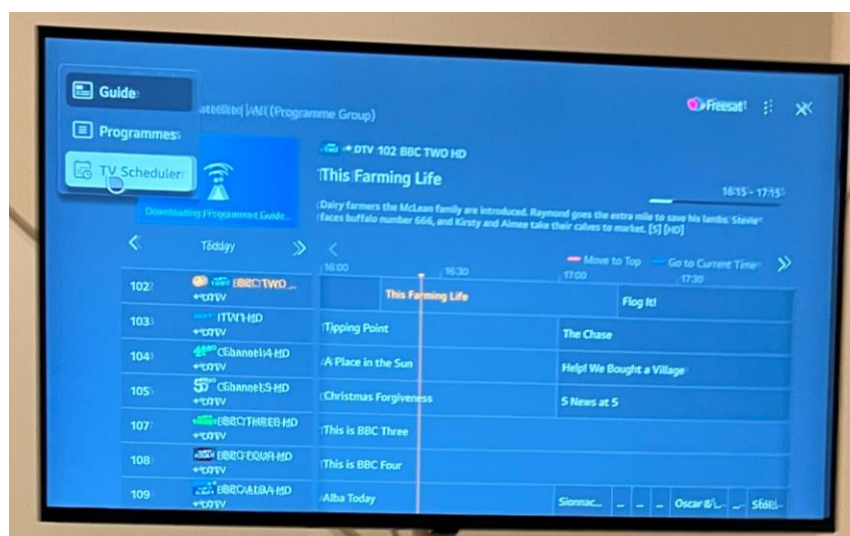
It is also possible to move the cursor around the screen by pointing the remote control at different areas of the screen. The cursor looks a bit like a speech bubble.

To go back click the button with the back arrow which is under the tracker ball on the left just above a red button.

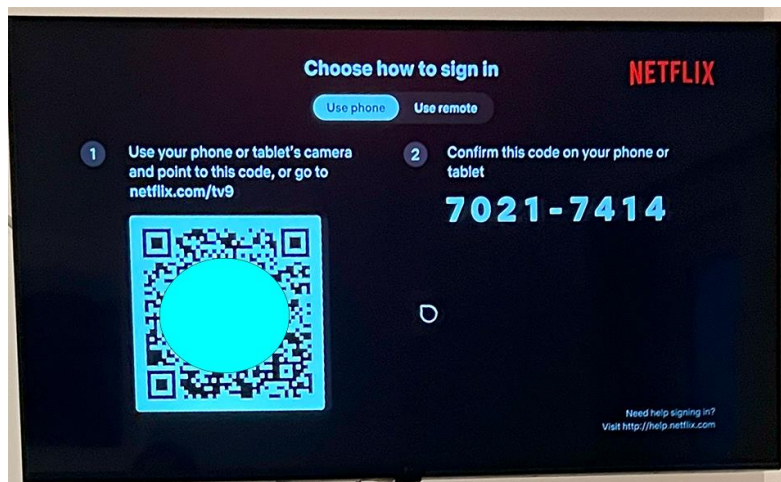
To return to the home screen press the home symbol which is on the left above the tracker/roller ball.

Live TV. To watch live TV select the 'Live TV' option. You can then type in the number of the channel that you want.

To choose a TV channel from the TV guide press the TV Guide/menu button which is under the number 7 on the remote control. You can then navigate around the screen to choose the channel that you want to watch.

