

Physical Examination Accomplishment and Recording Matrix		USAF Medical Standards & Medical Examination Requirements Version 4 - September 2018						
ITEM	AFSC	1A0X1	1A1X1	1A2X1	1A3X1	1A6X1	1A8X1	1A8X2
Duty Title		In-Flight Refueling	Flight Engineer	Aircraft Loadmaster	Airborne Msn Systems Op	Flight Attendant	Airborne Crypto Language Analyst	Airborne ISR Op
		IFC III	IFC III	IFC III	IFC III	IFC III	IFC III	IFC III
Examination Type								
DD FORM 2807-1 Report of Medical History		X	X	X	X	X	X	X
DD FORM 2808 Report of Medical Examination		X	X	X	X	X	X	X
Validity of Medical Examination		48 months	48 months	48 months	48 months	48 months	48 months	48 months
VITALS								
Height		X	X	X	X	X	X	X
Weight		X	X	X	X	X	X	X
Temperature								
Pulse		X	X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X	X
Sitting Height								
Knee to Buttocks								
Functional Reach		X	X	X	X	X	X	X
VISION								
Red Lens Test		X	X	X	X			
Amsler Grid		X	X	X	X	X	X	X
Cone Contrast Testing (CCT)		X	X	X	X	X	X	X
PIP Color Vision Test								
Vivid Red/Green Test								
Distant Visual Acuity (DVA)		X	X	X	X	X	X	X
Manifest Refraction								
Cycloplegic Refraction ¹		X	X	X	X	X	X	X
Near Visual Acuity (NVA)		X	X	X	X	X	X	X
Heterophoria (ES ¹ , EX ¹ , R/H, L/H)		X	X	X	X	X	X	X
Depth Perception (VTA or OVT)		X	X	X	X	X	X	X
Field of Vision		X	X	X	X	X	X	X
Night Vision		X	X	X	X	X	X	X
Intraocular Tension (IOP)		X	X	X	X	X	X	X
LABORATORY								
Urinalysis (dipstick)		X	X	X	X	X	X	X
Microscopic Urinalysis								
Urine HCG (Females only)		X	X	X	X	X	X	X
Hemoglobin/Hematocrit (H/H)		X	X	X	X	X	X	X
Blood Type/RH Factor		X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)
HIV ¹¹		X	X	X	X	X	X	X
Urine Drug Screen		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Blood Alcohol Test (BAT)		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Pap Smear		X ¹¹	X ¹¹	X ¹¹	X ¹¹	X ¹¹	X ¹¹	X ¹¹
Complete Blood Count (CBC)								
Syphilis Serology (RPR)		X	X	X	X	X	X	X
G6PD		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
DNA ¹⁵		X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵
Fasting Blood Sugar (FBS)		X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx
Hemoglobin-S		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
Lipids (Cholesterol/Triglycerides/HDL/LDL)		X	X	X	X	X	X	X
Hemoccult Test (FOBT)								
PPD								
Hepatitis C Serology								
Hepatitis A Immunization								
Hepatitis B Immunization								
Audiogram		X	X	X	X	X	X	X
12 Lead ECG with Interpretation		X	X	X	X	X	X	X
Reading Aloud Test (RAT)		X	X	X	X	X	X	X
Chest Radiograph (PA View)		X	X	X	X	X	X	X
Chest Radiograph (PA/LAT View)								
Mammogram		X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸
PROVIDER EXAMINATION								
Dental Examination (Type 1) ¹²								
Dental Examination (Type 2) ¹²		X	X	X	X	X	X	X
Clinical Examination (Items 17 - 44)		X	X		X	X	X	X
Focused examination of Tympanic Membranes, Lungs, Chest, Heart, Abdomen, and Neurologic								
Valsalva		X	X	X	X	X	X	X
		ARMA	ARMA	ARMA	ARMA	ARMA	ARMA	ARMA
Adaptability Rating								
Digital Rectal Examination (DRE)								
Comprehensive Neurological Examination - Cranial nerves; Serial 7s; Heel-Toe; Romberg; Gait; Muscle Strength for Deltoid, Bicep, Tricep; Grip; Toe Raises, Heel Raises, Knee Flex; DTRs for Bicep, Tricep, Patellar, Achilles, Brachioradialis; Heel-Shin slide, Sensation								
Modify as needed and record this statement on the DD FORM 2807-1 "Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy, and all other significant medical or surgical history." ¹³		X	X	X	X	X	X	X
Record this statement on DD FORM 2808 - "See DD FORM 2807-1 for complete medical or surgical history." ¹³		X	X	X	X	X	X	X
"Applicant possesses no fear of heights, depths, dark, or confined places."								
"Applicant possesses the ability to hold breath for 60 seconds subsequent to deep breathing."								
"(IS) qualified for Initial Flying Class III/Airborne/Combat Control or Pararescue or SERE Specialist/Marine Diving Duty." ¹⁸								

