

# Veronica Hinojosa-Stang

📍 Los Angeles, California

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★ 111+ Five-Star Yelp Reviews

## Experience

### Baby Nurse & Doula Services

*Founder – Newborn Care Specialist, Postpartum Doula, Infant Sleep Coach*

Los Angeles, CA

Aug 2005 – Present

- Supported 1,000+ families through postpartum transition across 26+ years, maintaining 111+ five-star Yelp reviews and Top 10 Best Baby Night Nurse ranking in Los Angeles
- Specialize in gentle infant sleep conditioning; most babies achieve 12-hour sleep by 12–14 weeks through personalized routines and scheduling
- Provide comprehensive overnight and daytime care for newborns, preemies, and twins, including feeding support (breastfeeding, chest-feeding, and bottle-feeding)
- Serve as Traveling Baby Nurse and International Doula for families utilizing Carrot Fertility Benefits and Bridge Program across domestic and international locations
- Support LGBTQ+ families, adoption, and surrogacy journeys with unbiased, trauma-informed care tailored to each family's unique needs
- Coach and empower parents in newborn care – from understanding baby cues and feeding techniques to building lasting confidence in their parenting abilities
- Deliver infant massage education, Happiest Baby techniques, and pediatric massage to promote bonding, development, and sibling adjustment
- Train and transition nannies for families, ensuring continuity of quality care and smooth handoff processes
- Facilitate postpartum recovery through health coaching, nutrition guidance, and therapeutic massage sessions

### Baby Nurse & Doula Services

*Birth Doula*

Los Angeles, CA

Aug 2005 – Present

- Develop personalized birth plans and provide childbirth education, breastfeeding support, and immediate postpartum care
- Deliver prenatal and postnatal massage sessions and healthy eating coaching throughout pregnancy and recovery
- Advocate for expanded doula services for underserved families – featured in *La Opinión* (2020) and *Voyage LA Magazine* (2025)
- Awarded “Most Awesome Doula Business” in Doulas & Midwives category, Los Angeles (2013)

## Certifications & Professional Training

NICU Doula – The Nicu Translator Academy	2026
Trauma Informed Care – Tarzana Treatment Centers	2026
Certified Infant Feeding Specialist – Pro Doula	2023
Certified Postpartum & Infant Care Doula – Pro Doula	2023
Safe Sleep Ambassador Certified –	2022
Registered Kangaroula – Kangaroo Mother Care & Doula Services	2021
Domestic Violence Counselor – LAPD	2019
New Parent Educator / New Daddy Doula Specialist – Pro Doula	2019
Certified Pediatric Massage Therapist –	2019
Advanced Postpartum Doula Training – Joy Birthing Foundation	2019
Certified Health Coach for Pregnancy & Postpartum – Dr Sears Wellness Institute	2017
Neonatal Resuscitation Practitioner –	2016
Advanced Multiples Specialist Training –	2015
Craniosacral Therapy for Breastfeeding Mothers & Infants –	2015
Certified Postpartum Doula – Assoc. for Wholistic Maternal & Newborn Health	2014
Nanny Certified by RIE – Resources for Infant Educators	2014
Breastfeeding & Lactation Educator – CAPPA	2006, 2013
Advanced Newborn Care Specialist – Brilliantly Baby	2013
Infant Care Specialist Level I & II – Infant & Child Care Academy	2012
Infant Massage Educator – Infant Massage USA	2007, 2011
Certified Happiest Baby Educator – The Happiest Baby	2009
Home Health Aide – Compton Adult School	2007

<b>Certified &amp; Licensed Massage Therapist</b> – IPPT / CA Massage Therapy Council	2006–2009
<b>Certified Nurse Assistant / LVN Equivalent</b> – Compton Adult School	2006
<b>Certified Birth Doula (DONA)</b> – Chapman Family Center	2005
<b>Postpartum Doula Training</b> – Chapman Family Center	2005

*Additional Credentials:* Post Surgery Doula · Adoption Doula · Doula for Surrogacy · Sibling Doula · Infant Sleep Trainer · Baby Nurse Trainer & Mentor · Weaning Specialist · Pet Friendly Doula (Cat/Dog First Aid) · Prime Time Health Coach · COVID-Ready Caregiver (2020) · Psychological First Aid · Unbiased LGBT Doula

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## Education

<b>National University of Trujillo</b>	Trujillo, Peru
<i>Bachelor of Education</i>	1994 – 1998

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## Skills & Additional

<b>Specialties:</b>	Newborn Care, Preemies, Twins, Infant Sleep Coaching, Breastfeeding/Chest-feeding Support, Kangaroo Care, NICU Support, Postpartum Recovery, Birth Planning, Childbirth Education, Infant Massage
<b>Populations:</b>	LGBTQ+ Families, Adoption, Surrogacy, Carrot Fertility Benefits, Bridge Program, Special Needs (Apnea, RSV, Reflux)
<b>Languages:</b>	English (fluent), Spanish (native bilingual), Italian, German, French (basic)
<b>Compliance:</b>	Liability Insured, California Trustline Registered, CPR Certified (Adult/Child/Infant), US Citizen with Current Passport