

# ADHD Cognitive Assessment Report

Patient ID: 39381 | Test Date: N/A

## Validity Warnings

No validity warnings detected.

## Cognitive Profile Summary

*This automatically generated report is not a substitute for clinical judgement. Results should be interpreted by a qualified healthcare professional in the context of a full clinical evaluation. Invalid test results have been excluded from interpretation below.*

DSM-5 Symptom Endorsement (Self-Report via ASRS Alignment):

- Overall:** Meets criteria for **Combined Presentation**.
- Inattention:** 9/9 criteria met.
- Hyperactivity/Impulsivity:** 7/9 criteria met.

### Domain-Specific Findings:

#### 1. Attention:

- DSM (Inattention): Endorses criteria:
  - Often fails to give close attention to details or makes careless mistakes
  - Often has difficulty sustaining attention in tasks or play activities
  - Often does not seem to listen when spoken to directly
  - Often does not follow through on instructions and fails to finish duties
  - Often has difficulty organizing tasks and activities
  - Often avoids or is reluctant to engage in tasks requiring sustained mental effort
  - Often loses things necessary for tasks or activities
  - Is often easily distracted by extraneous stimuli
  - Is often forgetful in daily activities
- NPQ (Moderate/Severe Symptoms):** Reports "Difficulty concentrating" (Severe), "Difficulty paying attention" (Severe), "Easily distracted" (Severe), "Feeling scattered, disorganized" (Moderate), "Forgetful, I need constant reminding" (Severe), "Leaving things behind and having to go back to get them." (Severe), "Losing things" (Severe), "Making careless mistakes" (Severe), "Not finishing chores, homework or projects" (Severe), "Short attention span" (Severe) The most severe endorsed symptom was "Difficulty concentrating" (Severe).

#### 2. Executive Function

- Overall Cognitive Score (Valid):** 97.0 (Percentile: 42.0).
- Planning & Organization:**
  - DSM: Endorses "Often has difficulty organizing tasks and activities".
  - NPQ: Reports "Feeling scattered, disorganized" (Moderate).



- Cognitive: Reasoning score was Percentile: 84.0, Range: High Average.

- **Prioritization & Time Management:**

- DSM/NPQ: Implied by difficulties organizing (A5), avoiding tasks (A6), and severe difficulty finishing projects/chores (NPQ Attention Q9).

- **Task Initiation & Completion:**

- DSM: Endorses "Often does not follow through on instructions and fails to finish duties and Often avoids or is reluctant to engage in tasks requiring sustained mental effort".

- **Working Memory:**

- Cognitive: Superior noted (Working Memory).
- NPQ: Moderate problems with memory including "Forgetful, I need constant reminding" (Severe), "Forgetting appointments or social engagements." (Severe), "Forgetting if you have taken your medicine" (Moderate).

- **Inhibition (Response Control):**

- DSM: Endorses "Often blurts out an answer before a question has been completed and Often interrupts or intrudes on others".
- NPQ: Reports "Feeling restless" (Moderate), "Fidgety, I can't sit still" (Moderate), "Impatient" (Severe).
- Cognitive (Subtests): Other commission errors: Symbol Digit Coding (SDC)-Stroop Commission Errors\* (Average); Symbol Digit Coding (SDC)-Commission Errors\* (Average); Symbol Digit Coding (SDC)-Commission Errors\* (High Average).

- **Cognitive Flexibility:**

- Cognitive: Average performance (Cognitive Flexibility).

- **Emotional Regulation:**

- NPQ: Mood Stability domain rated "Mild"; Anxiety domain rated "Moderate"; Depression domain rated "Moderate"; OC: "I hate being touched or held" (Severe), "Checking things several times" (Severe), "Collecting things that you don't really need" (Moderate), "Counting things; numbers going through your mind" (Severe), "Eating the same foods all the time" (Moderate), "Feeling guilty over minor infractions" (Severe), "Having thoughts or words that go over and over in your mind" (Severe), "It bothers me when someone eats off my plate" (Severe), "I have to do things a certain number of times before I'm satisfied" (Severe), "Moving or talking in special ways to avoid bad luck" (Moderate), "Putting things away, and they have to be just right" (Severe), "Repetitive behaviors like touching or counting" (Severe), "Trouble making up your mind" (Severe), "Worrying about being clean" (Moderate).

