```
# IMPORTANT: RUN THIS CELL IN ORDER TO IMPORT YOUR KAGGLE DATA SOURCES
# TO THE CORRECT LOCATION (/kaggle/input) IN YOUR NOTEBOOK,
# THEN FEEL FREE TO DELETE THIS CELL.
# NOTE: THIS NOTEBOOK ENVIRONMENT DIFFERS FROM KAGGLE'S PYTHON
# ENVIRONMENT SO THERE MAY BE MISSING LIBRARIES USED BY YOUR
# NOTEBOOK.
import os
import sys
from tempfile import NamedTemporaryFile
from urllib.request import urlopen
from urllib.parse import unquote, urlparse
from urllib.error import HTTPError
from zipfile import ZipFile
import tarfile
import shutil
CHUNK SIZE = 40960
DATA SOURCE MAPPING = 'student-stress-factors-a-comprehensive-analysis:https%3A%2F%2Fstorage.googleapis.com%2Fkaggle-data-set
KAGGLE_INPUT_PATH='/kaggle/input'
KAGGLE_WORKING_PATH='/kaggle/working'
KAGGLE_SYMLINK='kaggle'
!umount /kaggle/input/ 2> /dev/null
shutil.rmtree('/kaggle/input', ignore_errors=True)
os.makedirs(KAGGLE INPUT PATH, 0o777, exist ok=True)
os.makedirs(KAGGLE_WORKING_PATH, 0o777, exist_ok=True)
 os.symlink(KAGGLE_INPUT_PATH, os.path.join("..", 'input'), target_is_directory=True)
except FileExistsError:
 pass
try:
 os.symlink(KAGGLE_WORKING_PATH, os.path.join("..", 'working'), target_is_directory=True)
except FileExistsError:
for data_source_mapping in DATA_SOURCE_MAPPING.split(','):
   directory, download_url_encoded = data_source_mapping.split(':')
   download url = unquote(download url encoded)
   filename = urlparse(download_url).path
   destination_path = os.path.join(KAGGLE_INPUT_PATH, directory)
   trv:
        with urlopen(download_url) as fileres, NamedTemporaryFile() as tfile:
            total length = fileres.headers['content-length']
           print(f'Downloading {directory}, {total_length} bytes compressed')
           dl = 0
           data = fileres.read(CHUNK SIZE)
            while len(data) > 0:
               dl += len(data)
                tfile.write(data)
                done = int(50 * dl / int(total_length))
                sys.stdout.write(f"\r[{'=' * done}{{' ' * (50-done)}}] {dl} bytes downloaded")
                sys.stdout.flush()
                data = fileres.read(CHUNK SIZE)
            if filename.endswith('.zip'):
              with ZipFile(tfile) as zfile:
               zfile.extractall(destination path)
            else:
             with tarfile.open(tfile.name) as tarfile:
               tarfile.extractall(destination_path)
            print(f'\nDownloaded and uncompressed: {directory}')
   except HTTPError as e:
       print(f'Failed to load (likely expired) {download_url} to path {destination_path}')
   except OSError as e:
       print(f'Failed to load {download_url} to path {destination_path}')
print('Data source import complete.')
# This Python 3 environment comes with many helpful analytics libraries installed
# It is defined by the kaggle/python Docker image: https://github.com/kaggle/docker-python
# For example, here's several helpful packages to load
import numpy as np # linear algebra
import pandas as pd # data processing, CSV file I/O (e.g. pd.read_csv)
```

```
# Input data files are available in the read-only "../input/" directory
# For example, running this (by clicking run or pressing Shift+Enter) will list all files under the input directory
import os
for dirname, _, filenames in os.walk('/kaggle/input'):
    for filename in filenames:
       print(os.path.join(dirname, filename))
# You can write up to 20GB to the current directory (/kaggle/working/) that gets preserved as output when you create a versic
# You can also write temporary files to /kaggle/temp/, but they won't be saved outside of the current session
import pandas as pd
import matplotlib.pyplot as plt
import seaborn as sns
import warnings
warnings.filterwarnings("ignore")
import numpy as np
data=pd.read_csv("StressLevelDataset.csv")
data_df=pd.DataFrame(data)
data df.head()
```

₹		anxiety_level	self_esteem	mental_health_history	depression	headache	blo
	0	14	20	0	11	2	
	1	15	8	1	15	5	
	2	12	18	1	14	2	
	3	16	12	1	15	4	
	4	16	28	0	7	2	

5 rows × 21 columns

## **Exploratory Data Analysis**

data\_df.info()

Show hidden output

data\_df.describe()

