

Explore and Earn:

- Explore the Delaware River
- Earn the BSA 50 Miler Award
- Earn the Whitewater Merit Badge (Must have Canoeing Merit Badge. Advanced preparation on requirement 13.)
- Teambuilding with your group
- Learning a lot about yourself as you challenge your limits

Requirements:

- Be a registered Scout
- 14 Years old at the time of Participation
- Current BSA Annual Health & Medical Record signed by a physician within the last 12 months.
- Be able to attain "Swimmer" at swim test.

Equipment Needed:

- Sturdy Pair Of Hiking Boots
- Frame Pack (External or Internal)
- Sleeping bag (Preferable Mummy Style)
- Durable Water Bottles
- Mess Kit (Bowl and Spoon at least)
- Set of Rain Gear Pants/Jacket (Ponchos Not Suggested)
- Jacket (Polar Fleece Style Suggested)
- Personal First Aid Kit
- Swim Trunks
- Sunscreen

This is a partial list – a complete itinerary and equipment list will be sent upon registering.

How to Sign Up:

Contact:

Cradle of Liberty Council Camping Office
610-688-6900 •

Cradle of Liberty Council, BSA
1485 Valley Forge Road
Wayne, PA 19087

PADDLE RAMA

*A Week-long
Canoeing Adventure*



www.resicafalls.org

Resica Falls

SCOUT RESERVATION

Cradle of Liberty Council, BSA

Spend an exciting week on a 70+ mile canoe trip touring the historic and scenic jewels of the Delaware River. Unlike previous years we will now be traveling the upper portion of the Delaware River from New York State to the Delaware Water Gap. This is a new High Adventure excursion you do not want to miss!

An Adventure that will last a Lifetime

Begin your week at Resica Falls Scout Reservation where you will meet your guides for the week. With their help you will go over the trip's itinerary, get a review and fit of the equipment you will use and get any skill refresher you may need. You will then review the safety procedures and effectively pack for your adventure.

Your trip begins just after breakfast on Monday as we transport you to the launching point up in New York State. Your adventure on the historic and scenic Delaware River will cover some 70+ miles down to the awesome Delaware Water Gap camping each night along the river's edge. On Thursday you will be met by staff to



pick up your canoes, equipment, and gear. You will be transported back to Resica Falls in time to clean up for dinner. Your expedition will be recognized at the Campfire on Friday

night in front of the whole camp and you week ends when you depart Resica Falls on Saturday morning after breakfast. Your adventure is over, but your memories will last a lifetime!