

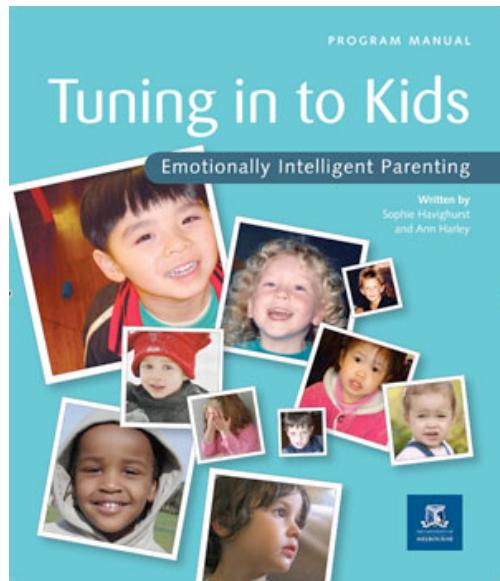
Tuning In To Kids



ARUNA PSYCHOLOGY

Would you
like to learn
how to

- Be better at talking with your child?
- Be better at understanding your child?
- Help your child learn to manage their emotions?
- Help to prevent behaviour problems in your child?



A Six session Parenting Program

Term 4, 2015

WHEN: 6:00- 8:00pm

6 Weeks on Tuesdays commencing **3 Nov until 8 Dec**

WHERE: Campbell Turnbull Library, 220 Melville Road,
Brunswick West

COST: \$430 (includes workshop materials and evening tea),
(Participants may be eligible for A Medicare Rebate of up to \$186)

Tuning into Kids is a group parenting program. The ideas and techniques taught in the program will be useful for parents of children of all ages, but are particularly relevant for primary-schoolers.

Next term, **Aruna Centre for Psychological Wellbeing** present **Dr Deirdre Ryan and Carol O Dwyer**, Psychologists from the Royal Children's Hospital, and The Department of Health and Human Services, who will be offering this program

to parents. The program runs for 6 weeks. It is a requirement to attend all 6 sessions.

If you would like to participate in this program as places are limited to a maximum of 14 participants, **please e-mail reception@arunapsychology.net** or **phone 0413875340 for more details** and to register your interest. You will be contacted to confirm your enrolment.