

RESICA FALLS SCOUT RESERVATION • CRADLE OF LIBERTY COUNCIL, BSA

Afternoon Adventures

SUMMER 2023



Important Information Needed to Plan Your Afternoon Adventures

Including Adventure Descriptions, Best Practices, and Sample Schedules

WELCOME

April 2023

Greetings Detectives,

Resica Falls continually prides itself on new and innovative program development, and the Afternoon Adventures are newest program feature of the summer. This new Open Program model will give a Scout and their buddy, a patrol, or the whole unit the opportunity to explore the exciting and unique non-advancement offerings at Camp Big Springs. By allocating a portion of the schedule to be primarily for those programs that aren't merit badges, we can now introduce new and exciting opportunities for our campers on a regular basis. With Advancement being only one of Scouting's methods, we can now deliver program that encourages using a wider array of the Methods of Scouting while providing a high-level of choice for each Scout, patrol, and unit!

What's New in 2023

With this program introduced in 2022, there was plenty of opportunity to tweak and make adjustments to the programs offered, including:

- Advance sign-up for Key Adventures that have a high level of interest and excitement for troops and patrols (more details on page 12).
- New adventures to highlight and maximize the abilities of our staff and the interests of our campers.
- Limited afternoon merit badge sessions for those that have a high-level of focus on advancement.

How It Will Work?

Participation in the Afternoon Adventures will take some advance planning on the part of the unit and Scouts coming to camp this summer. Units will review the offerings in this guide and discuss options during unit meetings leading up to your stay in camp. Your unit will sign up for their Key Adventure on May 1st to give your schedule a focal point. Once in camp, the Senior Patrol Leader of each unit will meet with our Program Team on Sunday evening to sign your Scouts and units up for the activities they want to participate in. **LARGER TROOPS SHOULD SEND MULTIPLE YOUTH REPRESENTATIVES TO THIS MEETING.** Have your selections ready and start scheduling your week. Select a few alternatives, just in case - BE PREPARED is the Scout Motto after all!

If you have any questions related to Afternoon Adventures in the weeks leading up to camp, be sure to reach out to us at the email addresses below. We'll be happy to help guide you and your unit through the process to help ensure that this new program experience is an enjoyable experience for all. For more information relating to the wider camp program and summer camp as a whole, be sure to check out our 2022 Program Guide and other details at resicafalls.org. See you in camp!

Yours in Scouting,

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DETAILS & DESCRIPTIONS

Schedule

Afternoon Adventures will take place on Monday, Tuesday, Thursday, and Friday afternoons. Multiple program areas will host a variety of programs, outlined in this guide, across three periods - **2:15pm-3:00pm, 3:15pm-4:00pm, and 4:15pm-5:00pm**. Scouts, patrols, and units will have the opportunity to participate in as many as 12 different adventures during your week in camp. Some activities may take more than one period to complete, and will be noted as such in that activity's description. While most adventures will be offered continuously throughout the week, not all adventures will be offered every day and at every time slot.

On Sunday evening at 7:30pm, Senior Patrol Leaders and other youth leaders will meet in the Dining Hall with our Program Team and area directors to sign-up for these activities.



Adventure Descriptions

Each Afternoon Adventure will have as part of its description symbols noting which size group the adventure can accommodate. A triangle (\blacktriangle) will be used for those adventures designed for a Scout and their buddy. A square (\blacksquare) will be used for those adventures which are more patrol oriented. A circle (\bullet) will be used as part of the description for adventures meant for the whole troop to participate in. Some adventures will have multiple symbols, which means that adventure can accommodate multiple-sized groups. Afternoon Adventures are sorted by the program area that will be hosting the adventure. In addition, those adventures with a star (\star) indicate it as a Key Adventure with advanced sign-up opportunities.

ARCHERY

Archery Skeet Shoot: Do you have the skills needed to shoot a disk flying across the sky with nothing but a bow, arrow, and your own keen eyesight? \bullet

Unit Shoots: Join your unit or patrol for shooting archery targets at different distances. Which member will be crowned the top archer of the group? $\bullet\star$

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your shooting form? Have a partial in Archery you need to complete? Come get a helping hand. \blacktriangle

Adventure Descriptions (Cont.)

