



MANA U3A Inc

March 2023 Newsletter

Mana U3A Queries: u3amana@gmail.com

LEARN LAUGH LIVE

Hello to all Mana U3A Members

February Quarterly Meeting Report

Well done the almost 50 members who braved the inclement weather to attend our first Quarterly meeting. I think you were well rewarded. We started the year on a high with a lovely, personable, interesting speaker. Joanna Piatek, the photographer behind Captured by Friday Photography, entertained and informed us about many aspects of photography. It was great to get so many positive comments after the meeting.

As we promised the Committee (from funds) will cater at all Quarterly meetings this year. The sandwiches were divine, the pizza tasty and the sweet treats went down a treat! Many thanks to Marcia and her team of helpers. We will include a vegetarian option next meeting.

Thanks to all who helped with set-up and clean-up. A special mention of Mary Wilson who, although not on the Committee, often does the vacuum cleaning after our meetings as she did at this one.

Our collective appreciation to Jo Thomson who has just offered and was quickly seconded unanimously to our Executive Committee

Your Membership Status

If you have not yet paid your overdue 2022-23 sub of \$10, please expect an email shortly. To avoid having your membership curtailed please deposit your \$10 noting name and sub, into our KiwiBank Account:

MANA U3A (INC) A/c No 38 9023 0226804 00.

Interest Groups

The **updated pamphlet** will be printed very soon so I hope all Coordinators have sent any changes for this year to Michael as requested.

The pamphlets will be distributed via Interest Groups so if you do not belong to any Interest Groups please let Michael or Kay know.

Please contact Michael (Tai Chi) or Kay (Making Memories) if you wish to join either of these two new Groups.

Day Trips and Other Events

1. Sushi made easy – Learning to make sushi and a shared lunch with Bill Gebbie and Lisa Webber

Tuesday 14 March at 9 Ernest Street in Ranui at 11.30 am.

You're invited to Bill's home at 9 Ernest Street in Ranui to try your hand at making sushi and enjoy a shared lunch. We'll start putting together our sushi rolls around 11.45 so please arrive around 11.30. Please bring your chosen fillings. Suggestions are carrot, tinned fish (tuna is good), crab meat, avocado, egg, capsicum, celery. Remember that a little goes a long way when it comes to making sushi.

Bill and Lisa will supply seasoned rice, soya sauce, sushi mats, seaweed sheets, Japanese tea and sake. Bill often makes sushi for lunch or dinner at home, or to take to family and friends. Lisa and Bill will show you how easy and cheap it is to make sushi. It's not only delicious but very healthy. The group will have lunch together to share their efforts. Please bring \$3 towards the cost of ingredients.

Contact Bill on 0276770180 or billnmary@xtra.co.nz if you want to come. The group is limited to four, along with Bill and Lisa. If there's lots of interest you will go on a waiting list for another session.

2. Need help filling out the Census forms?

Bill Gebbie from our committee has filled out his 2023 Census forms online and found the process straightforward and quick. The notes are very helpful so do read them before starting to fill out the forms. However, not everyone will find it easy to fill out the forms, whether online or on paper, and may need help. Bill has looked into where you can find that help.

The first place to try is Statistics New Zealand, itself. Go to this link:

<https://www.census.govt.nz/support/>

In Porirua the Citizens Advice Bureau is happy to help. They're open from 9.30 to 3.30 and there's no need to book. They have a computer you can use if you want to fill out the census online and don't want to take your own device along.

The Johnsonville branch of SeniorNet has arranged times when anyone is welcome to drop in for help. Their focus is on filling out the forms online but they will also help you if you want to fill out the paper forms. There is no need to book. They will be based at the Johnsonville Community Centre on the following days and times:

Tuesday 28 February 1-3

Friday 3 March 10-12 and 1-3

Wednesday 8 March 10-12

Take along your I-Pad, Tablet or whatever device you will be using to fill out the forms online. There will also be devices available to use at Johnsonville Community Centre

The Kapiti branch of SeniorNet will also be helping people to fill out their census forms online. This will be at the Learning Centre at 200 Matai Road in Raumati on 6 March and 9 March from 1.30 to 4. Again, take with you whatever device you will be using to fill out the forms online. There is no need to book.

If you go along to any of the SeniorNet sessions it would be a nice gesture to leave a donation/koha as a thank you.

Remember that you should take your mobile phone along to any of these sessions in case you need your personal ID code sent to you.

Bill has received more information since this so if you need further information please contact him.

2023 Quarterly meeting Dates

Please diary these meeting dates if you haven't already done so.

Thursday 18 May

Thursday 17 August

Thursday 16 November (AGM)

Executive Committee Contacts

Your 2022-23 Executive Committee includes:

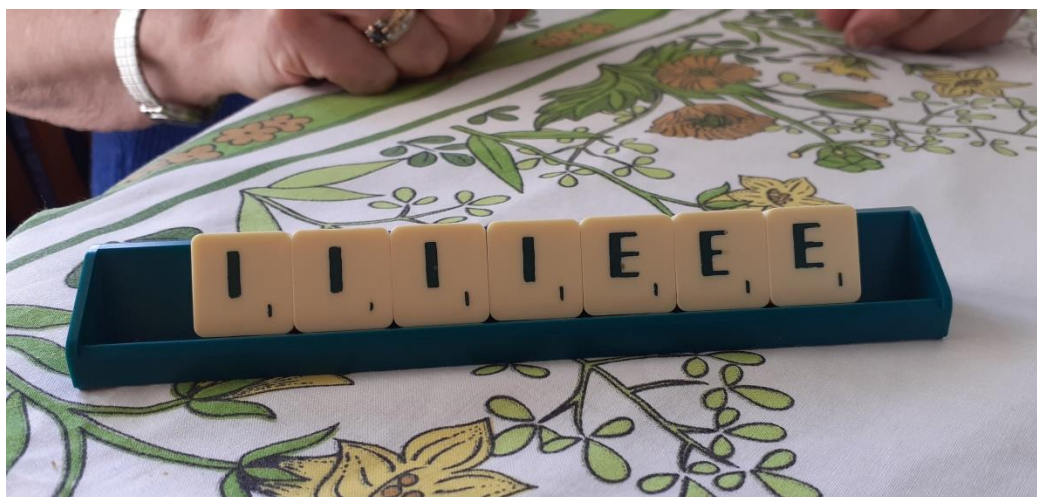
Position	Name	Phone Number	Email Address
President	Kay Phillips	0279758569	46nanakay@gmail.com
Vice President	Bill Gebbie	04 237 6514 027 677 0180	billnmary@xtra.co.nz
Treasurer	Pat Wilson	0274488254	patgar.wils@gmail.com
Secretary	Vacant	Currently Committee members are rotating Minutes Secretary duties	
Interest Groups Manager	Michael Lynch	022 606 8066	m.lynch@xtra.co.nz
Venue Manager	Marcia Forsman	021406570	marcia@venture.co.nz
A-V / Website Manager	Colin Brown	04 236 8789 028 413 2372	baykiwi@gmail.com
Social Media Manager	Lisa Webber	04 2347458	lisawebber3@gmail.com
Committee	Jo Thomson	04 233 9389	eskdale148@xtra.co.nz
Committee	Julie Kropp	04 233 1066	sweet_lute@yahoo.com

Please enjoy the photos below sent by one of our Interest Group Coordinators. I am repeating these as a couple of people did not receive the photos in their February newsletter.

Kay Phillips
President
Mana (Porirua) U3A Inc



Summer is the perfect time to play scrabble outside,



Even if you don't always get the tiles you were looking for...