### 3. Memory:

- **Overall Memory Score (Valid):** Average.
- DSM: Endorses "Often loses things necessary for tasks or activities".
- NPQ (Memory Domain): "Forgetful, I need constant reminding" (Severe), "Forgetting appointments or social engagements." (Severe), "Forgetting if you have taken your medicine" (Moderate), "Forgetting to do something you said you would do" (Severe), "Forgetting to give a message to someone" (Severe), "Forgetting to tell somebody something that you meant to tell them" (Severe), "Forgetting where things are kept; looking for them in the wrong place" (Severe), "Going to the store but forgetting to get what you need" (Severe), "Learning new things" (Moderate), "Leaving things behind and having to go back to get them." (Severe), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Severe), "Unable to remember things as well as I used to" (Moderate)

### 4. Hyperactivity / Motor / Impulsivity:

- DSM (Hyperactivity/Impulsivity): Endorses criteria:
  - Often fidgets or squirms in seat
  - Often leaves seat in situations when remaining seated is expected
  - Often runs about or climbs in situations where it is inappropriate
  - Often unable to play or engage in leisure activities quietly
  - Often talks excessively
  - Often blurts out an answer before a question has been completed

- Often interrupts or intrudes on others

- NPQ: Impulsive domain (hyperactivity items) rated "Mild"; Moderate: "Feeling restless" (Moderate), "Fidgety, I can't sit still" (Moderate), "Impatient" (Severe).

## 5. Secondary Consequences / Functional Impact:

Flagged NPQ Domains: Severe: **ADHD** **Asperger's** **Attention** **Autism** **MCI** **Social Anxiety** | Moderate:

**Agoraphobia** **Anxiety** **Anxiety/Depression** **Concussion** **Depression** **Fatigue** **Learning** **Memory**  
**Obsessions & Compulsions** **PTSD** **Pain**

- **Memory:** "Forgetful, I need constant reminding" (Severe), "Forgetting appointments or social engagements." (Severe), "Forgetting if you have taken your medicine" (Moderate), "Forgetting to do something you said you would do" (Severe), "Forgetting to give a message to someone" (Severe), "Forgetting to tell somebody something that you meant to tell them" (Severe), "Forgetting where things are kept; looking for them in the wrong place" (Severe), "Going to the store but forgetting to get what you need" (Severe), "Learning new things" (Moderate), "Leaving things behind and having to go back to get them." (Severe), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Severe), "Unable to remember things as well as I used to" (Moderate)
- **Anxiety:** "Feeling anxious" (Moderate), "Feeling keyed up or on edge" (Moderate), "Feeling nervous" (Severe), "Feeling restless" (Moderate), "Feeling tense" (Moderate), "Fidgety, I can't sit still" (Moderate), "Having nightmares or bad dreams" (Moderate), "Worrying too much" (Severe)
- **Somatic:** "Worrying that something bad is wrong with your body" (Severe)
- **Fatigue:** "Fatigue" (Severe), "Feeling tired" (Moderate), "Low energy" (Severe)
- **Pain:** "A lot of aches and pains" (Moderate), "Abdominal pain or discomfort" (Moderate), "Back pain" (Moderate), "Headache" (Moderate), "Muscle soreness" (Moderate)
- **Obsessions & Compulsions:** "I hate being touched or held" (Severe), "Checking things several times" (Severe), "Collecting things that you don't really need" (Moderate), "Counting things; numbers going through your mind" (Severe), "Eating the same foods all the time" (Moderate), "Feeling guilty over minor infractions" (Severe), "Having thoughts or words that go over and over in your mind" (Severe), "It bothers me when someone eats off my plate" (Severe), "I have to do things a certain number of times before I'm satisfied" (Severe), "Moving or talking in special ways to avoid bad luck" (Moderate), "Putting things away, and they have to be just right" (Severe), "Repetitive behaviors like touching or counting" (Severe), "Trouble making up your mind" (Severe), "Worrying about being clean" (Moderate)
- **Depression:** "Feeling depressed" (Moderate), "Feeling discouraged about the future" (Moderate), "Feeling empty inside" (Moderate), "Feeling hopeless" (Moderate), "Feeling irritable" (Moderate), "Feeling little or no interest in things" (Moderate), "Feeling lonely" (Moderate), "Feeling sad" (Moderate), "Feeling that doing anything is a real effort" (Severe), "Feelings of guilt or remorse" (Moderate), "Having nightmares or bad dreams" (Moderate), "I feel like a failure" (Moderate), "I feel like I'm being punished" (Moderate), "Loss of interest in sex" (Moderate), "Not enjoying things as much as before" (Severe), "Withdrawn, isolated" (Moderate)
- **PTSD:** "Avoiding certain things or places" (Severe), "Difficulty concentrating" (Severe), "Easily startled" (Moderate), "Emotionally numb" (Moderate), "Feeling depressed" (Moderate), "Feeling discouraged about the future" (Moderate), "I feel that I can't trust other people" (Moderate), "Hard to go out in public" (Severe), "Hard to relate to other people" (Severe), "Having nightmares or bad dreams" (Moderate), "Having unpleasant thoughts that you can't get out of your mind" (Moderate), "I feel like I'm being punished" (Moderate)
- **Sleepiness:** Epworth score indicates Mild excessive daytime sleepiness.

