

EMA survey

Start of Block: Momentary Context I

Q1 For the following questions, please describe your behavior during the PAST HOUR...



Q2 During the PAST HOUR, I spent time in the following place(s) (check all that apply):

- ☐ Bar, party (1)
- ☐ Cafe, restaurant (2)
- ☐ Friend's house (3)
- ☐ University campus (4)
- ☐ Fraternity, sorority house (5)
- ☐ Gym (6)
- ☐ Home (7)
- ☐ Library (8)
- ☐ Religious facility (9)
- ☐ Store, mall (10)
- ☐ Work place (not your home office) (11)
- ☐ Vehicle (12)
- ☐ Outdoors, park, or in nature (13)
- ☐ None of the above, other (14)

☐  Skip question (0)



Q3 During the PAST HOUR, I spent time with the following people in person (check all that apply):

- ☐ Classmates, students (1)
- ☐ Co-workers (2)
- ☐ Family (3)
- ☐ Friends (4)
- ☐ Roommates (5)
- ☐ Significant other (6)
- ☐ Strangers (7)
- ☐ No one, was alone (8)
- ☐ None of the above, other (9)

☐  Skip question (0)



Q4 During the PAST HOUR, I spent time doing the following activities (check all that apply):

- ☐ Attending meetings or classes virtually (1)
- ☐ Studying, preparing for an exam (2)
- ☐ Working at a job (3)
- ☐ Browsing the internet (4)
- ☐ Using social media (5)
- ☐ Commuting, traveling (6)
- ☐ Doing household chores, running errands (7)
- ☐ Exercising, physical activity, sports (8)
- ☐ Socializing (9)
- ☐ Watching TV, movies (10)
- ☐ Reading (11)
- ☐ Listening to music (12)
- ☐ Playing internet games (13)
- ☐ Creative activities (e.g., playing a musical instrument, singing, painting, photography) (14)
- ☐ Resting, napping, doing nothing (15)
- ☐ Learning about COVID-19 (16)
- ☐ Learning about the election, political news (17)

- ☐ Eating, drinking (18)
- ☐ None of the above, other (19)
-

☐ ☒ Skip question (0)

End of Block: Momentary Context I

Start of Block: Momentary Context II

Display This Question:

If During the PAST HOUR, I spent time doing the following activities (check all that apply): = Using social media



Q5 During the PAST HOUR, how much did you use social media?

- ☐ 1-15 minutes (1)
- ☐ 16-30 minutes (2)
- ☐ 31-45 minutes (3)
- ☐ 46-60 minutes (4)
- ☐ Skip question (0)
-



Q6 During the PAST HOUR, did you interact with others? A social interaction can be defined as an exchange between two or more people that lasts at least 5 minutes, including interactions on a smartphone or computer (e.g., talking on the phone, texting, chatting, social media).

- ☐ Yes (1)
- ☐ No (2)

End of Block: Momentary Context II

Start of Block: Social Interaction I



Q7 I spent time interacting with others by (check all that apply):

- ☐ Talking in person (1)
 - ☐ Talking on the phone (2)
 - ☐ Texting (e.g., SMS, Whatsapp) (3)
 - ☐ Chatting on a dating app (4)
 - ☐ Emailing (5)
 - ☐ Video-chatting (6)
 - ☐ Social media (7)
 - ☐ None of the above, other (8)
-

☐  Skip question (0)



Q8 I was interacting with the following people (check all that apply):

- ☐ Classmates, students (1)
 - ☐ Co-workers (2)
 - ☐ Family (3)
 - ☐ Friends (4)
 - ☐ Roommates (5)
 - ☐ Significant other (6)
 - ☐ Strangers (7)
 - ☐ None of the above, other (8)
-

☐ ☒ Skip question (0)



Q9 We talked about the following topics (check all that apply):

- ☐ Classes, university (1)
 - ☐ Leisure activities (2)
 - ☐ Work (3)
 - ☐ Other people (4)
 - ☐ Personal issues (5)
 - ☐ COVID-19 (6)
 - ☐ The election, political news (7)
 - ☐ None of the above, other (8)
-

☐ ☒ Skip question (0)

End of Block: Social Interaction I

Start of Block: Social Interaction II



Q10 I felt positively towards my interaction partner(s).

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q11 My interaction partner(s) felt positively towards me.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q12 My interaction partner(s) and I shared the same thoughts and feelings about things.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

End of Block: Social Interaction II

Start of Block: Social Interaction III



Q13 My interaction partner(s) supported me emotionally.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)



Q14 To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or something that is bothering one or all of you?

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

Display This Question:

If To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = A little bit

Or To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = Quite a bit

Or To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = Very much



Q15 The other's point of view helped us to see things in a different light.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

Display This Question:

If To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = A little bit

Or To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = Quite a bit

Or To what degree did you and/or your interaction partner(s) talk about being in a bad mood and/or s... = Very much



Q16 We complained or ranted about the same things over and over again.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

End of Block: Social Interaction III

Start of Block: No Social Interaction I

Display This Question:

If If During the PAST HOUR, I spent time doing the following activities (check all that apply):
q://QID5/SelectedChoicesCount Is Greater Than 1

Carry Forward Selected Choices - Entered Text from "During the PAST HOUR, I spent time doing the following activities (check all that apply):"



Q17 You already told us which activities you engaged in during the PAST HOUR. Now we would like to know what activity you spent MOST of your time doing. Please choose one.

