



Tuning in to Teens

Training for Facilitators – Intensive 1 day workshop

Registration Form

Please fill in all fields

When?

Friday
21st November 2014
9.00 am – 4.30 pm

Where?

John Plapp Room
Rivendell – Thomas Walker Hospital
Hospital Road
Concord NSW 2137

For more information

Contact Nicholas on +61 3 9371 0214
or mindful-info@unimelb.edu.au

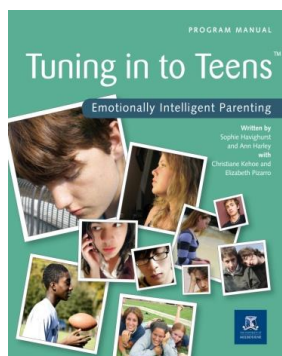
What is Tuning in to Teens?

This innovative and interactive evidence-based group parenting program aims to increase parent-child connection by improving emotional communication in the family. It helps parents to understand and regulate their own emotions and equips parents with skills to respond to their adolescent's emotions in a way that helps the child to develop emotional competencies.

What is included in the training?

The training will teach professionals the key skills taught to parents in the program using direct teaching, watching DVDs, demonstration, small group exercises, role plays and group discussion.

Also included
Program Manual



First name

Surname

Organisation

Street

Suburb

State

Post Code

Phone

Email

Dietary requirements

Trainees may only register for the Tuning in to Teens 1-day workshop if they have completed or are registered to complete the pre-requisite Tuning into Kids training. **Please tell us what date and in which city you have completed / will complete Tuning in to Kids.**

Pre-requisite date:

Pre-requisite city:

I would like to register for (tick one):

- ☐ 1 day of training @ \$465 (GST incl.)
(includes the **Tuning in to Teens** manual)
- ☐ Extra manual purchase @ \$190.00
(GST incl.) (\$175.00 plus \$15.00 postage and handling).
- ☐ I enclose a cheque/money order payable to The University of Melbourne

Post this entire form with your cheque to:
Mindful – Centre for Training and Research in
Developmental Health, **The University of Melbourne**,
Building C, 50 Flemington Street, Flemington VIC 3031

Or register and pay online

tuningintokids.org.au/professionals/training