<b>→</b>		anxiety_level	self_esteem	${\tt mental\_health\_history}$	depression	headache
	count	1100.000000	1100.000000	1100.000000	1100.000000	1100.000000
	mean	11.063636	17.777273	0.492727	12.555455	2.508182
	std	6.117558	8.944599	0.500175	7.727008	1.409356
	min	0.000000	0.000000	0.000000	0.000000	0.000000
	25%	6.000000	11.000000	0.000000	6.000000	1.000000
	50%	11.000000	19.000000	0.000000	12.000000	3.000000
	75%	16.000000	26.000000	1.000000	19.000000	3.000000
	max	21.000000	30.000000	1.000000	27.000000	5.000000

data\_df.duplicated().sum()

8 rows × 21 columns

**→** 0

data\_df.isnull().sum()

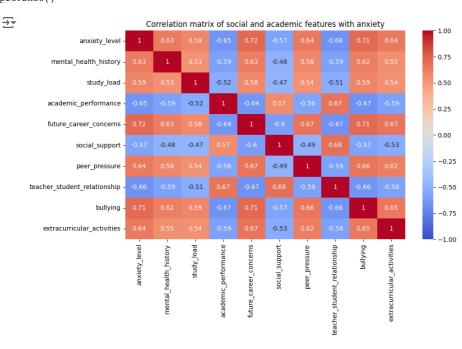
anxiety_level	0
self_esteem	0
mental_health_history	0
depression	0
headache	0
blood_pressure	0
sleep_quality	0
breathing_problem	0
noise level	0
	self_esteem mental_health_history depression headache blood_pressure sleep_quality breathing_problem

```
living_conditions
                                  0
safety
                                  0
basic_needs
                                  0
academic_performance
                                  0
study_load
                                  0
teacher_student_relationship
                                  0
future career concerns
social_support
                                  0
peer_pressure
                                  0
extracurricular activities
                                  0
                                  0
bullying
stress_level
                                  0
dtype: int64
```

#correlation matrix to identify best correlated social and environmental features with anxiety,depression and stress separate
features=["anxiety\_level",'mental\_health\_history',"study\_load","academic\_performance",'future\_career\_concerns',"social\_support
corr\_matrix=data\_df[features].corr()
print(corr\_matrix)

#### Show hidden output

```
plt.figure(figsize=(10,6))
sns.heatmap(corr_matrix,annot=True,cmap="coolwarm",vmin=-1,vmax=1)
plt.title("Correlation matrix of social and academic features with anxiety")
plt.show()
```



print(corr\_matrix["anxiety\_level"].sort\_values(ascending=False))

```
1.000000
anxiety_level
 future_career_concerns
                                 0.717016
 bullying
                                 0.709982
 peer_pressure
                                  0.642910
 extracurricular_activities
                                 0.641022
 mental_health_history
                                 0.634450
 study_load
                                 0.586064
 social_support
                                 -0.569748
 academic performance
                                 -0.649601
 teacher_student_relationship
                                 -0.663176
 Name: anxiety_level, dtype: float64
```

#correlation matrix to identify best correlated social and environmental features with anxiety,depression and stress separate features=["stress\_level",'mental\_health\_history',"study\_load","academic\_performance",'future\_career\_concerns',"social\_support

```
corr_matrix2=data_df[features].corr()
print(corr_matrix2)
```

## Show hidden output

```
plt.figure(figsize=(10,6))
sns.heatmap(corr_matrix2,annot=True,cmap="coolwarm",vmin=-1,vmax=1)
plt.title("Correlation matrix of social and academic features with stress")
plt.show()
```

## Show hidden output

print(corr\_matrix2["stress\_level"].sort\_values(ascending=False))

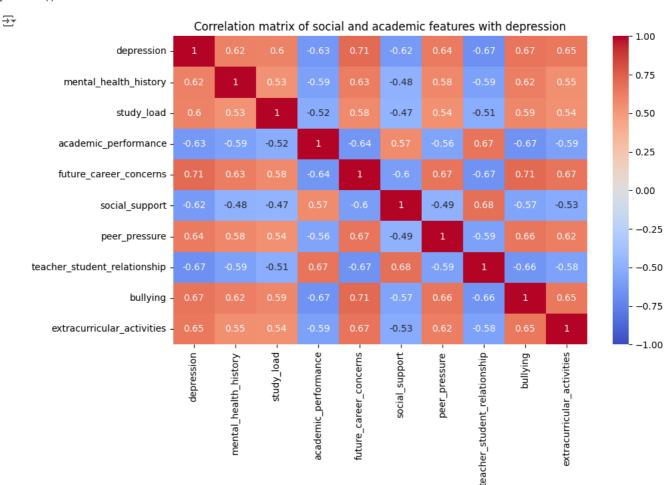
```
→ stress level
                                     1.000000
    bullying
                                    0.751162
                                     0.742619
    future_career_concerns
    extracurricular_activities
                                     0.692977
    peer pressure
                                    0.690684
    mental_health_history
                                    0.648644
    study_load
                                    0.634156
    social_support
                                    -0.632497
    teacher_student_relationship
                                   -0.680163
    academic_performance
                                    -0.720922
    Name: stress_level, dtype: float64
```

