

Strengthening the Evidence in Exercise Sciences Initiative (The SEES Initiative):

a prospective project based on openness,
surveillance, and feedback

Slides & Materials



osf.io/ntw7d

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Conflicts of interests

- UFRGS / HCPA
- I have delivered paid courses of systematic review with meta-analysis (SRMA)

“We’re standing on the shoulders of giants”



Accessed from <http://www.consort-statement.org/about-consort/the-consort-group>

Epidemiology and Reporting Characteristics of Systematic Reviews

David Moher^{1,2,3*}, Jennifer Tetzlaff¹, Andrea C. Tricco^{1,4}, Margaret Sampson¹, Douglas G. Altman⁵

RESEARCH ARTICLE

Epidemiology and Reporting Characteristics of Systematic Reviews of Biomedical Research: A Cross-Sectional Study

Matthew J. Page^{1,2}, Larissa Shamseer^{3,4}, Douglas G. Altman⁵, Jennifer Tetzlaff³, Margaret Sampson⁶, Andrea C. Tricco^{7,8}, Ferrán Catalá-López^{3,9}, Lun Li¹⁰, Emma K. Reid¹¹, Rafael Sarkis-Onofre¹², David Moher^{3,4*}

BMJ

RESEARCH

The quality of reports of randomised trials in 2000 and 2006: comparative study of articles indexed in PubMed

Sally Hopewell, senior research fellow,¹ Susan Dutton, senior medical statistician,¹ Ly-Mee Yu, senior medical statistician,¹ An-Wen Chan, assistant professor,² Douglas G Altman, director¹

“There is a wealth of evidence that key information is commonly missing from published reports of trials.”

Douglas Altman. Trials, 2015, 16:53

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We need to urgently prioritise implementation

The SEES Initiative

Vision

Learning, monitoring and promoting recommended practices is as important as the recommendation itself.

Design

Collaborative nonprofit initiative for assessment of published research and dissemination of recommended practices.

Targeted public

Researchers and journal editors in the field of exercise science.

Benchmarks

COMPare Trials; Curate Science; Reforms in Psychology.

The SEES Initiative: **what**, **how** and **why**

Systematic surveillance of published evidence

**Monthly searches in
previously selected
journals**

9 field-journals

+

5 general medicine


2018 Overview

lively

The SEES Initiative: **what**, **how** and **why**

Systematic surveillance of published evidence

Monthly searches in
previously selected
journals  30+ items assessed
for SRMAs and
RCTs

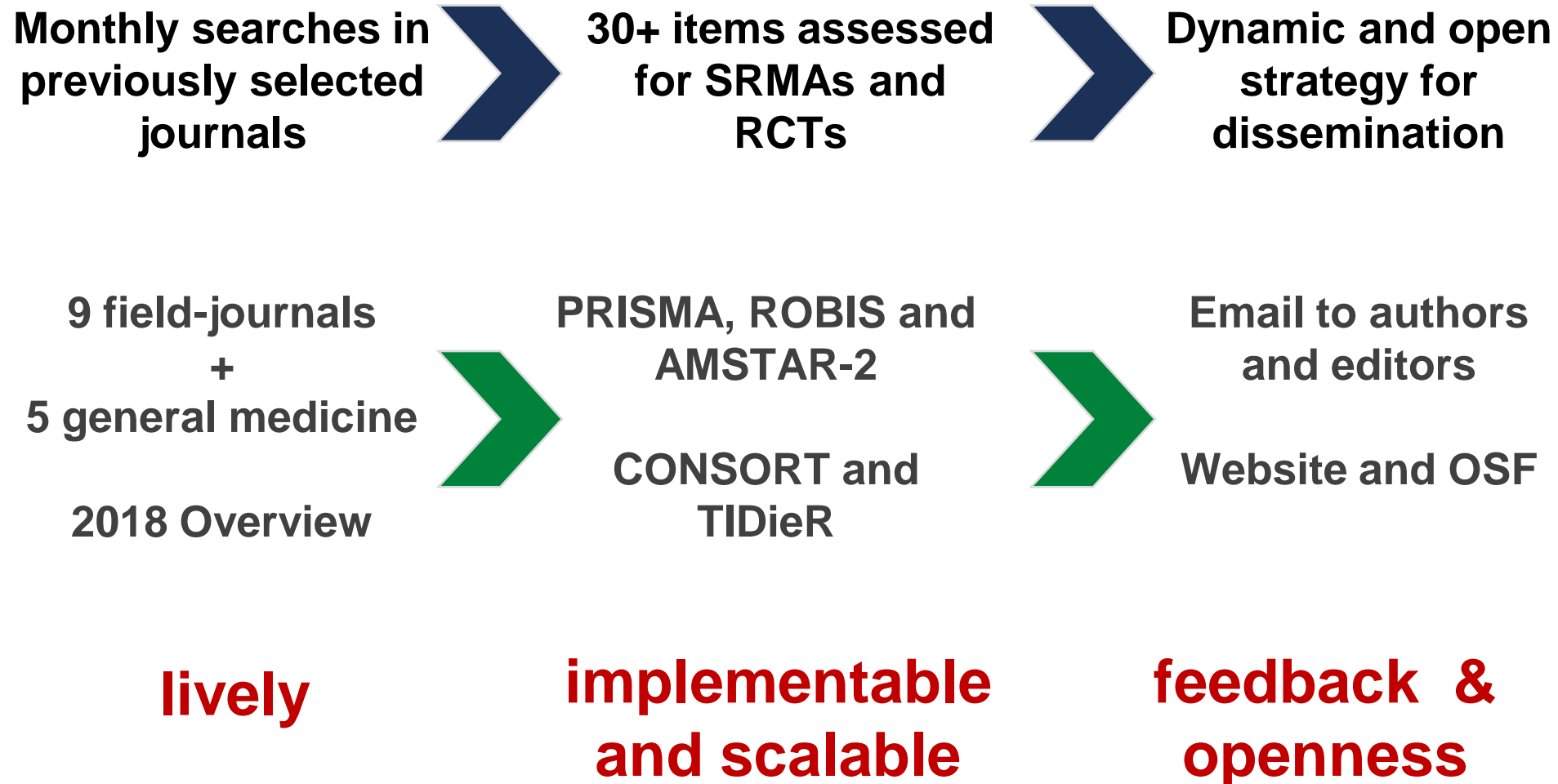
9 field-journals
+
5 general medicine
2018 Overview  PRISMA, ROBIS and
AMSTAR-2
CONSORT and
TIDieR

