## Supplemental Materials: Initial Results for Study 1 and Study 2

The results below are based on our initial, pre-registered models (see document "Preregistration" uploaded on April 26, 2019, and document "Addendum" uploaded on July 14, 2019). Note that these models did not separate within-from between-person effects and did not include random slopes. Therefore, any conclusions drawn from this research should be based on the results from the revised analyses which are presented in the manuscript.

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Study 1

Table A1

Study 1: Analysis 1, Step 1

	E	xtraversio	on	Ag	reeablen	ess	Con	scientious	sness	N	euroticis	m		Openness	5
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.846	0.014	<.001	2.850	0.014	<.001	2.854	0.014	<.001	2.851	0.013	<.001	2.849	0.014	<.001
FtF	0.209	0.007	<.001	0.210	0.007	<.001	0.210	0.007	<.001	0.210	0.007	<.001	0.210	0.007	<.001
CMC	0.016	0.008	.043	0.017	0.008	.036	0.017	0.008	.035	0.017	0.008	.030	0.017	0.008	.032
Mixed	0.200	0.009	<.001	0.200	0.009	<.001	0.201	0.009	<.001	0.201	0.009	<.001	0.201	0.009	<.001
Weekenda	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001
Personality	0.074	0.013	<.001	0.089	0.013	<.001	0.082	0.013	<.001	-0.190	0.012	<.001	0.009	0.013	.478
Variance intercept	0.188			0.186			0.187			0.158			0.194		
Residual variance	0.247			0.247			0.247			0.247			0.247		

Note. Main effects of mode of communication (reference category: no social interaction) and personality traits (each trait in separate models) on momentary well-being. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A2

Study 1: Analysis 1, Step 2

	Е	xtraversio	n	Ag	reeablen	ess	Cons	scientious	sness	N	euroticisi	m		Openness	5
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.849	0.014	<.001	2.848	0.014	<.001	2.854	0.014	<.001	2.851	0.013	<.001	2.849	0.014	<.001
FtF	0.208	0.007	<.001	0.211	0.007	<.001	0.210	0.007	<.001	0.210	0.007	<.001	0.210	0.007	<.001
CMC	0.014	0.008	.080	0.018	0.008	.023	0.017	0.008	.037	0.017	0.008	.031	0.017	0.008	.032
Mixed	0.198	0.009	<.001	0.202	0.009	<.001	0.201	0.009	<.001	0.200	0.009	<.001	0.201	0.009	<.001
Weekenda	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001	0.099	0.006	<.001
Personality	0.083	0.014	<.001	0.073	0.014	<.001	0.084	0.014	<.001	-0.215	0.013	<.001	0.010	0.014	.478
$\mathbf{Pers} \times \mathbf{FtF}$	-0.013	0.007	.075	0.021	0.007	.005	-0.004	0.007	.541	0.037	0.007	<.001	0.003	0.007	.695
$\mathbf{Pers} \times \mathbf{CMC}$	-0.010	0.008	.231	0.022	0.008	.005	0.007	0.008	.362	0.013	0.008	.115	-0.007	0.008	.392
$\mathbf{Pers} \times \mathbf{Mixed}$	-0.011	0.009	.205	0.020	0.009	.020	-0.013	0.009	.126	0.044	0.008	<.001	0.001	0.009	.923
Variance intercept	0.188			0.186			0.187			0.158			0.194		
Residual variance	0.247			0.246			0.247			0.246			0.247		

Note. Effects of mode of communication (reference category: no social interaction), personality traits (each trait in separate models), and their cross-level interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A3

Study 1: Analysis 2, Step 1

	Е	xtraversio	on	Ag	reeablen	ess	Cons	scientious	sness	N	euroticis	m	1	Opennes	S
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	3.116	0.014	<.001	3.119	0.014	<.001	3.124	0.014	<.001	3.120	0.013	<.001	3.119	0.015	<.001
CMC	-0.240	0.009	<.001	-0.240	0.009	<.001	-0.240	0.009	<.001	-0.238	0.009	<.001	-0.240	0.009	<.001
Mixed	-0.012	0.011	.292	-0.012	0.011	.291	-0.011	0.011	.314	-0.010	0.011	.345	-0.011	0.011	.330
Family	0.021	0.013	.109	0.019	0.013	.144	0.019	0.013	.157	0.022	0.013	.099	0.020	0.013	.140
Others	-0.194	0.010	<.001	-0.194	0.010	<.001	-0.195	0.010	<.001	-0.195	0.010	<.001	-0.195	0.010	<.001
Weekenda	0.069	0.008	<.001	0.069	0.008	<.001	0.069	0.008	<.001	0.068	0.008	<.001	0.069	0.008	<.001
Personality	0.068	0.013	<.001	0.092	0.013	<.001	0.079	0.013	<.001	-0.185	0.012	<.001	0.010	0.013	.443
Variance intercept	0.177			0.172			0.175			0.147			0.181		
Residual variance	0.246			0.246			0.246			0.246			0.246		

Note. Main effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), and personality traits (each trait in separate models) on momentary well-being. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A4

