

# 2017 Resica Falls Menu

Weeks 2, 4, and 6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b> Closed	<b>Breakfast</b> Pancakes Sausage Links	<b>Breakfast</b> Scrambled Eggs Sausage Patty Hash Brown	<b>Breakfast</b> Waffles Pork Roll	<b>Breakfast</b> French Toast Bacon	<b>Breakfast</b> Scrambled Eggs Sausage Link	<b>Breakfast</b> Bagels Assorted Pastries
<b>Lunch</b> Closed	<b>Lunch</b> Cheese Steak Sweet Potato Fries Sliced Watermelon <b>Specialty Station</b> Wing Bar <b>Salad of the Day</b> Chef's Salad	<b>Lunch</b> Tacos Spanish Rice Steamed Cauliflower Churro <b>Specialty Station</b> Nacho Bar <b>Salad of the Day</b> Chopped Salad	<b>Lunch</b> Hot Dogs Tater Tots Steamed Carrots Assorted Fruit Ices <b>Specialty Station</b> Pasta Bar <b>Salad of the Day</b> Caesar Salad	<b>Lunch</b> Sloppy Joe Curly Fries Mixed Veggies Cookies <b>Specialty Station</b> Baked Potato Bar <b>Salad of the Day</b> Buffalo Chicken	<b>Lunch</b> Grilled Cheese Chips Tomato Soup Assorted Italian Ices <b>Specialty Station</b> Asian Bar <b>Salad of the Day</b> Taco Salad	<b>Lunch</b> Closed
<b>Dinner</b> Roasted Turkey Mashed Potatoes Stuffing Steamed Carrots Apple Cobbler	<b>Dinner</b> BBQ Chicken Mac & Cheese Summer Squash Brownie	<b>Dinner</b> Spaghetti Meatballs Roasted Broccoli Breadsticks Ice Cream Sandwich	<b>Dinner</b> Meatloaf Rice Pilaf Steamed Green Beans Yellow Cake	<b>Dinner</b> Chicken Parmesan Rigatoni Roasted Cauliflower Ice Cream Cup	<b>Dinner</b> Roast Beef Herbed Potatoes Steamed Snap Peas Chocolate Cake	<b>Dinner</b> Closed

## Additional Daily Menu Offerings

- Breakfast Cereals
- Low Fat Yogurt and Cottage Cheese
- Deluxe Salad Bar with House Made Dressings
- Seasonal Fresh Fruit
- Peanut Butter and Jelly Sandwiches
- Dinner Rolls

## Daily Beverage Options

- 100% Orange Juice
- 100% Apple Juice
- Low Fat Chocolate Milk, 2% Milk, Whole Milk
- Soy Milk
- Coffee and Hot Cocoa
- FISD WaterWorks Program

## This menu has been reviewed by:

Susan Cooper, MS, RD, CDN  
Director of Wellness  
Flik Independent School Dining



**If You Have A Food Allergy, Please Contact Marco Morales, Director Of Dining Services At**  
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