



PRESS PROOF APPROVALS & RECORDS



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Only use actual PANTONE®+ Solid Coated (ending in “C”)



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Store sealed in a cool dry place. Keep out of reach of children. Use only if safety seal is intact.

SUGGESTED USE: Take 1 capsule per day, or as directed by your healthcare practitioner.

WARNING: Take only as directed. Consult your healthcare practitioner before use.

FREE FROM: Gluten, dairy, peanut, tree nut, fish, shellfish, soy, sesame, egg, artificial flavors, colors, sweeteners, and unnecessary excipients.

Vegan and Non-GMO.

MENOPAUSE

Fairhaven Health

Menopause Multivitamin Essentials

Daily support for bone, heart, and brain health*

Dietary Supplement
30 capsules | 1-month supply

Supplement Facts
Serving Size: 1 Capsule • Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	200mcg DFE	100%
Vitamin C (as ascorbic acid)	60mg	100%
Vitamin D (as cholecalciferol)	20mcg	100%
Vitamin E (as D-alpha-tocopheryl succinate)	15mg	100%
Thiamine (Vitamin B1) (as thiamine HCl)	1.2mg	100%
Riboflavin (Vitamin B2) (as riboflavin 5'-phosphate)	1.3mg	100%
Niacin (Vitamin B3) (as niacinamide)	16mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate)	15mg	1000%
Folate (as L-methyltetrahydrofolate acid)	600mcg DFE (400mcg folate acid)	170%
Vitamin B12 (as methylcobalamin)	24mcg	1000%
Biotin	30mcg	100%
Pantothenic Acid (as calcium pantothenate)	5mg	100%
Iron (as ferrous fumarate)	18mg	100%
Iodine (as potassium iodide)	150mcg	100%
Zinc (as zinc citrate)	15mg	100%
Selenium (as selenomethionine)	55mcg	100%
Copper (as copper glycinate)	6.9mg	100%
Manganese (as manganese citrate)	2.3mg	100%
Chromium (as chromium polynicotinate)	35mcg	100%
Molybdenum (as molybdenum citrate)	45mcg	100%
Vitamin K2 (as menaquinone-7)	100mcg	+
Resveratrol (as resveratrol HCl)	150mg	+
Betaine HCl	150mg	+
Green Tea Extract (Camellia sinensis, leaf, standardized 50% catechins and epigallocatechin gallate (EGCG))	75mg	+

*Daily Value (DV) not established

Other Ingredients: Vegetable Capsule (Cellulose), Ascorbyl Palmitate, Rice Bran Lipid, Silica.

Manufactured By Fairhaven Health
45 Kenneth Dooley Drive, Middletown, CT 06457 • fairhavenhealth.com

Part Number	FH.MENOPAUSEMULTI30
Description	REV00 2.25X6
Die/Tooling	(C) H 2.2500 x W 6.0000
Material	White Paper
Finish	Gloss Finish

100% TARGETS

CYAN

MAGENTA

YELLOW

BLACK

50% TARGETS

CYAN

MAGENTA


YELLOW

BLACK

PLEASE REVIEW BEFORE SIGNING

Please review all artwork for design, spelling, and all other content based edits. Please SIGN in appropriate box to the right (signature will be accepted as full approval to proceed with production of any open orders.). Labels larger than the available area on this proof may not be to scale. Color may shift when laminated or coated during the finishing process. Please request finished proofs if final color is critical.

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Customer	Blueroot Health
Proof Output File	FH.MENOPAUSEMULTI30.REV00_2.25x6_150 cc_FINAL_OUTLINED.pdf
Proof Output Date	Thursday, June 27, 2024
Signature	 John Troup (Jun 27, 2024 16:15 EDT)
Signature Date	26/06/24

FH.MENOPAUSEMULTI30 - REV00 2.25X6 - DigitalProof

Final Audit Report

2024-06-27

Created:	2024-06-27
By:	Amy Pena (apena@blueroothealth.co)
Status:	Signed
Transaction ID:	CBJCHBCAABAA4xgFKH8Wa5Ule6xecqwic7GfMbfbvbyUa

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-  Document created by Amy Pena (apena@blueroothealth.co)
2024-06-27 - 1:05:17 PM GMT
-  Document emailed to John Troup (jtroup@blueroothealth.co) for signature
2024-06-27 - 1:05:23 PM GMT
-  Email viewed by John Troup (jtroup@blueroothealth.co)
2024-06-27 - 8:15:21 PM GMT
-  Document e-signed by John Troup (jtroup@blueroothealth.co)
Signature Date: 2024-06-27 - 8:15:52 PM GMT - Time Source: server
-  Agreement completed.
2024-06-27 - 8:15:52 PM GMT