Study 1: Analysis 2, Step 2

	E	xtraversio	on	Ag	reeablen	ess	Cons	cientious	sness	N	euroticisi	m	(	Openness	<u> </u>
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	3.125	0.015	<.001	3.128	0.015	<.001	3.132	0.015	<.001	3.130	0.014	<.001	3.128	0.015	<.001
CMC	-0.256	0.010	<.001	-0.255	0.010	<.001	-0.255	0.010	<.001	-0.254	0.010	<.001	-0.256	0.010	<.001
Mixed	-0.024	0.012	.051	-0.023	0.012	.058	-0.021	0.012	.085	-0.021	0.012	.084	-0.021	0.012	.089
Family	0.051	0.018	.006	0.047	0.018	.010	0.047	0.018	.010	0.049	0.018	.008	0.048	0.018	.009
Others	-0.231	0.012	<.001	-0.232	0.012	<.001	-0.233	0.012	<.001	-0.233	0.012	<.001	-0.232	0.012	<.001
Weekenda	0.064	0.008	<.001	0.064	0.008	<.001	0.064	0.008	<.001	0.063	0.008	<.001	0.064	0.008	<.001
Personality	0.064	0.014	<.001	0.083	0.014	<.001	0.067	0.014	<.001	-0.178	0.013	<.001	0.014	0.014	.335
$CMC \times Family$	-0.065	0.027	.015	-0.063	0.027	.018	-0.065	0.027	.015	-0.063	0.027	.018	-0.065	0.027	.016
$\mathbf{CMC} \times \mathbf{Others}$	0.186	0.027	<.001	0.188	0.027	<.001	0.193	0.027	<.001	0.188	0.027	<.001	0.187	0.027	<.001
$\mathbf{Mixed} \times \mathbf{Family}$	-0.024	0.047	.607	-0.018	0.047	.695	-0.026	0.047	.584	-0.028	0.047	.558	-0.025	0.047	.595
$\textbf{Mixed} \times \textbf{Others}$	0.065	0.032	.041	0.064	0.032	.044	0.065	0.032	.041	0.064	0.032	.042	0.064	0.032	.042
$\mathbf{Pers} \times \mathbf{CMC}$	-0.001	0.009	.921	0.010	0.009	.270	0.017	0.009	.050	-0.026	0.009	.006	-0.013	0.009	.152
$\mathbf{Pers} \times \mathbf{Mixed}$	0.012	0.011	.269	0.021	0.011	.053	0.005	0.011	.645	0.008	0.011	.442	0.006	0.011	.619
$\textbf{Pers} \times \textbf{Family}$	0.007	0.014	.608	0.016	0.013	.224	0.023	0.013	.085	0.018	0.014	.191	0.000	0.014	.994
$\mathbf{Pers} \times \mathbf{Others}$	0.004	0.010	.723	0.005	0.010	.622	0.021	0.010	.037	-0.013	0.010	.198	-0.002	0.010	.837
Variance intercept	0.176			0.173			0.175			0.147			0.181		
Residual variance	0.246			0.246			0.246			0.246			0.246		

Note. Effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A5

Study 1: Analysis 2, Step 3

	E	xtraversio	n	Ag	greeablene	ess	Cons	scientious	ness	N	leuroticis	m		Openness	i
	Est	SE	р	Est	SE	р									
Intercept	3.125	0.015	<.001	3.128	0.015	<.001	3.132	0.015	<.001	3.130	0.014	<.001	3.129	0.015	<.001
СМС	-0.256	0.010	<.001	-0.255	0.010	<.001	-0.255	0.010	<.001	-0.254	0.010	<.001	-0.256	0.010	<.001
Mixed	-0.024	0.012	.054	-0.023	0.012	.062	-0.021	0.012	.085	-0.021	0.012	.088	-0.020	0.012	.100
Family	0.048	0.019	.009	0.048	0.018	.009	0.048	0.018	.010	0.048	0.018	.009	0.049	0.018	.007
Others	-0.231	0.012	<.001	-0.232	0.012	<.001	-0.233	0.012	<.001	-0.233	0.012	<.001	-0.232	0.012	<.001
Weekenda	0.064	0.008	<.001	0.064	0.008	<.001	0.064	0.008	<.001	0.063	0.008	<.001	0.063	0.008	<.001
Personality	0.065	0.014	<.001	0.087	0.014	<.001	0.067	0.014	<.001	-0.181	0.014	<.001	0.016	0.015	.264
$CMC \times Family$	-0.062	0.027	.021	-0.064	0.027	.017	-0.066	0.027	.014	-0.059	0.027	.028	-0.064	0.027	.018
$CMC \times Others$	0.186	0.027	<.001	0.190	0.027	<.001	0.190	0.027	<.001	0.188	0.027	<.001	0.187	0.027	<.001
$\mathbf{Mixed} \times \mathbf{Family}$	-0.022	0.047	.646	-0.014	0.047	.772	-0.025	0.047	.595	-0.023	0.047	.620	-0.028	0.047	.555
$\mathbf{Mixed}  imes \mathbf{Others}$	0.066	0.032	.039	0.061	0.032	.056	0.064	0.032	.042	0.064	0.032	.042	0.064	0.032	.044
$Pers \times CMC$	-0.002	0.010	.842	0.005	0.010	.628	0.017	0.010	.087	-0.021	0.011	.043	-0.021	0.010	.044
$Pers \times Mixed$	0.011	0.012	.366	0.011	0.012	.386	0.005	0.012	.694	0.014	0.012	.236	0.009	0.012	.445
$\textbf{Pers} \times \textbf{Family}$	-0.007	0.019	.721	0.008	0.019	.663	0.018	0.019	.328	0.045	0.019	.018	-0.027	0.019	.158
$\mathbf{Pers} \times \mathbf{Others}$	0.006	0.012	.612	-0.006	0.012	.616	0.023	0.012	.059	-0.013	0.012	.281	-0.001	0.012	.921
Pers $\times$ CMC $\times$ Family	0.024	0.027	.386	0.004	0.027	.881	0.013	0.027	.642	-0.054	0.028	.056	0.065	0.027	.018
$\mathbf{Pers} \times \mathbf{CMC} \times \mathbf{Others}$	-0.013	0.028	.635	0.026	0.027	.340	-0.015	0.026	.578	0.023	0.028	.404	0.014	0.027	.602
$Pers \times Mixed \times Family$	0.043	0.047	.358	0.064	0.047	.170	-0.010	0.049	.844	-0.055	0.045	.220	-0.012	0.050	.802
$\mathbf{Pers} \times \mathbf{Mixed} \times \mathbf{Others}$	-0.012	0.033	.722	0.055	0.032	.084	0.006	0.032	.858	-0.017	0.031	.586	-0.048	0.031	.122
Variance intercept	0.176			0.173			0.175			0.147			0.181		
Residual variance	0.246			0.246			0.246			0.245			0.246		

