

# ADHD Cognitive Assessment Report

Patient ID: 40436 | Test Date: 25-04-2025

## Validity Warnings

Possible invalid scores for:  
**Domains:** Processing Speed

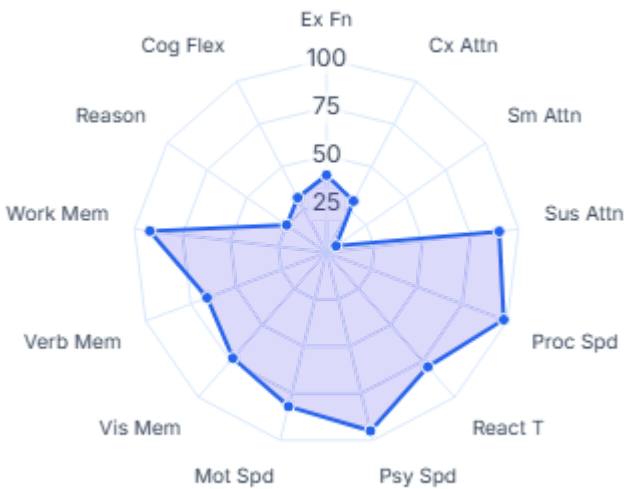
## Cognitive Profile Summary

### Summary:

**Disclaimer:** This is an automatically generated summary and is not a substitute for clinical judgement. Results should be interpreted by a qualified healthcare professional in the context of a full clinical evaluation. Invalid test results have been excluded from interpretation below.

### DSM-5 Symptom Endorsement (Self-Report via ASRS Alignment):

- Overall:** Meets criteria for **Combined Presentation**.
- Inattention:** 9/9 criteria met.
- Hyperactivity/Impulsivity:** 6/9 criteria met.



### Domain-Specific Findings:

#### 1. Attention:

- DSM:** Meets all 9 criteria for Inattention (e.g., Often fails to give close attention to details or makes careless mistakes, Often has difficulty sustaining attention in tasks or play activities, Often does not seem to listen when spoken to directly...).
- NPQ (Moderate/Severe Symptoms):** Reports "Easily distracted" (Moderate), "Feeling scattered, disorganized" (Moderate), "Losing things" (Moderate), "Making careless mistakes" (Moderate), "Not finishing chores, homework or projects" (Severe), "Short attention span" (Moderate) The most severe endorsed symptom was "Not finishing chores, homework or projects" (Severe).

#### 2. Executive Function

- Overall Cognitive Score (Valid):** Percentile: 40.0, Range: Average.

- **Planning & Organization:**
  - DSM: Endorses "Often has difficulty organizing tasks and activities".
  - NPQ: Reports "Feeling scattered, disorganized" (Moderate).
  - Cognitive: Reasoning score was Percentile: 25.0, Range: Average.
- **Prioritization & Time Management:**
  - DSM/NPQ: Implied by difficulties organizing (A5), avoiding tasks (A6), and severe difficulty finishing projects/chores (NPQ Attention Q9).
- **Task Initiation & Completion:**
  - DSM: Endorses "Often does not follow through on instructions and fails to finish duties and Often avoids or is reluctant to engage in tasks requiring sustained mental effort".
  - NPQ: Reports "Not finishing chores, homework or projects" (Severe).
- **Working Memory:**
  - Cognitive: Superior noted (Working Memory).
  - NPQ: Moderate problems with memory including "Forgetting if you have taken your medicine" (Moderate), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Moderate).
  - NPQ: Reports being "Forgetful, I need constant reminding" (Mild).
- **Inhibition (Response Control):**
  - DSM: Endorses "Often blurts out an answer before a question has been completed and Often interrupts or intrudes on others".
  - NPQ: Reports being "Impulsive, act without thinking" (Mild).
  - Cognitive (Subtests): Significant weaknesses in commission errors (poor inhibition) on Stroop Test (ST)-Stroop Commission Errors\* and Continuous Performance Test (CPT)-Commission Errors\* (Borderline Impaired); Borderline Impaired)).
  - Cognitive (Subtests): Other commission errors: Reasoning Test (RT)-Commission Errors\* (Low Average).
- **Cognitive Flexibility:**
  - Cognitive: Average performance (Cognitive Flexibility).
  - Subtests (SAT): Shifting Attention Test (SAT)-Correct Responses (Average); Shifting Attention Test (SAT)-Correct Reaction Time\* (Average).
- **Emotional Regulation:**
  - NPQ: Mood Stability domain rated "Not a"; "Easily agitated" (Mild), "Excitable" (Mild), "Feeling negative" (Mild). Anxiety domain rated "Mild"; "Fidgety, I can't sit still"(Moderate), "Worrying too much" (Moderate). Depression domain rated "Not

a"; "Loss of interest in sex" (Moderate). OC: "Feeling guilty over minor infractions" (Moderate).

### 3. Memory:

- **Overall Cognitive Score (Valid):** Not Available.
- DSM: Endorses "Often loses things necessary for tasks or activities".
- NPQ (Memory Domain): "Forgetting if you have taken your medicine" (Moderate), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Moderate), "Trouble thinking of the right word" (Moderate), "Unable to remember things as well as I used to" (Moderate)

### 4. Hyperactivity / Motor / Impulsivity:

- DSM: Meets all 6 criteria for Hyperactivity/Impulsivity (e.g., Often fidgets or squirms in seat, Often runs about or climbs in situations where it is inappropriate, Often unable to play or engage in leisure activities quietly...).
- NPQ: Impulsive domain (hyperactivity items) rated "Mild"; Moderate: "Fidgety, I can't sit still" (Moderate). Mild: "Feeling restless" (Mild), "Impatient" (Mild), "Impulsive, act without thinking" (Mild).