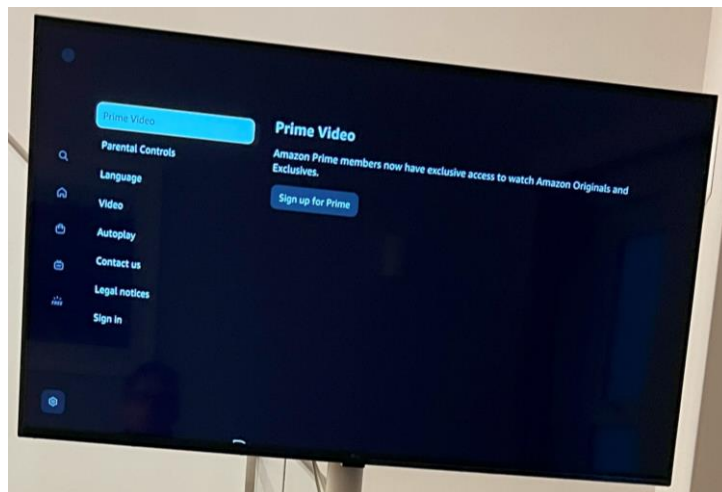


Netflix. Click the red Netflix button on the remote control (or select Netflix from the Home screen). Follow the instructions to sign in to your Netflix account. You can do this easily using a phone or tablet to read the QR code. Alternatively, you can input information using the remote control.



To sign out of Netflix, open the Netflix app on the television by clicking on the Netflix button on remote control or selecting it on the TV home screen. Select your profile and then from the Home Screen navigate left or use the left arrow to access the main menu. Select 'Get Help' from this menu and then select 'Sign Out'.

Amazon Prime Video. Click the Prime Video button on the remote control (or select Prime Video from the Home screen). Follow the instructions to sign in to your Amazon Prime account.



To sign out of Amazon Prime Video, open the Prime Video app on the television by clicking on the Prime Video button on remote control or selecting it on the TV home screen. Select your profile, then from the Home Screen navigate left or use the left arrow to access the main menu. Select Settings and then select 'Sign Out'.

Remote control batteries. If the remote control is not working it may be because the batteries have run down. There should be spare batteries of AA type in the middle drawer on the main living room side of the kitchen peninsula. To change these slide the back off the remote control.

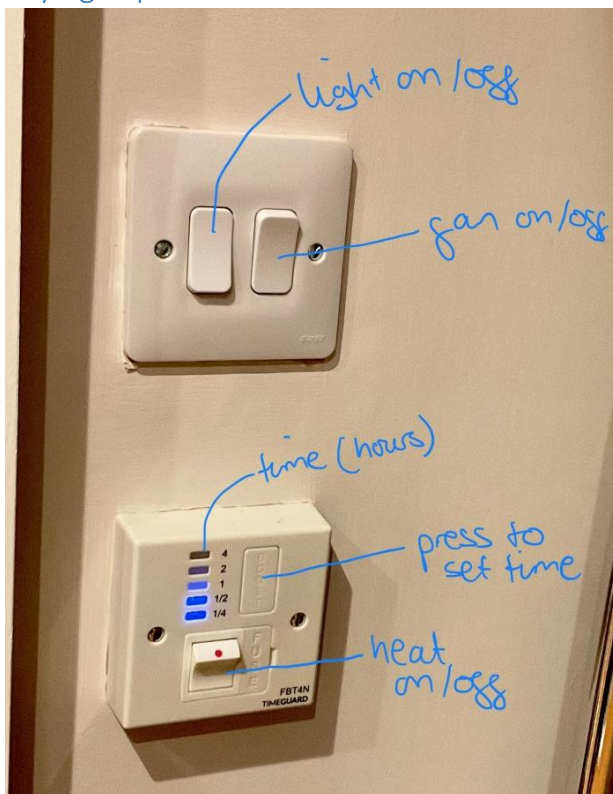


Dealing with wet clothes

Waterproofs. Hang these in the porch, ideally for an hour or more to drip dry as much as possible. After this, if the weather is warm you can leave them in the porch to dry out. If the weather is colder, then after they have stopped dripping, you can hang them in the drying cupboard which is to right of the fridge-freezer in the main room.

For other clothes that are wet, it is sensible to let them drip dry outside, especially if the weather is warm. Other options include putting them in the washing machine and spinning then drying them or putting them in the drying cupboard.

Drying cupboard



- This is the tallest sloped cupboard next to kitchen under the stairs.
- If the central heating is on, then the radiator in the drying cupboard will automatically turn on.
- If the central heating is not on and you want the radiator to heat up. First, check that the power to the radiator is on – on the square switch labelled FBT4N TIMEGUARD, press the big switch on so (the visibility of the red dot on the top of the switch indicates that it is on).

