



# Tuning in to Teens

Training for Facilitators – Intensive 1 day workshop

## Registration Form

Please fill in all fields

### When?

Friday  
30th May 2014  
9.00 am – 4.30 pm

### Where?

Alice Springs Youth & Community Centre  
5 Wills Terrace  
Alice Springs NT 0870

### For more information

Contact Nicholas on +61 3 9371 0214  
or [mindful-info@unimelb.edu.au](mailto:mindful-info@unimelb.edu.au)

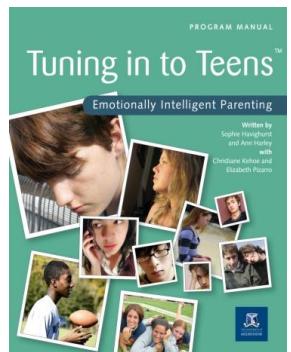
### What is Tuning in to Teens?

This innovative and interactive evidence-based group parenting program aims to increase parent-child connection by improving emotional communication in the family. It helps parents to understand and regulate their own emotions and equips parents with skills to respond to their adolescent's emotions in a way that helps the child to develop emotional competencies.

### What is included in the training?

The training will teach professionals the key skills taught to parents in the program using direct teaching, watching DVDs, demonstration, small group exercises, role plays and group discussion.

Also included  
**Program Manual**



First name

Surname

Organisation

Street

Suburb

State

Post Code

Phone

Email

Dietary requirements

Trainees may only register for the Tuning in to Teens 1-day workshop if they have completed or are registered to complete the pre-requisite Tuning into Kids training. Please tell us what date and in which city you have completed / will complete Tuning in to Kids.

Pre-requisite date:

Pre-requisite city:

I would like to register for (tick one):

- 1 day of training @ \$465 (GST incl.)  
(includes the **Tuning in to Teens** manual)
- Extra manual purchase @ \$190.00  
(GST incl.) (\$175.00 plus \$15.00 postage and handling).

- I enclose a cheque/money order payable to The University of Melbourne

**Post this entire form with your cheque to:**

Mindful – Centre for Training and Research in Developmental Health, **The University of Melbourne**, Building C, 50 Flemington Street, Flemington VIC 3031

**Or register and pay online**

[tuningintokids.org.au/professionals/training](http://tuningintokids.org.au/professionals/training)