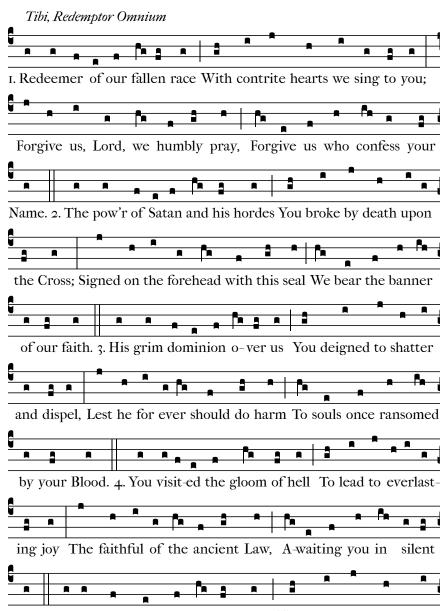
Holy Saturday Tenebrae

Translation of psalms and canticles are the newly approved translations which will be used in the upcoming edition of the Liturgy of the Hours: The Abbey Psalms and Canticles, Conception Abbey 2010, 2018 USCCB.

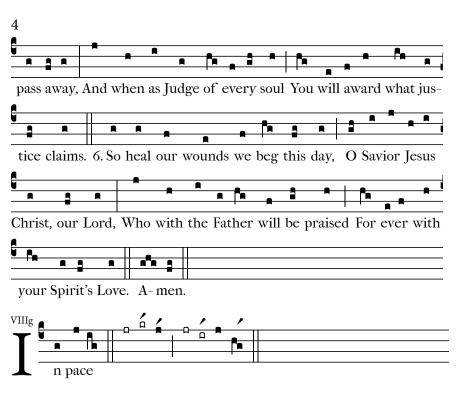
Translation of the Latin antiphons are taken from the (current) 1976 USCCB edition of the Liturgy of the Hours, or are from approved biblical translations, or new translations as necessary.

Antiphons are taken as directed from the *Ordo Cantus Officii*, Rome 2015.

All stand, make the Sign of the Cross in silence, the hymn begins.



hope. 5. Alone you know the certain time When this our world must



PSALM 4

O God of justice, give answer whén *I* cáll; from anguish you released me, have mércy *and* héar me!

O you people, how long will my glóry be *dis*hónored, will you love what is futile and séek what *is* fálse?

Know that the Lord works wonders for his fáith*ful* óne; the Lord will hear me whenéver *I* cáll him.

Tremble, do not sin: ponder on your béd and *be* stíll. Offer right sacrifice, and trúst in *the* Lórd.

"O that we might see better times," mány sáy. Lift up the light of your face on ús, O Lórd.

You have put into my heart a gréater jóy than abundance of grain and new wíne can *pro*víde.

In peace I will lie down and fáll *a*sléep, for you alone, O Lord, make me dwéll *in* sáfety. Glory.

tr. In peace I will lie down and rest.



PSALM 16

Preserve me, O God, for in you I take re*fuge*. † I say to the Lord, "You áre *my* Lórd. You, you alone áre *my* góod."

As for the holy ones who dwell in *the* land, they are noble, and in them is all my *delight*.

Those who choose other gods increase their sorrows. † I will not take part in their offerings *of* blood. Nor will I take their names upon *my* lips.

O Lord, it is you who are my pórtion *and* cúp; you yourself who secúre *my* lót.

Pleasant places are marked out *for* mé: a pleasing heritage indéed *is* míne!

I will bless the Lord who gives *me* counsel, who even at night directs *my* heart.

I keep the Lord befóre *me* álways; with him at my right hand, I shall nót *be* móved.

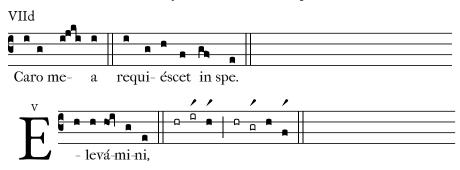
And so, my heart rejoices, my sóul *is* glád, even my flesh shall rést *in* hópe.

