# Cole Rehbein

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## Education

New Mexico Highlands University, M.S. Clinical Psychology

2024 (anticipated)

**Thesis**: The effectiveness of a brief, mindfulness-based behavioral activation intervention for college students with depression

Advisor: Dr. David Pan

St. John's College, Santa Fe, B.A. Philosophy and History of Math and Science

2019

Minors: Classical Studies, Comparative Literature

**Senior Paper**: The Internally Determined Self: Spinoza's *Ethics* as a remedy for postmodernity's identity crisis

## Research Experience

Book Chapter

Reysen, S., Brooks, T. R., Rehbein, C., Plante, C. N., Roberts, S. E., Gerbasi, K. C., & Joshi, R. (n.d.). Need for power, transhumanism, and gender differences in preference for isekai anime. In M. Cserkits (Ed.), *Explaining isekai*.

Accepted.

Article Under Review

Brooks, T. R., Rehbein, C., Reysen, S., Plante, C. N., Roberts, S. E., & Tague, A. M. (n.d.). "Don't be too proud of this technological terror you've constructed:" the influence of gender and in-group identification on transhumanist orientation.

Submitted for publication with Journal for Religion, Film and Media

Articles Under Preparation

Rehbein, C., & Brooks, T. R. (n.d.). Changes in desired outcomes for trans behavioral health care, 1963-2022: A systematic review.

Manuscript under preparation for Behaviour Research and Therapy

Rehbein, C., Brooks, T. R., Reysen, S., Plante, C. N., Roberts, S. E., & Tague, A. M. (n.d.). Gender and global economics as predictors of transhumanist orientation.

Manuscript under preparation for Fast Capitalism

Presentations and Lectures

Carreon Gallegos, E. L., Brooks, T. R., & Rehbein, C. (2023). Gender and in-group identification: Exploring the influence on transhumanist orientation.

Oral presentation accepted at the 2023 annual conference for the Pop Culture Association of the South, New

Orleans, LA

Rehbein, C. (2022). Guest lecture: Introduction to clinical psychology, diagnosis, and the DSM.

For Dr. Thomas R. Brooks' undergraduate Intro to Psychology class

Rehbein, C. (2023). Guest lectures: Radical behaviorism and cognitive science, i & II.

For Dr. Thomas R. Brooks' graduate Memory and Cognition class

Rehbein, C., & Brooks, T. R. (2023a). Changes in desired outcomes for trans behavioral health care, 1963-2022, or; why we stopped shocking trans people: A systematic review.

Presented at the Southwest Psychological Association conference in Dallas, Texas

Rehbein, C., & Brooks, T. R. (2023b). Changes in desired outcomes for trans behavioral health care, 1963-2022: A systematic review.

Presented at the NMHU Women's and Gender Studies Brownbag Lecture Series

Posters

Rehbein, C. (2023). Changes in desired outcomes for trans behavioral health care, 1963-2022, or; why we stopped shocking trans people: A systematic review.

Presented at the Rocky Mountain Psychological Association conference in Albuquerque, NM

## Clinical Experience

New Mexico Behavioral Health Institute

Clinical Psychology Practicum Student

2022-Current

**Responsibilities**: Conducting cognitive, neuropsychological, and intelligence tests as part of intakes and treatment planning. Assisting with group and individual therapies using brief, acceptance and commitment therapy and mindfulness interventions, with a focus on people with schizophrenia-spectrum disorders.

**Supervisor**: Dr. Mathias Stricherz

New Mexico Highlands University

Intervention work for thesis

Fall 2023

**Responsibilities**: Recruting for and conducting a brief, mindfulness-based behavioral activation intervention for college students with depression.

Supervisor: Dr. David Pan

## **Employment**

RELEVANT WORK EXPERIENCE

New Mexico Highlands University

Graduate Assistant for Memory and Cognition Class

Fall 2023

*Responsibilities:* Assisted with seminars.

Supervisor: Dr. Thomas R. Brooks

## Graduate Assistant for Undergraduate Research Methods Class

Fall 2023

Responsibilities: Assisted with undergraduate writing and research design.

Supervisor: Dr. Daniel Chadborn

#### Graduate Assistant for Human Connections Lab

Spring 2022

*Responsibilities:* Managed a section of Dr. Brooks' Human Connections Lab that developed several studies investigating the relationships between video game exposure and various social psych factors.

