THE EYE OPENER

ALAMEDA CONTRA COSTA OPTOMETRIC SOCIETY

President's Message

Yuka Akera, O.D.

As summer draws to an end and we look into our fall activities, the ACCCOS schedule is filling up quickly. Our legislative team at COA continues working on SB1406, maintaining contacts in the assembly and striving for new relationships. A special thanks to Drs. Jennifer Ong and Page Yarwood doing double duty as ACCCOS board members and COA Trustees working on our behalf, as well as all of our members heeding the call to send letters, fax, or telephone calls to your legislators in support of our bill.

Through the efforts of Dr. Ong, we have two upcoming screenings in association with local legislators. The first is on Sept 20th at a health fair organized by Assemblymember Torrico, the second is a senior screening organized by Assemblymember Hayashi in Dublin on October 10th. We hope our hard work demonstrating our knowledge and skills will help us educate the members of the California Assembly. If you have any interest in helping at either of these events, please contact Dr. Ong at jong69@yahoo.com.

As new students begin their training at UCBSO and returning students begin clinical rotations, we are working to keep the student population informed as well as have some fun and get to know them. We have a barbeque scheduled for Sept 14^{th} for 1^{st} and 2^{nd} year students, and a happy hour for 3^{rd} and 4^{th} years on the 18^{th} . Anyone interested in attending can send an e-mail to

akerayuka@yahoo.com, for the barbeque, shelleywu@comcast.net for happy hour. Thanks in advance to our student representatives, Patty Oh and Kacey Gilford, for their efforts in helping many of our events be successful.

Our big society project this year focuses again on our planned scope expansion, as we begin our Glaucoma Review Workshop in conjunction with UCBSO. Thanks to the help of Drs. Carl Jacobsen and Mika Moy, we are planning a three part series of workshops to help prepare for glaucoma treatment. As we don't have the details of the bill that will come to pass, we consequently don't know what, if any, additional educational requirements will be needed for certification. We have chosen to start Part 1 of our workshop with a review of diagnostic procedures, with instrumentation we all possess but may not routinely use in daily practice. My own experience of helping at a workshop for tonometry as a student, although diagnostic pharmaceuticals had been passed 10 years prior, reminds me that it's never a bad idea to review previously taught techniques. Part 1 of the Glaucoma Review Workshop will be held on September 14th, at UCBSO. If you have questions, please e-mail akerayuka@yahoo.com.

Membership retention and recruitment has been reviewed and improved due to the efforts of Dr. Jeanette Hochstatter this year. She has single handedly revised many of the materials given to new doctors interested in our area, and made herself personally available to new docs. She continues to work on ideas with COA Membership Director Dr. Meredith Whiteside during Membership Awareness Months of September, October, and November. For more information, please contact Dr. Hochstatter at jhochstatt@comcast.net.

Our general membership meetings with educational seminars are back in full swing, thanks to the work of Drs. Chris Gee and Paul Yee. The next meeting is at Scott's Seafood in Walnut Creek on September 16th at 6:30pm, featuring Dr. Deborah Orel – Bixler speaking on Infant Eye Examinations. For questions please e-mail Dr. Gee at crgee@cal.berkeley.edu.

Our ACCCOS treasury is in fine shape currently thanks to the efforts of Dr. Mika Moy. We are working to update all our account information and make sure things are in order. Questions about our finances may be directed to Dr. Moy at mmoy@berkeley.edu.

All our board meeting information is brought to you by Dr. Nate Orr, who diligently takes notes at every meeting and records our decisions that affect our members in the society. Questions regarding the minutes at the board meetings may be directed to Dr. Orr at Cont. next page



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President's Message (cont.)

nathanorrod@pacbell.net.

The Eye Opener bulletin is brought to you through the efforts of Dr. Michel Wong Nadel. She welcomes all submissions, editorials, and concerns from our membership. She can be e-mailed at mwnadel@gmail.com.

I'd like to personally welcome Dr. Selin Khayatan into the President-Elect position on our board of directors. She has agreed to continue to help with the duties of the Communications Director position she is leaving, as well as work with our various projects currently underway and planned for the future. We have a very hard working board of directors this year, and strive to keep you informed of all our activities and events. The end of September brings COA's Presidents' Council and Leadership Conference, where Dr. Khayatan and I will be sharing ideas with others across the state. If any of you have concerns or questions you would like addressed by COA, feel free to e-mail requests to skhayatan@gmail.com and akerayuka@yahoo.com.



Glaucoma Review Workshop!!