### 5. Secondary Consequences / Functional Impact:

- NPQ (Learning Domain): "Bad handwriting" (Moderate), "I don't work up to my potential" (Moderate), "Organizing studies or projects" (Moderate), "Paying attention to lectures" (Moderate)
- NPQ (Comorbid Domains - Moderate/Severe Focus):
- Memory: "Forgetting if you have taken your medicine" (Moderate), "Problems with memory" (Moderate), "Putting something down and then forgetting where you put it." (Moderate), "Trouble thinking of the right word" (Moderate), "Unable to remember things as well as I used to" (Moderate)
- Anxiety: "Fidgety, I can't sit still" (Moderate), "Worrying too much" (Moderate)
- Somatic: "Difficulty swallowing" (Moderate), "Dizzy/unsteady/lightheaded" (Moderate), "Feeling faint" (Moderate), "Numbness/Tingling" (Moderate), "Worrying that something bad is wrong with your body" (Moderate)
- Fatigue: "Feeling tired" (Moderate), "Low energy" (Moderate)
- Sleep: "Restless or disturbed sleep" (Moderate)
- **Suicide:** "Thinking about death or dying" (Moderate) (requires clinical attention)
- Pain: "A lot of aches and pains" (Moderate), "Abdominal pain or discomfort" (Severe), "Muscle soreness" (Moderate)
- Obsessions & Compulsions: "Feeling guilty over minor infractions" (Moderate)
- Depression: "Loss of interest in sex" (Moderate)
- PTSD: "Easily startled" (Moderate), "Restless or disturbed sleep" (Moderate)
- Sleep: Epworth score indicates Moderate excessive daytime sleepiness.

## 6. Interpersonal Function:

- DSM: Endorses Often talks excessively and Often interrupts or intrudes on others.
- NPQ (Social Anxiety): Domain rated Not a overall. Mild: "Difficulty developing friendships" (Mild), "Feeling nervous when I have to do something in front of people" (Mild).
- NPQ (Psychotic/Autism/Asperger's): "I can't feel close to another person" (Mild), "I don't attend to social signals" (Mild), "I don't attend to social signals" (Mild), "I can't feel close to another person" (Mild)



# Cognitive Domain Scores

| Domain                                | Standard Score | Percentile | Rating        | Graph                  |
|---------------------------------------|----------------|------------|---------------|------------------------|
| Neurocognition Index (NCI)            | 106            | 66         | Average       | <div><div></div></div> |
| Composite Memory                      | 110            | 75         | Average       | <div><div></div></div> |
| Verbal Memory                         | 106            | 66         | Average       | <div><div></div></div> |
| Visual Memory                         | 109            | 73         | Average       | <div><div></div></div> |
| Psychomotor Speed                     | 125            | 95         | Above Average | <div><div></div></div> |
| Reaction Time*                        | 112            | 79         | Above Average | <div><div></div></div> |
| Complex Attention*                    | 92             | 30         | Average       | <div><div></div></div> |
| Cognitive Flexibility                 | 93             | 32         | Average       | <div><div></div></div> |
| Processing Speed <span>Invalid</span> | 130            | 98         | Above Average | <div><div></div></div> |
| Executive Function                    | 96             | 40         | Average       | <div><div></div></div> |
| Reasoning                             | 90             | 25         | Average       | <div><div></div></div> |
| Working Memory                        | 121            | 92         | Above Average | <div><div></div></div> |
| Sustained Attention                   | 119            | 90         | Above Average | <div><div></div></div> |
| Simple Attention                      | 77             | 6          | Low           | <div><div></div></div> |
| Motor Speed                           | 114            | 82         | Above Average | <div><div></div></div> |

## Score Interpretation Guide

|  |                               |  |                                     |   |
|--|-------------------------------|--|-------------------------------------|---|
| <div>≤ 2</div> <div>Very Low</div>         | <div>2-9</div> <div>Low</div> | <div>9-25</div> <div>Low Average</div> | <div>25-75</div> <div>Average</div> | <div>&gt; 75</div> <div>Above Average</div> |
| Classification based on Percentile (%ile). |                               |  |                                     |   |

## Subtest Results

### Verbal Memory Test (VBM)

| Metric                     | Score | Percentile |
|----------------------------|-------|------------|
| Correct Hits - Immediate   | 12.0  | 45%        |
| Correct Passes - Immediate | 15.0  | 75%        |
| Correct Hits - Delay       | 12.0  | 63%        |
| Correct Passes - Delay     | 15.0  | 75%        |

### Visual Memory Test (VSM)

| Metric                     | Score | Percentile |
|----------------------------|-------|------------|
| Correct Hits - Immediate   | 15.0  | 95%        |
| Correct Passes - Immediate | 12.0  | 63%        |
| Correct Hits - Delay       | 14.0  | 90%        |
| Correct Passes - Delay     | 7.0   | 6%         |

### Finger Tapping Test (FTT)

| Metric             | Score | Percentile |
|--------------------|-------|------------|
| Right Taps Average | 64.0  | 82%        |
| Left Taps Average  | 61.0  | 79%        |

### Symbol Digit Coding (SDC)

| Metric            | Score | Percentile |
|-------------------|-------|------------|
| Correct Responses | 67.0  | 96%        |
| Errors*           | 0.0   | 75%        |

### Stroop Test (ST)

| Metric                         | Score | Percentile |
|--------------------------------|-------|------------|
| Simple Reaction Time*          | 271.0 | 66%        |
| Complex Reaction Time Correct* | 551.0 | 75%        |
| Stroop Reaction Time Correct*  | 642.0 | 77%        |
| Stroop Commission Errors*      | 3.0   | 3%         |