For you will not abandon my sóul *to* Shéol, nor let your holy one sée *cor*rúption.

You will show me the path of *life*, † the fullness of jóy in *your* présence, at your right hand, blíss *for*éver.

Glory.

tr. My flesh shall rest in hope.



PSALM 24

The Lord's is the éarth and *its* fúllness, the world, and those who dwéll *in* ít.

It is he who sét it on *the* séas; on the rivers he máde *it* fírm.

Who shall climb the mountain of *the* Lord? Who shall stand in his holy place?

The clean of hands and pure of *heart*, † whose soul is not sét on *vain* thíngs, who has not swórn deceit*ful* wórds.

Blessings from the Lórd shall he *re*céive, and right reward from the Gód *who* sáves him.

Such are the péople *who* séek him, who seek the face of the Gód *of* Jácob.

O gates, lift hígh *your* héads; grow hígher, an*cient* dóors.

Let him enter, the kíng *of* glóry! Who is this kíng *of* glóry?

The Lord, the mighty, *the* váliant; the Lord, the váliant *in* wár.

Glory.

tr. Lift up yourselves, you eternal gates, and the king of glory will enter.

V



E-levá-mi-ni, portæ æterná-les, et intro- í- bit rex gló-ri-æ.

Take up my cáuse and réscue me.

— Be true to your word, give *me* life.

1st Reading: Hebrews

2nd Reading: An ancient homily on Holy Saturday

Lamentations of Jeremiah
Third Series of Three

The Prayer of Jeremiah



PSALM 64

Hear, O God, the vóice of my *com*pláint; guard my life from dréad of *the* fóe.

From the assembly of the wicked, hide me, from the throng of those who do évil.

They sharpen their tóngues *like* swórds. They aim bitter wórds *like* árrows,

to shoot at the innocent *from* ambush, shooting súddenly *and* féarlessly.

Holding firm in their évil course, they conspire to lay sécret snares.

They are saying, "Whó will sée us? Who can séarch out our crímes?"

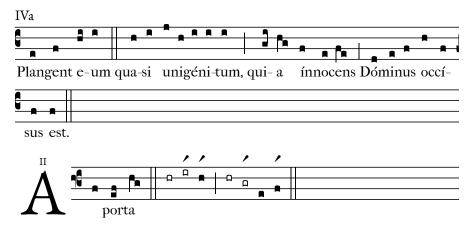
They have hatched their wicked plots, and brought their plots to *perfection*.

How profound the depths of the *heart*! † God will shoot them with *his* árrow, and deal them súd*den* wounds.

Their own tongue will bring them *to* rúin; all who see them will sháke *their* héads.

Then will áll be *a*fráid; they will tell what Gód *has* dóne.

They will pónder *his* déeds. The just one will rejóice in *the* Lórd; and fly to hím *for* réfuge. All upright héarts *will* glóry. Glory. tr. They shall mourn for him as an only begotten son, because the innocent Lord has been slain.



ISAIAH 38

I said: In the midst of my days I must depart. † I am consigned to the gátes of Shéol for the rést of my yéars.

I said, I sháll *not* sée the Lord in the lánd of *the* líving;

no more shall I look on the hú*man* ráce, on those who inhábit *the* wórld.

My dwelling is pulled up and remóved *from* mé like a shép*herd's* tént;

he has rolled up my lífe like *a* wéaver, who severs me fróm the *last* thréad.

From dawn to dusk you bring me tó *an* énd I cry for hélp un*til* mórning.

Like a lion he crushes áll *my* bónes. From dawn to dusk you bring me tó *an* énd

Like a young swallow I mur*mur*; † like a dóve *I* móan.

My eyes grow weary gázing héavenward.

You saved my soul from the pit of *de*strúction, for you have cast behind your back áll *my* síns.

For Sheol cannot give *you* thánks nor can déath give *you* práise;

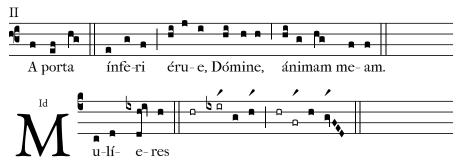
nor can those who descend into *the* pit hope any longer in *your* fáithfulness.

