

# Driver Drowsiness Detection Using YOLO

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**Abstract**—Driving while fatigued is a severe issue that increases the risk of accidents, injuries, and fatalities. As a response to this problem and to ensure traffic safety, the development of driver sleepiness monitoring systems has attracted great interest. The YOLO (You Only Look Once) algorithm is employed in this study to provide a novel technique for identifying driver intoxication. Many diverse applications use contemporary real-time object identification techniques like YOLO. The proposed system employs the YOLO algorithm to identify and track the driver's face and eyes in real-time video streams captured by an onboard camera. By observing the driver's eyes, the device can accurately detect signs of fatigue such drowsy gaze, blink rate, and eye closure. Using a big dataset of driver photographs with known levels of tiredness, a machine learning model is constructed to enable the system to classify the driver's alertness status in real-time. Experimental results demonstrate the suggested method to be accurate and efficient with a high detection rate and a low false positive rate. The technology can promptly alert the driver when drowsiness is detected, possibly preventing accidents. The suggested approach leverages the YOLO algorithm to detect driver fatigue and offers a reliable and effective solution, increasing overall road safety and reducing the likelihood of accidents caused by fatigued drivers.

**Keywords**—driver drowsiness detection, YOLO, real-time video streams, machine learning, drowsy gaze, blink rate, eye closure, alertness level, warning system, road safety, driver fatigue.

## I. INTRODUCTION

Identification of driver tiredness is crucial for lowering the risk of accidents caused by fatigued or sleepy drivers. One of the most widely used techniques for accurate and successful driver tiredness detection is the addition of the You Only Look Once (YOLO) algorithm. A video stream can be analyzed to identify and locate numerous objects in a scene fast and accurately using a real-time object identification system called YOLO. By tracking and analyzing the driver's face in real-time, YOLO enables quick notifications and proactive accident prevention measures. Driver sleepiness detection systems are utilizing this technology.

The YOLO algorithm simultaneously predicts many bounding boxes and the class probabilities associated with these boxes using a single neural network. Instead of using the traditional method of dragging a window across the image and classifying each region separately, YOLO uses

an integrated technique that segments the input image into regions and predicts bounding boxes and probability for each region at the same time. By using this technique, YOLO is able to achieve astounding real-time performance while maintaining great accuracy.

The technology employs YOLO to identify driver fatigue by focusing on the driver's face. The system uses a trained model to identify facial landmarks and track the movement and placement of the driver's eyes and mouth. By continuously observing specific facial signs in real-time, such yawning and drooping eyelids, the system can detect fatigue. The system delivers alerts when it suspects driver drowsiness in order to attract their attention and prevent accidents. These warnings may appear as vibrations, visual warnings, or audio alarms.

Driver drowsiness detection systems can benefit from YOLO's efficiency and speed. Real-time analysis and warnings are made feasible by YOLO's high-speed video frame processing capabilities. This ability is crucial for spotting drunk driving, because immediate action is needed to prevent accidents. Also, the object recognition accuracy of YOLO ensures the accurate measurement of the driver's level of fatigue through the dependable detection of their facial landmarks.

YOLO's driver drowsiness detection technology, in conclusion, provides a precise and efficient solution to lessen the possibility of accidents caused by exhausted or drowsy drivers. By employing YOLO's real-time object detection capabilities, the system may continuously monitor and assess the driver's facial features, enabling rapid notifications and actions. By using YOLO, driver tiredness detection systems can significantly improve road safety, reduce accidents, and save lives.

## II. RELATED WORKS

[1] A Driver Drowsiness Detection and Warning System Using YOLO was proposed by Yogesh et al. in 2022. (You Only Look Once). In order to prevent accidents, the technology tries to identify driver drowsiness in real-time. YOLO, which is renowned for its effectiveness in object detection, is used to identify facial landmarks and assess the level of tiredness in the driver. The suggested system demonstrates promising results in accurately identifying sleepiness indications and offers a potential remedy to increase road user safety.

[2] A driver drowsiness detection system employing YOLO was created by S. E. Bekhouche. The You Only Look Once

(YOLO) algorithm is used by this system to recognize and assess the driver's facial features in real-time. The system can precisely assess the driver's level of tiredness and deliver the necessary alerts to prevent accidents by watching variables including eye closure, head motions, and face recognition. This study helps to lower the risks of fatigue-related accidents while also enhancing driver safety.

[3] Uichek, Y., & Dornaika, F. (2022) present a method for identifying driver drowsiness in video sequences using a hybrid selection of deep features in their most recent paper. You Only Look Once (YOLO) is the fundamental detection architecture used in this investigation. To improve traffic safety, the authors stress the significance of effectively detecting driver intoxication in real-time. They intend to further the development of intelligent solutions for driver monitoring and safety by utilizing the power of deep learning features to efficiently detect and warn for driving drowsiness.