### Shifting Attention Test (SAT)

| Metric                 | Score  | Percentile |
|------------------------|--------|------------|
| Correct Responses      | 46.0   | 30%        |
| Errors*                | 4.0    | 63%        |
| Correct Reaction Time* | 1131.0 | 47%        |

### Continuous Performance Test (CPT)

| Metric                        | Score | Percentile |
|-------------------------------|-------|------------|
| Correct Responses             | 40.0  | 58%        |
| Omission Errors*              | 0.0   | 58%        |
| Commission Errors*            | 2.0   | 2%         |
| Choice Reaction Time Correct* | 386.0 | 73%        |

Reasoning Test (RT)

| Metric                         | Score  | Percentile |
|--------------------------------|--------|------------|
| Correct Responses              | 9.0    | 37%        |
| Average Correct Reaction Time* | 4040.0 | 84%        |
| Commission Errors*             | 6.0    | 19%        |
| Omission Errors*               | 0.0    | 87%        |

Four Part Continuous Performance Test

| Metric                           | Score | Percentile |
|----------------------------------|-------|------------|
| Average Correct Reaction Time*   | 261.0 | 82%        |
| Average Correct Reaction Time*   | 371.0 | 63%        |
| Average Correct Reaction Time*   | 429.0 | 81%        |
| Average Correct Reaction Time*   | 625.0 | 58%        |
| Average Incorrect Reaction Time* | 0.0   | NaN%       |
| Average Incorrect Reaction Time* | 0.0   | NaN%       |
| Average Incorrect Reaction Time* | 933.0 | 23%        |
| Correct Responses                | 6.0   | 58%        |
| Correct Responses                | 16.0  | 81%        |
| Correct Responses                | 16.0  | 95%        |
| Incorrect Responses*             | 0.0   | 61%        |
| Incorrect Responses*             | 0.0   | 61%        |
| Incorrect Responses*             | 1.0   | 58%        |
| Omission Errors*                 | 0.0   | 58%        |
| Omission Errors*                 | 0.0   | 81%        |
| Omission Errors*                 | 0.0   | 95%        |





# ASRS to DSM-5 Mapping

## Criterion A: Inattention

| DSM-5 Criterion   | ASRS Question  | Response   | Met |
|---|--|------------|-----|
| A1: Often fails to give close attention to details or makes careless mistakes         | Q7: How often do you make careless mistakes when you have to work on a boring or difficult project?                        | Often      | Met |
| A2: Often has difficulty sustaining attention in tasks or play activities             | Q8: How often do you have difficulty keeping your attention when you are doing boring or repetitive work?                  | Often      | Met |
| A3: Often does not seem to listen when spoken to directly                             | Q9: How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly? | Sometimes  | Met |
| A4: Often does not follow through on instructions and fails to finish duties          | Q1: How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?   | Very Often | Met |
| A5: Often has difficulty organizing tasks and activities                              | Q2: How often do you have difficulty getting things in order when you have to do a task that requires organization?        | Often      | Met |
| A6: Often avoids or is reluctant to engage in tasks requiring sustained mental effort | Q4: When you have a task that requires a lot of thought, how often do you avoid or delay getting started?                  | Very Often | Met |
| A7: Often loses things necessary for tasks or activities                              | Q10: How often do you misplace or have difficulty finding things at home or at work?                                       | Often      | Met |
| A8: Is often easily distracted by extraneous stimuli                                  | Q11: How often are you distracted by activity or noise around you?   | Often      | Met |
| A9: Is often forgetful in daily activities  | Q3: How often do you have problems remembering appointments or obligations?  | Sometimes  | Met |
| Summary: 9/9 criteria met (Need ≥5) - Met   |  |            |     |

## Criterion B: Hyperactivity/Impulsivity

| DSM-5 Criterion  | ASRS Question  | Response   | Met     |
|--|--|------------|---------|
| B1: Often fidgets or squirms in seat                                   | Q5: How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?   | Very Often | Met     |
| B2: Often leaves seat in situations when remaining seated is expected  | Q12: How often do you leave your seat in meetings or other situations in which you are expected to remain seated?  | Never      | Not Met |
| B3: Often runs about or climbs in situations where it is inappropriate | Q13: How often do you feel restless or fidgety?  | Very Often | Met     |
| B4: Often unable to play or engage in leisure activities quietly       | Q14: How often do you have difficulty unwinding and relaxing when you have time to yourself?   | Often      | Met     |
| B5: Is often 'on the go', acting as if 'driven by a motor'             | Q6: How often do you feel overly active and compelled to do things, like you were driven by a motor?   | Rarely     | Not Met |
| B6: Often talks excessively  | Q15: How often do you find yourself talking too much when you are in social situations?  | Often      | Met     |
| B7: Often blurts out an answer before a question has been completed    | Q16: When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves? | Sometimes  | Met     |
| B8: Often has difficulty waiting his or her turn                       | Q17: How often do you have difficulty waiting your turn in situations when turn taking is required?  | Rarely     | Not Met |
| B9: Often interrupts or intrudes on others                             | Q18: How often do you interrupt others when they are busy?   | Often      | Met     |
| Summary: 6/9 criteria met (Need ≥5) - Met                              |  |            |         |

|                                    |     |
|------------------------------------|-----|
| Inattention Criteria               | Met |
| Hyperactivity/Impulsivity Criteria | Met |

## Epworth Sleepiness Scale

| Situation  | Score (0-3) |
|--|-------------|
| Sitting and reading  | 3           |
| Watching TV  | 2           |
| Sitting inactive in a public place (e.g., a theater or a meeting)        | 2           |
| As a passenger in a car for an hour without a break                      | 3           |
| Lying down to rest in the afternoon when circumstances permit            | 3           |
| Sitting and talking to someone   | 1           |
| Sitting quietly after a lunch without alcohol                            | 1           |
| In a car, while stopped for a few minutes in traffic                     | 0           |
| Interpretation: Moderate excessive daytime sleepiness.   Total Score: 15 |             |

