

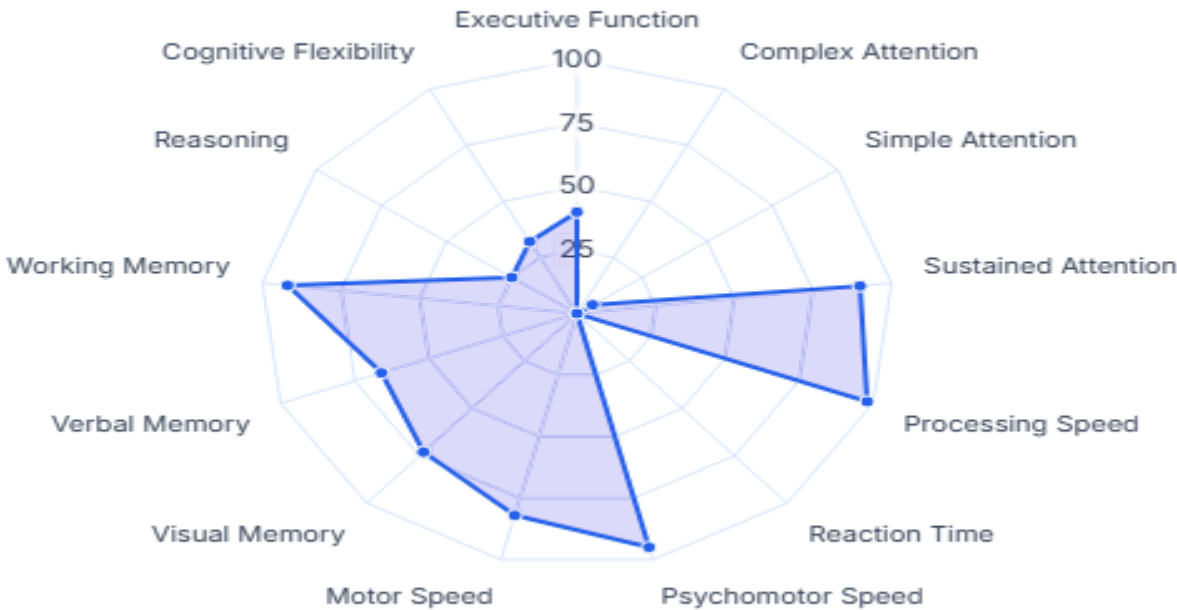
ADHD Cognitive Assessment Report

Patient ID: 40436 | Test Date: 25-04-2025

Validity Warnings

Possible invalid scores for:
Domains: Processing Speed

Cognitive Domain Profile (Percentiles)



Scores shown are percentiles (%). Higher scores indicate better performance relative to peers.

Cognitive Domain Scores

Domain	Standard Score	Percentile	Rating	Graph
Neurocognition Index (NCI)	106	66	Average	<div><div></div></div>
Composite Memory	110	75	Average	<div><div></div></div>
Verbal Memory	106	66	Average	<div><div></div></div>
Visual Memory	109	73	Average	<div><div></div></div>
Psychomotor Speed	125	95	Above Average	<div><div></div></div>
Reaction Time*	112	79	Above Average	<div><div></div></div>
Complex Attention*	92	30	Average	<div><div></div></div>
Cognitive Flexibility	93	32	Average	<div><div></div></div>
Processing Speed Invalid	130	98	Above Average	<div><div></div></div>
Executive Function	96	40	Average	<div><div></div></div>
Reasoning	90	25	Average	<div><div></div></div>
Working Memory	121	92	Above Average	<div><div></div></div>
Sustained Attention	119	90	Above Average	<div><div></div></div>
Simple Attention	77	6	Low	<div><div></div></div>
Motor Speed	114	82	Above Average	<div><div></div></div>

Score Interpretation Guide

≤ 2

2-9

9-25

25-75

> 75

Very Low

Low

Low Average

Average

Above Average

Classification based on Percentile (%ile).