## 6. Interpersonal Function:

- DSM: Endorses Often talks excessively and Often interrupts or intrudes on others.
- NPQ (Social Anxiety): Domain rated Severe overall.

# Cognitive Domain Scores

Domain	Standard Score	Percentile	Rating	Graph
Neurocognition Index (NCI)	106	66	Average	<div><div></div></div>
Composite Memory	97	42	Average	<div><div></div></div>
Verbal Memory	106	66	Average	<div><div></div></div>
Visual Memory	90	25	Average	<div><div></div></div>
Psychomotor Speed	113	81	Above Average	<div><div></div></div>
Reaction Time*	98	45	Average	<div><div></div></div>
Complex Attention*	118	88	Above Average	<div><div></div></div>
Cognitive Flexibility	106	66	Average	<div><div></div></div>
Processing Speed	99	47	Average	<div><div></div></div>
Executive Function	106	66	Average	<div><div></div></div>
Reasoning	115	84	Above Average	<div><div></div></div>
Working Memory	121	92	Above Average	<div><div></div></div>
Sustained Attention	119	90	Above Average	<div><div></div></div>
Simple Attention	107	68	Average	<div><div></div></div>
Motor Speed	119	90	Above Average	<div><div></div></div>

## Score Interpretation Guide

≤ 2	2-9	9-25	25-75	> 75
Very Low	Low	Low Average	Average	Above Average
Classification based on Percentile (%ile).				

# Subtest Results

## Verbal Memory Test (VBM)

Metric	Score	Percentile
Correct Hits - Immediate	10.0	16%
Correct Passes - Immediate	11.0	45%
Correct Hits - Delay	8.0	9%
Correct Passes - Delay	13.0	81%
Right Taps Average	67.0	91%
Left Taps Average	62.0	82%

## Symbol Digit Coding (SDC)

Metric	Score	Percentile
Simple Reaction Time*	327.0	42%
Complex Reaction Time Correct*	624.0	45%
Stroop Reaction Time Correct*	737.0	47%
Stroop Commission Errors*	1.0	45%
Correct Responses	49.0	45%
Errors*	0.0	90%
Correct Reaction Time*	1165.0	40%
Correct Responses	40.0	58%
Omission Errors*	0.0	58%
Commission Errors*	0.0	68%
Choice Reaction Time Correct*	452.0	32%
Correct Responses	12.0	86%
Average Correct Reaction Time*	5063.0	50%
Commission Errors*	2.0	81%
Omission Errors*	1.0	61%

## Four Part Continuous Performance Test

Metric	Score	Percentile
Average Correct Reaction Time* Part 1	359.0	50%
Average Correct Reaction Time* Part 2	400.0	45%
Average Incorrect Reaction Time* Part 2	0.0	NaN%
Correct Responses Part 2	6.0	58%
Incorrect Responses* Part 2	0.0	61%
Omission Errors* Part 2	0.0	58%
Average Correct Reaction Time* Part 3	510.0	58%
Average Incorrect Reaction Time* Part 3	0.0	NaN%
Correct Responses Part 3	16.0	81%

