

# ADHD Cognitive Assessment Report

Patient ID: 40241 | Test Date: N/A

## Validity Warnings

No validity warnings detected.

## Cognitive Profile Summary

*This automatically generated report is not a substitute for clinical judgement. Results should be interpreted by a qualified healthcare professional in the context of a full clinical evaluation. Invalid test results have been excluded from interpretation below.*

DSM-5 Symptom Endorsement (Self-Report via ASRS Alignment):

- Overall:** Meets criteria for **Predominantly Inattentive Presentation**.
- Inattention:** 9/9 criteria met.
- Hyperactivity/Impulsivity:** 3/9 criteria met.

### Domain-Specific Findings:

#### 1. Attention:

- DSM (Inattention): Endorses criteria:
  - Often fails to give close attention to details or makes careless mistakes
  - Often has difficulty sustaining attention in tasks or play activities
  - Often does not seem to listen when spoken to directly
  - Often does not follow through on instructions and fails to finish duties
  - Often has difficulty organizing tasks and activities
  - Often avoids or is reluctant to engage in tasks requiring sustained mental effort
  - Often loses things necessary for tasks or activities
  - Is often easily distracted by extraneous stimuli
  - Is often forgetful in daily activities
- NPQ (Moderate/Severe Symptoms):** Reports "Difficulty concentrating" (Moderate), "Difficulty paying attention" (Moderate), "Easily distracted" (Moderate), "Not finishing chores, homework or projects" (Severe), "Short attention span" (Moderate), "When reading, losing track of what the story is about" (Moderate) The most severe endorsed symptom was "Not finishing chores, homework or projects" (Severe).

#### 2. Executive Function

- Overall Cognitive Score (Valid):** 73.0 (Percentile: 4.0).
- Planning & Organization:**
  - DSM: Endorses "Often has difficulty organizing tasks and activities".
  - Cognitive: Reasoning score was Percentile: 19.0, Range: Low Average.



- **Prioritization & Time Management:**
  - DSM/NPQ: Implied by difficulties organizing (A5), avoiding tasks (A6), and severe difficulty finishing projects/chores (NPQ Attention Q9).
- **Task Initiation & Completion:**
  - DSM: Endorses "Often does not follow through on instructions and fails to finish duties and Often avoids or is reluctant to engage in tasks requiring sustained mental effort".
  - NPQ: Reports "Not finishing chores, homework or projects" (Severe).
- **Working Memory:**
  - Cognitive: Average noted (Working Memory).
  - NPQ: Moderate problems with memory including "My mind goes blank" (Severe), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Severe).
- **Inhibition (Response Control):**
  - DSM: Endorses "Often blurts out an answer before a question has been completed and Often interrupts or intrudes on others".
  - NPQ: Reports "Feeling restless" (Moderate), "Impatient" (Moderate).
  - Cognitive (Subtests): Significant weaknesses in commission errors (poor inhibition) on Continuous Performance Test (CPT)-Commission Errors\* (Impaired)).
  - Cognitive (Subtests): Other commission errors: Stroop Test (ST)-Stroop Commission Errors\* (Average); Reasoning Test (RT)-Commission Errors\* (Low Average).
- **Cognitive Flexibility:**
  - Cognitive: Average performance (Cognitive Flexibility).
  - Subtests (SAT): Shifting Attention Test (SAT)-Correct Responses (Low Average); Shifting Attention Test (SAT)-Correct Reaction Time\* (Low Average).
- **Emotional Regulation:**
  - NPQ: Mood Stability domain rated "Mild"; Anxiety domain rated "Moderate"; Depression domain rated "Moderate"; OC: "I hate being touched or held" (Moderate), "Feeling guilty over minor infractions" (Severe), "Having bad thoughts that you can't get rid of" (Moderate), "Having thoughts or words that go over and over in your mind" (Moderate), "Trouble making up your mind" (Moderate), "Worrying about being clean" (Moderate).

### 3. Memory:

- **Overall Memory Score (Valid):** Borderline Impaired.
- DSM: Endorses "Often loses things necessary for tasks or activities".
- NPQ (Memory Domain): "My mind goes blank" (Severe), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Severe), "Trouble thinking of the right word" (Severe), "Unable to remember things as well as I used to" (Moderate), "When reading, losing track of what the story is about" (Moderate)

### 4. Hyperactivity / Motor / Impulsivity:

- DSM (Hyperactivity/Impulsivity): Endorses criteria:
  - Often fidgets or squirms in seat
  - Often blurts out an answer before a question has been completed
  - Often interrupts or intrudes on others
- NPQ: Impulsive domain (hyperactivity items) rated "Mild"; Moderate: "Feeling restless" (Moderate), "Impatient" (Moderate).