Subtest Results

Verbal Memory Test (VBM)

Metric	Score	Standard Score	Percentile
Correct Hits - Immediate	12.0	98	45%
Correct Passes - Immediate	15.0	110	75%
Correct Hits - Delay	12.0	105	63%
Correct Passes - Delay	15.0	110	75%

Visual Memory Test (VSM)

Metric	Score	Standard Score	Percentile
Correct Hits - Immediate	15.0	124	95%
Correct Passes - Immediate	12.0	105	63%
Correct Hits - Delay	14.0	119	90%
Correct Passes - Delay	7.0	77	6%

Finger Tapping Test (FTT)

Metric	Score	Standard Score	Percentile
Right Taps Average	64.0	114	82%
Left Taps Average	61.0	112	79%

Symbol Digit Coding (SDC)

Metric	Score	Standard Score	Percentile
Correct Responses	67.0	127	96%
Errors*	0.0	110	75%

Stroop Test (ST)

Metric	Score	Standard Score	Percentile
Simple Reaction Time*	271.0	106	66%
Complex Reaction Time Correct*	551.0	110	75%
Stroop Reaction Time Correct*	642.0	111	77%
Stroop Commission Errors*	3.0	72	3%

Shifting Attention Test (SAT)

Metric	Score	Standard Score	Percentile
Correct Responses	46.0	92	30%
Errors*	4.0	105	63%
Correct Reaction Time*	1131.0	99	47%

Continuous Performance Test (CPT)

Metric	Score	Standard Score	Percentile
Correct Responses	40.0	103	58%
Omission Errors*	0.0	103	58%
Commission Errors*	2.0	68	2%
Choice Reaction Time Correct*	386.0	109	73%

Reasoning Test (RT)

Metric	Score	Standard Score	Percentile
Correct Responses	9.0	95	37%
Average Correct Reaction Time*	4040.0	115	84%
Commission Errors*	6.0	87	19%
Omission Errors*	0.0	117	87%

Four Part Continuous Performance Test

Metric	Score	Standard Score	Percentile
Average Correct Reaction Time*	261.0	114	82%
Average Correct Reaction Time*	371.0	105	63%
Average Correct Reaction Time*	429.0	113	81%
Average Correct Reaction Time*	625.0	103	58%
Average Incorrect Reaction Time*	0.0	NaN	NaN%
Average Incorrect Reaction Time*	0.0	NaN	NaN%
Average Incorrect Reaction Time*	933.0	89	23%
Correct Responses	6.0	103	58%
Correct Responses	16.0	113	81%
Correct Responses	16.0	124	95%
Incorrect Responses*	0.0	104	61%
Incorrect Responses*	0.0	104	61%
Incorrect Responses*	1.0	103	58%
Omission Errors*	0.0	103	58%
Omission Errors*	0.0	113	81%
Omission Errors*	0.0	124	95%

ASRS to DSM-5 Mapping

Criterion A: Inattention

DSM-5 Criterion	ASRS Question	Response	Met
A1: Often fails to give close attention to details or makes careless mistakes	Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?	Often	Met
A2: Often has difficulty sustaining attention in tasks or play activities	Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?	Often	Met
A3: Often does not seem to listen when spoken to directly	Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?	Sometimes	Met
A4: Often does not follow through on instructions and fails to finish duties	Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Very Often	Met
A5: Often has difficulty organizing tasks and activities	Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?	Often	Met
A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort	Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Very Often	Met
A7: Often loses things necessary for tasks or activities	Q10: How often do you misplace or have difficulty finding things at home or at work?	Often	Met
A8: Is often easily distracted by extraneous stimuli	Q11: How often are you distracted by activity or noise around you?	Often	Met
A9: Is often forgetful in daily activities	Q3: How often do you have problems remembering appointments or obligations?	Sometimes	Met

