## SUNDAY I VESPERS



PSALM 141:1-9

I have called to you, Lord; O hásten to hélp me! Hear my voice when I crý to yóu.

Let my prayer be as incense *be*fóre you, the raising of my hands like an évening *ob*látion.

Set, O Lord, a gúard on my móuth, keep watch at the dóor of my líps!

Do not turn my heart to things that are evil, † to wicked deeds with those who are sinners. Never allow me to share in their feasting.

If the upright stríke me it *is* kíndness; but let the oil of the wicked not anóint *my* héad.

Let my prayer be ever against their malice. † If they fall into the merciless hánds of *their* júdges, they will grasp how kínd are *my* wórds.

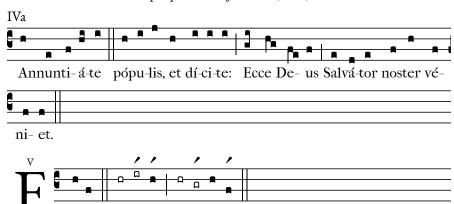
As clods of earth plowed úp on *the* gróund, so their bones were strewn at the mouth *of* Shéol.

To you my eyes are turned, O Lórd, *my* Lórd. In you I take refuge; spáre *my* sóul!

From the trap they have laid for me, kéep *me* sáfe; keep me from the snares of thóse who *do* évil. Glory.

2 Week I

tr. Announce it to the people and say: Behold, God, Our Savior will come.



PSALM 142

With my voice I crý to the Lórd; with my voice I entréat the Lórd.

I pour out my trouble *be*fore him; I tell him áll my *dis*tréss

while my spirit fáints withín me. But you, O Lord, knów my páth.

On the way where Í *shall* wálk, they have hidden a snáre to *en*tráp me

Look on my ríght hand *and* sée: there is no one who páys *me* héed.

No escape remains ópen *to* mé, no one cáres for *my* sóul.

To you I cry, O *Lord*. †
I have said, "You are *my* réfuge,
my portion in the lánd of *the* líving."

Listen, then, tó *my* crý, for I am brought down véry lów.

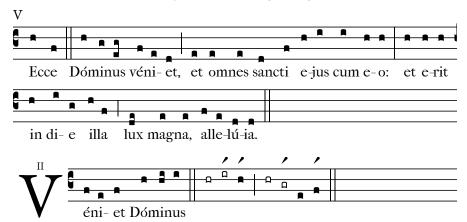
Rescue me from thóse who *pur*súe me, for they are strónger *than* Í.

Bring my sóul out *of* príson, and I shall give thánks to *your* náme.

Around me the úpright will assémble, because of your góodness *to* mé.

Glory.

tr. Behold, the Lord will come and all his saints with him: and in that day there will be a great light, alleluia.



PHILIPPIANS 2: 6-11

Although he was in the form of *God*, † Christ Jesus did not regard equality *with* Gód something tó *be* grásped.

Rather he emptied himself, † taking on the fórm of *a* sláve being born in hú*man* líkeness;

And found to be in húman fórm, he hímbled himsélf,

becoming obédient unto déath, death upón *a* cróss.

And for this, God highly exalted *him*, † and bestowed upon him *the* name that is above every other name.

So that at the name of Jesus every knée *shall* bénd in the heavens, on the earth, and únder *the* éarth,

And every tongue confess that Jesus Christ is Lórd to the glory of Gód *the* Fáther.

Glory.

4 Week I

tr. The Lord will come with great power, and all flesh will see the salvation of God.







PSALM 1

Blessed indéed is *the* mán who follows not the cóunsel of *the* wícked,

nor stands in the páth *with* sínners, nor abides in the cómpany *of* scórners,

but whose delight is the láw of *the* Lórd, and who ponders his láw day *and* níght.

He is like a tree that is planted † beside the flówing wáters, that yields its frúit in *due* séason,

and whose leaves shall néver fáde; and all that he dóes shall prósper.

Not so are the wicked, not so! † For they, like winnowed chaff, shall be driven away by the wind.

When the wicked are judged they shall *not* rise, nor shall sinners in the council of *the* righteous;

for the Lord knows the wáy of *the* ríghteous, but the way of the wicked *will* pérish.

Glory.