# **ADHD Cognitive Assessment Report**

Patient ID: 39363 | Test Date: N/A

### **Validity Warnings**

No validity warnings detected.

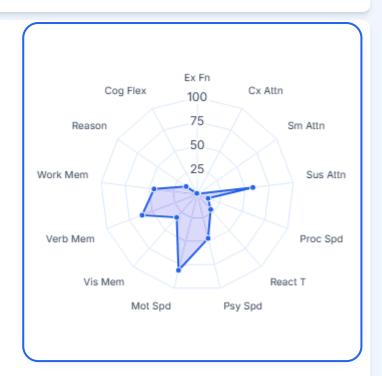
#### **Disclaimer**

**Please note:** This assessment is a screening tool and is **not diagnostic**. Results should be interpreted by a qualified healthcare professional in the context of a full clinical evaluation. Invalid test results have been excluded from interpretation below.

#### **Symptom Screening Results (ASRS/DSM-5 Alignment)**

Based on self-reported symptoms (ASRS/DSM-5 alignment), the screening suggests a presentation consistent with Combined Presentation..

- \* Endorsed symptoms met criteria for 9/9 Inattention domains.
- \* Endorsed symptoms met criteria for 8/9 Hyperactivity/Impulsivity domains.



#### **Cognitive Performance**

The overall Neurocognition Index (NCI) was in the Borderline Impaired range (Standard Score: 79.0, Percentile: 8.0).

#### **Cognitive Strengths (Valid Domains):**

\* Motor Speed (Percentile: 81.0, Range: High Average)

#### **Cognitive Weaknesses (Valid Domains):**

- \* Complex Attention\* (Percentile: 1.0, Range: Impaired)
- \* Cognitive Flexibility (Percentile: 1.0, Range: Impaired)
- \* Executive Function (Percentile: 1.0, Range: Impaired)
- \* Simple Attention (Percentile: 1.0, Range: Impaired)
- \* Processing Speed (Percentile: 12.0, Range: Low Average)
- \* Reasoning (Percentile: 14.0, Range: Low Average)

#### **Specific Subtest Observations (Valid Subtests):**

- \* Shifting Attention Test (SAT) Correct Responses (Percentile: 1.0, Range: Impaired)
- \* Continuous Performance Test (CPT) Commission Errors\* (Percentile: 1.0, Range: Impaired)
- \* Stroop Test (ST) Stroop Commission Errors\* (Percentile: 2.0, Range: Borderline Impaired)
- \* Shifting Attention Test (SAT) Errors\* (Percentile: 5.0, Range: Borderline Impaired)
- \* Shifting Attention Test (SAT) Correct Reaction Time\* (Percentile: 6.0, Range: Borderline Impaired)
- \* Symbol Digit Coding (SDC) Correct Responses (Percentile: 9.0, Range: Low Average)
- \* Stroop Test (ST) Stroop Reaction Time Correct\* (Percentile: 9.0, Range: Low Average)

#### **Self-Reported Symptoms (NPQ)**

The Neuropsychiatric Questionnaire (NPQ) provides further insight into the patient's subjective experience across various domains. This summary focuses on areas rated as **Moderate or Severe**.

#### **Most Impacted Domains (Moderate Severity or Higher):**

\* ADHD (Severe)

- \* Agoraphobia (Severe)
- \* Anxiety (Moderate)
- \* Anxiety/Depression (Moderate)
- \* Asperger's (Moderate)
- \* Attention (Severe)
- \* Autism (Moderate)
- \* Bipolar (Moderate)
- \* Concussion (Severe)
- \* Depression (Moderate)
- \* Fatigue (Severe)
- \* Impulsive (Severe)
- \* Learning (Severe)
- \* MCI (Severe)
- \* Mania (Severe)
- \* Memory (Severe)
- \* Obsessions & Compulsions (Moderate)
- \* PTSD (Severe)
- \* Pain (Moderate)
- \* Psychotic (Moderate)
- \* Sleep (Severe)
- \* Social Anxiety (Moderate)
- \* Somatic (Moderate)