Metric	Score	Percentile
Incorrect Responses* Part 3	0.0	61%
Omission Errors* Part 3	0.0	81%
Average Correct Reaction Time* Part 4	719.0	40%
Average Incorrect Reaction Time* Part 4	836.0	30%
Correct Responses Part 4	16.0	95%
Incorrect Responses* Part 4	1.0	58%
Omission Errors* Part 4	0.0	95%

# ASRS to DSM-5 Mapping

## Criterion A: Inattention

DSM-5 Criterion	ASRS Question	Response	Met
A1: Often fails to give close attention to details or makes careless mistakes	Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?	Often	Met
A2: Often has difficulty sustaining attention in tasks or play activities	Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?	Very Often	Met
A3: Often does not seem to listen when spoken to directly	Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?	Very Often	Met
A4: Often does not follow through on instructions and fails to finish duties	Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Very Often	Met
A5: Often has difficulty organizing tasks and activities	Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?	Very Often	Met
A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort	Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Very Often	Met
A7: Often loses things necessary for tasks or activities	Q10: How often do you misplace or have difficulty finding things at home or at work?	Often	Met
A8: Is often easily distracted by extraneous stimuli	Q11: How often are you distracted by activity or noise around you?	Very Often	Met
A9: Is often forgetful in daily activities	Q3: How often do you have problems remembering appointments or obligations?	Very Often	Met

## Criterion B: Hyperactivity/Impulsivity

DSM-5 Criterion	ASRS Question	Response	Met
B1: Often fidgets or squirms in seat	Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Very Often	Met
B2: Often leaves seat in situations when remaining seated is expected	Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?	Often	Met
B3: Often runs about or climbs in situations where it is inappropriate	Q13: How often do you feel restless or fidgety?	Very Often	Met
B4: Often unable to play or engage in leisure activities quietly	Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?	Often	Met
B5: Is often 'on the go', acting as if 'driven by a motor'	Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?	Sometimes	Not Met
B6: Often talks excessively	Q15: How often do you find yourself talking too much when you are in social situations?	Often	Met
B7: Often blurts out an answer before a question has been completed	Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?	Sometimes	Met
B8: Often has difficulty waiting his or her turn	Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?	Sometimes	Not Met
B9: Often interrupts or intrudes on others	Q18: How often do you interrupt others when they are busy?	Sometimes	Met
Summary: 7/9 criteria met (Need ≥5) - Met			

Overall Diagnosis	Combined Presentation
-------------------	-----------------------

# Epworth Sleepiness Scale

Situation	Score (0-3)
Sitting and reading	2
Watching TV	1
Sitting inactive in a public place (e.g., a theater or a meeting)	2
As a passenger in a car for an hour without a break	2
Lying down to rest in the afternoon when circumstances permit	3
Sitting and talking to someone	0
Sitting quietly after a lunch without alcohol	1
In a car, while stopped for a few minutes in traffic	0

Interpretation: Mild excessive daytime sleepiness. | Total Score: 11



# NPQ LF-207 Diagnostic Screen Summary

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.

Domain	Score	Severity
ADHD	240	Severe
Attention	264	Severe
Impulsive	117	Mild
Learning	177	Moderate
Memory	186	Moderate
Anxiety	200	Moderate
Panic	100	Mild
Agoraphobia	200	Moderate
Obsessions & Compulsions	216	Moderate
Social Anxiety	275	Severe
PTSD	167	Moderate
Depression	200	Moderate
Bipolar	121	Mild
Mood Stability	131	Mild
Mania	50	Not a problem
Aggression	50	Not a problem
Autism	250	Severe
Asperger's	240	Severe
Psychotic	107	Mild
Somatic	78	Mild
Fatigue	183	Moderate
Sleep	50	Not a problem
Suicide	0	Not a problem
Pain	150	Moderate
Substance Abuse	0	Not a problem
MCI	250	Severe
Concussion	200	Moderate
Anxiety/Depression	186	Moderate