### 5. Secondary Consequences / Functional Impact:

Flagged NPQ Domains: Severe: **Social Anxiety** | Moderate: **ADHD** **Anxiety** **Anxiety/Depression** **Attention**  
**Concussion** **Depression** **Learning**

- **Memory:** "My mind goes blank" (Severe), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Severe), "Trouble thinking of the right word" (Severe), "Unable to remember things as well as I used to" (Moderate), "When reading, losing track of what the story is about" (Moderate)
- **Anxiety:** "Feeling anxious" (Moderate), "Feeling keyed up or on edge" (Moderate), "Feeling nervous" (Moderate), "Feeling restless" (Moderate), "Feeling tense" (Moderate), "Worrying too much" (Moderate)
- **Somatic:** "Worrying that something bad is wrong with your body" (Moderate)
- **Fatigue:** "Fatigue" (Severe), "Feeling tired" (Moderate), "Low energy" (Moderate)
- **Pain:** "Muscle soreness" (Moderate)
- **Obsessions & Compulsions:** "I hate being touched or held" (Moderate), "Feeling guilty over minor infractions" (Severe), "Having bad thoughts that you can't get rid of" (Moderate), "Having thoughts or words that go over and over in your mind" (Moderate), "Trouble making up your mind" (Moderate), "Worrying about being clean" (Moderate)
- **Depression:** "Feeling depressed" (Moderate), "Feeling discouraged about the future" (Severe), "Feeling empty inside" (Moderate), "Feeling irritable" (Moderate), "Feeling little or no interest in things" (Moderate), "Feeling lonely" (Moderate), "Feeling sad" (Moderate), "Feelings of guilt or remorse" (Moderate), "I feel like a failure" (Moderate), "Loss of interest in sex" (Severe), "Not enjoying things as much as before" (Moderate), "Withdrawn, isolated" (Moderate)
- **PTSD:** "Avoiding certain things or places" (Moderate), "Difficulty concentrating" (Moderate), "Emotionally numb" (Moderate), "Feeling depressed" (Moderate), "Feeling discouraged about the future" (Severe), "I feel that I can't trust other people" (Moderate), "Hard to go out in public" (Moderate), "Having unpleasant thoughts that you can't get out of your mind" (Moderate), "I can't feel close to another person" (Severe)
- **Sleepiness:** Epworth score indicates Low level of normal daytime sleepiness.

## 6. Interpersonal Function:

- DSM: Endorses Often interrupts or intrudes on others.
- NPQ (Social Anxiety): Domain rated Severe overall.

# Cognitive Domain Scores

Domain	Standard Score	Percentile	Rating	Graph
Neurocognition Index (NCI)	84	14	Low Average	<div><div></div></div>
Composite Memory	73	4	Low	<div><div></div></div>
Verbal Memory	77	6	Low	<div><div></div></div>
Visual Memory	79	8	Low	<div><div></div></div>
Psychomotor Speed	89	23	Low Average	<div><div></div></div>
Reaction Time*	73	4	Low	<div><div></div></div>
Complex Attention*	94	34	Average	<div><div></div></div>
Cognitive Flexibility	90	25	Average	<div><div></div></div>
Processing Speed	85	16	Low Average	<div><div></div></div>
Executive Function	88	21	Low Average	<div><div></div></div>
Reasoning	87	19	Low Average	<div><div></div></div>
Working Memory	106	66	Average	<div><div></div></div>
Sustained Attention	110	75	Average	<div><div></div></div>
Simple Attention	44	1	Very Low	<div><div></div></div>
Motor Speed	96	40	Average	<div><div></div></div>

## Score Interpretation Guide

≤ 2

Very Low

2-9

Low

9-25

Low Average

25-75

Average

> 75

Above Average

Classification based on Percentile (%ile).

