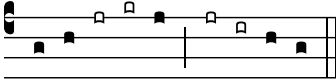


VIIIg

D

ómine, abstraxísti ab ínfē-ris ánimam me- am.

VIIIg



tr. O Lord, you have lifted up my soul
from Sheol.

alt. I cried to you, Lord, and you
healed me; I will praise you for ever.

PSALM 30

I will extol you, Lord, for you have raised me up,
and have not let my enemies rejoice over me.

O Lord my God, I cried to you for help,
and you have healed me.

O Lord, you have lifted up my soul from Sheol,
restored me to life from those who sink into the pit.

Sing psalms to the Lord, you faithful ones;
give thanks to his holy name.

His anger lasts a moment; his favor all through life.
At night come tears, but dawn brings joy.

I said to myself in my good fortune:
“I shall never be shaken.”

O Lord, your favor had set me like a mountain stronghold.
Then you hid your face, and I was put to confusion.

To you, O Lord, I cried,
to my Lord I appealed for mercy:

“What profit is my lifeblood, my going to the grave?
Can dust give you thanks, or proclaim your faithfulness?”

Hear, O Lord, and have mercy on me;
be my helper, O Lord.

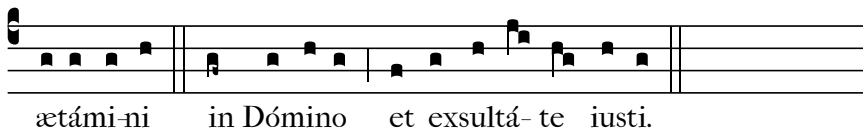
You have changed my mourning into dancing,
removed my sackcloth and girded me with joy.

So let my soul sing psalms to you, and not be silent.
O Lord my God, I will thank you forever.

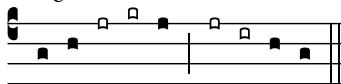
Glory...

VIIIg

L



VIIIg



tr. Rejoice in the Lord, exult you just.

alt. The one who is sinless in the eyes of
God is blessed indeed.

PSALM 32

Blessed is he whose transgression is forgiven,
whose sin is remitted.

Blessed the man to whom the Lord imputes no guilt,
in whose spirit is no guile.

I kept it secret and my frame was wasted.
I groaned all day long,

For your hand, by day and by night,
lay heavy upon me.

Indeed, my strength was dried up
as by the summer's heat.

To you I have acknowledged my sin;
my guilt I did not hide.

I said, "I will confess my transgression to the Lord."
And you have forgiven the guilt of my sin.

So let each faithful one pray to you
in the time of need.

The floods of water may reach high,
but such a one they shall not reach.

You are a hiding place for me; †
you keep me safe from distress;
you surround me with cries of deliverance.

I will instruct you and teach you †
the way you should go;
I will fix my eyes upon you.

Be not like horse and mule, unintelligent,
needing bridle and bit, or else they will not approach you.

Many sorrows has the wicked,
but loving mercy surrounds the one who trusts in the Lord.

Rejoice in the Lord, exult you just!
Ring out your joy, all you upright of heart!

Glory...

Ig
D e-dit e-i Dóminus potestátem et honórem et regnum; et o-

mnes pópu-li, tribus et linguæ i- psi sérvient.

Ig alt. The Father has given Christ all power,
honor and kingship; all people will obey
him.

REVELATION 11:17-18; 12:10B-12A

We give you thanks, O Lord, Almighty God,
you who are and who were.

For you have assumed your great power
and you have begun your reign.

The nations raged, but your wrath has come,
and the time for the dead to be judged,
and to reward your servants the prophets †
and the holy ones and those who fear your name,
the small and the great alike.

Now have come the salvation †
and the power and the kingdom of our God,
and the authority of his Anointed One,
for the accuser of our brethren is cast down
who accused them before our God day and night.

They conquered him by the blood of the Lamb,
and by the word of their witness;

love for their life did not deter them from death.
Therefore, rejoice, O heavens, and you who dwell therein.

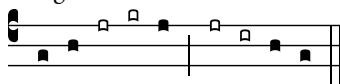
Glory...

WEEK I
OFFICE OF READINGS

VIIIg

ú-di-ca causam meam: defēde, quia potens es, Dómine.

VIIIg



tr. Judge my cause, defend me
with your power, O Lord.
alt. Rise up, Lord, and come to
my aid.

PSALM 35: 1-2, 3c, 9-19, 22-23, 27-28

I

Contend, O Lord, with my contenders;
fight those who fight me.

Take up your buckler and shield;
arise in my defense.

Say to my soul, "I am your salvation." †
Then my soul shall rejoice in the Lord,
and exult in his salvation.

All my bones will say, "Lord, who is like you †
who rescue the weak from the strong
and the poor from the oppressor?"

Lying witnesses arise,
asking me questions I cannot understand.

They repay me evil for good;
my soul is forlorn.

Glory...

II

When they were sick I dressed in sackcloth,
afflicted my soul with fasting,
and with prayer ever anew in my heart,
as for a brother, a friend.

I went as though mourning a mother,
bowed down with grief.

Now that I stumble, they gladly gather;
they gather, and mock me.

alt. All-powerful Lord,
stand by me and defend
me.

