

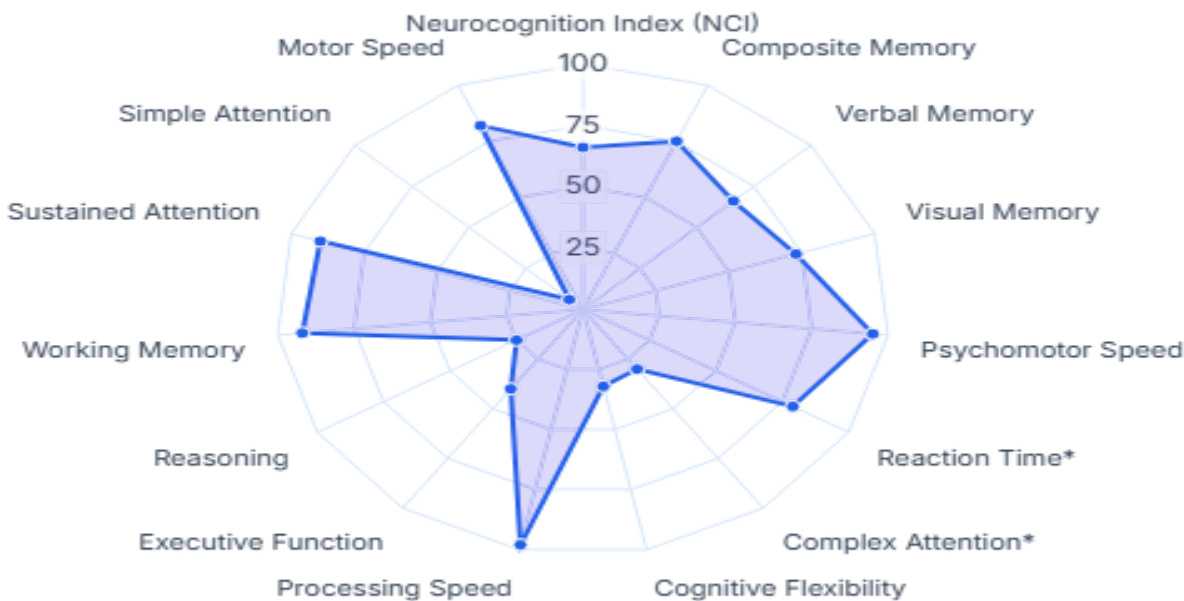
# ADHD Cognitive Assessment Report

Patient ID: {{ report\_data.patient\_id or 'N/A' }} | Test Date: April 24, 2025 at 02:46 PM

## Validity Warnings

No validity warnings detected.

## Cognitive Domain Profile (Percentiles)



Scores shown are percentiles (%). Higher scores indicate better performance relative to peers.

Cognitive Domain Scores

Domain	Std Score	%ile	Class	Valid
Neurocognition Index (NCI)	106	66	Average	Yes
Composite Memory	110	75	Average	Yes
Verbal Memory	106	66	Average	Yes
Visual Memory	109	73	Average	Yes
Psychomotor Speed	125	95	Above Average	Yes
Reaction Time*	112	79	Above Average	Yes
Complex Attention*	92	30	Average	Yes
Cognitive Flexibility	93	32	Average	Yes
Processing Speed	130	98	Above Average	Yes
Executive Function	96	40	Average	Yes
Reasoning	90	25	Average	Yes
Working Memory	121	92	Above Average	Yes
Sustained Attention	119	90	Above Average	Yes
Simple Attention	77	6	Low	Yes
Motor Speed	114	82	Above Average	Yes



Percentile (%). Higher bars indicate better performance.

Score Interpretation Guide

- > 75%ileAbove Average
- 25-75%ileAverage
- 9-25%ileLow Average
- 2-9%ileLow

**≤ 2%ile** Very Low

Classification based on Percentile (%ile). Std Score = Standard Score.