Summary: 9/9 criteria met (Need ≥5) - **Met**

Criterion B: Hyperactivity/Impulsivity

DSM-5 Criterion	ASRS Question	Response	Met
B1: Often fidgets or squirms in seat	Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Very Often	Met
B2: Often leaves seat in situations when remaining seated is expected	Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?	Never	Not Met

DSM-5 Criterion	ASRS Question	Response	Met
B3: Often runs about or climbs in situations where it is inappropriate	Q13: How often do you feel restless or fidgety?	Very Often	Met
B4: Often unable to play or engage in leisure activities quietly	Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?	Often	Met
B5: Is often 'on the go', acting as if 'driven by a motor'	Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?	Rarely	Not Met
B6: Often talks excessively	Q15: How often do you find yourself talking too much when you are in social situations?	Often	Met
B7: Often blurts out an answer before a question has been completed	Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?	Sometimes	Met
B8: Often has difficulty waiting his or her turn	Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?	Rarely	Not Met
B9: Often interrupts or intrudes on others	Q18: How often do you interrupt others when they are busy?	Often	Met

Summary: 6/9 criteria met (Need ≥5) - **Met**

ADHD Diagnosis Summary

Inattention Criteria: **Met**

Hyperactivity/Impulsivity Criteria: **Met**

Overall Diagnosis: **Combined Presentation**

Epworth Sleepiness Scale

Situation	Score (0-3)
Sitting and reading	3
Watching TV	2
Sitting inactive in a public place (e.g., a theater or a meeting)	2
As a passenger in a car for an hour without a break	3
Lying down to rest in the afternoon when circumstances permit	3

Situation	Score (0-3)
Sitting and talking to someone	1
Sitting quietly after a lunch without alcohol	1
In a car, while stopped for a few minutes in traffic	0
Total Score: 15 Interpretation: Moderate excessive daytime sleepiness.	

NPQ LF-207 Diagnostic Screen Summary

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.

Domain	Score	Severity
ADHD	140	Mild
Attention	145	Mild
Impulsive	83	Mild
Learning	62	Not a problem
Memory	86	Mild
Anxiety	100	Mild
Panic	17	Not a problem
Agoraphobia	0	Not a problem
Obsessions & Compulsions	47	Not a problem
Social Anxiety	25	Not a problem
PTSD	56	Not a problem
Depression	41	Not a problem
Bipolar	41	Not a problem
Mood Stability	23	Not a problem
Mania	0	Not a problem
Aggression	0	Not a problem
Autism	25	Not a problem

Domain	Score	Severity
Asperger's	27	Not a problem
Psychotic	14	Not a problem
Somatic	122	Mild
Fatigue	100	Mild
Sleep	75	Mild
Suicide	33	Not a problem
Pain	100	Mild
Substance Abuse	0	Not a problem
MCI	104	Mild
Concussion	106	Mild
Anxiety/Depression	80	Mild

Severity Legend

Severe

Moderate

Mild

Not a problem

Detailed NPQ Responses

ADHD

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem
Feeling restless	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem
Fidgety, I can't sit still	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Impatient	1	A mild problem

Question	Score	Severity
Impulsive, act without thinking	1	A mild problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
Not finishing chores, homework or projects	3	A severe problem
Overly active	0	Not a problem
Short attention span	2	A moderate problem

Attention

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
Not finishing chores, homework or projects	3	A severe problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

Impulsive

Question	Score	Severity
Feeling restless	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
High energy	0	Not a problem

Question	Score	Severity
Impatient	1	A mild problem
Impulsive, act without thinking	1	A mild problem
Overly active	0	Not a problem

Learning

Question	Score	Severity
Bad handwriting	2	A moderate problem
Having to do things slowly to make sure it's right	0	Not a problem
Learning a foreign language	0	Not a problem
Learning math	0	Not a problem
Learning new things	0	Not a problem
I don't like to read	0	Not a problem
I don't work up to my potential	2	A moderate problem
Organizing studies or projects	2	A moderate problem
Paying attention to lectures	2	A moderate problem
Remembering what you studied or read	0	Not a problem
Taking notes	0	Not a problem
Taking tests	0	Not a problem
When reading, losing track of what the story is about	0	Not a problem