### Severity Legend

Not a problem   Mild   Moderate   Severe

# Detailed NPQ Responses

## ADHD

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
Forgetful, I need constant reminding	3	A severe problem
Impatient	3	A severe problem
Impulsive, act without thinking	0	Not a problem
Leaving things behind and having to go back to get them.	3	A severe problem
Losing things	3	A severe problem
Making careless mistakes	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem
Overly active	0	Not a problem
Short attention span	3	A severe problem

## Attention

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	3	A severe problem
Leaving things behind and having to go back to get them.	3	A severe problem
Losing things	3	A severe problem

Question	Score	Severity
Making careless mistakes	3	A severe problem
Not finishing chores, homework or projects	3	A severe problem
Short attention span	3	A severe problem
When reading, losing track of what the story is about	0	Not a problem

## Impulsive

Question	Score	Severity
Feeling restless	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
High energy	0	Not a problem
Impatient	3	A severe problem
Impulsive, act without thinking	0	Not a problem
Overly active	0	Not a problem

## Learning

Question	Score	Severity
Bad handwriting	1	A mild problem
Having to do things slowly to make sure it's right	3	A severe problem
Learning a foreign language	3	A severe problem
Learning math	1	A mild problem
Learning new things	2	A moderate problem
I don't like to read	0	Not a problem
I don't work up to my potential	3	A severe problem
Organizing studies or projects	3	A severe problem
Paying attention to lectures	3	A severe problem
Remembering what you studied or read	1	A mild problem
Taking notes	3	A severe problem

Question	Score	Severity
Taking tests	0	Not a problem
When reading, losing track of what the story is about	0	Not a problem

## Memory

Question	Score	Severity
Failing to recognize places you have been before.	1	A mild problem
Finding a television story or a movie hard to follow.	0	Not a problem
Forgetful, I need constant reminding	3	A severe problem
Forgetting appointments or social engagements.	3	A severe problem
Forgetting if you have taken your medicine	2	A moderate problem
Forgetting something cooking on the stove or in the toaster	1	A mild problem
Forgetting to do something you said you would do	3	A severe problem
Forgetting to give a message to someone	3	A severe problem
Forgetting to tell somebody something that you meant to tell them	3	A severe problem
Forgetting where things are kept; looking for them in the wrong place	3	A severe problem
Forgetting where you parked the car	1	A mild problem
Going to the store but forgetting to get what you need	3	A severe problem
I can't remember the names of close relatives or friends.	1	A mild problem
Learning new things	2	A moderate problem
Leaving things behind and having to go back to get them.	3	A severe problem
My mind goes blank	1	A mild problem
Problems with memory	2	A moderate problem
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	1	A mild problem
Trouble thinking of the right word	0	Not a problem
Unable to remember things as well as I used to	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

Anxiety

Question	Score	Severity
Feeling anxious	2	A moderate problem
Feeling keyed up or on edge	2	A moderate problem
Feeling nervous	3	A severe problem
Feeling restless	2	A moderate problem
Feeling tense	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
Having nightmares or bad dreams	2	A moderate problem
High-strung or keyed up	1	A mild problem
I find it hard to relax	1	A mild problem
Worrying too much	3	A severe problem

Panic

Question	Score	Severity
Attacks of intense anxiety	2	A moderate problem
Feeling so nervous it's hard to breathe	0	Not a problem
Getting so nervous I feel like passing out	1	A mild problem
Getting really scared for no reason at all	1	A mild problem
Panic attacks	2	A moderate problem
Trouble catching my breath	0	Not a problem

Agoraphobia

Question	Score	Severity
Avoiding certain things or places	3	A severe problem
Feeling scared in open spaces or out in public	2	A moderate problem
Feeling scared to use buses or trains	1	A mild problem

Question	Score	Severity
Feeling uncomfortable in crowds	3	A severe problem
Feelings of being trapped	2	A moderate problem
Worrying about fainting in public	1	A mild problem

