



Dads Tuning in to Kids

Dads Tuning in to Kids is an effective evidence based seven session **parenting course** that focuses on developing your child's **emotional intelligence**.

The program provides you with the skills and **strategies** to:

- **Improve communication and connection with your child**
- **Better understand and manage emotions**
- **Problem solve and set limits**
- **Prevent or reduce problem behaviours in your child**

All within a supportive environment where you can share the challenges of parenting.

Research shows that children with higher emotional intelligence do better in a range of life outcomes and have the **emotional competence** to respond to life events in a resilient way.

Primary Facilitator: Mr Ashley Taylor (Primary School Teacher & Dad)

Support Facilitator: Dr Rachel Cousins (Clinical Psychologist & Mum)

Dads of children aged 2 – 12 years



At Deco Place Croydon

7pm to 9pm Wednesday nights in 2018

\$250 Places are limited to 12 participants

Term 2 Starting Wednesday 2nd of May

Term 3 Starting Wednesday 1st of August

Term 4 Starting Wednesday 17th of October

To book your spot or ask a question contact ashley@decoplace.net

0430 031 444



Tuning in to Kids Workshop

Dr Rachel Cousins and Mr Ashley Taylor will be conducting a separate 3 hour workshop covering the basics of the TIK approach to parenting. Parents, both **Mums** and **Dads**, interested in an overview of how to nurture emotional intelligence in their children are encouraged to attend.

The full TIK parenting course may be offered with sufficient interest.

The TIK workshop (cost \$75) will take place at 5.30pm on Wednesday 18th of April 2018 and at 2pm on Saturday the 28th of April 2018.

