

```
#include<stdio.h>
#include<conio.h>
void main()
{
    int ts,h,m,s;
    clrscr();
    printf("\nEnter total sec: ");
    scanf("%d",&ts);
    h = ts / 3600;
    ts = ts % 3600;
    m = ts / 60;
    s = ts % 60;
    printf("\nhour = %d min = %d sec = %d",h,m,s);
    getch();
}
```

OUTPUT:-

```
Enter total sec: 7000
hour = 1, min = 56, sec = 40_
```