













Vedic Lepam Kriya

Our Vedic Lepam Kriya is a comprehensive therapy designed to cleanse your body, enhance blood circulation, relieve pain, and promote smooth, radiant skin. It harnesses the ancient wisdom of Vedic practices to activate your body's natural healing and purification processes. This unique treatment combines the benefits of massage with a special paste application, shielding you from the harsh effects of the sun and promoting overall well-being from head to toe.

Benefits of Vedic Lepam Kriya:

- 1) **Hydration and Nourishment:** Herbal ingredients in the paste deeply hydrate and moisturize your skin, preventing dryness and supporting a healthy skin barrier.
- 2) **Rejuvenation:** The herbal pastes used in the treatment nourish and revitalize your skin, enhancing its tone, texture, and elasticity for a more youthful appearance.
- 3) **Skin Tone Enhancement:** Regular use of the treatment helps minimize pigmentation, blemishes, and dark spots, resulting in a more even and radiant complexion.
- 4) **Calming Effect:** The herbal paste has a soothing effect, promoting relaxation and reducing stress during the treatment.
- 5) **Improved Lymphatic Drainage:** Herbal pastes stimulate the lymphatic system, aiding in the removal of waste and toxins from the body, thereby enhancing lymphatic drainage and detoxification.