- ☐ Attending meetings or classes virtually (1)
- ☐ Studying, preparing for an exam (2)
- ☐ Working at a job (3)
- ☐ Browsing the internet (4)
- ☐ Using social media (5)
- ☐ Commuting, traveling (6)
- ☐ Doing household chores, running errands (7)
- ☐ Exercising, physical activity, sports (8)
- ☐ Socializing (9)
- ☐ Watching TV, movies (10)
- ☐ Reading (11)
- ☐ Listening to music (12)
- ☐ Playing internet games (13)
- ☐ Creative activities (e.g., playing a musical instrument, singing, painting, photography) (14)
- ☐ Resting, napping, doing nothing (15)
- ☐ Learning about COVID-19 (16)
- ☐ Learning about the election, political news (17)
- ☐ Eating, drinking (18)
- ☐ None of the above, other (19)
- ☒ Skip question (0)

End of Block: No Social Interaction I

Start of Block: No Social Interaction II

Q18 The following questions refer to the activity: **`#{e://Field/Activity}`**

Display This Question:

If Activity != Using social media



Q19 How long did you engage in the activity?

- ☐ 1-15 minutes (1)
- ☐ 16-30 minutes (2)
- ☐ 31-45 minutes (3)
- ☐ 46-60 minutes (4)
- ☐ Skip question (0)



Q20 I enjoyed the activity.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q21 The activity suits my personality.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

End of Block: No Social Interaction II

Start of Block: Momentary Well-Being I

Q22 For the following questions, please describe how you are feeling RIGHT NOW...



Q23 RIGHT NOW, I am feeling angry.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)



Q24 RIGHT NOW, I am feeling worried.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q25 RIGHT NOW, I am feeling happy.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q26 RIGHT NOW, I am feeling sad.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

End of Block: Momentary Well-Being I

Start of Block: Momentary Well-Being II



Q27 RIGHT NOW, I am feeling stressed.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q28 RIGHT NOW, I am feeling lonely.

- ☐ Not at all (1)
 - ☐ A little bit (2)
 - ☐ Quite a bit (3)
 - ☐ Very much (4)
 - ☐ Skip question (0)
-



Q29 RIGHT NOW, I am feeling valued and accepted by others.

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Quite a bit (3)
- ☐ Very much (4)
- ☐ Skip question (0)

End of Block: Momentary Well-Being II

Start of Block: Election-Related

Display This Question:

If Date = 11/3/2020

Or Date = 11/4/2020

Or Date = 11/5/2020

Or Date = 11/6/2020



Q30 Who do you think will win the 2020 U.S. Presidential Election?

- ☐ Certainly Trump (1)
- ☐ Probably Trump (2)
- ☐ Undecided (3)
- ☐ Probably Biden (4)
- ☐ Certainly Biden (5)
- ☐ Skip question (0)

Display This Question:

If Date = 11/8/2020



Q34 Who do you think won the 2020 U.S. Presidential Election?

- ☐ Certainly Trump (1)
- ☐ Probably Trump (2)
- ☐ Undecided (3)
- ☐ Probably Biden (4)
- ☐ Certainly Biden (5)
- ☐ Skip question (0)

Display This Question:

If Date = 11/3/2020

Or Date = 11/4/2020

Or Date = 11/5/2020

Or Date = 11/6/2020

Or Date = 11/7/2020

Or Date = 11/8/2020



Q31 During the PAST HOUR, to what degree did you find the election anxiety-provoking?

- ☐ Not at all (1)
- ☐ Slightly (2)
- ☐ Moderately (3)
- ☐ Very (4)
- ☐ Extremely (5)
- ☐ Skip question (0)

Display This Question:

If Date = 11/3/2020

Or Date = 11/4/2020

Or Date = 11/5/2020

Or Date = 11/6/2020

Or Date = 11/7/2020

Or Date = 11/8/2020



Q32 During the PAST HOUR, how much attention have you been paying to news about the election on TV, radio, printed newspapers, or the Internet?

- ☐ None at all (1)
- ☐ A little (2)
- ☐ A moderate amount (3)
- ☐ A lot (4)
- ☐ A great deal (5)
- ☐ Skip question (0)

Display This Question:

If Date = 11/9/2020



Q35 Have you heard the recent news about the COVID-19 vaccine?

- ☐ Yes (1)
- ☐ No (2)
- ☐ Not sure (3)
- ☐ Skip question (0)

Display This Question:

If Have you heard the recent news about the COVID-19 vaccine? = Yes

Or Have you heard the recent news about the COVID-19 vaccine? = Not sure



Q36 Based on what you've heard about it, how willing would you be to take it?

- ☐ Very unwilling (1)
- ☐ Unwilling (2)
- ☐ Somewhat unwilling (3)
- ☐ Neither unwilling nor willing (4)
- ☐ Somewhat willing (5)
- ☐ Willing (6)
- ☐ Very willing (7)
- ☐ Skip question (0)

End of Block: Election-Related
