

APRIL/MAY 2019

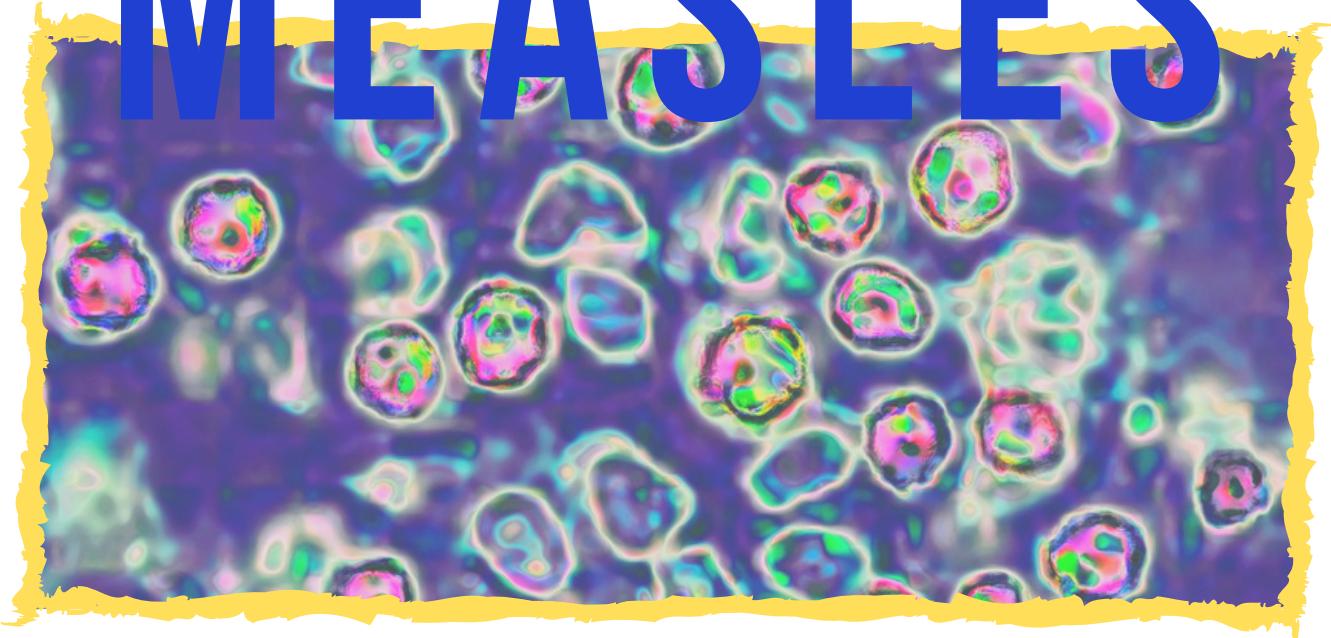
TIMMY

OBAL HEALTH

TIMMY TIMES

A NATIONAL ISSUE...

MEASLES



Measles is a disease of the respiratory system that includes symptoms like cough, runny nose, rash consisting of tiny, red spots, diarrhea, and possibly an ear infection. Measles is a highly infectious disease and can cause serious consequences for babies and young children if contracted such as pneumonia, brain damage, hearing loss, and death. Measles spreads through breathing, coughs, and sneezes and anyone near can get infected, even up to two hours after a person is gone.

Throughout 2019, there have been numerous measles outbreaks across the nation. According to the US Center for Disease Control and Prevention, "measles cases have jumped to the second-highest level in a quarter century, with 555 cases confirmed in 20 states." (Sanchez) As of April 2019, there is a major outbreak in New York City among the Jewish population in the Williamsburg section of Brooklyn, totaling 329 cases (Miles).

With this outbreak, there has been a mandate for an MMR vaccination for children who have not been vaccinated in New York City. The MMR vaccination protects against measles, mumps, and rubella. This vaccination is given in two doses that are typically received between 12 and 15 months of age and between four to six years of age.

The mandate, that was put in place on April 9, came with a lot of backlash saying that this is a step too far for the government as the mandate takes away medical freedoms and infringes on religious rights. With the Passover holiday on April 27, the Board of Health has extended the mandate until the end of the outbreak.

"Because of measles' long incubation period, we know this outbreak will get worse before it gets better," said Health Commissioner Oxiris Barbot. "However, we can turn the tide by people getting vaccinated, especially before

Passover when families and communities will gather." (Paris)

While measles is a focus of the nation right now, mumps is also on the rise, with a reported 426 cases this year. Since February 2019, Indiana University has been dealing with a mumps outbreak that has affected 16 students (Yan). Mumps is characterized by a rash that covers the entire body, puffy cheeks, and a swollen jaw. This disease can be spread by talking, coughing, sneezing, or touching shared items.