# NPQ LF-207 Diagnostic Screen Summary

Note: The NPQ is a clinical screening tool. Scores suggest potential symptom burden and are not diagnostic. Results should be used as a basis for clinical enquiry rather than diagnosis.

| Domain                   | Score | Severity      |
|--------------------------|-------|---------------|
| ADHD                     | 140   | Mild          |
| Attention                | 145   | Mild          |
| Impulsive                | 83    | Mild          |
| Learning                 | 62    | Not a problem |
| Memory                   | 86    | Mild          |
| Anxiety                  | 100   | Mild          |
| Panic                    | 17    | Not a problem |
| Agoraphobia              | 0     | Not a problem |
| Obsessions & Compulsions | 47    | Not a problem |
| Social Anxiety           | 25    | Not a problem |
| PTSD                     | 56    | Not a problem |
| Depression               | 41    | Not a problem |
| Bipolar                  | 41    | Not a problem |
| Mood Stability           | 23    | Not a problem |
| Mania                    | 0     | Not a problem |
| Aggression               | 0     | Not a problem |
| Autism                   | 25    | Not a problem |
| Asperger's               | 27    | Not a problem |
| Psychotic                | 14    | Not a problem |
| Somatic                  | 122   | Mild          |
| Fatigue                  | 100   | Mild          |
| Sleep                    | 75    | Mild          |
| Suicide                  | 33    | Not a problem |
| Pain                     | 100   | Mild          |
| Substance Abuse          | 0     | Not a problem |
| MCI                      | 104   | Mild          |
|                          |       |               |

| Domain             | Score | Severity |
|--------------------|-------|----------|
| Concussion         | 106   | Mild     |
| Anxiety/Depression | 80    | Mild     |

Severity Legend

Not a problem   Mild   Moderate   Severe

# Detailed NPQ Responses

## ADHD

| Question   | Score | Severity           |
|--|-------|--------------------|
| Difficulty concentrating                                 | 1     | A mild problem     |
| Difficulty paying attention                              | 1     | A mild problem     |
| Easily distracted  | 2     | A moderate problem |
| Feeling restless   | 1     | A mild problem     |
| Feeling scattered, disorganized                          | 2     | A moderate problem |
| Fidgety, I can't sit still                               | 2     | A moderate problem |
| Forgetful, I need constant reminding                     | 1     | A mild problem     |
| Impatient  | 1     | A mild problem     |
| Impulsive, act without thinking                          | 1     | A mild problem     |
| Leaving things behind and having to go back to get them. | 0     | Not a problem      |
| Losing things  | 2     | A moderate problem |
| Making careless mistakes                                 | 2     | A moderate problem |
| Not finishing chores, homework or projects               | 3     | A severe problem   |
| Overly active  | 0     | Not a problem      |
| Short attention span                                     | 2     | A moderate problem |

## Attention

| Question   | Score | Severity           |
|--|-------|--------------------|
| Difficulty concentrating                                 | 1     | A mild problem     |
| Difficulty paying attention                              | 1     | A mild problem     |
| Easily distracted  | 2     | A moderate problem |
| Feeling scattered, disorganized                          | 2     | A moderate problem |
| Forgetful, I need constant reminding                     | 1     | A mild problem     |
| Leaving things behind and having to go back to get them. | 0     | Not a problem      |

| Question  | Score | Severity           |
|---|-------|--------------------|
| Losing things   | 2     | A moderate problem |
| Making careless mistakes                              | 2     | A moderate problem |
| Not finishing chores, homework or projects            | 3     | A severe problem   |
| Short attention span                                  | 2     | A moderate problem |
| When reading, losing track of what the story is about | 0     | Not a problem      |

## Impulsive

| Question                        | Score | Severity           |
|---------------------------------|-------|--------------------|
| Feeling restless                | 1     | A mild problem     |
| Fidgety, I can't sit still      | 2     | A moderate problem |
| High energy                     | 0     | Not a problem      |
| Impatient                       | 1     | A mild problem     |
| Impulsive, act without thinking | 1     | A mild problem     |
| Overly active                   | 0     | Not a problem      |

## Learning

| Question   | Score | Severity           |
|--|-------|--------------------|
| Bad handwriting                                    | 2     | A moderate problem |
| Having to do things slowly to make sure it's right | 0     | Not a problem      |
| Learning a foreign language                        | 0     | Not a problem      |
| Learning math                                      | 0     | Not a problem      |
| Learning new things                                | 0     | Not a problem      |
| I don't like to read                               | 0     | Not a problem      |
| I don't work up to my potential                    | 2     | A moderate problem |
| Organizing studies or projects                     | 2     | A moderate problem |
| Paying attention to lectures                       | 2     | A moderate problem |

| Question  | Score | Severity      |
|---|-------|---------------|
| Remembering what you studied or read                  | 0     | Not a problem |
| Taking notes  | 0     | Not a problem |
| Taking tests  | 0     | Not a problem |
| When reading, losing track of what the story is about | 0     | Not a problem |