## Obsessions & Compulsions

Question	Score	Severity
I hate being touched or held	3	A severe problem
Checking things several times	3	A severe problem
Collecting things that you don't really need	2	A moderate problem
Counting things; numbers going through your mind	3	A severe problem
Eating the same foods all the time	2	A moderate problem
Feeling guilty over minor infractions	3	A severe problem
Having bad thoughts that you can't get rid of	0	Not a problem
Having thoughts or words that go over and over in your mind	3	A severe problem
It bothers me when someone eats off my plate	3	A severe problem
I have a special number that I count up to or do things just that number of times	1	A mild problem
I have to do things a certain number of times before I'm satisfied	3	A severe problem
Moving or talking in special ways to avoid bad luck	2	A moderate problem
Putting things away, and they have to be just right	3	A severe problem
Repetitive behaviors like touching or counting	3	A severe problem
Thoughts about sex that are troubling	0	Not a problem
Trouble making up your mind	3	A severe problem
Washing your hands over and over	1	A mild problem
Worrying about being clean	2	A moderate problem
Worrying about the germs that are on things	1	A mild problem

## Social Anxiety

Question	Score	Severity
I am a shy person	3	A severe problem
Difficulty developing friendships	3	A severe problem
Feeling nervous around people I don't know	3	A severe problem
Feeling nervous when I have to do something in front of people	2	A moderate problem
Feeling uneasy about eating or drinking in public	2	A moderate problem
Hard to go out in public	3	A severe problem
Hard to relate to other people	3	A severe problem
Starting a conversation with people I don't know	3	A severe problem

## PTSD

Question	Score	Severity
Avoiding certain things or places	3	A severe problem
Difficulty concentrating	3	A severe problem
Difficulty staying asleep	1	A mild problem
Easily startled	2	A moderate problem
Emotionally numb	2	A moderate problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	2	A moderate problem
I feel that I can't trust other people	2	A moderate problem
Flashbacks to a traumatic event	0	Not a problem
Hard to fall asleep	0	Not a problem
Hard to go out in public	3	A severe problem
Hard to relate to other people	3	A severe problem
Having nightmares or bad dreams	2	A moderate problem
Having unpleasant thoughts that you can't get out of your mind	2	A moderate problem
I feel like I'm being punished	2	A moderate problem
Reliving a traumatic event	0	Not a problem
Restless or disturbed sleep	1	A mild problem

Question	Score	Severity
I can't feel close to another person	0	Not a problem

## Depression

Question	Score	Severity
Crying spells	0	Not a problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	2	A moderate problem
Feeling empty inside	2	A moderate problem
Feeling hopeless	2	A moderate problem
Feeling irritable	2	A moderate problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling sad	2	A moderate problem
Feeling that doing anything is a real effort	3	A severe problem
Feelings of guilt or remorse	2	A moderate problem
Having nightmares or bad dreams	2	A moderate problem
I feel like a failure	2	A moderate problem
I feel like I'm being punished	2	A moderate problem
Loss of interest in sex	2	A moderate problem
Not enjoying things as much as before	3	A severe problem
Withdrawn, isolated	2	A moderate problem

## Bipolar

Question	Score	Severity
Anger	1	A mild problem
Angry outbursts	1	A mild problem
Much more interested in sex than usual	0	Not a problem



Question	Score	Severity
Being much more social or outgoing than usual	0	Not a problem
Crying spells	0	Not a problem
Decreased need for sleep	0	Not a problem
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily agitated	3	A severe problem
Easily annoyed	2	A moderate problem
Easily distracted	3	A severe problem
Easily frustrated	3	A severe problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling much more confident than usual	0	Not a problem
Feeling restless	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Having much more energy than usual	0	Not a problem
High energy	0	Not a problem
Impulsive, act without thinking	0	Not a problem
Increased or inappropriate sexual interest	0	Not a problem
My moods change quickly	1	A mild problem
Overly active	0	Not a problem
Pressured speech, uninterruptible and continuous	1	A mild problem
Short attention span	3	A severe problem
Temper tantrums	1	A mild problem
Thoughts racing	3	A severe problem

## Mood Stability

Question	Score	Severity
Anger	1	A mild problem
Angry outbursts	1	A mild problem
Crying spells	0	Not a problem
Easily agitated	3	A severe problem
Easily annoyed	2	A moderate problem
Easily frustrated	3	A severe problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	2	A moderate problem
Feeling negative	2	A moderate problem
My moods change quickly	1	A mild problem
Temper tantrums	1	A mild problem

## Mania

Question	Score	Severity
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Decreased need for sleep	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Having much more energy than usual	0	Not a problem
Increased or inappropriate sexual interest	0	Not a problem
Pressured speech, uninterruptible and continuous	1	A mild problem
Thoughts racing	3	A severe problem