Note. Effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way and three-way interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

aWeekend: 0 = weekday, 1 = weekend day.

Table A6

Study 1: Analysis 3, Step 1

	Е	xtraversio	on	Ag	reeablen	ess	Cons	scientious	ness	N	euroticis	m	1	Openness	5
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.890	0.025	<.001	2.894	0.025	<.001	2.899	0.025	<.001	2.897	0.024	<.001	2.893	0.025	<.001
TCE	-0.025	0.021	.244	-0.025	0.021	.239	-0.028	0.021	.193	-0.021	0.021	.313	-0.026	0.021	.216
SNS	-0.011	0.026	.669	-0.013	0.026	.610	-0.016	0.026	.548	-0.008	0.026	.768	-0.014	0.026	.597
Family	-0.019	0.024	.427	-0.021	0.024	.372	-0.024	0.024	.314	-0.015	0.024	.533	-0.022	0.024	.353
Others	-0.051	0.028	.073	-0.050	0.028	.078	-0.047	0.028	.095	-0.051	0.028	.073	-0.051	0.028	.070
Weekenda	0.026	0.017	.123	0.026	0.017	.116	0.026	0.017	.118	0.025	0.017	.139	0.026	0.017	.126
Personality	0.050	0.017	.003	0.090	0.016	<.001	0.088	0.016	<.001	-0.203	0.016	<.001	0.008	0.016	.618
Variance intercept	0.201			0.195			0.196			0.165			0.203		
Residual variance	0.247			0.247			0.247			0.247			0.247		

Note. Main effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), and personality traits (each trait in separate models) on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A7

Study 1: Analysis 3, Step 2

	E	xtraversio	on	Ag	reeablen	ess	Cons	cientious	ness	N	euroticisi	m	ı	Opennes	<u> </u>
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.916	0.029	<.001	2.920	0.028	<.001	2.919	0.028	<.001	2.919	0.028	<.001	2.915	0.028	<.001
TCE	-0.052	0.027	.053	-0.053	0.027	.046	-0.048	0.027	.073	-0.044	0.026	.095	-0.050	0.026	.059
SNS	-0.045	0.031	.149	-0.049	0.031	.113	-0.044	0.031	.158	-0.040	0.030	.194	-0.045	0.031	.145
Family	-0.069	0.038	.069	-0.074	0.038	.051	-0.067	0.038	.075	-0.059	0.037	.115	-0.065	0.038	.086
Others	-0.103	0.064	.108	-0.099	0.064	.119	-0.103	0.064	.105	-0.104	0.063	.100	-0.101	0.064	.112
Weekend <sup>a</sup>	0.026	0.017	.126	0.026	0.017	.125	0.025	0.017	.128	0.024	0.017	.148	0.025	0.017	.140
Personality	0.028	0.026	.277	0.110	0.025	<.001	0.074	0.025	.003	-0.213	0.026	<.001	0.015	0.026	.567
$TCE \times Family$	0.076	0.050	.124	0.073	0.049	.141	0.065	0.049	.189	0.070	0.049	.155	0.070	0.049	.153
$\mathbf{TCE} \times \mathbf{Others}$	0.040	0.073	.580	0.039	0.072	.586	0.043	0.072	.556	0.040	0.072	.573	0.038	0.072	.599
SNS  imes Family	0.084	0.085	.322	0.087	0.085	.307	0.077	0.085	.365	0.069	0.084	.413	0.076	0.085	.369
$\textbf{SNS} \times \textbf{Others}$	0.148	0.092	.108	0.154	0.091	.092	0.141	0.092	.123	0.155	0.091	.089	0.142	0.091	.121
$\operatorname{Pers} \times \operatorname{TCE}$	0.019	0.022	.402	-0.023	0.021	.280	0.023	0.022	.288	0.006	0.023	.799	-0.018	0.022	.410
$\operatorname{Pers} \times \operatorname{SNS}$	0.029	0.027	.295	-0.026	0.025	.315	0.000	0.027	.986	0.031	0.028	.265	-0.019	0.027	.473
$\textbf{Pers} \times \textbf{Family}$	0.031	0.024	.194	-0.023	0.023	.323	0.020	0.024	.418	-0.008	0.026	.752	0.045	0.025	.068
$\mathbf{Pers} \times \mathbf{Others}$	0.008	0.029	.797	0.027	0.028	.334	-0.018	0.028	.511	0.001	0.029	.986	0.026	0.028	.351
Variance intercept	0.202			0.196			0.197			0.166			0.203		
Residual variance	0.247			0.247			0.247			0.247			0.247		

