



PRESS PROOF APPROVALS & RECORDS



Calibration based on PANTONE®+ Solid Coated color book
Only use actual PANTONE®+ Solid Coated (ending in “C”)



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store sealed in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.
USE ONLY IF SAFETY SEAL IS INTACT.

6 93465 28211 3

Suggested Use: Take 3 capsules, twice daily following a meal, or as directed by your healthcare practitioner.

Warning: If you are pregnant or nursing, taking medicatio, or have a medical condition, consult your healthcare practitioner before use.

Gluten-Free and Hypoallergenic.
Vegan and Non-GMO.

1This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Learn more about our quality commitment at vitalnutrients.co

vital

NUTRIENTS

Tension Ease®

(with Ashwagandha)

For relief of occasional stress and nervous tension†

DIETARY SUPPLEMENT

60 VEGAN CAPSULES

Supplement Facts

Serving Size: 3 capsules
Servings Per Container: 20

	Amount Per Serving
Ashwagandha Extract <i>(Withania somnifera, root & leaf, standardized to 10% withanolide glycosides)</i>	189mg*
Valerian <i>(Valeriana officinalis, root)</i>	255mg*
L-Theanine	150mg*
Botanical Blend	792mg*
Passionflower Extract <i>(Passiflora incarnata, flower, standardized to 2.5% flavonoids)</i>	
Lemon Balm Extract <i>(Melissa officinalis, leaf, standardized to 4% rosmarinic acid)</i>	
California Poppy Extract <i>(Eschscholzia californica, aerial part, standardized to 0.3% californidins)</i>	
German Chamomile <i>(Matricaria recutita, flower)</i>	
Lavender <i>(Lavandula angustifolia, whole herb)</i>	

* Daily Value not established

Other Ingredients: Vegetarian Capsule (cellulose), Cellulose, Ascorbyl Palmitate, Silica.

MANUFACTURED BY **VITAL NUTRIENTS**
45 KENNETH DOOLEY DRIVE, MIDDLETOWN, CT 06457 USA

VN_CA_REV03

Part Number	VN.CA.REV03
Description	VN.CA.REV03_2.25x6_FINAL_OUTLINED
Die/Tooling	(C) H 2.2500 x W 6.0000
Material	White Poly (Removable)
Finish	Gloss Finish

100% TARGETS

CYAN

MAGENTA

YELLOW

BLACK

50% TARGETS

CYAN

MAGENTA

YELLOW

BLACK

PLEASE REVIEW BEFORE SIGNING

Please review all artwork for design, spelling, and all other content based edits. Please SIGN in appropriate box to the right (signature will be accepted as full approval to proceed with production of any open orders.). Labels larger than the available area on this proof may not be to scale. Color may shift when laminated or coated during the finishing process. Please request finished proofs if final color is critical.

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Customer	Blueroot Health
Proof Output File	VN.CA.REV03_2.25x6_FINAL_OUTLINED.pdf
Proof Output Date	Friday, June 13, 2025
Signature	
Signature Date	06/23/25

VN.CA.REV03 - VN.CA.REV03_2.25x6_FINAL_OUTLINED - DigitalProof

Final Audit Report

2025-06-23

Created:	2025-06-23
By:	Amy Pena (apena@blueroothealth.co)
Status:	Signed
Transaction ID:	CBJCHBCAABAAGnb4JxcD6e_5SUIFtzALSsTD-Fb9je5

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-  Document created by Amy Pena (apena@blueroothealth.co)
2025-06-23 - 4:12:10 PM GMT
-  Document emailed to John Troup (jtroup@blueroothealth.co) for signature
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