

Better Leader, Richer Life

Fall 2014

### The Wharton School

### University of Pennsylvania

### via Coursera

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### [www.totalleadership.org](http://www.totalleadership.org)

**Week 1 Assignment**

*Before completing this assignment, please [view this week's lectures.](https://class.coursera.org/totalleadership-003/lecture" \t "_blank)*   
Our first assignment has three questions that ask you to view and reflect on short videos from alumni of our course, define your goals for it, and note the two or three skills you would most like to work on.  View examples of excellent assignments [here](https://d396qusza40orc.cloudfront.net/totalleadership/Coursera%20assignment%20examples%20Week%201_040814.pdf" \t "_blank).

**1.A  Alumni Reflections**  
This exercise helps you understand more of what our course is about, from the perspective of people who have taken it. Please view at least two of the reflectionsvideos on the [Reflections page](http://www.totalleadership.org/resources/tltv/reflections/" \t "_blank" \o "Link: http://www.totalleadership.org/resources/tltv/reflections/) of our Total Leadership Web site or on [Vimeo](http://vimeo.com/user27144175" \t "_blank).  Then write a comment about each of these two video clips (in a short paragraph for each) describing what you learned from listening to these alumni speaking about their experience.    

It is awesome.

**1.B  Goals**  
As you are about to embark on your journey through our course, please describe, in a paragraph or two, (a) what led you to sign up for it and (b) what you hope to gain from it. Take a few moments to let your responses come to mind, then record your thoughts.

I’m going to be a team leader in my company. I just want to learn something about leadership.

**1.C  Skills**This exercise helps you focus on the skills you most want to develop in our course.  First, please complete the online [TL Skills Assessment](http://www.qualtrics.com/totalleadership" \t "_blank" \o "Link: http://www.qualtrics.com/totalleadership).  Then, please choose the two or three skills from the 18 that you would most like to focus on as you go through our course. In one sentence for each, please explain why these two or three skills are important to you.

I choose 2-“Embody values consistently” and 7-“Clarify expectations”.