lively

**implementable
and scalable**

The SEES Initiative: **what**, **how** and **why**

Systematic surveillance of published evidence



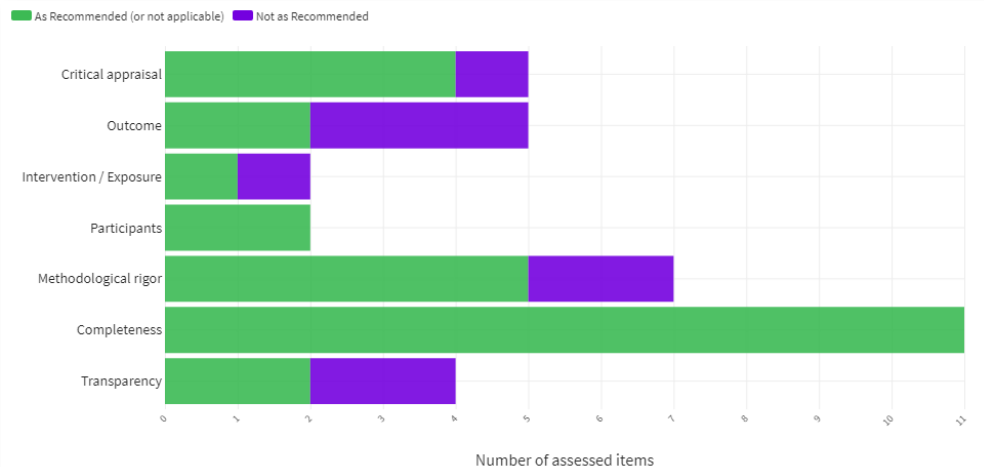
Our outputs


Table of studies (*monthly packs*)

Search...

PMID	Title	Overall balance	Transparency	Completeness	Methodological rigor	Participants	Intervention / Exposure	Outcome	Critical appraisal
28739834	Change in physical activity from adolescence to early adulthood: a systematic review and meta-analysis of longitudinal cohort studies	<div><div></div></div>	Average	High	Average	Adequate	Incomplete	Low	High

Study level



 Strengthening the Evidence in Exercise Sciences Initiative (SEES Initiative) Assessment Report for Individual Study		
Study title Change in physical activity from adolescence to early adulthood: a systematic review and meta-analysis of longitudinal cohort studies PMID 28739834 Journal Br J Sports Med Type of Publication and Period of assessment Systematic Review with Meta-Analysis, SEES Pack 4		
Component	Item	SEES assessment
Transparency	Registration: Is the review registered in a public database?	Yes - Registered in PROSPERO
Transparency	Protocol: Is there a referral of a publicly available methodological protocol? (Note: if so, you must also use the protocol to consult information about the review)	No
Completeness	Title: Is the study identified as a systematic review, meta-analysis, or both?	Yes
Completeness	Abstract: Does the abstract list the data sources used in the review? (Note: if more than five databases were used, simplified or partial referral should be considered as "Yes")	Yes
Completeness	Abstract: Does the abstract inform key eligibility criteria for study selection?	Yes
Participants	Abstract: Is there a description regarding the population (participants) or main condition(s) addressed in the review?	Yes
Intervention / Exposure	Abstract: Is there a description regarding the interventions/exposures (or, broadly, independent variables) addressed in the review?	Does not apply
Completeness	Abstract: Is there a description of the number of included studies?	Yes
Outcome	Abstract: Is there a result description for the main outcome of interest?	Yes
Completeness	Introduction: Is there a description for the research question (with PICOS elements) or precisely stated objectives (with PICOS)?	Yes
Transparency	Methods: Is there at least one search query fully available? (Note: a full search query should allow complete replication)	Yes
Methodological rigor	Methods: Did the search strategy include non-published evidence? ("grey literature")	Yes
Methodological rigor	Methods: If the search is restricted for evidence generated after 1950, is there an indirect or direct justification related to the time range?	Yes
Methodological rigor	Methods: How many languages were considered for study eligibility?	1
Completeness	Methods: Is there a detailed explanation of eligibility criteria for PICOS elements?	No

Are we working on the right problem?

Research: increasing value, reducing waste 5



Reducing waste from incomplete or unusable reports of biomedical research

Paul Glasziou, Douglas G Altman, Patrick Bossuyt, Isabelle Boutron, Mike Clarke, Steven Julious, Susan Michie, David Moher, Elizabeth Wager

Recommendations

- 1 Funders and research institutions must shift research regulations and rewards to align with better and more complete reporting
 - Monitoring—when assessing research (or researchers), funders and research institutions should consider the accessibility of research protocols, study materials, study data, and their use by others

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- McCall MacBain Foundation

Slides, SEES Protocol & Materials



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www.sees-initiative.org

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