#### **Specific Symptoms Reported as Moderate or Severe:**

- \* Avoiding certain things or places (Severe)
- \* Being much more social or outgoing than usual (Severe)
- \* Checking things several times (Severe)
- \* Collecting things that you don't really need (Severe)
- \* Decreased need for sleep (Severe)
- \* Difficulty concentrating (Severe)
- \* Difficulty paying attention (Severe)
- \* Difficulty staying asleep (Severe)
- \* Easily distracted (Severe)
- \* Eating the same foods all the time (Severe)
- \* Elevated mood, euphoria (Severe)
- \* Emotionally numb (Severe)
- \* Fatigue (Severe)
- \* Feeling anxious (Severe)
- \* Feeling discouraged about the future (Severe)
- \* Feeling guilty over minor infractions (Severe)
- \* Feeling much more confident than usual (Severe)
- \* Feeling nervous when I have to do something in front of people (Severe)
- \* Feeling scared in open spaces or out in public (Severe)
- \* Feeling scared to use buses or trains (Severe)
- \* Feeling scattered, disorganized (Severe)
- \* Feeling slower than usual (Severe)
- \* Feeling that doing anything is a real effort (Severe)
- \* Feeling tired (Severe)
- \* Feeling uncomfortable in crowds (Severe)
- \* Fidgety, I can't sit still (Severe)
- \* Finding a television story or a movie hard to follow. (Severe)
- \* Forgetful, I need constant reminding (Severe)
- \* Forgetting to do something you said you would do (Severe)
- \* Forgetting to give a message to someone (Severe)
- \* Forgetting where things are kept; looking for them in the wrong place (Severe)
- \* Forgetting where you parked the car (Severe)
- \* Hard to fall asleep (Severe)
- \* Hard to go out in public (Severe)
- \* Having thoughts or words that go over and over in your mind (Severe)
- \* Having to do things slowly to make sure it's right (Severe)
- \* Having unpleasant thoughts that you can't get out of your mind (Severe)
- \* Headache (Severe)
- \* I can't think straight (Severe)
- \* I don't like to read (Severe)
- \* I feel nervous when people watch me or talk about me (Severe)
- \* I feel that other people are watching or talking about me (Severe)
- \* I wake up too early in the morning and can't get back to sleep (Severe)
- \* Impatient (Severe)
- \* Impulsive, act without thinking (Severe)
- \* Learning math (Severe)
- \* Learning new things (Severe)
- \* Leaving things behind and having to go back to get them. (Severe)
- \* Losing things (Severe)
- \* Making careless mistakes (Severe)

- \* My mind goes blank (Severe)
- \* My mind is full of terrifying thoughts or images (Severe)
- \* Not finishing chores, homework or projects (Severe)
- \* Odd preoccupations or interests (Severe)
- \* Paying attention to lectures (Severe)
- \* Problems with memory (Severe)
- \* Putting something down and then forgetting where you put it. (Severe)
- \* Reading something and then realizing you have read it before. (Severe)
- \* Reliving a traumatic event (Severe)
- \* Remembering what you studied or read (Severe)
- \* Restless or disturbed sleep (Severe)
- \* Short attention span (Severe)
- \* Strongly attached to routines or sameness in the environment (Severe)
- \* Taking notes (Severe)
- \* Taking tests (Severe)
- \* Thinking about death or dying (Severe)
- \* Thoughts racing (Severe)
- \* Trouble thinking of the right word (Severe)
- \* When reading, losing track of what the story is about (Severe)
- \* Worrying that something bad is wrong with your body (Severe)
- \* Worrying too much (Severe)
- \* A lot of aches and pains (Moderate)
- \* Abdominal pain or discomfort (Moderate)
- \* Avoiding eye contact (Moderate)
- \* Back pain (Moderate)
- \* Bad handwriting (Moderate)
- \* Blaming other people for your own mistakes (Moderate)
- \* Chest pain or discomfort (Moderate)
- \* Counting things; numbers going through your mind (Moderate)
- \* Defiant or argumentative (Moderate)
- \* Difficulty developing friendships (Moderate)
- \* Difficulty swallowing (Moderate)
- \* Easily annoyed (Moderate)
- \* Easily frustrated (Moderate)
- \* Excessive yelling or screaming (Moderate)
- \* Excitable (Moderate)
- \* Failing to recognize places you have been before. (Moderate)
- \* Feeling depressed (Moderate)
- \* Feeling keyed up or on edge (Moderate)
- \* Feeling little or no interest in things (Moderate)
- \* Feeling lonely (Moderate)
- \* Feeling negative (Moderate)
- \* Feeling nervous (Moderate)
- \* Feeling nervous around people I don't know (Moderate)
- \* Feeling paranoid (Moderate)
- \* Feeling restless (Moderate)
- \* Feeling sad (Moderate)
- \* Feeling so nervous it's hard to breathe (Moderate)
- \* Feeling tense (Moderate)
- \* Feelings of being trapped (Moderate)
- \* Flashbacks to a traumatic event (Moderate)
- \* Forgetting appointments or social engagements. (Moderate)
- \* Forgetting to tell somebody something that you meant to tell them (Moderate)
- \* Getting into fights (Moderate)
- \* Getting really scared for no reason at all (Moderate)
- \* Going to the store but forgetting to get what you need (Moderate)
- \* Hard to relate to other people (Moderate)
- \* Having bad thoughts that you can't get rid of (Moderate)
- \* Having much more energy than usual (Moderate)
- \* Having nightmares or bad dreams (Moderate)
- \* Heart racing (Moderate)
- \* High energy (Moderate)
- \* I am a shy person (Moderate)
- \* I can't feel close to another person (Moderate)
- \* I don't work up to my potential (Moderate)
- \* I feel like I'm being punished (Moderate)
- \* I feel that I can't trust other people (Moderate)
- \* I find it hard to relax (Moderate)
- \* I hate being touched or held (Moderate)
- \* Learning a foreign language (Moderate)
- \* Loss of interest in sex (Moderate)
- \* Low energy (Moderate)
- \* Moving or talking in special ways to avoid bad luck (Moderate)
- \* Much more interested in sex than usual (Moderate)

