

# Verde Chicken Enchiladas

## Ingredients

Chicken thighs, bone-in . . . . .	2½ lb.	Mexican oregano . . . . .	1 tsp.
Mexican spice blend . . . . .	2 Tbsp.	Salt . . . . .	1½ tsp. (divided)
Water . . . . .	2 cups	Black pepper . . . . .	½ tsp.
Better Than Bouillon, chicken . .	1 Tbsp.	Vegetable oil . . . . .	3 Tbsp. (divided)
Tomatillos, canned . . . . .	28 oz.	Corn tortillas (6-inch) . . . . .	12–14
Jalapeños, medium . . . . .	2	Monterey Jack cheese, shredded .	16 oz.
White onion, medium . . . . .	1	Queso fresco, crumbled . . . . .	4 oz.
Garlic cloves . . . . .	4	Reserved chicken broth . . . . .	1½ cups
Fresh cilantro, chopped . . . . .	½ cup	Chicken broth (if needed) . . . . .	½ cup
Lime juice . . . . .	2 Tbsp.		
Ground cumin . . . . .	1 tsp.		

## Directions

Preheat oven to  $400^{\circ}\text{F}$  — Grease a 9 inch×13 inch baking dish — Drain **tomatillos**, reserving liquid; set aside in *Medium Bowl #1* — Halve **jalapeños** lengthwise and remove seeds and ribs; set aside on a small plate — Quarter **onion**; set aside on plate with jalapeños — Peel **garlic cloves**; set aside on plate — Chop **cilantro**; set aside in *Small Bowl #1* — Juice **lime**; set aside in *Small Bowl #2* — Shred **Monterey Jack cheese**; set aside in *Large Bowl #1* — Crumble **queso fresco**; set aside in *Small Bowl #3* — Combine 1 tsp. **cumin** and 1 tsp. **oregano** in *Small Bowl #4* (sauce spices)

1. Prepare **chicken broth**: Combine 2 cups **water** and 1 Tbsp. **Better Than Bouillon** in a measuring cup, stirring until dissolved.
2. Place 2½ lb. **chicken thighs** in Instant Pot and coat thoroughly with 2 Tbsp. **Mexican spice blend**, rubbing it in well. Add prepared **broth** to the pot. Seal Instant Pot and cook on *high* pressure for *15 minutes*, then allow natural release for *5 minutes*.
3. While **chicken** cooks, roast the aromatics: Arrange **jalapeños** (cut-side down), **onion** quarters, and **garlic cloves** on a rimmed baking sheet. Drizzle with 1 Tbsp. **vegetable oil** and toss to coat. Roast at  $400^{\circ}\text{F}$  for *15–20 minutes* until **jalapeños** are blistered and slightly charred, **onion** is softened and browned at edges, and **garlic** is golden and tender. **Jalapeños** are done when skin is blistered and peppers feel soft when pressed. Remove from oven and let cool slightly.

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4. When Instant Pot is ready, quick release remaining pressure. Transfer **chicken** to a plate and let rest for *5-10 minutes* until cool enough to handle. Strain the **cooking liquid** through a fine-mesh sieve and measure out  $1\frac{1}{2}$  cups; reserve in *Medium Bowl #2* for the sauce. Discard any excess liquid.
5. Discard skin and bones from **chicken**, then shred into bite-sized pieces; set aside in *Large Bowl #2*.
6. Transfer roasted **jalapeños**, **onion**, and **garlic** to a blender. Add drained **tomatillos** (*Medium Bowl #1*), 1 tsp. **cumin** and 1 tsp. **oregano** (*Small Bowl #4*), 1 tsp. **salt**, and  $\frac{1}{2}$  tsp. **black pepper**. Blend on high for *1-2 minutes* until completely smooth.
7. Add  $\frac{1}{4}$  cup of reserved **tomatillo liquid** or **chicken broth** if needed to reach a smooth, pourable consistency. Blend briefly to incorporate.
8. Heat 2 Tbsp. **vegetable oil** in a large saucepan over medium-high heat until shimmering. Carefully pour in the blended **sauce** (it will sputter). Reduce heat to medium and cook, stirring frequently, for *15-20 minutes* until sauce darkens slightly, thickens to coat the back of a spoon, and loses its raw flavor. The sauce is done when it has reduced by about one-third, appears darker green, and coats a spoon without running off immediately.
9. Stir in  $1\frac{1}{2}$  cups reserved **chicken broth** (*Medium Bowl #2*) and simmer for *2-3 minutes* more to integrate. Remove from heat and stir in **cilantro** (*Small Bowl #1*) and **lime juice** (*Small Bowl #2*). Taste and adjust **salt** (add remaining  $\frac{1}{2}$  tsp. if needed).
10. Transfer approximately 2 cups of warm **sauce** to a wide, shallow bowl for dipping tortillas; keep remaining sauce warm in the saucepan.
11. Reduce oven temperature to  $350^{\circ}F$ .
12. Warm **corn tortillas** in the microwave wrapped in a damp paper towel for *30 seconds*, or heat briefly on a griddle until pliable. Working one at a time, dip each **tortilla** completely in the warm **sauce** from the bowl, coating both sides (about 2-3 seconds total). Let excess drip off briefly.
13. Place sauce-coated **tortilla** on a plate. Spoon 2-3 Tbsp. shredded **chicken** (*Large Bowl #2*) down the center, then sprinkle with 1 Tbsp. **Monterey Jack cheese** (*Large Bowl #1*). Roll tightly and place seam-side down in the prepared baking dish. Repeat with remaining **tortillas**, arranging them snugly in the pan.
14. Pour remaining warm **sauce** from the saucepan evenly over the **enchiladas**, covering them completely. Sprinkle remaining **Monterey Jack cheese** (*Large Bowl #1*) evenly over the top, then scatter **queso fresco** (*Small Bowl #3*) over the cheese.
15. Bake at  $350^{\circ}F$  for *25-30 minutes* until **cheese** is melted and bubbly, sauce is bubbling around edges, and **enchiladas** are heated through. **Enchiladas** are done when **cheese** is golden brown in spots, sauce is actively bubbling, and center of pan feels hot when tested with a knife. Continue baking in *2 minute* increments if needed.
16. Let rest for *5 minutes* before serving. Garnish with additional **cilantro** if desired. Serve hot.

