

Q2: Depressed mood
Q3: Sleep disturbance
Q9: Positive sentiment
Q12: Present-focused language
Q15: Catastrophizing
Q16: All-or-nothing thinking
Q19: Mental filter
Q21: Personalization
Q7: Poor concentration
Q22: Should statements
Q13: Emotion differentiation
Q10: Negative sentiment
Q4: Fatigue
Q14: Mindreading
Q17: Emotional reasoning
Q23: Disqualifying the positive
Q18: Labeling
Q1: Anhedonia
Q20: Overgeneralization
Q11: Self-focused language
Q6: Worthlessness
Q5: Appetite disturbance
Q8: Psychomotor disturbance