## Subtest Results

### Verbal Memory Test (VBM)

Metric	Score	Standard	Percentile
Correct Hits - Immediate	12.0	98	45%
Correct Passes - Immediate	15.0	110	75%
Correct Hits - Delay	12.0	105	63%
Correct Passes - Delay	15.0	110	75%

### Visual Memory Test (VSM)

Metric	Score	Standard	Percentile
Correct Hits - Immediate	15.0	124	95%
Correct Passes - Immediate	12.0	105	63%
Correct Hits - Delay	14.0	119	90%
Correct Passes - Delay	7.0	77	6%

### Finger Tapping Test (FTT)

Metric	Score	Standard	Percentile
Right Taps Average	64.0	114	82%
Left Taps Average	61.0	112	79%

### Symbol Digit Coding (SDC)

Metric	Score	Standard	Percentile
Correct Responses	67.0	127	96%
Errors*	0.0	110	75%

### Stroop Test (ST)

Metric	Score	Standard	Percentile
Simple Reaction Time*	271.0	106	66%
Complex Reaction Time Correct*	551.0	110	75%
Stroop Reaction Time Correct*	642.0	111	77%
Stroop Commission Errors*	3.0	72	3%

Shifting Attention Test (SAT)

Metric	Score	Standard	Percentile
Correct Responses	46.0	92	30%
Errors*	4.0	105	63%
Correct Reaction Time*	1131.0	99	47%

Continuous Performance Test (CPT)

Metric	Score	Standard	Percentile
Correct Responses	40.0	103	58%
Omission Errors*	0.0	103	58%
Commission Errors*	2.0	68	2%
Choice Reaction Time Correct*	386.0	109	73%

Reasoning Test (RT)

Metric	Score	Standard	Percentile
Correct Responses	9.0	95	37%
Average Correct Reaction Time*	4040.0	115	84%
Commission Errors*	6.0	87	19%
Omission Errors*	0.0	117	87%

Four Part Continuous Performance Test

Metric	Score	Standard	Percentile
Average Correct Reaction Time*	261.0	114	82%
Average Correct Reaction Time*	371.0	105	63%
Average Correct Reaction Time*	429.0	113	81%
Average Correct Reaction Time*	625.0	103	58%
Average Incorrect Reaction Time*	0.0	NaN	NaN%
Average Incorrect Reaction Time*	0.0	NaN	NaN%
Average Incorrect Reaction Time*	933.0	89	23%
Correct Responses	6.0	103	58%
Correct Responses	16.0	113	81%
Correct Responses	16.0	124	95%
Incorrect Responses*	0.0	104	61%
Incorrect Responses*	0.0	104	61%
Incorrect Responses*	1.0	103	58%
Omission Errors*	0.0	103	58%
Omission Errors*	0.0	113	81%
Omission Errors*	0.0	124	95%

## ASRS to DSM-5 Mapping

### Criterion A: Inattention

DSM-5 Criterion	ASRS Question	Response	Met
A1: Often fails to give close attention to details or makes careless mistakes	Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?	Often	<div>Met</div>
A2: Often has difficulty sustaining attention in tasks or play activities	Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?	Often	<div>Met</div>
A3: Often does not seem to listen when spoken to directly	Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?	Sometimes	<div>Met</div>

DSM-5 Criterion	ASRS Question	Response	Met
A4: Often does not follow through on instructions and fails to finish duties	Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Very Often	Met
A5: Often has difficulty organizing tasks and activities	Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?	Often	Met
A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort	Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Very Often	Met
A7: Often loses things necessary for tasks or activities	Q10: How often do you misplace or have difficulty finding things at home or at work?	Often	Met
A8: Is often easily distracted by extraneous stimuli	Q11: How often are you distracted by activity or noise around you?	Often	Met
A9: Is often forgetful in daily activities	Q3: How often do you have problems remembering appointments or obligations?	Sometimes	Met

Summary: 9/9 criteria met (Need ≥5) - **Met**

## Criterion B: Hyperactivity/Impulsivity

DSM-5 Criterion	ASRS Question	Response	Met
B1: Often fidgets or squirms in seat	Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Very Often	Met
B2: Often leaves seat in situations when remaining seated is expected	Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?	Never	Not Met
B3: Often runs about or climbs in situations where it is inappropriate	Q13: How often do you feel restless or fidgety?	Very Often	Met
B4: Often unable to play or engage in leisure activities quietly	Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?	Often	Met
B5: Is often 'on the go', acting as if 'driven by a motor'	Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?	Rarely	Not Met
B6: Often talks excessively	Q15: How often do you find yourself talking too much when you are in social situations?	Often	Met
B7: Often blurts out an answer before a question	Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the	Sometimes	Met