## Subtest Results

### Verbal Memory Test (VBM)

Metric	Score	Percentile
Correct Hits - Immediate	9.0	6%
Correct Passes - Immediate	15.0	75%
Correct Hits - Delay	6.0	3%
Correct Passes - Delay	15.0	75%

### Visual Memory Test (VSM)

Metric	Score	Percentile
Correct Hits - Immediate	7.0	1%
Correct Passes - Immediate	14.0	87%
Correct Hits - Delay	8.0	6%
Correct Passes - Delay	11.0	45%

### Finger Tapping Test (FTT)

Metric	Score	Percentile
Right Taps Average	56.0	37%
Left Taps Average	56.0	45%

### Symbol Digit Coding (SDC)

Metric	Score	Percentile
Correct Responses	50.0	14%
Errors*	0.0	73%

### Stroop Test (ST)

Metric	Score	Percentile
Simple Reaction Time*	257.0	61%
Complex Reaction Time Correct*	633.0	19%
Stroop Reaction Time Correct*	891.0	2%
Stroop Commission Errors*	0.0	73%

### Shifting Attention Test (SAT)

Metric	Score	Percentile
Correct Responses	45.0	12%
Errors*	3.0	66%
Correct Reaction Time*	1223.0	13%

### Continuous Performance Test (CPT)

Metric	Score	Percentile
Correct Responses	40.0	61%
Omission Errors*	0.0	61%
Commission Errors*	4.0	1%
Choice Reaction Time Correct*	431.0	21%

Reasoning Test (RT)

Metric	Score	Percentile
Correct Responses	9.0	25%
Average Correct Reaction Time*	4741.0	55%
Commission Errors*	5.0	23%
Omission Errors*	1.0	55%

Four Part Continuous Performance Test

Metric	Score	Percentile
Average Correct Reaction Time* Part 1	386.0	30%
Average Correct Reaction Time* Part 2	406.0	30%
Average Incorrect Reaction Time* Part 2	0.0	NaN%
Correct Responses Part 2	6.0	55%
Incorrect Responses* Part 2	0.0	61%
Omission Errors* Part 2	0.0	55%
Average Correct Reaction Time* Part 3	708.0	10%
Average Incorrect Reaction Time* Part 3	0.0	NaN%
Correct Responses Part 3	16.0	82%
Incorrect Responses* Part 3	0.0	58%
Omission Errors* Part 3	0.0	82%
Average Correct Reaction Time* Part 4	1007.0	4%
Average Incorrect Reaction Time* Part 4	0.0	NaN%
Correct Responses Part 4	11.0	50%
Incorrect Responses* Part 4	0.0	73%
Omission Errors* Part 4	5.0	50%

# ASRS to DSM-5 Mapping

## Criterion A: Inattention

DSM-5 Criterion	ASRS Question	Response	Met
A1: Often fails to give close attention to details or makes careless mistakes	Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?	Often	Met
A2: Often has difficulty sustaining attention in tasks or play activities	Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?	Often	Met
A3: Often does not seem to listen when spoken to directly	Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?	Often	Met
A4: Often does not follow through on instructions and fails to finish duties	Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Often	Met
A5: Often has difficulty organizing tasks and activities	Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?	Very Often	Met
A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort	Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Very Often	Met
A7: Often loses things necessary for tasks or activities	Q10: How often do you misplace or have difficulty finding things at home or at work?	Very Often	Met
A8: Is often easily distracted by extraneous stimuli	Q11: How often are you distracted by activity or noise around you?	Often	Met
A9: Is often forgetful in daily activities	Q3: How often do you have problems remembering appointments or obligations?	Sometimes	Met

## Criterion B: Hyperactivity/Impulsivity

DSM-5 Criterion	ASRS Question	Response	Met
B1: Often fidgets or squirms in seat	Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Very Often	Met
B2: Often leaves seat in situations when remaining seated is expected	Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?	Never	Not Met
B3: Often runs about or climbs in situations where it is inappropriate	Q13: How often do you feel restless or fidgety?	Sometimes	Not Met
B4: Often unable to play or engage in leisure activities quietly	Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?	Sometimes	Not Met
B5: Is often 'on the go', acting as if 'driven by a motor'	Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?	Rarely	Not Met
B6: Often talks excessively	Q15: How often do you find yourself talking too much when you are in social situations?	Sometimes	Not Met
B7: Often blurts out an answer before a question has been completed	Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?	Sometimes	Met
B8: Often has difficulty waiting his or her turn	Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?	Rarely	Not Met
B9: Often interrupts or intrudes on others	Q18: How often do you interrupt others when they are busy?	Sometimes	Met
Summary: 3/9 criteria met (Need ≥5) - Not Met			