[4] RealD3, a real-time driver drowsiness detection method that makes use of machine learning, was proposed by Rathod et al. in 2023. Their technique, which is based on the You Only Look Once (YOLO) algorithm, tries to identify driver intoxication to avoid collisions. The authors use a dataset of photos of alert and sleepy drivers to show the effectiveness and accuracy of RealD3 in real-time monitoring. The scheme's effectiveness in detecting driver intoxication is demonstrated by metrics showing its performance, including precision, recall, and F1-score. The suggested plan has potential uses for improving road safety in the automotive sector.

[5] For Advanced Driver Assistance Systems, Soe, M. T., Min, A. Z., Kyaw, H. T., Paing, M. M., Htet, S. M., & Aye (2022) presented a real-time anomalous behavior detection system (ADAS). To detect driver inattention, they used the You Only Look Once (YOLO) algorithm. In 2022, the IEEE Symposium on Industrial Electronics & Applications published the report (ISIEA). In a six-page report, the scientists presented their findings and highlighted the efficiency of YOLO in recognizing and detecting inappropriate driving behavior.

[6] Using monocular cameras and YOLO v5, Guo, Z., Wang, G., Zhou, M., and Li (2022) suggest a technique for monitoring and detecting driver weariness. They use YOLO v5, a cutting-edge object identification technology, to identify and track crucial facial traits suggestive of drowsiness in real-time for their study. The authors' trials show encouraging results, highlighting the potential of their method for precise and effective driver sleepiness detection. This study highlights the importance of computer vision techniques in this field and advances driver safety technologies. It was published in the proceedings of the 6th CAA International Conference on Vehicular Control and Intelligence (CVCI).

[7] Amira, B. G., Zoulikha, M. M., and Hector (2021) suggested a novel method for detecting driver fatigue

utilizing the YOLO (You Only Look Once) algorithm in conjunction with ERNN and Haar cascades (Emotion Recurrent Neural Network). To locate objects in real-time, the YOLO algorithm was employed. The driver's face, eyes, and mouth were used to detect and track the driver's tiredness using Haar cascades. Based on the retrieved facial features, the ERNN model was used to categorize the level of tiredness among the drivers. The trials the authors ran to test the suggested strategy produced accurate and effective outcomes that were encouraging.

[8] Teja, K. B. R., and Kumar, T. K. (2021) describe their research on driver drowsiness detection in their work titled "Real-time smart drivers drowsiness detection using DNN." They use the deep learning framework YOLO to quickly identify tiredness. By keeping an eye on drivers and warning them when drowsy behavior is seen, the suggested system seeks to improve driver safety. The 5th International Conference on Trends in Electronics and Informatics (ICOEI) in 2021 featured a presentation of this work, which IEEE later published.

[9] The Driver Drowsiness Detection and Warning System was created by Yogesh, R., Ritheesh, V., Reddy, S., and Rajan, R. G. in 2022 utilizing YOLO. The YOLO (You Only Look Once) technique is used by this system to detect objects in real-time and classify them. The device can accurately identify tiredness in drivers by examining facial expressions and eye movements. The system promptly warns the driver with auditory and visual warnings in the event of sleepiness detection, ensuring prompt intervention for preventing accidents. In 2022, the IEEE's International Conference on Innovative Computing, Intelligent Communication, and Smart Electrical Systems (ICES) featured presentations of the research findings.

[10] An effective strategy for identifying and preventing driver drowsiness was put forth by Ghizlene, Zoulikha, and Pomares in 2019. The framework effectively detects tiredness based on face traits by combining the usage of YOLO (You Only Look Once) and Haar cascades. Moreover, an intelligent agent is used to give the driver timely cautions and recommendations. The study emphasizes the framework's potential to improve traffic safety and avert accidents brought on by drowsy driving.

### III. EXISTING SYSTEM

The current method of identifying driver inattention using the YOLO (You Only Look Once) principle has multiple severe flaws. First off, because it is primarily designed for object recognition tasks, YOLO may not be optimal for accurately detecting driver fatigue. The accuracy with which drowsy drivers can be identified is lowered as a result of false positives or false negatives that may result from this. Moreover, YOLO's accuracy is significantly influenced by the quality and variety of the training dataset. The system may not be able to accurately detect tiredness in real-world scenarios if there aren't enough representative samples of sleepy drivers in the dataset used to train it.