Note. Effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way interactions on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites; Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table A8

Study 1: Analysis 3, Step 3

	E	xtraversio	n	Ag	greeablene	ess	Con	scientious	ness	1	Neuroticisr	n		Openness	
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.913	0.029	<.001	2.923	0.029	<.001	2.920	0.029	<.001	2.920	0.028	<.001	2.914	0.028	<.001
TCE	-0.048	0.027	.075	-0.056	0.027	.037	-0.049	0.027	.067	-0.045	0.026	.089	-0.050	0.026	.060
SNS	-0.041	0.031	.187	-0.052	0.031	.093	-0.045	0.031	.150	-0.041	0.030	.181	-0.045	0.031	.145
Family	-0.068	0.038	.070	-0.075	0.038	.047	-0.069	0.038	.069	-0.061	0.037	.106	-0.065	0.038	.086
Others	-0.096	0.065	.144	-0.099	0.065	.124	-0.098	0.064	.126	-0.102	0.063	.106	-0.103	0.064	.106
Weekenda	0.027	0.017	.112	0.025	0.017	.128	0.026	0.017	.121	0.024	0.017	.153	0.025	0.017	.132
Personality	0.054	0.029	.067	0.124	0.028	<.001	0.079	0.029	.006	-0.241	0.029	<.001	0.010	0.030	.729
$TCE \times Family$	0.080	0.050	.107	0.075	0.050	.130	0.066	0.050	.183	0.076	0.050	.127	0.071	0.049	.150
$TCE \times Others$	0.033	0.074	.656	0.037	0.073	.611	0.037	0.073	.611	0.039	0.072	.583	0.041	0.072	.575
SNS  imes Family	0.084	0.085	.319	0.100	0.086	.243	0.080	0.086	.351	0.076	0.088	.387	0.078	0.086	.360
$\mathbf{SNS} \times \mathbf{Others}$	0.127	0.093	.176	0.185	0.094	.049	0.118	0.094	.210	0.156	0.091	.087	0.143	0.092	.118
$\mathbf{Pers} \times \mathbf{TCE}$	-0.016	0.028	.567	-0.035	0.027	.197	0.015	0.028	.590	0.038	0.029	.193	-0.014	0.028	.627
$\mathbf{Pers} \times \mathbf{SNS}$	0.007	0.032	.831	-0.047	0.030	.118	0.000	0.032	.992	0.062	0.033	.057	-0.015	0.031	.638
$\mathbf{Pers} \times \mathbf{Family}$	-0.028	0.039	.473	-0.057	0.038	.130	-0.005	0.038	.896	0.037	0.040	.364	0.044	0.039	.267
$\mathbf{Pers} \times \mathbf{Others}$	-0.033	0.066	.615	0.030	0.061	.621	0.039	0.067	.559	0.132	0.075	.077	0.083	0.068	.223
$\mathbf{Pers} \times \mathbf{TCE} \times \mathbf{Family}$	0.101	0.050	.042	0.044	0.049	.372	0.050	0.049	.305	-0.067	0.053	.205	0.008	0.050	.877
$\mathbf{Pers} \times \mathbf{TCE} \times \mathbf{Others}$	0.073	0.075	.329	-0.033	0.070	.640	-0.056	0.074	.451	-0.151	0.083	.068	-0.072	0.076	.342
$\mathbf{Pers} \times \mathbf{SNS} \times \mathbf{Family}$	0.059	0.083	.476	0.089	0.075	.239	0.006	0.107	.956	-0.062	0.101	.542	-0.011	0.105	.918
$\mathbf{Pers} \times \mathbf{SNS} \times \mathbf{Others}$	-0.039	0.098	.695	0.092	0.089	.299	-0.111	0.092	.230	-0.166	0.097	.088	-0.055	0.088	.530
Variance intercept	0.202			0.196			0.196			0.166			0.203		
Residual variance	0.247			0.247			0.247			0.247			0.247		

Note. Effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way and three-way interactions on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites; Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Study 2