ACCCOS and UCBSO are proud to present our first ever, hands-on glaucoma review workshop, just in time for new legislation currently underway! Our workshop will be presented in a three part series, beginning with Part I on Sunday, September 21, 2008 at UCBSO in the Ocular Disease Clinic, from 9am-11am. Attendance beginning with Part I is strongly recommended to fully appreciate the review course.



Dr. Carl Jacobsen, Chief of Ocular Disease at UCBSO, will be presenting review material for gonioscopy and pachymetery at Part I of the workshop. The handson section will immediately follow the review in the clinic, followed by a wrap up session. Two hours of continuing education credit will be given at the conclusion of Part I.

Space is limited, and on a first-come basis. If you are interested in attending Part I of our workshop, please RSVP with a check for \$20 made out to ACCCOS for members, \$100 for non-members, and <u>include your e-mail address for correspondence</u> regarding details of the workshop by August 30th:

ACCCOS Glaucoma Workshop

c/o Dr. Yuka Akera

15070 Hesperian Blvd, Suite G

San Leandro, CA 94578

Questions may be addressed to Dr. Akera via e-mail: akerayuka@yahoo.com.

Part II will be an instrument review at the Zeiss Meditec facility in October, followed by Part III with live glaucoma patients available back at UCBSO.

COA Low Vision Rehabilitation

The COA 2009 House of Delegates will consider a proposed Bylaws amendment to establish a COA Low Vision Rehabilitation Section. If you are interested in becoming a prospective member of this new section, please complete an application indicating your interest. The form is online at http://www.coavision.org/join/apply.cfm.

The purpose of this Section is to further the awareness of low vision rehabilitation services provided to the public and to promote the professional development of COA member optometrists, thereby furthering the mission of the California Optometric Association.

Members of this Section must be members in good standing of the California Optometric Association. Submit your interest form by September 15, 2008 to Dr. Elizabeth Brutvan, COA's Executive Director, at elbrutvan@coavision.org or by fax at (916) 448-1423. You can also contact me by e-mail or phone at (800) 877-5738 ext. 223 if you have additional questions.



Senate Bill 1406 Update



COA and ACCCOS have been working on your behalf diligently to achieve an acceptable negotiated compromise to SB 1406 with the medical association. Consistent updates from Mr. Tim Hart (Director of Government and External Affairs) are available on your emails. The deadline for our bill to be heard by Senate was the end of August. The negotiations regarding SB 1406's wording is best described as a moving target.

After we passed SB 1406 through the committees, we succeeded in passing the bill on the Assembly and Senate floor. We are now awaiting the Governor's signature by midnight of Sept. 30. That's it in a nutshell; yet, so many necessary challenging steps were integral to reaching this point.

Remember that SB 1406's goal is to provide accessible primary eye care for our patients. We will still need you, your patients, family and friends to help seek support from the Governor. Be as informed as you can regarding the future of your profession in California. Contact Ms. Julie Andrade at COA (8008775738) if you have any questions or requests regarding updates for SB 1406.

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New Grad Profile: Shirley S. Tran, O.D.

Greetings! My name is Shirley S. Tran and I am a recent graduate from SUNY State College of Optometry, New York. I just moved to Fairfield and I am seeking full time or part time employment, but also open to temporary and fill in positions. Practice types of interest include working for optometrists, HMO, Health Center/Multidisciplinary Group, and optometric clinics-areas of interest include primary care and sports vision.

My externship experience included working at West Haven VA Eye Clinic in Connecticut where I provided full scope primary eye care with emphasis in ocular disease. I also worked at Capital Eye Consultants in Virginia where I provided pre-op and post-op care for laser procedures and also assisted with ophthalmic consultations.

Please feel free to contact me if you have any questions. I can be reached via email at stranod@gmail.com. Thank you.

Happy Hour for UCB Students

Come join us to meet the 3rd and 4th year UCBSO students at school student lounge.

Come and talk to our future colleagues the importance of becoming an ACCCOS/COA member.

Light food and beverages will be served.

Sep 18th (Thus) at 6pm.