Memory

Question	Score	Severity
Failing to recognize places you have been before.	1	A mild problem
Finding a television story or a movie hard to follow.	0	Not a problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	1	A mild problem
Forgetting if you have taken your medicine	2	A moderate problem

Question	Score	Severity
Forgetting something cooking on the stove or in the toaster	1	A mild problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	0	Not a problem
Forgetting where you parked the car	1	A mild problem
Going to the store but forgetting to get what you need	0	Not a problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	0	Not a problem
Leaving things behind and having to go back to get them.	0	Not a problem
My mind goes blank	1	A mild problem
Problems with memory	2	A moderate problem
Putting something down and then forgetting where you put it.	2	A moderate problem
Reading something and then realizing you have read it before.	0	Not a problem
Trouble thinking of the right word	2	A moderate problem
Unable to remember things as well as I used to	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

Anxiety

Question	Score	Severity
Feeling anxious	1	A mild problem
Feeling keyed up or on edge	0	Not a problem
Feeling nervous	1	A mild problem
Feeling restless	1	A mild problem
Feeling tense	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
Having nightmares or bad dreams	1	A mild problem

Question	Score	Severity
High-strung or keyed up	0	Not a problem
I find it hard to relax	1	A mild problem
Worrying too much	2	A moderate problem

Panic

Question	Score	Severity
Attacks of intense anxiety	1	A mild problem
Feeling so nervous it's hard to breathe	0	Not a problem
Getting so nervous I feel like passing out	0	Not a problem
Getting really scared for no reason at all	0	Not a problem
Panic attacks	0	Not a problem
Trouble catching my breath	0	Not a problem

Agoraphobia

Question	Score	Severity
Avoiding certain things or places	0	Not a problem
Feeling scared in open spaces or out in public	0	Not a problem
Feeling scared to use buses or trains	0	Not a problem
Feeling uncomfortable in crowds	0	Not a problem
Feelings of being trapped	0	Not a problem
Worrying about fainting in public	0	Not a problem

Obsessions & Compulsions

Question	Score	Severity
I hate being touched or held	0	Not a problem
Checking things several times	0	Not a problem

Question	Score	Severity
Collecting things that you don't really need	1	A mild problem
Counting things; numbers going through your mind	1	A mild problem
Eating the same foods all the time	1	A mild problem
Feeling guilty over minor infractions	2	A moderate problem
Having bad thoughts that you can't get rid of	0	Not a problem
Having thoughts or words that go over and over in your mind	1	A mild problem
It bothers me when someone eats off my plate	0	Not a problem
I have a special number that I count up to or do things just that number of times	1	A mild problem
I have to do things a certain number of times before I'm satisfied	0	Not a problem
Moving or talking in special ways to avoid bad luck	1	A mild problem
Putting things away, and they have to be just right	0	Not a problem
Repetitive behaviors like touching or counting	1	A mild problem
Thoughts about sex that are troubling	0	Not a problem
Trouble making up your mind	0	Not a problem
Washing your hands over and over	0	Not a problem
Worrying about being clean	0	Not a problem
Worrying about the germs that are on things	0	Not a problem

Social Anxiety

Question	Score	Severity
I am a shy person	0	Not a problem
Difficulty developing friendships	1	A mild problem
Feeling nervous around people I don't know	0	Not a problem
Feeling nervous when I have to do something in front of people	1	A mild problem
Feeling uneasy about eating or drinking in public	0	Not a problem
Hard to go out in public	0	Not a problem
Hard to relate to other people	0	Not a problem

Question	Score	Severity
Starting a conversation with people I don't know	0	Not a problem