Supervisor: Dr. Thomas R. Brooks

# Teaching Assistant for First-Year Learning Community

Fall 2022

*Responsibilities:* Focused on the psychology part of a combo intro to psych and intro to American history class. Ran two lab sections on Fridays.

Supervisor: Dr. Thomas R. Brooks

#### Graduate Assistant for Dr. Lara Heflin

Fall 2022

Responsibilities: Ran an extracurricular neuroanatomy tutorial using sheep brain dissections. PI for EEG study investigating chronic cannabis use and stress responses on emotional Stroop task. Acquired new EEG equipment.

Rio Grande Sun

City Reporter Aug 2020 - May 2021

Responsibilities: Covered city politics, council meetings, local events.

Santa Fe Reporter

#### Calendar Editor, Copy Editor, Culture Contributor

Aug 2019 - March 2020

*Responsibilities:* Community event calendar management for both online and print presentation, copyediting, culture writing. Focus on restaurant reviews, food writing, and gallery openings.

Editorial Intern Sept 2015 - March 2016

Responsibilities: Editorial tasks, content creation.

Breakthrough Santa Fe

Tutor Sept 2018 - May 2019

Responsibilities: Regular one-on-one tutoring for at-risk and disadvantaged high school students.

St. John's College

Assistant Editor, The Moon (student newspaper)

Jan 2016 - May 2016

*Responsibilities:* Responsible for the quality of layout, graphic design, and content curation. Engaged personally with writers to offer support, supervised non-editorial assistant staff. Conducted meetings with contributors for editing and made material ready for publication. Copyediting.

Administrative Assistant to Student Life Office

First Semester 2016

Responsibilities: Administrative tasks, student assistance.

OTHER WORK EXPERIENCE

Server, Bartender, Bar Castañeda *Las Vegas*, *NM* June 2023 - Nov. 2023

Barista, Stella's Cafe *Las Vegas*, *NM* Nov 2022 - June 2023

Server, Bartender, The Skillet Las Vegas, NM Sept 2021 - Nov 2022

Barista, Atalaya Cafe Santa Fe, NM May 2019 - Aug 2019

Barista, Capitol Coffee Company Santa Fe, NM Fall 2017 - June 2018

Backcountry Counselor, Philmont Scout Ranch Cimarron, NM Summer 2016

Outfitting Services, Philmont Scout Ranch Cimarron, NM Summer 2015

Barista, Starbucks Des Moines, IA 2013-2015

# Leadership and Volunteer Experience

New Mexico Highlands University

Psychology Department

Graduate Liaison Psychology Department Fall 2023

Psi Chi Honor Society

President 2022-present

Associated Students of New Mexico Highlands University

Vice President & President Pro-Tempore 2022-2023

Campus Advisory Committee on Finance

Graduate Representative 2022-2023

Walk the Talk Santa Fe

Co-founder Summer 2020

St. John's College, Santa Fe

Polity (SJC student government)

Voting Member 2016-2019

Student Committee on Instruction

President 2017-2018

Scouting, BSA

Eagle Scout 2015

## Skills and Professional Development

Statistical Analysis with R

Competent in data manipulation, analysis, and visualization using R software.

2-day workshop attended in November 2022.

Technical Publishing

Experienced in developing Quarto documents for technical and academic publishing.

Most class assignments, papers, and thesis written in Quarto markdown and rendered to docx or pdf.

Third-Wave Behavioral Therapies (ACT)

clinical training in mindfulness-based CBT and ACT, experienced in patient assessment and treatment planning.

Relevant coursework: Intro to Counseling, Group Therapy, Multicultural Therapy, Behavior Therapy and Assessment

Psychological Assessment

Skilled in conducting cognitive, neuropsychological, and intelligence tests as part of clinical intakes and treatment planning.

Relevant coursework: Neuropsychological Assessment, IQ Assessment, Behavior Therapy and Assessment *Multicultural Competence* 

Culturally aware and competent in diverse clinical settings with a focus on New Mexican populations including historic Hispanic, Latinx, Indigenous, and immigrant communities. Additionally experienced in working with LGBTQ+ populations.

Relevant coursework: Multicultural Therapy

Conflict De-Escalation

Work at NMBHI including 1-day training in Conflict Prevention Institute's Nonviolent Crisis Intervention. Leadership and Governance

Experienced in student governance, community organizing, and leading academic societies.

Copyediting and Journalism

Strong background in editorial roles, including copyediting and culture writing.

Public Speaking and Presentation

Experienced in presenting research findings at academic conferences.

Project Management

Track record of successfully managing and completing academic and journalistic projects.