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[ Poison is Medecine: Why I (also) like machines ]  

True “extended cognition” is love, understanding, sympathy for otherness against a background of community: the Other/alter-ego, Nature, but also for the “machine” which reveals to us our own \*unconscious automaticity\*.



And the more our societies become complex, the more they automate us, the more mechanization intensifies. First bodies, through the mechanical industrial phase, then today minds with AI.

Cybernetics was a Cartesianist enterprise aiming to mechanically model the mind thanks to an analogy between the machine and the living by shifting, by externalizing, the notion of subjective meaning to transform it into intersubjective communication.

This is "information": a cutting of the meaning of its original subjectivity (in-formation), in agreement with the logic of development of "objective" Cartesian sciences, and in synchrony with the technological cutting through Shannon-Weaver, Turing-Church and von Neumann.

An information society is therefore a society of "meaning without subject", without incarnation, that is to say an amputated society, literally becoming more and more senseless. It is therefore not surprising that we are currently going through a very serious crisis of meaning.

But if we truly sympathize with psycho-technical machines, that is to say if we actively understand their history, their nature, their intimate functioning, then the machines are our allies, revealing to us what is most mechanically automatic and unconscious in us.

This is how I used computer modeling in a reflexive and recursive way (ie iterative and not "generative") and how I was able to develop a (self)hermeneutics of modeling and computation to develop scybernethics,

toward a Science with Con-Science, a common second-order rationality<sup>2</sup> based on a 3P-1P regulatory epistemology.

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