Table B1

Study 2: Analysis 1, Step 1

	E	xtraversio	n	Ag	reeablen	ess	Con	scientious	sness	N	leuroticis	m		Openness	S
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.833	0.018	<.001	2.834	0.018	<.001	2.842	0.018	<.001	2.831	0.017	<.001	2.833	0.018	<.001
FtF	0.210	0.010	<.001	0.210	0.010	<.001	0.210	0.010	<.001	0.210	0.010	<.001	0.210	0.010	<.001
CMC	0.009	0.011	.401	0.009	0.011	.384	0.010	0.011	.363	0.009	0.011	.389	0.010	0.011	.379
Mixed	0.171	0.012	<.001	0.171	0.012	<.001	0.172	0.012	<.001	0.171	0.012	<.001	0.171	0.012	<.001
Weekenda	0.128	0.008	<.001	0.128	0.008	<.001	0.128	0.008	<.001	0.128	0.008	<.001	0.128	0.008	<.001
Personality	0.029	0.017	.077	0.044	0.016	.007	0.076	0.016	<.001	-0.163	0.016	<.001	0.014	0.017	.385
Variance intercept	0.160			0.159			0.155			0.136			0.161		
Residual variance	0.254			0.254			0.254			0.254			0.254		

Note. Main effects of mode of communication (reference category: no social interaction) and personality traits (each trait in separate models) on momentary well-being. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B2

Study 2: Analysis 1, Step 2

	Е	xtraversio	n	Ag	reeablen	ess	Cons	scientious	sness	N	leuroticis	m		Openness	5
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.832	0.018	<.001	2.835	0.018	<.001	2.842	0.018	<.001	2.832	0.017	<.001	2.833	0.018	<.001
FtF	0.210	0.010	<.001	0.209	0.010	<.001	0.211	0.010	<.001	0.210	0.010	<.001	0.210	0.010	<.001
CMC	0.010	0.011	.355	0.009	0.011	.391	0.010	0.011	.344	0.009	0.011	.422	0.009	0.011	.383
Mixed	0.174	0.012	<.001	0.170	0.012	<.001	0.172	0.012	<.001	0.171	0.012	<.001	0.171	0.012	<.001
Weekenda	0.128	0.008	<.001	0.128	0.008	<.001	0.127	0.008	<.001	0.127	0.008	<.001	0.128	0.008	<.001
Personality	0.027	0.018	.133	0.049	0.017	.005	0.080	0.017	<.001	-0.192	0.017	<.001	0.020	0.018	.257
$\operatorname{Pers} \times \operatorname{FtF}$	0.010	0.009	.287	-0.003	0.010	.768	-0.016	0.010	.089	0.054	0.010	<.001	-0.003	0.010	.729
$\mathbf{Pers} \times \mathbf{CMC}$	0.002	0.011	.883	-0.017	0.011	.130	0.004	0.011	.696	0.017	0.011	.116	-0.013	0.011	.233
$\mathbf{Pers} \times \mathbf{Mixed}$	-0.008	0.013	.524	-0.002	0.012	.849	0.006	0.012	.619	0.041	0.012	.001	-0.009	0.012	.473
Variance intercept	0.160			0.159			0.155			0.135			0.161		
Residual variance	0.254			0.254			0.254			0.253			0.254		

Note. Effects of mode of communication (reference category: no social interaction), personality traits (each trait in separate models), and their cross-level interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B3

Study 2: Analysis 2, Step 1

	Е	xtraversio	on	Ag	reeablen	ess	Cons	scientious	sness	N	euroticis	m		Opennes	S
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	3.086	0.019	<.001	3.088	0.019	<.001	3.095	0.018	<.001	3.086	0.018	<.001	3.087	0.019	<.001
CMC	-0.234	0.012	<.001	-0.234	0.012	<.001	-0.233	0.012	<.001	-0.233	0.012	<.001	-0.234	0.012	<.001
Mixed	-0.052	0.016	.001	-0.052	0.016	.001	-0.051	0.016	.001	-0.052	0.016	.001	-0.052	0.016	.001
Family	0.014	0.017	.396	0.014	0.017	.415	0.012	0.017	.478	0.014	0.017	.393	0.014	0.017	.420
Others	-0.166	0.015	<.001	-0.167	0.015	<.001	-0.168	0.015	<.001	-0.168	0.015	<.001	-0.167	0.015	<.001
Weekenda	0.111	0.011	<.001	0.110	0.011	<.001	0.110	0.011	<.001	0.111	0.011	<.001	0.111	0.011	<.001
Personality	0.026	0.017	.127	0.047	0.016	.004	0.074	0.016	<.001	-0.151	0.016	<.001	0.007	0.017	.667
Variance intercept	0.151			0.149			0.146			0.129			0.151		
Residual variance	0.257			0.257			0.257			0.257			0.257		

Note. Main effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), and personality traits (each trait in separate models) on momentary well-being. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B4