Physical Examination Accomplishment and Recording Matrix		USAF Medical Standards & Medical Examination Requirements							
		Version 4 - September 2018							
ITEM	AFSC	1A9X1	1C1X1	1C2X1	1C4X1	1C5X1D	1T0X1	1T2X1	1U0X1
Duty Title		Special Msns Aviation	Air Traffic Ctrl	Combat Ctrl	TACP	Cmdmd & Ctrl	SERE	Pararescue	RPA Sensor Op
		IFC III	GBC	IFC III GBC SLPD HMFF MDD	IFC III GBC SLPD	GBC	IFC III SLPD HMFF	IFC III SLPD HMFF MDD	GBC
Examination Type									
DD FORM 2807-1 Report of Medical History		X	X	X	X	X	X	X	X
DD FORM 2808 Report of Medical Examination		X	X	X	X	X	X	X	X
Validity of Medical Examination		48 months	48 months	48 months ^{2,3,4}	48 months ¹	48 months	48 months ^{3,4}	48 months ^{2,3,4}	48 months
VITALS									
Height		X	X	X	X	X	X	X	X
Weight		X	X	X	X	X	X	X	X
Temperature				X	X		X	X	
Pulse		X	X	X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X	X	X
Sitting Height									
Knee to Buttocks									
Functional Reach		X							
VISION									
Red Lens Test		X		X			X	X	
Amsler Grid		X		X	X		X	X	
Cone Contrast Testing (CCT)		X	X	X	X	X	X	X	X
PIP Color Vision Test									
Vivid Red/Green Test									
Distant Visual Acuity (DVA)		X	X	X	X	X	X	X	X
Manifest Refraction			X			X			X
Cycloplegic Refraction		X		X	X		X	X	
Near Visual Acuity (NVA)		X	X	X	X	X	X	X	X
Heterophoria (ES', EX', R/R, L/LH)		X	X	X	X	X	X	X	X
Depth Perception (VTA or OVT)		X		X	X		X	X	
Field of Vision		X	X	X	X	X	X	X	X
Night Vision		X	X	X	X	X	X	X	X
Intraocular Tension (IOP)		X	X	X	X	X	X	X	X
LABORATORY									
Urinalysis (dipstick)		X	X	X ²	X	X	X	X ²	X
Microscopic Urinalysis				X ^{7,8}			X ⁸	X ^{7,8}	
Urine HCG (Females only)		X	X	X ^{7,9}	X	X	X	X ^{7,9}	X
Hemoglobin/Hematocrit (H/H)		X	X		X	X			X
Blood Type/RH Factor		X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)
HIV ²⁴		X	X	X	X	X	X	X	X
Urine Drug Screen		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Blood Alcohol Test (BAT)		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Pap Smear		X ¹¹	X ¹¹	X ¹²	X ¹³	X ¹¹	X ¹³	X ¹²	X ¹¹
Complete Blood Count (CBC)				X ²			X	X ²	
Syphilis Serology (RPR)		X	X	X ²	X	X	X	X ²	X
GGPD		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
DNA ¹⁴		X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵
Fasting Blood Sugar (FBS)		X - if family Hx	X - if family Hx	X ²	X - if family Hx	X - if family Hx	X	X ²	X - if family Hx
Hemoglobin-S		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
Lipids (Cholesterol/Triglycerides/HDL/LDL)		X	X	X ²	X	X	X	X ²	X
Hemoccult Test (FOBT)				X ²			X	X ²	
PPD				X ²				X ²	
Hepatitis C Serology				X ²				X ²	
Hepatitis A Immunization				X ¹⁶				X ¹⁶	
Hepatitis B Immunization				X ¹⁷				X ¹⁷	
Audiogram		X	X	X ²	X	X	X	X ²	X
12 Lead ECG with Interpretation		X	X	X ²	X	X	X	X ²	X
Reading Aloud Test (RAT)		X	X	X	X	X	X	X	X
Chest Radiograph (PA View)		X			X		X		
Chest Radiograph (PA/LAT View)				X ²				X ²	
Mammogram		X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ^{18,19,20}	X if ≥ 40 years old ^{18,20}	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ^{18,20}	X if ≥ 40 years old ^{18,19,20}	X if ≥ 40 years old ¹⁸
PROVIDER EXAMINATION									
Dental Examination (Type 1) ²¹									
Dental Examination (Type 2) ²¹		X	X	X	X	X	X	X	X
Clinical Examination (Items 17 - 44)		X	X	X	X	X	X	X	X
Focused examination of Tympanic Membranes, Lungs, Chest, Heart, Abdomen, and Neurologic									
Valsalva		X		X ²⁴	X ²⁴		X ²⁴	X ²⁴	
		ARMA	AR-GBC	ARMA AR-GBC AR-SLPD AR-HMFF AR-MDD	ARMA AR-GBC AR-SLPD	AR-GBC	ARMA AR-SLPD AR-HMFF	ARMA AR-SLPD AR-HMFF AR-MDD	AR-GBC
Adaptability Rating									
Digital Rectal Examination (DRE)				X			X	X	
Comprehensive Neurological Examination - Cranial nerves; Serial 7s; Heel-Toe; Romberg; Gait; Muscle Strength for Deltoid, Bicep, Tricep; Grip; Toe Raises, Heel Raises, Knee Flex; DTRs for Bicep, Tricep, Patellar, Achilles, Brachioradialis; Heel-Shin slide, Sensation				X ²⁵	X		X	X ²⁵	
Modify as needed and record this statement on the DD FORM 2807-1 "Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy, and all other significant medical or surgical history." ²⁶		X	X	X	X	X	X	X	X
Record this statement on DD FORM 2808 - "See DD FORM 2807-1 for complete medical or surgical history." ²⁷		X	X	X	X	X	X	X	X
"Applicant possesses no fear of heights, depths, dark, or confined places." ²⁸				X	X		X	X	
"Applicant possesses the ability to hold breath for 60 seconds subsequent to deep breathing." ²⁹				X			X	X	
"(IS) qualified for Initial Flying Class III/Airborne/Combat Control or Pararescue or SERE Specialist/Marine Diving Duty." ³⁰				X - Combat Control			X - SERE	X - Pararescue	