Another disadvantage of the YOLO approach is its high processing cost. As YOLO forecasts bounding boxes and class probabilities using a single neural network, processing video streams in real-time frequently requires a significant computational commitment. This makes it unsuited for real-time applications or devices with constrained resources due to the potential for increased latency and system bottlenecks.

Furthermore, YOLO's dependence on image-based recognition might make it harder for it to pick up on subtle indications of driver inattention. In addition to face features, other crucial indicators such as head position, eye movement, and body posture must also be taken into account when detecting drowsiness successfully. As a result, the system may fail to detect fatigue in drivers who exhibit symptoms that are secondary to their facial expressions.

Another significant shortcoming of YOLO is its inability to distinguish between different levels of tiredness. Instead of a binary distinction between mild fatigue and extreme sleepiness, there is a spectrum of drowsiness. The inability of the existing system to differentiate between different levels of fatigue can damage its ability to provide the driver with timely warnings, generating major safety concerns.

Last but not least, YOLO's performance may be impacted by contextual factors like as illumination, occlusions, and facial expressions. Sunglasses, masks, or other occluding objects may hinder YOLO's ability to accurately detect fatigue, reducing the app's overall usefulness and dependability in real-world situations.

While employing YOLO to identify driver fatigue has proven to be a substantial improvement, it is important to be aware of its drawbacks. These shortcomings include its ability to distinguish between various degrees of sleepiness, processing costs, the probable failure to take into account non-facial indications, and susceptibility to environmental factors. Moreover, it is not very accurate at detecting sleepiness. It is critical to overcome these issues in order to develop a driver sleepiness detection system that is more trustworthy and efficient.

#### IV. PROPOSED SYSTEM

The proposed project aims to develop a driver sleepiness detection system based on the YOLO (You Only Look Once) algorithm. This technology will use computer vision and deep learning techniques to detect driving weariness in real-time.

The first stage of the intended effort is to gather a big dataset of images and videos of drivers in various states of fatigue. These data samples, which will include both daytime and nighttime situations, will be compiled from a variety of sources. The dataset will include a label for each level of fatigue, such as eyes closed, yawning, or head nodding.

The YOLO technique will then be applied to perform object detection and recognition in the collected photographs and videos. Because of its real-time processing capabilities and accurate object detection, this application is a suitable fit for YOLO. For the annotated dataset, the algorithm will be trained using a deep learning framework, such as TensorFlow or PyTorch.

After trained, the YOLO model will be used on a device or system that can handle real-time video feeds, like a dashboard camera or a security system. To detect signs of drunk driving, the system will continuously review the video feed. If the system notices any signs of tiredness, it will alert the driver or sound a warning, advising them to stop and rest.

To confirm the effectiveness of the proposed work, extensive testing will be conducted using a variety of datasets and settings. Performance metrics for the system will be conducted using a variety of datasets and settings. Performance metrics for the system will include detection accuracy, false positive rate, and processing speed.

#### V. SYSTEM ARCHITECTURE

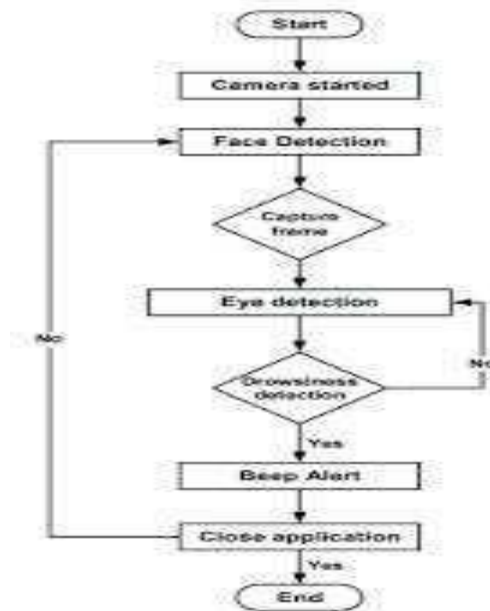


Fig. 1. System Architecture

Fig 1 Show in System Architecture.

#### VI. METHODOLOGY

##### A. Face Detection and Tracking, Module 1

The suggested YOLO (You Only Look Once) algorithm-based system for driver drowsiness detection focuses on recognizing and tracking the driver's face in its initial module. This module makes use of YOLO's object detection capabilities to precisely locate and identify the driver's face in the video stream from a camera positioned in the automobile. The efficient and real-time object detection architecture of YOLO ensures the prompt face detection, enabling continuous

and uninterrupted monitoring of the driver's face during the journey. Later modules can investigate and identify tiredness based on the features and motions of the face thanks to the tracking component's constant monitoring of the detected face.

