Mitch Coleman's Personal Project

MY STYLE

- Organized
- To the point
- Efficient
- To myself
- Personality: ISFJ
- Personality Color: Gold

What I Value

- Family
- Friends
- Time
- Physical Labor
- Work
- Church

What I Don't Have Patience for

- Bad drivers
- Anything that wastes my or another's time
- Know it all's

Best Way to Communicate

- Words
- Straightforwardness
- Kindness
- Humility
- Face to face

Best Way to Help Me

• Giving me space when needed

- Words of affirmation
- Humor
- Food
- Rest

Misunderstood About Me

- I am very introverted, but I do like to talk to others and make them laugh
- I may seem irritated at times, but I am just thinking in my head

Good Time Journal

- 1. Time alone
- 2. Food
- 3. Quiet
- 4. Music
- 5. Video games with roommates
- 6. Watched a devotional
- 7. Went to work
- 8. Called my family
- 9. Went skateboarding
- 10. Took a good nap

Help, Work, Play, and Love Dashboard

Health- I am doing well with this category. I would scale myself to the full. I play a lot of basketball, volleyball, and skateboarding which keeps me very active.

Work- I actually really love my job a lot. I work in IT at the hospital and I love every day of work. I am completely full on the scale for this topic. I learn something new every single day and it is just a blast.

Play- This one I'd scale myself at a ¾. I don't always have too much time to do a lot of what I want. I work Monday-Friday and do full time

school so my life is very busy. I need to make more time for myself and make sure I give myself adequate time to rest and sleep.

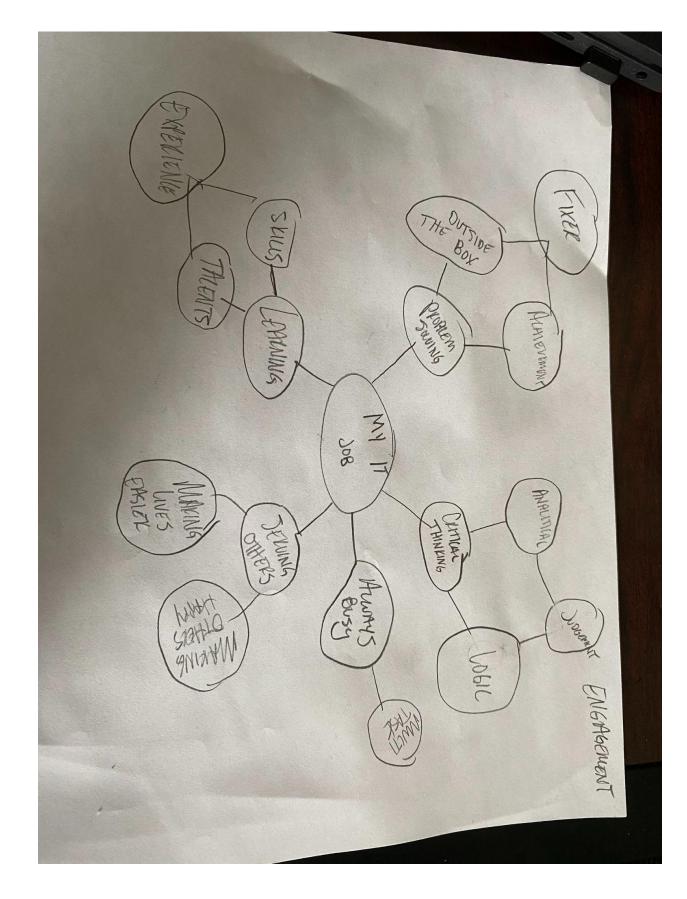
Love- Love for me is full too. I first love Heavenly Father and make sure I let Him know that every single day. Then my parents and siblings, I make sure I call at least one of them a day to check in on them to make sure they are doing alright.