The living, the living give you thanks as Í do *this* dáy. Parents make known to their chíldren *your* fáithfulness.

The Lord is hére *to* sáve me, and we will sing to the sóund *of* instruments, all the dáys of *our* líves in the hóuse of *the* Lórd.

Glory.

tr. Deliver my soul from the gates of hell.



PSALM 150

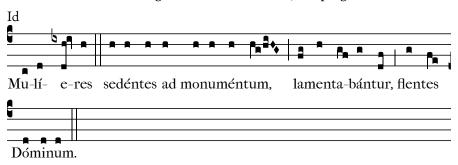
Praise God in his hó*ly* pláce; praise him in his míghty fírmament.

Praise him for his pówerful déeds; praise him for his bóundless grándeur

O praise him with sound *of* trúmpet; praise him with lúte *and* hárp.

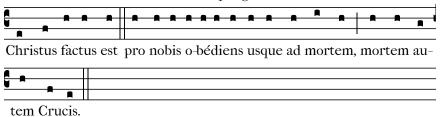
Praise him with timbrel *and* dánce; praise him with strings *and* pipes.

O praise him with resounding cymbals; † praise him with clashing *of* cýmbals. Let everything that breathes praise *the* Lórd! Glory. tr. The women sitting at the tomb lamented, weeping for the Lord.



Reading - Hosea

Ant • 8
For our sake Christ was obedient, accepting even death, death on a cross.



BENEDICTUS

tr. Savior of the world, save us, who redeemed us by the cross and blood: Help us, we pray you, our God.



rede-mí-sti nos; auxi-li- áre no-bis, te deprecámur, De-us noster.

Blessed be the Lórd God *of* Ísrael: for he has visited his péople and *re*déemed them,

he has raised up for us a hórn of *sal*vátion in the House of Dávid *his* sérvant,

as he spoke through the mouth of *his* holy ones, his prophets from áges pást:

To grant salvátion from *our* fóes, and from the hand of áll *who* háte us,

showing mercy to our fathers, † remembering his hóly cóvenant, the oath he swore to Ábraham *our* fáther;

To grant that, freed from the hand of *our* foes, we may serve him with*out* fear

in hóliness *and* ríghteousness all the dáys of *our* lífe.

And you, little child, will *be* called the Prophet of the *Most* High,

for you will go befóre *the* Lórd to make réady *his* wáys:

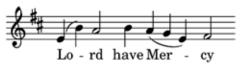
to grant knowledge of salvátion to *his* péople by the forgíveness of *their* síns;

Through the tender mércy of *our* Gód, the Dawn from on high will vís*it* ús,

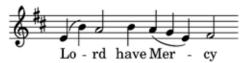
to shine on those who sit in dark*ness*, † and those in the shádow *of* déath; to guide our feet into the wáy *of* péace. Glory.

INTERCESSIONS

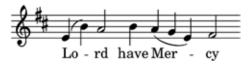
Two cantors in front of the altar steps sing:



People respond:



Front:



Two cantors, standing in the middle of the choir, sing:



People:



After each spoken intercession, all respond:



After the last intercession:

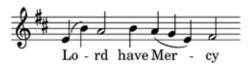
Middle:



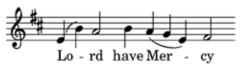
People:



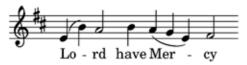
Front:



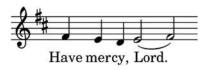
People:



Front:



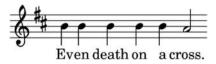
Middle:



People:



Front (LOUDLY):



At this point, all immediately kneel and pray silently for a short while. The Our Father is then recited out loud.

The leader says the following prayer, omitting "Let us pray."

All-powerful and ever-living God,
your only Son went down among the dead
and rose again in glory.
In your goodness
raise up your faithful people,
buried with him in baptism,
to be one with him
in the everlasting life of heaven,
where he lives and reigns with you in the unity of the Holy
Spirit,

God, for ever and ever. Amen.

After the final prayer, all depart in silence.