

DADS Tuning in to Kids

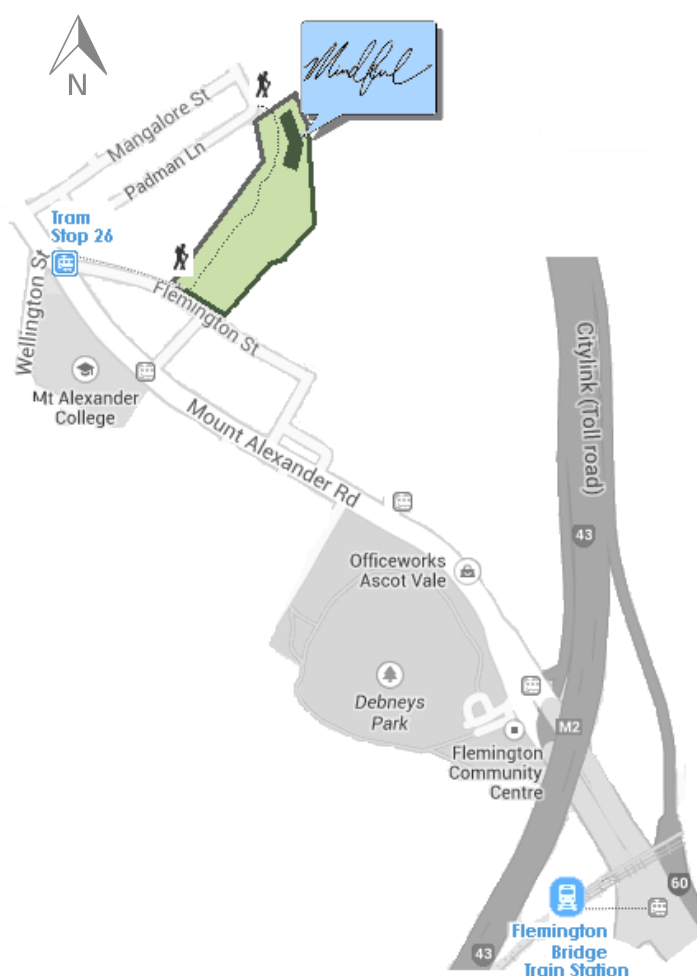
MELBOURNE November 2015

DADS TUNING IN TO KIDS™

Emotionally Intelligent Parenting

Friday

13 November 2015



Dads Tuning in to Kids™ is an evidence-based adaptation of the widely used Tuning in to Kids® parenting program. It has been developed by Dr. Katherine Wilson, Dr. Sophie Havighurst and Ann Harley in Melbourne, Australia, to be suitable for use by Tuning in to Kids trained facilitators who would like to offer father-only parenting groups. The program focuses on the father-child emotional connection. It teaches fathers the skills in *emotion coaching* that are taught in Tuning in to Kids®, provides additional content particularly relevant to fathers, and suggests modifications to some program activities and processes.

Dads Tuning in to Kids™ has been strongly endorsed by fathers who have attended, with feedback that a fathers-only option is a very welcome addition to the parenting programs currently on offer. A randomised control trial of the program showed positive outcomes including improving parenting, parent-child relationships and child behaviour.

Pre-requisite:

This workshop is only available to certified Tuning in to Kids facilitators.

Mindful Centre, Building C, 50 Flemington Street, Travanore VIC 3032



For more information please see our website
www.tuningintokids.org.au

Dads Tuning in to Kids

Emotionally Intelligent Parenting

Register online at: www.tuningintokids.org.au

Dads Tuning in to Kids

HALF DAY OF TRAINING

13th November 2015

9.00am – 1.00pm

Registration

AUD \$ 299

Price is for a training bundle which includes the program manual.

WHAT IS INCLUDED IN THE PROGRAM MANUAL?

Dads Tuning in to Kids is formatted as a seven-session weekly program with a structured manual for group facilitators to follow. The manual includes a range of resources including comprehensive background information, session plans, session notes, and printed and electronic versions of parent handouts.

Dads Tuning in to Kids covers key skills using direct teaching, demonstration, small group exercises, role plays and group discussion. The manual is a complete user-friendly kit for facilitators previously trained in the Tuning in to Kids program.

Available only to certified Tuning in to Kids facilitators

Cheque or Money Order

ONE FORM PER TRAINEE

First name

Surname

Please list any tertiary qualifications

Organisation

Street

Suburb

State Post Code

Phone

Email

FOOD ALLERGIES

I would like to register for [MANDATORY]:

☐ Half-day **Dads Tuning in to Kids** workshop
@ \$299 (GST incl.) – 1 program manual is included.

☐ I would like to purchase an additional program
manual for @ \$150 (GST incl.) [OPTIONAL].

☐ I completed my Tuning in to Kids training
on this date: [MANDATORY]

DD / MM / YEAR

SIGNATURE



CATERING IS PROVIDED – PLEASE
REMEMBER TO COMPLETE THE
DIETARY REQUIREMENTS SECTION

To register and pay using this printable form, please print, fill out the above details, and **post this entire form** with your cheque or money order to: Mindful Centre, **University of Melbourne**, Building C, 50 Flemington Street, Traralgon VIC 3032.

If you **require an invoice** prior to making payment, please email nicholas.wright@unimelb.edu.au

'Dads Tuning in to Kids' is a trademark of the Mindful Centre for Training and Research in Developmental Health and the University of Melbourne.