## Memory

| Question  | Score | Severity           |
|---|-------|--------------------|
| Failing to recognize places you have been before.                     | 1     | A mild problem     |
| Finding a television story or a movie hard to follow.                 | 0     | Not a problem      |
| Forgetful, I need constant reminding                                  | 1     | A mild problem     |
| Forgetting appointments or social engagements.                        | 1     | A mild problem     |
| Forgetting if you have taken your medicine                            | 2     | A moderate problem |
| Forgetting something cooking on the stove or in the toaster           | 1     | A mild problem     |
| Forgetting to do something you said you would do                      | 1     | A mild problem     |
| Forgetting to give a message to someone                               | 1     | A mild problem     |
| Forgetting to tell somebody something that you meant to tell them     | 1     | A mild problem     |
| Forgetting where things are kept; looking for them in the wrong place | 0     | Not a problem      |
| Forgetting where you parked the car                                   | 1     | A mild problem     |
| Going to the store but forgetting to get what you need                | 0     | Not a problem      |
| I can't remember the names of close relatives or friends.             | 0     | Not a problem      |
| Learning new things   | 0     | Not a problem      |
| Leaving things behind and having to go back to get them.              | 0     | Not a problem      |
| My mind goes blank  | 1     | A mild problem     |
| Problems with memory  | 2     | A moderate problem |
| Putting something down and then forgetting where you put it.          | 2     | A moderate problem |
| Reading something and then realizing you have read it before.         | 0     | Not a problem      |
| Trouble thinking of the right word                                    | 2     | A moderate problem |



| Question  | Score | Severity           |
|---|-------|--------------------|
| Unable to remember things as well as I used to        | 2     | A moderate problem |
| When reading, losing track of what the story is about | 0     | Not a problem      |

## Anxiety

| Question                        | Score | Severity           |
|---------------------------------|-------|--------------------|
| Feeling anxious                 | 1     | A mild problem     |
| Feeling keyed up or on edge     | 0     | Not a problem      |
| Feeling nervous                 | 1     | A mild problem     |
| Feeling restless                | 1     | A mild problem     |
| Feeling tense                   | 1     | A mild problem     |
| Fidgety, I can't sit still      | 2     | A moderate problem |
| Having nightmares or bad dreams | 1     | A mild problem     |
| High-strung or keyed up         | 0     | Not a problem      |
| I find it hard to relax         | 1     | A mild problem     |
| Worrying too much               | 2     | A moderate problem |

## Panic

| Question                                   | Score | Severity       |
|--|-------|----------------|
| Attacks of intense anxiety                 | 1     | A mild problem |
| Feeling so nervous it's hard to breathe    | 0     | Not a problem  |
| Getting so nervous I feel like passing out | 0     | Not a problem  |
| Getting really scared for no reason at all | 0     | Not a problem  |
| Panic attacks                              | 0     | Not a problem  |
| Trouble catching my breath                 | 0     | Not a problem  |

## Agoraphobia

| Question                                       | Score | Severity      |
|--|-------|---------------|
| Avoiding certain things or places              | 0     | Not a problem |
| Feeling scared in open spaces or out in public | 0     | Not a problem |
| Feeling scared to use buses or trains          | 0     | Not a problem |
| Feeling uncomfortable in crowds                | 0     | Not a problem |
| Feelings of being trapped                      | 0     | Not a problem |
| Worrying about fainting in public              | 0     | Not a problem |

## Obsessions & Compulsions

| Question  | Score | Severity           |
|---|-------|--------------------|
| I hate being touched or held  | 0     | Not a problem      |
| Checking things several times   | 0     | Not a problem      |
| Collecting things that you don't really need                                      | 1     | A mild problem     |
| Counting things; numbers going through your mind                                  | 1     | A mild problem     |
| Eating the same foods all the time  | 1     | A mild problem     |
| Feeling guilty over minor infractions   | 2     | A moderate problem |
| Having bad thoughts that you can't get rid of                                     | 0     | Not a problem      |
| Having thoughts or words that go over and over in your mind                       | 1     | A mild problem     |
| It bothers me when someone eats off my plate                                      | 0     | Not a problem      |
| I have a special number that I count up to or do things just that number of times | 1     | A mild problem     |
| I have to do things a certain number of times before I'm satisfied                | 0     | Not a problem      |
| Moving or talking in special ways to avoid bad luck                               | 1     | A mild problem     |
| Putting things away, and they have to be just right                               | 0     | Not a problem      |
| Repetitive behaviors like touching or counting                                    | 1     | A mild problem     |
| Thoughts about sex that are troubling   | 0     | Not a problem      |
| Trouble making up your mind   | 0     | Not a problem      |
| Washing your hands over and over  | 0     | Not a problem      |

| Question                                    | Score | Severity      |
|---|-------|---------------|
| Worrying about being clean                  | 0     | Not a problem |
| Worrying about the germs that are on things | 0     | Not a problem |

## Social Anxiety

| Question   | Score | Severity       |
|--|-------|----------------|
| I am a shy person  | 0     | Not a problem  |
| Difficulty developing friendships                              | 1     | A mild problem |
| Feeling nervous around people I don't know                     | 0     | Not a problem  |
| Feeling nervous when I have to do something in front of people | 1     | A mild problem |
| Feeling uneasy about eating or drinking in public              | 0     | Not a problem  |
| Hard to go out in public                                       | 0     | Not a problem  |
| Hard to relate to other people                                 | 0     | Not a problem  |
| Starting a conversation with people I don't know               | 0     | Not a problem  |

## PTSD

| Question                               | Score | Severity           |
|--|-------|--------------------|
| Avoiding certain things or places      | 0     | Not a problem      |
| Difficulty concentrating               | 1     | A mild problem     |
| Difficulty staying asleep              | 0     | Not a problem      |
| Easily startled                        | 2     | A moderate problem |
| Emotionally numb                       | 1     | A mild problem     |
| Feeling depressed                      | 1     | A mild problem     |
| Feeling discouraged about the future   | 0     | Not a problem      |
| I feel that I can't trust other people | 0     | Not a problem      |
| Flashbacks to a traumatic event        | 0     | Not a problem      |
| Hard to fall asleep                    | 1     | A mild problem     |

| Question   | Score | Severity           |
|--|-------|--------------------|
| Hard to go out in public                                       | 0     | Not a problem      |
| Hard to relate to other people                                 | 0     | Not a problem      |
| Having nightmares or bad dreams                                | 1     | A mild problem     |
| Having unpleasant thoughts that you can't get out of your mind | 0     | Not a problem      |
| I feel like I'm being punished                                 | 0     | Not a problem      |
| Reliving a traumatic event                                     | 0     | Not a problem      |
| Restless or disturbed sleep                                    | 2     | A moderate problem |
| I can't feel close to another person                           | 1     | A mild problem     |