- \* Muscle soreness (Moderate)
- \* Nausea (Moderate)
- \* Not able to begin or to sustain a conversation with other people (Moderate)
- \* Not enjoying things as much as before (Moderate)
- \* Not responsive to other people's feelings (Moderate)
- \* Numbness/Tingling (Moderate)
- \* Organizing studies or projects (Moderate)
- \* Overly active (Moderate)
- \* Overly suspicious (Moderate)
- \* Pressured speech, uninterruptible and continuous (Moderate)
- \* Putting things away, and they have to be just right (Moderate)
- \* Repetitive behaviors like touching or counting (Moderate)
- \* Rigid, inflexible, resistant to change (Moderate)
- \* Trouble making up your mind (Moderate)
- \* Unable to exercise without getting really tired (Moderate)

The Epworth Sleepiness Scale indicated \*\*Normal level of daytime sleepiness\*\* (Total Score: 8).

#### **Summary & Integration**

This screening assessment integrated cognitive performance testing (reporting only on valid results) and self-reported symptom questionnaires for Patient ID 39363.

**Symptom Screening:** symptom screening was consistent with an Combined Presentation profile, meeting criteria for 9/9 inattention and 8/9 hyperactivity/impulsivity symptoms.

**Cognitive Profile:** overall \*valid\* cognitive performance (NCI) was in the borderline impaired range, with strengths in motor speed and relative weaknesses in complex attention\*, cognitive flexibility, executive function, simple attention, processing speed, reasoning noted in valid domains.

**Self-Reported Symptoms (NPQ):** the NPQ highlighted concerns rated \*\*Moderate or Severe\*\* in areas including adhd, agoraphobia, anxiety, anxiety, depression...

#### Recommendations

Based on the screening results, further clinical evaluation is recommended. This evaluation should confirm the potential ADHD presentation and assess the reported moderate/severe adhd, agoraphobia symptoms.

The information gathered here provides a baseline and highlights areas for more in-depth assessment by a qualified healthcare professional.

## **Cognitive Domain Scores**

Domain	Standard Score	Percentile	Rating	Graph
Neurocognition Index (NCI)	79	8	Low	
Composite Memory	97	42	Average	
Verbal Memory	104	61	Average	
Visual Memory	93	32	Average	
Psychomotor Speed	99	47	Average	
Reaction Time*	88	21	Low Average	
Complex Attention*	59	1	Very Low	
Cognitive Flexibility	51	1	Very Low	
Processing Speed	82	12	Low Average	
Executive Function	55	1	Very Low	
Reasoning	84	14	Low Average	
Working Memory	98	45	Average	
Sustained Attention	103	58	Average	
Simple Attention	61	1	Very Low	
Motor Speed	113	81	Above Average	



≤ 2

2-9

9-25

25-75

> 75

Very Low

Low

Low Average

Average

Above Average

Classification based on Percentile (%ile).

