

Codebook for Study 1 data (“anxiety_abstraction_s1.csv”)

Dataset column name	Variables
StartDate, EndDate, RecordedDate,Duration(in seconds)	Qualtrics metadata
subject	Subject ID
rt_recalltask_Page Submit	Response time (in seconds) during the autobiographical recall task (emotion induction)
emotion	Emotion condition (0 = Fear, 1 = Anxiety)
failed_instructions	Failed to follow instructions in the autobiographical recall task (0 = Did not follow, 1 = Did follow)
BCI	Brysbaert Concreteness Index (1 = Concrete, 5 = Abstract)
abstract	Perceived threat abstractness (1 = Very concrete, 9 = Very abstract)
temporal	Self-reported temporal distance of threat (1 = Within the same day, 7 = More than five years)
social	Self-reported social distance of threat (1 = Myself, 7 = Strangers)
physical	Self-reported physical distance of threat (1 = My immediate location, 7 = The world)
hypothetical	Self-reported hypotheticality of threat (1 = Extremely likely, 7 = Very unlikely)
fear1	Self-reported fear item 1
fear2	Self-reported fear item 2
fear3	Self-reported fear item 3
anxious1	Self-reported anxiety item 1
anxious2	Self-reported anxiety item 2
anxious3	Self-reported anxiety item 3
english	Understanding of English language in survey (1 = Very bad, 5 = Very good)
serious	Seriousness while filling out survey (1 = Not at all, 5 = Very much)
recall	Recall ability of emotional event during the autobiographical recall task (1 = Not at all, 5 = Very much)

bot_check	Bot/attention check (“Type 213”)
age	Age
gender	Gender (0 = Male, 1 = Female)
WC	Word count in autobiographical recall task
I	Percentage of I-pronouns
they	Percentage of they-pronouns
futurefocus	Percentage of future-focused words