Then press the flat upper button to select the time period that you want the radiator to be on for. If you press this flat button repeatedly, different times are selected as shown by the blue lights next to the numbers. The numbers represent hours. The radiator can take 5-10 minutes to heat up.

- You can press the time button at any point to reset the time
- Above the timer there is a double switch. The switch on the left operates a light in the cupboard. The switch on the right operates a fan. You can switch the fan on to ventilate the cupboard. The fan is very quiet and takes a minute or two to come up to its working speed. There is a cord on the fan at the back of the cupboard which can provide a boost of ventilation, but this is noisy and you should not need to use this as the fan is very efficient on its normal mode.
- Please remember to switch off light, fan and heat when not in use or not needed.

Washing Machine

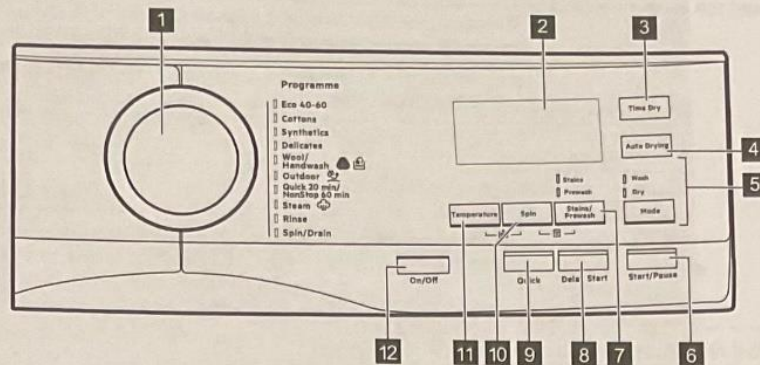
- Located in middle cupboard under the stairs in the main living room.
- Load with clothes.
- Turn on by pressing the On/Off button under the control panel.



- Rotate the large central control dial to select the required programme on the list to the right of the dial. setting eg. type of fabric, type of wash/dry – we recommend the spin/drain setting for damp clothes (eg. after a rainy walk!) then putting the clothes in the airing cupboard to finish drying.
- Press the quick button if you only have a small load or fairly clean clothes.
- Delay the start of the wash by repeatedly touching the 'Delay Start' button until the desired time is shown (e.g. 2hr means the wash will start in 2 hours time).
- You can change the temperature by repeatedly pressing the Temperature button until the desired temperature is shown.
- You can press the mode button to select whether washing and/or drying happens.
- Press start to activate the programme you have selected.
- Details of the control panel and display symbols are below.

7. CONTROL PANEL














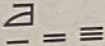


7.1 Control panel description



- | | |
|------------------------------------------------------|--------------------------------------------------|
| 1 Programme dial | 7 Option touch button (Stains/Prewash) |
| 2 Display | 8 Delay Start touch button (Delay Start) |
| 3 Drying time touch button (Time Drying) | 9 Time Saving touch button (Quick) |
| 4 Drying level touch button (Auto Drying) | 10 Spin reduction touch button (Spin) |
| 5 Washing and drying mode touch button (Mode) | 11 Temperature touch button (Temperature) |
| • Wash | 12 On/Off push button (On/Off) |
| • Dry | |
| 6 Start and pause touch button (Start/Pause) | |

7.2 Display



	Maximum load indicator. The kg indicator flashes during the laundry load estimation.
MAX	Maximum laundry indicator. It flashes when the laundry load exceeds the maximum declared load of the selected programme. If you run a programme when the drum is overloaded, MAX also flashes at the end of the programme.
	Drying time indicator.
	Door locked indicator.
	The digital indicator can show: <ul style="list-style-type: none"> • Programme duration (e. g. 2:40, washing and/or drying phase). • Delay time (e. g. 30' or 2h). • Cycle end (0). • Warning code (E20).
	Washing phase indicator. It flashes during prewash and wash phase.
	Rinsing phase indicator. It flashes during rinse phase.
	The permanent Extra Rinse option: <ul style="list-style-type: none"> •  - one additional rinse. •  - two additional rinses.
	Spinning and draining phase indicator. It flashes during spin and drain phase.
	Steam phase indicator.
	Drying phase indicator.
	Child safety lock indicator.
*00	Temperature indicator. The * indicator appears when a cold wash is set.
1400	Spin speed indicator. - - - - No Spin indicator.
	Iron drying indicator.
	Cupboard drying indicator.
	Extra drying indicator.