Overall Diagnosis

Predominantly Inattentive Presentation

# Epworth Sleepiness Scale

Situation	Score (0-3)
Sitting and reading	1
Watching TV	1
Sitting inactive in a public place (e.g., a theater or a meeting)	0
As a passenger in a car for an hour without a break	1
Lying down to rest in the afternoon when circumstances permit	1
Sitting and talking to someone	0
Sitting quietly after a lunch without alcohol	0
In a car, while stopped for a few minutes in traffic	0

Interpretation: Low level of normal daytime sleepiness. | Total Score: 4



# NPQ LF-207 Diagnostic Screen Summary

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.

Domain	Score	Severity
ADHD	153	Moderate
Attention	164	Moderate
Impulsive	117	Mild
Learning	154	Moderate
Memory	123	Mild
Anxiety	160	Moderate
Panic	0	Not a problem
Agoraphobia	100	Mild
Obsessions & Compulsions	89	Mild
Social Anxiety	225	Severe
PTSD	139	Mild
Depression	171	Moderate
Bipolar	86	Mild
Mood Stability	77	Mild
Mania	50	Not a problem
Aggression	40	Not a problem
Autism	67	Not a problem
Asperger's	113	Mild
Psychotic	86	Mild
Somatic	44	Not a problem
Fatigue	133	Mild
Sleep	0	Not a problem
Suicide	17	Not a problem
Pain	63	Not a problem
Substance Abuse	67	Not a problem
MCI	133	Mild
Concussion	161	Moderate
Anxiety/Depression	154	Moderate

### Severity Legend

Not a problem   Mild   Moderate   Severe

# Detailed NPQ Responses

## ADHD

Question	Score	Severity
Difficulty concentrating	2	A moderate problem
Difficulty paying attention	2	A moderate problem
Easily distracted	2	A moderate problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Fidgety, I can't sit still	1	A mild problem
Forgetful, I need constant reminding	1	A mild problem
Impatient	2	A moderate problem
Impulsive, act without thinking	1	A mild problem
Leaving things behind and having to go back to get them.	1	A mild problem
Losing things	1	A mild problem
Making careless mistakes	1	A mild problem
Not finishing chores, homework or projects	3	A severe problem
Overly active	1	A mild problem
Short attention span	2	A moderate problem

## Attention

Question	Score	Severity
Difficulty concentrating	2	A moderate problem
Difficulty paying attention	2	A moderate problem
Easily distracted	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Forgetful, I need constant reminding	1	A mild problem
Leaving things behind and having to go back to get them.	1	A mild problem
Losing things	1	A mild problem

Question	Score	Severity
Making careless mistakes	1	A mild problem
Not finishing chores, homework or projects	3	A severe problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	2	A moderate problem

## Impulsive

Question	Score	Severity
Feeling restless	2	A moderate problem
Fidgety, I can't sit still	1	A mild problem
High energy	0	Not a problem
Impatient	2	A moderate problem
Impulsive, act without thinking	1	A mild problem
Overly active	1	A mild problem

## Learning

Question	Score	Severity
Bad handwriting	0	Not a problem
Having to do things slowly to make sure it's right	1	A mild problem
Learning a foreign language	3	A severe problem
Learning math	2	A moderate problem
Learning new things	1	A mild problem
I don't like to read	0	Not a problem
I don't work up to my potential	2	A moderate problem
Organizing studies or projects	2	A moderate problem
Paying attention to lectures	2	A moderate problem
Remembering what you studied or read	2	A moderate problem
Taking notes	0	Not a problem

Question	Score	Severity
Taking tests	3	A severe problem
When reading, losing track of what the story is about	2	A moderate problem

## Memory

Question	Score	Severity
Failing to recognize places you have been before.	0	Not a problem
Finding a television story or a movie hard to follow.	1	A mild problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	0	Not a problem
Forgetting if you have taken your medicine	1	A mild problem
Forgetting something cooking on the stove or in the toaster	1	A mild problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	1	A mild problem
Forgetting where you parked the car	1	A mild problem
Going to the store but forgetting to get what you need	1	A mild problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	1	A mild problem
Leaving things behind and having to go back to get them.	1	A mild problem
My mind goes blank	3	A severe problem
Problems with memory	2	A moderate problem
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	0	Not a problem
Trouble thinking of the right word	3	A severe problem
Unable to remember things as well as I used to	2	A moderate problem
When reading, losing track of what the story is about	2	A moderate problem