## Depression

| Question                                     | Score | Severity           |
|--|-------|--------------------|
| Crying spells                                | 0     | Not a problem      |
| Feeling depressed                            | 1     | A mild problem     |
| Feeling discouraged about the future         | 0     | Not a problem      |
| Feeling empty inside                         | 0     | Not a problem      |
| Feeling hopeless                             | 0     | Not a problem      |
| Feeling irritable                            | 0     | Not a problem      |
| Feeling little or no interest in things      | 1     | A mild problem     |
| Feeling lonely                               | 0     | Not a problem      |
| Feeling sad                                  | 1     | A mild problem     |
| Feeling that doing anything is a real effort | 0     | Not a problem      |
| Feelings of guilt or remorse                 | 1     | A mild problem     |
| Having nightmares or bad dreams              | 1     | A mild problem     |
| I feel like a failure                        | 0     | Not a problem      |
| I feel like I'm being punished               | 0     | Not a problem      |
| Loss of interest in sex                      | 2     | A moderate problem |
| Not enjoying things as much as before        | 0     | Not a problem      |

| Question            | Score | Severity      |
|---------------------|-------|---------------|
| Withdrawn, isolated | 0     | Not a problem |

## Bipolar

| Question                                      | Score | Severity           |
|---|-------|--------------------|
| Anger   | 0     | Not a problem      |
| Angry outbursts                               | 0     | Not a problem      |
| Much more interested in sex than usual        | 0     | Not a problem      |
| Being much more social or outgoing than usual | 0     | Not a problem      |
| Crying spells                                 | 0     | Not a problem      |
| Decreased need for sleep                      | 0     | Not a problem      |
| Difficulty concentrating                      | 1     | A mild problem     |
| Difficulty paying attention                   | 1     | A mild problem     |
| Easily agitated                               | 1     | A mild problem     |
| Easily annoyed                                | 0     | Not a problem      |
| Easily distracted                             | 2     | A moderate problem |
| Easily frustrated                             | 0     | Not a problem      |
| Elevated mood, euphoria                       | 0     | Not a problem      |
| Excitable                                     | 1     | A mild problem     |
| Explosive                                     | 0     | Not a problem      |
| Feeling irritable                             | 0     | Not a problem      |
| Feeling much more confident than usual        | 0     | Not a problem      |
| Feeling restless                              | 1     | A mild problem     |
| Feeling scattered, disorganized               | 2     | A moderate problem |
| Having much more energy than usual            | 0     | Not a problem      |
| High energy                                   | 0     | Not a problem      |
| Impulsive, act without thinking               | 1     | A mild problem     |
| Increased or inappropriate sexual interest    | 0     | Not a problem      |

| Question   | Score | Severity           |
|--|-------|--------------------|
| My moods change quickly                          | 0     | Not a problem      |
| Overly active                                    | 0     | Not a problem      |
| Pressured speech, uninterruptible and continuous | 0     | Not a problem      |
| Short attention span                             | 2     | A moderate problem |
| Temper tantrums                                  | 0     | Not a problem      |
| Thoughts racing                                  | 0     | Not a problem      |

### Mood Stability

| Question                | Score | Severity       |
|-------------------------|-------|----------------|
| Anger                   | 0     | Not a problem  |
| Angry outbursts         | 0     | Not a problem  |
| Crying spells           | 0     | Not a problem  |
| Easily agitated         | 1     | A mild problem |
| Easily annoyed          | 0     | Not a problem  |
| Easily frustrated       | 0     | Not a problem  |
| Elevated mood, euphoria | 0     | Not a problem  |
| Excitable               | 1     | A mild problem |
| Explosive               | 0     | Not a problem  |
| Feeling irritable       | 0     | Not a problem  |
| Feeling negative        | 1     | A mild problem |
| My moods change quickly | 0     | Not a problem  |
| Temper tantrums         | 0     | Not a problem  |

### Mania

| Question                               | Score | Severity      |
|--|-------|---------------|
| Much more interested in sex than usual | 0     | Not a problem |

| Question   | Score | Severity      |
|--|-------|---------------|
| Being much more social or outgoing than usual    | 0     | Not a problem |
| Decreased need for sleep                         | 0     | Not a problem |
| Feeling much more confident than usual           | 0     | Not a problem |
| Having much more energy than usual               | 0     | Not a problem |
| Increased or inappropriate sexual interest       | 0     | Not a problem |
| Pressured speech, uninterruptible and continuous | 0     | Not a problem |
| Thoughts racing                                  | 0     | Not a problem |

## Aggression

| Question                                    | Score | Severity      |
|---|-------|---------------|
| Blaming other people for your own mistakes  | 0     | Not a problem |
| Defiant or argumentative                    | 0     | Not a problem |
| Destructive to property or things           | 0     | Not a problem |
| Excessive yelling or screaming              | 0     | Not a problem |
| Getting into fights                         | 0     | Not a problem |
| Having an urge to injure or to hurt someone | 0     | Not a problem |
| Having the urge to destroy things           | 0     | Not a problem |
| Hostile                                     | 0     | Not a problem |
| In trouble with the law                     | 0     | Not a problem |
| Physical aggression toward others           | 0     | Not a problem |