As the outbreaks spread to the Midwest, namely Michigan, it is encouraged to check your vaccination history to ensure you are protected against measles, mumps, and rubella. You can find your vaccination history by calling your family physician. As a college student, it is important to be protected because these diseases are highly contagious.

NOT SURE WHICH VACCINATIONS YOU NEED?

CHECK OUT THE CDC VACCINATION SCHEDULE APP ON YOUR PHONE SO THAT YOU KNOW WHEN YOU SHOULD GET YOUR NEXT SHOT OR BOOSTER!



KEEPING UP TO DATE ON YOUR VACCINATIONS ENSURES A HEALTHIER YOU AND A HEALTHIER WORLD!

TIMMY SPOTLIGHT



DR. CHUCK DIETZEN
FOUNDER OF TIMMY GLOBAL HEALTH

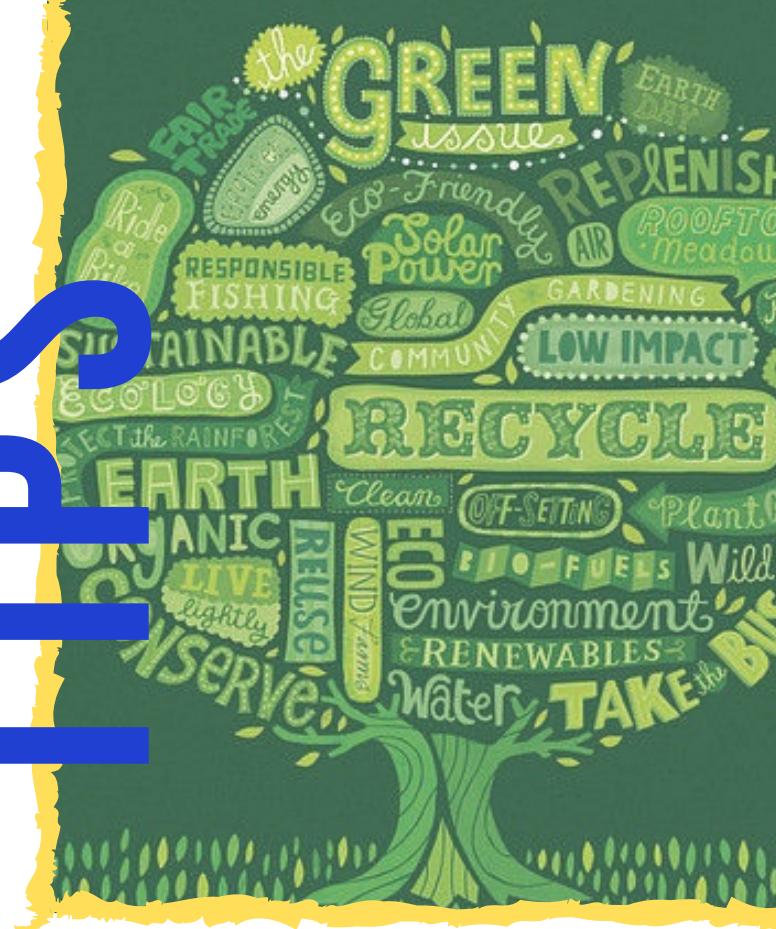
DR. CHUCK IS A FELLOW BOILERMAKER AND THE FOUNDER OF TIMMY GLOBAL HEALTH. GROWING UP IN KOKOMO, INDIANA, DR CHUCK'S HOME WAS ALSO A HOME TO ROUGHLY 150 FOSTER KIDS, WHICH WAS AN INSPIRATION TO BECOME A PEDIATRIC PHYSICIAN. AFTER RECEIVING HIS BACHELOR'S DEGREE FROM PURDUE UNIVERSITY, M.D. FROM INDIANA UNIVERSITY, AND A SPECIALIZED DEGREE IN PEDIATRIC PHYSICAL MEDICINE AND REHABILITATION, DR. CHUCK SET OUT TO DO GREAT THINGS.