Anxiety

Question	Score	Severity
Feeling anxious	2	A moderate problem
Feeling keyed up or on edge	2	A moderate problem
Feeling nervous	2	A moderate problem
Feeling restless	2	A moderate problem
Feeling tense	2	A moderate problem
Fidgety, I can't sit still	1	A mild problem
Having nightmares or bad dreams	1	A mild problem
High-strung or keyed up	1	A mild problem
I find it hard to relax	1	A mild problem
Worrying too much	2	A moderate problem

Panic

Question	Score	Severity
Attacks of intense anxiety	0	Not a problem
Feeling so nervous it's hard to breathe	0	Not a problem
Getting so nervous I feel like passing out	0	Not a problem
Getting really scared for no reason at all	0	Not a problem
Panic attacks	0	Not a problem
Trouble catching my breath	0	Not a problem

Agoraphobia

Question	Score	Severity
Avoiding certain things or places	2	A moderate problem
Feeling scared in open spaces or out in public	0	Not a problem
Feeling scared to use buses or trains	1	A mild problem

Question	Score	Severity
Feeling uncomfortable in crowds	1	A mild problem
Feelings of being trapped	2	A moderate problem
Worrying about fainting in public	0	Not a problem

## Obsessions & Compulsions

Question	Score	Severity
I hate being touched or held	2	A moderate problem
Checking things several times	1	A mild problem
Collecting things that you don't really need	0	Not a problem
Counting things; numbers going through your mind	1	A mild problem
Eating the same foods all the time	0	Not a problem
Feeling guilty over minor infractions	3	A severe problem
Having bad thoughts that you can't get rid of	2	A moderate problem
Having thoughts or words that go over and over in your mind	2	A moderate problem
It bothers me when someone eats off my plate	1	A mild problem
I have a special number that I count up to or do things just that number of times	0	Not a problem
I have to do things a certain number of times before I'm satisfied	0	Not a problem
Moving or talking in special ways to avoid bad luck	0	Not a problem
Putting things away, and they have to be just right	1	A mild problem
Repetitive behaviors like touching or counting	0	Not a problem
Thoughts about sex that are troubling	0	Not a problem
Trouble making up your mind	2	A moderate problem
Washing your hands over and over	0	Not a problem
Worrying about being clean	2	A moderate problem
Worrying about the germs that are on things	0	Not a problem

## Social Anxiety

Question	Score	Severity
I am a shy person	3	A severe problem
Difficulty developing friendships	3	A severe problem
Feeling nervous around people I don't know	3	A severe problem
Feeling nervous when I have to do something in front of people	3	A severe problem
Feeling uneasy about eating or drinking in public	0	Not a problem
Hard to go out in public	2	A moderate problem
Hard to relate to other people	1	A mild problem
Starting a conversation with people I don't know	3	A severe problem

## PTSD

Question	Score	Severity
Avoiding certain things or places	2	A moderate problem
Difficulty concentrating	2	A moderate problem
Difficulty staying asleep	0	Not a problem
Easily startled	1	A mild problem
Emotionally numb	2	A moderate problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
I feel that I can't trust other people	2	A moderate problem
Flashbacks to a traumatic event	0	Not a problem
Hard to fall asleep	0	Not a problem
Hard to go out in public	2	A moderate problem
Hard to relate to other people	1	A mild problem
Having nightmares or bad dreams	1	A mild problem
Having unpleasant thoughts that you can't get out of your mind	2	A moderate problem
I feel like I'm being punished	1	A mild problem
Reliving a traumatic event	1	A mild problem
Restless or disturbed sleep	0	Not a problem

Question	Score	Severity
I can't feel close to another person	3	A severe problem

### Depression

Question	Score	Severity
Crying spells	0	Not a problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
Feeling empty inside	2	A moderate problem
Feeling hopeless	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling sad	2	A moderate problem
Feeling that doing anything is a real effort	1	A mild problem
Feelings of guilt or remorse	2	A moderate problem
Having nightmares or bad dreams	1	A mild problem
I feel like a failure	2	A moderate problem
I feel like I'm being punished	1	A mild problem
Loss of interest in sex	3	A severe problem
Not enjoying things as much as before	2	A moderate problem
Withdrawn, isolated	2	A moderate problem