## **Subtest Results**

## Verbal Memory Test (VBM)

Metric	Score	Percentile
Correct Hits - Immediate	15.0	88%
Correct Passes - Immediate	14.0	37%
Correct Hits - Delay	10.0	27%
Correct Passes - Delay	15.0	73%

## Visual Memory Test (VSM)

Metric	Score	Percentile
Correct Hits - Immediate	11.0	23%
Correct Passes - Immediate	12.0	53%
Correct Hits - Delay	9.0	18%
Correct Passes - Delay	13.0	66%

### **Finger Tapping Test (FTT)**

Metric	Score	Percentile
Right Taps Average	66.0	70%
Left Taps Average	67.0	84%

### Symbol Digit Coding (SDC)

Metric	Score	Percentile
Correct Responses	50.0	9%
Errors*	0.0	79%

### **Stroop Test (ST)**

Metric	Score	Percentile
Simple Reaction Time*	246.0	61%
Complex Reaction Time Correct*	547.0	50%
Stroop Reaction Time Correct*	785.0	9%
Stroop Commission Errors*	3.0	2%

### **Shifting Attention Test (SAT)**

Metric	Score	Percentile
Correct Responses	34.0	1%
Errors*	13.0	5%
Correct Reaction Time*	1212.0	6%

## **Continuous Performance Test (CPT)**

Metric	Score	Percentile
Correct Responses	40.0	61%
Omission Errors*	0.0	61%
Commission Errors*	4.0	1%
Choice Reaction Time Correct*	453.0	13%

## Reasoning Test (RT)

Metric	Score	Percentile
Correct Responses	9.0	19%
Average Correct Reaction Time*	4435.0	61%
Commission Errors*	6.0	10%
Omission Errors*	0.0	84%

### **Four Part Continuous Performance Test**

Metric	Score	Percentile
Average Correct Reaction Time*	265.0	73%
Average Correct Reaction Time*	384.0	45%
Average Correct Reaction Time*	426.0	73%
Average Correct Reaction Time*	468.0	81%
Average Incorrect Reaction Time*	0.0	NaN%
Average Incorrect Reaction Time*	0.0	NaN%
Average Incorrect Reaction Time*	0.0	NaN%
Correct Responses	6.0	58%
Correct Responses	15.0	63%
Correct Responses	10.0	27%
Incorrect Responses*	0.0	61%
Incorrect Responses*	0.0	61%
Incorrect Responses*	0.0	79%
Omission Errors*	0.0	58%
Omission Errors*	1.0	63%
Omission Errors*	6.0	27%

# **ASRS to DSM-5 Mapping**

#### **Criterion A: Inattention**

DSM-5 Criterion	ASRS Question	Response	Met
A1: Often fails to give close attention to details or makes careless mistakes	Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?	Very Often	Met
A2: Often has difficulty sustaining attention in tasks or play activities	Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?	Very Often	Met
A3: Often does not seem to listen when spoken to directly	Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?	Very Often	Met
A4: Often does not follow through on instructions and fails to finish duties	Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Very Often	Met
A5: Often has difficulty organizing tasks and activities	Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?	Often	Met
A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort	Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Very Often	Met
A7: Often loses things necessary for tasks or activities	Q10: How often do you misplace or have difficulty finding things at home or at work?	Very Often	Met
A8: Is often easily distracted by extraneous stimuli	Q11: How often are you distracted by activity or noise around you?	Very Often	Met
A9: Is often forgetful in daily activities	Q3: How often do you have problems remembering appointments or obligations?	Sometimes	Met
s	ummary: 9/9 criteria met (Need ≥5) - Met		

# Criterion B: Hyperactivity/Impulsivity

DSM-5 Criterion	ASRS Question	Response	Met
B1: Often fidgets or squirms in seat	Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Sometimes	Not Met
B2: Often leaves seat in situations when remaining seated is expected	Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?	Sometimes	Met
B3: Often runs about or climbs in situations where it is inappropriate	Q13: How often do you feel restless or fidgety?	Often	Met
B4: Often unable to play or engage in leisure activities quietly	Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?	Often	Met
B5: Is often 'on the go', acting as if 'driven by a motor'	Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?	Very Often	Met
B6: Often talks excessively	Q15: How often do you find yourself talking too much when you are in social situations?	Very Often	Met
B7: Often blurts out an answer before a question has been completed	Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?	Very Often	Met
B8: Often has difficulty waiting his or her turn	Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?	Very Often	Met
B9: Often interrupts or intrudes on others	Q18: How often do you interrupt others when they are busy?	Very Often	Met
	Summary: 8/9 criteria met (Need ≥5) - Met		

Inattention Criteria	Met
Hyperactivity/Impulsivity Criteria	Met

# **Epworth Sleepiness Scale**

Situation	Score (0-3)
Sitting and reading	1
Watching TV	1
Sitting inactive in a public place (e.g., a theater or a meeting)	2
As a passenger in a car for an hour without a break	1
Lying down to rest in the afternoon when circumstances permit	2
Sitting and talking to someone	0
Sitting quietly after a lunch without alcohol	1
In a car, while stopped for a few minutes in traffic	0
Interpretation: Normal level of daytime sleepiness.   Total Score	e: 8

## **NPQ LF-207 Diagnostic Screen Summary**

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.