## Autism

| Question  | Score | Severity       |
|---|-------|----------------|
| Avoiding eye contact                                    | 0     | Not a problem  |
| I can't relate to other people, socially or emotionally | 0     | Not a problem  |
| I don't attend to social signals                        | 1     | A mild problem |

| Question  | Score | Severity       |
|---|-------|----------------|
| I don't respond to other people's expressions or body language        | 0     | Not a problem  |
| Not able to begin or to sustain a conversation with other people      | 0     | Not a problem  |
| Not responsive to other people's feelings                             | 0     | Not a problem  |
| Odd preoccupations or interests                                       | 0     | Not a problem  |
| Peculiar or bizarre behavior  | 0     | Not a problem  |
| Preoccupied by a particular interest to the exclusion of other things | 1     | A mild problem |
| Repetitive behaviors like touching or counting                        | 1     | A mild problem |
| Rigid, inflexible, resistant to change                                | 0     | Not a problem  |
| Strongly attached to routines or sameness in the environment          | 0     | Not a problem  |

## Asperger's

| Question  | Score | Severity       |
|---|-------|----------------|
| Avoiding eye contact  | 0     | Not a problem  |
| Difficulty developing friendships                                     | 1     | A mild problem |
| Difficulty understanding sarcasm, metaphors or jokes                  | 0     | Not a problem  |
| Hard to relate to other people  | 0     | Not a problem  |
| I can't relate to other people, socially or emotionally               | 0     | Not a problem  |
| I don't attend to social signals                                      | 1     | A mild problem |
| I don't respond to other people's expressions or body language        | 0     | Not a problem  |
| Not able to begin or to sustain a conversation with other people      | 0     | Not a problem  |
| Not responsive to other people's feelings                             | 0     | Not a problem  |
| Odd preoccupations or interests                                       | 0     | Not a problem  |
| Preoccupied by a particular interest to the exclusion of other things | 1     | A mild problem |
| Rigid, inflexible, resistant to change                                | 0     | Not a problem  |
| Strongly attached to routines or sameness in the environment          | 0     | Not a problem  |
| I can't feel close to another person                                  | 1     | A mild problem |
| Withdrawn, isolated   | 0     | Not a problem  |



Psychotic

| Question  | Score | Severity       |
|---|-------|----------------|
| I feel nervous when people watch me or talk about me      | 0     | Not a problem  |
| Feeling paranoid  | 0     | Not a problem  |
| I feel that other people are watching or talking about me | 0     | Not a problem  |
| I feel that someone else can control my mind              | 0     | Not a problem  |
| I feel that I can't trust other people                    | 0     | Not a problem  |
| I feel I am being watched                                 | 0     | Not a problem  |
| I hear voices that no one else can hear                   | 0     | Not a problem  |
| I can't think straight                                    | 1     | A mild problem |
| My mind is full of terrifying thoughts or images          | 0     | Not a problem  |
| Other people know my private thoughts                     | 0     | Not a problem  |
| Overly suspicious   | 0     | Not a problem  |
| Peculiar or bizarre behavior                              | 0     | Not a problem  |
| Seeing things that other people don't see                 | 0     | Not a problem  |
| I can't feel close to another person                      | 1     | A mild problem |

Somatic

| Question  | Score | Severity           |
|---|-------|--------------------|
| Blackout spells or seizures                         | 0     | Not a problem      |
| Difficulty breathing                                | 0     | Not a problem      |
| Difficulty swallowing                               | 2     | A moderate problem |
| Dizzy/unsteady/lightheaded                          | 2     | A moderate problem |
| Feeling faint                                       | 2     | A moderate problem |
| Heart racing  | 0     | Not a problem      |
| Nausea  | 1     | A mild problem     |
| Numbness/Tingling                                   | 2     | A moderate problem |
| Worrying that something bad is wrong with your body | 2     | A moderate problem |

Fatigue

| Question  | Score | Severity           |
|---|-------|--------------------|
| Fatigue   | 1     | A mild problem     |
| Feeling slower than usual                       | 0     | Not a problem      |
| Feeling tired                                   | 2     | A moderate problem |
| Feeling weak                                    | 0     | Not a problem      |
| Low energy                                      | 2     | A moderate problem |
| Unable to exercise without getting really tired | 1     | A mild problem     |

Sleep

| Question   | Score | Severity           |
|--|-------|--------------------|
| Difficulty staying asleep                                      | 0     | Not a problem      |
| Hard to fall asleep  | 1     | A mild problem     |
| I wake up too early in the morning and can't get back to sleep | 0     | Not a problem      |
| Restless or disturbed sleep                                    | 2     | A moderate problem |

Suicide

| Question   | Score | Severity           |
|--|-------|--------------------|
| I feel like giving up on life                            | 0     | Not a problem      |
| I feel like I would be better off dead                   | 0     | Not a problem      |
| I feel that I have nothing left to live for              | 0     | Not a problem      |
| I feel that my family would be better off if I were gone | 0     | Not a problem      |
| Thinking about death or dying                            | 2     | A moderate problem |
| Thoughts about ending your life                          | 0     | Not a problem      |

Pain

| Question                                 | Score | Severity           |
|--|-------|--------------------|
| A lot of aches and pains                 | 2     | A moderate problem |
| Abdominal pain or discomfort             | 3     | A severe problem   |
| Back pain                                | 0     | Not a problem      |
| Chest pain or discomfort                 | 0     | Not a problem      |
| Headache                                 | 0     | Not a problem      |
| Muscle soreness                          | 2     | A moderate problem |
| Unable to exercise without a lot of pain | 0     | Not a problem      |
| Unbearable pain                          | 1     | A mild problem     |

