

Tuning in to Kids

Emotionally Intelligent Parenting Workshop



An **evidence based parenting program** for parents with preschool and early primary school kids.

Would you like to learn how to:

- ✓ Be better at talking with your child?
- ✓ Be better at understanding your child?
- ✓ Help your child learn to manage emotions?
- ✓ Help to prevent behaviour problems in your child?
- ✓ Teach your child to deal with conflict?



Tuning into Kids parenting program can teach you how to achieve all of that!

To find out more about 'Tuning into kids' log on to:
<http://www.tuningintokids.org.au/>

Emotional intelligence may be a better predictor of academic and career success than IQ!

Children with higher emotional intelligence:

- ✓ Have greater success with making and keeping friends
- ✓ Have better concentration at school
- ✓ Are more able to calm down when upset or angry
- ✓ Tend to have fewer childhood illnesses.

May is the mother of two kids, Author of 'Amazing Kids - 35 Ways to Empower Your Child to Success, Love and Happiness', Teacher, Kinesiologist and has 20 years experience as a Learning and Development Consultant. She is inspired to help people achieve success and happiness in their lives.

May draws upon real life examples to illustrate well-researched models and techniques about emotional intelligence and parenting. She has worked with a range of people of diverse backgrounds including: 'At risk' teenagers, gifted kids, clients suffering from stress and anxiety as well as managers and executives of businesses.

Her formal qualifications include:

- ✓ Bachelor of Education
- ✓ Diploma of Health Sciences
- ✓ Post Grad Cert in Vocational Education and Training
- ✓ Cert IV Workplace Training and Assessment
- ✓ Tuning Into Kids Practitioner Workshop.



'You can create a loving bond with your child and reduce the stress out of parenting.'

When: Commencing Fri 28 Feb 2014
(10am - 12pm)

Where: Moonee Ponds

Cost: \$249 (inc. 6 x 2hr sessions)

To BOOK or find out more about the parenting workshop, contact:

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