

WEDNESAY IV OFFICE OF READINGS

VIIIg

Benedic á-ni-ma me-a, Dómino.

tr. Bless the Lord, my soul.
alt. Bless the Lord, my soul;
never forget all he has done
for you.

VIIIg



PSALM 103 I

Bless the Lord, O my soul,
and all within me, his holy name.

Bless the Lord, O my soul,
and never forget all his benefits.

It is the Lord who forgives all your sins,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with mercy and compassion,
who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives full justice to all who are oppressed.

He made known his ways to Moses,
and his deeds to the children of Israel.

Glory...

PSALM 103 II

The Lord is compassionate and gracious,
slow to anger and rich in mercy.

He will not always find fault;
nor persist in his anger forever.

He does not treat us according to our sins,
nor repay us according to our faults.

For as the heavens are high above the earth,
so strong his mercy for those who fear him.

alt. As a father is gentle with
his children, so is the Lord
with those who revere him.

As far as the east is from the west,
so far from us does he remove our transgressions

As a father has compassion on his children,
the Lord's compassion is on those who fear him.

For he knows of what we are made;
he remembers that we are dust.

Man, his days are like grass;
he flowers like the flower of the field.

The wind blows, and it is no more,
and its place never sees it again.

Glory...

PSALM 103 III

But the mercy of the Lord is everlasting
upon those who hold him in fear,

upon children's children his justice,
for those who keep his covenant,

and remember to fulfill his commands.

The Lord has fixed his throne in heaven

and his kingdom is ruling over all.

Bless the Lord, all you his angels,

mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants, who do his will.

Bless the Lord, all his works, †
in every place where he rules

Bless the Lord, O my soul!

Glory...

alt. Bless the Lord, all you his
works!

WEDNESDAY IV LAUDS

VIIIg

C antábo et psalmum di-cam Dómino.

VIIIg

tr. I will sing, I will sing your praise, O Lord.
alt. My heart is ready, O God, my heart is ready.

PSALM 108

My heart is ready, O God; my heart is ready.
I will sing, I will sing your praise. Awake, my soul;
awake, O lyre and harp.
I will awake the dawn.
I will praise you, Lord, among the peoples;
I will sing psalms to you among the nations,
for your mercy reaches to the heavens,
and your truth to the skies.
O God, be exalted above the heavens;
may your glory shine on all the earth!
With your right hand, grant salvation and give answer;
O come and deliver your friends.
From his holy place God has spoken: †
“I will exult, and divide the land of Shechem
I will measure out the valley of Succoth.
Mine is Gilead, mine is Manasseh, †
Ephraim I take for my helmet,
Judah is my scepter.
Moab is my washbowl, †
on Edom I will toss my shoe.
Over Philistia I will shout in triumph.”
But who will lead me to the fortified city?
Who will bring me to Edom?
Have you not cast us off, O God?
Will you march with our armies no longer?

Give us aid against the foe,
for human help is vain.

With God, we shall do bravely,
and he will trample down our foes.

Glory...


IVa



ropter Si-on non ta-cébo, donec egredi-á-tur ut splendor justus

e-jus.

IVa



ISAIAH 61:10 - 62:5

tr. For Zion's sake I will not keep silent,
until her vindication shines forth like the dawn.

alt. The Lord has robed me with grace and
salvation.

I will greatly rejoice in the Lord,
and my soul shall exult in my God;

for he has clothed me in the garments of salvation,
and wrapped me in the robe of saving justice,

like a bridegroom adorned with a crown,
and like a bride bedecked with her jewels.

For as the earth brings forth its growth,
and a garden makes what is sown in it sprout up,
so the Lord God will make righteousness and praise
sprout up in the sight of all the nations.

For Zion's sake I will not keep silent,
for Jerusalem's sake I will not keep still,
until her vindication shines forth like the dawn,
and her salvation like a flaming torch.

Nations shall behold your vindication,
and every king your glory;

and you shall be called by anew name
which the mouth of the Lorn shall declare.

You shall be a crown of beauty †
in the hand of the Lord,
and in the hand of your God a royal diadem.

No more shall you be called "Forsaken
nor your land be called "Desolate."

But you shall be called "My Delight is in her,"
and your land "Espoused."

For the Lord delights in you
and your land shall be espoused

For as a young man marries a virgin
your Builder shall marry you;
and as a bridegroom rejoices in his bride,
so will your God rejoice in you.

Glory...

alt. Let us serve the Lord in holiness all the days of our life.

BENEDICTUS

Blessed be the Lord God of Israel:
for he has visited his people and redeemed them,
he has raised up for us a horn of salvation
in the House of David his servant,
as he spoke through the mouth of his holy ones,
his prophets from ages past:

To grant salvation from our foes,
and from the hand of all who hate us,
showing mercy to our fathers, †
remembering his holy covenant,
the oath he swore to Abraham our father;

To grant that, freed from the hand of our foes,
we may serve him without fear
in holiness and righteousness
all the days of our life.

And you, little child, will be called
the Prophet of the Most High,
for you will go before the Lord
to make ready his ways:

to grant knowledge of salvation to his people
by the forgiveness of their sins;

Through the tender mercy of our God,
the Dawn from on high will visit us,
to shine on those who sit in darkness, †
and those in the shadow of death;
to guide our feet into the way of peace.

Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,
and will be for ever. Amen.