<a href="download.php?filename=file.pdf">Download PDF</a>

function downloadFile(filename) {

window.location.href = "download.php?filename=" + filename;

}

<?php

if (isset($\_GET['filename'])) {

$filename = $\_GET['filename'];

$filepath = 'path/to/files/' . $filename;

if (file\_exists($filepath)) {

header('Content-Type: application/octet-stream');

header('Content-Description: File Transfer');

header('Content-Disposition: attachment; filename=' . basename($filepath));

header('Expires: 0');

header('Cache-Control: must-revalidate');

header('Pragma: public');

header('Content-Length: ' . filesize($filepath));

readfile($filepath);

exit;

} else {

echo "File not found.";

}

}

?>

Note: Replace 'path/to/files/' with the actual path to the directory where the files to be downloaded are stored.