DSM-5 Criterion	ASRS Question	Response	Met
has been completed	people you are talking to, before they can finish them themselves?		
B8: Often has difficulty waiting his or her turn	Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?	Rarely	Not Met
B9: Often interrupts or intrudes on others	Q18: How often do you interrupt others when they are busy?	Often	Met

Summary: 6/9 criteria met (Need ≥5) - Met

### ADHD Diagnosis Summary

Inattention Criteria: Met

Hyperactivity/Impulsivity Criteria: Met

Overall Diagnosis: Combined Presentation

### Epworth Sleepiness Scale

Situation	Score (0-3)
Sitting and reading	3
Watching TV	2
Sitting inactive in a public place (e.g., a theater or a meeting)	2
As a passenger in a car for an hour without a break	3
Lying down to rest in the afternoon when circumstances permit	3
Sitting and talking to someone	1
Sitting quietly after a lunch without alcohol	1
In a car, while stopped for a few minutes in traffic	0

Total Score: 15 | Interpretation: Moderate excessive daytime sleepiness.

### NPQ LF-207 Diagnostic Screen Summary

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.



Domain	Score	Severity
ADHD	140	Mild
Attention	145	Mild
Impulsive	83	Mild
Learning	62	Not a problem
Memory	86	Mild
Anxiety	100	Mild
Panic	17	Not a problem
Agoraphobia	0	Not a problem
Obsessions & Compulsions	47	Not a problem
Social Anxiety	25	Not a problem
PTSD	56	Not a problem
Depression	41	Not a problem
Bipolar	41	Not a problem
Mood Stability	23	Not a problem
Mania	0	Not a problem
Aggression	0	Not a problem
Autism	25	Not a problem
Asperger's	27	Not a problem
Psychotic	14	Not a problem
Somatic	122	Mild
Fatigue	100	Mild
Sleep	75	Mild
Suicide	33	Not a problem
Pain	100	Mild
Substance Abuse	0	Not a problem
MCI	104	Mild
Concussion	106	Mild

Domain	Score	Severity
Anxiety/Depression	80	Mild

### Severity Legend

Severe

Moderate

Mild

Not a problem

## Detailed NPQ Responses

### ADHD

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem
Feeling restless	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Impatient	1	A mild problem
Impulsive, act without thinking	1	A mild problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
Not finishing chores, homework or projects	3	A severe problem
Overly active	0	Not a problem
Short attention span	2	A moderate problem

### Attention

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
Not finishing chores, homework or projects	3	A severe problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

## Impulsive

Question	Score	Severity
Feeling restless	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
High energy	0	Not a problem
Impatient	1	A mild problem
Impulsive, act without thinking	1	A mild problem
Overly active	0	Not a problem

## Learning

Question	Score	Severity
Bad handwriting	2	A moderate problem
Having to do things slowly to make sure it's right	0	Not a problem
Learning a foreign language	0	Not a problem
Learning math	0	Not a problem

Question	Score	Severity
Learning new things	0	Not a problem
I don't like to read	0	Not a problem
I don't work up to my potential	2	A moderate problem
Organizing studies or projects	2	A moderate problem
Paying attention to lectures	2	A moderate problem
Remembering what you studied or read	0	Not a problem
Taking notes	0	Not a problem
Taking tests	0	Not a problem
When reading, losing track of what the story is about	0	Not a problem

## Memory

Question	Score	Severity
Failing to recognize places you have been before.	1	A mild problem
Finding a television story or a movie hard to follow.	0	Not a problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	1	A mild problem
Forgetting if you have taken your medicine	2	A moderate problem
Forgetting something cooking on the stove or in the toaster	1	A mild problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	0	Not a problem
Forgetting where you parked the car	1	A mild problem
Going to the store but forgetting to get what you need	0	Not a problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	0	Not a problem
Leaving things behind and having to go back to get them.	0	Not a problem

Question	Score	Severity
My mind goes blank	1	A mild problem
Problems with memory	2	A moderate problem
Putting something down and then forgetting where you put it.	2	A moderate problem
Reading something and then realizing you have read it before.	0	Not a problem
Trouble thinking of the right word	2	A moderate problem
Unable to remember things as well as I used to	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