ACCCOS 2008-2009 BOARD OF DIRECTORS

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 Kacey Gilford k gilly@berkeley.edu

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Calendar of Events

September:

6th Alcon sponsored CE, "Co-Management of Premium IOL's", Fremont, 8a-12pm

9th ACCCOS Board Meeting, Casa Orinda, 7pm

14th ACCCOS sponsored BBQ for UCBSO 1st and 2nd year students @ Dr. Akera's house, 12pm-4pm

16th ACCCOS General Membership Meeting, Scott's Seafood, Walnut Creek, 6:30p-9pm

 18^{th} ACCCOS sponsored Happy Hour @ UCBSO for 3^{rd} and 4^{th} year students, 6pm

20th ACCCOS Vision Screening @ health fair, organized by Assembly member Torrico, 11am-3pm

21st ACCCOS Glaucoma Review Workshop, Part I @UCBSO, 9am - 11am

26-27th COA Presidents' Council and Leadership Conference, Indian Wells

October:

2-5th Vision Expo, Las Vegas

10th Vision screening for seniors, organized by Assembly member Hayashi, Dublin, 1-4pm

14th ACCCOS Board Meeting, Casa Orinda, 7pm

16-19th Great Western Council of Optometry, Portland

18th UCBSO Alumni Lectures

22-25th American Academy of Optometry Meeting, Anaheim

28th ACCCOS General Membership Meeting, Zeiss Meditec Facility, Dublin

November:

11th ACCCOS Board Meeting, Casa Orinda, 7pm

14-16th COA Monterey Symposium

18th ACCCOS General Membership Meeting, Spenger's, Berkeley, 6:30-9pm

December:

 7^{th} BAOC Annual Membership Meeting, Scott's Jack London Square, Oakland, 8am-12:30pm

The Alameda-Contra Costa Counties Optometric Society Presents:

<u>Deborah Orel-Bixler, O.D.</u> Pediatric Vision Examinations

2 hours of C.E. credit, COA approval pending

Tuesday, September 16, 2008

Scott's Seafood Grill & Bar

1333 N California Blvd. Walnut Creek, CA 94596 (925) 934-1300

6:30 PM - No-host Bar 7:00 PM - Dinner & Seminar

\$10 ACCCOS Members (whose RSVPs with payment <u>are received</u> by Sept. 11)

\$25 COA Members (non-ACCCOS)

\$50 Non-Members & Late RSVPs

Free for Optometry Students (Limited to 10)

RSVP with name & check payable to ACCCOS

Christopher Gee, O.D. 6943 Darian Court Dublin, CA 94568

RSVP Deadline: Thursday, September 11, 2008

Questions? E-mail: crgee@cal.berkeley.edu

Payment is required in advance to obtain the reduced fee.

Please note that a penalty fee of \$25 will be incurred for those who RSVP and do not attend the meeting. Cancellations are requested at least 48 hours in advance.

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ACCCOS Board of Directors Meeting Tuesday, June 10th, 2008 7pm Casa Orinda

Attending: Drs. Akera, Wu, Gee, Orr, Yee, Hochstatter, Khayatan, Moy, Ong and Ms. Mata, Ms. Oh

Meeting called to order by Dr. Akera

Secretary's Report: Dr. Orr

May 2008 minutes approved with changes.

Treasurer's Report: Dr. Moy

- Phone Line Canceled: Savings to ACCCOS of \$45/Month
- All statements have been sent to accountant for year end
- Motion regarding no-show/late RSVP passed unanimously

Director of Vision Screenings Report: Dr. Akera for Dr. Jue-Smith (absent)

• Planning for 2008-2009 schedule is proceeding

Director of Education's Report: Dr. Gee

- Discussed speakers for upcoming meetings
- Discussed details of September meeting

Director of Sponsorship: Dr. Yee

Discussed current sponsorship of meetings

Director of Membership: Dr. Hochstatter

- Membership Grant application
- Discussed promotion of membership to non-members
- Membership update

Director of Legislation Report: Dr. Ong

- Meeting with congressman McNerry from District 11
- Discussed status of Federal Bills
- SB 1406 status report, moving through legislature

Bulletin Editor's Report: Dr. Nadel absent

- Only 2 doctors have requested paper only ACCCOS bulletins instead of email/web
- Deadline for next bulletin June 24th
- Discussed advertising rates in bulletin

UCSBO Student Representatives: Ms. Oh, Ms. Gilford absent

- Discussed professional student support fund
- Discussed encouraging students attendance at general meetings
- Meetings with UCBSO classes with Dr. Wu and Dr. Whiteside

Honorable staff: Ms. Mata

- Attempting to contact doctors whose email is out of date
- Updating COA on current membership status

President's Report: Dr. Akera

- Website development with Thrivesmart
- MCT supplies in storage space unwanted supplies will be donated
- ACCCOS will visit Santa Clara Society in September
- New graduates are welcome at next ACCCOS meeting
- BAOC no charge to doctors who are seeking employment on site
- ACCCOS sponsored lectures discussed

Executive Session

Meeting adjourned at 9:30 PM

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ALAMEDA CONTRA COSTA OPTOMETRIC SOCIETY



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