PTSD

Question	Score	Severity
Avoiding certain things or places	0	Not a problem
Difficulty concentrating	1	A mild problem
Difficulty staying asleep	0	Not a problem
Easily startled	2	A moderate problem
Emotionally numb	1	A mild problem
Feeling depressed	1	A mild problem
Feeling discouraged about the future	0	Not a problem
I feel that I can't trust other people	0	Not a problem
Flashbacks to a traumatic event	0	Not a problem
Hard to fall asleep	1	A mild problem
Hard to go out in public	0	Not a problem
Hard to relate to other people	0	Not a problem
Having nightmares or bad dreams	1	A mild problem
Having unpleasant thoughts that you can't get out of your mind	0	Not a problem
I feel like I'm being punished	0	Not a problem
Reliving a traumatic event	0	Not a problem
Restless or disturbed sleep	2	A moderate problem
I can't feel close to another person	1	A mild problem

Depression

Question	Score	Severity
Crying spells	0	Not a problem
Feeling depressed	1	A mild problem

Question	Score	Severity
Feeling discouraged about the future	0	Not a problem
Feeling empty inside	0	Not a problem
Feeling hopeless	0	Not a problem
Feeling irritable	0	Not a problem
Feeling little or no interest in things	1	A mild problem
Feeling lonely	0	Not a problem
Feeling sad	1	A mild problem
Feeling that doing anything is a real effort	0	Not a problem
Feelings of guilt or remorse	1	A mild problem
Having nightmares or bad dreams	1	A mild problem
I feel like a failure	0	Not a problem
I feel like I'm being punished	0	Not a problem
Loss of interest in sex	2	A moderate problem
Not enjoying things as much as before	0	Not a problem
Withdrawn, isolated	0	Not a problem

Bipolar

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Crying spells	0	Not a problem
Decreased need for sleep	0	Not a problem
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily agitated	1	A mild problem

Question	Score	Severity
Easily annoyed	0	Not a problem
Easily distracted	2	A moderate problem
Easily frustrated	0	Not a problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Feeling restless	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem
Having much more energy than usual	0	Not a problem
High energy	0	Not a problem
Impulsive, act without thinking	1	A mild problem
Increased or inappropriate sexual interest	0	Not a problem
My moods change quickly	0	Not a problem
Overly active	0	Not a problem
Pressured speech, uninterruptible and continuous	0	Not a problem
Short attention span	2	A moderate problem
Temper tantrums	0	Not a problem
Thoughts racing	0	Not a problem

Mood Stability

Question	Score	Severity
Anger	0	Not a problem
Angry outbursts	0	Not a problem
Crying spells	0	Not a problem
Easily agitated	1	A mild problem

Question	Score	Severity
Easily annoyed	0	Not a problem
Easily frustrated	0	Not a problem
Elevated mood, euphoria	0	Not a problem
Excitable	1	A mild problem
Explosive	0	Not a problem
Feeling irritable	0	Not a problem
Feeling negative	1	A mild problem
My moods change quickly	0	Not a problem
Temper tantrums	0	Not a problem

Mania

Question	Score	Severity
Much more interested in sex than usual	0	Not a problem
Being much more social or outgoing than usual	0	Not a problem
Decreased need for sleep	0	Not a problem
Feeling much more confident than usual	0	Not a problem
Having much more energy than usual	0	Not a problem
Increased or inappropriate sexual interest	0	Not a problem
Pressured speech, uninterruptible and continuous	0	Not a problem
Thoughts racing	0	Not a problem

Aggression

Question	Score	Severity
Blaming other people for your own mistakes	0	Not a problem
Defiant or argumentative	0	Not a problem
Destructive to property or things	0	Not a problem
Excessive yelling or screaming	0	Not a problem

Question	Score	Severity
Getting into fights	0	Not a problem
Having an urge to injure or to hurt someone	0	Not a problem
Having the urge to destroy things	0	Not a problem
Hostile	0	Not a problem
In trouble with the law	0	Not a problem
Physical aggression toward others	0	Not a problem