AFTER DECIDING TO TRAVEL TO INDIA ON ORTHOPEDIC MISSIONS, DR. CHUCK MET MOTHER TERESA WHO INSPIRED HIM TO MAKE A GREATER COMMITMENT TO EXPANDING GLOBAL HEALTHCARE, AND THUS HE FOUNDED TIMMY GLOBAL HEALTH. HIS WORK WITHIN TIMMY HAS SPREAD THE ORGANIZATION'S OUTREACH TO THE COUNTRIES OF ECUADOR, GUATEMALA, NIGERIA, HAITI, AND THE DOMINICAN REPUBLIC. TIMMY GLOBAL HEALTH HAS EXPANDED VIA COLLEGE CAMPUSES ACROSS THE NATION, WITHIN PURDUE UNIVERSITY BEING ONE OF THE BIGGEST CHAPTERS.

CHANGING HABITS

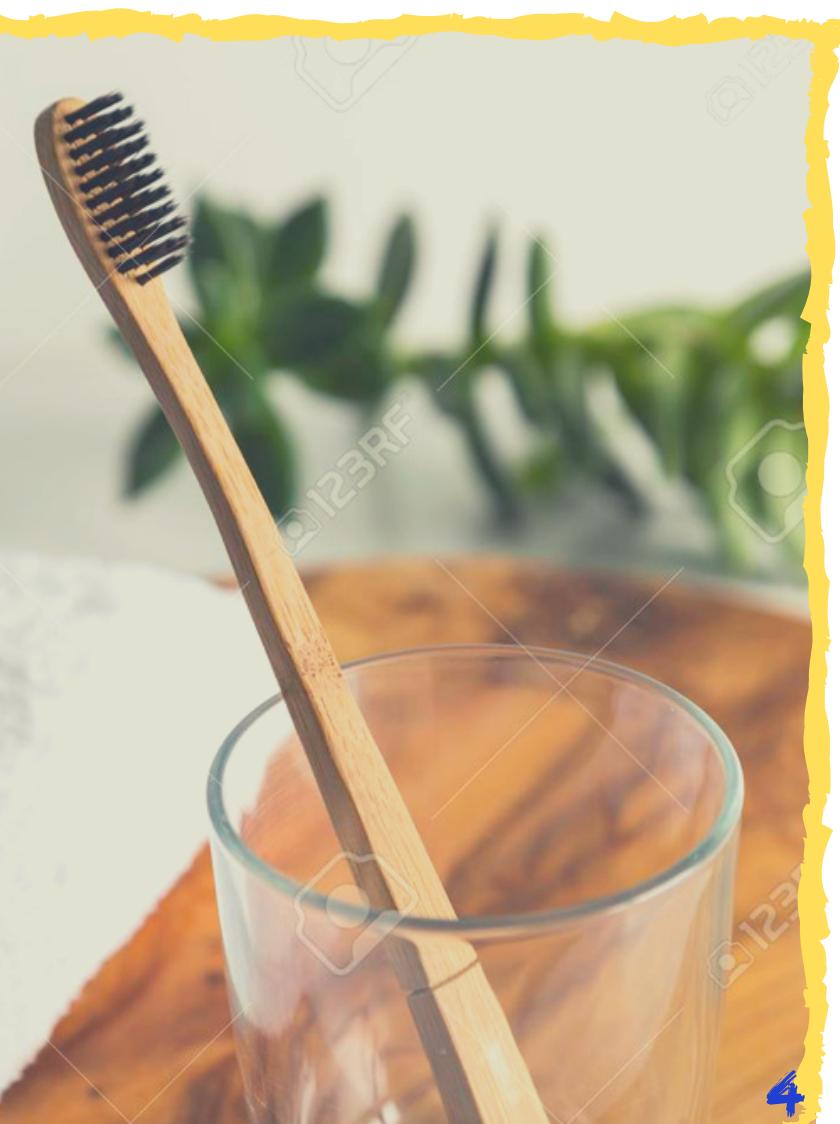
THE SUMMER IS A PERFECT TIME TO CHANGE SOME BAD HABITS TO GOOD, ENVIRONMENTALLY-FRIENDLY HABITS! CHANGING THESE HABITS AT HOME, WHERE YOU HAVE GREATER ACCESS, FREEDOM, AND TIME TO DO SO, WILL ENGRAVE THESE HABITS SO WHEN YOU GET BACK TO SCHOOL, THEY WILL COME NATURALLY!

