

Key Points - WIP Limits

The key thing here is that multi-tasking has often been seen as a good thing. While the ability to multi-task is a good thing and often necessary. The fact is that as human beings, we achieve much better results on our tasks if we reduce the number of concurrent tasks we work on.

The idea of WIP Limits is to find the optimum number of tasks to maximise productivity whilst preventing overloading.

You can decide the rules here. It can be 1 task per person or it could be 3 tasks per person dependent on the task.

The only ask is to make sure that we don't set the limit so low that we are not as productive as possible or so high that the team become worn-out!

This can be done by looking at historical data for your team and working out what has worked or failed in the past and how many tasks they are delivering comfortably at present.

More on this later along with the metrics used to help work this out!

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