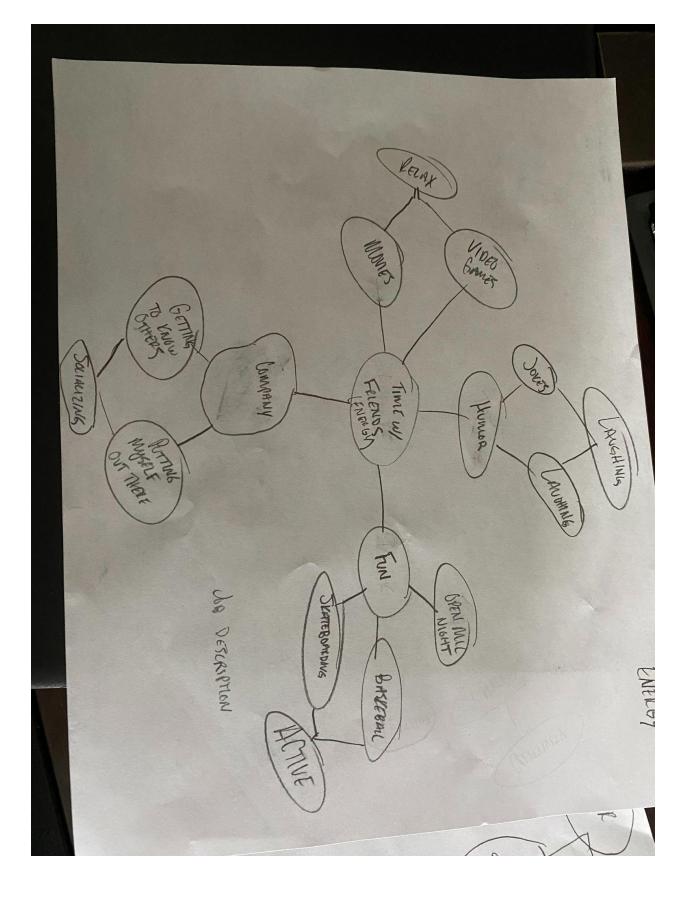
Work and Life View Compass

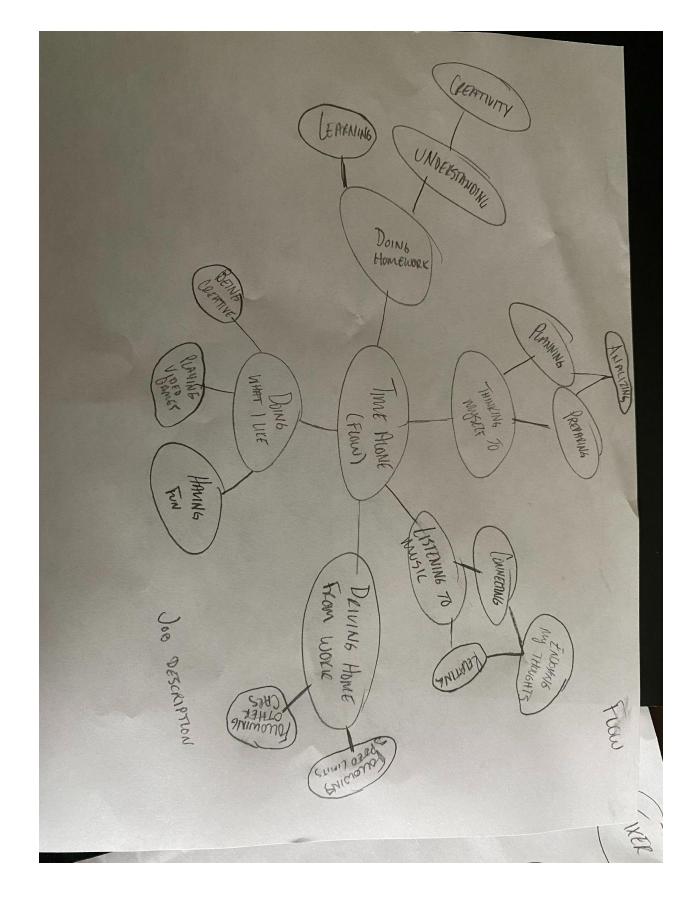
Work- I view work as a place and a time to fully put myself towards and get lost in my mind of doing constructive work. I love work. I grew up on a farm and it has always been a part of my life. I was taught at a young age that it's through hard work that you'll be able to accomplish many things.

Life- The way I see life is you must use your time wisely because your time will run out. A prime example would be would I rather have a lot of money or would I sacrifice some money to be around my family more? The choice that seems obvious to me is to do that sacrifice and be around loved ones. We only have so much time here. We must spend it with those we love and spend it wisely.

Mind Maps & Odyssey Plans







0 0H = PYHON	क मारी ह	A WAR
Jehnes Porrepe	SMITHING - PAINTING - BASHOD GHALLED GNALLED	-ATTENDING CENTENOING CENTENOING MAY JOB AT MY JOB.
Sange Sammer Shares Shares	一 夏 る	FOR THE 19 FROMOTION. TA PROMOTION.
SHALL SMALL FIRST BY BORN INDER FIRST BY	CIDATELLATIONS - FINITO DOS IN IF	- GRADUATE ONLEGE - CAMPUTE INTERNISHIE - FIND A NEW JOB
DANNE SHALL LAWY - IVINEZEL SPORTE SPORTE STORES ST	£76	HAMMING HALO IM PROFESSIONAS I
THINE HOUSE IN IN	A ST CONTRACTOR OF THE PARTY OF	THIND / OF KEED THE BOOK PHILIPS THE BOOK PHILIPS THE BOOK THE BOOK THE

A CONTRACTOR OF THE PARTY OF TH