### Bipolar

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Much more interested in sex than usual	0	Not a problem



Question	Score	Severity
Being much more social or outgoing than usual	0	Not a problem
Crying spells	0	Not a problem
Decreased need for sleep	0	Not a problem
Difficulty concentrating	2	A moderate problem
Difficulty paying attention	2	A moderate problem
Easily agitated	1	A mild problem
Easily annoyed	2	A moderate problem
Easily distracted	2	A moderate problem
Easily frustrated	1	A mild problem
Elevated mood, euphoria	0	Not a problem
Excitable	0	Not a problem
Explosive	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling much more confident than usual	0	Not a problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Having much more energy than usual	0	Not a problem
High energy	0	Not a problem
Impulsive, act without thinking	1	A mild problem
Increased or inappropriate sexual interest	0	Not a problem
My moods change quickly	2	A moderate problem
Overly active	1	A mild problem
Pressured speech, uninterruptible and continuous	2	A moderate problem
Short attention span	2	A moderate problem
Temper tantrums	0	Not a problem
Thoughts racing	2	A moderate problem

## Mood Stability

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Crying spells	0	Not a problem
Easily agitated	1	A mild problem
Easily annoyed	2	A moderate problem
Easily frustrated	1	A mild problem
Elevated mood, euphoria	0	Not a problem
Excitable	0	Not a problem
Explosive	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling negative	2	A moderate problem
My moods change quickly	2	A moderate problem
Temper tantrums	0	Not a problem

## Mania

Question	Score	Severity
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Decreased need for sleep	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Having much more energy than usual	0	Not a problem
Increased or inappropriate sexual interest	0	Not a problem
Pressured speech, uninterruptible and continuous	2	A moderate problem
Thoughts racing	2	A moderate problem

## Aggression

Question	Score	Severity
Blaming other people for your own mistakes	1	A mild problem
Defiant or argumentative	2	A moderate problem
Destructive to property or things	0	Not a problem
Excessive yelling or screaming	0	Not a problem
Getting into fights	1	A mild problem
Having an urge to injure or to hurt someone	0	Not a problem
Having the urge to destroy things	0	Not a problem
Hostile	0	Not a problem
In trouble with the law	0	Not a problem
Physical aggression toward others	0	Not a problem

## Autism

Question	Score	Severity
Avoiding eye contact	2	A moderate problem
I can't relate to other people, socially or emotionally	1	A mild problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	1	A mild problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Repetitive behaviors like touching or counting	0	Not a problem
Rigid, inflexible, resistant to change	1	A mild problem
Strongly attached to routines or sameness in the environment	1	A mild problem

## Asperger's

Question	Score	Severity
Avoiding eye contact	2	A moderate problem
Difficulty developing friendships	3	A severe problem
Difficulty understanding sarcasm, metaphors or jokes	0	Not a problem
Hard to relate to other people	1	A mild problem
I can't relate to other people, socially or emotionally	1	A mild problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	1	A mild problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Rigid, inflexible, resistant to change	1	A mild problem
Strongly attached to routines or sameness in the environment	1	A mild problem
I can't feel close to another person	3	A severe problem
Withdrawn, isolated	2	A moderate problem

## Psychotic

Question	Score	Severity
I feel nervous when people watch me or talk about me	3	A severe problem
Feeling paranoid	0	Not a problem
I feel that other people are watching or talking about me	1	A mild problem
I feel that someone else can control my mind	0	Not a problem
I feel that I can't trust other people	2	A moderate problem
I feel I am being watched	0	Not a problem
I hear voices that no one else can hear	0	Not a problem
I can't think straight	3	A severe problem
My mind is full of terrifying thoughts or images	0	Not a problem
Other people know my private thoughts	0	Not a problem

Question	Score	Severity
Overly suspicious	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem
Seeing things that other people don't see	0	Not a problem
I can't feel close to another person	3	A severe problem

## Somatic

Question	Score	Severity
Blackout spells or seizures	0	Not a problem
Difficulty breathing	0	Not a problem
Difficulty swallowing	0	Not a problem
Dizzy/unsteady/lightheaded	0	Not a problem
Feeling faint	0	Not a problem
Heart racing	1	A mild problem
Nausea	0	Not a problem
Numbness/Tingling	1	A mild problem
Worrying that something bad is wrong with your body	2	A moderate problem