ATV

Mystery Rides: This is a two day program - **Monday & Tuesday or Thursday & Friday.** This will be offered during both **Adventure Sessions 2 and 3 (3:15pm-5:00pm)** on the designated days. Spend your first day in this adventure brushing up on your ATV skills and riding a bit. On Day Two, the group will explore some hidden mysteries of camp while participating in a trail ride. **ADVANCED SIGN UP THROUGH BLACKPUG AND PRIOR ATV CERTIFICATION REQUIRED (BOTH ONLINE AND PRACTICAL COURSE!)**▲



CIVICS

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your public speaking? Have a partial in a Civics merit badge you need to complete? Come on down and get a helping hand. **NO SIGN UP NECESSARY!**▲

ECOLOGY

Conservation Projects: Do you want to give back to the camp while learning and having fun at the same time? Join our Ecology Staff for a conservation project that will help keep our 4,200 acres of Pocono Mountain wilderness pristine.■●

Hatchery Program: Did you know that Resica Falls has a fully-functioning fish hatchery on the property? Help feed and care for the fish while learning more about this unique program.■●

Nature Hikes: Want to take a hike on one of our many trails with our Ecology Staff? Our staff will provide a unique perspective as they guide you through an exploration and explanation of the flora and fauna of Resica Falls.■●

Help Sessions: Need some extra help with your merit badge? Need additional time identifying birds? Have a partial in an Ecology merit badge you need to complete? Come on down and get a helping hand. **NO SIGN UP NECESSARY!**▲

HANDICRAFT

Art Club: Come learn some new fine art skills, show off your own talents, and participate in our daily art challenge.▲■●

Patrol Flag Design: Are you a new patrol in need of a flag or a seasoned patrol in need of a flag refresh? Let our Handicraft Staff assist you in creating a fun and exciting new patrol flag.■

Adventure Descriptions (Cont.)

Silkscreen Trail Signs: Come learn about our trails and how we mark them. Take a turn silkscreening the trail signs we hang up around camp! ▲■

Help Sessions: Need some extra help with your merit badge? Need additional time honing your basketry skills? Have a partial in a Handicraft merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

HEALTH LODGE

First Aid Derby: Do you want to have a patrol vs. patrol or unit vs. unit competition testing you on your best first aid skills? Head on over to the Health Lodge and compete against others for First Aid supremacy. ■●

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your bandaging skills? Have a partial in a Health Lodge merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲



HIGH ADVENTURE

Climbing/Zip Line: Challenge yourself to try different paths, from easy to difficult, on our climbing wall and reach new heights of bravery! Then make sure your helmet is on tight before zipping through the jungle canopy on our Zip Line. ■●

High Five Adventure Club: Are you a Scout at least 13 years of age or older? Do you want to explore the hidden adventures that await on our 4,200 acres of pristine Pocono Mountain wilderness? Then join our High Adventure Staff for daily afternoon adventures throughout camp, including hikes across the reservation, dips in the Bushkill Creek, and canoeing on the Delaware River. ▲

Low Team building Elements: Want to spend some time facing your fears and building your group's teamwork? Sign up to try some of our Low Elements at the COPE Course. ■●

LAKE

Dragon Boat Racing: Race another patrol or unit across the lake, trying to beat the clock and following the beat of your own drummer. Only the greatest teams will work together and win! ■●

Fishing: See if you or someone in your patrol can catch this week's biggest fish - but watch out for the piranha! NO SIGN UP NECESSARY; PA STATE FISHING LICENSE REQUIRED FOR THOSE OVER 16! ▲■

Adventure Descriptions (Cont.)



Open Boating: Come take out one of our many boats and enjoy the peace and quiet of the beautiful Lake Roger. NO SIGN UP NECESSARY! ▲ ■ ●

Stand Up Paddleboard BSA: Work on this non-merit badge Scout award with your patrol or a buddy while having some fun on our paddleboards. ▲

Wibits: Are you looking for a grand adventure? Come bounce around the lake on our inflatable Wibit features. NO SIGN UP NECESSARY! ▲ ■ ●

Help Sessions: Need some extra help with your merit badge? Need additional time practicing your canoeing strokes or sailing knots? Have a partial in a Lake merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

POOL

Instructional Swim: Need some help with your swimming skills? Want to work on rank advancement that is aquatics specific? Stop on down during **Adventure Session 1 (2:15pm-3:00pm)** NO SIGN UP NECESSARY! ▲ ■

Mile Swim: Build up your stamina during the week and then swim an entire mile on Friday afternoon for this non-merit badge Scout Award. **See Program Guide for build-up times (NO SIGN UP NECESSARY! ▲ ■)**

Open Swim: Join us for a cool dip on a hot day. Just exit the pool long enough to ride down our three-story water slide! **Open Monday, Tuesday, Thursday, and Friday (3:30pm-4:30pm)** NO SIGN UP NECESSARY! ▲ ■ ●

RESICA RANGERS

Rangers Odds and Ends: Find out more about signaling, tracking, and wayfinding without a map and compass. ▲

Help Sessions: Need some extra help with your rank advancement? Need additional coaching on your pocket knife skills or knots? Have you already earned Scout, Tenderfoot, Second Class, or First Class ranks but want some refreshers on these skills? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

Adventure Descriptions (Cont.)