Physical Examination Accomplishment and Recording Matrix		USAF Medical Standards & Medical Examination Requirements							
		Version 4 - September 2018							
ITEM	AFSC	1U1X1	1W0X2	X3N0X5	4M0X1	X4N0X1	11XX	12XX	13BX
Duty Title		Enlisted RPA Pilot	Special Ops Weather	Photojournalist	AOP Tech	AE Tech	Pilot	Combat Systems Officer	Air Battle Manager
Examination Type		IFC II	IFC III SLPD HMFF	IFC III	IFC III	IFC III	IFC I	IFC IA	IFC III GBC
DD FORM 2807-1 Report of Medical History		X	X	X	X	X	X	X	X
DD FORM 2808 Report of Medical Examination		X	X	X	X	X	X	X	X
Validity of Medical Examination		48 months	48 months ^{3,4}	48 months	48 months	48 months	48 months	48 months	48 months
VITALS									
Height		X	X	X	X	X	X	X	X
Weight		X	X	X	X	X	X	X	X
Temperature			X						
Pulse		X	X	X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X	X	X
Sitting Height		X		X			X	X	
Knee to Buttocks		X		X			X	X	
Functional Reach						X		X	
VISION									
Red Lens Test		X	X				X	X	
Amsler Grid		X	X	X	X	X	X	X	X
Cone Contrast Testing (CCT)		X	X	X	X	X	X	X	X
PIP Color Vision Test									
Vivid Red/Green Test									
Distant Visual Acuity (DVA)		X	X	X	X	X	X	X	X
Manifest Refraction									
Cycloplegic Refraction		X	X	X	X	X	X	X	X
Near Visual Acuity (NVA)		X	X	X	X	X	X	X	X
Heterophoria (ES ⁵ , EX ⁵ , R.H., L.H.)		X	X	X	X	X	X	X	X
Depth Perception (VTA or OVT)		X	X	X	X	X	X	X	X
Field of Vision		X	X	X	X	X	X	X	X
Night Vision		X	X	X	X	X	X	X	X
Intraocular Tension (IOP)		X	X	X	X	X	X	X	X
LABORATORY									
Urinalysis (dipstick)		X	X	X	X	X	X	X	X
Microscopic Urinalysis			X ⁶						
Urine HCG (Females only)		X	X	X	X	X	X	X	X
Hemoglobin/Hematocrit (H/H)		X	X	X	X	X	X	X	X
Blood Type/RH Factor		X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)
HIV ⁷		X	X	X	X	X	X	X	X
Urine Drug Screen		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Blood Alcohol Test (BAT)		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Pap Smear		X ¹¹	X ¹³	X ¹¹	X ¹¹	X ¹¹	X ¹¹	X ¹¹	X ¹¹
Complete Blood Count (CBC)			X						
Syphilis Serology (RPR)		X	X	X	X	X	X	X	X
G6PD		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
DNA ¹⁴		X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵
Fasting Blood Sugar (FBS)		X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx
Hemoglobin-S		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
Lipids (Cholesterol/Triglycerides/HDL/LDL)		X	X	X	X	X	X	X	X
Hemoccult Test (FOBT)			X						
PPD									
Hepatic C Serology									
Hepatitis A Immunization									
Hepatitis B Immunization									
Audiogram		X	X	X	X	X	X	X	X
12 Lead ECG with Interpretation		X	X	X	X	X	X	X	X
Reading Aloud Test (RAT)		X	X	X	X	X	X	X	X
Chest Radiograph (PA View)		X	X	X	X	X	X	X	X
Chest Radiograph (PA/LAT View)									
Mammogram		X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ^{18,20}	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸
PROVIDER EXAMINATION									
Dental Examination (Type 1) ²¹							X	X	
Dental Examination (Type 2) ²¹		X	X	X	X	X			X
Clinical Examination (Items 17 - 44)		X	X	X	X	X	X	X	X
Focused examination of Tympanic Membranes, Lungs, Chest, Heart, Abdomen, and Neurologic									
Valsalva		X	X ²⁴	X	X	X	X	X	X
Adaptability Rating		ARMA AR-RPA	ARMA AR-SLPD AR-HMFF	ARMA	ARMA	ARMA	ARMA	ARMA AR-RPA (12UX)	ARMA AR-GBC
Digital Rectal Examination (DRE)			X						
Comprehensive Neurological Examination - Cranial nerves; Serial 7s; Heel-Toe; Romberg; Gait; Muscle Strength for Deltoid, Bicep, Tricep; Grip; Toe Raises, Heel Raises, Knee Flex; DTRs for Bicep, Tricep, Patellar, Achilles, Brachioradialis; Heel-Shin slide, Sensation			X						
Modify as needed and record this statement on the DD FORM 2807-1 "Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy, and all other significant medical or surgical history." ²⁵		X	X	X	X	X	X	X	X
Record this statement on DD FORM 2808 - "See DD FORM 2807-1 for complete medical or surgical history." ²⁶		X	X	X	X	X	X	X	X
"Applicant possesses no fear of heights, depths, dark, or confined places." ²⁷			X						
"Applicant possesses the ability to hold breath for 60 seconds subsequent to deep breathing." ²⁸			X						
"(IS) qualified for Initial Flying Class III/Airborne/Combat Control or Pararescue or SERE Specialist/Marine Diving Duty." ²⁹			X						