## Fatigue

Question	Score	Severity
Fatigue	3	A severe problem
Feeling slower than usual	1	A mild problem
Feeling tired	2	A moderate problem
Feeling weak	0	Not a problem
Low energy	2	A moderate problem
Unable to exercise without getting really tired	0	Not a problem

Sleep

Question	Score	Severity
Difficulty staying asleep	0	Not a problem
Hard to fall asleep	0	Not a problem
I wake up too early in the morning and can't get back to sleep	0	Not a problem
Restless or disturbed sleep	0	Not a problem

Suicide

Question	Score	Severity
I feel like giving up on life	0	Not a problem
I feel like I would be better off dead	0	Not a problem
I feel that I have nothing left to live for	0	Not a problem
I feel that my family would be better off if I were gone	0	Not a problem
Thinking about death or dying	1	A mild problem
Thoughts about ending your life	0	Not a problem

Pain

Question	Score	Severity
A lot of aches and pains	1	A mild problem
Abdominal pain or discomfort	0	Not a problem
Back pain	1	A mild problem
Chest pain or discomfort	0	Not a problem
Headache	1	A mild problem
Muscle soreness	2	A moderate problem
Unable to exercise without a lot of pain	0	Not a problem
Unbearable pain	0	Not a problem

Substance Abuse

Question	Score	Severity
Abusing drugs	0	Not a problem
I drink too much	2	A moderate problem
I use too many drugs or medications	0	Not a problem

MCI

Question	Score	Severity
Difficulty concentrating	2	A moderate problem
Difficulty paying attention	2	A moderate problem
Easily distracted	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	0	Not a problem
Forgetting if you have taken your medicine	1	A mild problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	1	A mild problem
Going to the store but forgetting to get what you need	1	A mild problem
Having to do things slowly to make sure it's right	1	A mild problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	1	A mild problem
Leaving things behind and having to go back to get them.	1	A mild problem
Losing things	1	A mild problem
Making careless mistakes	1	A mild problem
My mind goes blank	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem

Question	Score	Severity
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	0	Not a problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	2	A moderate problem

## Concussion

Question	Score	Severity
Difficulty concentrating	2	A moderate problem
Difficulty paying attention	2	A moderate problem
Dizzy/unsteady/lightheaded	0	Not a problem
Easily distracted	2	A moderate problem
Easily frustrated	1	A mild problem
Fatigue	3	A severe problem
Feeling irritable	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Feeling slower than usual	1	A mild problem
Hard to fall asleep	0	Not a problem
Headache	1	A mild problem
I can't think straight	3	A severe problem
Low energy	2	A moderate problem
My mind goes blank	3	A severe problem
My moods change quickly	2	A moderate problem
Problems with memory	2	A moderate problem
Short attention span	2	A moderate problem
Unable to exercise without getting really tired	0	Not a problem

## Anxiety/Depression



Question	Score	Severity
Crying spells	0	Not a problem
Easily agitated	1	A mild problem
Fatigue	3	A severe problem
Feeling anxious	2	A moderate problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
Feeling empty inside	2	A moderate problem
Feeling hopeless	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling keyed up or on edge	2	A moderate problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling nervous	2	A moderate problem
Feeling restless	2	A moderate problem
Feeling sad	2	A moderate problem
Feeling scattered, disorganized	1	A mild problem
Feeling so nervous it's hard to breathe	0	Not a problem
Feeling tense	2	A moderate problem
Feeling that doing anything is a real effort	1	A mild problem
Feeling tired	2	A moderate problem
Feelings of guilt or remorse	2	A moderate problem
Fidgety, I can't sit still	1	A mild problem
Hard to fall asleep	0	Not a problem
Having nightmares or bad dreams	1	A mild problem
High-strung or keyed up	1	A mild problem
I feel like a failure	2	A moderate problem
I feel like I'm being punished	1	A mild problem
I find it hard to relax	1	A mild problem
Low energy	2	A moderate problem

Question	Score	Severity
My mind goes blank	3	A severe problem
Not enjoying things as much as before	2	A moderate problem
Restless or disturbed sleep	0	Not a problem
Thinking about death or dying	1	A mild problem
Withdrawn, isolated	2	A moderate problem
Worrying too much	2	A moderate problem