SCOUTCRAFT

Cooking Demos: Wondering what the pros eat while out on the trail? Tired of the same old meals on every campout? Our jungle chefs will work with you to introduce new foods and cooking techniques to your unit! ■●

Gateway Help: If you need some guidance with your campsite gateway, give us a visit - our expert lashers will guide you! ■●

Geocaching: The thrill of the treasure hunt meets modern technology! Come us a GPS to find our jungle-themed geocaches! ▲■

Orienteering: A map, a compass, a canteen of water, and a grand sense of adventure are all that is needed for those looking to trek through one of our orienteering courses. ▲■●

Paul Bunyan Woodsman Award: Come and work on this non-merit badge Scout Award and learn the skills it takes to live like a real woodman! ▲■

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your splices? Have a partial in a Scoutcraft merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

SHOOTING SPORTS

Unit Shoots: Join your unit or patrol for shooting rifle targets or shotgun clays. Which member has the most skill and will be crowned the top shot of the group? ADDITIONAL CHARGE FOR SHOTGUN SHOOTING. ■●★

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your shooting positions? Have a partial in Shotgun or Rifle Shooting merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲



SHOP

Blacksmithing Exhibition: Check out our staff as they hammer out shapes in a blacksmithing exhibition. ■

Help Sessions: Need some extra help with your merit badge? Need additional coaching on your welds? Have a partial in a Shop merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

Adventure Descriptions (Cont.)

SPORTS

Gaga: Everyone's favorite games makes a return in 2022! Sign up for unit vs. unit or patrol vs. patrol games and learn the tips and tricks to become a Gaga master while playing a few games! ●

Fly Fishing & Fly Tying: Come down and spend some time relaxing by the river, cast the fly in, and test your skill to see if you can catch some trout! While there, learn about wet and dry flies, what flies work best in what situations, and try tying a fly of your own. PA STATE FISHING LICENSE REQUIRED FOR THOSE OVER 16! ▲■●

Games of the Day: Want to participate in some unit vs. unit competitions in games like basketball and ultimate frisbee? We'll provide the equipment and referee, you provide the spirit of competition! ■●

Help Sessions: Need some extra help with your merit badge? Need additional time designing your game? Have a partial in a Sports merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

STEM

3D Printing: Come learn about futuristic design on one of our 3D printers. This amazing technology is something you definitely want to learn about and see in action as you create your own model! ▲■●



Arduino Kits: Learn some basic programming skills with our super intuitive arduino kits! ▲

Chemistry Demo: Come see science in action as our STEM staff show off truly magical chemistry and perhaps even try your hand at it as well! ▲■●

Hour of Code: Coding and computer science is an ever-growing and expanding field, so get jump and learn some basics, expand your knowledge, or get some extra summer practice in coding! ▲

Laser Engraving: Check out this newest and coolest addition to our STEM Center! ▲■

Ozobots: Come learn about basic robotics and program an Ozobot to follow certain commands on a pattern. Which colored path through the jungle will you take - let the Ozobots decide! ▲■

Help Sessions: Need some extra help with your merit badge? Need additional time soldering? Have a partial in a STEM merit badge you need to complete? Come on down and get a helping hand. NO SIGN UP NECESSARY! ▲

Adventure Descriptions (Cont.)



OTHER PROGRAMS

Escape Room: That dastardly Mr. E has locked your patrol in the Museum of Resica History as your search for clues to discover their hidden identity! Can you escape before time runs out? ■●★

The Great Resica Caper: The dastardly Mr. E has stolen from the Museum of Resica History! Do you and your friends have the resources, wit, and the determination to gather the clues and piece it all together to discover who really is Mr. E?
NO SIGN UP NECESSARY! ▲■●

Life to Eagle Seminar: This will take place on **Tuesday & Thursday** only during **Adventure Session 2 (3:15pm-4:00pm)**. Take a moment with an experienced staff member and Eagle Scout mentor to learn about the next steps in your Scout advancement trail. Perhaps you need help brainstorming a project or with paperwork - our staff has been there before and is excited to help you out! ▲

Service Projects: A major part of Scouting is giving back. Take an afternoon, or part of the afternoon, and lend a hand in one of the many camp improvement projects happening around camp. Many hands make light work! ■●

Side Quests: Complete some challenges, big and small, to gain some extra points for your troop throughout the week. Some can be done solo, others require a buddy or two, or the whole troop! NO SIGN UP NECESSARY - CHECK THE DISPATCH BOARD OUTSIDE THE CAMP OFFICE! ▲■●

Skit Making: Learn from some experts about the finer points of skit making and be ready to have your whole troop - and other troops - wanting more of your entertainment and laughter! ■●

Troop Trips: A staple of the Resica Falls program are the trips we offer to explore the 4,200 acres of Pocono Mountain wilderness - and beyond! Sign up for a hike to a beautiful vista, a swim in one of our natural water holes, or a canoe trip along the Delaware River. SPECIAL LEADER TRAINING REQUIRED FOR AQUATIC TRIPS! ●★

Our list of Afternoon Adventures is only growing - have some ideas for programs? Please share them with us!