Study 2: Analysis 2, Step 2

	E	xtraversio	on	Ag	reeablen	ess	Cons	cientious	ness	N	euroticisi	m	ı	Openness	5
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	3.096	0.019	<.001	3.098	0.019	<.001	3.106	0.019	<.001	3.097	0.018	<.001	3.098	0.019	<.001
CMC	-0.248	0.015	<.001	-0.250	0.015	<.001	-0.248	0.015	<.001	-0.248	0.015	<.001	-0.249	0.015	<.001
Mixed	-0.066	0.018	<.001	-0.073	0.018	<.001	-0.072	0.018	<.001	-0.072	0.018	<.001	-0.072	0.018	<.001
Family	0.017	0.022	.453	0.013	0.022	.554	0.013	0.022	.542	0.014	0.022	.518	0.010	0.022	.659
Others	-0.196	0.017	<.001	-0.198	0.017	<.001	-0.198	0.017	<.001	-0.199	0.017	<.001	-0.198	0.017	<.001
Weekend <sup>a</sup>	0.106	0.011	<.001	0.106	0.011	<.001	0.106	0.011	<.001	0.107	0.011	<.001	0.106	0.011	<.001
Personality	0.032	0.018	.080	0.045	0.018	.013	0.067	0.018	<.001	-0.133	0.017	<.001	0.014	0.018	.441
CMC  imes Family	-0.027	0.034	.433	-0.025	0.034	.472	-0.029	0.034	.399	-0.027	0.034	.429	-0.021	0.034	.531
$\mathbf{CMC} \times \mathbf{Others}$	0.129	0.036	<.001	0.129	0.036	<.001	0.128	0.036	<.001	0.125	0.036	<.001	0.128	0.036	<.001
$\mathbf{Mixed} \times \mathbf{Family}$	0.101	0.057	.076	0.113	0.057	.047	0.110	0.057	.053	0.111	0.057	.050	0.108	0.057	.058
$\textbf{Mixed} \times \textbf{Others}$	0.067	0.046	.148	0.067	0.046	.147	0.066	0.046	.156	0.064	0.046	.166	0.068	0.046	.143
$Pers \times CMC$	-0.004	0.012	.735	0.002	0.013	.875	0.021	0.013	.101	-0.039	0.012	.002	-0.007	0.012	.547
$\mathbf{Pers} \times \mathbf{Mixed}$	-0.034	0.017	.051	-0.009	0.016	.544	0.017	0.017	.300	-0.001	0.016	.967	0.001	0.016	.972
$\textbf{Pers} \times \textbf{Family}$	0.009	0.017	.579	0.001	0.017	.932	-0.005	0.017	.782	-0.010	0.017	.547	-0.055	0.017	.001
$\mathbf{Pers} \times \mathbf{Others}$	-0.013	0.014	.358	0.012	0.015	.411	-0.002	0.015	.916	-0.021	0.015	.151	0.011	0.014	.452
Variance intercept	0.151			0.149			0.146			0.130			0.152		
Residual variance	0.256			0.256			0.256			0.256			0.256		

Note. Effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B5

Study 2: Analysis 2, Step 3

	Extraversion			Ag	reeablene	ess	Conscientiousness			N	Neuroticis	m	Openness		
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	3.096	0.019	<.001	3.098	0.019	<.001	3.106	0.019	<.001	3.097	0.018	<.001	3.097	0.019	<.001
CMC	-0.250	0.015	<.001	-0.249	0.015	<.001	-0.247	0.015	<.001	-0.248	0.015	<.001	-0.249	0.015	<.001
Mixed	-0.069	0.019	<.001	-0.072	0.018	<.001	-0.072	0.018	<.001	-0.072	0.018	<.001	-0.072	0.018	<.001
Family	0.018	0.022	.427	0.014	0.022	.514	0.012	0.022	.594	0.014	0.022	.511	0.009	0.022	.668
Others	-0.197	0.017	<.001	-0.197	0.017	<.001	-0.198	0.017	<.001	-0.199	0.017	<.001	-0.198	0.017	<.001
Weekend <sup>a</sup>	0.107	0.011	<.001	0.107	0.011	<.001	0.105	0.011	<.001	0.106	0.011	<.001	0.106	0.011	<.001
Personality	0.027	0.019	.154	0.046	0.019	.014	0.061	0.019	.001	-0.125	0.018	<.001	0.016	0.019	.375
$\mathbf{CMC} \times \mathbf{Family}$	-0.028	0.034	.418	-0.026	0.034	.444	-0.025	0.034	.466	-0.027	0.034	.423	-0.021	0.034	.534
$\mathbf{CMC} \times \mathbf{Others}$	0.132	0.036	<.001	0.126	0.036	<.001	0.128	0.036	<.001	0.127	0.036	<.001	0.128	0.036	<.001
$\mathbf{Mixed} \times \mathbf{Family}$	0.100	0.057	.080	0.110	0.057	.053	0.110	0.057	.054	0.108	0.057	.057	0.106	0.057	.065
$\textbf{Mixed} \times \textbf{Others}$	0.074	0.047	.117	0.072	0.046	.121	0.065	0.046	.160	0.065	0.046	.161	0.069	0.046	.138
$\operatorname{Pers} \times \operatorname{CMC}$	0.006	0.015	.674	0.004	0.015	.790	0.035	0.015	.017	-0.057	0.015	<.001	-0.012	0.014	.416
$\mathbf{Pers} \times \mathbf{Mixed}$	-0.020	0.020	.308	-0.021	0.018	.225	0.017	0.019	.367	-0.012	0.017	.478	-0.005	0.018	.799
$\textbf{Pers} \times \textbf{Family}$	0.023	0.021	.275	0.028	0.022	.209	0.017	0.023	.463	-0.045	0.022	.040	-0.064	0.023	.005
$\mathbf{Pers} \times \mathbf{Others}$	-0.002	0.017	.917	-0.004	0.017	.835	0.008	0.017	.652	-0.035	0.017	.041	0.006	0.017	.721
$\mathbf{Pers} \times \mathbf{CMC} \times \mathbf{Family}$	-0.031	0.035	.362	-0.063	0.034	.068	-0.055	0.034	.108	0.083	0.035	.018	0.021	0.035	.537
$\mathbf{Pers} \times \mathbf{CMC} \times \mathbf{Others}$	-0.031	0.034	.356	0.032	0.036	.374	-0.053	0.036	.138	0.045	0.036	.221	0.005	0.035	.882
$\mathbf{Pers} \times \mathbf{Mixed} \times \mathbf{Family}$	-0.052	0.063	.410	-0.044	0.056	.431	-0.006	0.060	.925	0.069	0.057	.225	0.000	0.063	.995
$\mathbf{Pers} \times \mathbf{Mixed} \times \mathbf{Others}$	-0.041	0.045	.360	0.119	0.044	.007	0.034	0.047	.464	0.019	0.048	.689	0.034	0.047	.476
Variance intercept	0.151			0.150			0.146			0.130			0.152		
Residual variance	0.256			0.256			0.256			0.256			0.256		

