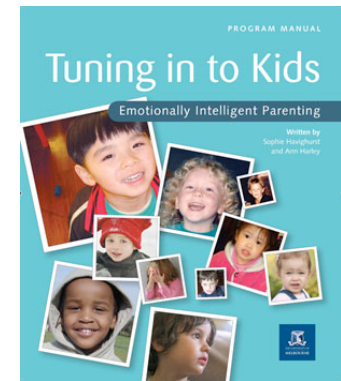




# Tuning in to Kids

## A Six Session Emotionally Intelligent Parenting Program

Dr Deirdre Ryan and Carol O Dwyer, Psychologists



**WHEN:** Tuesdays 16<sup>th</sup> February – 22<sup>nd</sup> March 2016

**TIME:** 6-8PM

**WHERE:** Campbell Turnbull Library, 220 Melville Road, Brunswick West

**COST:** \$350 individuals/\$500 couples (includes workshop materials and evening tea).

**\*Participants may be eligible for A Medicare Rebate of up to \$186.**

- ✧ Develop your skills in talking and understanding your child
- ✧ Help your child manage their emotions and deal with conflict
- ✧ Prevent behaviour problems and develop social and academic skills

If you would like to participate in this program please contact **Aruna Centre for Psychological Wellbeing** e-mail [reception@arunapsychology.net](mailto:reception@arunapsychology.net) or phone **0413875340** for more details and to register your interest. **Bookings are essential as places are limited.**