I myself do not know them,
yet strangers tear at me ceaselessly.

They provoke me with mockery on mockery,
and gnash their teeth at me.

Glory...

III

O Lord, how long will you look on? †
Rescue my life from their ravages,
my soul from these lions.

alt. My tongue will
speak of your goodness
all the day long.

Then I will thank you in the great assembly;
amid the mighty throng I will praise you.

Do not let my lying foes rejoice over me. †
Do not let those who hate me without cause
wink eyes at each other.

O Lord, you have seen, do not be silent;
Lord, do not stand afar off!

Awake! And stir to my defense,
to my cause, O my God and my Lord!

Let them exult and be glad
who delight in my deliverance.

Let them say without end, †
“Great is the Lord who delights
in the peace of his servant.”

Then my tongue shall speak of your justice,
and all day long of your praise.


Glory...

My son, take my words to heart.
— Do as I say, and you will live.

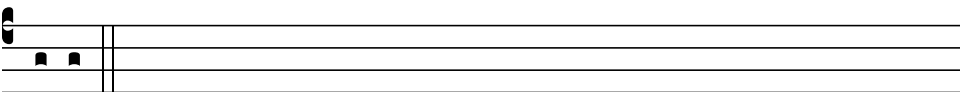
WEEK I
FRIDAY I LAUDS

VIIIg

M

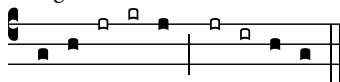


i-seré-re me-i, Deus, secúndum magnam mise-ricórdiam



tuam.

VIIIg



tr. Have mercy on me, O God,
according to your merciful love.
alt. Lord, you will accept the
true sacrifice offered on your
altar.

PSALM 51

Have mercy on me, O God,
according to your merciful love;
according to your great compassion,
blot out my transgressions.

Wash me completely from my iniquity,
and cleanse me from my sin.

My transgressions, truly I know them;
my sin is always before me.

Against you, you alone, have I sinned;
what is evil in your sight I have done.

So you are just in your sentence,
without reproach in your judgment.

Behold, in guilt I was born,
a sinner when my mother conceived me.

Behold, you delight in sincerity of heart;
in secret you teach me wisdom.

Cleanse me with hyssop, and I shall be pure
wash me, and I shall be whiter than snow.

Let me hear rejoicing and gladness,
that the bones you have crushed may exult.

Turn away your face from my sins,
and blot out all my guilt.

Create a pure heart for me, O God;
renew a steadfast spirit within me.

Do not cast me away from your presence,
take not your holy spirit from me.

Restore in me the joy of your salvation,
sustain in me a willing spirit.

I will teach transgressors your ways,
that sinners may return to you.

Rescue me from bloodshed, O God, †
O God of my salvation,
and then my tongue shall ring out your justice

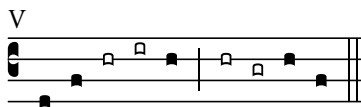
O Lord, open my lips
and my mouth shall proclaim your praise.

For in sacrifice you take no delight;
burnt offering from me would not please you.

My sacrifice to God, a broken spirit: †
a broken and humbled heart,
you will not spurn, O God.

In your good pleasure, show favor to Zion;
rebuild the walls of Jerusalem.

Then you will delight in right sacrifice, †
burnt offerings wholly consumed.
Then you will be offered young bulls on your altar.
Glory...



alt. All the descendants of Israel
will glory in the Lord's gift of
victory.

ISAIAH 45:15-25

Truly you are a God who hide yourself,
O God of Israel, the Savior.

All of them are shamed and disgraced;
the makers of idols leave together in disgrace.

Israel is saved by the Lord with everlasting salvation.
You shall not be put to shame or disgrace for all eternity.

For thus says the Lord, Creator of the heavens,
God himself, who formed the earth and made it firm;
not as chaos did he create it,
but formed it to be lived in.

I am the Lord, and there is no other,
I did not speak in secret in a land of of darkness.

I did not say to the descendants of Jacob
“Seek me in vain.”

I the Lord speak what is just,
I declare what is upright.

Gather together, and come,
draw near together, you survivors of the nations.

they have no knowledge, who lift up wooden idols
and pray to a god who cannot save.

Speak up and present your case
let them take counsel together

Who has revealed this from long ago †
foretold it of old?

Was it not I, the Lord?

There is no other god but me †
a righteous God and a Savior
There is none except me.

Turn to me and be saved,
all the ends of the earth.

For I am God and there is no other.

By my own self I swear it,

from my mouth has righteousness gone forth,
a word that shall not return.

For to me every knee shall bow,
and every tongue shall swear an oath.

They will say to me, “Only in the Lord
are righteousness and strength;

all who were angry against him
shall come to him and be ashamed.

In the Lord all the offspring of Israel
shall be justified and exult.”

Glory...



IVe



tr. Cry out with joy to the Lord,
all the earth.
alt. Let us go into God's presence
singing for joy.

PSALM 100

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.

Come before him, singing for joy.
Know that he, the Lord, is God.

He made us; we belong to him.
We are his people, the sheep of his flock.

Enter his gates with thanksgiving
and his courts with songs of praise.

Give thanks to him, and bless his name.
Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory...