Sample Schedule - Troop 123

Monday

Session 1 (2:15-3:00pm): Nature Hike

Session 2 (3:15-4:00pm): Side Quests

Session 3 (4:15-5:00pm): Patrol A - Patrol Flag Design & Patrol B - Art Club

Tuesday

Session 1 (2:15-3:00pm): Open Boating

Session 2 (3:15-4:00pm): Open Boating & Wibits

Session 3 (4:15-5:00pm): Hatchery Program

Thursday

Session 1 (2:15-3:00pm): Canoe Trip on the Delaware River

Session 2 (3:15-4:00pm): Canoe Trip on the Delaware River

Session 3 (4:15-5:00pm): Canoe Trip on the Delaware River

Friday

Session 1 (2:15-3:00pm): Patrol A - Hike to Signal Mountain & Patrol B - Teambuilding Elements

Session 2 (3:15-4:00pm): Patrol A - Hike to Signal Mountain & Patrol B - Ozobots

Session 3 (4:15-5:00pm): Open Swim at the Pool

Sample Schedule - Troop 321

Monday

Session 1 (2:15-3:00pm): Patrol Z - Escape Room, Patrol Y - Trail Signs, and Scouts X & W - Mile Swim

Session 2 (3:15-4:00pm): Dragon Boats

Session 3 (4:15-5:00pm): Fishing & Open Boating

Tuesday

Session 1 (2:15-3:00pm): Patrol Z & Y - Paul Bunyan & Scouts X & W - Mile Swim

Session 2 (3:15-4:00pm): Trip to Cool Dip

Session 3 (4:15-5:00pm): Trip to Cool Dip

Thursday

Session 1 (2:15-3:00pm): Patrol Z - Cooking, Patrol Y - Fly Fishing, and Scouts X & W - Mile Swim

Session 2 (3:15-4:00pm): Troop Shoot at the Rifle Range

Session 3 (4:15-5:00pm): Patrol Z - First Aid Derby, Patrol Y - Frisbee Golf, & Patrol V - Escape Room

Friday

Session 1 (2:15-3:00pm): Patrol Z - Blacksmithing, Patrol Y - Orienteering, and Scouts X & W - Mile Swim

Session 2 (3:15-4:00pm): Sports

Session 3 (4:15-5:00pm): Conservation Project

Troop _____

Patrol _____

2023 RESICA FALLS AFTERNOON ADVENTURES

Schedule Template

Monday

Tuesday

Thursday

Friday

Adventure
Session 1
(2:15pm-3:00pm)

Adventure
Session 2
(3:15pm-4:00pm)

Adventure
Session 3
(4:15pm-5:00pm)

Advance Sign-up for Key Adventures

New for 2023, we are excited to offer the opportunity for each unit to sign-up for one adventure before you arrive at camp - your Key Adventure. With this activity secured, your unit will be able to plan the rest of the week in camp around this feature program and work to ensure that you experience all the adventure that awaits at Resica Falls. As a reminder, Afternoon Adventures are offered on Monday, Tuesday, Thursday, and Friday each week.

Those adventures that will be available for advanced sign-up are:

Archery Shooting (32 people) - 1 hour long session/3 shoots per day

Cool Dip Trip (65 people) - 2 trips per day

Delaware River Canoe Trip (36 people) - 1 trip per day

Escape Room (8 people) - 1 hour long session/3 sessions per day

Fossil Rock (60 people) - 2 trips per day

Little Falls (40 people) - 2 trips per day

Rifle/Shotgun Shooting (32 people) - 1 hour long session/3 shoots per day

On May 1st, 2023, your unit contact for summer camp will receive a link to sign-up for the Key Adventure of your choosing via a Google Form. Adventure sign-ups will be based on a first come, first serve basis. A couple of important things to note about your Key Adventure Sign-up:

- Each unit will be able to sign-up for one Key Adventure during the pre-camp sign-up period.
- It's very important to have more than one Key Adventure chosen in case your unit's first choice is already selected.
- Be sure to be flexible with the day and time during the week that you want to participate in your Key Adventure.
- Once we arrive in camp, your unit will be able to sign-up for the rest of your afternoon adventures, including any unclaimed Key Adventures!

As you prepare for your stay in camp and plan for your Afternoon Adventures, it is extremely important to have the Senior Patrol, Patrol Leaders, and Patrol Leaders Council select the activities that are going to interest the Scouts in the unit the most, and foster in them a sense of pride, ownership, and leadership in being responsible for this major piece of their summer camp experience!

"Adventure Awaits!"

