

Product ID	Product Sub Category	Product Name
P1	South African Foods - Beef Stew	Beef stew; samp and beans; Stewed spinach
P2		Beef stew; Pap; Stewed spinach
P3		Beef Stew; Pap
P4		Beef stew; Samp and beans
P5		Beef cheek ragu stuffed bread
P6		Beef stew
P7	South African Foods - Umleqwa Coq Au Vin	Umleqwa Coq Au Vin; Samp and beans
P8		Umleqwa Coq Au Vin; Pap
P9		Umleqwa Coq Au Vin; Mashed Potato
P10		Umleqwa Coq Au Vin
P11	South African Foods - Braised Lamb Shank	Braised Lamb Shank; Mashed Potato
P12		Braised Lamb Shank; Curried Samp
P13		Braised Lamb Shank
P14	South African Foods - Lamb Stew	Lamb Stew; Curried Samp; Chakalaka
P15		Lamb Stew; Pap; Carrots
P16		Lamb Stew; Curried Samp
P17		Lamb Stew; Pap
P18		Lamb Stew
P19	South African Foods - Lamb Curry	Lamb Curry Bread Bowl
P20		Lamb Curry; Pap
P21		Lamb Curry
P22	South African Foods - Chicken Curry	Chicken Curry; Pap
P23		Chicken Curry; Dumpling
P24		Chicken Curry; Stuffed Bread
P25		Chicken Curry
P26	South African Foods - Braised Oxtail	Braised Oxtail; Butternut
P27		Braised Oxtail; Mashed Potato
P28		Braised Oxtail
P29	South African Foods - West African Peanut Chicken Stew	WA Peanut Chicken Stew; Pap
P30		WA Peanut Chicken Stew; Curried Samp
P31		WA Peanut Chicken Stew
P32		Braised Tripe; Curried Samp; Chakalaka

P33	<b>South African Foods - Braised Tripe</b>	Braised Tripe; Dumplings; Stewed Spinach
P34		Braised Tripe; Curried Samp
P35		Braised Tripe; Dumplings
P36		Braised Tripe; Stuffed Bread
P37	<b>Vegetables</b>	Mashed Potato
P38		Grilled Butternut
P39		Glazed Carrots
P40		Chakalaka
P41		Stewed Spinach
P42	<b>Starches</b>	Curried Samp
P43		Samp and Beans
P44		Pap
P45		Dumplings
P46	<b>Cocktails</b>	Vetkoek; Chicken Curry
P47		Vetkoek; Chicken livers
P48		Vetkoek; Lamb Curry
P49		Vetkoek; Meatballs
P50		Chicken Feet
P51		Chicken Wings
P52		Spicy Chicken Livers
P53	<b>Salads</b>	Butternut-Beetroot; rocket; Feta
P54	<b>Pastas</b>	Pappardelle; Beef cheek Ragu
P55		Pappardelle; Meatballs
P56		Pappardelle; Spicy Chicken livers