Books

There are various books in the console cupboard that you might find useful or interesting. If you want to do one of the walks in these books we suggest photographing the pages for the walk with your phone and using this as a guide when you are walking.

- 15 short walks in the Lake District - Windermere, Ambleside and Grasmere by Jonathan and Lesley Williams.

- A lifetime of mountains. A Harry Griffin's country diary edited by Martin Wainwright
- A literary walking tour of Ambleside by Penny Bradshaw
- Ambleside's Natural Places and Spaces by Cumbria Wildlife Trust
- The Ambleside walking companion, A country stride guidebook
- The Southern Lakes - 40 shorter walks by Dominic North

Games

These are in the console cupboard and one or two have a Lake District theme.

- Backgammon
- Bananagram
- Chess
- Lake District Top Trumps
- Mapominoes
- Monopoly - Lake District version
- Playing cards
- Scrabble

Bathroom

The bathroom light switch is on the landing wall on the right before you enter the bathroom. The light also switches on the extractor fan.

The bathroom cabinet has a light that comes on automatically if you stand in front of it. There are shaving and electric toothbrush sockets inside the cabinet.

Please use the non-slip mat when getting using the shower and bath, and the grab handle if needed.

Please dispose of sanitary products in the pedal bin and do not put them down the toilet.

Towel rail

This is a dual fuel towel rail radiator. If the central heating is on, then the towel rail radiator will automatically turn on. When the central heating is on, the heat can be controlled by a thermostat valve on the towel rail.

The towel rail can be electrically boosted at other times by a switch on the landing below the bathroom light switch on the right. After it is switched on the towel rail may take 5-10 minutes to heat up.

If the central heating is not on and you want the radiator to heat up, then it can be controlled from a switch on the landing below the bathroom light switch to the right of the bathroom door. First, check that the power to the radiator is on – on the square switch labelled FBT4N TIMEGUARD, press the big switch on so (the visibility of the red dot on the top of the switch indicates that it is on). Then press the flat upper button to select the time period that you want the radiator to be on for. If you press this flat button repeatedly, different times are selected as shown by the blue lights next to the numbers. The numbers represent hours. You can press the time button at any point to reset the time

Shower

The dial on the left side of the bar controls flow. Rotating the top away from you activates the large overhead 'rainfall' shower. Rotating the top towards you activates the normal flexible showerhead. To switch the shower off move the control back to the central position and you will feel it click softly into place in the off position- too far and you switch the other shower head on!

Garage

Our garage is the third garage on the right as you enter the garage area. The garage opposite our garage is for number 10, Stockghyll Court. Parking outside the garages is not permitted.

To open the garage put the garage key into the lock with the flat surface downwards. Turn the key anticlockwise. Turn the handle anticlockwise. Pull the door out gently, ensuring that you control it as it opens outwards. If it does not stay up, you can push it up slightly further.

To close the garage door, take hold of the cord on the back of the door and gently pull the cord downward and towards the outside of the garage. Then pull down the bottom of the door and push down into place. You may find it helpful to push down on the bottom edge of the door with the front of your foot in the middle of the edge under the lock. When the door is closed, rotate the handle clockwise and turn the key clockwise.

If the door does not close easily it may be that it has shifted slightly to one side so it can be helpful to open it again and bring it down ensuring that it is in the centre of the doorway.

There is no light in the garage.

Please be aware that none of the items in the garage are for visitors' use—they are mainly for gardening and maintenance.

Garden

You are welcome to sit in the front garden. You are also welcome to use the rear patio area behind the glass fence. Use the black metal steps to access this area. Take care on the steps, especially if it has been wet. Please avoid leaning on the glass fence. There is no access for visitors beyond this flat gravelled patio area.

User Manuals for Appliances

There are links below to the user manuals you may want. You may find it easier to use these links from the Merry Bank website at the link below—click ‘User Manuals’ on the navigation bar menu. Please see the QR code on page 2.