Autism

Question	Score	Severity
Avoiding eye contact	0	Not a problem
I can't relate to other people, socially or emotionally	0	Not a problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	0	Not a problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Repetitive behaviors like touching or counting	1	A mild problem
Rigid, inflexible, resistant to change	0	Not a problem
Strongly attached to routines or sameness in the environment	0	Not a problem

Asperger's

Question	Score	Severity
Avoiding eye contact	0	Not a problem
Difficulty developing friendships	1	A mild problem
Difficulty understanding sarcasm, metaphors or jokes	0	Not a problem

Question	Score	Severity
Hard to relate to other people	0	Not a problem
I can't relate to other people, socially or emotionally	0	Not a problem
I don't attend to social signals	1	A mild problem
I don't respond to other people's expressions or body language	0	Not a problem
Not able to begin or to sustain a conversation with other people	0	Not a problem
Not responsive to other people's feelings	0	Not a problem
Odd preoccupations or interests	0	Not a problem
Preoccupied by a particular interest to the exclusion of other things	1	A mild problem
Rigid, inflexible, resistant to change	0	Not a problem
Strongly attached to routines or sameness in the environment	0	Not a problem
I can't feel close to another person	1	A mild problem
Withdrawn, isolated	0	Not a problem

Psychotic

Question	Score	Severity
I feel nervous when people watch me or talk about me	0	Not a problem
Feeling paranoid	0	Not a problem
I feel that other people are watching or talking about me	0	Not a problem
I feel that someone else can control my mind	0	Not a problem
I feel that I can't trust other people	0	Not a problem
I feel I am being watched	0	Not a problem
I hear voices that no one else can hear	0	Not a problem
I can't think straight	1	A mild problem
My mind is full of terrifying thoughts or images	0	Not a problem
Other people know my private thoughts	0	Not a problem
Overly suspicious	0	Not a problem
Peculiar or bizarre behavior	0	Not a problem

Question	Score	Severity
Seeing things that other people don't see	0	Not a problem
I can't feel close to another person	1	A mild problem

Somatic

Question	Score	Severity
Blackout spells or seizures	0	Not a problem
Difficulty breathing	0	Not a problem
Difficulty swallowing	2	A moderate problem
Dizzy/unsteady/lightheaded	2	A moderate problem
Feeling faint	2	A moderate problem
Heart racing	0	Not a problem
Nausea	1	A mild problem
Numbness/Tingling	2	A moderate problem
Worrying that something bad is wrong with your body	2	A moderate problem

Fatigue

Question	Score	Severity
Fatigue	1	A mild problem
Feeling slower than usual	0	Not a problem
Feeling tired	2	A moderate problem
Feeling weak	0	Not a problem
Low energy	2	A moderate problem
Unable to exercise without getting really tired	1	A mild problem

Sleep

Question	Score	Severity
Difficulty staying asleep	0	Not a problem
Hard to fall asleep	1	A mild problem
I wake up too early in the morning and can't get back to sleep	0	Not a problem
Restless or disturbed sleep	2	A moderate problem

Suicide

Question	Score	Severity
I feel like giving up on life	0	Not a problem
I feel like I would be better off dead	0	Not a problem
I feel that I have nothing left to live for	0	Not a problem
I feel that my family would be better off if I were gone	0	Not a problem
Thinking about death or dying	2	A moderate problem
Thoughts about ending your life	0	Not a problem

Pain

Question	Score	Severity
A lot of aches and pains	2	A moderate problem
Abdominal pain or discomfort	3	A severe problem
Back pain	0	Not a problem
Chest pain or discomfort	0	Not a problem
Headache	0	Not a problem
Muscle soreness	2	A moderate problem
Unable to exercise without a lot of pain	0	Not a problem
Unbearable pain	1	A mild problem

