

Student Guide – Part 1 - Pearl Pin   
Linear Motion: Walking & the cross (Caminada & Cruce)

**Part 1 skill elements and concepts**

## Walking and elements of the 8-step basic Learn and demonstrate the following elements and concepts, integrated in a social dance setting.

Steady walk; pauses; weight shifts; forward, side & back steps; parallel system walk; cornering; the cross (basic position 4-5); forward across step (leader basic position 3). Bonus elements: corrida; cross system. Note: the conventional 8-step basic sequence may not be used in its entirety in the dance assessment.

## Four Connections

1. **Self**: posture, balance, coordination, grounding, mental focus, navigation.
2. **Partner**: frame, dialogue, connectedness in motion, synchronization, contra-body motion.
3. **Music**: rhythmic interpretation, melodic interpretation, continuity, suspension, syncopation.
4. **Ronda**: Navigation, step size, motion control, safety, courtesy.

**Checklist of student actions to be taken**  
Learn to apply the above listed elements and concepts

▢ Attend the Social Dance Workshop

▢ Attend group lessons or private lessons, to learn the elements and concepts of this program. Lessons can be taken with one or more teachers. Lessons should be attended at least once a week.

▢ Practice between lessons to improve your proficiency in the skills that will be assessed.

▢ Attend practica sessions by yourself or with a partner. If going without a partner, be ready to practice on your own. Seek the advice of the practica supervisor as needed.

Prepare for the assessment

▢ Select a song to use during your dance demonstration in the assessment session. Select from the list of approved songs listed in this guide.

▢ Find a dance partner to dance with in the assessment session.

▢ Contact a CDTA-accredited teacher to book an assessment session and pay applicable fees. Incidental fees for additional costs may apply. (i.e. floor fee, etc.)

▢ Arrive 10 minutes early, before your scheduled assessment session with your dance partner.

Assessment Request and Report - Part 1  
Linear Motion: Walking & the cross (Caminada & Cruce)

Teacher & School Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Assessment Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Role: Leader \_\_\_ Follower \_\_\_

Song names & Orchestras: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Skill elements and concepts assessed:** (Marks: 3 – Distinction, 2 –Proficient, 1 – Needs Improvement)

## Walking and elements of the 8-step basic Mark: \_\_\_\_\_\_\_\_

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| Notes: |  |
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| **Four Connections:** 1st Self; 2nd Partner; 3rd Music; 4th Ronda | Mark: \_\_\_\_\_\_\_\_ |
| Notes: |  |
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|  |  |
| **Comments (Competencies, strengths and opportunities):** | **Pearl Pin awarded: YES NO** |