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### Yield

- Serves 4-6 as main course
- Makes 12-14 enchiladas in a 9 inch×13 inch baking dish

### Equipment Required

- Instant Pot (6-quart or larger)
- Rimmed baking sheet
- Large saucepan (3-4 quart)
- High-powered blender
- Fine-mesh strainer
- 9 inch×13 inch baking dish
- Wide shallow bowl (for dipping tortillas)
- Small prep bowls (4)
- Medium prep bowls (2)
- Large prep bowls (2)
- Tongs or slotted spoon
- Measuring cups and spoons

### Mise en Place

- Small Bowl #1 — chopped **cilantro** (½ cup)
- Small Bowl #2 — **lime juice** (2 Tbsp.)
- Small Bowl #3 — crumbled **queso fresco** (4 oz.)
- Small Bowl #4 — sauce spices: 1 tsp. **cumin**, 1 tsp. **oregano**
- Medium Bowl #1 — drained **tomatillos** (reserve liquid)
- Medium Bowl #2 — reserved **chicken broth** (1½ cups, after step 4)
- Large Bowl #1 — shredded **Monterey Jack cheese** (12 oz.)
- Large Bowl #2 — shredded **chicken** (after step 5, about 2½ cups)
- Prepare **chicken broth** with Better Than Bouillon before starting
- Roast aromatics while **chicken** cooks in Instant Pot

### Ingredient Tips

- **Chicken:** Bone-in thighs provide richer broth and more flavor; boneless work but reduce broth amount
- **Mexican spice blend:** Your prepared blend adds depth; adjust amount based on heat preference

- **Tomatillos, canned:** Look for firm tomatillos in water (not heavy brine); 28 oz. is standard can size
- **Jalapeños:** 2 medium jalapeños with seeds removed yields mild-medium heat; add seeds for more heat
- **Monterey Jack:** Melts beautifully and provides creamy texture; can substitute with Colby Jack
- **Queso fresco:** Adds texture contrast and mild saltiness; feta can substitute but is saltier
- **Corn tortillas:** Slightly day-old tortillas absorb sauce better; warm thoroughly before dipping
- **Cilantro:** Add at the end to preserve bright, fresh flavor
- **Lime juice:** Fresh is essential for brightness; bottled lacks complexity

### Preparation Tips

- Roasting **jalapeños**, **onion**, and **garlic** creates depth and mellows raw flavors; blistered skin on peppers indicates proper roasting
- Blending sauce until completely smooth ensures even texture; no chunks should remain
- Frying the blended sauce concentrates flavor and cooks out raw taste; sauce darkens and thickens as it reduces
- Simmering with **chicken broth** integrates flavors and adds body; sauce should coat a spoon without being too thick
- Adding **cilantro** and **lime juice** at the end preserves brightness; adding too early causes them to lose vibrancy
- Dipping **tortillas** in warm sauce makes them pliable and prevents cracking during rolling
- Don't overfill **enchiladas**—2-3 Tbsp. **chicken** per tortilla prevents bursting
- Arranging **enchiladas** snugly in the pan prevents them from unrolling during baking
- Sauce should cover **enchiladas** completely but not pool excessively; adjust amount if needed
- Resting after baking allows sauce to set slightly and makes cutting easier
- Recipe makes approximately 4-5 cups sauce; use 2 cups for dipping, remainder for topping

## Verde Chicken Enchiladas

### Make Ahead & Storage

- **Chicken** can be cooked and shredded *1 day* ahead; store separately from broth
- **Verde sauce** can be made *1-2 days* ahead; refrigerate and reheat gently before using
- Add **cilantro** and **lime juice** to sauce just before using if made ahead
- Assembled **enchiladas** can be refrigerated *4 hours* before baking; add *5 minutes* to baking time
- Leftovers keep *3-4 days* refrigerated; reheat individual portions at *350°F* for *10-15 minutes*
- Sauce can be frozen for *3 months*; thaw and reheat gently, adding fresh **cilantro** and **lime juice**
- **Enchiladas** don't freeze well—corn tortillas become mealy when frozen and thawed

### Serving Suggestions

- Serve immediately while **cheese** is bubbly and **enchiladas** are hot
- Traditional serving is 2-3 **enchiladas** per person as a main course

- Pair with **Mexican rice** and **refried beans** for a complete meal
- Garnish with additional **cilantro**, **lime wedges**, and **diced white onion**
- **Sour cream** or **Mexican crema** adds richness and cools heat
- **Avocado** slices or **guacamole** complement the tangy sauce
- **Pickled jalapeños** add heat and acidity
- Serve with a crisp green salad with lime vinaigrette for contrast

### Heat Level Options

- Mild: Use 2 **jalapeños** with all seeds and ribs removed (as written)
- Medium: Use 2 **jalapeños** with seeds from 1 pepper included
- Medium-Hot: Use 2 **jalapeños** with all seeds included, or add 1 **serrano pepper**
- Hot: Use 3 **jalapeños** with seeds, or substitute 2 **serrano peppers**
- Heat comes primarily from **jalapeños**; roasting mellows heat slightly
- Taste sauce after blending and add more heat if desired before simmering