Substance Abuse

Question	Score	Severity
Abusing drugs	0	Not a problem
I drink too much	0	Not a problem
I use too many drugs or medications	0	Not a problem

MCI

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Easily distracted	2	A moderate problem
Feeling scattered, disorganized	2	A moderate problem
Forgetful, I need constant reminding	1	A mild problem
Forgetting appointments or social engagements.	1	A mild problem
Forgetting if you have taken your medicine	2	A moderate problem
Forgetting to do something you said you would do	1	A mild problem
Forgetting to give a message to someone	1	A mild problem
Forgetting to tell somebody something that you meant to tell them	1	A mild problem
Forgetting where things are kept; looking for them in the wrong place	0	Not a problem
Going to the store but forgetting to get what you need	0	Not a problem
Having to do things slowly to make sure it's right	0	Not a problem
I can't remember the names of close relatives or friends.	0	Not a problem
Learning new things	0	Not a problem
Leaving things behind and having to go back to get them.	0	Not a problem
Losing things	2	A moderate problem
Making careless mistakes	2	A moderate problem
My mind goes blank	1	A mild problem
Not finishing chores, homework or projects	3	A severe problem
Putting something down and then forgetting where you put it.	2	A moderate problem

Question	Score	Severity
Reading something and then realizing you have read it before.	0	Not a problem
Short attention span	2	A moderate problem
When reading, losing track of what the story is about	0	Not a problem

Concussion

Question	Score	Severity
Difficulty concentrating	1	A mild problem
Difficulty paying attention	1	A mild problem
Dizzy/unsteady/lightheaded	2	A moderate problem
Easily distracted	2	A moderate problem
Easily frustrated	0	Not a problem
Fatigue	1	A mild problem
Feeling irritable	0	Not a problem
Feeling scattered, disorganized	2	A moderate problem
Feeling slower than usual	0	Not a problem
Hard to fall asleep	1	A mild problem
Headache	0	Not a problem
I can't think straight	1	A mild problem
Low energy	2	A moderate problem
My mind goes blank	1	A mild problem
My moods change quickly	0	Not a problem
Problems with memory	2	A moderate problem
Short attention span	2	A moderate problem
Unable to exercise without getting really tired	1	A mild problem

Anxiety/Depression

Question	Score	Severity
Crying spells	0	Not a problem
Easily agitated	1	A mild problem
Fatigue	1	A mild problem
Feeling anxious	1	A mild problem
Feeling depressed	1	A mild problem
Feeling discouraged about the future	0	Not a problem
Feeling empty inside	0	Not a problem
Feeling hopeless	0	Not a problem
Feeling irritable	0	Not a problem
Feeling keyed up or on edge	0	Not a problem
Feeling little or no interest in things	1	A mild problem
Feeling lonely	0	Not a problem
Feeling nervous	1	A mild problem
Feeling restless	1	A mild problem
Feeling sad	1	A mild problem
Feeling scattered, disorganized	2	A moderate problem
Feeling so nervous it's hard to breathe	0	Not a problem
Feeling tense	1	A mild problem
Feeling that doing anything is a real effort	0	Not a problem
Feeling tired	2	A moderate problem
Feelings of guilt or remorse	1	A mild problem
Fidgety, I can't sit still	2	A moderate problem
Hard to fall asleep	1	A mild problem
Having nightmares or bad dreams	1	A mild problem
High-strung or keyed up	0	Not a problem
I feel like a failure	0	Not a problem
I feel like I'm being punished	0	Not a problem
I find it hard to relax	1	A mild problem

Question	Score	Severity
Low energy	2	A moderate problem
My mind goes blank	1	A mild problem
Not enjoying things as much as before	0	Not a problem
Restless or disturbed sleep	2	A moderate problem
Thinking about death or dying	2	A moderate problem
Withdrawn, isolated	0	Not a problem
Worrying too much	2	A moderate problem

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