Domain	Score	Severity
ADHD	287	Severe
Attention	300	Severe
Impulsive	250	Severe
Learning	269	Severe
Memory	232	Severe
Anxiety	220	Moderate
Panic	117	Mild
Agoraphobia	233	Severe
Obsessions & Compulsions	179	Moderate
Social Anxiety	200	Moderate
PTSD	244	Severe
Depression	171	Moderate
Bipolar	203	Moderate
Mood Stability	146	Mild
Mania	225	Severe
Aggression	100	Mild
Autism	167	Moderate
Asperger's	160	Moderate
Psychotic	150	Moderate
Somatic	156	Moderate
Fatigue	233	Severe
Sleep	300	Severe
Suicide	83	Mild
Pain	175	Moderate
Substance Abuse	0	Not a problem
MCI	267	Severe

Domain	Score	Severity
Concussion	250	Severe
Anxiety/Depression	209	Moderate
Severity Legend		
Not a problem Mild Moderate Severe		

# **Detailed NPQ Responses**

#### ADHD

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	3	A severe problem
Fidgety, I can't sit still	3	A severe problem
Forgetful, I need constant reminding	3	A severe problem
Impatient	3	A severe problem
Impulsive, act without thinking	3	A severe problem
Leaving things behind and having to go back to get them.	3	A severe problem
Losing things	3	A severe problem
Making careless mistakes	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem
Overly active	2	A moderate problem
Short attention span	3	A severe problem

#### Attention

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling scattered, disorganized	3	A severe problem
Forgetful, I need constant reminding	3	A severe problem
Leaving things behind and having to go back to get them.	3	A severe problem

Question	Score	Severity
Losing things	3	A severe problem
Making careless mistakes	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem
Short attention span	3	A severe problem
When reading, losing track of what the story is about	3	A severe problem

## Impulsive

Question	Score	Severity
Feeling restless	2	A moderate problem
Fidgety, I can't sit still	3	A severe problem
High energy	2	A moderate problem
Impatient	3	A severe problem
Impulsive, act without thinking	3	A severe problem
Overly active	2	A moderate problem

## Learning

Question	Score	Severity
Bad handwriting	2	A moderate problem
Having to do things slowly to make sure it's right	3	A severe problem
Learning a foreign language	2	A moderate problem
Learning math	3	A severe problem
Learning new things	3	A severe problem
I don't like to read	3	A severe problem
I don't work up to my potential	2	A moderate problem
Organizing studies or projects	2	A moderate problem
Paying attention to lectures	3	A severe problem

Question	Score	Severity
Remembering what you studied or read	3	A severe problem
Taking notes	3	A severe problem
Taking tests	3	A severe problem
When reading, losing track of what the story is about	3	A severe problem

## Memory

Question	Score	Severity
Failing to recognize places you have been before.	2	A moderate problem
Finding a television story or a movie hard to follow.	3	A severe problem
Forgetful, I need constant reminding	3	A severe problem
Forgetting appointments or social engagements.	2	A moderate problem
Forgetting if you have taken your medicine	1	A mild problem
Forgetting something cooking on the stove or in the toaster	0	Not a problem
Forgetting to do something you said you would do	3	A severe problem
Forgetting to give a message to someone	3	A severe problem
Forgetting to tell somebody something that you meant to tell them	2	A moderate problem
Forgetting where things are kept; looking for them in the wrong place	3	A severe problem
Forgetting where you parked the car	3	A severe problem
Going to the store but forgetting to get what you need	2	A moderate problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	3	A severe problem
Leaving things behind and having to go back to get them.	3	A severe problem
My mind goes blank	3	A severe problem
Problems with memory	3	A severe problem
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	3	A severe problem
Trouble thinking of the right word	3	A severe problem

Question	Score	Severity
Unable to remember things as well as I used to	0	Not a problem
When reading, losing track of what the story is about	3	A severe problem

## Anxiety

Question	Score	Severity
Feeling anxious	3	A severe problem
Feeling keyed up or on edge	2	A moderate problem
Feeling nervous	2	A moderate problem
Feeling restless	2	A moderate problem
Feeling tense	2	A moderate problem
Fidgety, I can't sit still	3	A severe problem
Having nightmares or bad dreams	2	A moderate problem
High-strung or keyed up	1	A mild problem
I find it hard to relax	2	A moderate problem
Worrying too much	3	A severe problem

#### Panic

Question	Score	Severity
Attacks of intense anxiety	1	A mild problem
Feeling so nervous it's hard to breathe	2	A moderate problem
Getting so nervous I feel like passing out	1	A mild problem
Getting really scared for no reason at all	2	A moderate problem
Panic attacks	1	A mild problem
Trouble catching my breath	0	Not a problem