Physical Examination Accomplishment and Recording Matrix		USAF Medical Standards & Medical Examination Requirements Version 4 - September 2018							
ITEM	AFSC	13CX	13DX	13LX	13NX	15WX	18XX	43AX	46FX
Duty Title		Special Tactics Officer	Combat Rescue Officer	Air Liaison Officer	Nuclear and Missile Ops	Special Ops Weather	RPA Pilot	Aerospace Physiology	Flight Nurse
Examination Type	DD FORM 2807-1 Report of Medical History	IFC III GBC SLPD HMFF MDD	IFC III SLPD HMFF MDD	IFC III SLPD GBC	MOD	IFC III SLPD HMFF	IFC II	IFC III	IFC III
	DD FORM 2808 Report of Medical Examination	X	X	X	X	X	X	X	X
	Validity of Medical Examination	48 months ^{2,3,4}	48 months ^{2,3,4}	48 months ¹	48 months	48 months ^{3,4}	48 months	48 months	48 months
VITALS									
Height		X	X	X	X	X	X	X	X
Weight		X	X	X	X	X	X	X	X
Temperature		X	X	X		X			
Pulse		X	X	X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X	X	X
Sitting Height							X		
Knee to Buttocks							X		
Functional Reach									X
VISION									
Red Lens Test		X	X			X	X		
Amsler Grid		X	X	X		X	X	X	X
Cone Contrast Testing (CCT)		X	X	X	X	X	X	X	X
PIP Color Vision Test									
Vivid Red/Green Test									
Distant Visual Acuity (DVA)		X	X	X	X	X	X	X	X
Manifest Refraction					X				
Cycloplegic Refraction		X	X	X		X	X	X	X
Near Visual Acuity (NVA)		X	X	X	X	X	X	X	X
Heterophoria (ES ¹ , EX ¹ , R/H, L/H)		X	X	X		X	X	X	X
Depth Perception (VTA or OVT)		X	X	X		X	X	X	X
Field of Vision		X	X	X	X	X	X	X	X
Night Vision		X	X	X	X	X	X	X	X
Intraocular Tension (IOP)		X	X	X	X	X	X	X	X
LABORATORY									
Urinalysis (dipstick)		X ⁷	X ⁷	X	X	X	X	X	X
Microscopic Urinalysis		X ^{7,8}	X ^{7,8}			X ⁸			
Urine HCG (Females only)		X ^{7,9}	X ^{7,9}	X	X	X			
Hemoglobin/Hematocrit (H/H)				X	X	X	X	X	X
Blood Type/RH Factor		X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)	X - (B/R)
HIV ¹⁴		X	X	X	X	X	X	X	X
Urine Drug Screen		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Blood Alcohol Test (BAT)		X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only	X - Civ only
Pap Smear		X ¹²	X ¹²	X ¹³	X ¹¹	X ¹³	X ¹¹	X ¹¹	X ¹¹
Complete Blood Count (CBC)		X ⁷	X ⁷			X			
Syphilis Serology (RPR)		X ⁷	X ⁷	X	X	X	X	X	X
G6PD		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
DNA ¹⁵		X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵	X - once in career ¹⁵
Fasting Blood Sugar (FBS)		X ⁷	X ⁷	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx	X - if family Hx
Hemoglobin-S		X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career	X - once in career
Lipids (Cholesterol/Triglycerides/HDL/LDL)		X ⁷	X ⁷	X	X	X	X	X	X
Hemoccult Test (FOBT)		X ⁷	X ⁷			X			
PPD		X ⁷	X ⁷						
Hepatitis C Serology		X ⁷	X ⁷						
Hepatitis A Immunization		X ¹⁶	X ¹⁶						
Hepatitis B Immunization		X ¹⁷	X ¹⁷						
PROVIDER EXAMINATION									
Audiogram		X ⁷	X ⁷	X	X	X	X	X	X
12 Lead ECG with Interpretation		X ⁷	X ⁷	X	X	X	X	X	X
Reading Aloud Test (RAT)		X	X	X	X	X	X	X	X
Chest Radiograph (PA View)				X			X	X	X
Chest Radiograph (PA/LAT View)		X ⁷	X ⁷			X			
Mammogram		X if ≥ 40 years old ^{18,19,20}	X if ≥ 40 years old ^{18,19,20}	X if ≥ 40 years old ^{18,20}	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ^{18,20}	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ¹⁸
DENTAL EXAMINATION									
Dental Examination (Type 1) ²¹									
Dental Examination (Type 2) ²²		X	X	X	X	X	X	X	X
Clinical Examination (Items 17 - 44)		X	X	X	X	X	X	X	X
Focused examination of Tympanic Membranes, Lungs, Chest, Heart, Abdomen, and Neurologic									
Valsalva		X ²⁴	X ²⁴	X ²⁴		X ²⁴	X	X	X
		ARMA AR-GBC AR-SLPD AR-HMFF AR-MDD	ARMA AR-SLPD AR-HMFF AR-MDD	ARMA AR-GBC AR-SLPD	AR-MOD	ARMA AR-SLPD AR-HMFF	ARMA AR-RPA	ARMA	ARMA
Adaptability Rating									
Digital Rectal Examination (DRE)		X	X			X			
Comprehensive Neurological Examination - Cranial nerves; Serial 7s; Heel-Toe; Romberg; Gait; Muscle strength for Deltoid, Bicep, Tricep; Grip; Toe Raises, Heel Raises, Knee Flex; DTRs for Bicep, Tricep, Patellar, Achilles, Brachioradialis; Heel-Shin slide, Sensation		X ²⁵	X ²⁵	X		X			
Modify as needed and record this statement on the DD FORM 2807-1 "Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy, and all other significant medical or surgical history." ²⁶		X	X	X	X	X	X	X	X
Record this statement on DD FORM 2808 - "See DD FORM 2807-1 for complete medical or surgical history." ²⁷		X	X	X	X	X	X	X	X
"Applicant possesses no fear of heights, depths, dark, or confined places."		X	X	X	X	X			
"Applicant possesses the ability to hold breath for 60 seconds subsequent to deep breathing."		X	X			X			
"(IS) qualified for Initial Flying Class II/Airborne/Combat Control or Pararescue or SERE Specialist/Marine Diving Duty." ²⁸		X	X			X			

