



PRESS PROOF APPROVALS & RECORDS



Calibration based on PANTONE®+ Solid Coated color book  
Only use actual PANTONE®+ Solid Coated (ending in “C”)



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store sealed in a cool, dry place

KEEP OUT OF REACH OF CHILDREN.  
USE ONLY IF SAFETY SEAL IS INTACT.

9 3465 5291 1 6

**Suggested Use:** Take 3 capsules daily, with food, or as directed by your healthcare practitioner.

**Warning:** If you are pregnant or nursing, taking medication, or have a medical condition, consult your healthcare practitioner before use.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Gluten-Free and Hypoallergenic.  
Non-GMO.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Learn more about our quality commitment at [vitalnutrients.co](http://vitalnutrients.co)

# Prenatal Multi-Nutrients

Women's multi with antioxidants, specifically for pregnancy and lactation<sup>†</sup>

DIETARY SUPPLEMENT

180 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size: 3 capsules  
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (67% as beta carotene and mixed carotenoids, 33% vitamin A acetate)	1,125mcg RAE	87%
Vitamin C (as ascorbic acid)	250mg	208%
Vitamin D3 (as cholecalciferol)	10mcg (400 IU)	67%
Vitamin E (as d-alpha tocopheryl succinate)	134mg	705%
Vitamin K1 (as phyloquinone)	50mcg	56%
Thiamin (as thiamine HCl)	25mg	1,786%
Riboflavin	5mg	313%
Niacin (as niacinamide)	25mg NE	139%
Vitamin B6 (as pyridoxine HCl)	25mg	1,250%
Folate (50% L-5-methyltetrahydrofolate, 50% folic acid)	680mcg DFE (400mcg folic acid)	113%
Vitamin B12 (as methylcobalamin)	100mcg	3,571%
Biotin	150mcg	429%
Pantothenic Acid (as calcium pantothenate)	50mg	714%
Calcium (as di-calcium malate)	200mg	15%
Iron (as iron aspartate)	15mg	56%
Iodine (as potassium iodide)	112.5mcg	39%
Magnesium (as di-magnesium malate)	100mg	25%
Zinc (as zinc citrate)	12.5mg	96%
Selenium (as selenomethionine)	100mcg	143%
Copper (as copper glycinate)	1mg	77%
Manganese (as manganese citrate)	2.5mg	96%
Chromium (as chromium polynicotinate)	100mcg	222%
Molybdenum (as molybdenum citrate)	25mcg	50%
Potassium (as potassium chloride)	45mg	1%
Boron (as boron citrate)	500mcg	*
Vanadium (as vanadium citrate)	25mcg	*

\* Daily Value (DV) not established

Other Ingredients: Vegetarian Capsule (cellulose), Ascorbyl Palmitate, Silica.

MANUFACTURED BY **VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE, MIDDLETOWN, CT 06457 USA

VN.PNM.REV03

Part Number	VN.PNM.REV03
Description	VN.PNM.REV03_3.125x8.25_FINAL_OUTLINED
Die/Tooling	(Z484) H 3.1250 x W 8.2500
Material	White Poly (Removable)
Finish	Gloss Finish

100% TARGETS

CYAN

MAGENTA

YELLOW

BLACK

50% TARGETS

CYAN

MAGENTA

YELLOW

BLACK

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# VN.PNM.REV03 - VN.PNM.REV03\_3.125x8.25\_FINAL\_OUTLINED - DigitalProof

Final Audit Report

2025-08-11

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-  Document created by Amy Pena (apena@blueroothealth.co)  
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