## Agoraphobia

Question	Score	Severity
Avoiding certain things or places	3	A severe problem
Feeling scared in open spaces or out in public	3	A severe problem
Feeling scared to use buses or trains	3	A severe problem
Feeling uncomfortable in crowds	3	A severe problem
Feelings of being trapped	2	A moderate problem
Worrying about fainting in public	0	Not a problem

## **Obsessions & Compulsions**

Question	Score	Severity
I hate being touched or held	2	A moderate problem
Checking things several times	3	A severe problem
Collecting things that you don't really need	3	A severe problem
Counting things; numbers going through your mind	2	A moderate problem
Eating the same foods all the time	3	A severe problem
Feeling guilty over minor infractions	3	A severe problem
Having bad thoughts that you can't get rid of	2	A moderate problem
Having thoughts or words that go over and over in your mind	3	A severe problem
It bothers me when someone eats off my plate	1	A mild problem
I have a special number that I count up to or do things just that number of times	0	Not a problem
I have to do things a certain number of times before I'm satisfied	1	A mild problem
Moving or talking in special ways to avoid bad luck	2	A moderate problem
Putting things away, and they have to be just right	2	A moderate problem
Repetitive behaviors like touching or counting	2	A moderate problem
Thoughts about sex that are troubling	0	Not a problem
Trouble making up your mind	2	A moderate problem
Washing your hands over and over	1	A mild problem

Question	Score	Severity
Worrying about being clean	1	A mild problem
Worrying about the germs that are on things	1	A mild problem

### **Social Anxiety**

Question	Score	Severity
I am a shy person	2	A moderate problem
Difficulty developing friendships	2	A moderate problem
Feeling nervous around people I don't know	2	A moderate problem
Feeling nervous when I have to do something in front of people	3	A severe problem
Feeling uneasy about eating or drinking in public	1	A mild problem
Hard to go out in public	3	A severe problem
Hard to relate to other people	2	A moderate problem
Starting a conversation with people I don't know	1	A mild problem

#### **PTSD**

Question	Score	Severity
Avoiding certain things or places	3	A severe problem
Difficulty concentrating	3	A severe problem
Difficulty staying asleep	3	A severe problem
Easily startled	0	Not a problem
Emotionally numb	3	A severe problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
I feel that I can't trust other people	2	A moderate problem
Flashbacks to a traumatic event	2	A moderate problem
Hard to fall asleep	3	A severe problem

Question	Score	Severity
Hard to go out in public	3	A severe problem
Hard to relate to other people	2	A moderate problem
Having nightmares or bad dreams	2	A moderate problem
Having unpleasant thoughts that you can't get out of your mind	3	A severe problem
I feel like I'm being punished	2	A moderate problem
Reliving a traumatic event	3	A severe problem
Restless or disturbed sleep	3	A severe problem
I can't feel close to another person	2	A moderate problem

## Depression

Question	Score	Severity
Crying spells	1	A mild problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
Feeling empty inside	1	A mild problem
Feeling hopeless	1	A mild problem
Feeling irritable	1	A mild problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling sad	2	A moderate problem
Feeling that doing anything is a real effort	3	A severe problem
Feelings of guilt or remorse	1	A mild problem
Having nightmares or bad dreams	2	A moderate problem
I feel like a failure	1	A mild problem
I feel like I'm being punished	2	A moderate problem
Loss of interest in sex	2	A moderate problem
Not enjoying things as much as before	2	A moderate problem

Question	Score	Severity
Withdrawn, isolated	1	A mild problem

### Bipolar

Question	Score	Severity
Anger	1	A mild problem
Angry outbursts	1	A mild problem
Much more interested in sex than usual	2	A moderate problem
Being much more social or outgoing than usual	3	A severe problem
Crying spells	1	A mild problem
Decreased need for sleep	3	A severe problem
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily agitated	1	A mild problem
Easily annoyed	2	A moderate problem
Easily distracted	3	A severe problem
Easily frustrated	2	A moderate problem
Elevated mood, euphoria	3	A severe problem
Excitable	2	A moderate problem
Explosive	1	A mild problem
Feeling irritable	1	A mild problem
Feeling much more confident than usual	3	A severe problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	3	A severe problem
Having much more energy than usual	2	A moderate problem
High energy	2	A moderate problem
Impulsive, act without thinking	3	A severe problem
Increased or inappropriate sexual interest	0	Not a problem