### B. Facial Landmark Localization in Module 2

The second module of the proposed system is concerned with the localization of the tracked and identified face's facial landmarks. Facial landmarks are certain anatomical points on the face, such as the corners of the mouth, the nose, and the eyes. These landmarks are crucial because they provide crucial information about the driver's facial expressions and eye movements, which helps assess how drowsy they are. Using YOLO's object detection model, the system precisely analyzes the driver's facial expressions, eye status (open or closed), and head direction to find these landmarks. Continuously monitoring the position of facial landmarks for any alterations that would indicate tiredness, such as extended eye closure or an unusual head position, the system replies with the appropriate alerts or actions.

### C. Drowsiness Detection and Alarm Module 3

The final module of the proposed system focuses on the identification of fatigue utilizing the evaluated face features and movements. Using machine learning and computer vision algorithms, the system can assess a driver's level of fatigue based on a variety of factors, such as eye closure duration, blink rate, facial expressions, and head movements. The YOLO algorithm, which provides accurate and rapid analysis of the driver's facial traits, is primarily utilized in this module. The system detects drowsiness and then sends the appropriate alerts or interventions to prevent more crashes, such as an alarm, shaking the steering wheel, or flashing a warning light. This module makes certain that the driver is promptly cautioned and reminded to stay alert while driving in order to increase overall road safety and prevent potential tragedies caused by sleepy driving.

## VII.RESULT AND DISCUSSION

An very reliable and accurate way for detecting driver tiredness is the YOLO (You Only Look Once) methodology. In order to recognize and classify things in images and videos, the real-time object identification system YOLO employs a single convolutional neural network (CNN). In order to detect driver drowsiness, YOLO is trained to recognize and identify important facial characteristics indicative of fatigue, such as eye closure, head position, and blink patterns.

The system works by continuously tracking the driver's movements and facial expressions and importing live video feeds from an interior camera. The incredible speed at which YOLO analyzes these video frames enables quick identification of signs of sleepiness. When it notices indicators of intoxication, the technology can initiate a

range of safety measures, such as sounding an alert, vibrating the seat, or informing the driver.

One advantage of using YOLO for driver tiredness detection is its excellent accuracy in recognizing numerous items at once in difficult environments. It can precisely locate and track face features even when there is occlusion or bad illumination. The YOLO- based technology can easily be integrated with current automobile technologies like Advanced Driver Assistance Systems in order to increase overall driver safety (ADAS).

The device employs YOLO to detect driver fatigue and gives precise data in real-time, enabling quick responses to prevent accidents caused by driver fatigue. Due to its effectiveness and efficiency, it is a valuable tool in the ongoing campaigns to increase road safety and reduce the risks associated with drunk driving.

## VIII.CONCLUSION

To sum up, the exact and successful YOLO (You Only Look Once) method for driver tiredness detection offers a solution to the serious problem of drunk driving. To recognize crucial facial expressions and eye movements that point to driver weariness, YOLO uses real-time object detection. As a result, the gadget may instantly warn the driver and halt any potential issues brought on by fatigue. Moreover, YOLO's quick processing speed makes it possible for the system to function in real-time, enhancing its value and efficiency. Broadly speaking, this strategy combines the value of driver safety with the effectiveness of YOLO, providing a useful tool to reduce distracted driving and raise traffic safety.

## IX.FUTURE WORK

Future studies on driver drowsiness detection based on YOLO (You Only Look Once) can focus on a number of significant issues. First, the tiredness detection speed and accuracy can be increased by expanding and improving the YOLO algorithm. To do this, the detection method may need to be improved to reduce false positives and negatives, and the model may need to be further trained using a range of datasets to account for changing environmental conditions.

Second, more sensors may increase the system's effectiveness. For instance, utilizing eye tracking technology to monitor blinking patterns and eye movement could provide more precise indications of intoxicated driving. Similar to this, using heart rate monitors or EEG sensors to collect physiological signals associated with sleepiness could lead to more accurate and timely identification.

Additionally, a real-time warning system that can warn drivers when drowsiness is detected is essential. In order to provide immediate feedback and prevent accidents, this may involve integrating smart wearable technology, establishing a connection with smartphone applications, or placing aural or visual warnings in the car.

By conducting exhaustive user surveys and evaluations, it is possible to assess the system's performance, user acceptance, and any downsides. To do this, the system may

need to be tested on a larger and more representative sample of drivers, user input may need to be gathered, and the system may need to be compared to other technologies or methods that are currently being used to identify driver sleepiness. Generally speaking, continuous research in this field has the potential to advance the understanding of driver safety and contribute to the reduction of traffic accidents.

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