Row Labels	Sum of Person ID	Sum of Age	Sum of Stress Level	Sum of Heart Rate	Sum of Physical Activity Level	Sum of Quality of Sleep	Sum of Sleep Duration
Female	46482	8770	865	12813	10941	1418	1337.5
Insomnia	8551	1618	175	2423	1620	250	238.8
None	18060	3684	313	5539	4112	679	627.3
Sleep Apnea	19871	3468	377	4851	5209	489	471.4
Male	23643	7007	1149	13429	11189	1317	1329.9
Insomnia	8102	1733	277	3003	1985	253	268.6
None	14127	4865	807	9576	8579	991	984.2
Sleep Apnea	1414	409	65	850	625	73	77.1
Grand Total	70125	15777	2014	26242	22130	2735	2667.4

