[ Homeostasis as a Second-Order Concept: bridging the gap between Physiology and Autopoiesis ]  $\,$ 

## Homeostasis is BOTH:

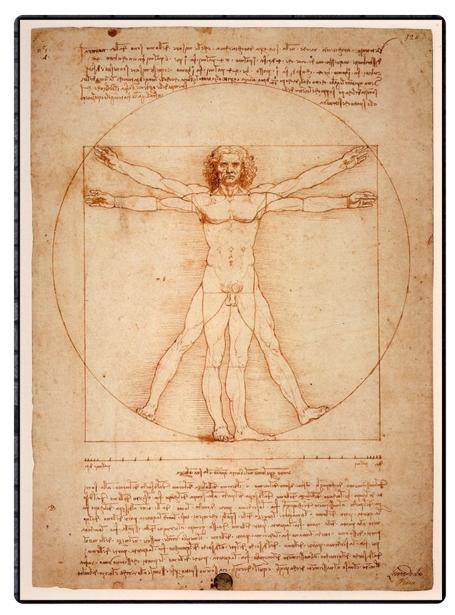
- "Regulation of regulation": organizational closure
- --> metastability.

## AND

- "Regulation of the regulating": operational closure
- --> autonomy.

Thus...

1/2



Homeostasis is Self-Regulation --> enabling Inter-Actions.

For a quick but more detailed exposition and understanding of these key concepts and relations, check-out this thread:



 ${\bf 2/2} \\ \underline{\bf https://www.perplexity.ai/search/how-does-varela-and-maturana-d-} \\ \underline{\bf G-4hjw-MSlKsM4A4CuBwhw}$ 

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