#correlation matrix to identify best correlated social and environmental features with anxiety,depression and stress separate
features=["depression", 'mental\_health\_history', "study\_load", "academic\_performance", 'future\_career\_concerns', "social\_support"
corr\_matrix3=data\_df[features].corr()
print(corr\_matrix3)

# $\rightarrow$

#### Show hidden output

```
plt.figure(figsize=(10,6))
sns.heatmap(corr_matrix3,annot=True,cmap="coolwarm",vmin=-1,vmax=1)
plt.title("Correlation matrix of social and academic features with depression")
plt.show()
```



print(corr\_matrix3["depression"].sort\_values(ascending=False))

```
→ depression
                                   1.000000
    future_career_concerns
                                   0.706561
                                   0.665790
    bullving
    extracurricular activities
                                   0.648551
    peer_pressure
                                   0.635544
    mental_health_history
                                   0.615882
    study_load
                                   0.602498
    social_support
                                  -0.617972
    academic_performance
                                  -0.633174
    teacher_student_relationship
                                 -0.673853
    Name: depression, dtype: float64
from sklearn.preprocessing import StandardScaler
from sklearn.model_selection import train_test_split,cross_val_score
from sklearn.linear_model import LogisticRegression
from sklearn.metrics import accuracy_score,classification_report,confusion_matrix
scaler = StandardScaler()
X_scaled = scaler.fit_transform(data_df)
# Split the data into features and target
X = data_df.iloc[:,:-1]
y = data_df['stress_level']
x\_train, x\_test, y\_train, y\_test=train\_test\_split(X, y, test\_size=0.2, random\_state=42)
x_train.shape,x_test.shape,y_train.shape,y_test.shape
((880, 20), (220, 20), (880,), (220,))
model=LogisticRegression()
model.fit(x_train,y_train)
y_pred=model.predict(x_test)
accuracy=accuracy_score(y_test,y_pred)
print("Accuracy:",accuracy)
Accuracy: 0.8818181818181818
y_test
\rightarrow
    328
           2
    688
           0
    413
           1
    788
           1
    244
          0
    319
           1
    979
           2
    919
           2
    989
    Name: stress level, Length: 220, dtype: int64
y_pred
0, 1, 1, 2, 0, 0, 0, 0, 2, 2, 2, 0, 0, 1, 2, 1, 2, 2, 2, 0, 1, 2,
           2, 0, 2, 2, 0, 0, 1, 0, 0, 1, 1, 2, 2, 1, 1, 2, 0, 2, 0, 2, 0,
           2, 1, 2, 2, 0, 1, 2, 1, 0, 0, 1, 0, 1, 0, 1, 0, 0, 1, 1, 2, 2, 2,
           2, 1, 0, 2, 0, 1, 0, 0, 0, 1, 1, 2, 0, 0, 2, 0, 1, 1, 2, 1, 2,
           2, 2, 1, 0, 2, 0, 2, 2, 0, 0, 2, 1, 2, 1, 2, 2, 0, 2, 0, 2, 2, 1,
           0, 0, 0, 2, 1, 2, 2, 2, 0, 2, 0, 1, 0, 0, 2, 1, 0, 2, 1, 1, 2, 1,
           1, 1, 2, 0, 2, 0, 0, 0, 0, 1, 0, 1, 2, 0, 1, 1, 0, 2, 2, 0, 0,
           0, 2, 2, 0, 1, 0, 1, 1, 1, 0, 2, 1, 2, 1, 2, 1, 2, 1, 1, 1, 1, 0, 1,
           1, 2, 2, 1, 0, 0, 1, 2, 2, 2, 0, 2, 1, 2, 0, 0, 1, 2, 1, 0, 1])
```

Our logistic regression model gave accuarcy of 0.8 i.e 80% which is good but we will try other methods as well to check which algorithm gives the best accuracy score.