Question	Score	Severity
My moods change quickly	1	A mild problem
Overly active	2	A moderate problem
Pressured speech, uninterruptible and continuous	2	A moderate problem
Short attention span	3	A severe problem
Temper tantrums	1	A mild problem
Thoughts racing	3	A severe problem

### **Mood Stability**

Question	Score	Severity
Anger	1	A mild problem
Angry outbursts	1	A mild problem
Crying spells	1	A mild problem
Easily agitated	1	A mild problem
Easily annoyed	2	A moderate problem
Easily frustrated	2	A moderate problem
Elevated mood, euphoria	3	A severe problem
Excitable	2	A moderate problem
Explosive	1	A mild problem
Feeling irritable	1	A mild problem
Feeling negative	2	A moderate problem
My moods change quickly	1	A mild problem
Temper tantrums	1	A mild problem

#### Mania

Question	Score	Severity
Much more interested in sex than usual	2	A moderate problem

Question	Score	Severity
Being much more social or outgoing than usual	3	A severe problem
Decreased need for sleep	3	A severe problem
Feeling much more confident than usual	3	A severe problem
Having much more energy than usual	2	A moderate problem
Increased or inappropriate sexual interest	0	Not a problem
Pressured speech, uninterruptible and continuous	2	A moderate problem
Thoughts racing	3	A severe problem

## Aggression

Question	Score	Severity
Blaming other people for your own mistakes	2	A moderate problem
Defiant or argumentative	2	A moderate problem
Destructive to property or things	0	Not a problem
Excessive yelling or screaming	2	A moderate problem
Getting into fights	2	A moderate problem
Having an urge to injure or to hurt someone	0	Not a problem
Having the urge to destroy things	1	A mild problem
Hostile	0	Not a problem
In trouble with the law	0	Not a problem
Physical aggression toward others	1	A mild problem

#### Autism

Question	Score	Severity
Avoiding eye contact	2	A moderate problem
I can't relate to other people, socially or emotionally	1	A mild problem
I don't attend to social signals	1	A mild problem

Question	Score	Severity
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	2	A moderate problem
Not responsive to other people's feelings	2	A moderate problem
Odd preoccupations or interests	3	A severe problem
Peculiar or bizarre behavior	1	A mild problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Repetitive behaviors like touching or counting	2	A moderate problem
Rigid, inflexible, resistant to change	2	A moderate problem
Strongly attached to routines or sameness in the environment	3	A severe problem

## Asperger's

Question	Score	Severity
Avoiding eye contact	2	A moderate problem
Difficulty developing friendships	2	A moderate problem
Difficulty understanding sarcasm, metaphors or jokes	0	Not a problem
Hard to relate to other people	2	A moderate problem
I can't relate to other people, socially or emotionally	1	A mild problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	2	A moderate problem
Not responsive to other people's feelings	2	A moderate problem
Odd preoccupations or interests	3	A severe problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Rigid, inflexible, resistant to change	2	A moderate problem
Strongly attached to routines or sameness in the environment	3	A severe problem
I can't feel close to another person	2	A moderate problem
Withdrawn, isolated	1	A mild problem

## **Psychotic**

Question	Score	Severity
I feel nervous when people watch me or talk about me	3	A severe problem
Feeling paranoid	2	A moderate problem
I feel that other people are watching or talking about me	3	A severe problem
I feel that someone else can control my mind	0	Not a problem
I feel that I can't trust other people	2	A moderate problem
I feel I am being watched	0	Not a problem
I hear voices that no one else can hear	0	Not a problem
I can't think straight	3	A severe problem
My mind is full of terrifying thoughts or images	3	A severe problem
Other people know my private thoughts	0	Not a problem
Overly suspicious	2	A moderate problem
Peculiar or bizarre behavior	1	A mild problem
Seeing things that other people don't see	0	Not a problem
I can't feel close to another person	2	A moderate problem

#### Somatic

Question	Score	Severity
Blackout spells or seizures	1	A mild problem
Difficulty breathing	0	Not a problem
Difficulty swallowing	2	A moderate problem
Dizzy/unsteady/lightheaded	1	A mild problem
Feeling faint	1	A mild problem
Heart racing	2	A moderate problem
Nausea	2	A moderate problem
Numbness/Tingling	2	A moderate problem
Worrying that something bad is wrong with your body	3	A severe problem

## Fatigue

Question	Score	Severity
Fatigue	3	A severe problem
Feeling slower than usual	3	A severe problem
Feeling tired	3	A severe problem
Feeling weak	1	A mild problem
Low energy	2	A moderate problem
Unable to exercise without getting really tired	2	A moderate problem

