

5.625 inch

15.000 inch



## high protein meal replacement

**27g WHEY PROTEIN/SERVING +  
25 VITAMINS & MINERALS**



**NET WT. 30.7 OZ (1.91 lb) 869.4 g**

### Nutrition Facts

21 Servings per container

**Serving Size 2 scoops (41.4g)**

**Amount per Serving  
Calories 150**

% Daily Value<sup>†</sup>

|                          |            |
|--------------------------|------------|
| Total Fat 2g             | 3%         |
| Saturated Fat 1.5g       | 8%         |
| Trans Fat 0g             |            |
| Cholesterol <5mg         | 2%         |
| Sodium 170mg             | 7%         |
| Total Carbohydrate 9g    | 3%         |
| Dietary Fiber 4g         | 14%        |
| Total Sugars <1g         |            |
| Includes 0g Added Sugars | 0%         |
| <b>Protein 27g</b>       | <b>54%</b> |
| Vitamin D 10mcg          | 50%        |
| Calcium 135mg            | 10%        |
| Iron 9mg                 | 50%        |
| Potassium 143mg          | 4%         |
| Vitamin A 750mcg         | 80%        |
| Vitamin C 30mg           | 35%        |

Amount per Serving % Daily Value<sup>†</sup>

|                                       |      |
|---------------------------------------|------|
| Vitamin E 15mg                        | 100% |
| Thiamin 0.75mg                        | 60%  |
| Riboflavin 0.85mg                     | 70%  |
| Niacin 10mg                           | 60%  |
| Vitamin B6 1mg                        | 60%  |
| Folate 333mcg DFE (200mcg folic acid) | 80%  |
| Vitamin B12 6mcg                      | 250% |
| Biotin 150mcg                         | 500% |
| Pantothenic Acid 10mg                 | 200% |
| Phosphorus 75mg                       | 6%   |
| Iodine 75mcg                          | 50%  |
| Magnesium 65mg                        | 15%  |
| Zinc 7.5mg                            | 70%  |
| Selenium 35mcg                        | 60%  |
| Copper 1mg                            | 110% |
| Manganese 1mg                         | 45%  |
| Chromium 60mcg                        | 170% |
| Molybdenum 37.5mcg                    | 80%  |

<sup>†</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram  
Fat 9 • Carbohydrate 4 • Protein 4

### Nutrition & support for every step of your journey.

Our great-tasting High Protein Meal Replacement delivers high quality whey protein isolate with all of the essential amino acids to support muscle mass, healing and recovery, healthy metabolism and weight management throughout your journey.

#### Easy to Enjoy

**Option 1:**  
Mix two scoops of powder in 4-6 fl oz of ice-cold water, milk or another favorite beverage using a shaker cup.

**Option 2:**  
Blend two scoops of powder in 4-6 fl oz of ice-cold water, milk or another favorite beverage using a blender.

*Tasty Tip: For milkshake-like consistency, add 4-6 ice cubes.*

100% WHEY PROTEIN WITH FIBER, VITAMINS & MINERALS

CONTAINS ALL ESSENTIAL AMINO ACIDS TO SUPPORT HEALTHY MUSCLE MASS



|                          |          |
|--------------------------|----------|
| <input type="checkbox"/> | Press    |
| <input type="checkbox"/> | Rewind   |
| <input type="checkbox"/> | Shipping |

**Product Info:**

Customer Name: Vitaquest International  
Product Code: 1901  
Description: 310|63986E1 BF Meal Replace Protein Vanilla-30.7oz

Revision: -  
Label Size: 5.625 x 15  
Corner Radius: 0.125  
Date: Aug 04, 2025

Comments: dieline does not print

**Color Info:**

- Cyan
- Magenta
- Yellow
- Black
- PANTONE 3599 C
- PANTONE 7511 C
- PANTONE 7509 C
- PANTONE 2167 C

**Extra Colors:**  
 dieline

**Roll Info:**

# of Labels/roll: 2,192  
Max OD: 15  
Stock #1: 2.4 Mil White BOPP  
Stock #2: -  
Stock #3: Clear Laminate

 Approved to Print *John Troup* Date 08/05/25

**PLEASE NOTE: Your approval of this proof is necessary before your order can be produced.**  
It is the Customer's Responsibility to approve design, copy and spelling, and to ensure this label complies with all FDA, USDA or other labeling regulations. Your press date will be scheduled after this approval has been received. Colors seen in a colored proof may differ from actual PMS colors. Color seen in an electronic proof may vary due to differences in computer settings, monitors, and printers used. Please see above information for actual ink color and size intended for the printed piece.

# BF.PROT-VAN-21S.REV02 - Vanilla Approval 1901\_Proof\_lo

Final Audit Report

2025-08-05

|                 |  |
|-----------------|--|
| Created:        | 2025-08-05                                   |
| By:             | Amy Pena (apena@blueroohealth.co)            |
| Status:         | Signed                                       |
| Transaction ID: | CBJCHBCAABAAKgHk9tqQK2Kty1Vh6PhOquDSjwQPxhJ9 |

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-  Document created by Amy Pena (apena@blueroohealth.co)  
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