

# Gluten-Free Lemon Bars •

## Ingredients

BRM 1:1 Baking Flour . . . . .	1¼ cups	Egg yolk . . . . .	1
Almond flour, finely ground . .	3 Tbsp.	Granulated sugar . . . . .	2/3 cup
Cornstarch . . . . .	3 Tbsp.	TrueLemon powder . . . . .	1-2 tsp.
Powdered sugar . . . . .	½ cup	Salt . . . . .	½ tsp.
Kerrygold butter . . . . .	16 Tbsp.	Powdered sugar . . . . .	for dusting
Meyer lemons . . . . .	3	Flaky salt . . . . .	for sprinkling
Mexican vanilla . . . . .	½ tsp.		
Eggs . . . . .	3		

## Shortbread Crust

Preheat oven to  $350^{\circ}F$ — Line 8x8 inch pan with parchment paper, leaving overhang  
— Zest 1 **lemon** — Bring 10 Tbsp. **butter** to room temperature

1. In a medium bowl, whisk together **gluten free flour**, **almond flour**, 2 Tbsp. **cornstarch**, **powdered sugar**, and ¼ tsp. **salt**. Add 10 Tbsp. softened **butter**, **lemon zest**, and **vanilla extract**. Mix with a fork or your hands until mixture forms clumps and holds together when pressed.
2. Press dough evenly into prepared pan, creating a uniform ½-inch thick layer. Use the bottom of a measuring cup to compact and smooth the surface. Dock the crust all over with a fork.
3. Bake at  $350^{\circ}F$  for 20-25 minutes until edges are golden brown and center is set. Remove from oven and reduce temperature to  $325^{\circ}F$ .

## Lemon Curd

Zest 2 **lemons** — Juice 3 **lemons** to yield ½ cup juice — Cut 6 Tbsp. **butter** into tablespoon pieces

1. While crust bakes, whisk together **granulated sugar** and 1 tsp. **cornstarch** in a medium saucepan. Add **eggs** and **egg yolk**, whisking until smooth.
2. Add **lemon juice** (½ cup), **lemon zest**, **TrueLemon powder**, and ¼ tsp. **salt**. Whisk to combine.
3. Cook over medium-low heat, stirring constantly with a silicone spatula or wooden spoon, scraping the bottom and sides of the pan. Cook until mixture thickens noticeably and reaches *170°F*, about *8-10 minutes*. The curd should coat the back of a spoon and leave a clear trail when you draw your finger through it.
4. Remove from heat and immediately stir in 6 Tbsp. **butter**, one piece at a time, until fully incorporated and smooth.
5. Strain the hot curd through a fine-mesh sieve into a bowl or measuring cup to remove **zest** bits and any cooked egg pieces.
6. Pour strained curd onto the hot pre-baked crust, spreading gently to edges if needed.
7. Bake at *325°F* for *15-18 minutes* until filling is set but still jiggles slightly in the center when gently shaken.

## Finishing

1. Cool completely in the pan on a wire rack for *1 hour*, then refrigerate for at least *3 hours* or overnight.
2. Use parchment overhang to lift bars from pan. Cut into 16 squares using a sharp knife, wiping blade clean between cuts.
3. Just before serving, dust moderately with **powdered sugar** and sprinkle lightly with **flaky sea salt**.

## Equipment Required

- 8x8 inch baking pan
- Parchment paper
- Medium mixing bowl (for crust)
- Medium saucepan (2-quart capacity)
- Fine-mesh sieve or strainer
- Silicone spatula or wooden spoon
- Whisk
- Measuring cups and spoons
- Microplane or fine grater (for zest)
- Citrus juicer or reamer (for juicing lemons)
- Fork (for docking crust)
- Instant-read thermometer (optional but helpful)
- Sharp knife for cutting
- Wire cooling rack

## Mise en Place

- Bring **butter** to room temperature for crust (*1 hour*)
- Zest **Meyer lemons** before juicing (zest 1 for crust, zest 2 for curd, then juice all 3 for ½ cup)
- Cut 6 Tbsp. **butter** into pieces for filling
- Line pan with parchment before starting
- Have all ingredients measured and ready
- Set up double layer of fine-mesh sieve over a bowl for straining

## Ingredient Tips

- Bob's Red Mill 1:1 G.F. flour works best; other blends may need adjustment
- **Almond flour** should be finely ground (blanched almond flour, not almond meal)
- European-style **butter** (Kerrygold, Plugrá) has higher fat content and richer flavor
- Use fresh **Meyer lemons**; zest before juicing, and 3 lemons yield about ½ cup juice
- **TrueLemon powder** significantly amplifies lemon brightness without added liquid
- Fresh **lemon zest** is essential for aromatic oils and complexity
- Use the finest grater for **zest** to avoid bitter white pith

## Preparation Tips

- Press crust very firmly and evenly; uneven thickness causes uneven baking
- Dock crust thoroughly to prevent bubbling during baking
- Don't underbake the crust; edges should be golden for structural integrity
- Stir curd constantly to prevent curdling; use silicone spatula to scrape sides
- Watch for 170°F on thermometer or coat-the-spoon consistency
- Strain while curd is hot for easiest flow through sieve
- Pour curd onto hot crust immediately after straining
- The filling will continue to set as it cools; slight jiggle is correct
- Clean knife between cuts for neat edges

- Add **powdered sugar** and **salt** just before serving to prevent dissolving

- Bring to cool room temperature before serving for best texture (*15-20 minutes*)

## Make Ahead & Storage

- Bars must cool completely and chill at least *3 hours* before cutting
- Best made a day ahead; flavors meld and texture improves overnight
- Store covered in refrigerator for up to *5 days*
- Can be frozen unfrosted for up to *2 months*; thaw in refrigerator overnight
- Apply **powdered sugar** and **flaky salt** just before serving
- For meal prep, cut and store individually wrapped in refrigerator

## Serving Suggestions

- Serve as elegant finger food dessert at room temperature
- Pair with hot tea, coffee, or sparkling wine
- Garnish individual servings with fresh mint or candied lemon peel
- Serve alongside fresh berries or whipped cream for plated dessert
- The **flaky salt** provides crucial sweet-savory contrast
- Store any leftovers covered in refrigerator; remove *15 minutes* before serving