



## MY THINKING SYSTEM

### The practical part: Task 1

The first task in this practical part of the course concerns **the anti-blunder technique**. If you would like to stop losing games because of silly mistakes, then you need to apply the anti-blunder technique in your games.

First, you need to find the best move based on your strategic understanding. Before you make your final move, you have to apply the anti-blunder technique. You must check the opponent's attacking possibilities in your territory. You should detect whether your opponent could attack anything inside your half of the board.

In the "Games" folder, you will find 15 instructive games which illustrate the main ideas of the video lesson.

**1) Your task is to open the file:** "1 Task - anti-blunder". Use a real chessboard and re-create the position there. Study each position for 3-5 minutes.

**2) Check the solutions:** Open the file: "1 Answer - anti-blunder" and check the solutions carefully.

**Note:** If you have problems finding the solutions, then please watch the video lesson again.

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