Note. Effects of mode of communication (reference category: FtF), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way and three-way interactions on momentary well-being. Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

aWeekend: 0 = weekday, 1 = weekend day.

Table B6

Study 2: Analysis 3, Step 1

	Е	xtraversio	on	Ag	reeablen	ess	Cons	scientious	ness	N	euroticis	m		Openness			
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р		
Intercept	2.917	0.034	<.001	2.918	0.034	<.001	2.925	0.034	<.001	2.922	0.033	<.001	2.918	0.034	<.001		
TCE	-0.068	0.030	.022	-0.068	0.030	.021	-0.069	0.030	.019	-0.070	0.029	.018	-0.068	0.030	.021		
SNS	-0.073	0.036	.042	-0.073	0.036	.040	-0.073	0.036	.039	-0.074	0.035	.036	-0.073	0.036	.040		
Family	-0.044	0.033	.187	-0.045	0.033	.172	-0.050	0.033	.133	-0.047	0.033	.155	-0.045	0.033	.179		
Others	-0.085	0.038	.024	-0.086	0.038	.022	-0.087	0.038	.021	-0.092	0.037	.014	-0.085	0.038	.024		
Weekenda	0.087	0.023	<.001	0.086	0.023	<.001	0.085	0.023	<.001	0.087	0.023	<.001	0.087	0.023	<.001		
Personality	0.014	0.022	.525	0.031	0.022	.149	0.075	0.021	.001	-0.163	0.022	<.001	-0.008	0.022	.711		
Variance intercept	0.189			0.188			0.182			0.166			0.189				
Residual variance	0.255			0.255			0.255			0.254			0.255				

Note. Main effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), and personality traits (each trait in separate models) on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B7

Study 2: Analysis 3, Step 2

	E	xtraversio	n	Ag	reeablen	ess	Cons	cientious	ness	N	euroticisi	m	Openness		
	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р	Est	SE	р
Intercept	2.932	0.039	<.001	2.933	0.039	<.001	2.945	0.039	<.001	2.940	0.038	<.001	2.932	0.039	<.001
TCE	-0.090	0.037	.016	-0.088	0.037	.018	-0.093	0.037	.012	-0.093	0.037	.012	-0.087	0.037	.018
SNS	-0.082	0.042	.051	-0.081	0.042	.052	-0.087	0.042	.038	-0.085	0.042	.041	-0.071	0.042	.090
Family	-0.042	0.050	.398	-0.042	0.050	.406	-0.049	0.050	.327	-0.047	0.050	.347	-0.045	0.050	.373
Others	-0.284	0.089	.002	-0.280	0.089	.002	-0.284	0.088	.001	-0.294	0.088	.001	-0.278	0.088	.002
Weekenda	0.088	0.023	<.001	0.086	0.023	<.001	0.084	0.023	<.001	0.088	0.023	<.001	0.084	0.023	<.001
Personality	0.017	0.035	.624	-0.008	0.035	.822	0.091	0.033	.006	-0.182	0.035	<.001	-0.054	0.033	.101
TCE  imes Family	-0.009	0.067	.890	-0.012	0.067	.859	-0.008	0.067	.906	-0.006	0.067	.925	-0.009	0.067	.899
$\mathbf{TCE} \times \mathbf{Others}$	0.255	0.098	.009	0.246	0.097	.011	0.249	0.097	.010	0.256	0.096	.008	0.248	0.097	.011
${\sf SNS} \times {\sf Family}$	-0.090	0.125	.474	-0.087	0.125	.488	-0.076	0.126	.546	-0.092	0.125	.462	-0.089	0.125	.477
$\mathbf{SNS} \times \mathbf{Others}$	0.175	0.121	.151	0.165	0.121	.174	0.173	0.120	.152	0.181	0.120	.132	0.157	0.121	.193
$\mathbf{Pers} \times \mathbf{TCE}$	-0.002	0.031	.953	0.039	0.031	.206	-0.001	0.030	.972	0.020	0.032	.528	0.049	0.029	.087
$\mathbf{Pers} \times \mathbf{SNS}$	0.012	0.039	.765	0.035	0.037	.356	-0.025	0.036	.497	0.014	0.038	.705	0.080	0.036	.025
$\textbf{Pers} \times \textbf{Family}$	-0.016	0.035	.640	0.025	0.033	.438	-0.044	0.032	.180	0.031	0.036	.382	-0.001	0.032	.979
$\mathbf{Pers} \times \mathbf{Others}$	-0.006	0.036	.863	0.035	0.039	.364	-0.030	0.037	.426	0.004	0.039	.923	0.000	0.036	.990
Variance intercept	0.189			0.188			0.181			0.166			0.189		
Residual variance	0.254			0.254			0.255			0.254			0.254		

Note. Effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way interactions on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites; Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.