## Anxiety

Question	Score	Severity
Feeling anxious	1	A mild problem
Feeling keyed up or on edge	0	Not a problem
Feeling nervous	1	A mild problem
Feeling restless	1	A mild problem
Feeling tense	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
Having nightmares or bad dreams	1	A mild problem
High-strung or keyed up	0	Not a problem
I find it hard to relax	1	A mild problem
Worrying too much	2	A moderate problem

## Panic

Question	Score	Severity
Attacks of intense anxiety	1	A mild problem
Feeling so nervous it's hard to breathe	0	Not a problem
Getting so nervous I feel like passing out	0	Not a problem
Getting really scared for no reason at all	0	Not a problem

Question	Score	Severity
Panic attacks	0	Not a problem
Trouble catching my breath	0	Not a problem

## Agoraphobia

Question	Score	Severity
Avoiding certain things or places	0	Not a problem
Feeling scared in open spaces or out in public	0	Not a problem
Feeling scared to use buses or trains	0	Not a problem
Feeling uncomfortable in crowds	0	Not a problem
Feelings of being trapped	0	Not a problem
Worrying about fainting in public	0	Not a problem

## Obsessions & Compulsions

Question	Score	Severity
I hate being touched or held	0	Not a problem
Checking things several times	0	Not a problem
Collecting things that you don't really need	1	A mild problem
Counting things; numbers going through your mind	1	A mild problem
Eating the same foods all the time	1	A mild problem
Feeling guilty over minor infractions	2	A moderate problem
Having bad thoughts that you can't get rid of	0	Not a problem
Having thoughts or words that go over and over in your mind	1	A mild problem
It bothers me when someone eats off my plate	0	Not a problem
I have a special number that I count up to or do things just that number of times	1	A mild problem
I have to do things a certain number of times before I'm satisfied	0	Not a problem
Moving or talking in special ways to avoid bad luck	1	A mild problem

Question	Score	Severity
Putting things away, and they have to be just right	0	Not a problem
Repetitive behaviors like touching or counting	1	A mild problem
Thoughts about sex that are troubling	0	Not a problem
Trouble making up your mind	0	Not a problem
Washing your hands over and over	0	Not a problem
Worrying about being clean	0	Not a problem
Worrying about the germs that are on things	0	Not a problem

## Social Anxiety

Question	Score	Severity
I am a shy person	0	Not a problem
Difficulty developing friendships	1	A mild problem
Feeling nervous around people I don't know	0	Not a problem
Feeling nervous when I have to do something in front of people	1	A mild problem
Feeling uneasy about eating or drinking in public	0	Not a problem
Hard to go out in public	0	Not a problem
Hard to relate to other people	0	Not a problem
Starting a conversation with people I don't know	0	Not a problem

## PTSD

Question	Score	Severity
Avoiding certain things or places	0	Not a problem
Difficulty concentrating	1	A mild problem
Difficulty staying asleep	0	Not a problem
Easily startled	2	A moderate problem
Emotionally numb	1	A mild problem
Feeling depressed	1	A mild problem

Question	Score	Severity
Feeling discouraged about the future	0	Not a problem
I feel that I can't trust other people	0	Not a problem
Flashbacks to a traumatic event	0	Not a problem
Hard to fall asleep	1	A mild problem
Hard to go out in public	0	Not a problem
Hard to relate to other people	0	Not a problem
Having nightmares or bad dreams	1	A mild problem
Having unpleasant thoughts that you can't get out of your mind	0	Not a problem
I feel like I'm being punished	0	Not a problem
Reliving a traumatic event	0	Not a problem
Restless or disturbed sleep	2	A moderate problem
I can't feel close to another person	1	A mild problem

## Depression

Question	Score	Severity
Crying spells	0	Not a problem
Feeling depressed	1	A mild problem
Feeling discouraged about the future	0	Not a problem
Feeling empty inside	0	Not a problem
Feeling hopeless	0	Not a problem
Feeling irritable	0	Not a problem
Feeling little or no interest in things	1	A mild problem
Feeling lonely	0	Not a problem
Feeling sad	1	A mild problem
Feeling that doing anything is a real effort	0	Not a problem
Feelings of guilt or remorse	1	A mild problem
Having nightmares or bad dreams	1	A mild problem



