

anxiety_abstraction_s1 Qualtrics survey

consentagree Please select the message box below to indicate that you are 18 years old or older and have read and agree to the above

☐ I fully understand the contents of this consent form and agree to participate in this study. I also agree not to disclose the details of the study to other parties. (1)

consent_end When you're ready to begin, please select >> (Next) to proceed to the study.

End of Block: Consent

Start of Block: Prolific



prolificID Please enter your Prolific ID here

End of Block: Prolific

Start of Block: Welcome

welcome_txt **Welcome!**

Instructions:

Welcome to our survey on Emotion and Cognition. On the next page, we will ask you to write a short essay that will take a few minutes. You will then complete a short questionnaire. Altogether, the survey is estimated to take approximately 7 minutes to complete. Your written answers will be anonymized and will not be shared with anyone or presented in any publication.

Click Next to start.

End of Block: Welcome

Start of Block: Fear

rt_fear Timing
First Click (1)
Last Click (2)
Page Submit (3)
Click Count (4)



text_F Although most of the time people feel safe, sometimes they may experience fear. People experience fear when they are exposed to a threat that is **clear and visible**. For example, you might be fearful when you see a physical injury or encounter a dangerous animal. Take a few moments to recall a threat within the past six months that made you experience intense fear. Please note, it is important that you try your best to focus on a situation that made you feel fear and not other emotions. Once you have identified a specific event that made you very fearful, please describe the event in the text box below.

Please provide as much detail as possible (min. ~ 20 words).

Your word count is: 0

Note: The "Next" button will appear after ~2 Minutes. But your text must contain at least 20 words in order to proceed.

End of Block: Fear

Start of Block: Anxiety

rt_anxiety Timing
First Click (1)
Last Click (2)
Page Submit (3)
Click Count (4)

text_A Although most of the time people feel safe, sometimes they may experience anxiety. People experience anxiety when they are exposed to a threat that is **unclear and not visible**. For example, you might feel anxious about an exam, an uncertain event like the pandemic, or financial issues. Take a few moments to recall a threat within the past six months that made you experience intense anxiety. Please note, it is important that you try your best to focus on a situation that made you feel anxiety and not other emotions. Once you have identified a specific event that made you very anxious, please describe the event in the text box below.

Please provide as much detail as possible (min. ~ 20 words).

Your word count is: 0

Note: The "Next" button will appear after ~2 Minutes. But your text must contain at least 20 words in order to proceed.

End of Block: Anxiety

Start of Block: Concreteness

Display This Question:

If emotion = 0

yourdesc1_fea Here is how you described the threat:

_\${text}_F/ChoiceTextEntryValue}

Display This Question:

If emotion = 1

yourdesc1_anxiety Here is how you described the threat:

_\${text}_A/ChoiceTextEntryValue}

concrete We would like to ask you some questions about your description of the threat. The following question refers to the degree to which you experienced the threat that you wrote about as concrete or abstract. Concrete threats are defined as specific and tangible threats, whereas abstract threats are general and ambiguous. For example, 'Bear attack in Sherwood Forest' is more concrete than 'Attack by an animal'. Likewise, 'major earthquake in Japan' is more concrete than 'natural disaster'. Please note that we are not asking whether the threat was 'real', but rather to what extent your personal experience of the threat was one of a concrete threat (specific and tangible) or of an abstract threat (general and ambiguous).

- ☐ 1 - Very concrete (1)
- ☐ 2 (2)
- ☐ 3 (3)
- ☐ 4 (4)
- ☐ 5 - Neither concrete or abstract (5)
- ☐ 6 (6)
- ☐ 7 (7)
- ☐ 8 (8)
- ☐ 9 - Very abstract (9)

End of Block: Concreteness

Start of Block: Mental scope

Display This Question:

If emotion = 0

yourdesc2_fear Some final questions about your description of the threat. Here is your description:

_\${text_F/ChoiceTextEntryValue}_

Display This Question:

If emotion = 1

yourdesc2_anxiety Some final questions about your description of the threat. Here is your description: *_\${text_A/ChoiceTextEntryValue}*

scope_T How distant or close in time did the threat appear to you at the time of the event that you wrote about?

- ☐ 1 - Within the same day (1)
 - ☐ 2 - Between tomorrow and a week (2)
 - ☐ 3 - Between a week and a month (3)
 - ☐ 4 - Between a month and six months (4)
 - ☐ 5 - Between six months and a year (5)
 - ☐ 6 - Between a year and five years (6)
 - ☐ 7 - More than five years (7)
-



scope_S The threat may have caused you to think about yourself and/or other people. How socially close or distant did they appear to you at the time of the event that you wrote about?

- ☐ 1 - Myself (1)
 - ☐ 2 - The person closest to me/significant other (2)
 - ☐ 3 - Close family/friends (3)
 - ☐ 4 - Distant family/friends (4)
 - ☐ 5 - Colleagues/Coworkers/Acquaintances (5)
 - ☐ 6 - People in my community (6)
 - ☐ 7 - Strangers (7)
-

scope_P How far away from your location did the threat appear to you at the time of the event that you wrote about?

- ☐ 1 - My immediate location (1)
 - ☐ 2 - My neighborhood (2)
 - ☐ 3 - My town/city/state (3)
 - ☐ 4 - Other towns/cities/states (4)
 - ☐ 5 - My country (5)
 - ☐ 6 - Other countries (6)
 - ☐ 7 - The world (7)
-

scope_H How likely versus unlikely did the threat appear to you at the time of the event that you wrote about?

- ☐ 1 - Extremely likely (1)
- ☐ 2 - Very likely (2)
- ☐ 3 - Moderately likely (3)
- ☐ 4 - Neutral (4)
- ☐ 5 - Moderately unlikely (5)
- ☐ 6 - Very unlikely (6)
- ☐ 7 - Extremely unlikely (7)

End of Block: Mental scope

Start of Block: Emotion MC



mc_emotions How did you feel at the time of the event that you wrote about?

	1 - Not at all (1)	2 (2)	3 (3)	4 - Neutral (4)	5 (5)	6 (6)	7 - Very much (7)
Fearful (fear1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worried (anxious1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anxious (anxious2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nervous (anxious3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Terrified (fear2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Scared (fear3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: Emotion MC

Start of Block: Bot check



bot_check Please enter the number "213" (use numbers).

End of Block: Bot check

Start of Block: Funnel

recall To what extent were you able to recall the emotional experience that you wrote about?

- ☐ Very Bad (1)
 - ☐ Bad (2)
 - ☐ Poor (3)
 - ☐ Neither Good nor Bad (4)
 - ☐ Fair (5)
 - ☐ Good (6)
 - ☐ Very Good (7)
-

serious How serious were you in filling out this questionnaire?

- ☐ 1 - Not at all (1)
- ☐ 2 (2)
- ☐ 3 (3)
- ☐ 4 (4)
- ☐ 5 - Very much (5)

purpose What do you think the purpose of the study was? (one sentence)

End of Block: Funnel

Start of Block: Demographics



age How old are you?



gender Please indicate your gender

- ☐ Male (0)
- ☐ Female (1)
- ☐ Other / Rather not disclose (2)



country In what country do you currently reside?

english How would you generally rate your understanding of the English used in this study?

- ☐ Very Bad (1)
- ☐ Bad (2)
- ☐ Poor (3)
- ☐ Neither Good nor Bad (4)
- ☐ Fair (5)
- ☐ Good (6)
- ☐ Very Good (7)

End of Block: Demographics

Start of Block: Debriefing