



Christophe Rigon / Soto² □ - Scybernethician @ki_cog

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[Claude-Bernard: the "Milieu intérieur" leading to Homeostasis] 🇫🇷 □ 🗨️

Claude Bernard (1813-1878) originated the concept of "milieu intérieur" (internal environment), which laid the foundation for the later development of Cannon's concept of "homeostasis".



Ref:

Quote in my "Brain":

"You have to believe in science, that is to say determinism, the absolute and necessary relationship of things, both in the fields specific to living beings as in all the others but ...<https://www.perplexity.ai/search/is-it-claude-bernard-who-coined-3EXy1kREQxeI1Lv.TlMKog>

But at the same time we must be convinced that we have this report only in a more or less approximate way, and that the theories that we have are far from representing immutable truths (...) if we believe too much,

the spirit is linked and narrowed by the consequences of its own reasoning; He has no more freedom of action and lacks as a result of the initiative that the one who knows how to get out of this blind faith in theories, which is basically only a scientific superstition."

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