Question	Score	Severity
I feel like a failure	0	Not a problem
I feel like I'm being punished	0	Not a problem
Loss of interest in sex	2	A moderate problem
Not enjoying things as much as before	0	Not a problem
Withdrawn, isolated	0	Not a problem

## Bipolar

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Crying spells	0	Not a problem
Decreased need for sleep	0	Not a problem
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily agitated	1	A mild problem
Easily annoyed	0	Not a problem
Easily distracted	2	A moderate problem
Easily frustrated	0	Not a problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Feeling restless	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem

Question	Score	Severity
Having much more energy than usual	0	Not a problem
High energy	0	Not a problem
Impulsive, act without thinking	1	A mild problem
Increased or inappropriate sexual interest	0	Not a problem
My moods change quickly	0	Not a problem
Overly active	0	Not a problem
Pressured speech, uninterruptible and continuous	0	Not a problem
Short attention span	2	A moderate problem
Temper tantrums	0	Not a problem
Thoughts racing	0	Not a problem

### Mood Stability

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Crying spells	0	Not a problem
Easily agitated	1	A mild problem
Easily annoyed	0	Not a problem
Easily frustrated	0	Not a problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	0	Not a problem
Feeling negative	1	A mild problem
My moods change quickly	0	Not a problem
Temper tantrums	0	Not a problem

Mania

Question	Score	Severity
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Decreased need for sleep	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Having much more energy than usual	0	Not a problem
Increased or inappropriate sexual interest	0	Not a problem
Pressured speech, uninterruptible and continuous	0	Not a problem
Thoughts racing	0	Not a problem

Aggression

Question	Score	Severity
Blaming other people for your own mistakes	0	Not a problem
Defiant or argumentative	0	Not a problem
Destructive to property or things	0	Not a problem
Excessive yelling or screaming	0	Not a problem
Getting into fights	0	Not a problem
Having an urge to injure or to hurt someone	0	Not a problem
Having the urge to destroy things	0	Not a problem
Hostile	0	Not a problem
In trouble with the law	0	Not a problem
Physical aggression toward others	0	Not a problem

Autism

Question	Score	Severity
Avoiding eye contact	0	Not a problem

Question	Score	Severity
I can't relate to other people, socially or emotionally	0	Not a problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	0	Not a problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Repetitive behaviors like touching or counting	1	A mild problem
Rigid, inflexible, resistant to change	0	Not a problem
Strongly attached to routines or sameness in the environment	0	Not a problem

## Asperger's

Question	Score	Severity
Avoiding eye contact	0	Not a problem
Difficulty developing friendships	1	A mild problem
Difficulty understanding sarcasm, metaphors or jokes	0	Not a problem
Hard to relate to other people	0	Not a problem
I can't relate to other people, socially or emotionally	0	Not a problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	0	Not a problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Rigid, inflexible, resistant to change	0	Not a problem
Strongly attached to routines or sameness in the environment	0	Not a problem

Question	Score	Severity
I can't feel close to another person	1	A mild problem
Withdrawn, isolated	0	Not a problem

## Psychotic

Question	Score	Severity
I feel nervous when people watch me or talk about me	0	Not a problem
Feeling paranoid	0	Not a problem
I feel that other people are watching or talking about me	0	Not a problem
I feel that someone else can control my mind	0	Not a problem
I feel that I can't trust other people	0	Not a problem
I feel I am being watched	0	Not a problem
I hear voices that no one else can hear	0	Not a problem
I can't think straight	1	A mild problem
My mind is full of terrifying thoughts or images	0	Not a problem
Other people know my private thoughts	0	Not a problem
Overly suspicious	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem
Seeing things that other people don't see	0	Not a problem
I can't feel close to another person	1	A mild problem

## Somatic

Question	Score	Severity
Blackout spells or seizures	0	Not a problem
Difficulty breathing	0	Not a problem
Difficulty swallowing	2	A moderate problem
Dizzy/unsteady/lightheaded	2	A moderate problem
Feeling faint	2	A moderate problem

Question	Score	Severity
Heart racing	0	Not a problem
Nausea	1	A mild problem
Numbness/Tingling	2	A moderate problem
Worrying that something bad is wrong with your body	2	A moderate problem