## Aggression

Question	Score	Severity
Blaming other people for your own mistakes	0	Not a problem
Defiant or argumentative	3	A severe problem
Destructive to property or things	0	Not a problem
Excessive yelling or screaming	0	Not a problem
Getting into fights	1	A mild problem
Having an urge to injure or to hurt someone	0	Not a problem
Having the urge to destroy things	0	Not a problem
Hostile	1	A mild problem
In trouble with the law	0	Not a problem
Physical aggression toward others	0	Not a problem

## Autism

Question	Score	Severity
Avoiding eye contact	3	A severe problem
I can't relate to other people, socially or emotionally	3	A severe problem
I don't attend to social signals	3	A severe problem
I don't respond to other people's expressions or body language	2	A moderate problem
Not able to begin or to sustain a conversation with other people	2	A moderate problem
Not responsive to other people's feelings	2	A moderate problem
Odd preoccupations or interests	3	A severe problem
Peculiar or bizarre behavior	1	A mild problem
Preoccupied by a particular interest to the exclusion of other things	3	A severe problem
Repetitive behaviors like touching or counting	3	A severe problem
Rigid, inflexible, resistant to change	2	A moderate problem
Strongly attached to routines or sameness in the environment	3	A severe problem

## Asperger's

Question	Score	Severity
Avoiding eye contact	3	A severe problem
Difficulty developing friendships	3	A severe problem
Difficulty understanding sarcasm, metaphors or jokes	2	A moderate problem
Hard to relate to other people	3	A severe problem
I can't relate to other people, socially or emotionally	3	A severe problem
I don't attend to social signals	3	A severe problem
I don't respond to other people's expressions or body language	2	A moderate problem
Not able to begin or to sustain a conversation with other people	2	A moderate problem
Not responsive to other people's feelings	2	A moderate problem
Odd preoccupations or interests	3	A severe problem
Preoccupied by a particular interest to the exclusion of other things	3	A severe problem
Rigid, inflexible, resistant to change	2	A moderate problem
Strongly attached to routines or sameness in the environment	3	A severe problem
I can't feel close to another person	0	Not a problem
Withdrawn, isolated	2	A moderate problem

## Psychotic

Question	Score	Severity
I feel nervous when people watch me or talk about me	3	A severe problem
Feeling paranoid	0	Not a problem
I feel that other people are watching or talking about me	2	A moderate problem
I feel that someone else can control my mind	0	Not a problem
I feel that I can't trust other people	2	A moderate problem
I feel I am being watched	2	A moderate problem
I hear voices that no one else can hear	0	Not a problem
I can't think straight	2	A moderate problem
My mind is full of terrifying thoughts or images	0	Not a problem
Other people know my private thoughts	0	Not a problem

Question	Score	Severity
Overly suspicious	1	A mild problem
Peculiar or bizarre behavior	1	A mild problem
Seeing things that other people don't see	2	A moderate problem
I can't feel close to another person	0	Not a problem

## Somatic

Question	Score	Severity
Blackout spells or seizures	0	Not a problem
Difficulty breathing	0	Not a problem
Difficulty swallowing	0	Not a problem
Dizzy/unsteady/lightheaded	1	A mild problem
Feeling faint	1	A mild problem
Heart racing	1	A mild problem
Nausea	1	A mild problem
Numbness/Tingling	0	Not a problem
Worrying that something bad is wrong with your body	3	A severe problem

## Fatigue

Question	Score	Severity
Fatigue	3	A severe problem
Feeling slower than usual	1	A mild problem
Feeling tired	2	A moderate problem
Feeling weak	1	A mild problem
Low energy	3	A severe problem
Unable to exercise without getting really tired	1	A mild problem

## Sleep

Question	Score	Severity
Difficulty staying asleep	1	A mild problem
Hard to fall asleep	0	Not a problem
I wake up too early in the morning and can't get back to sleep	0	Not a problem
Restless or disturbed sleep	1	A mild problem