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HABITS YOU CAN CHANGE EASILY

- USE A REUSABLE WATER BOTTLE, OR DRINK CONTAINER, AND BIODEGRADABLE STRAWS!
- SWAP OUT CHEWING GUM FOR BREATH MINTS! **DID YOU KNOW:** CHEWING GUM CONTAINS PLASTIC, MAKING IT NOT BIODEGRADABLE?
- RECYCLE WHAT YOU CAN, AND COMPOST WHAT YOU CAN'T.
- GO MEATLESS ONE DAY A WEEK.
- UNPLUG APPLIANCES WHEN NOT IN USE. EVEN WHEN THINGS ARE TURNED OFF, THEY STILL USE ENERGY
- USE A BIODEGRADABLE BAMBOO TOOTHBRUSH INSTEAD OF A PLASTIC ONE.
- MINIMIZE YOUR PURCHASE OF HEAVILY PACKAGED PRODUCTS AS IT PRODUCES A LOT OF WASTE
- WASH CLOTHES IN COLD WATER



OUT WITH THE OLD, IN WITH THE NEW!

WILL AUSTIN

PRESIDENT 2018-2019

"THIS PAST YEAR, OUR ORGANIZATION HAS EXPERIENCED TREMENDOUS GROWTH. WE HAVE GROWN IN MEMBERSHIP, BUT MORE IMPORTANTLY, IN THE PERSPECTIVES, TALENTS, AND IDEAS ALIVE WITHIN OUR ORGANIZATION. THE IMPACT OF THIS DIVERSITY HAS BEEN PROFOUND. IT HAS SHAPED OUR COLLECTIVE HEART IN WAYS UNIMAGINABLE. RECOGNIZE THAT WHAT YOU BRING TO TIMMY IS IMPORTANT AND DIFFERENT FROM ANYONE ELSE. I HAVE SEEN IT. LET THOSE INTANGIBLE ELEMENTS--THE MOMENTS THAT MADE/MAKE YOUR HEART SING, THAT GET YOU UP IN THE MORNING, AND THAT MAKE YOU EXCITED TO SERVE OTHERS AND BE A TIMMY--DRIVE YOU AND SHAPE THE IMPACT YOU HAVE IN TIMMY AND BEYOND. ON THAT NOTE, CONTINUE TO EMBRACE EACH OTHER'S VISIONS, EVEN IF DIFFERENT FROM YOUR OWN. IT IS ONLY THROUGH A COLLECTIVE EFFORT THAT WE CAN BRING ABOUT THE CHANGE WE ENVISION FOR THE WORLD. THANK YOU FOR EVERYTHING YOU HAVE GIVEN ME. MY LIFE IS FOREVER CHANGED.

WITH TIMMY LOVE, WILL AUSTIN."

SARAH KINCade

VICE PRESIDENT OF FINANCE 2018-2019

THIS PAST YEAR, SARAH WAS THE VICE PRESIDENT OF FINANCE AND LOOKED OVER THE BANQUET, FUNDRAISING, AND DONATIONS COMMITTEES. SARAH WAS A KEY PLAYER IN RECEIVING THE BIGGEST GRANT TIMMY GLOBAL HEALTH AT PURDUE UNIVERSITY HAS EVER SEEN. AS THE RECIPIENT OF THE MOST OUTSTANDING SENIOR AWARD AT OUR ANNUAL TIMMY BANQUET, SARAH HAS INSPIRED US ALL WITH HER PASSION FOR THE MEANING AND SPIRIT OF TIMMY GLOBAL HEALTH.

"TIMMY HAS GIVEN ME THE OPPORTUNITY TO EMBODY THE ROLE OF AN EMPOWERED COLLEGE STUDENT. I HAVE NOT ONLY LEARNED HOW TO BE AN ACTIVE GLOBAL HEALTH ADVOCATE, BUT I HAVE ALSO DEVELOPED RELATIONSHIPS THAT HAVE CHALLENGED ME TO THRIVE AS A FRIEND AND A LEADER. I AM THANKFUL FOR PURDUE TIMMY GLOBAL HEALTH AND I AM EXCITED TO SEE HOW THIS GROUP WILL CONTINUE TO IMPROVE LIVES AT PURDUE AND BEYOND."

HANNAH GALLION

VICE PRESIDENT OF ADVOCACY 2018-2019

THIS PAST YEAR, HANNAH WAS THE VICE PRESIDENT OF ADVOCACY AND LOOKED OVER THE DEVELOPMENT, EDUCATION, AND PUBLIC RELATIONS AND MEDIA COMMITTEES. HANNAH WILL BE GRADUATING THIS YEAR, AND WILL TRULY BE MISSED. AS A LEADER THIS YEAR, SHE HAS HELPED PLAN AROUND THIRTY EVENTS INCLUDING, BUT DEFINITELY NOT LIMITED TO, CREATE 2030, DINNER AND DISCUSSIONS, AND GLOBAL HEALTH MOVIE NIGHTS.