<https://cocallag.github.io/merrybank>

Bose Bluetooth speaker

https://cocallag.github.io/merrybank/documents/bluetooth_speaker.pdf

Cooking Hob

<https://cocallag.github.io/merrybank/documents/hob.pdf>

Dishwasher Manual

https://cocallag.github.io/merrybank/documents/dishwasher_manual.pdf

Dishwasher Quick Guide

https://cocallag.github.io/merrybank/documents/dishwasher_quick_guide.pdf

Fridge Freezer

https://cocallag.github.io/merrybank/documents/fridge_freezer.pdf

Kettle

<https://cocallag.github.io/merrybank/documents/kettle.pdf>

Microwave

<https://cocallag.github.io/merrybank/documents/microwave.pdf>

Oven

<https://cocallag.github.io/merrybank/documents/oven.pdf>

Toaster

<https://cocallag.github.io/merrybank/documents/toaster.pdf>

TV Manual

https://cocallag.github.io/merrybank/documents/tv_manual.pdf

TV Quick Guide

https://cocallag.github.io/merrybank/documents/tv_general_quick_guide.pdf

Vacuum

<https://cocallag.github.io/merrybank/documents/vacuum.pdf>

Washer Dryer

https://cocallag.github.io/merrybank/documents/washer_dryer.pdf

House information

Water

The water stop cock is in the kitchen. You should not need to access this, but it is in the kitchen to the left of the sink. To access it, open the lower cupboard to the left of the sink and remove all the items from the lower inner left-most shelf. In the back wall of the cupboard a window has been cut in the back wall of the cupboard just above the lower shelf and the water pressure gauge can be seen behind the cupboard. It has a dial with numbers on a bit like a clock face. Below and to the left of the water gauge there is a black lever with the letters “WRAS” on it. The lever will be horizontal if the water is on. To turn off the water supply, push the right hand end of the lever down to turn it clockwise until it is approximately vertical. The lever is quite a tight fit behind the back wall of the cupboard. To turn the water supply back on again, pull the lever anti-clockwise back to the horizontal position.



Gas

The gas meter is in a cupboard in the porch

Electricity

The electricity meter is in the cupboard in the porch

Environmentally friendly living

Our aim is for Merry Bank to be as environmentally friendly as possible. The house is timber-framed and is highly insulated. It heats up easily in winter and retains its temperature, but is also cool and

comfortable in summer and well-ventilated. The electrical appliances are modern and energy efficient as is the central heating. All lights are energy-efficient LED lights.

Some of our Favourite things

Ambleside is a wonderful location and we particularly like the location of Merry Bank because it is close to the fells and yet also close to the village of Ambleside with all its wonderful attractions. Here are just some of our favourite things to do, but there are so many more! We have put more details of more of our favourite activities on the Merry Bank website and you may find it easier to follow the links from our website. Please see the QR code on page 2.

<https://cocallag.github.io/merrybank>

Walking

There are so many wonderful walks that it can be difficult to decide which ones to do. It can be useful to have a map on your phone as well as in your rucksack. The Ordnance Survey (OS) Maps App can be useful or the Memory-Map app which also provides access to OS maps. Other walking apps include Outdooractive (formerly ViewRanger).

The WalkLakes website (www.walklakes.co.uk) is a great website which lists many walks graded according to their distance and difficulty and there are good maps on the site.

Walks from the front door

We love all of these; Loughrigg Fell, Wansfell Pike, Rydal Water, Grasmere, Stock Ghyll, High Sweden Bridge, Troutbeck, Red Screes, the Langdales, Helvellyn and Fairfield. Most are covered in the guides below and in The Southern Lakes - 40 shorter walks by Dominic North which you will find in Merry Bank.

It can be useful to photograph the pages and map for the walk with your phone and using this as a guide when you are walking.

Some of our favourite local routes from the front door are shown as red lines on the map below.