## Suicide

Question	Score	Severity
I feel like giving up on life	0	Not a problem
I feel like I would be better off dead	0	Not a problem
I feel that I have nothing left to live for	0	Not a problem
I feel that my family would be better off if I were gone	0	Not a problem
Thinking about death or dying	0	Not a problem
Thoughts about ending your life	0	Not a problem

## Pain

Question	Score	Severity
A lot of aches and pains	2	A moderate problem
Abdominal pain or discomfort	2	A moderate problem
Back pain	2	A moderate problem
Chest pain or discomfort	1	A mild problem
Headache	2	A moderate problem
Muscle soreness	2	A moderate problem
Unable to exercise without a lot of pain	0	Not a problem
Unbearable pain	1	A mild problem

Substance Abuse

Question	Score	Severity
Abusing drugs	0	Not a problem
I drink too much	0	Not a problem
I use too many drugs or medications	0	Not a problem

MCI

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Easily distracted	3	A severe problem
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	3	A severe problem
Forgetting appointments or social engagements.	3	A severe problem
Forgetting if you have taken your medicine	2	A moderate problem
Forgetting to do something you said you would do	3	A severe problem
Forgetting to give a message to someone	3	A severe problem
Forgetting to tell somebody something that you meant to tell them	3	A severe problem
Forgetting where things are kept; looking for them in the wrong place	3	A severe problem
Going to the store but forgetting to get what you need	3	A severe problem
Having to do things slowly to make sure it's right	3	A severe problem
I can't remember the names of close relatives or friends.	1	A mild problem
Learning new things	2	A moderate problem
Leaving things behind and having to go back to get them.	3	A severe problem
Losing things	3	A severe problem
Making careless mistakes	3	A severe problem
My mind goes blank	1	A mild problem
Not finishing chores, homework or projects	3	A severe problem

Question	Score	Severity
Putting something down and then forgetting where you put it.	3	A severe problem
Reading something and then realizing you have read it before.	1	A mild problem
Short attention span	3	A severe problem
When reading, losing track of what the story is about	0	Not a problem

## Concussion

Question	Score	Severity
Difficulty concentrating	3	A severe problem
Difficulty paying attention	3	A severe problem
Dizzy/unsteady/lightheaded	1	A mild problem
Easily distracted	3	A severe problem
Easily frustrated	3	A severe problem
Fatigue	3	A severe problem
Feeling irritable	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Feeling slower than usual	1	A mild problem
Hard to fall asleep	0	Not a problem
Headache	2	A moderate problem
I can't think straight	2	A moderate problem
Low energy	3	A severe problem
My mind goes blank	1	A mild problem
My moods change quickly	1	A mild problem
Problems with memory	2	A moderate problem
Short attention span	3	A severe problem
Unable to exercise without getting really tired	1	A mild problem

## Anxiety/Depression



Question	Score	Severity
Crying spells	0	Not a problem
Easily agitated	3	A severe problem
Fatigue	3	A severe problem
Feeling anxious	2	A moderate problem
Feeling depressed	2	A moderate problem
Feeling discouraged about the future	2	A moderate problem
Feeling empty inside	2	A moderate problem
Feeling hopeless	2	A moderate problem
Feeling irritable	2	A moderate problem
Feeling keyed up or on edge	2	A moderate problem
Feeling little or no interest in things	2	A moderate problem
Feeling lonely	2	A moderate problem
Feeling nervous	3	A severe problem
Feeling restless	2	A moderate problem
Feeling sad	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Feeling so nervous it's hard to breathe	0	Not a problem
Feeling tense	2	A moderate problem
Feeling that doing anything is a real effort	3	A severe problem
Feeling tired	2	A moderate problem
Feelings of guilt or remorse	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
Hard to fall asleep	0	Not a problem
Having nightmares or bad dreams	2	A moderate problem
High-strung or keyed up	1	A mild problem
I feel like a failure	2	A moderate problem
I feel like I'm being punished	2	A moderate problem
I find it hard to relax	1	A mild problem
Low energy	3	A severe problem

Question	Score	Severity
My mind goes blank	1	A mild problem
Not enjoying things as much as before	3	A severe problem
Restless or disturbed sleep	1	A mild problem
Thinking about death or dying	0	Not a problem
Withdrawn, isolated	2	A moderate problem
Worrying too much	3	A severe problem

## Final Integrative Diagnosis