"I LOVED BEING A PART OF TIMMY THE PAST THREE YEARS. THIS YEAR I TRULY GOT TO WATCH THOSE AROUND ME GROW AND BRING THEIR IDEAS TO REALITY. TIMMY IS SUCH AN AMAZING PLACE WHERE YOU CAN SURROUND YOURSELF WITH OTHERS THAT ARE PASSIONATE ABOUT SERVING OTHERS AND MAKING THE WORLD A BETTER PLACE."

HENRY LUDWIG

VICE PRESIDENT OF SERVICE 2018-2019

AS OUR MOST SENIOR MEMBER IN TIMMY GLOBAL HEALTH, HENRY HAS TOUCHED THE LIVES OF MANY THROUGH SERVICE. THIS PAST YEAR, HENRY WAS THE VICE PRESIDENT OF SERVICE AND LOOKED OVER THE SPRING BREAK TRIPS TO ECUADOR AND ATLANTA, AS WELL AS THE COMMUNITY SERVICE COMMITTEE. WE THANK YOU FOR THE WONDERFUL FIVE YEARS AS A TIMMY AND WE WISH YOU THE BEST.

NEW QUAD

MEG THARP

PRESIDENT 2019-2020

MEG WAS FORMALLY THE DIRECTOR OF PR AND MEDIA, NOW LABELED MARKETING, AND HAS MADE SUCH AN IMPACT WITHIN TIMMY ALREADY. AS THE PR AND MEDIA DIRECTOR, MEG HAS MADE TIMMY A BIGGER PRESENCE ON CAMPUS AND WILL CONTINUE TO DO SO WITHIN THE ROLE OF PRESIDENT. MEG HAS SO MANY IDEAS INCLUDING TIMMY TUTORS AND MANY WAYS TO INCLUDE GENERAL MEMBERS IN TIMMY EVENTS.

"THIS PAST YEAR WITHIN TIMMY HAS BEEN MORE THAN A PLEASURE. TIMMY IS AN INCREDIBLE ORGANIZATION FILLED WITH INCREDIBLE PEOPLE I ABSOLUTELY LOVE SPENDING TIME AND WORKING WITH. I CAN'T WAIT FOR THE FOLLOWING YEAR AND ALL THE PLANS WE HAVE TO COME. GO TIMMY!!"

ASHLEY BIRKHIMER

VICE PRESIDENT OF FINANCE 2019-2020

ASHLEY WAS FORMALLY A TRIP LEADER THAT LEAD A GROUP OF TIMMIES IN ECUADOR. AS A TRIP LEADER, ASHLEY RECEIVED THE AWARD FOR MOST OUTSTANDING EXCOMM MEMBER BECAUSE OF THE WAY SHE HAS INSPIRED THOSE NOT ONLY ON THE TRIP, BUT THROUGHOUT ALL OF TIMMY. SHE IS SO EXCITED TO TAKE ON THE ROLE OF VICE PRESIDENT OF FINANCE NEXT YEAR AND HOPES TO CONTINUE THE LEGACY OF SARAH KINCade, FORMER VICE PRESIDENT OF FINANCE, WITH SETTING RECORDS IN TERMS OF TIMMY FUNDING. SHE ALSO HOPES TO MOTIVATE MEMBERS TO SHARE THEIR "TIMMY WHY," OR WHAT TIMMY MEANS TO MEMBERS WITHIN TIMMY AND WHAT TIMMY MEANS TO THOSE ON CAMPUS.

CLARE BURKERT

VICE PRESIDENT OF ADVOCACY 2019-2020

THIS PAST YEAR IN TIMMY HAS TAUGHT AND GIVEN ME SO MUCH. I NEVER THOUGHT I WOULD HAVE THE PLATFORM TO CHANGE THE WAY PEOPLE THINK AND FEEL ABOUT LOCAL AND GLOBAL ISSUES, YET TIMMY HAS GIVEN ME ONE. I AM SO THANKFUL FOR MY COMMITTEE THAT MADE EVERY EVENT PUT ON BY THE EDUCATION COMMITTEE A SUCCESSFUL AND AN EFFECTIVE EVENT. THIS ORGANIZATION HAS TRULY CHANGED MY LIFE, NOT ONLY WITH THE EXPERIENCES IT HAS GIVEN ME, BUT THE PEOPLE WITHIN IT AS WELL.