## Sleep

Question	Score	Severity
Difficulty staying asleep	3	A severe problem
Hard to fall asleep	3	A severe problem
I wake up too early in the morning and can't get back to sleep	3	A severe problem
Restless or disturbed sleep	3	A severe problem

### Suicide

Question	Score	Severity
I feel like giving up on life	1	A mild problem
I feel like I would be better off dead	1	A mild problem
I feel that I have nothing left to live for	0	Not a problem
I feel that my family would be better off if I were gone	0	Not a problem
Thinking about death or dying	3	A severe problem
Thoughts about ending your life	0	Not a problem

#### Pain

Question	Score	Severity
A lot of aches and pains	2	A moderate problem
Abdominal pain or discomfort	2	A moderate problem
Back pain	2	A moderate problem
Chest pain or discomfort	2	A moderate problem
Headache	3	A severe problem
Muscle soreness	2	A moderate problem
Unable to exercise without a lot of pain	1	A mild problem
Unbearable pain	0	Not a problem

#### **Substance Abuse**

Question	Score	Severity
Abusing drugs	0	Not a problem
I drink too much	0	Not a problem
I use too many drugs or medications	0	Not a problem

#### MCI

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling scattered, disorganized	3	A severe problem
Forgetful, I need constant reminding	3	A severe problem
Forgetting appointments or social engagements.	2	A moderate problem
Forgetting if you have taken your medicine	1	A mild problem
Forgetting to do something you said you would do	3	A severe problem
Forgetting to give a message to someone	3	A severe problem

Question	Score	Severity
Forgetting to tell somebody something that you meant to tell them	2	A moderate problem
Forgetting where things are kept; looking for them in the wrong place	3	A severe problem
Going to the store but forgetting to get what you need	2	A moderate problem
Having to do things slowly to make sure it's right	3	A severe problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	3	A severe problem
Leaving things behind and having to go back to get them.	3	A severe problem
Losing things	3	A severe problem
Making careless mistakes	3	A severe problem
My mind goes blank	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	3	A severe problem
Short attention span	3	A severe problem
When reading, losing track of what the story is about	3	A severe problem

#### Concussion

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Dizzy/unsteady/lightheaded	1	A mild problem
Easily distracted	3	A severe problem
Easily frustrated	2	A moderate problem
Fatigue	3	A severe problem
Feeling irritable	1	A mild problem
Feeling scattered, disorganized	3	A severe problem
Feeling slower than usual	3	A severe problem

Question	Score	Severity
Hard to fall asleep	3	A severe problem
Headache	3	A severe problem
I can't think straight	3	A severe problem
Low energy	2	A moderate problem
My mind goes blank	3	A severe problem
My moods change quickly	1	A mild problem
Problems with memory	3	A severe problem
Short attention span	3	A severe problem
Unable to exercise without getting really tired	2	A moderate problem

## Anxiety/Depression

Question	Score	Severity
Crying spells	1	A mild problem
Easily agitated	1	A mild problem
Fatigue	3	A severe problem
Feeling anxious	3	A severe problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	3	A severe problem
Feeling empty inside	1	A mild problem
Feeling hopeless	1	A mild problem
Feeling irritable	1	A mild problem
Feeling keyed up or on edge	2	A moderate problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling nervous	2	A moderate problem
Feeling restless	2	A moderate problem
Feeling sad	2	A moderate problem

Question	Score	Severity
Feeling scattered, disorganized	3	A severe problem
Feeling so nervous it's hard to breathe	2	A moderate problem
Feeling tense	2	A moderate problem
Feeling that doing anything is a real effort	3	A severe problem
Feeling tired	3	A severe problem
Feelings of guilt or remorse	1	A mild problem
Fidgety, I can't sit still	3	A severe problem
Hard to fall asleep	3	A severe problem
Having nightmares or bad dreams	2	A moderate problem
High-strung or keyed up	1	A mild problem
I feel like a failure	1	A mild problem
I feel like I'm being punished	2	A moderate problem
I find it hard to relax	2	A moderate problem
Low energy	2	A moderate problem
My mind goes blank	3	A severe problem
Not enjoying things as much as before	2	A moderate problem
Restless or disturbed sleep	3	A severe problem
Thinking about death or dying	3	A severe problem
Withdrawn, isolated	1	A mild problem
Worrying too much	3	A severe problem

# **Final Integrative Diagnosis**

Inattention Criteria	Met (9/9 criteria met)
Hyperactivity/Impulsivity Criteria	Met (8/9 criteria met)
Overall Diagnosis	<b>Combined Presentation</b>