

# Tuning Into Kids

## emotionally intelligent parenting

A six session program for a parent/caregiver  
of children aged between 3 to 7 years

Does your child:  
Have difficulty managing their emotions?  
Explode easily?  
Become fearful in many situations?  
Find conflict challenging?

Learn about teaching your child  
to understand and regulate  
their emotions, in a small,  
friendly group environment.

\$395 ~ concession fee available  
to eligible participants with GP referral

\*for a parent/caregiver only to attend, no children please.



Psychology4Life - 1st Floor, 1395 Toorak Rd Camberwell      Monday Mornings, 10:00am - 12pm Midday  
From 28th April (second week of Term 2) - 2nd June

Contact: Judy Poll, Psychologist Phone: 98091234