Other sources of information include the Cicerone books (e.g. [5 Fantastic Fell Walks from Ambleside](#)) and Lakeland Leisure Walks who produce a series of short walk pamphlets.

https://www.lakelandleisurewalks.co.uk/?Ambleside_Walks&normal



Longer Walks

The Fairfield horseshoe is a stunning walk as most of the walk is along the ridge of the horseshoe shaped route with spectacular views if the visibility is good. You can do the walk from Ambleside, but it is a good six hours or longer walk.

The Langdale walks are all wonderful and there are multiple variations including a long walk to Scafell Pike from the Old Dungeon Ghyll hotel. You can drive to the start of the route but parking can be tight or take the excellent 516 bus from the bus interchange in Ambleside to the Old Dungeon Ghyll hotel – this doesn't take much longer than driving there.

Wild Swimming

Wild swimming can be done in Rydal Water, Loughrigg Tarn, Grasmere, Elterwater and of course Windermere

[Best Wild Swim Spots in Ambleside — ONE LAKE DISTRICT](#)

Coffee and snacks,

The Force Café is just up Stockghyll Lane and is a sun trap with great views.

Grove Barn Café a little further up the lane (check if it is open); they do wonderful cake.

The Giggling Goose- immediately you arrive at the bottom of Stockghyll lane across the road on your right- very relaxing to have hot soup by the side of the Ghyll.

Zeffirelli's is very comfortable and calm for coffee in the bar areas—and dinner in the evening.

Snacks mid walk

Chesters by the River at Skelwith Bridge – to die for bakes, both savoury and sweet. There is also a very nice upmarket shop selling a range of products from greetings cards to furniture. You can walk to Chesters via Loughrigg fell or Loughrigg tarn.

The Mortal Man Troutbeck, a pint +/- lunch is when half-way through your walk.

Eating Out

There are many other eating options in the hotels and restaurants. We haven't had a bad meal yet. Zeffirelli's and Fellini's do great vegetarian food, so much so that many of their customers are not vegetarian.

An evening stroll

If the weather is pleasant consider taking a stroll down to the lake to watch the sunset, perhaps while having a drink in the Waterhead Inn or Wateredge Inn gardens. You can also stroll around Borans Park or Galava, the Roman fort next to the park. You can do this from the non-road end of Stockghyll Court. Turn left out of the house and at the end of the court turn right down the path, then follow the road down and turn left. This road eventually brings you to the main road and it is a short walk along this to the lake. You can also go further along the road past the youth hostel to the National Trust land which has access to the lake and is usually very peaceful.

A Night out

Cocktails, Jazz or a film at Zeffirelli's- sophistication and entertainment just 8 minutes' walk from home.

Drinks in the Golden Rule – relaxed, traditional pub just 6 minutes from home.

Places to visit

Grasmere is a very pretty village not far from Ambleside and has a range of shops selling art, particularly paintings of the Lake District. The Heaton Cooper Studio is well known and has a very nice café. You can walk or drive to Grasmere, but the 599 bus runs regularly from the bus interchange in Ambleside to Grasmere. Wordsworth house include Dove cottage in Grasmere and Rydal Mount north of Ambleside.

Beatrix Potter's house is on the other side of Windermere near Hawkshead which is also a pleasant village.

Bowness has an attractive water front and plenty of cafes.

Shops and Supermarket Delivery

There are plenty of shops in the village.

The Apple Pie Bakery does a range of breads, cakes and pastries (both sweet and savoury).

Tesco is open from 7 am to 11 pm 7 days a week and is on the main A591 road through the village.

Booths in Windermere is next to the railway station and has a large car park. It is an excellent supermarket with a wide range of standard and boutique food and drink. Nearby is the main Lakeland store which also has a mini restaurant.

Sainsbury and Tesco both deliver to the door at Merry Bank. The full address to give them is 3 Stockghyll Court, Ambleside, LA22 0QX.

The bookstore next to Tesco has an excellent selection of walking books and maps.

If you need walking or mountain clothing or gear there are multiple shops to choose from including The Climbers' Shop, Gaynor Sports, Blacks, The Epicentre and Alpkit.

Finally, when you are leaving

We hope that you have had a lovely time here. We welcome your comments in our Visitors' Book. Please remember to put the keys back in the key safe and we wish you a safe journey home.

With our best wishes,

Alison and Chris