Table B8

Study 2: Analysis 3, Step 3

	E	xtraversio	n	Ag	greeablene	ess	Con	scientious	ness	1	Neuroticis	m	Openness			
	Est	SE	р	Est	SE	р										
Intercept	2.931	0.039	<.001	2.933	0.039	<.001	2.950	0.039	<.001	2.942	0.038	<.001	2.930	0.039	<.001	
TCE	-0.089	0.037	.017	-0.088	0.037	.018	-0.098	0.037	.009	-0.095	0.037	.010	-0.087	0.037	.019	
SNS	-0.081	0.042	.052	-0.080	0.042	.054	-0.091	0.042	.030	-0.086	0.042	.040	-0.070	0.042	.098	
Family	-0.042	0.050	.408	-0.042	0.050	.404	-0.052	0.051	.306	-0.050	0.050	.321	-0.044	0.050	.376	
Others	-0.254	0.092	.006	-0.273	0.089	.002	-0.287	0.089	.001	-0.297	0.088	.001	-0.275	0.089	.002	
Weekenda	0.089	0.023	<.001	0.086	0.023	<.001	0.084	0.023	<.001	0.089	0.023	<.001	0.084	0.023	<.001	
Personality	0.061	0.041	.133	0.010	0.041	.802	0.115	0.038	.002	-0.202	0.041	<.001	-0.029	0.037	.444	
$TCE \times Family$	-0.009	0.067	.898	-0.014	0.067	.841	-0.004	0.067	.952	-0.004	0.067	.947	-0.008	0.067	.907	
$\textbf{TCE} \times \textbf{Others}$	0.227	0.100	.023	0.242	0.098	.013	0.255	0.097	.009	0.259	0.096	.007	0.241	0.098	.014	
$SNS \times Family$	-0.081	0.126	.521	-0.090	0.125	.472	-0.082	0.132	.533	-0.076	0.125	.546	-0.066	0.126	.601	
$\text{SNS} \times \text{Others}$	0.150	0.123	.222	0.146	0.122	.232	0.190	0.122	.120	0.181	0.120	.132	0.160	0.121	.187	
$\mathbf{Pers} \times \mathbf{TCE}$	-0.050	0.040	.209	0.024	0.040	.548	-0.028	0.037	.451	0.051	0.041	.217	0.017	0.036	.632	
$\mathbf{Pers} \times \mathbf{SNS}$	-0.044	0.045	.332	0.006	0.045	.901	-0.058	0.043	.172	0.022	0.045	.621	0.058	0.041	.160	
$\mathbf{Pers} \times \mathbf{Family}$	-0.091	0.053	.088	-0.020	0.053	.710	-0.101	0.048	.037	0.079	0.053	.136	-0.051	0.050	.309	
$\mathbf{Pers} \times \mathbf{Others}$	-0.131	0.080	.102	0.063	0.093	.496	-0.037	0.085	.664	-0.045	0.099	.648	-0.041	0.080	.610	
$\mathbf{Pers} \times \mathbf{TCE} \times \mathbf{Family}$	0.106	0.071	.135	0.067	0.069	.333	0.106	0.066	.110	-0.122	0.073	.097	0.071	0.066	.282	
$\mathbf{Pers} \times \mathbf{TCE} \times \mathbf{Others}$	0.134	0.089	.132	-0.060	0.101	.553	-0.013	0.094	.889	0.031	0.108	.775	0.077	0.088	.382	
$\mathbf{Pers} \times \mathbf{SNS} \times \mathbf{Family}$	0.191	0.142	.177	0.129	0.129	.318	0.096	0.130	.462	0.043	0.132	.748	0.227	0.145	.117	
$\mathbf{Pers} \times \mathbf{SNS} \times \mathbf{Others}$	0.251	0.133	.059	0.074	0.130	.569	0.089	0.121	.464	0.134	0.128	.296	-0.046	0.114	.686	
Variance intercept	0.189			0.187			0.181			0.167			0.188			
Residual variance	0.254			0.255			0.255			0.254			0.254			

Note. Effects of mode of communication (reference category: talking on the phone/video-chatting), type of interaction partner (reference category: peers), personality traits (each trait in separate models), and all two-way and three-way interactions on momentary well-being. TCE = texting/chatting/emailing; SNS = interactions on social networking sites; Pers = personality. All models included random intercepts. Coefficients in bold are significant with p < .01.

<sup>&</sup>lt;sup>a</sup>Weekend: 0 = weekday, 1 = weekend day.