Physical Examination Accomplishment and Recording Matrix		USAF Medical Standards & Medical Examination Requirements					
		Version 4 - September 2018					
ITEM	AFSC	48XX	OCONUS Enlistment/Commissioning	Static Line (SL) Parachute Duties	HALO/Military Free Fall (HMFF)	Marine Dive Duties (MDD)	OSF
Duty Title		Flight Surgeon					
		IFC II	Enlistment/Commission ¹	SLPD	HMFF	MDD	OSF
Examination Type							
DD FORM 2807-1 Report of Medical History		X	X	X	X	X	X
DD FORM 2808 Report of Medical Examination		X	X	X	X	X	
Validity of Medical Examination		48 months	24 Months	60 months ³	24 months ⁴	24 months ⁵	PHA
		VITALS	VITALS				
Height		X	X	X	X	X	
Weight		X	X	X	X	X	X
Temperature				X	X	X	
Pulse		X	X	X	X	X	X
Blood Pressure		X	X	X	X	X	X
Sitting Height		X					
Knee to Buttocks		X					
Functional Reach							
		VISION	VISION				
Red Lens Test		X					
Amsler Grid		X					
Cone Contrast Testing (CCT)		X					
PIP Color Vision Test			X - If fails CCT	X	X ⁶	X	
Vivid Red/Green Test				X - if fails PIP	X - if fails PIP		
Distant Visual Acuity (DVA)		X	X	X	X ⁵	X	
Manifest Refraction			X		X ⁵	X	
Cycloplegic Refraction ⁷		X					
Near Visual Acuity (NVA)		X	X	X	X ⁵	X	
Heterophoria (ES ⁸ , EX ⁸ , R.H., L.H.)		X	X				
Depth Perception (VTA or OVT)		X	X			X	
Field of Vision		X				X	
Night Vision		X			X		
Intraocular Tension (IOP)		X	X if ≥ 40 years old ⁴			X if ≥ 40 years old	
		LABORATORY	LABORATORY				
Urinalysis (dipstick)		X	X	X	X	X ⁷	
Microscopic Urinalysis					X ⁸	X ^{7,8}	
Urine HCG (Females only)		X	X	X	X	X ^{7,9}	
Hemoglobin/Hematocrit (H/H)		X					X
Blood Type/RH Factor		X - (B/R)	X			X - (B/R)	
HIV ¹⁰		X	X	X	X	X	
Urine Drug Screen		X - Civ only	X - Civ only				
Blood Alcohol Test (BAT)		X - Civ only	X - Civ only				
Pap Smear		X ¹¹	X ¹⁴	X ¹³	X ¹³	X ¹²	
Complete Blood Count (CBC)					X	X ⁷	
Syphilis Serology (RPR)		X			X	X ⁷	
GGPD		X - once in career	X		X - once in career	X - once in career	
DNA ¹⁵		X - once in career ¹⁵				X - once in career	
Fasting Blood Sugar (FBS)		X - if family Hx	X - if family Hx or ≥ 40 years old ⁴			X ⁷	
Hemoglobin-S		X - once in career	X		X - once in career	X - once in career	
Lipids (Cholesterol/Triglycerides/HDL/LDL)		X	X if ≥ 40 years old ¹		X		
Hemoccult Test (FOBT)			X if ≥ 50 years old ¹		X		
PPD						X ⁷	
Hepatitis C Serology						X ⁷	
Hepatitis A Immunization						X ¹⁶	
Hepatitis B Immunization						X ¹⁷	
Audiogram		X	X	X	X	X ⁷	
12 Lead ECG with Interpretation		X	X if ≥ 40 years old ¹		X	X ⁷	
Reading Aloud Test (RAT)		X	X				
Chest Radiograph (PA View)		X			X		
Chest Radiograph (PA/LAT View)						X ⁷	
Mammogram		X if ≥ 40 years old ¹⁸	X if ≥ 40 years old ²¹	X if ≥ 40 years old ²⁰	X if ≥ 40 years old ²⁰	X if ≥ 40 years old ¹⁹	
		PROVIDER EXAMINATION	PROVIDER EXAMINATION				
Dental Examination (Type 1) ¹⁹							
Dental Examination (Type 2) ¹⁹		X	X -Visual inspection adequate	X	X	X	
Clinical Examination (Items 17 - 44)		X	X	X	X	X	
Focused examination of Tympanic Membranes, Lungs, Chest, Heart, Abdomen, and Neurologic							X
Valsalva		X		X ²⁴	X ²⁴	X ²⁴	X
		ARMA		AR-SLPD	AR-HMFF	AR-MDD	
Adaptability Rating							
Digital Rectal Examination (DRE)			X if ≥ 50 years old ¹		X		
Comprehensive Neurological Examination - Cranial nerves; Serial 7s; Heel-Toe; Romberg; Gait; Muscle Strength for Deltoid, Bicep, Tricep; Grip, Toe Raises, Heel Raises, Knee Flex; DTRs for Bicep, Tricep, Patellar, Achilles, Brachioradialis; Heel-Shin slide, Sensation				X	X	X ²⁵	
Modify as needed and record this statement on the DD FORM 2807-1 "Examinee denies personal or family history of diabetes or psychosis, use of contact lenses, history of motion sickness or disturbances of consciousness, irradiation therapy, and all other significant medical or surgical history." ¹⁶		X	X				
Record this statement on DD FORM 2808 - "See DD FORM 2807-1 for complete medical or surgical history." ¹⁷		X	X	X	X	X	
"Applicant possesses no fear of heights, depths, dark, or confined places."				X	X	X	
"Applicant possesses the ability to hold breath for 60 seconds subsequent to deep breathing."						X	
"([S] qualified for Initial Flying Class III/Airborne/Combat Control or Pararescue or SERE Specialist/Marine Diving Duty." ¹⁸						X	

