



# Tuning in to Teens

Training for Facilitators – 2 day workshop

## Registration Form

Please fill in all fields

### When?

Thursday & Friday  
27<sup>th</sup> + 28<sup>th</sup> March 2014  
9.00 am – 4.30 pm

### Where?

Darlington Centre Conference Room  
University of Sydney  
174 City Road  
Darlington NSW 2006

### For more information

Contact Nicholas on +61 3 9371 0214  
or [mindful-info@unimelb.edu.au](mailto:mindful-info@unimelb.edu.au)

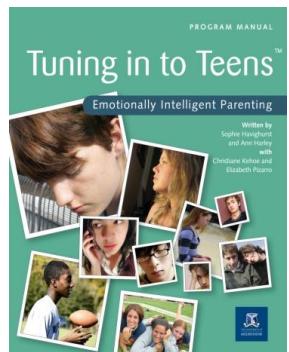
### What is Tuning in to Teens?

This innovative and interactive evidence-based group parenting program aims to increase parent-child connection by improving emotional communication in the family. It helps parents to understand and regulate their own emotions and equips parents with skills to respond to their adolescent's emotions in a way that helps the child to develop emotional competencies.

### What is included in the training?

The training will teach professionals the key skills taught to parents in the program using direct teaching, watching DVDs, demonstration, small group exercises, role plays and group discussion.

Also included  
**Program Manual**



First name

Surname

Organisation

Street

Suburb

State

Post Code

Phone

Email

Dietary requirements

To become a certified Tuning in to Teens Facilitator, some graduate training is preferred.

Please list any graduate qualifications

If none apply, please contact us to discuss training in this program

I would like to register for (tick one):

- 2 day of training @ \$695 (GST incl.)  
(includes the **Tuning in to Teens** manual)
- Extra manual purchase @ \$190.00  
(GST incl.) (\$175.00 plus \$15.00 postage and handling).
- I enclose a cheque/money order payable to The University of Melbourne

Post this entire form with your cheque to:

Mindful – Centre for Training and Research in Developmental Health, **The University of Melbourne**, Building C, 50 Flemington Street, Flemington VIC 3031

Or register and pay online

[tuningintokids.org.au/professionals/training](http://tuningintokids.org.au/professionals/training)