## Descision tree

```
from sklearn.tree import DecisionTreeClassifier
# Create a Decision Tree classifier object
clf=DecisionTreeClassifier(random_state=42)
# Train the classifier on the training data
clf.fit(x_train,y_train)
# Display a message indicating that the model has been trained
print('Decision Tree model has been trained')
```

```
> Decision Tree model has been trained
y_pred=clf.predict(x_test)
accuracy=accuracy_score(y_test,y_pred)
print("Accuracy:",accuracy)
Accuracy: 0.8863636363636364
Double-click (or enter) to edit
# Classification report
print(classification_report(y_test, y_pred))
                   precision
                               recall f1-score
                                                   support
               0
                        0.91
                                 0.89
                                            0.90
                                                         76
                        0.87
                                  0.90
                                            0.89
                                                        73
                2
                        0.88
                                  0.86
                                            0.87
                                                        71
                                            0.89
                                                       220
        accuracy
                        0.89
                                  0.89
                                            0.89
                                                       220
       macro avg
                       0.89
                                  0.89
                                            0.89
                                                       220
    weighted avg
# Cross validation
cv_scores = cross_val_score(clf, x_train, y_train, cv=10)
print("Cross Validation Scores:", cv_scores)
print("Mean Cross Validation Score:", np.mean(cv_scores))
Ty Cross Validation Scores: [0.93181818 0.88636364 0.88636364 0.81818182 0.875
                                                                                       0.89772727
      0.89772727 0.875
                         0.89772727 0.85227273]
    Mean Cross Validation Score: 0.88181818181818
Random Forest descision tree
from sklearn.ensemble import RandomForestClassifier
rf_clf_data=RandomForestClassifier(n_estimators=100,random_state=42)
rf_clf_data.fit(x_train,y_train)
y_pred=rf_clf_data.predict(x_test)
accuracy=accuracy_score(y_test,y_pred)
print("Accuracy:",accuracy)
Accuracy: 0.87272727272727
y_test
→ 328
    688
           0
    413
           1
    788
           1
    244
           0
           . .
    319
           1
    979
           2
    919
           2
    989
           0
    724
    Name: stress_level, Length: 220, dtype: int64
y_pred
array([2, 0, 1, 1, 0, 1, 2, 0, 1, 1, 0, 0, 0, 2, 2, 0, 0, 2, 1, 0, 1, 1,
            0,\ 1,\ 1,\ 2,\ 0,\ 0,\ 0,\ 2,\ 2,\ 2,\ 0,\ 0,\ 1,\ 0,\ 1,\ 2,\ 2,\ 2,\ 0,\ 1,\ 1,
            2,\ 0,\ 2,\ 1,\ 0,\ 0,\ 1,\ 0,\ 0,\ 1,\ 1,\ 2,\ 1,\ 1,\ 1,\ 2,\ 0,\ 1,\ 0,\ 0,\ 0,
            2, 1, 2, 1, 0, 1, 0, 1, 0, 2, 1, 0, 1, 2, 1, 0, 0, 1, 1, 2, 2, 2,
           2, 1, 0, 2, 0, 1, 2, 0, 0, 0, 1, 1, 2, 0, 0, 2, 0, 1, 1, 2, 1, 2,
            2, 2, 1, 0, 0, 0, 2, 2, 0, 0, 2, 1, 2, 1, 2, 2, 0, 2, 0, 2, 2, 1,
           0, 0, 0, 2, 1, 2, 2, 2, 0, 2, 0, 1, 0, 0, 2, 0, 0, 2, 1, 1, 2,
            1, 1, 2, 0, 2, 0, 0, 0, 0, 1, 0, 1, 2, 0, 1, 1, 0, 2, 2, 0, 0,
            0, 2, 2, 0, 1, 0, 1, 1, 1, 0, 2, 1, 2, 1, 2, 1, 2, 2, 1, 1, 0, 1,
            1, 2, 2, 1, 0, 0, 1, 2, 2, 2, 2, 0, 0, 1, 2, 0, 0, 1, 2, 1, 0, 1])
# Cross validation
cv_scores = cross_val_score(rf_clf_data, x_train, y_train, cv=10)
print("Cross Validation Scores:", cv_scores)
print("Mean Cross Validation Score:", np.mean(cv_scores))
```

Cross Validation Scores: [0.94318182 0.875 0.875 0.82954545 0.875 0.80681818]

Mean Cross Validation Score: 0.87045454545454545

0.86363636 0.82954545 0.90909091 0.89772727

#### Support Vector Machine

from sklearn.svm import SVC
clf\_svm=SVC(kernel='linear',C=1,random\_state=42)
clf\_svm.fit(x\_train,y\_train)
y\_pred=clf\_svm.predict(x\_test)
accuracy=accuracy\_score(y\_test,y\_pred)
print("Accuracy:",accuracy)

Accuracy: 0.8909090909090909



So among all the algorithms tested SVM gave the highest accurators of 0.89 so it is the best method to classifiy the stress levels of students based on number of factors.

So among all the algorithms tested SVM gave the highest accuracy scores of 0.89 so it is the best method to classifiy the stress levels of students based on number of factors.