**FOOTNOTES:**

- (1) IAW USMEPCOM Regulation 40-1, for applicants over 40 years old, an Over-40 Physical Supplemental Worksheet (USMEPCOM Form 40-1-9) must be completed and submitted with physical. Additionally a FBS, lipids, waist circumference, 12 lead ECG, IOP, and for female applicants a mammogram and pap smear both performed within the preceding 12 months are required. If applicant is over 50 years old, a DRE with FOBT is also required.
- (2) Dive physicals are acceptable for courses at the Naval Diving and Salvage Training Center (NDSTC) for up to 24 months to the class convene date.
- (3) Static Line Parachute Training/Basic Airborne Training examinations are valid for up to 60 months. If it is older than 24 months the Army Airborne School will require an interim history form to be completed by the examinee. The member should be directed to the Army Airborne School for details regarding the appropriate form to complete.
- (4) HALO/Military Free Fall (HMFF) examinations are valid for up to 24 months from date of exam to class convene date.
- (5) The following items are disqualifying for Army HMFF training: Uncorrected near visual acuity (14 inches) of worse than 20/50 in the better eye. Uncorrected distant visual acuity of worse than 20/100 in either eye. Distant vision that does not correct to 20/20 in both eyes with spectacle lenses. Any refractive error worse than plus or minus 8 diopters. Failure to pass the PIP or FALANT test for color vision unless the applicant is able to identify vivid red and vivid green as projected by the Ophthalmological Projector or the SVT.
- (6) Soft lenses must not be worn for at least 30 days before initial flying physicals. Hard, rigid, gas permeable lenses must not be worn for at least 90 days before the exam. Confirmation of this must be documented on the DD FORM 2808.
- (7) For NDSTC dive training, test must be completed within 90 days of the physical examination date. The applicant will be required to provide hardcopies of the EKG with interpretation, audiogram, DD FORM 2766C (Immunization Record), as well as printouts of the chest radiograph interpretation and all required labs. These items should be included in the dive packet. Before leaving for dive school the applicant should also complete NAVPERS 1200/6. This form is intended to serve as an interval medical history from the time of the dive physical was completed to the present.
- (8) For urinalysis comment on specific gravity, pH, glucose, protein, ketones, blood as well as microscopic RBCs and WBCs.
- (9) In addition to urine HCG testing, during the dive medical exam female applicants will be counseled on the potential hazards to the fetus inherent in diving. This counseling must be documented on the DD Form 2808, block 73.
- (10) IAW DoDI 6485.01 military personnel will be routinely screened every 2 years for HIV unless more frequent screenings are clinically indicated. Report current (must be within 2 years for military personnel and within 90 days for civilian personnel) HIV test result.
- (11) IAW AFI 44-102 applicants are current if keeping with present nationally recognized guidelines, such as those published by the American College of Obstetricians and Gynecologists (ACOG) or the US Preventive Services Task Force (USPSTF). Record date and result on DD FORM 2808. Women's health examinations may be transcribed and do not have to be repeated if current.
- (12) IAW MANMED P117 applicants are current if keeping with the American Society for Clinical Pathology (ASCP) guidelines. Record date and result on DD FORM 2808. Women's health examinations may be transcribed and do not have to be repeated if current.
- (13) IAW AR 40-501, applicants for SLPD and HALO/MFF duties require pap smears within 12 months of physical examination as US Army requirement is for annual pap smears unless: 1.) applicants are 30 years of age or older, have no past history of dysplasia and have had 3 consecutive normal pap smears are only required to have a pap every 3 years. 2.) applicants have a hysterectomy for reasons other than cervical dysplasia or cancer, are not required to have paps. Women's health examinations may be transcribed and do not have to be repeated if current.