## Fatigue

Question	Score	Severity
Fatigue	1	A mild problem
Feeling slower than usual	0	Not a problem
Feeling tired	2	A moderate problem
Feeling weak	0	Not a problem
Low energy	2	A moderate problem
Unable to exercise without getting really tired	1	A mild problem

## Sleep

Question	Score	Severity
Difficulty staying asleep	0	Not a problem
Hard to fall asleep	1	A mild problem
I wake up too early in the morning and can't get back to sleep	0	Not a problem
Restless or disturbed sleep	2	A moderate problem

## Suicide

Question	Score	Severity
I feel like giving up on life	0	Not a problem
I feel like I would be better off dead	0	Not a problem
I feel that I have nothing left to live for	0	Not a problem

Question	Score	Severity
I feel that my family would be better off if I were gone	0	Not a problem
Thinking about death or dying	2	A moderate problem
Thoughts about ending your life	0	Not a problem

## Pain

Question	Score	Severity
A lot of aches and pains	2	A moderate problem
Abdominal pain or discomfort	3	A severe problem
Back pain	0	Not a problem
Chest pain or discomfort	0	Not a problem
Headache	0	Not a problem
Muscle soreness	2	A moderate problem
Unable to exercise without a lot of pain	0	Not a problem
Unbearable pain	1	A mild problem

## Substance Abuse

Question	Score	Severity
Abusing drugs	0	Not a problem
I drink too much	0	Not a problem
I use too many drugs or medications	0	Not a problem

## MCI

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem

Question	Score	Severity
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	1	A mild problem
Forgetting if you have taken your medicine	2	A moderate problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	0	Not a problem
Going to the store but forgetting to get what you need	0	Not a problem
Having to do things slowly to make sure it's right	0	Not a problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	0	Not a problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
My mind goes blank	1	A mild problem
Not finishing chores, homework or projects	3	A severe problem
Putting something down and then forgetting where you put it.	2	A moderate problem
Reading something and then realizing you have read it before.	0	Not a problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

## Concussion

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Dizzy/unsteady/lightheaded	2	A moderate problem



Question	Score	Severity
Easily distracted	2	A moderate problem
Easily frustrated	0	Not a problem
Fatigue	1	A mild problem
Feeling irritable	0	Not a problem
Feeling scattered, disorganized	2	A moderate problem
Feeling slower than usual	0	Not a problem
Hard to fall asleep	1	A mild problem
Headache	0	Not a problem
I can't think straight	1	A mild problem
Low energy	2	A moderate problem
My mind goes blank	1	A mild problem
My moods change quickly	0	Not a problem
Problems with memory	2	A moderate problem
Short attention span	2	A moderate problem
Unable to exercise without getting really tired	1	A mild problem

## Anxiety/Depression

Question	Score	Severity
Crying spells	0	Not a problem
Easily agitated	1	A mild problem
Fatigue	1	A mild problem
Feeling anxious	1	A mild problem
Feeling depressed	1	A mild problem
Feeling discouraged about the future	0	Not a problem
Feeling empty inside	0	Not a problem
Feeling hopeless	0	Not a problem
Feeling irritable	0	Not a problem

Question	Score	Severity
Feeling keyed up or on edge	0	Not a problem
Feeling little or no interest in things	1	A mild problem
Feeling lonely	0	Not a problem
Feeling nervous	1	A mild problem
Feeling restless	1	A mild problem
Feeling sad	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem
Feeling so nervous it's hard to breathe	0	Not a problem
Feeling tense	1	A mild problem
Feeling that doing anything is a real effort	0	Not a problem
Feeling tired	2	A moderate problem
Feelings of guilt or remorse	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
Hard to fall asleep	1	A mild problem
Having nightmares or bad dreams	1	A mild problem
High-strung or keyed up	0	Not a problem
I feel like a failure	0	Not a problem
I feel like I'm being punished	0	Not a problem
I find it hard to relax	1	A mild problem
Low energy	2	A moderate problem
My mind goes blank	1	A mild problem
Not enjoying things as much as before	0	Not a problem
Restless or disturbed sleep	2	A moderate problem
Thinking about death or dying	2	A moderate problem
Withdrawn, isolated	0	Not a problem
Worrying too much	2	A moderate problem