## Substance Abuse

| Question                            | Score | Severity      |
|-------------------------------------|-------|---------------|
| Abusing drugs                       | 0     | Not a problem |
| I drink too much                    | 0     | Not a problem |
| I use too many drugs or medications | 0     | Not a problem |

## MCI

| Question   | Score | Severity           |
|--|-------|--------------------|
| Difficulty concentrating                         | 1     | A mild problem     |
| Difficulty paying attention                      | 1     | A mild problem     |
| Easily distracted                                | 2     | A moderate problem |
| Feeling scattered, disorganized                  | 2     | A moderate problem |
| Forgetful, I need constant reminding             | 1     | A mild problem     |
| Forgetting appointments or social engagements.   | 1     | A mild problem     |
| Forgetting if you have taken your medicine       | 2     | A moderate problem |
| Forgetting to do something you said you would do | 1     | A mild problem     |
| Forgetting to give a message to someone          | 1     | A mild problem     |

| Question  | Score | Severity           |
|---|-------|--------------------|
| Forgetting to tell somebody something that you meant to tell them     | 1     | A mild problem     |
| Forgetting where things are kept; looking for them in the wrong place | 0     | Not a problem      |
| Going to the store but forgetting to get what you need                | 0     | Not a problem      |
| Having to do things slowly to make sure it's right                    | 0     | Not a problem      |
| I can't remember the names of close relatives or friends.             | 0     | Not a problem      |
| Learning new things   | 0     | Not a problem      |
| Leaving things behind and having to go back to get them.              | 0     | Not a problem      |
| Losing things   | 2     | A moderate problem |
| Making careless mistakes  | 2     | A moderate problem |
| My mind goes blank  | 1     | A mild problem     |
| Not finishing chores, homework or projects                            | 3     | A severe problem   |
| Putting something down and then forgetting where you put it.          | 2     | A moderate problem |
| Reading something and then realizing you have read it before.         | 0     | Not a problem      |
| Short attention span  | 2     | A moderate problem |
| When reading, losing track of what the story is about                 | 0     | Not a problem      |

## Concussion

| Question                        | Score | Severity           |
|---------------------------------|-------|--------------------|
| Difficulty concentrating        | 1     | A mild problem     |
| Difficulty paying attention     | 1     | A mild problem     |
| Dizzy/unsteady/lightheaded      | 2     | A moderate problem |
| Easily distracted               | 2     | A moderate problem |
| Easily frustrated               | 0     | Not a problem      |
| Fatigue                         | 1     | A mild problem     |
| Feeling irritable               | 0     | Not a problem      |
| Feeling scattered, disorganized | 2     | A moderate problem |
| Feeling slower than usual       | 0     | Not a problem      |

| Question  | Score | Severity           |
|---|-------|--------------------|
| Hard to fall asleep                             | 1     | A mild problem     |
| Headache  | 0     | Not a problem      |
| I can't think straight                          | 1     | A mild problem     |
| Low energy                                      | 2     | A moderate problem |
| My mind goes blank                              | 1     | A mild problem     |
| My moods change quickly                         | 0     | Not a problem      |
| Problems with memory                            | 2     | A moderate problem |
| Short attention span                            | 2     | A moderate problem |
| Unable to exercise without getting really tired | 1     | A mild problem     |

## Anxiety/Depression

| Question                                | Score | Severity       |
|---|-------|----------------|
| Crying spells                           | 0     | Not a problem  |
| Easily agitated                         | 1     | A mild problem |
| Fatigue                                 | 1     | A mild problem |
| Feeling anxious                         | 1     | A mild problem |
| Feeling depressed                       | 1     | A mild problem |
| Feeling discouraged about the future    | 0     | Not a problem  |
| Feeling empty inside                    | 0     | Not a problem  |
| Feeling hopeless                        | 0     | Not a problem  |
| Feeling irritable                       | 0     | Not a problem  |
| Feeling keyed up or on edge             | 0     | Not a problem  |
| Feeling little or no interest in things | 1     | A mild problem |
| Feeling lonely                          | 0     | Not a problem  |
| Feeling nervous                         | 1     | A mild problem |
| Feeling restless                        | 1     | A mild problem |
| Feeling sad                             | 1     | A mild problem |

| Question                                     | Score | Severity           |
|--|-------|--------------------|
| Feeling scattered, disorganized              | 2     | A moderate problem |
| Feeling so nervous it's hard to breathe      | 0     | Not a problem      |
| Feeling tense                                | 1     | A mild problem     |
| Feeling that doing anything is a real effort | 0     | Not a problem      |
| Feeling tired                                | 2     | A moderate problem |
| Feelings of guilt or remorse                 | 1     | A mild problem     |
| Fidgety, I can't sit still                   | 2     | A moderate problem |
| Hard to fall asleep                          | 1     | A mild problem     |
| Having nightmares or bad dreams              | 1     | A mild problem     |
| High-strung or keyed up                      | 0     | Not a problem      |
| I feel like a failure                        | 0     | Not a problem      |
| I feel like I'm being punished               | 0     | Not a problem      |
| I find it hard to relax                      | 1     | A mild problem     |
| Low energy                                   | 2     | A moderate problem |
| My mind goes blank                           | 1     | A mild problem     |
| Not enjoying things as much as before        | 0     | Not a problem      |
| Restless or disturbed sleep                  | 2     | A moderate problem |
| Thinking about death or dying                | 2     | A moderate problem |
| Withdrawn, isolated                          | 0     | Not a problem      |
| Worrying too much                            | 2     | A moderate problem |

### Final Integrative Diagnosis

|                                    |                        |
|------------------------------------|------------------------|
| Inattention Criteria               | Met (9/9 criteria met) |
| Hyperactivity/Impulsivity Criteria | Met (6/9 criteria met) |
| Overall Diagnosis                  | Combined Presentation  |