I AM SO EXCITED TO CONTINUE TO EXPAND TIMMY ON CAMPUS WITHIN THIS NEXT YEAR AS VICE PRESIDENT OF ADVOCACY. WHILE SERVICE IS THE MISSION OF TIMMY AND FINANCE IS THE BACKBONE OF TIMMY, ADVOCACY IS THE FACE OF TIMMY. I AM SO EXCITED TO PROMOTE OUR MISSION AND MEANING AT PURDUE NEXT YEAR IN NEW AND EXCITING WAYS.

ANANYA TADIKONDA

VICE PRESIDENT OF SERVICE 2018-2019

"MY FAVORITE PART ABOUT TIMMY THIS PAST YEAR WAS BEING ABLE TO UNRAVEL DEEPER MEANING IN THE STORIES TIMMIES HAVE TO SHARE THROUGH THEIR ARTWORK IN CREATE2030 AT PURDUE. WORKING ON THIS PROJECT ALLOWED ME TO APPRECIATE EACH AND EVERY INDIVIDUAL INVOLVED IN THIS ORGANIZATION BECAUSE THEY EACH BRING A BEAUTIFUL ARRAY OF IDEAS AND UNIQUE PERSPECTIVES TO THE TABLE. I AM SO THANKFUL THAT TIMMY GAVE ME THE OPPORTUNITY TO IMPLEMENT MY PASSION PROJECT AND GROW TO EMBODY TIMMY'S MISSION AS AN INDIVIDUAL."

I AM THRILLED TO SEE HOW ALL OF THE NEW FACES OF TIMMY FIND MEANING IN THEIR JOURNEY THROUGHOUT NEXT YEAR. I'M LOOKING FORWARD TO A NEW YEAR OF GROWTH FOR THIS ORGANIZATION, AND A FRESH START TO GROW AS AN INDIVIDUAL AS WELL."

A LETTER TO THE SENIORS...

DEAR SENIORS,

WE'D LIKE TO THANK YOU FOR ALL THAT YOU'VE DONE FOR TIMMY OVER THE PAST 4 YEARS. YOU'VE CONTRIBUTED TO ALL THREE BRANCHES. YOU HAVE WORKED HARD AND ADDED MANY NEW ASPECTS OF TIMMY THAT HAD NOT BEEN IMPLEMENTED BEFORE.

WE WISH YOU THE BEST OF LUCK ON YOUR FUTURE ENDEAVORS. WHEREVER YOU GO IN LIFE WE HOPE THAT YOU TAKE THE LESSONS THAT YOU LEARNED IN TIMMY WITH YOU. WE HOPE THAT YOU WILL CONTINUE TO HAVE CARING AND LOVING PERSONALITIES THAT WILL HELP STRIVE TO HELP THOSE AROUND YOU.

YOU WILL BE MISSED BUT YOUR LESSONS AND IDEAS WILL LIVE ON IN TIMMY. WE HOPE THAT YOU COME AND VISIT. WE HOPE THAT YOUR LEADERSHIP GAINED IN TIMMY WILL TAKE YOU FAR. WE WISH THAT YOU WILL STAY IN TOUCH AND CONTINUE TO MENTOR THOSE THAT YOU HAVE TOUCHED IN THE PAST YEARS.

WE WISH YOU ALL THE BEST. PEACE, LOVE, **TIMMY** 🖐



SUMMER BUCKET LIST

- RESEARCH ONE OF THE SUSTAINABLE DEVELOPMENT GOALS ON YOUR OWN
- FOLLOW US ON SOCIAL MEDIA PURDUETIMMYGLOBALHEALTH
- TRY OUT ONE OF OUR SUSTAINABLE LIVING TIPS SEE PG 4 OF THE NEWSLETTER
- ENJOY YOUR TIME OFF!

FOLLOW US ON SOCIAL MEDIA FOR THE LATEST IN GLOBAL
HEALTH NEWS, IN-DEPTH PROFILES OF THE NEW EXECUTIVE
COMMITTEE MEMBERS, AND TO SEE WHAT TIMMIES ARE
DOING OVER THE SUMMER BREAK!



@PURDUTIMMYGLOBALHEALTH

HAVE AN INTERNSHIP, FUN JOB, OR COOL VACATION PLANS? SEND US A PICTURE
AND BE FEATURED ON OUR SOCIAL MEDIA PLATFORMS! SEND TO:

TIMMY@PURDUE.EDU