

# Fried Rice

## Ingredients

Canola oil . . . . .	3 Tbsp.	Soy sauce . . . . .	3 Tbsp.
Sesame oil . . . . .	2 Tbsp.	Fish sauce . . . . .	2 tsp.
Cooked parboiled rice, cold . . . . .	6 cups	Hoisin sauce ( <i>optional</i> ) . . . . .	1 tsp.
Onion, finely diced . . . . .	1/3 cup	Sesame seeds . . . . .	1 Tbsp.
Carrot, finely grated . . . . .	1/3 cup	Scallions, diced . . . . .	1/3 cup
Garlic, minced . . . . .	3 cloves		
Ginger, finely grated . . . . .	1 tsp.		
Eggs . . . . .	2		
Frozen peas . . . . .	3/4 cup		

## Directions

1-2 days ahead: Prepare Uncle Ben's parboiled rice, rinse and cook according to rice maker instructions — Finely dice **onion** — Grate **carrot** and **ginger** — Mince **garlic** — Dice **scallions** — Scramble **eggs**

1. Combine **soy sauce**, **fish sauce**, **hoisin sauce**, and **sesame seeds** in a small bowl
2. Heat large high-walled frying pan or wok on *High*.
3. Add **canola oil** and heat for *30 seconds*.
4. Add **rice** to pan and stir thoroughly. Pan should be hot enough that rice makes popping sounds.
5. Stir **rice** every *30 seconds* for about *5 minutes* until moisture is reduced and rice begins to change color.
6. Create an empty circle in center of pan and add **onion**, **carrot**, **garlic**, and **ginger**.
7. Add 1 Tbsp. **sesame oil** to vegetables in pan.
8. Cook and stir vegetables carefully for *1 minute*, avoiding combining with rice.
9. Stir contents of pan thoroughly.

10. Create an empty circle in center of pan and add scrambled **eggs**.
11. Add remaining 1 Tbsp. **sesame oil** to eggs.
12. Cook, stir, and chop eggs carefully for about *1 minute* until set, avoiding combining with rice.
13. Stir contents of pan thoroughly.
14. Add **peas** and stir thoroughly.
15. Add prepared sauce mixture and stir thoroughly.
16. Cook for about *1 minute*, stirring frequently.
17. Add **scallions** and stir thoroughly.
18. Remove from heat and serve hot.