- (14) IAW USMEPCOM Regulation 40-1, enlistment/commissioning physicals from civilian sources are required to have pap smears within 12 months of physical examination if over 40 years of age. However IAW DoDI 6130.03 applicants must not have abnormal gynecologic cytology within the preceding 2 years. Women's health examinations may be transcribed and do not have to be repeated if current (< 12 months).
- (15) DNA specimen collection is not required for civilian applicants for initial flying class physicals, special operational duty, enlistment, and commissioning examinations
- (16) For entry into NDSTC dive training, applicant must have at least two Hepatitis A vaccinations documented. Titers demonstrating immunity is also acceptable.
- (17) For entry into NDSTC dive training, applicant must have at least two Hepatitis B vaccinations documented. Titers demonstrating immunity is also acceptable.
- (18) IAW AFI 44-102 applicants are current if keeping with present nationally recognized guidelines, such as those published by the American College of Obstetricians and Gynecologists (ACOG) or the US Preventive Services Task Force (USPSTF). Record date and result on DD FORM 2808. Women's health examinations may be transcribed and do not have to be repeated if current.
- (19) IAW MANMED P117 applicants over 40 years old are current if mammogram obtained within 12 months of examination keeping with the American College of Obstetricians and Gynecologists (ACOG) or the American College of Radiology (ACR) guidelines. Record date and result on DD FORM 2808. Women's health examinations may be transcribed and do not have to be repeated if current.
- (20) IAW AR 40-501 applicants over age 40 years old require mammography every 1-2 years. Women's health examinations may be transcribed and do not have to be repeated if current.
- (21) IAW USMEPCOM Regulation 40-1, enlistment/commissioning physicals from civilian sources are required to have mammograms within 12 months of physical examination if over 40 years of age. Women's health examinations may be transcribed and do not have to be repeated if current (< 12 months).
- (22) A Type 1 - Comprehensive Oral Examination. This is the most comprehensive hard and soft tissue examination. It is mouth-mirror examination by the dentist with new or existing appropriate radiographs. Full mouth intraoral periapical or panoramic radiographs with posterior bitewing radiographs are no longer required. The extent of the exam necessary to properly evaluate the patient is left up to the dentist.
- (23) A Type 2 - Periodic Oral Examination. This is a comprehensive hard and soft tissue examination. It is mouth-mirror examination by the dentist with new or existing appropriate radiographs. Enlistment/commissioning exams only require visual inspection by the examining provider with appropriate remarks e.g. Oral examination performed by examining flight surgeon. No gross abnormalities noted. Meets enlistment (or commissioning) standards.
- (24) Make specific statements on TM mobility with valsalva on the DD FORM 2808, such as: TMs mobile with valsalva bilaterally.
- (25) A complete neurological exam must be documented on each Diving Physical. This serves as a useful baseline to rule out DCS Type II if the person is being evaluated post dive for complications. A complete intact neurological examination consists of: Cranial Nerves II-XII grossly intact bilaterally; Strength 5/5 throughout; Sensation intact to light touch throughout; Cerebellar intact (RAM, FTN, HTS); Mental Status NML, A&Ox4, serial 7s intact from 100; Romberg Negative; Gait NML; Reflexes 2+ symmetric bilaterally on heels, patellas, biceps, triceps, brachioradialis.
- (26) Edit this statement if the examinee had an affirmative reply to any of the following questions then record the reply in the medical history and omit the corresponding phrase from the denial statement. These questions are: 1.) Is there a history of diabetes in yourself or in you family (parent, sibling, or more than one grandparent)? 2.) Is there a history of psychosis (mental illness) in yourself or in your family (parent or sibling)? 3.) Do you now or have you ever worn contact lenses? 4.) Have you ever had irradiation therapy? 5.) Have you ever experienced motion sickness or disturbance or consciousness? 6.) Are there any other items of medical or surgical history that you have not mentioned?
- (27) Include this statement in item 73 of the DD FORM 2808.
- (28) Edit this statement to match the purpose of the examination.

Please contact Mr. James Cahill at james.cahill@us.af.mil with improvement suggestions and/or corrections.

IFC = Initial Flying Class
 GBC = Ground Based Controller
 SLPD = Static Line Parachute Duty
 HMFF = HALO/Military Free Fall
 HALO = High Altitude Low Opening
 MDD = Marine Diving Duty
 MOD = Missile Operations Duty
 OSF = Operational Support Flying Duty
 ARMA = Adaptability Rating for Military Aviation
 AR = Adaptability Rating for

References:

AFI 48-123, *Medical Examinations and Standards*, 5 November 2013
 AFI 44-102, *Medical Care Management*, 17 March 2015
 AR 40-501, *Standards of Medical Fitness*, 14 June 2017
 DoDI 6485.01, *Human Immunodeficiency Virus (HIV) in Military Service Members*, 7 June 2013
 NAVMED P-117, *Manual of the Medical Department*, Chapter 15, Medical Examinations (incorporates Change 165), 1 June 2018
 USMEPCOM Regulation No. 40-1, *Medical Qualification Program*, 23 May 2018

v1 - October 2017 Version 1

Unofficial release to PACAF MTFs - Read Only Version

v2 - January 2018 Version 2

Updated Dental Examinations for I/IA examinations to reflect Type I dental examination requirement

Added BAT requirement for OCONUS Enlistment/Commissioning

Removed the 70th Birthday Air Force emblem and replaced with the Standard Air Force emblem

v3 - June 2018 Version 3

Removed Near Point of Convergence (PC)

v4 - September 2018 Version 4

Clarified DNA specimen collection not required for civilian applicants

Updated references